The View

Sun City Shadow Hills® by Del Webb®

February 2019

"Still Waters"
Photo by Glenn Jones
More Photos by Our Camera Club on Page 24

CONTACT INFORMATION

Sun City Shadow Hills Community Association
80-814 Sun City Boulevard, Indio, CA 92203
***www.scshca.com* · 760-345-4349**

Homeowner Association (HOA) . . . . . Ext. 1
Montecito Clubhouse Fax 760-772-9891
Montecito Clubhouse . . . . . Ext. 2120
Montecito Fitness Center . . . . . Ext. 2111
Santa Rosa Clubhouse Fax 760-342-5976
Santa Rosa Clubhouse . . . . . Ext. 2201
Shadow Hills Golf Club South . . . . . Ext. 2305
Shadow Hills Golf Club North . . . . . Ext. 2211
Shadows Restaurant . . . . . Ext. 2311
Jefferson Front Gate (Phases 1 & 2) 760-345-4458
Avenue 40 Front Gate (Phase 3) 760-342-4725

Rich Smetana, *General Manager*
richard.smetana@associa.us . . . . . Ext. 2102
Tyler Ingle, *Controller*
tyler.ingle@associa.us . . . . . Ext. 2203
Mark Galvin, *Community Safety Director*
mark.galvin@associa.us . . . . . Ext. 2202
Jesse Barragan, *Facilities Maintenance Director*
jesse.barragan@associa.us . . . . . Ext. 2403
Connie King, *Lifestyle Director*
connie.king@associa.us . . . . . Ext. 2124
Valeria Batross, *Fitness Director*
valeria.batross@associa.us . . . . . Ext. 2112
Liz Gutierrez, *Lifestyle Coordinator*
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Veronica Moya, *Lifestyle Coordinator*
veronica.perez@associa.us . . . . . Ext. 2122
Gus Ramirez, *Communications Manager*
gus.ramirez@associa.us . . . . . Ext. 2204
Rolland Vaughn, *General Manager of Shadow Hills Golf Club*
rmvaughn@troon.com . . . . . Ext. 2301

SCSH Community Association Board of Directors

Kim Fuller, *President* . . . . . president@scshca.com
Fera Mostow, *Vice President* . . . vicepresident@scshca.com
Bruce Marley, *Treasurer* . . . . . treasurer@scshca.com
Erica Hedlund, *Secretary* . . . . . secretary@scshca.com
Robert Israel,
Member at Large . . . . . memberatlarge@scshca.com

For warranty or customer service needs concerning your home, please email: socalservice@delwebb.com

SUN CITY SHADOW HILLS COMMUNITY ASSOCIATION

Hours of Operation

Association Office
Monday – Friday · 9 AM – 12 PM, 1 – 4 PM
First Saturday of the Month · 8 AM – 12 PM

Lifestyle Desk
Daily · 8 AM – 5 PM

Montecito Clubhouse
Daily · 6 AM – 10 PM

Montecito Fitness Center
Daily · 5 AM – 8 PM

Santa Rosa Clubhouse
Daily · 6 AM – 9 PM

Shadows Restaurant
Monday – Sunday · 8 AM – 8 PM
Breakfast · 8 – 11 AM
Lunch · 11 AM – 5 PM
Dinner · 5 PM – 8 PM
Happy Hour · 3 – 6 PM

Golf Snack Bar
Starting November 4
Daily · 6 AM – 3 PM

Santa Rosa Bistro
Daily · 6 AM – 3 PM

Montecito Café
Daily · 8 AM – 2 PM

All hours are subject to change.
Visit www.scshca.com for the latest hours.

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Mission Statement
To promote the community and recognize the individuals who contribute to the identity of the community, and to impart information relevant to the community as a whole.

SCSHCA Communications Advisory Committee
Tom Hutson, *Chair*; Linda Aasen; Arnold Choy; Julie Harris; Lee Powell

Staff
Editor-in-Chief: Rich Smetana, *General Manager*
Production Manager: Gus Ramirez, *Communications Manager*

To inquire about articles, content, and advertising – or to submit stories for publication – please email view@scshca.com or contact Gus Ramirez, Communications Manager, at 760-345-4349, ext. 2204.

President's Report

By Kim Fuller
President

Good morning, and welcome to another day with a beautiful sunrise in paradise. I stare at the mountain with snow and think how lucky I am that I am not up there, but down in the valley where I get to enjoy the view. I should explain that I write these articles and turn them in on the fifth of the month prior to printing, which is why some information might seem a little late in coming.

To be sure everyone is aware, the Ceasar Larrach embezzlement case was settled, and you can watch a video explaining how it was done and the terms of the settlement on our community website. We held town hall meetings explaining all the details on November 13, 2018. The short story is that the known fraud amount was about $123,062. Funds recovered from Ceasar Larrach in restitution were $125,000. Total known losses and expenses were $162,748. Total potential recoveries over a three-year period will be $290,000. Watch the video, which explains all points in detail.

We have a Board election coming up on April 9, 2019. This year will be a little different than years past because we only have two people running for the Board for two open seats. Some might ask, if there are only two people running for two open seats, why do we need to have an election? Why not just elect by affirmation at a meeting of residents? Unfortunately, our by-laws do not allow for that kind of process. We are required by California Code and our by-laws to hold the election even though it is uncontested.

This means you will receive ballots in March to vote and return for the annual meeting on April 9, 2019. We are required to have a quorum of 518 ballots, or homeowners, present to hold the election. If we are not able to get at least 518 ballots turned in, the election will be void; and we will have to do it again. The election costs about $10,000 to follow all procedures required by law. If the election were void, the existing Board would continue in place until we held another election at a cost of another $10,000. This is something we need to avoid.

The Board urges everyone to vote so we don't spend more money for an additional election. When you receive your ballots, please fill them out and send them back so we can move on and finish the election process.

The two candidates running for the Board are Linda Aasen and myself, Kim Fuller. I want to thank Linda for spending her time to volunteer for the Board. Her time will be gratefully appreciated by us all.

I want to thank all of you for your support, consideration, and time in making such volunteer work a pleasant and rewarding experience. It has been a privilege to work with the other Board members, committee members, and staff to help make Shadow Hills such a great place to live. I wouldn't want it any other way.

It makes me smile to gaze upon another sunset and to know, ***"It doesn't get any better than this."***

Have a great day!

Kim

Contact the author at president@scshca.com.

Next Board Meeting:

Date: Monday, February 25, 2019

Time: 2:00 pm

Location: Ballroom

Please join us!

In Case You Missed It:
Results of Voting, CC&R and By-law Changes

Ballots were counted on Friday, January 11, 2019. Residents cast a total of 2,123 ballots (out of 3,450 homes); 1,761 "yes" votes – 51 percent of homes – were necessary to approve *each* of the four measures on the ballot.

- **Measure 1:** *To remove Pulte from these documents where possible and applicable, and make all changes required because of new State laws.* This measure **passed** with "yes" votes totaling 1,804.
- **Measure 2:** *To remove term limits on Board advisory committee members.* This measure **did not pass** with 987 "yes" votes and 1,086 "no" votes. So term limits remain in place.
- **Measure 3:** *To prohibit cumulative voting in Board member elections.* This measure **did not pass** with 1,498 "yes" votes and 554 "no" votes. So cumulative voting will still be available in HOA Board elections when three seats on the Board are open.
- **Measure 4:** *To decrease the minimum property rental term from 90 days to 45 days.* This measure **did not pass** with 1,196 "yes" votes and 872 "no" votes. Thus, minimum rental terms remain unchanged.

Our new CC&Rs and By-laws take effect immediately,
and the revised versions will be posted to our community website.

Treasurer's Report

At the time this issue of *The View* went to press, the Treasure's Report was pending approval at the Board meeting on Monday, January 28, 2019.

The Treasurer's Report will resume publication in March's issue.

Meet a Board Member

Thursday, February 14, 2019 at 3:00 PM
Montecito Clubhouse • Capistrano Room

Come by and introduce yourself to Fera Mostow, Vice President of your HOA Board. She wants to hear what you like about our community and if you have any concerns.

Candidate Meet and Greet

Montecito Clubhouse Ballroom
Friday, February 22, 2019 at 6:30 PM

Free Refreshments

Come meet the board candidates and discuss their positions and views regarding the community. This is also a chance to share any resident concerns and/or recommendations with the candidates and to get their feedback.

2019 HOA Election Candidate Statements

Disclaimer: *Neither the Association nor the management company made any revisions, alterations, and/or corrections to the information submitted by the candidates. The information was transferred exactly as submitted. Candidates are listed alphabetically by last name.*

Linda Aasen

My husband, Steve, and I have lived in Sun City Shadow Hills since 2010. I have been an active member of three Board Advisory Committees (Information, Communications, and Ad-Hoc Facilities). And I am a past president of the Tennis Club. I also chair the subcommittee of writers that oversees production of *The View* each month, and I have written and edited many articles for the magazine. Steve and I participate in the many activities that are available to us in our beautiful community, and we use our wonderful facilities at every opportunity.

My professional career was centered in marketing/sales, product development, and project management; I worked for 3M Corporation for 22 years and then spent another 6 years at Imation, a 3M spin-off. Later I owned my own consulting company that focused on staff training, developing and implementing security plans, and performing risk assessments (especially concerning identity theft).

I am detail-oriented, an outstanding communicator, and a team player – all qualities that, I believe, will make me an excellent member of our HOA Board of Directors. If elected, I will bring these skills, along with those I learned during my career, to work for *all* members of our community. I will focus on improving communication, continuing fiscal responsibility, and maintaining our facilities at the highest level to help ensure stable property values. I will also cooperate closely with the other Board members to serve the best interest of *all* residents of Sun City Shadow Hills.

For more information, please contact me at laasen3730@aol.com.

Kim Fuller

I have enjoyed my service on your SCSH HOA Board these past 20+ months, as your President, and I thank you for that opportunity. Your current Board has accomplished a great deal along the way, with continued fiscal responsibility, maintaining our facilities at the highest level, keeping our Dues in line with inflation, and our Reserve levels amongst the highest in the Coachella Valley. The Board has been a pleasure to work with as we dealt with the embezzlement, recovering stolen funds, plus more, and did so within 14 months of learning of the embezzlement. I take personal pride in the Board's transparency, our open communications on the many issues facing our community, and in dealing with the many homeowner issues we encounter every day.

I would like to continue to serve our community as a member of your Board and hope you will give me that opportunity.

When not tending to Board duties, my wife Karla, and I enjoy golf, hiking, the Fitness Center, the great sunsets and movies. Thank you.

People Who Make Our Lives Better

Photo by Joe Rubio

Martha Cuevas

Associa DRM Employee of the Month January 2019

We would like to recognize Martha Cuevas as Employee of the Month for January 2019.

Martha was hired in July 2017. Since then, she has proven to be a great help in the Custodial Department. She takes the initiative on new projects, puts in extra effort to complete them, and delivers quality work.

Martha takes ownership of any task assigned to her, whether it is scrubbing floors on her knees, or cleaning ceiling fans on a high stepladder. She performs her job duties well and has a great attitude.

Thank you, Martha, for your contribution to the team here at Sun City Shadow Hills.

Advisory Committees

City Development Coordinating Committee
citydevelopment@scshca.com
Chair: Tom Hutson

Communications Advisory Committee
communications@scshca.com
Chair: Tom Hutson

Covenants Committee
covenants@scshca.com
Co-Chairs: Traci Barnett Hone & Lee Powell

Design Review Committee
designreview@scshca.com
Chair: Vicki L Berg · Vice Chair: Ted Shettler

Emergency Preparedness Subcommittee
epsc@scshca.com
Chair: Jeff Kirkpatrick

Facilities & Services Advisory Committee
facilities.services@scshca.com
Chair: John Petersen

Finance Advisory Committee
finance@scshca.com
Chair: Bill Wethe

Food & Beverage Committee
foodbeverage@scshca.com
Chair: Jurgen Gross

Golf Advisory Committee
golf@scshca.com
Chair: Dave Bakshy

Health & Fitness Advisory Committee
healthfitness@scshca.com
Chair: Rick Halla

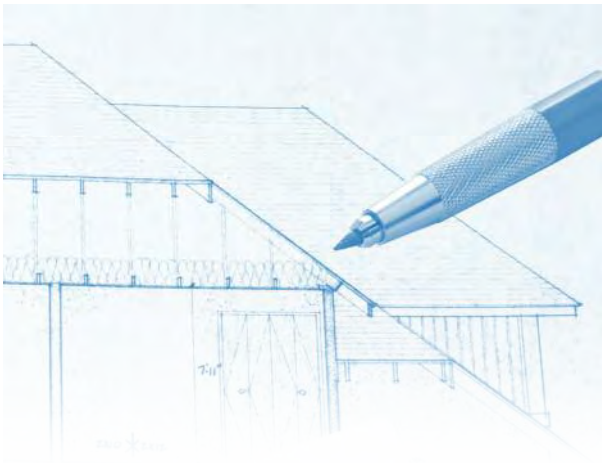
Information Advisory Committee
information@scshca.com
Chair: Erin Smith

Landscape Advisory Committee
landscape@scshca.com
Chair: Chris Stevens

Safety Advisory Committee
safety@scshca.com
Chair: Ed Chavez

Interested in joining a Committee?

Stop by the HOA office and fill out an Advisory Committee Interest Form.



Design Review Committee (DRC)

By Vicki L Berg

DRC Seeks New Members!

Our committee is looking for new members to volunteer.

We meet the first and third Tuesdays of each month from 9:30 – 11 am or so, depending upon how many HIAs (Home Improvement Applications) we receive.

Our committee consists of men and women that are interested in maintaining our existing standards and updating them when necessary. We also go onsite to assure that exterior property improvements comply with the approved HIAs.

It is a rewarding and sometimes amusing experience to be a part of our committee. Come join us.

From The Library

By Cindy Degraf

Don't you just love to crack open a book that you have never read before? Every time you do you begin a new adventure. In the Montecito library you will find hard covers and paperbacks, fiction, and non-fiction. New books are donated and shelved each day, so check back often. We also have some puzzles and magazines available.

Do you have books to donate? We welcome them! We have limited space available, so please review the list below to see what we are looking for. We request that donated books be in excellent condition and please donate no more than 10 per month per household.

We Accept as Donations:

- ✓ Hardcover and paperback fiction, historical/political, biographies/autobiographies
- ✓ Audio books and DVDs
- ✓ Recent magazines

We Do Not Accept:

- ✗ Cooking, sports, self-help or "how to" books
- ✗ Coffee table or picture books
- ✗ Religious or travel books
- ✗ VCR tapes or music CDs

Please contact Barbara Perler at 760-772-4484 or baramp@verizon.net, if you have any questions or comments about the library. As always, thank you for supporting our library.

SUN CITY SHADOW HILLS
EMERGENCY PREPAREDNESS

Emergency Preparedness Sub-Committee (EPSC)

By Jeff Kirkpatrick, Chair

You Are Necessary and Needed!

The Sun City Shadow Hills Emergency Preparedness Subcommittee has worked diligently to prepare for all types of disasters including earthquakes, power outages, hazardous spills, and flooding. The most likely disruptive event will be a major earthquake and, according to the State Seismic Commission and the California Earthquake Authority, when a major earthquake occurs in the Coachella Valley, our community and the surrounding roads and commercial buildings will be devastated. Bridges will collapse, many roadways will be unusable, utilities will be disrupted, and injuries will occur. For the first few days (or weeks), Emergency Services and First Responders will be working outside our community — leaving us on our own!

Please volunteer to serve on one of our many different response teams outlined below. Come become part of the solution and not part of the problem! There's a place for EVERYONE!

Why Volunteer for the EPSC?

Chances are your talents and expertise are valuable and needed. You don't need first responder experience or specific disaster training. You will learn new skills and build self-confidence in knowing how to be better prepared in the event of a disaster. Full-time residency is not required. Volunteering with EPSC allows you to connect with your community and make it a better place. Even helping with the smallest tasks can make a real difference. Everyone is needed. Let us show you how!

Contact Us

Want to learn more about Emergency Preparedness in our community? Want to volunteer to fill positions on the EPSC?

- Contact us at epsc@scshca.com.
- Read EPSC Committee Reports in *The View*.
- To volunteer, complete an Advisory Committee Interest Form available at the HOA Office and online at **scshca.com/committeeinterest**, and return the form to the HOA Office. Be sure to check (✓) the Emergency Preparedness Committee line!

Areas Where You Can Help

Emergency Operations Center

Our nerve center is a free-standing, 40' x 9' fully insulated structure with A/C, heating, lighting, and its own generator power. It is located on the north side of Sun City Boulevard, east of the Montecito Clubhouse, between the tennis courts and the canal, and supports members of the EPSC leadership team who work together during an emergency. The EOC contains base radios to communicate within our community, as well as HAM radios capable of communicating outside our community.

Division Leaders

Each of our 20 neighborhood Divisions is headed by a Division Leader who is responsible for reporting on the welfare of that Division. Each Division contains 150–300 homes.

Command Posts

Earthquake and other disasters are part of the package of living in California. Fortunately, preparation can make a huge difference. The Sun City Shadow Hills Emergency Preparedness Subcommittee (EPSC) is responsible for the direction, organization, training, supplies, equipment, and communications with residents during an emergency. The EPSC employs the California Incident Command System to organize and oversee the myriad volunteers serving. The EPSC meets monthly on the first Thursday from 1 – 3 pm in the Santa Rosa Clubhouse Monterey Room. Other team meetings may be held at other times.

First Aid Stations

In an emergency, basic first aid for injured residents can be provided at our three first aid stations. First aid supplies can be distributed at these locations as well:

- Montecito Clubhouse.
- Santa Rosa Clubhouse.
- Intersection near San Mateo Boulevard/Sun City Boulevard.

CERT-Community Emergency Response Team

EPSC volunteers working in pairs — who have received special FEMA-sponsored training covering light search and rescue techniques, basic first aid, fire suppression, and Incident Command System response skills — will be deployed throughout the community as needed to assist their neighbors. Becoming a CERT member with the EPSC requires attending 20 hours at a FEMA-certified CERT course.

Windshield Survey Team

Volunteers assigned to the WST use their golf carts, cars, or bicycles to quickly check every street within each of our 20 Divisions, and simultaneously check for damaged property and injuries to residents. WST personnel are equipped with radios, equipment packs, vests, first-aid gear, and other necessary equipment. They will look for Green/Red Status Cards displayed in street-facing windows.

Two-Way Radio Team

This team is trained to operate the EOC radio equipment that communicates with all the other EPSC teams.

HAM Radio Team

Licensed HAM radio operators convey our community's status and needs to relief agencies, receive information from those agencies, and transmit health and welfare messages for residents to their out-of-area emergency contacts.

Pet Rescue Team

This team is available to retrieve and provide a safe shelter for lost and frightened pets and help reunite animals with their owners.

Generator Team

Sets up generators at the first-aid stations and main gates.

Equipment Team

Controls radios/equipment to district operations, first-aid, and support teams.

Please join us and become prepared!
It really is quite easy!

Finance Advisory Committee (FAC)

By Bill Wethe, Chair

Work Completed

The FAC continues its work with the Board as well as with DRM and Troon management on behalf of the Association including:

- Review and recommendation for Board approval of the unaudited December 2018 financial statements of the Association including the:
  - financial statements prepared by DRM and Troon to be posted to the Residents Only section of the website.
  - combined Association financial statements presented in the Treasurer's report to be posted to the Residents Only section of the website.
  - variance analysis of Operating Fund revenue and expense accounts prepared by the Controller.
  - variance analysis of revenue and expense accounts prepared by Troon for golf and F&B operations.
  - summary information on financial position and results of operations included in the Controller's report to be posted to the Residents Only section of the website.
  - condensed Association financial information to be published in *The View*.
- Preparation and submittal of FAC BAF 2019 # 1 with recommendation for the Board to approve a resolution to adopt IRS Revenue Ruling 70-604.
- Preparation and submittal of FAC BAF 2019 # 2 with proposed revisions to the FAC Charter and Mission.
- Preparation and submittal of FAC BAF 2019 # 3 with proposed revisions to the FAC Charter and Mission for the Subcommittee on the Major Repair and Replacement Fund and Reserve Study.
- Preparation and submittal of FAC BAF 2019 # 4 with proposed revisions to the Association's Investment Policy.
- Preparation and submittal of FAC BAF 2019 # 5 with proposed revisions to the Association's Procurement Policy.
- Review of Replacement Fund cash flow forecast submitted to the Association's Investment Manager, Comerica Securities.
- Preparation and submittal of FAC BAF 2019 # 6 with recommendation for Board to approve Replacement Fund investment recommendations submitted by the Association's Investment Manager.
- FAC regular meeting on January 25, 2019.
- Preparation of the FAC monthly written report to the Board for its meeting on January 28, 2019.

Work in Progress and Upcoming Work

The FAC has several initiatives in process or upcoming including:

- 2018 audit and tax returns.
- insurance renewal effective April 22, 2019.
- review of responses to RFPs from Landscape Maintenance Contractors.
- review of responses to RFPs from Security/Property Protection Contractors.

Further Information

If you would like to know more about what FAC has been working on, please review minutes of our monthly meetings and our monthly written reports to the Board included in Board meeting packages on the Association's website.

Additional FAC Members: Larry Anderson, John Deshaw, Steve Proia, Joe Lupica, and Carey Thompson.

Contact the author at finance@scshca.com.

Facilities & Services Advisory Committee

By John Petersen, Chair

The Facilities & Services Advisory Committee is looking for residents interested in "giving back to our community." If you have a background in construction, facility, or project management and would like to volunteer and put that experience to use, let us know.

You can pick up an Advisory Committee Interest Form at the HOA office or print a copy from our website: **www.scshca.com/committeeinterest**. Complete the form and turn it in at the HOA office.

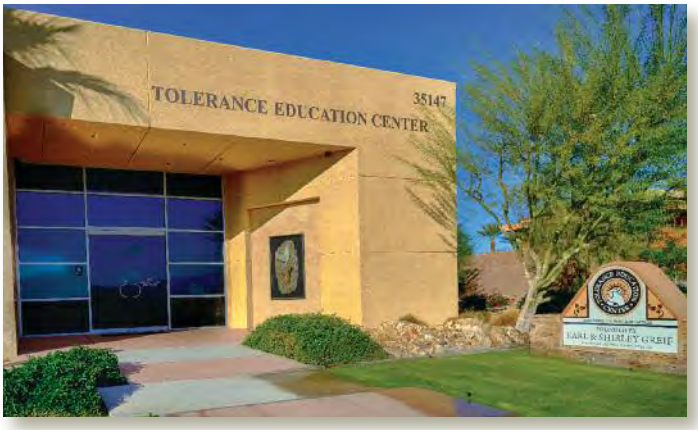
Here's a list of some of our recent and current projects:

- Updating & refreshing the interior of the Montecito Clubhouse.
- Cooling the water temperature in outdoor swimming pool(s) during the hot summer months.
- Space utilization in our clubhouses and other facilities.
- Resurfacing Tennis courts 1-4.
- Resurfacing Tennis and Pickleball courts 5-6.
- Improvements outside Pickleball courts 1-4.
- Saving $40,000 on scheduled roof maintenance.
- Repairs to and resurfacing of the Montecito pool area.

- Looking into a better paint to be used in restriping our streets.
- Street repairs and recoating.
- Refinishing walkways at the Shadows Restaurant and Pro Shop area.
- Re-plastering the interior of the Santa Rosa pool.
- Inspecting and scheduling needed improvements to the Montecito bocce ball courts.
- Working with the Billiards Club on upcoming table repairs and improvements.

If this sounds interesting, please fill out an Advisory Committee Interest Form and return it to the HOA office.

HEALING THE WORLD

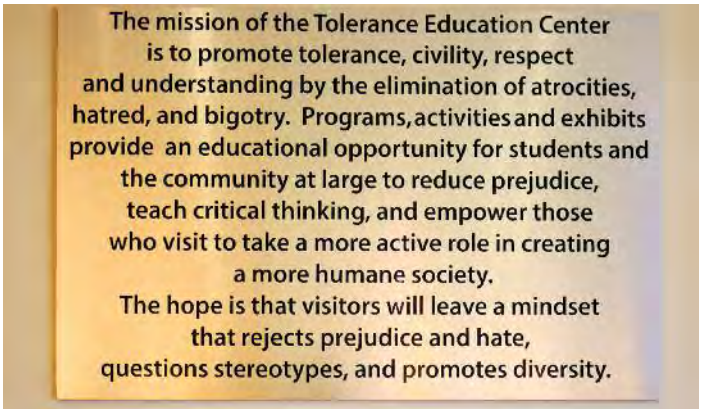


The Tolerance Center in Rancho Mirage (Photo by Jed Orme)

Tolerance Education Center of Rancho Mirage

By Linda Aasen
Photos By Graham Jones & Jed Orme

The Tolerance Education Center (TEC) in Rancho Mirage says its mission is "to promote tolerance, civility, respect and understanding by the elimination of atrocities, hatred, and bigotry." Earl Greif founded TEC in 2006 to provide programs, exhibits, and events to teach our community, particularly students, to reduce prejudice and help create a more humane world. Students on field trips to the Center meet with survivors of some of the world's greatest atrocities such as the WW II Holocaust, Cambodian genocide, Japanese internment camps, and victims of hate crimes against the LGBT community who share their experiences with the students.



An amazing mission for all of us (Photo by Jed Orme)

Bill Ferstenfeld, a SCSH resident and second-generation Holocaust survivor, volunteers at the Center. We have all read about the atrocities committed against Jewish men, women, and children who were imprisoned in the camps. The world rejoiced when they were released to reunite with family members. But the truth was that many families were decimated, and survivors struggled to begin life again. Many were scarred physically and emotionally and were often clinically depressed – although they were enormously courageous and hardworking with high morals and deep religious convictions.

The Holocaust affected the second generation as well. In Bill's case, his parents suffered from PTSD and his mother, understandably, was afraid of anyone in uniform which this caused her to keep Bill by her side at all times. Bill was only able to leave home when he "volunteered" for the draft during the Vietnam War. He was assigned to be the assistant to the Jewish chaplain.

Bill Ferstenfeld (Photo by Graham Jones)

As Bill's tour was ending, the chaplain asked Bill about his future. Bill really didn't have a plan, so the chaplain suggested he look into synagogue administration. Bill did exactly that and became the Executive Director of synagogues in Minneapolis, New York, and Philadelphia (the fifth largest in the U.S.).

Bill's experience in the synagogue set his retirement path as a volunteer. In addition to the Tolerance Education Center, he gives his time at the Living Desert, Desert Classic Golf Tournament, and the Palm Springs Air Museum.

The Tolerance Education Center's focus on promoting tolerance, civility, respect, and understanding is needed more than ever in our world. Visit the Center or its website at www.toleranceeducationcenter.org.

Contact the author at laasen3730@aol.com. Contact the photographers at fastbrit@gmail.com and jedtorme@me.com.

Computer Q&A

By Suzy Kerekes, SCSH Computer Club

How Can We Take Control of Our Privacy on Apple Mobile Devices? *Or Any Device for That Matter!*

Let's talk Privacy Settings

Did you know that your information is now referred to as "Data-Currency"? Data currency is monetary value assigned to data to identify its financial significance to an organization. You can also begin taking control of your privacy, on every device you own, in the **Privacy Settings**.

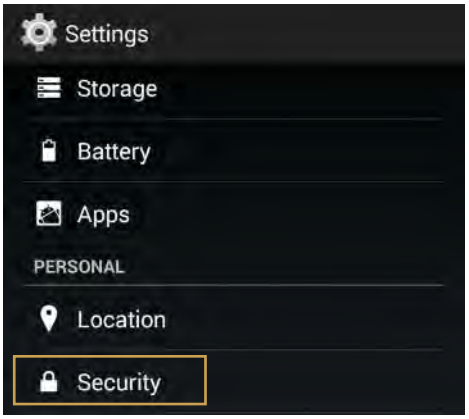
I am willing to bet, you weren't even aware that such a thing exists. Well, it certainly does. To begin > Tap the **Settings App** – the one with the gears and > scroll down to **Privacy** – the hand. Continue to scroll all the way down and tap on each App to review its settings. Be sure to tap on **Advertising** > **Limit Ad Tracking** – select **On**.

Now in **Settings** > **Privacy** scroll back up to > **Location Services** >> Tap on each App listed here and select your preference: **Always**, **While Using App**, or **Never**. For instance, tap on Weather, and review the settings: **Always**, **While Using App**, or **Never**. If you are a frequent traveler, you may want to set this to always. Location Services uses GPS, Bluetooth, and Wi-Fi to determine your approximate location in order to provide the service for the App. For instance, *Motion & Fitness Tracking*: this setting needs to be selected **On** in order for your steps to be recorded into the Fitness and/or Health App.

Even if you have a brand-new device, like an iPad, review all the General Settings as well as the Privacy Settings in order for the device to work as you intend. Do not assume that, because it is logged in with your Apple ID and password, it will reflect your previous device's settings. *Apple never stores your settings or logins/passwords.* Each time you upgrade to a new device, and that includes your vehicle with CarPlay, you have to re-login to the app and give permissions in Privacy. *Within a month's time, we got a new vehicle along with new iPhones…and I just didn't understand why my iPhone wasn't ringing in the car radio!*

For further detailed information, go to *privacy.apple.com*. Here you can get a copy of your data or request a correction. Remember, Apple iCloud only stores into the cloud what you tell it to back-up. And understand that, if you give a third-party app permission to track your location, etc., that is you releasing the info and not Apple.

Finally, understand that, for each and every login and PW account you have – whether it is banking, Facebook, your email, etc. – there is always a Settings app located in your profile with security and privacy choices. This is also the place where you can limit marketing ads, etc. Understand that icons are universal. And on an **Android**, it's the same >> **Settings** > **Security**.



Contact the author at i.suzyhelp@gmail.com.

Feature Stories

What Can Happen When You're Bored

By Carl Rigoli

My mother always took me along when she went shopping at Bloomingdales in Manhattan, and part of the ritual was to have her aunt Antoinette accompany us.

This was an all-day affair. We started out early in the morning by taking a bus to the Queensboro Bridge. When we arrived, we transferred to a trolley car that rode on an extended rail lane which hung over the East River. I remember being scared to death as the trolley traveled over the bridge because, when I looked out the window, all I could just see was the river below. By the time we got to the east side of Manhattan, I was a total wreck because I was afraid of heights. I still freak out when I ride over big bridges.

The worst wasn't over because we would be spending many hours at Bloomingdales with nothing for me to do except hang out while Mom shopped for bargains with hundreds of other women. My mother would tell me to stay close by so she could make sure I did not get into trouble. But it didn't take long for me to get bored because I was about four years old. I remember trying to keep myself busy by drawing and talking to myself.

I don't know if you have ever been around women in a shopping frenzy but, if you haven't, it is scary. All they seem to have on their minds is finding the right bargain to wear. I remember my favorite question: "When are we leaving?" I always got the same answer: "Go over there, be quiet, don't bother anyone, and play by yourself." That was not what I wanted to hear after what seemed for a four-year-old to be forever.

So, I decided to amuse myself, and I found some little pins that were scattered over the floor that I began to collect. I remember wondering what I could do with them and, after deep contemplation, I got an idea. Because there were many women shopping intensely, I thought: what if I sneak up and pinch them in the derriere, then run away and quickly hide behind a counter?

This became my fetish, and it was fun for me to watch these women jump up and say "ouch!" when I pinched them, especially when I used a pin. Aunt Antoinette was a family joker who got into mischief all the time, and she watched me carry on with my pranks. I remember her egging me on, pointing out a good target. If my mother

knew what was going on, she would have thrown me off the trolley into the East River on the way back home.

I had discovered how to keep myself from being bored, and it was fun as long as I didn't get caught. I remember pinching quite a few women on my first outing and couldn't wait to return to the scene of the crime. On the way home, I asked my mother when we would be going back to Bloomingdales. She was totally surprised and said we would return in a couple of weeks. I think she was trying to figure out why I asked.

I remember going back to Bloomingdales with my mother and aunt a few more times to carry on my devious actions. The most memorable incident was when I surprised a very tall woman who seemed like a giant to me. I waited until the coast was clear, and I ventured forward and stuck her with my pin. She jumped into the air and let out a huge scream. As I began to take flight, I felt a very strong hand grabbing my arm and pulling me to a halt. The giant woman started yelling at me and attracted a lot of attention. She was yelling so loudly that all the women in that

part of the store came to see what was going on. The giant lady was demanding to know which one of these women was my mother. I was really frightened because she was carrying on, saying she wanted me arrested and taken away to juvenile hall. I didn't even know what juvenile hall was.

The giant lady kept asking who my mother was, and no one came forward to claim me. Finally, Aunt Antoinette arrived and said I was with her. Aunt Antoinette told the irate lady that I would apologize and promise I would never do it again. My aunt also said that I was a mischievous young boy and she was sorry for what I had done. I remember feeling very bad as tears came to my eyes. The giant woman calmed down and walked away. That was my last pinching episode. I later learned that my mother was in the crowd of women shoppers and actually said to them, "I don't know who that boy is!"

I remember how angry my mother was as we rode back home on the trolley. Looking into her eyes, I was sure she was thinking of throwing me off the Queensboro Bridge. Aunt Antoinette had saved my life. I heard my mother and aunt speaking in Italian, and I felt that they were sharing a moment of humor.

Later, when I was an adult, my mother told the whole family about the pinching incident. I remember her giggling and saying, "I almost disowned Carl that day!" Bless her patience and her soul.

Contact the author at vibemanmusic@gmail.com.

The Way We Were

By Ed Decker

With trembling hands, she cried out, "Who are you? Where am I?" There was terror in her eyes.

I took her hand and replied, "I am your husband. My name is Ed. We have been married for 46 years. We live in Indio. This is our home, and we are in our bedroom." Her eyes darted around the room. There was an emptiness in them.

I told her that she was safe and that I loved her and would take care of her. I held her, but she pushed away. She didn't see my tears.

I sat her down on the chaise lounge next to the bed. I picked up the binder I had been using and opened it, smiling at her. Her eyes were still searching, almost frantically.

Then I showed her a picture of us with our boys and told her their names followed by pictures of their wives and children. I also showed her photos of her sister who lived in our neighborhood.

Next, I handed her a stack of family photos, naming each person and telling a little story about each one. These were people she loved and people who loved her.

I explained that she had been in the hospital for a long, long time and that she had seven operations and had survived. I thought back to the weeks I sat by her bed in ICU praying that she would live, and now she was home with me.

Leaning over, I kissed her on the forehead. She finally smiled and just said, "Ed."

Dementia is a terrible thing. It tears your heart apart. It takes away a loved one and leaves a shell. I barely slept anymore. Any move on her part would jolt me wide awake. Her dreams would become reality, and she would run out of the room, seeing and hearing things that weren't there. By the time I unhooked from my CPAP machine and ran after her, she would be at the other end of the house looking for someone or something. I had

to hide the car keys and keep a light on in the bedroom. Some days she would just sit and look out into the "somewhere," not moving until I took her by the hand and brought her to the table to eat a simple bit of food.

From the start I knew that it did not matter if I spent the rest of our lives just this way each day. Our sons had been here over the many past weeks. They felt the pain as much I did. No, that is not true. My pain was too much pain. But they were there then – and are still there now. They know.

Our sons had hired a chef to bring us meals, and now they brought in a wonderful caregiver who would bathe and dress my wife each morning and stay with her until it was time to dress for bed each night. It took so much pressure from me, but there was desperation in my prayers.

The months crept by. Slowly she was coming back. The doctors said that her dementia was caused by the many hours-long operations and all of the anesthesia.

They said that the daily infusions of high-powered drugs to fight the MERSA infections she picked up in the operating room had also added to the dementia – and that she might never recover.

But those vacant eyes slowly became alive again, and we are beginning to get our lives back.

We are the fortunate ones. My wife has come a long way, although the many medical issues have destroyed so much of our lives, and we still battle the confusion and disorientation that comes and goes. She now has stage 3 liver and kidney failure. So we cannot be far from the hospital, but we do go out for dinner some nights and have friends and family visit.

I moved our recliners from the family room and took her to Mathis Brothers where we picked out a single loveseat recliner, so we can sit side by side and hold hands. She still needs that closeness, and I guess I do, too.

My dear friend, Dave, is not coming back. He is slowly disappearing into this "lostness." I see the pain when we talk. He was a doctor and knows what is happening, and he still tries hard to stay with us. His wife is dealing bravely with a terrible loss. I know the depth of how she hurts.

My friend Jack has Alzheimer's. He was a brilliant man, always smiling and full of life. I loved talking with him. What a blessing to have him as my friend. He has now crossed over a bridge to a place from which he can never return. I see the grief and pain in his wife's face. She is exhausted and broken apart. We grieve with her.

We live in a senior development. This pain and "lostness" is all around us, and we walk by and smile because it is not us.

My life has changed forever. My wife has changed forever. We will never be the way we were. But we are what we have become. We have it together. We can hold hands, smile, and be in love. That's enough.

Contact the author at jedwarddecker@gmail.com.

When Loved Ones Have Dementia

By Aggie Jordan

Valentine's Day oftentimes suggests young and new love. Those of us who have been with our loved ones for some time know that true love is more than valentine cards, flowers, and candy. Many residents here at Sun City Shadow Hills are now asked to express their love through the deepest demands of self-giving ever required in their relationships. They are the primary caregivers to a spouse, a parent, and even a child with dementia.

> *"Dementia is a general term for loss of memory and other mental abilities severe enough to interfere with daily life. It is caused by physical changes in the brain."*
> *~ Alzheimer's Association*

According to the Alzheimer's Association, scientists have identified many forms of dementia. The most common is Alzheimer's; the second is vascular dementia; and the third is Dementia with Lewy Bodies. Not so common are alcoholic dementia and hearing loss dementia in addition to rare forms such as Huntington's and CJD (Creutzfeldt-Jakob). Mad Cow disease is a form of the latter.

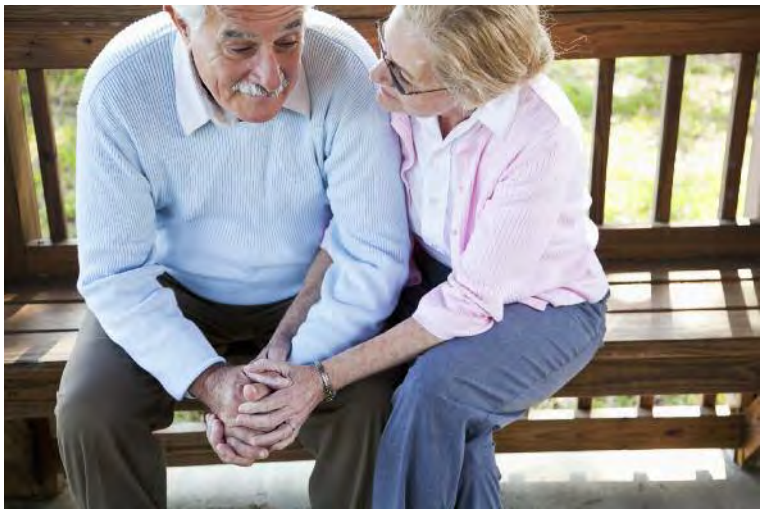
For our caregivers, Alzheimer's is the most common challenge. Vascular, alcoholic, and hearing-loss dementia are also difficult for some residents to cope with. Dementia can often be a combination of Alzheimer's, Lewy Bodies, and vascular.

To say caregivers have a continuous daily challenge is an understatement. They have lost their friend, their beloved spouse or parent, to another "life" world. They watch him or her disappear before them – some gradually, others very quickly. Some of our residents have been caregiving for three years. Others told us their loved one went from being apparently normal with slight loss of memory to total loss of awareness in less than a year. The former feel blessed that they have had those last few years together – others feel blessed that the loved one didn't endure gradual degradation.

Caregivers are unusually kind and generous people, but they are human. Although their love supports their efforts, it takes enormous patience to endure the patient's fears, perceived threats, and hallucinations. Patience is a gift all wish for, pray for, and seek means to practice. When one has had an independent relationship, it is difficult to accept the dependence that develops from retraining basic skills: to assuring that the correct medicine and proper amount is taken; being embarrassed when their loved ones' public behavior becomes rude and mean; having to be responsible when incontinence demands cleaning up or leaving a party.

Patience is required to continue to let the loved ones drive; to respond gently to their anger, moods, or tears when things don't go their way; to repeat directions time and time again; or to assure them where one will be and when one will return. But this continuous demand on one's patience can easily eat away at the caregiver's sanity.

A caretaker's time can easily be used up by the caregiving if he or she doesn't plan and organize time for him or herself. The caregivers need time away from the constant giving. They need to join friends for dinner or a movie. They need activities to fill their spirit. They need to exercise so that their bodies are not worn down by



their giving. Assistance from family or friends is extremely helpful but, often, the caregivers do not ask for help. Some even refuse it when it is offered. The work, and it is work, of caring for a dementia patient cannot be done by one person. Outside help is available.

When the conditions rise to a serious and constant demand on a caretaker's patience, and freedom to live a healthy and calm life, it is time to get help, to release one's sole control. We asked our caregivers what criteria they would use to decide when care is no longer possible or sufficient at home. The most frequent response was when it is no longer safe for the patient or the caretaker because of the dangers of kitchen fires or accidents, running away from the home, and when fighting their demons becomes tortuous to the patient himself. Another frequent criterion for professional outside help was the caretaker's lack of sleep because often the patient awakes him or her frequently.

Most of our caretakers struggled with the guilt of "institutionalizing" or putting the loved one out of their home. When this is necessary, they want to assure the care is better than what they can give; and they want to visit them frequently. Most of the caregivers here at SCSH are in their 70s and 80s and they are experiencing the effects of their own aging. It is difficult for them to preserve their own energy, but it is their deep love for their spouse or parent that allows them to continue.

This article has summarized the experiences of the caregivers. We feel it is important for our readers to hear their stories in their own words, so the following article reveals their deep love and emotions about the weight they carry when their loved one has dementia.

Contact the author at aggiejordan@gmail.com.

The Measure of Love

By Aggie Jordan and Julie Harris

We are grateful to our residents who were willing to share their experiences about caring for a loved one with dementia. Two of our caretakers, as only children, looked after their mothers; and the remainder have cared for or are now caring for their spouses. Although the loss of a parent to Alzheimer's disease is always deeply felt, the caretakers of spouses experienced the most drastic turn in their lives when their loved ones were diagnosed with dementia.

We offer their stories so that the experiences of living each day with a loved one with dementia can be of some support to our readers who may now be on this caretaker journey of love. We have guaranteed anonymity to our residents who were so gracious and open in sharing their stories. These are difficult times for these caretakers, and they value their and their loved ones' privacy. Consequently, we honor their anonymity with pseudonyms. They understand the value of sharing their experiences through this article because they, too, sought help in coping with this new challenge.

May

No matter what the cause or type, when dementia occurs, it challenges the caretaker's deepest love and physical energy. "I get tired of trying to relate to my husband who cannot hear and cannot understand what I am saying. There is no chance to have a conversation," says May. "Yet, when I find him looking at my naked body and telling me how beautiful I am, I find joy in remembering who he is. Hearing loss not addressed over long periods of time, my doctor tells me, has caused his dementia."

May has been caring for her husband for several years and is now facing the fact that she can no longer do so. "He cries when he cannot understand where I am. I do sleep in a separate bedroom so that I can get some rest, but he will come in and turn on the lights and attempt to start a conversation. He is wandering and often lost."

I interviewed May in her home and, even though she picked an evening hour for the interview, believing her husband would be asleep, he walked about the room in his underwear for the entire time turning the lights off and on, unaware of who I was although she had introduced me. May says that mornings are the only time that she can leave him alone while she attends exercise classes or does her grocery shopping. She is now concerned about his falling and other safety issues. A person of slight build, May cannot support him, a physically strong person, when he falls. Consequently, it breaks her heart but, after seven years of caring for him, she has begun the search for an outside home for him.

Carol

Her husband has slowly developed Alzheimer's, and Carol finds he's becoming more dependent on her as his fears increase. "When he can't remember the directions to drive to the doctor, I must go. He still drives for short trips. I will give him the directions for one trip but, for that same task the next day, I must repeat the directions several times." Carol takes Lexapro, an antidepressant, "to keep me from strangling him."

He is now skin and bones although he had an athletic body as a runner, a climber, and a strong tennis player. Once a brilliant scientist, he no longer can use the computer. Noting the struggle, she had to wrest control of the finances from him. Carol remarks, "He, having taken care of the finances in our 50 years of marriage, did not willingly give up control; but I had to do it to keep us financially sound." Carol has had to take on the majority of her husband's tasks, and the burden is increasing. Although he was never a person to express

much affection, Carol says, "I am pleased that he is willing to share some hugs and kisses that I now need more than ever."

Marcy

Marcy's mother lived with Marcy and her husband after Marcy's father died; and she was pretty independent for many years. It seemed Alzheimer's came on very quickly.

There was some slow memory loss but, within months, Mom saw insects coming out of the air registers and was spraying them with insect repellent. At the same time, television characters were visiting her through the screen, and they were tormenting her. I knew caring for her at home was impossible after she had come into our bedroom several times in the middle of the night because she thought someone had stolen her purse. Eventually she turned on me and my husband as the thieves.

Mom could not find peace in our house, and I had to find help with "A Place for Mom." It was amazing how peaceful she became when she left our house. The house, itself, was a source of her hallucinations.

Marcy now visits her mother frequently in a board and care home, not far from SCSH, and is able to assure that her mother's personal needs are taken care of.

Charlotte

Believing her husband to be in the early stages of Alzheimer's, Charlotte allows John to drive, although she feels she must accompany him. He, too, was a brilliant scientist, and it breaks her heart to see his mind deteriorate. She misses the deep conversations on topics of mutual interest that they have always had. "He does read, and we will discuss his books and some movies that we watch together."

They have always operated as a team to solve their problems, or even to fix things around the house; but this is no longer possible. "It is up to me to take care of things. I've become a servant." Charlotte's husband used to take care of the dog but now he fears touching him, appearing to be threatened by him. Yet, he wants their dog near him and is constantly concerned about the dog's well-being. But the 18-year-old dog, whom Charlotte loves dearly, now adds to her burden. "The dog now wakes me up several times in the middle of the night. He is old and has to go outside. I am so tired, exhausted."

"My biggest problem is having patience, especially with so little sleep. It is the repetition of questions that I answer so many times that gets to me. I needed comfort food, and I was putting on weight, so my doctor suggested that in place of food I should take five minutes and go outside for a walk. It is a great suggestion, and I have found I return with a loving heart. I love my husband dearly, and I get mad at myself for being impatient."

"She misses the deep conversations on topics of mutual interest that they have always had."

Charlotte believes that she has always faced health issues with denial. She has had cancer for over 20 years, but she feels she's beat it by denying its existence. And now, it pleases her to go on with their lives and deny her husband's dementia.

Russell

Now 87 years old, Russell cared for his wife for a year when she died of Alzheimer's disease in 2016. He had outside assistance three days a

week. When his wife showed signs of dementia, he had to sell his insurance business in order to move to the desert. Since his wife's daughters were 65 and 71, and not well, he had no family assistance. He was the sole caretaker. Today he says, "After 58 years of marriage, it is hard for me to walk into the house with my wife gone. I can't cry, but I am very lonely."

Joanne

Watching your mother deteriorate when you are the only child puts a significant burden on a daughter who is a caretaker. Joanne shares her story:

Because my mother was also an only child, she and I had always been more like sisters. I was lucky to have her living three blocks away for 17 years.

After several falls, she started to show signs of memory loss. One really bad fall, where she (again) hit her head, resulted in a subdural hematoma that really accelerated her dementia. Her personality changed before my eyes. My optimistic, positive parent was becoming more and more introverted and negative.

After moving her to assisted living, for her safety and ours, her favorite thing was to refuse to take her medication. I figured it was the last thing she felt she had control over. In her mind people were stealing things from her room, which she actually had hidden herself and forgotten where they were. The odd thing about it all is that I came to understand that this person was not really my mother. My mother had already passed, and I had been grieving that loss for some time.

When she finally died in her sleep at 98, I felt it was a blessing for both of us. We had run the course of our lives together until that peaceful ending.

There is Hope and Help!

We hope these stories bring understanding and comfort to those who are caring for a loved one. It is the deepest measure of your love being challenged. Remember, you are not alone. In our March issue we will provide you with the numerous resources that are available here in the Coachella Valley for your loved one's care.

Contact the authors at aggiejordan@gmail.com and mjharris88@verizon.net.

A Safe Place to Grieve

By Julie Harris

Many of us may know someone who has recently lost a loved one, who could benefit from being able to talk about their experience. Sometimes it's hard to talk to friends. We don't want to burden our friends with our woes, but we really need to be able to talk to someone.

Interacting with other people who have had the same experience, in an atmosphere of understanding, helped Tom Kiley move past his grief. Now, he would like to bring this 30 years of experience in rehabilitation counseling to members of our community, by helping them start their own grief groups.

Unfortunately, the people who need this information the most are often not the ones who find out about it. If you are interested, or have a friend who might be, please share this information. This could be a wonderful resource for healing within our own community.

You can reach Tom at: tomhes@aol.com or 928-580-7859.

Let's Play Nine at 90!

By George Erhart and Arnold Choy
Photos By George Erhart

Jean Streun has played golf for over 53 years but didn't start until she was 37 years old. Among her many accomplishments, she is most proud of winning a club championship (net) at the age of 80 and having two holes in one. She shot the first at 70 years old. So, there is always hope for all of you "young" wannabe golfers.

In July, 39 friends and fellow golfers honored Jean with a Mickey and Minnie Mouse-themed 90th birthday party. Mickey and Minnie share the same birth year with Jean, and she has loved them for as long as she can remember. She even proudly showed us her exquisite Minnie Mouse wristwatch, which is a constant companion.

Jean wearing some gifts from her 90th birthday celebration

Jean and her husband, Don, were very mobile in their earlier years together, moving 33 times in 55 years! Things settled down when they moved to Salishan, Oregon, where they remained for seven years enjoying golf, the resort, and the climate. After all the places she has lived and played golf, Jean's sentimental favorite remains the course at Salishan, while her all-time favorite golf course is Coeur d'Alene, Idaho.

After 55 years of marriage, Jean lost her husband to cancer; and she moved to the desert and continued to play golf. Besides golf, Jean keeps busy attending adult education classes, going to McCallum Theatre performances, gardening, building wood models, riding her new adult tricycle, and spending time with her ever energetic poodle, Gabby. But nowadays, Jean says she has had to "cut back" her golfing schedule to twice a week and play only nine holes. She enjoys driving her golf cart to the course and playing with the Classy Niners on Tuesday mornings (brrrr) and on warmer Friday afternoons.

Jean doesn't have a true handicap but regularly scores in the low 60s. Not too shabby for someone who can drive the ball only 80 yards (but is extremely straight and accurate). Look for her on the golf course, you might learn a thing or two about senior golf!

The putting form and smooth stroke are still there.

Contact the authors at george.erhart@aol.com and choyarnold@yahoo.com.

Finding Beauty in Our Very Own Backyard

A Photojournal
by Camera Club Members

This month, as many of us eagerly await the coming of Spring to our own beautiful community, *The View* presents a selection of outstanding images captured in past years by the talented photographers of our Camera Club.

About the cover photo: *Glenn Jones photographed "Still Waters" on a quiet afternoon at the major water feature on our North Course.*

A fresh blanket of snow covers the Santa Rosa and San Jacinto Mountains after a cold winter storm in January 2017. Linda Murray's photo, "Snow," would almost make you think you were in the Bavarian Alps – except for the palm trees!

Diane Nagy immortalized this "Backyard Visitor" – a greater roadrunner or chaparral bird, a species of cuckoo – in an unusual quiet moment on her patio wall. Found in the southwestern US and Mexico, some have been clocked at speeds of up to 20 mph as they chase after an unfortunate lizard or other prey.

Jennifer Ramerman photographed "Hummingbird" in her backyard in a rare moment of stillness. These birds are so small that the praying mantis is their natural enemy! Their lifespan is typically between three to five years.

In case you haven't experienced the beauty of our pond lilies up close, Glenn Jones takes us there with "Water Lilies," which he shot in Phase 1. There are about 70 known species of these showy plants.

"Morning After a Sand Storm," shot by Betty Todd from her home in SCSH, captures the fury and savage beauty we experience here after a haboob, an Arabic word that describes these events in North Africa and elsewhere in the Middle East.

"Topsy Turvy" by Elaine Soule shows the beauty that a calm wind and water lilies can bring to the ponds and water features along our South Course in Phase 1.

"Dropping in for a Drink" by Neil Miller evokes one of our community's most favorite sights, a "hummer" on his busy rounds. Did you know that hummingbirds have no sense of smell – but can see farther and hear better than humans?

This stunning photo by Lestlie Prokosh, entitled "Monroe Summer Moon," was shot from her backyard. The summer tilt of the earth's axis is away from the moon at night, making it appear closer to the horizon and creating the optical illusion that the moon is much larger in size.

"Leaving the Wine Club" by Jay Wagman captures one of our spectacular sunsets in April outside the Montecito Clubhouse.

Some Camera Club members enter the annual photography competition that is part of the Riverside County Fair & National Date Festival, and they often walk away with major prizes.

The Festival runs this year from February 15 – 24, 2019, at the Indio fairgrounds. So be sure to stop by and see more of their wonderful artistry!

Lifestyle Update February 2019

By Connie King
Lifestyle Director

Sun City Shadow Hills residents rang in the New Year with a night at the casino. Our Casino Royale theme was a success! Blackjack, Poker, Craps, and Roulette were enjoyed by all. The eight-piece band, Stone Soul, performed an array of Motown hits from the '60s. We danced the night away until midnight, ending with a countdown and a champagne toast. We hope to see you at next year's celebration.

The Long Run Eagles concert on January 5 brought down the house. The positive feedback we received from concert goers reveals that tribute bands are the way to go, and we will continue to feature this form of entertainment. Homeowners reported that about 50 of their neighbors remained outside talking after the concert, not wanting the evening to end.

Lifestyle will be revamping its entertainment offerings, and we look forward to bringing in some great acts and programs for 2019. If you have ideas or suggestions about activities you wish to see in this year, I invite you to stop by the Lifestyle Desk. Or, contact me at connie.king@associa.us.

Thank you for your continued support.

Connie

Contact Connie King at connie.king@associa.us.

Cheers
2019
NEW YEA
SUN CIT

John Sebastian & Maria Muldaur

FEB 02 2019 | 7PM | $40 PER PERSON

Sun City Shadow Hills®

Sun City Shadow Hills

Algodones, Mexico

Tuesday, February 12, 2019

$35 per Person (Non-Refundable)

Price Includes Transportation and Snacks on the Bus. Lunch on Your Own.

PASSPORT IS REQUIRED!

Algodones is a quaint town located Southwest of Yuma, AZ in Baja California, Mexico. Algodones' abundant shopping opportunities, medical and dental services are the main appeal for most visitors.Dozens of shops sell pottery, leather goods, glassware, inexpensive jewelry,hand-embroidered clothing, and colorful Mexican handicrafts. Enjoy dining at restaurants offering fresh fish entrees, Mexican specialties, as well as American food.

FUTURE UPCOMING ALGODONES TRIPS:
TUESDAY, APRIL 23, 2019

Bus Will Depart the Montecito Clubhouse at 8:00 AM
Bus Will Return to the Montecito Clubhouse Approximately 6:00 PM

Sign-ups will begin on Monday, December 3, 2018
And Guest Sign-ups begin on Monday, December 17, 2018

(760) 345-4349 Ext. 2120

Descanso Gardens

Stroll through the Gardens and learn about cherry blossoms, flowering trees and other seasonal spring favorites on these guided walks.

Thursday March 14, 2019 | $40 per person

8:00 a.m. - Depart from Sun City Shadow Hills Montecito Clubhouse

11:00 a.m. to 2:00 p.m. - Self-Guided Tour of Gardens Spring Bloom Walks

2:10 p.m. to 4:00 p.m. - Lunch on you own, Your choice of any of the many options of dining on Foothill Blvd.

6:30 p.m. - Approximate arrival back to Sun City Shadow Hills Montecito Clubhouse

Sign-ups begin on Saturday, January 5, 2019 | Guest sign ups begin Saturday, January 19, 2019
For more information contact the Lifestyle Desk 760.345.4349 ext.2120

Sun City Shadow Hills®

Spring Parking Lot Sale

Saturday, March 16, 2019
8 AM – 12 PM
Montecito Clubhouse

Reserve your spot for the Montecito Clubhouse's parking lot sale, bring your gently used items to sale.

Registration Fee
$10 • Additional Spot: $5
Registration begins on Monday, January 7, 2019

Fee includes a spot on the parking lot equivalent to two parking spaces.

All vehicles must be out of the parking lot and parked on the street before the event begins at 8 AM. No exceptions will be made due to the safety priority of the participants.

For More Information
Contact Lifestyle Desk
760-345-4349
ext.2120

The Lifestyle Desk accepts Visa, MasterCard, Discover and American Express.

Sun City Shadow Hills

10th Annual AUTO SHOW

MARCH 23 2019 | 10 AM – 1 PM

SANTA ROSA CLUBHOUSE PARKING LOT
81420 N SUN CITY BLVD. INDIO CA 92203

Sun City Shadow Hills' 10th Annual Auto Show will showcase some of the Coachella Valley's most unique and inspiring automobiles. Prizes will be awarded to the top car in each category. Enjoy great food, drinks, and music. For more information, call the Sun City Shadow Hills Lifestyle Desk at (760) 345-4349 Ext. 2120.

Sun City Shadow Hills

WEDNESDAY, APRIL 3, 2019

Departure Time: 4:30 p.m.| Game Time: 7:30 p.m.
Estimated time of Arrival to Montecito Clubhouse 12:30 a.m.
$109.00 Per Person

THE BROAD MUSEUM

TUESDAY, APRIL 9, 2019
$35.00 PER PERSON
DEPART: 8:00 A.M. | RETURN: 6:00 P.M.

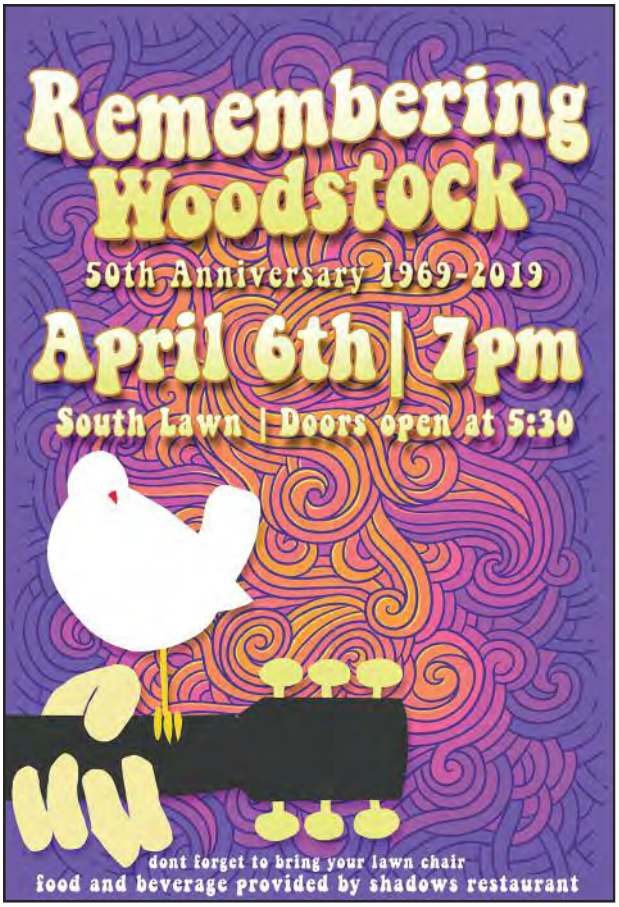
SIGN-UPS START MONDAY, FEBRUARY 4, 2019
GUEST SIGN-UPS BEGIN MONDAY, FEBRUARY 25, 2019

PRICE INCLUDES TRANSPORTATION, SNACKS ON BUS AND ENTRY TO MUSEUM.
ANY SPECIAL EXIBITION THAT REQUIRES A SEPARATE RESERVATION IT IS NOT INCLUDED

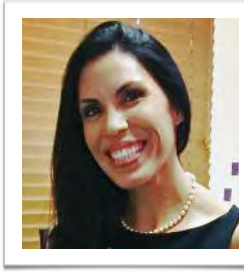
MESQUITE
NEVADA

JUNE 17TH - JUNE 20TH • $455 SNGL. & $358 DBL.
PRICE INCLUDES VISITS/STAYS AT THE FOLLOWING:
CASA BLANCA HOTEL & CASINO, TUACAHN AMPHITHEATER,
ZION NATIONAL PARK (UTAH), THE GOLDEN NUGGET (LAS VEGAS)

SAVE THE DATE
TICKETS ON SALE FEBRUARY 1ST

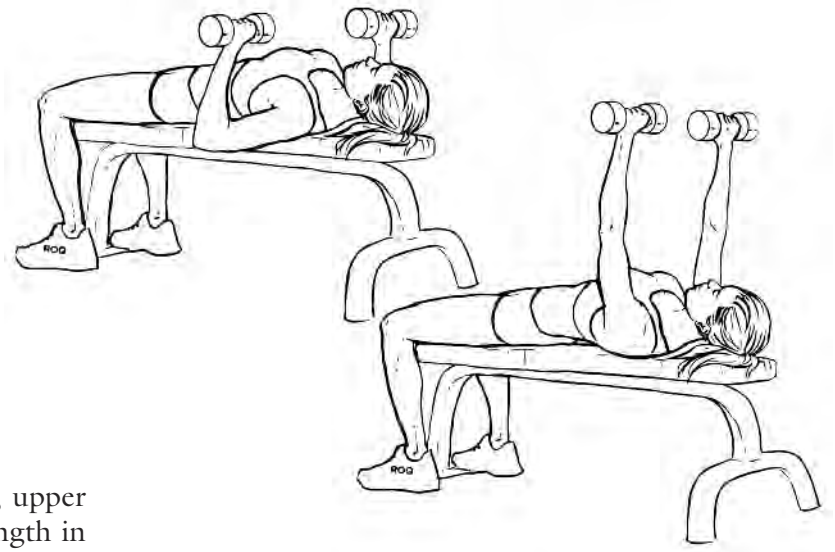


The Lifestyle Desk accepts Visa, MasterCard, Discover and American Express.



Fitness Update

By Valeria Batross
Fitness Director



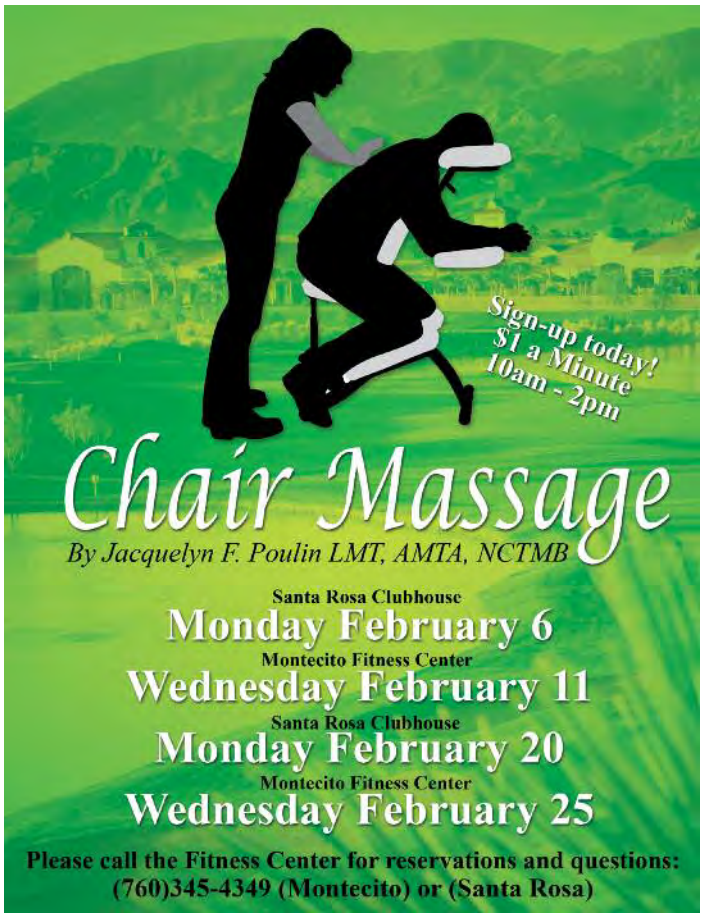
Do It Right: The Chest Press Exercise

Exercise Type, Benefits, and Introduction

The chest press is a compound, multijointed, upper body pushing exercise intended to increase strength in the muscles within the chest, anterior deltoid (front shoulder girdle), triceps (posterior elbow joint), and latissimus dorsi (back).

The chest press exercise is performed to enhance upper body strength, power, endurance, muscle development, and functional performance.

The chest press is one of the three lifts (chest press, squat, and dead lift) for optimal overall strength. This simple exercise can be adapted for use by most people.



Teaching, Execution, and Safety Points

The chest press exercise is a two-phase exercise consisting of downward lowering and upward pushing phases. This exercise can be performed laying down on a flat bench, table, or incline bench. It can be done with a barbell (free-style or Smith machine) or with dumbbells. Start at the top (full arms' length at forehead level), then slowly bring the bar or dumbbells down to front shoulder level, then push back up to original position in a controlled manner.

During the downward lowering phase, inhale and maintain the head, neck, and torso in neutral alignment with the core and abdomen engaged. During the upward pushing phase extend the arms up and exhale.

Proper alignment and technique should be mastered before loading the barbell with heavier weight or lifting heavier dumbbells. The torso should remain firm and stable with the head and neck in a neutral position; shoulders and hips should be held firmly against the flat or incline bench. Feet should maintain a shoulder-width stance firmly against the floor for greater stabilization.

Recommendation of Sets and Repetitions

For endurance training, perform three sets of 12-20 repetitions at a light to moderate weight, twice a week.

For strength training, perform three to four sets of 8-12 repetitions at a moderate to heavy weight, twice a week.

Complimentary orientations are available at both fitness centers. Contact the Fitness Desk to make an appointment and learn more about the chest press: 760-345-4349 ext. 2111.

Valeria

Contact the author at valeria.batross@associa.us.

Golf Operations

By Rolland Vaughn
General Manager,
Shadow Hills Golf Club

We would like to update our residents on the progress and schedules of projects around the golf courses. First, a schedule was created for the maintenance of the North Course landscape where each area will receive attention four times a year. Our team has been working hard and is currently ahead of schedule. Barring any major issue that would require attention, we anticipate this continuing.

Next, the maintenance team has been amending the soil in an effort to eliminate the dry/wet areas on the South Course. We made significant progress in this area over the summer months utilizing the "Quake" machine along with drainage trenching. There are now a few areas that are being aerified and top-dressed to improve playability. This will be ongoing where soil on the South Course becomes saturated and spongy with very little irrigation.

Lastly, here is an update on the CVWD sewer main project that will affect holes 15, 16, and 17 along with the practice facility. The Coachella Valley Water District has begun collecting bids from contractors and is currently planning to start the project in mid-July. There will be a large trench created along the areas listed above where a sewer main will then be installed. We anticipate the golf course will be closed for approximately six weeks in order to complete the project and repair the golf course. We will continue to update everyone as more detailed information becomes available.

This is also the time of year when manufacturers launch new equipment for the 2019 season following the PGA Show in Orlando. That means we will be hosting multiple Demo Days on the practice tee with vendors such as Callaway, TaylorMade, Cobra, etc. A full list will be available in the South Course Golf Shop as dates are finalized.

Thank you again for all your support and feel free to contact us at any time with questions or feedback.

Rolland

Contact the author at rmvaughn@troon.com.

HOURS OF OPERATION

North Course
6 am – 5 pm

South Course
6 am – 5 pm

Practice Facility*
6 am – 5 pm

Closed Thursdays: 10 am – 12 pm

* Golfers will have priority for warming up prior to their round

* Last bucket sold at 5 pm

Montecito Fitness Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM		**Zumba** $4 – Michelle		**Zumba** $4 – Michelle		
8:00 AM	**Body Sculpt** $4 – Angel	**Total Body Strength** $4 – Marlena	**Body Sculpt** $4 – Angel	**Core & Stretch** Free Class Forest	**Total Body Tabata** $4 – Marlena	**Total Body Endurance & Strength** Free Class Forest
9:00 AM	**Zumba** $4 – Angel	**Yoga Balance & Strength** $4 – Melinda	**Zumba** $4 – Angel	**Yoga Balance & Strength** $4 – Melinda	**Zumba** $4 – Rosy	**Open Line Dance** Free Class
9:30 AM			**Aqua Cardio/Balance** $4 – Karen		**Aqua Cardio/Balance** $4 – Karen	
10:00 AM	**Mat Core Pilates** $4 – Angel	**Cardio & Strength** $4 – Amy	**Beginner Yoga** $4 – Angel	**Zumba Toning** $4 – Angel	**Chair Yoga & Stretch** $4 – Marlena	
11:00 AM	**Aqua Zumba** $4 – Rosa **Reformer Pilates II (Intermediate)** $12 – Brenna	**Aqua Fitness** $4 – Amy	**Reformer Pilates II (Intermediate)** $12 – Justin	**Aqua Fitness** $4 – Amy **Reformer Pilates I-II (Basic-Intermediate)** $12 – Pam		
12:00 PM	**Reformer Pilates I-II (Basic-Intermediate)** $12 – Brenna		**Reformer Pilates I-II (Basic-Intermediate)** $12 – Justin	**Intro to Pilates** $12 – Pam	**Lively Liners (Advanced Transition)** 12:00 – 1:00 PM Chartered Club Membership Required	
1:00 PM	**Lively Liners (Beginner 1)** 1:00 – 2:00 PM **Lively Liners (Beginner 2)** 2:00 – 3:00 PM	**Lively Liners (Beginner Review)** 1:00 – 2:00 PM Chartered Club Membership Required	**Lively Liners (Intermediate Transition)** 1:00 – 1:30 PM **Lively Liners (Intermediate)** 1:30 – 3:00 PM Chartered Club Membership Required	**Thera-Band** 1:15 PM Free Class Dr. Eric Max 40/Class	**Lively Liners (Advanced)** 1:00 – 2:00 PM Chartered Club Membership Required	
2:45 PM	**Lively Liners (Advanced)** 4:00 – 5:00 PM Chartered Club Membership Required	**Chair Yoga & Stretch** $4 – Marlena				
5:00 PM				**Lively Liners (Intermediate Review)** Chartered Club Membership Required		
6:30 PM		**Tai Chi Qigong Level II** $8 – Dr. Hamilton				

Class Passes

Annual Pass
$250
Unlimited $4 Classes
Sold January 1 – January 31

Monthly Pass
$50
Unlimited $4 Classes for That given Month

10 $4 Class Pass
$40
Plus 10% Off

Pass Restrictions

$8 Classes
Annual and Monthly Pass Holders Will Pay an Additional $4 to Attend and 10 $4 Class Pass Holders Will Use Two Slots of the Pass

Please Silence Cell Phones

Arriving Five Minutes Past Beginning of Class Will Not Be Allowed

Reformer Pilates Classes

Sign up and Purchase Your 10 Class Pass at Montecito Front Desk
Check or Credit Card Only

Semi-Private Reformer

Available upon Request, Check Montecito Fitness Desk for Packages and Pricing

Santa Rosa Clubhouse

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	**Cardio Kickboxing** $4 – Marlena	**Stretch** Free Class Forest	**Zumba** $4 – Rosy	**BarreAbove** $4 – Marlena		
8:30 AM						**80 Min** (8:30-9:50) **Yan Vinyasa Yoga (NS)** $8 – Leesann
9:00 AM	**Silver Fit** $4 – Marlena	**Abs & Buns** $4 – Marlena	**Pilates (NS) 9-9:45** $4 – Amy	**Silver Fit** $4 – Bonnie	**Yoga (NS) $4 – Amy**	
9:50 AM			**Gentle Yoga 9:50-10:40 (NS)** $4 – Amy			
10:00 AM	**80 Min** (10:00-11:20) **Yoga (NS)** $8 – Amy				**Progressive Movement** Free Class Forest	
10:30 AM						**Tai Chi Qigong Level I** $8 – Dr. Hamilton

To Help Ensure Your Spot Please Arrive 10 Minutes Early

Wait until room is empty to go inside

Mind-body Classes Such as Yoga, Pilates, and Meditation Are Recommended to Be Done Barefoot (NS) = (No Shoes)

Refrain from the Usage of Perfume or Cologne When Participating in Classes

Please Silence Cell Phones

We Only Accept Checks or Credit Cards Payable to "SCSHCA"

Schedule Is Subject to Change
Thanks for Your Cooperation

After morning group exercise classes, the Pismo/Newport rooms are not available due to Charter Club activities.

PAYMENT FOR CLASSES

We accept credit cards, cash or checks payable to SCSHCA. Payments received at front desk. To purchase a pass to attend a group exercise class you may choose from the following:

- **$50 Monthly Group Exercise Pass**
  (allows resident to attend unlimited $4 classes, but expires month of purchase)
- **$40 Group Exercise Pass**
  (allows resident to attend ten $4 classes with an additional free class recieved on day of purchase, and no expiration date)
- **Pay $4 per class**
  (resident may pay for individual classes)

CLASS FEE KEY

Free Class
$4 Class
$8 Class
$12 Class

Schedule is subject to change.
Check the Fitness Calendar on *www.scshca.com* for class cancellations. For any questions, please contact:
Santa Rosa Fitness Center at 760-345-4349 x 2201
Montecito Fitness Center at 760-345-4349 x 2111

CLASS ATTENDANCE

To help ensure your spot please arrive 5 minutes early. Entry beyond five minutes after the start of the class will not be allowed. No open drink containers are allowed in studios.

GUEST POLICIES FOR FITNESS CENTERS AND POOLS

Guests, for admittance to fitness centers & pools, please register each day at the desk to receive your wristband.

- All guests must present the guest card if not accompanied by the resident. *No exceptions.*
- All forms must be completed prior to using the facilities including the pool areas.
- All rules including personal conduct must be adhered to by all users.
- Guests may be asked to relinquish the use of equipment when residents are waiting to use said equipment.

CHILDREN'S POOL HOURS

(Ages 4 –16) November 1 – April 30: Montecito 2 pm – 5 pm · Santa Rosa 9 am – 12 pm

Sun City Shadow Hills

Camera Club

4th annual

Photo exhibition & sale

Saturday March 2nd, 2019 1:00 to 5:00PM

Montecito Clubhouse Ballroom

Raffle prizes

Free wine/cheese

Info: www.scshcameraclub.com

Photo: Beth Bolduc

Sun City Shadow Hills Computer Club

We have a great line-up of classes in February:

WINDOWS 10 TIPS & TRICKS
APPLE PAY PRESENTATION - iPHONE & iPAD
APPLE KEYCHAIN
VPNs - ARE THEY SECURE/LEGAL?
FIND MY iPHONE
GOOGLE TIPS
SCANNING A DOC USING NOTES - iPHONE & iPAD
WHAT'S NEW IN PHOTOS & CAMERAS IN iOS 12
- iPHONE & iPAD
ALEXA & GOOGLE ASSISTANT:
CONVENIENT BUT HOW SAFE ARE THEY?
WINDOWS 10: GETTING STARTED
WINDOWS 10: PERSONALIZING YOUR DESKTOP

To view our class calendar, see descriptions of our classes and workshops, and sign-up online, please visit our website at www.scshcomputerclub.com.

Any questions? Email us at infoscshcomputerclub@gmail.com

SCSH
Couples Golf Club

Couples Golf Club is in full swing for 2019. We play 2 Sundays a month, with a fun yet competitive atmosphere followed by dinner, drinks and lots of socializing. If you are interested in joining, see our website for information on how to submit your returning or new membership application. www.shcouples.com For any questions contact:

Membership
Margaret Gouviea – scshcouples@gmail.com

President
Linda Lunghamer – scshcouples@gmail.com

ART SHOW

Creative Arts

Sun City Shadow Hills

CREATIVE ARTS CLUB

Presents the annual

ALL MEMBER ART SHOW & SALE

Come Visit our Gallery
for Quality
Fine Art and Gifts

FREE WINE & CHEESE

Join us — for

WINE & CHEESE

AND ENJOY THE ART

Montecito Clubhouse Ballroom

SATURDAY, FEBRUARY 23, 2019
10 AM TO 3 PM

FREE ADMISSION

For more information contact Cathie Riddle-Weiser: 760-360-6711 email: cerweiser@yahoo.com

OVER THE HILL HIKING CLUB

If you have a pair of hiking boots, a back pack and a yen to discover the beautiful scenery in the hills and mountains of the Coachella Valley and beyond, the Over the Hill Hiking Club is for you

We offer a variety of easy, moderate and strenuous hikes. Our hiking schedule is at: www.scshca.com/hiking. An abbreviated form of the schedule will appear in *The View* each month commencing in the fall. Join our hiking club by emailing Nancy Stenson at: stensonnancy@gmail.com

Members will receive additional hike information by email. There are no dues!!!

BACK BY POPULAR DEMAND

THE BAND "FLYER"

LET'S MEET & EAT CLUB

SUNDAY, FEBRUARY 17

MONTECITO BALLROOM 4:00 – 7:00

DANCE THE NIGHT AWAY

JOIN YOUR FRIENDS & NEIGHBORS FOR AN EVENING OF MUSIC & FUN! BRING A DISH TO SHARE, WITH A TABLE OF 10, AND YOUR BEVERAGES OF CHOICE!

$10.00 / CLUB MEMBER, $12 / GUEST

RESERVATION FORMS AT BOTH CLUBHOUSES

Questions? Cherie: #760-347-7167

SCSH Lively Liners Club

"Love To Line Dance"

"Come Line Dance with Us!"

Sunday, February 10, 2019
Montecito Ballroom
6:00 - 8:45 p.m.

Bring your favorite snack and beverage.

Members $5.00
Guests $10.00

Theme attire is optional ...and fun!

Line Dance to your favorite country and contemporary artists.

Questions: Lynn (442) 300-2572
Katy (760) 610-5710

Oke Dokey Karaoke

Come and have a ball. Show the world the entertainer that you are or want to be. It's great fun for all. Whether you think you have a great voice or you can't carry a tune, it's the opportunity to have fun singing outside the shower, and without worry that you are going to embarrass yourself. You can sing by yourself or with a partner or group, and sings all types of songs or just listen and enjoy. We provide a songbook by song title, by singer or pick your own favorite. Everyone should have a chance in their life to enjoy one of their secret wishes. Because if not now - when?

Come the first Thursday of every month from 6 - 8:30 pm (October-May) to the Montecito Ballroom for fun and a chance to meet neighbors and make new friends. Annual dues are $10.

So bring along your favorite libation and enjoy the fun and companionship. Contact Alan Voss (209) 768-9393 for more information.

Sun City Shadow Hills Performing Arts and Community Singers Clubs present...

the musical comedy

ONCE UPON A MATTRESS

Music by **Mary Rogers**

Lyrics by **Marshall Barer**

Book by **Jay Thompson, Dean Fuller, and Marshall Barer**

March 14, 15, and 16, 7 pm

March 17 Matinee, 2 pm

Montecito Ballroom

Judith Bennoch Producer

Karen Adamik Director

Pat Rosandich Assistant Director

Kay Jacobs Choreographer

All Seats Reserved - $15

Ticket sales begin February 11, 2019.

Available every Monday, Wednesday and Friday in the Montecito Lobby from 10 am to 1 pm and 1 hour before each performance.

For inquiries, contact John or Marg Mather: 716-417-8309.

Shall We All Dance

Sun City Shadow Hills Dance Club

Montecito Clubhouse Ballroom

Dancing Hearts! Friday, February 15th, 5:00 – 8 PM

Swing lesson at 5:15, Dance 6 – 8

Music for waltz, foxtrot, swing, rumba, salsa & more

Singles, couples, beginners, experienced dancers... all welcome!
Come dance with us! Dance hosts will be available for the singles.

Resident membership $10 annually. Dance entry fee of $10 includes free lesson.

For more information, contact Judy Wilson at 858-337-5284 or judywilson2016@outlook.com.

Solos

The Social Club for Single Residents of SCSH

- ✓ Monthly meetings
- ✓ Potlucks
- ✓ Happy hours
- ✓ Pool parties
- ✓ Dinners
- ✓ Billiards
- ✓ Movie nights
- ✓ Game nights
- ✓ Sporting events
- ✓ Field trips
- ✓ Dances
- ✓ Book discussions

Monthly Meetings

Join us each 3rd Sunday of the Month – 5:00 - 7:00PM
Montecito Clubhouse Capistrano Room

Sunday, February 17th – 5PM

Potluck dinner: Bring your heart-healthy favorite to share. Drinks will be provided.

Hearts and Minds

First visit no charge. Membership is $15, good through 2019. Membership forms at the Lifestyle Desk.
For more information, contact Shirley Bunce at (760) 345-8121 or bunce.shirley123@yahoo.com.

Bienvenidos Spanish Club

Visita Cuba, Puerto Rico, y la
República Dominicana con nosotros

February 14 and 28, 2019

Meets 2nd and 4th Thursday each month
4:30 to 6 pm
In the Cambria room at the Montecito Clubhouse
Annual Dues $20
For information email: scshspanishclub@gmail.com

Tutta Bella Vino Wine Club

Saturday, February 16, 2019, 7 pm
Montecito Clubhouse Ballroom

To celebrate the month of love, we will offer some luscious flavors that will tickle your fancy. Join us for some fun, frolic and flavor as we present Wines for Lovers!

$22 per person, $26 non-resident guests.
$10 membership fee for season (due at 2nd event attended).
Registration flyers will be available at the Lifestyle desk and Tutta Bella web page January 20 - www.scshca.com.

Registration Deadline: February 9 or until sold out
For more info: tuttabellavino@gmail.com

Sun City Shadow Hills
THAT'S ENTERTAINMENT CLUB

Sir Laffs-A-Lot's Comedy Night

Starring Comedians from the Top Late Night Shows

Hilarious New Shows Every Month

Rated "R" Due to Adult Content

Wednesday, February 20, 2019 • 7:00 PM
Arrive Together, Sit Together • No Seat or Table Saving

Tickets: $12 in Advance / $14 at the Door (If Available)
Tickets Are Non-Refundable
Checks/Visa/MasterCard/Discover/AMEX
Complimentary Wine Served

Contact the Sun City Shadow Hills Lifestyle Desk for Tickets
80888 Sun City Blvd • Indio CA 92203 • (760) 345-4349 Ext. 2120

SHADOW HILLS WOMEN'S 18 HOLE GOLF CLUB

Come out and play 18 holes of golf with us every Wednesday.

Throughout the November-May season, we offer fun competitions and Guest Days.

OPEN TO ALL SKILL LEVELS!

Visit our website at shwgc.com for more information.

Writer's Club

Write your STORY / MEMOIR in 2019

We will show you how to do it and even how to get it published for free.

Each meeting you will have the opportunity to read 1 – 2 pages of your work.

Join us each month on 1st & 3rd Thursdays, February 7th & 21st in the Santa Rosa Clubhouse at 10 am.

Get published this year!

Membership is free

For information, contact Tony 760-775-9521 or Beth 760-636-0174

THE LIFESTYLE DESK ACCEPTS VISA, MASTERCARD, DISCOVER AND AMERICAN EXPRESS.

Concerned Homeowners of Shadow Hills

A Resident Group of Sun City Shadow Hills

What's going on in your Coachella Valley?

C.H.O.S.H. Members

Look for our email containing our calendar of what's going on in the Valley, in late January look for our February calendar.

Each month C.H.O.S.H. is publishing articles that we believe to be of interest to our members.

If you have an Item of interest let us know and we will bring it to light with accurate and factual information.

Go to our web site and use the "Contact Us" tab.

www.choshscsh.com

Not a member? Go to our web site and click on "Join us".

JOIN US FOR A DISCUSSION ON CRIMINAL JUSTICE REFORM WITH WAYMOND FERMON

NEWLY ELECTED INDIO CITY COUNCILMEMBER

THURSDAY
FEBRUARY 21, 2019

MONTECITO CLUBHOUSE
CAMBRIA ROOM

6:00-7:00 P.M. SOCIAL & BUSINESS MEETING

7:00 P.M. PRESENTATION

Waymond Fermon grew up in Indio. He attended the College of the Desert where he studied Administration of Justice and the California Department of Corrections Officer Academy. He is currently employed by the Department of Corrections as an investigator.

In November 2018, Waymond was elected to the Indio City Council for District 2. He successfully campaigned against an incumbent who had served on the Council for 21 years.

SPONSORED BY THE DEMOCRATS IN SUN CITY SHADOW HILLS

VENUE IS ACCESSIBLE FOR PEOPLE WITH DISABILITIES:
Reasonable accommodations will be provided for people with disabilities. Please call (760) 565-7762 at least 48 hours in advance to make your request or for any questions about accessibility, including but not limited to, the program, parking, restrooms facilities, American Sign Language requirements, or alternate format materials.

COMMUNICATIONS ADVISORY COMMITTEE SEEKS NEW MEMBERS

WE ARE LOOKING ESPECIALLY FOR SOMEONE WITH MARKETING AND ADVERTISING EXPERIENCE

WRITING AND EDITING EXPERIENCE HELPFUL, BUT NOT REQUIRED

INTERESTED?
EMAIL: COMMUNICATIONS@SCSHCA.COM

DISASTER PREPAREDNESS-101

COME LEARN TO PREPARE FOR, SURVIVE, AND RECOVER FROM "THE BIG ONE!"

PRESENTED BY JEFF KIRKPATRICK, SCSH RESIDENT AND CHAIR OF THE HOA'S EMERGENCY PREPAREDNESS SUBCOMMITTEE.

OUR ASSIGNED CLUBHOUSE ROOM HAS LIMITED SPACE (35 ATTENDEES) SO PLEASE PLAN TO ATTEND *ONE* OF THE CLASSES BASED ON THE SCHEDULE BELOW. TAKE NOTE OF THE LOCATION.

REGISTRATION IS *FREE*! PLEASE REGISTER WITH OUR LIFESTYLES CONCIERGE AT THE LIFESTYLES DESK.

PLEASE NOTE NEW LOCATIONS AND TIMES! Eff: 4-29-18

☐**Wednesday, MARCH 05, 2019**
Montecito Capistrano Room
4:30pm-7:00pm

PLEASE JOIN US AND BECOME PREPARED!
IT REALLY IS QUITE EASY!

Food & Beverage Update

By Rolland Vaughn
General Manager,
Shadow Hills Golf Club

We would like to take this opportunity to provide a few updates about Shadows and other items within the department.

In an effort to provide variety for the many residents and guests that frequent Shadows, we will launch a revised menu in February. The popular items will remain along with some new seasonal options utilizing local fresh ingredients.

We will continue hosting specialty nights such as the very popular Pasta Night and a Sweethearts Dinner for Valentine's Day. Be sure to make reservations early as both events fill up fast.

Concerning reservations, we would appreciate your support by calling ahead if you will be bringing a group to dine at Shadows. Calling ahead allows our team an opportunity to set up an area prior to your arrival.

There are many reasons we set both the inside and patio in certain ways, including safety and traffic flow, for both our guests and servers. We understand that many of you are trying to help by moving tables on your own, but please allow our team to do that for you. Thank you all for your continued support.

Please enroll in our weekly e-blast and check our website at www.theshadowsrestaurant.com for the most current and accurate information. "Like" us on Facebook and "follow" us on Instagram and Twitter:

- *facebook.com/shadowsrestaurant*
- *twitter.com/shadowsindio*
- *instagram.com/shadowsrestaurant*

Best regards,

Rolland

HOURS OF OPERATION

Shadows Restaurant
Monday – Sunday: 8 am – 8 pm
Breakfast: 8 – 11 am
Lunch: 11 am – 5 pm
Dinner: 5 – 8 pm
Happy Hour: 3 – 6 pm

Golf Snack Bar
6 am – 3 pm

Santa Rosa Bistro
6 am – 3 pm

Montecito Café
8 am – 2 pm

February 2019

Sign up or purchase tickets to Lifestyle events at the Lifestyle Desk in the Montecito Clubhouse.
760.345.4349 ext. 2120
Cash, checks & credit cards accepted.

Sunday	Monday	Tuesday	Wednesday
3 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 	**4** 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM) 11:30 AM Pan (CAP) 12:00 PM Pickleball Club (LJ) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 2:00 PM Genealogy (MON) 3:00 PM Lady Putters (BR) 3:30 PM Communications Mtg. (COA) 4:00 PM Solo's Club (LJ) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 6:00 PM Pan (MIR) 7:00 PM Billiards Club (PAC)	**5** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 9:30 AM DRC Meeting (COA) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (CAP) 12:45 PM Paper Crafters (CAM/MIR) 2:00 PM Computer Club Class (MON) 2:30 PM Tuesday Night Putters (FH) 4:30 PM King & Queens Club (PIS) 7:00 PM Performing Arts (FH)	**6** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 10:30 AM Safety Meeting (COA) 11:00 AM Table Tennis (NPT/PIS) 12:00 PM Women's Golf (FH) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 2:00 PM Landscape Advisory (COA) 3:00 PM Camera Club (MON/PIS) 4:00 PM Health·Wellness Lecture (FH) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (BH) 7:00 PM Billiards Club (PAC)
10 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 5:45 PM Lively Liners (BR) 	**11** 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM/MIR) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Genealogy (LJ) 1:00 PM Gin Rummy (NPT) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 5:00 PM Community Singers (BH) 6:00 PM Pan (CAM/MIR) 6:30 PM Performing Arts (FH) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**12** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 10:00 AM Desert Life Board (LJ) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (CAP) 12:45 PM Paper Crafters (CAM/MIR) 1:30 PM Computer Club Class (MON) 2:30 PM *The View* Subcommittee (LJ) 4:30 PM King & Queens Club (PIS) 6:30 PM Performing Arts (FH) 6:30 PM Pet Club (MIR) 6:30 PM Republicans (CAP)	**13** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 AM Table Tennis (NPT/PIS) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (NPT) 2:00 PM Information Advisory (COA) 2:00 PM Men's Golf (LJ) 3:00 PM Camera Club (MON/PIS) 4:00 PM Desert Gardeners (FH) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (BH) 6:30 PM Performing Arts (FH/CAP) 7:00 PM Billiards Club (PAC)
17 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 4:00 PM Let's Meet and Eat (BR) 5:00 PM Solo's Club (CAP) 	**18** PRESIDENTS' DAY 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM/MIR) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 3:30 PM Community Singers (SY) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 6:00 PM Pan (CAP) 6:30 PM Performing Arts (FH) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**19** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Convrstn (GR) 9:30 AM DRC Meeting (COA) 10:00 AM Camera Club (LJ) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (CAP) 12:45 PM Paper Crafters (CAM/MIR) 1:30 PM Computer Club (MON) 2:00 PM Golf Advisory Comm. (COA) 2:30 PM Tuesday Night Putters (FH) 3:30 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 6:30 PM Performing Arts (FH) 6:30 PM RV Club (CAP) 7:00 PM Veterans Club (CAM)	**20** 7:30 AM Men's Golf (BR) 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 PM Finance Committee (COA) 11:00 AM Table Tennis (NPT/PIS) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 3:00 PM Camera Club (MON) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (CAM/MIR) 6:30 PM Performing Arts (CAP) 7:00 PM Billiards Club (PAC) 7:00 PM Comedy Night (BR)
24 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 4:00 PM Couples Golf (BR) 	**25** 8:00 AM Exec. Session (COA) 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM/MIR) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 2:00 PM **Board Meeting** (BR) 4:00 PM Women's Golf (PAT) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 5:00 PM Community Singers (BH) 6:00 PM Pan (CAP) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**26** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (BH) 12:45 PM Paper Crafters (CAM/MIR) 1:30 PM Computer Club (MON) 2:00 PM Readers Ink (CAP) 4:30 PM King & Queens Club (PIS) 6:30 PM Performing Arts (FH) 7:00 PM Discussion Forum Club (LJ)	**27** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 AM Table Tennis (NPT/PIS) 12:00 PM Women's Golf (FH) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 3:00 PM Camera Club (MON) 5:00 PM Bocce Buddies (BCM) 6:00 PM Movie Group (CAM) 6:30 PM Bridge (BH) 6:30 PM Performing Arts (FH) 7:00 PM Billiards Club (PAC) 7:00 PM Bunco (MIR)

Thursday	Friday	Saturday
Sun City Shadow Hills® by Del Webb®	**1** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 11:45 AM Pan (CAP) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:00 PM EPC (MON) 1:15 PM Health/Fitness Committee (COA) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 5:30 PM Bingo (BR) 7:00 PM Movie Night: *A Star Is Born* (CAM/MIR)	**2** GROUNDHOG DAY 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (CAP) 7:00 PM John Sebastian & Maria Muldaur (BR)
7 8:00 AM Women's Golf (SY2) 9:00 AM Creative Arts (CAM/MIR) 9:00 AM Facilities & Services (COA) 10:00 AM Writer's Club (MON) 11:45 AM Pan (CAP) 12:00 PM Men's Golf (BR) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 2:30 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 6:00 PM Bridge (CAP) 6:00 PM Oke Dokey Karaoke (BH)	**8** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 10:00 AM Flag Sale (CL) 10:00 AM Interior Design (COA) 10:00 AM Performing Arts Board (LJ) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:30 PM Computer Club Workshop (MON) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 7:00 PM Movie Night: *Dog Days* (CAM)	**9** 9:00 AM Spanish Class (CAP) 10:00 AM Tie Dye Shirts (CAM/MIR) 5:30 PM Rainbow Friends (BR)
14 VALENTINE'S DAY 9:00 AM Agenda Review (COA) 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Camera Club (LJ) 11:45 AM Pan (FH) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 2:30 PM Couples Golf Board (LJ) 3:00 PM Computer Club Class (MON) 3:00 PM **Meet a Board Member** (CAP) 4:30 PM King & Queens Club (PIS) 4:30 PM Spanish Club (CAM) 5:00 PM Tennis Club (BR) 6:00 PM Bridge (CAP)	**15** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 11:45 AM Pan (CAP) 1:00 PM Canasta (MIR) 1:00 PM Computer Club Workshop (MON) 1:00 PM Creative Arts (CAM) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (LJ) 5:30 PM Shall We All Dance (BR) 7:00 PM Movie Night: *Mystic Pizza* (CAM/MIR)	**16** 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (CAP) 7:00 PM Tutta Bella Vino (BR)
21 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Writer's Club (MON) 11:45 AM Pan (CAP) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 1:30 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 5:00 PM **Town Hall Meeting** (BR) 6:00 PM Bridge (CAP) 6:00 PM Democrats (CAM)	**22** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Covenants Committee (COA) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:30 PM Computer Club Workshop (MON) 2:00 PM Table Tennis Club (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 6:30 PM **Candidate Meet & Greet** (BR) 7:00 PM Movie Night: *Murphy's Romance* (CAM/MIR)	**23** 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (CAP) 10:00 AM Art Show & Sale (BR)
28 9:00 AM Creative Arts (CAM/MIR) 11:45 AM Pan (CAP) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 3:00 PM Computer Club Class (MON) 3:30 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 4:30 PM Spanish Club (CAM) 6:00 PM Bridge (CAP) 7:00 PM Discussion Forum Club (FH)	• Montecito Clubhouse • Santa Rosa Clubhouse • HOA Office • Shadow Hills Golf Club AMP – Amphitheater AS – Aerobic Studio BCM – Bocce Courts MC BCS – Bocce Courts SRC BH – Back Half Ballroom BR – Ballroom BW – Breezeway CAM – Cambria CAP – Capistrano CL – Clubhouse Lobby COA – Coachella FC – Fitness Center FH – Front Half Ballroom GR – Green Room KSK – Kiosk LJ – La Jolla MAR – Marisol MC – Montecito Clubhouse MIR – Mirada MON – Monterey NPT – Newport OS – Offsite OUT – Outdoor Event PAC – Pacifica PAT – Patio by Capistrano PC – Putting Course PIS – Pismo PRK – Parking Lot SC – Sports Court SEL – Santa Rosa Events Lawn SGC – South Golf Course SHA – Shadows Restaurant SRC – Santa Rosa Clubhouse SRP – Santa Rosa Patio SY – Santa Ynez SY1 – Santa Ynez I SY2 – Santa Ynez II TBD – To Be Decided TC – Tennis Court	

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New Officers?

If your club's officers have changed, please see the Lifestyle Desk and fill out the New Officers form.

760-345-4349 ext. 2120

Billiards Club

On Wednesday, October 30, we held our monthly tournament. The game of choice was a team round robin mixed eight ball and nine ball competition. Winners were as follows: 1st Place Pat Carson and Brian Anderson, 2nd Place Joe Bormortino and Vernard Williams, and 3rd Place Rusty Wright and Balta Rosales. Everyone played well and had a good time.

Our club continues to meet every Wednesday at 7 pm in the Billiards Room for open play. Tournaments are held the last Wednesday of the month at a cost of $3 per player each tournament. You must be a club member to compete in the tournaments.

Women and men of all levels of experience are welcomed and encouraged to join. It's a great way to meet your neighbors. Come to the Montecito Billiards Room on Wednesday evenings for open play. Free lessons are available Mondays at 10 am in the Billiards Room by Bryan Murray (760-342-9028). For any further information please call John Hemphill (760-775-6178).

See you on Wednesdays in the Billiards Room.

Bocce Buddies

Come and meet a nice group of residents who enjoy the game. It does not matter if you have ever played before, we can teach you the game.

We play bocce at the Montecito Clubhouse Mondays, Wednesdays, and Fridays. Log on to scshca.com and see the "Clubs" calendar for the exact times. All are welcome to play and join our club. There are no membership dues.

We have five bocce courts at the Montecito Clubhouse and two courts at the Santa Rosa Clubhouse.

The club plays year-round in foursomes and groups of six. If you want to play bocce at any time other than when the club meets, bocce balls are available for your use at the fitness desk.

For more information, please call Rick Halla at 760-347-9676.

Bowlers Club

By now many of us will be returning from the Fun Time Senior No-tap Tournament in Las Vegas. Since the article is written in January, we don't have a clue as to the outcome. What we do know is that SCSH Bowlers is represented by the largest group in our history. Not sure currently who is bowling, but it's a bunch of us.

Meantime on the home front people are still wanting to join the league. We do sign them on as "subs" since we can't create teams in the middle of a season. This league has become addictive. On days when we're not in league, generally Tuesday mornings, you'll find many bowlers gather to practice. It's uncanny. We see those who were beginners in October fixed up with new balls, shoes and bags which means they're in for the long haul. We've seen some new high scores for beginners which is always a pleasure to see.

You're always welcome to drop in and have some fun bowling. You don't have to bowl, just cheer on you neighbors then join us for lunch.

For information contact Rose Borses at rosie6461@gmail.com or 760-636-4788.

Bridge Club

The Bridge Club Board is actively planning to keep our bridge members growing in knowledge with classes and events. Information regarding this is found on our website.

We want to remind all members and potential members about our bridge games that are held in the Montecito Clubhouse:

- Tuesdays: ACBL-sanctioned Game, 12 – 4 pm. Cost to members $5.
- Wednesdays: Niters Bridge, 6:30 – 9 pm. The cost for the evening play is free to members.
- Thursdays: Niters Bridge, 6:30 – 9 pm. The cost is free to members.
- Saturday: ACBL-Sanctioned Game, 10 am – 2 pm. The cost is $5.

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Bridge Boot Camp started January 9. This eight-week advanced beginner course picks up where Boot Camp 1 left off, concentrating on play of the hand, defensive strategies, and more conventions. For more information, contact instructor Carole Morgan at cmorganpr@aol.com or 760-262-8408. Registration flyers are available at the kiosk by the Lifestyle Desk.

For more information check out our website concerning games, classes and membership or contact our new president, Rich Rodeman at richrodeman@frontier.com or 541-829-1934.

Bunco

Can you believe it it's that time again? Please join us the last Wednesday night of each month in the Montecito Clubhouse at 6:45 pm for a wonderful evening of laughing, yelling, and screaming at the dice. Any questions?

Please call Marcia, also known as the Bunco Queen, at 760-347-1534.

Camera Club

Wurzburg Morning by Diane Nagy

A field trip on February 4 to Keys Ranch in Joshua Tree National Park for a night photography session provide a great start to club activities in February. The Photo Discussion Group meets on Wednesday, February 6, from 3 – 5 pm at the Santa Rosa Clubhouse. At the Main Meeting on the 13th, from 3 – 5 pm, we have something for everyone to improve your photography skills. The Photoshop/Lightroom SIG meets on the 14th. We finish off the month with a workshop on February 27 to show us how to "See the Light" – don't miss it!

If you are interested in photography, we have photographers of all levels in our club. We have a great website that is updated regularly with photos submitted by our members. Here you can learn all about our club and find helpful information on photography skills in our "Toolbox." Please go on the website to submit any questions you have about photography.

Questions will be answered during our monthly meetings. Check us out at: www.scshcameraclub.com. You can also email us at: scshcameraclub@gmail.com.

Canasta

Please join us in the Mirada Room of the Montecito Clubhouse at 1 pm on Fridays and spend an enjoyable afternoon playing Canasta. Whether you have played Canasta for years or are just learning, all are welcome. For more information, please contact Beverly at 760-984-0284 or email her at beverlymirsky@yahoo.com.

Ceramics Club

The Ceramics Club is one of the friendliest groups of guys and gals in SCSH. Club members use green ware, bisque, molds, and SLIP to make their individual designs. The club owns many molds that members can use to pour their own projects. Members purchase the materials needed to complete their projects, and after completion they are fired in the club's kilns. When new members join, they receive a list of supplies needed to complete designs. They also receive information on ceramics and craft warehouses where paint, tools, glazes, bisque, and green ware can be purchased. Experienced club members are always willing and available to help new members in the process. On January 15, we held an open house, and we all plan on working with our new members to create some wonderful projects. If you missed the open house, it is not too late to stop by.

Each month our display case across from the Cambria Room showcases projects produced by our members. Stop by and see what we have created or watch us at work every Tuesday and Friday morning from 8:30 – 11:30 am in the Cambria Room of the Montecito

Clubhouse. For more information contact our club president, Arlene Sirkin at 760-863-0962.

Classy Niners

January was a *fun* and busy time for the Classy Niners! The Sun City Palm Desert Lady Niners Luck Be A Lady Invitational, the California Dreamin' Golf Invitational with Heritage Palms, and our "Beat-the-Pro" with Dixie were all amazing events!

Our board and committee members have many really great events planned this Spring and we are looking forward to seeing everyone at our events and on the links. Go to our website (www.shclassy9ers.com) and click on the Classy 9ers tab, scroll down to view our calendar. There is a lot of information about our club including events, signups, clinics, photos, and much more! *And*, be sure to read the new USGA golf rules (link on our website).

Be sure to check out our golf clinics! Whether you want to learn, improve or tweak your game, our golf clinics, taught by golf pro, Jon Manack, are worth looking into. You can sign up on our website.

Questions regarding membership can be directed to Barbara Thomas, membership chair, at barbjohn4@gmail.com, or visit our website for details. All other questions can be directed to Brenda Moreno, President, at brendamoreno56@gmail.com.

Upcoming Events:

- February 6 – Women's Golf SCSH and Classy Niners 18-Hole Invitational,
- February 26-28 – Annual Golf Getaway to Borrego Springs,
- March 12 – Tournament Spring Luncheon & Fashion Show,
- April 4 – End of Season Cocktail Party.

Community Singers

Community Singers will not have a spring concert in March. We will be joining the Performing Arts Club in the spring musical of ***Once Upon A Mattress***. Watch *The View* for additional information in the coming months. You will not want to miss this production!

Once again, we thank all our loyal fans for your continued support.

For more information, please contact Sharon Anderson at 760-775-4165.

Computer Club

We have a great line-up of classes in February:

- Windows 10 Tips & Tricks
- Apple Pay Presentation – iPhone & iPad
- Apple Keychain
- VPNs – Are They Secure/Legal?
- Find My iPhone
- Google Tips
- Scanning a Doc Using Notes – iPhone & iPad
- What's New in Photos & Cameras in iOS 12 – iPhone & iPad
- Alexa & Google Assistant – Convenient but How Safe Are They?
- Windows 10: Getting Started
- Windows 10: Personalizing Your Desktop

To view the dates, times, and class descriptions, visit our website at www.scshcomputerclub.com. Club members can sign-up online. Not a member yet? Just fill out a membership form, waiver, and a $10 check to SCSH Computer Club, and you can attend as many classes and workshops as you'd like.

Our Open Workshops this month will be on February 8 and 22. Come in any time between 1:30 – 3:30 pm. The workshop is open to all members who'd like some one-on-one assistance with their iPad, iPhone, Mac, PC, or Android. We'll be in the Monterey Room, Santa Rosa Clubhouse.

Couples Golf Club

With the holidays behind us, we are seeing more of our friends returning to Couples Golf for the winter season. We continue to enjoy each event with different formats, great meals at Shadows, and a chance to visit with friends following the game. There is always lots of chatter that is mixed with a reflection of the shots that were left on the

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course, and those that could have been! There are a couple of big events coming up with our Member/Member tournament on February 24 followed by our CAN/AM tournament on March 10. If you are looking for fun, competitive, an organized golf outing with other couples, followed by dinner and drinks, check us out! We play twice a month on Sundays. You can contact Margaret Gouviea – membership or Linda Lunghamer – president at scshcouples@gmail.com. See our website for more information! www.shcouples.com.

Creative Arts

As mentioned in last month's article, the Creative Arts club has been busy offering painting classes in several different mediums. Below is one of the classes taught by Ian Cooke in watercolor.

It's not too late to join the club for $15 membership dues and sign up for one of the exciting classes coming up in: Landscape – any medium, Acrylic, and one more Watercolor class.

For more information please come to the art open studios on Monday and Thursday mornings in the Cambria room. The classes are usually taught on Friday afternoons and must be paid for in advance.

Please don't forget about our Art Show on February 23 in the Montecito Ballroom. You will see lots of talented artists displaying their work for sale or simply for your enjoyment.

If you wish further information, please contact our President, Marilyn Barton at 480-274-5500.

Dance Club (Shall We All Dance)

Shall We All Dance is the SCSH club for lead-follow social dancing. This year the format is different, a mix of live music for some dances and a music recorded and designed by playlist for others.

Singles, couples, beginners, experienced dancers, as well as dance hosts are welcome to join us for a monthly dance in the Montecito Ballroom. On Friday, February 15, we'll celebrate with a Dancing Hearts theme starting at 5:15 pm including a swing dance lesson followed by dancing from 6 – 8 pm. Don't miss it!

Whether you like to lead or follow, you'll enjoy a full range of music from waltz to foxtrot, swing to hustle, cha-cha to salsa, and more.

For more information, please contact Judy Wilson, club president, by phone at 858-337-5284, or email SCSHDanceClub@gmail.com.

Desert Gardeners

Our club provides opportunities for expanding your gardening knowledge and skills. We meet monthly November to April. Activities include guided tours of local nurseries and gardens, lectures on gardening techniques and plant selection, and visits to members' gardens. Check our website, www.scshdesertgardeners.com to find the latest news on our club activities and a wealth of gardening resources.

Our February meeting is Wednesday, February 13 at 4 pm in the Montecito Clubhouse. Our format will be new and different! We are bringing in a variety of experts who will each host a "roundtable" discussion. Participants will move from table to table to interact with each table leader. You could get info, ask questions or perhaps learn to make something. We expect to have at least six tables. Leaders might be Master Gardeners, nursery representatives, club members or others who have knowledge about a particular topic.

Membership forms are available on our website. Yearly dues are $15 for one or $20 for two people from the same household. Checks payable to "SCSH Desert Gardeners Club" can be deposited in Box 55 at the Montecito Clubhouse.

For further information, or to be added to our email list, please contact Amy Tomlinson, club president, at scshdesertgardeners@gmail.com or call 303-888-5429.

Desert Life

Come and join us February 15 for our monthly luncheon and program.

If you would like to join Desert Life, pick up a membership application in the kiosk near the front door of the Montecito Clubhouse. Make out a check for $15 to SCSH Desert Life. If you are a new member please write "New" on your check and drop it in our Desert Life mailbox. Dues for 2019 are now due.

Time: 11:30 am to 2 pm

Location: Heritage Palms Clubhouse

Program: Bill Schinsky, owner/director of the Coachella Valley Art Center will tell us about the CVAC. This center caters to both adults and children. The center has exhibits, and provides workshops in sculpting, painting and glass making etc., both for novices and professionals.

Charity for The Month (Optional): Our charity for February is "Loving all Animals." Their wish list includes: small and medium dog collars, dog beds with sides, cat litter, small and medium dog harnesses. Also, for dogs, "Blue" adult small breed dog food and for cats, indoor cat formula, Science Diet or Natural Balance.

Menu: Pork Marsala, with Tiramisu cake for dessert. Veggie selection: Beet Salad.

Price: $25 per person. Checks must be in by February 12. Place in the mail slot at the Montecito Clubhouse. If you wish to reserve a table for 8, 9 or 10, it is imperative that you put all checks in one envelope with the name in which the table is being reserved.

Discussion Forum Club

The Club's Executive Committee regrets to inform members that due to emergency circumstances we have lost our speaker originally scheduled for February. We will be selecting a new speaker shortly and all members will be informed by email or phone. Please hold February 28, at 7 pm open on your calendar, and we will be in touch. Non-members can get an update by calling 760-342-8108.

Games Plus

Games Plus was formed to play various games. Currently, we play Bingo the first Friday of each month, unless otherwise notified.

Doors open at 5:30 pm with games starting at 6:30 pm. Paper sells for $5 for 10 games, each game sheet has three cards. There are two special games throughout the evening. You may purchase double actions for $1 each and the final game is three for $2. You may purchase as many as you want to play. The two special games are usually our biggest payouts. They can pay as much as $250 each. As our numbers grow throughout the season, the pots will be bigger.

We also have a free door prize raffle right after intermission. It's a fun evening with lots of fellowship. Bring your friends and or family to play. Outside guests are always welcome. You must be 18 years of age to play. *Cash only and small bills are appreciated.*

On Mondays of each week there is a room available at the Santa Rosa Clubhouse from 1 – 3:30 pm for Scrabble and other games.

On Thursday's there is a room at the Santa Rosa Clubhouse open for Hand and Foot at 12:30 pm. There is no charge or dues to play on either of these days. You must put together your own group to play.

If you have any questions, please contact Pat at 760-343-0783 or 310-433-0714.

Genealogy Club

The Genealogy club began as a Special Interest Group within the Computer Club and has now spun off as its own officially registered club here at Sun City Shadow Hills.

- Regular Meetings: first Monday of each month at the Santa Rosa Clubhouse at 2 pm.
- Dues: $15 a year with registration from January through December.
- Website: www.scshgenealogy.com
- Email: scshgenealogy@gmail.com

Each month, we have a formal presentation on a specific family history topic followed by general discussion. Come and hear the most amazing

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stories of previous generations and how folks have worked through the puzzles that our ancestors left behind. We have a lineup of fascinating topics for each month from now to April.

- January 2019: Newspapers and the Library of Congress
- February 2019: Ancestry.com
- March 2019: Spanish Patriots in the Revolutionary War
- April 2019: Internet Searching

We also plan to begin a series of open workshops for beginner genealogists, so folks can learn from our cast of local experts how to develop their own family tree. These will be much like the Computer Club open workshops where folks drop in with their personal challenges. Come out and find a mentor to help get you started or help you punch through a "Brick Wall," online research options, etc.

Gin Rummy

The Gin Rummy Club meets every Monday at the Santa Rosa Clubhouse in the Newport Room. Game starts at 1 pm, and we play until finished. Depending on how many players there are, the game can end anywhere from 4:30 to 5:30 pm.

If you play Gin Rummy or would like to learn, please contact Marie DeVito at 760-636-5593. We are a fun group, and all are welcome.

Hiking Club

Sun City Shadow Hill's Over the Hill Hiking Club offers easy, moderate, and strenuous hikes from October through March.

To see the hike schedule and further club information go to www.scshca.com/hiking.

New members please contact Nancy Stenson at stensonnancy@gmail.com.

Jewelry Club

The 2019 season is in full swing. We would love to have you come and join us at the Jewelry Club. Valentine's Day is not far away. Now is the time to learn how make those heart earrings or necklace you been wanting. Don't delay fun and laughs are just a Wednesday away.

Please be advised that the club dues are now $10 per year and will be collected annually in January.

Whether you are a beginner or a skilled jewelry maker, this group is for you.

Stop by the Mirada Room at the Montecito Clubhouse any Wednesday afternoon between the hours of 1 pm and 3:30 pm to participate, or just see what's going on. If you want to get started, there are any number of experienced members who can lend you a hand.

Please contact our President, Sharon Degenhart at 619-777-3457 if you would like additional information about club activities.

Kings and Queens Card Club

The name of the game is *poker!* Kings and Queens Card Club is open for play throughout the year giving you the chance to join in.

Who: Shadow Hills residents looking for a good night out with friends and neighbors

When: Monday, Tuesday, and Thursday 5 pm starting times

Where: Santa Rosa Clubhouse

What: Dealers choice (Omaha, Stud, Hi Low etc.)

We're always looking for new players from our Shadow Hills community. Immediate seating available.

So, let's all shuffle up and deal!!!

For more information call Mike at 760-698-2790.

Lady Putters

2019 is moving very fast. January Lady Putters held their first Sunbirds vs. Snowbirds tournament on January 28. Results will be posted on Lady Putters website. We will be hosting "Putt with your special someone" on February 4. We look forward to this annual event and the afternoon reception. If you are a member please come join us. If you are not a member, check Lady Putters website on how to become a member.

We invite all women in our community to join Lady Putters and come as a guest to experience a fun morning. Our yearly membership fee is $20. We wear white pants and blue logo shirts during normal putting season. However, during the summer months feel free to wear a comfortable outfit of your choice as our logo shirts and white pants are not required However, we request that all putters adhere to standard golf dress codes.

All that is needed to participate is a putter, a golf ball, $2, no experience is needed, and a desire to meet new friends. Please note, we do adhere to standard golf dress codes (no jeans, tank tops, no golf shoes with spikes or flip flops). We meet in the Capistrano Room on Monday mornings during summers months at 7:15 am for one session of putting. You can also check our website www.shputters.com for more information and latest updates about Lady Putters.

Let's Meet and Eat Club

It's fabulous February, and Let's Meet & Eat Club is bringing back the amazing band "Flyer" to keep the dance floor packed all night!

When: Sunday, February 17
Where: Montecito Ballroom
Time: 4 – 7 pm
Cost: $10 / Club Member, $12 / Guest
Bring: A dish to share with a table of 10, and your beverages of choice (beer and wine ok)

Please remember that if you are a resident of SCSH, you must be a club member to attend our events. Membership, which runs from January 1–December 31, is $10/per person/per year, and membership forms are available at the Montecito front desk or on the SCSH website. Please join us for our monthly events where friends and neighbors get together to enjoy music, dancing, food, drink, and lots of laughs!

Everyone is welcome!

Lively Liners

Love to Line Dance
Sunday, February 10
6 – 8:45 pm
Montecito Ballroom
Everyone Welcome!
Members $5, Guests $10

Line dance classes are offered at the Montecito Fitness Center, Aerobics Studio. Try the first *two* classes for free! Registration is at 12:45 pm on Mondays *only.*

Laugh, make new friends, and of course… dance! Fun, monthly dances to show-off your skills! Dance to Country music and pop favorites! Low $15 monthly fee includes *all* classes!

- Beginner 1: Mondays, 1 – 2 pm
- Beginner 2: Mondays, 2 – 3 pm
- Beginner Review: Tuesdays, 1 – 2 pm
- Transition from Beginner to Intermediate: Wednesdays, 1 – 1:30 pm
- Intermediate: Wednesdays, 1:30 – 3 pm
- Intermediate Review: Thursday, 5 – 6 pm
- Advanced: Mondays, 4 – 5 pm and Fridays, 1 – 2 pm
- Introduction to Advance: Fridays, 12 – 1 pm

Please check the calendar on our website for schedule changes at www.scshlivelyliners.com.

For info call Lynn at 442-300-2572 or Katy at 760-610-5710.

Mah Jongg

There is no mid-winter blues here in the SCSH Mah Jongg Club. On February 13, members will be treated to our Annual Chinese New Year Luncheon at the Montecito Clubhouse. The doors open for lunch at 11:30 am. Regular Play will follow lunch at the opposite end of the ballroom.

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This is the year of the Earth Pig and will be celebrated from February 5, 2019 to January 24, 2020. It starts a joyous, festive and relaxed year; filled with good will and strong motivations. This is the last month in the Chinese zodiac Earth year.

Want to try a new game for the New Year? Free Mah Jongg lessons are offered on Wednesdays from 10 am – noon at the Montecito Clubhouse. Please contact Babs Bloomgarden at 760-393-2056 for reservations. Regular play for members is every Wednesday from 12:15 – 3:30 pm in the Montecito Clubhouse. Membership dues for the 2019 calendar year are $10.

Come join and chase away those winter blues. It's fun, it's a challenge, and it's even frustrating at times; but always a good afternoon of camaraderie among players.

Men's Golf Club

The Men's Golf Club season is in full "swing." In addition to our regular Thursday events, there are several special fun events coming up:

- February 21-22: Club Championship
- March 13-15: Member Guest 2-day golf tournament
- March 28-31: Season end tournament and awards banquet

In addition, the membership meets monthly in the Montecito Ballroom the third Wednesday of every month. Coffee and donuts are provided, and it is a good opportunity to meet other members and get updates on the latest club activities.

Our website, www.myshmgc.net, is constantly updated and is the best source for information. The membership tab contains information on how to join the Men's Golf Club. The weekly golf tab/signup allows you to sign up and pay online for Thursday events. We welcome golfers of all ability levels to participate in our Thursday events. You will need to establish a USGA handicap.

For membership questions, please contact Membership Chair Randy Thomas at randythomas2012@gmail.com.

Needles and Pins

Needles and pins are ready for an exciting month of February. The first Monday afternoon of the month is show and tell. Many members will be back from the big show in California with all their ideas and goodies to show. Lots for us to see and listen to, regarding the techniques that they were shown.

As the weather has changed, many new projects are underway, in knitting and quilting to name a few. We invite anyone interested to see the projects underway. We provide lots of support and help to get you started.

Membership is only $15 annually. We meet three times a week, Monday afternoons, Wednesday mornings, and Sunday all day. All sessions are in the Cambria Room. Come and introduce yourself to Needles and Pins. You will not only get the opportunity to learn, it is a great way to meet other people in your community that also enjoy all the aspects of stitching.

Our club provides opportunities for expanding your knowledge and skills into many areas of stitching. If you are inexperienced, there are people who will enjoy being your mentor. Whether you are a beginner or a skilled stitcher, this group is for you.

For further information contact our President Joan Kiening at needlesandpinssuncity@gmail.com.

Oke Dokey Karaoke

Come and have a ball. Show the world the entertainer that you are or want to be. It's great fun for all. Whether you think you have a great voice or you can't carry a tune, it's the opportunity to have fun singing outside the shower, without worrying that you are going to embarrass yourself. You can sing by yourself or with a partner or group. Sing all types of songs or just listen and enjoy. We provide a songbook by song title, by singer or pick your own favorite. Everyone should have a chance in his or her life to enjoy one of their secret wishes. Because, if not now – when?

Come the first Thursday of every month from 6 – 8:30 pm (October–May) to the Montecito Ballroom for fun and a chance to meet neighbors and make new friends. Annual dues are $10.

So, bring along your favorite libation and enjoy the fun and companionship. Contact Alan Voss 209-768-9393 for more information.

Pairs' 9-Hole Golf Club

Our club's mission is to share the love of golf in a social, friendly way. We play at the par-3 North Course. We have a fun lineup of games and events planned. We do not require

handicaps and play is designed to provide golf for those of us who wish to have a relaxed fun game.

We encourage all resident golfers in SCSH to join, be it as a single or a couple. We begin play at 1:30 pm with sign-in no later than 1 pm. We play on the first and third Thursday each month, unless otherwise posted. We use a shotgun start format and are able to play all 18 holes, even though our name is Pairs 9-Hole Golf Club. We gather on the patio at the Shadows Restaurant for a fun social hour after each play date.

Annual membership dues are $10 per person.

To register to play any of our play dates, sign-up must be completed by noon on the Wednesday prior to the posted play date. To sign up contact Scott Bartholomaus at 206-890-3220 or mukcat@aol.com, or Frank Bradish at 760-469-2622 or franknpeg@dc.rr.com.

Paper Crafters

These beautiful cards celebrate creativity by using a doily, newspaper, twine, and self-made leaves. Club member Cheri Coryell showed the group how to make these "all-purpose cards." You too can learn how to make these and others equally beautiful.

Paper Crafters meets on Tuesdays in the Miranda Room at the Montecito Clubhouse at 12:45 pm to "catch up" with each other. Classes begin at 1 pm. Membership is $10 per year and weekly projects range between $1-$3.

If you have questions call our President, Ginna Martinez, at 916-778-9425 or ginnamartinez66@yahoo.com.

Performing Arts Club

Our club is open to anyone interested in making new friends, and those having a curiosity about any and all aspects of stage performance: set design, set construction, photography, publicity, make-up, costumes, lighting, sound, as well as acting, producing, and directing. We have people in our club who have been in theatre work for 50 years, and others who are seeking their very first exposure. If you are inexperienced, there are people who will enjoy being your mentor.

The February general meeting will be on Wednesday, February 13, at 7 pm in the Montecito Clubhouse. Come join in the fun and bring a prospective member/guest. You will be treated to refreshments and an update on the progress of our March musical, ***Once Upon a Mattress***.

There are still some opportunities for members to be a part and take on a small non-acting roll in the spring musical. Please contact Judith Bennoch for information at 760-347-0616. We will welcome you.

We look forward to hearing any thoughts that you may have on the future of our organization. Please contact Allan Lorenz at 760-619-3244, if you wish to make a comment.

For more information, contact Darryl Jacobs at 760-469-5677 or darryljacobs05@gmail.com.

Pet Club

Are you one of the many pet lovers in Sun City Shadow Hills? The Pet Club is a friendly group of pet owners who meet once a month for special programs, speakers, demonstrations, food, and information important for the health and safety of our pets. The Pet Club also works with the community on animal related issues and provides temporary "safe houses" for lost and stray animals.

The Pet Club meets on the second Tuesday of each month at 6:30 pm in the Cambria Room of the Montecito Clubhouse, and each meeting includes a speaker or program designed to interest, inform, and excite our members. If you have dogs or cats, you owe it to them to join our

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club. You will not only get the opportunity to learn, you will get to interact with other pet lovers just like yourself.

The photos included below are from our December meeting where Alice Waltermire from Joshua Tree National Park Search and Rescue brought her dogs and told us about their training and work.

If you would like any additional information, please call Bob Schuster at 818-437-3699 or email him at litepro7@gmail.com.

Pickleball Club

SCSH Pickleball 2018-2019 season is in full swing with courts in heavy use. January's member tournament was followed with a social and short membership meeting. February 16's tournament will be followed by a social. Members can sign up for the tournament on the club's website.

Improvements of the Pickleball facility are in the final stages of planning and scheduling. Watch for enhancements.

Member's play hours for courts #1 through #4 are Monday–Saturday, 8 am to 2 pm. Dates and times for other club activities/events will be posted on the club website, including information on ladder play, inter-club play, and monthly club tournaments.

January saw a few unusually cold days here in our valley. Early morning and evening play required clothing layering but did not lessen the need to hydrate. No matter the temperature, our usually low desert humidity means a more than usual need to hydrate.

Add March 30 to your calendar for the End of the Season SCSH Pickleball Club event. Details will be posted on the website shortly: scshpickleball.com.

Pickleball: The fastest growing sport – promotes good health and new friendships. Play safely.

For more information and links for the sport go to www.scshpickleball.com.

Rainbow Friends

Happy Valentine's Day Everyone!

Don't forget that our Annual Dinner/Dance, which is always a fun event, will take place on February 9, with tasty food and wonderful music! Tickets have sold out!

We look forward to seeing members old and new at our regular meeting on Wednesday, February 13 at the Montecito Clubhouse starting at 6 pm. If you haven't paid your annual dues, please do so by the end of February.

We are a social club for the LGBT community, family, and friends. For further information, please contact Frances at 562 400-4496.

Readers Ink

We read and discussed *The Great Alone* by Kristin Hannah in January. Beverly Mirsky skillfully lead the discussion. Thank you, Beverly.

Our book for February is *News of the World* by Paulette Jiles. Merle Freedman will lead the discussion. Thank you, Merle.

If you love to read, you are invited to join our group. We meet the fourth Tuesday of each month at 2 pm in the Capistrano Room at the Montecito Clubhouse.

Questions? Call Nancy Angus, club president, at 760-238-4582 or email at nangus1967@aol.com.

RV Club

Attention prospective and active members, we have some informal and formal planned trips for 2019:

- February: Open
- March 11-15 (Rally): Distant Drums RV Park (Bonnie & Tom Strausburger)
- April 8-12 (Rally): Wine Country RV Resort (Sharon Degenhart)

Our next meeting is February 21 in the Capistrano Room at 6:30 pm. Come join us!

Solos

Solos invites the unmarried residents of SCSH to join us in making friends, socializing and participating in community activities.

- Mystery Happy Hour – date to be announced in our newsletter
- Monthly meeting, Sunday, February 17 from 5 – 7 pm. Join us for a heart-healthy potluck dinner; bring your favorite to share. Beverages will be provided.
- Happy Hour 4:30 pm every Friday at Shadows Restaurant.

Come as a single and become part of a supportive, fun-loving community. Membership forms are at the Lifestyle Desk; dues are $15 for each calendar year.

For more information, please contact our Membership Chair, Shirley Bunce, at 760-345-8121 or bunce.shirley123@yahoo.com.

Spanish Club

The Bienvenido Spanish Club would like to invite anyone interested in exploring the Spanish language, as well as the regional customs, literature, art, music, clothing, and food of countries where Spanish is the primary language. The club presents an opportunity to practice your Spanish with folks of all abilities, from beginner to native speaker. Everyone is welcome!

The Club meets every second and fourth Thursday of the month at 4:30 pm at Montecito Clubhouse Cambria Room.

The club will visit Puerto Rico, Cuba, and La República Dominicana during the two February meetings which are scheduled on the 14th and 28th. Come and taste some Arroz con Dulce, Ropa Vieja, Tostones, and the traditional Morir Soñando drink.

Club's annual membership fee is $20. Please email questions to: scshspanishclub@gmail.com.

¡Gracias, amigos! Espero que puedan participar. Thank you, friends! I hope you can participate.

Table Tennis

The table tennis tournament in December set up by Matt "The Wizard" Felix was a big success. The finals had Rick "The Rifle" Sherman, John "T-T King" Wilcox, Lew "Money" Mullen, and John "The Smack" Kushinski, watched by a cast of many inside the Rosa Dome. "Money" Mullen, aka: Lew "The Lover," won the championship with an all-expenses paid trip to Mario's on the water. Transportation provided by Al "Super" Shur and entertainment provided by Dinaz "Don't Blame Me for the Toilet Overflow" D'Souza, "Ready" John Carey, and Rocky "Grey Fox" Kubo (aka: Peter, Paul, and Mary of Shadow Hills singing Christmas songs in French).

The Christmas party followed the tournament and Paul "The Gentle Giant" Snipes captured the charades MVP. Dinaz "Diamond" D'Souza won the "Toilet" trophy for worst movie category and Paul "The General" Hulbert won a lifetime achievement award along with Ann "The Masher" Mottino for organizing the event. Fun was had by all except "Lovable" Lee Newman who swallowed his fork trying to consume as much as possible before he fell asleep. Mouth to Mouth was administered by nurse Mary Kay Sherman who later was seen gargling with flower petals and sand.

Tennis Club

What beautiful tennis weather for February here in the Desert! We love our community and encourage everyone to get out there and join the SCSH activities. We especially promote joining our SCSH Tennis Club which is so devoted to providing fun, tournaments, and social interaction among our members. Our Tennis leagues are in full swing now, and we wish all those players involved the best of luck in these challenging matches!

Our Black and White Party on January 11 was such a great example of fun. The entertainment was provided by Skip Johnson, a multi-talented vocalist, saxophonist, and guitarist. His '50s, '60s and soft classic rock music enticed us all to get up on the dance floor. Tennis Club information was shared, and a delicious meal was provided to us by our own Shadows Restaurant.

Calendar notes for upcoming events:

- Thursday, February 15 – Valentine's Social.
- Thursday, March 21 – Annual General Tennis Club Meeting.

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Please check the www.scshtennis.com website for more info as time gets nearer. Membership questions, please contact Linda Johnson at lnkjohns@hotmail.com.

That's Entertainment

We present Sir-Laffs-A-Lot's Comedy Night at the Montecito Clubhouse on the third Wednesday of every month. This event is open to all SCSH residents and their guests. We arrange for two LA comedians to drive out to Indio and do an amazing show for 90 minutes. The comedians are different every month, and the show can be "R" rated for adult content. So, plan accordingly. Please get your tickets early as this event sells out quickly during winter season. Please see our ad in this magazine, on the community website (scshca.com), or lobby flyers for further details.

If you are interested in helping to organize these events as a member of the That's Entertainment Club, please call Julie at 760-772-0317.

Tutta Bella Vino

February is the Month of Love! To celebrate, we will offer some luscious flavors that will tickle your fancy. Join us on February 16 at 7 pm, for an evening of fun, frolic (if you so desire), and flavor as we present ***Wines for Lovers!***

Monthly events are $22 per person, $26 for non-resident guests, and are offered only to SCSH residents and their guests. Residents may attend one event before becoming a member. Membership for the season, which is September through June, is $10 per resident.

This year, all members must submit new membership forms when paying their $10 fee, as we are updating our records. Waiver forms are only required for new members. Forms are available online.

Registration flyers were available at the Montecito Lifestyle Desk and the TBV website at www.scshca.com, beginning January 20, 2019. Registration closes on **February 9** or when sold out.

For more info email: tuttabellavino@gmail.com.

Ukulele Strummers

Happy February! What a great time of year to learn the ukulele with Valentine's Day just around the corner. With 15 minutes a day of strategic practice, plus instruction and helpful tips shared in class, it won't be long before you can share your musical enjoyment with friends and family. Learning music is time well spent as a means to express "I love you" to someone dear to your heart.

If you read music and have some experience playing ukulele, please join the Ukulele Ensemble each Thursday from 1:30 to 3 pm in the Cambria Room, Montecito Clubhouse. If you are new to the ukulele (or have a limited music background), consider joining our beginning class which meets each Thursday at 12:30 pm in the Cambria Room.

I think you'll discover that playing ukulele is fun, rewarding and mind expanding! If you have interest in giving music making a try, but are reticent about participating, perhaps you might be encouraged by the words of one of our members:

"I joined the ukulele club in Feb 2018. Before joining the club, I felt I had no musicality. But now, I can read music notes, I've learned a variety of chords and different ways to strum. I am having fun learning music and strumming with my peers and making new friends." – Catherine C.

Don't let the lack of an instrument hold you back. Our club has a few "short term loaner" ukuleles available for those interested in giving singing and learning to play the ukulele a try. For more information about the ukulele club, please contact me at dkretchmer@yahoo.com.

Veterans Club

Meet a Vet: Rod Odegaard

Rod Odegaard served five years in the US Air Force, achieving the rank of CPT, and serving in places as diverse as Massachusetts and Guam. Rod has lived in Sun City Shadow Hills approximately five years, is the club's vice president for the past year, and an avid tennis player.

Our monthly meeting agenda on January 15 was what the club wanted to accomplish in December but could not: free pizza for all in attendance and installation of these club officers: Tom Hutson, president; Rod Odegaard, vice president; Dave Pilliod, secretary; Jim Wieborg, treasurer; and Marty Martin, membership.

Thanks to Pete Anderson's efforts, David Thompson, representing the Palm Springs Air Museum will speak

Tuesday, February 19 about the POW bracelet project, which is one of his responsibilities for the museum.

For our March 19 meeting, Club President Tom Hutson is asking the two current HOA candidates, Kim Fuller and Linda Aasen, to speak to all members present.

We meet as a club each third Tuesday of the month, usually in the Cambria Room at Montecito Clubhouse, starting at 7 pm. All veterans of the five uniformed military services of the USA are welcome.

Women's Golf Club

The Women's Golf Club is in full force this month. Everyone is here, and our schedule is full.

We start off with the Dames and Dudes event on February 4, the Women's Golf Club vs. the Men's. On February 6 is our Niners Mixer. The Member/Member tournament will be on February 13 & 20, followed by the Solheim Team event on February 27. Details of all events can be found on the club website at shwgc.com.

Congratulations to Gloria Mossman – the most improved player for December.

The new rules went into effect January 1 so be sure you have picked up your new rules book. Jill Bull has those books available if you haven't picked yours up yet.

If you are interested in playing 18 holes of golf each Wednesday morning, check out the website and submit an application at shwgc.com.

Membership questions can be directed to Janet McChesney at pjmcchesney02@gmail.com.

All other questions can be directed to Mary Kunstler at mfk1126@yahoo.com.

Remember, you can select to play from either the gold or silver tees.

Writer's Club

Try your hand at writing that story you have always wanted to tell. It does not matter if you are writing; fiction, non-fiction, memoirs, or screenplays, write a page a day for a year and you have a book!

It's easier than you think to write your own story. Every year millions of great stories disappear forever as people forget or pass on.

Many of our members have never written before. Some have published their own book. Learn how to self-publish for no cost!

Every member has the opportunity to read one or two pages (double spaced) of their work to the group; receive ideas, direction and gentle criticism. Part of being in our club is the encouragement we get from each other to write on a regular basis.

The Writer's Club meetings this month are Thursdays, February 7 and 21 at 10 am in the Santa Rosa Clubhouse. Who knows, you may find the hidden writer in you. Free membership! How can you go wrong?

For more information: antiqphoto@gmail.com or bethbolduc7@gmail.com.

Shadows
CATERING
760-772-7992
Let us Shadow your next event!

Resident Groups

Concerned Homeowners of Shadow Hills

Each month Concerned Homeowners of Shadow Hills (CHOSH) is publishing articles that we believe to be of interest to our members. Some of our past writings have been on "New HOA Laws" and "What and Where Are Our Dog Parks."

Some of our upcoming writings will be on, "Remodel and Upgrade Items" that bring you the best value and return for your money and "What, Where, and When are the Farmers Growing" around us and where can we buy, fresh from the farm, products.

If you have a topic you would like the facts on, "contact us" at www.choshscsh.com. We will bring to light the topic with accurate and factual information for our members.

Democrats

At the first meeting of the year we elected a new set of officers: Avi Greene, president; Peggy Mathieson, 2nd vice president; Gailya Brown, recording secretary; and Howard Daniels, treasurer.

We explored how to sustain the momentum demonstrated by our membership's participation in the 2018 election and extend it into the coming year(s). New goals and interest topics were discussed. Speakers to address these topics will be sought.

We are pleased to have Waymond Fermon, newly elected Indio City Council member, speaking about criminal justice reform at our February meeting.

We meet on the third Thursday of the month. Our next meeting is Thursday, February 21, in the Cambria Room at the Montecito Clubhouse. Light refreshments will be available beginning at 6 pm., followed by a short business meeting and our guest speaker.

We welcome new members to join us. To become a member in good standing, you must be a registered Democrat. Membership dues are $10 payable by check at the meeting or placed in our mailbox at the Montecito Clubhouse. If you have any questions, please contact Avi Greene at 760-347-0414, or email agreene100@gmail.com. We have a Facebook presence at Dems in Sun City Shadow Hills.

Hadassah

We have two events in February that we hope you will attend. Remember that non-members are welcome at all Hadassah events, so we hope you'll come to try us out.

On Thursday, February 7, we will gather to share camaraderie, nosh on some desserts brought by our members, and hear a certified antique appraiser tell us how antiques are appraised and what they look for. You may bring your antiques for appraisal at the nominal fee of $5 per item, as time allows. Socialization starts at 6:30 pm and the program starts at approximately 7 pm. Cost is only $15 per person. We do ask for reservations, so we'll know how many to set up for.

And on Thursday, February 28, we will present another fabulous performance by the California Cabaret troupe, featuring music for singing and dancing from the "Great American Songbook." They are always updating their show so expect some new surprises. These are professional entertainers whose voices soar and whose dancing prowess is phenomenal. Doors open at 6:30 pm, and the performance will start at 7 pm. Reservations are requested with the price being only $25 until February 21, and $30 thereafter.

Looking ahead, we will have our 19th Annual Mah Jongg Tournament on Monday, March 25. This is always a full house with prizes galore and a really fun day.

Call Cindy Hailpern at 760-360-4902 for information, location and reservations for any of our events. Call Debbie Orgen at 760-289-7987 for membership information.

Republicans

Your Shadow hills Republican Group has opportunities for those who would like to be involved in shaping the direction our club will be taking in the coming year. In February, we will be holding elections for officers and looking for folks to help with refreshments, selling tickets, acquiring speakers, and making flyers. Please plan to attend, as we need a membership majority for the vote.

Interested in helping Republicans make a difference in the Coachella Valley? Come and join our group. We meet at the Montecito Clubhouse on the second Tuesday of

each month. Social Hour begins at 6:30 pm and our regular meeting begins at 7 pm. Our dues are $25 per couple or $15 for a single membership. We have speakers from our Indio City Council; docents from local museums, candidates, and more.

If you like to be informed about what is happening in Indio and the surrounding area, our Republican meetings are a good place to hear about new businesses planned, community events, government decisions that impact our valley. There will be fliers in the rounders at the Montecito Clubhouse announcing the agenda for our February Business Meeting, Tuesday, February 12. Regular members will receive email reminders.

Questions? Please call Pete Anderson at 760-469-2086 or email petegolf@yahoo.com.

Clubs in Formation

Car Club

All car people welcome! We get together Tuesday mornings for breakfast at Goody's Cafe. No formal meetings. Just show up. We arrange trips to interesting shops and car-related places, car shows etc. For more information, email ziegler@pacifier.com.

VeloCity Cyclists

The VeloCity Cyclists of Sun City Shadow Hills are a group of road cyclist enthusiasts. Over time, our ranks have steadily grown. It is our hope to add more members of both sexes to enjoy rides like the one we took from Yorba Linda to Newport Beach and then to the Huntington Beach Pier, as shown in the photograph.

Those interested in joining, please contact me, Dario Fadiga, at 760-345-7398 or at dfadiga@dc.rr.com.

Interested in starting a club?

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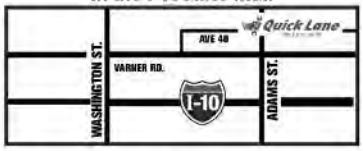

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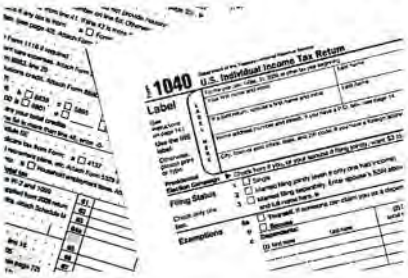

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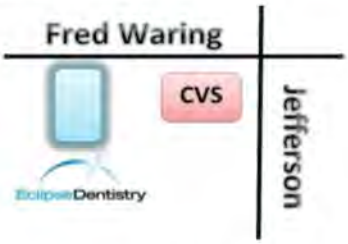

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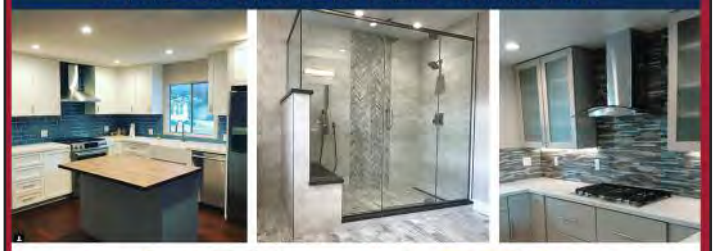
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Sunday session – 10:30 AM: "Judaism and the Power of Story"
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