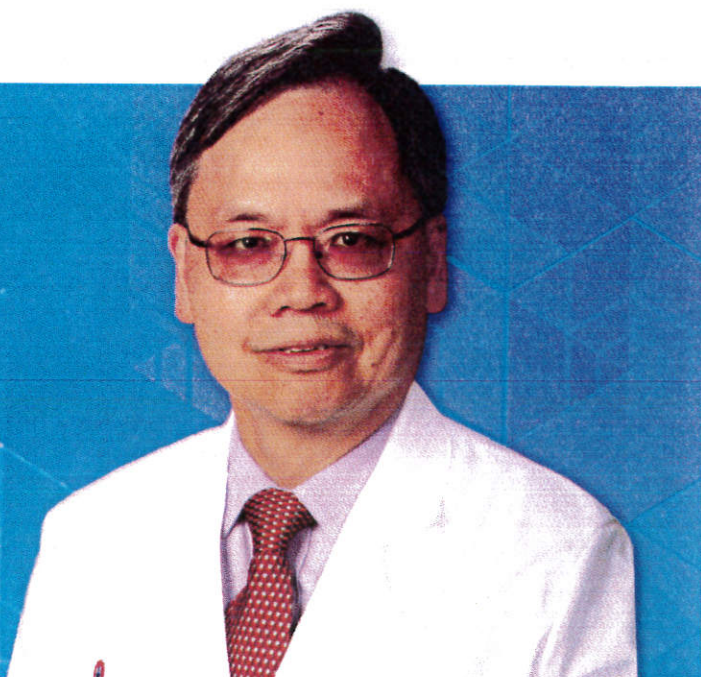


Normal Aging and Exceptional Human Longevity

Clement Au, MD
Eisenhower Primary Care 365

Tuesday, June 18, 4 to 5 p.m.
Montecito Clubhouse Ballroom
Sun City Shadow Hills

Earn 1 point towards Beat the Heat!



Plenty of research is ongoing about the right amount and type of exercise to get, the best diet to eat to maximize longevity, and whether certain pharmaceuticals or supplements can help improve your longevity. Genetics account for about a third of your life expectancy. The rest comes from your behaviors, attitudes, environment, and a little bit of luck.

Clement Au, MD, Board Certified in Family Medicine, has a particular interest in working with geriatric patients with multiple medical issues.

Eisenhower Primary Care 365 is a medical practice dedicated to personalized care available to serve your needs 365 days a year. Communication between patients and physicians occurs through traditional office visits as well as online. It includes extended face-to-face appointment times with your physician as well as continual communication through increased access to the physician of your choice.

Join us at this complimentary reception to welcome Dr. Au to our North Palm Desert clinic.

For more information or to RSVP,
call Valeria Batross at **760-345-4349**,
ext. **2112**, or email
Valeria.batross@associa.us



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