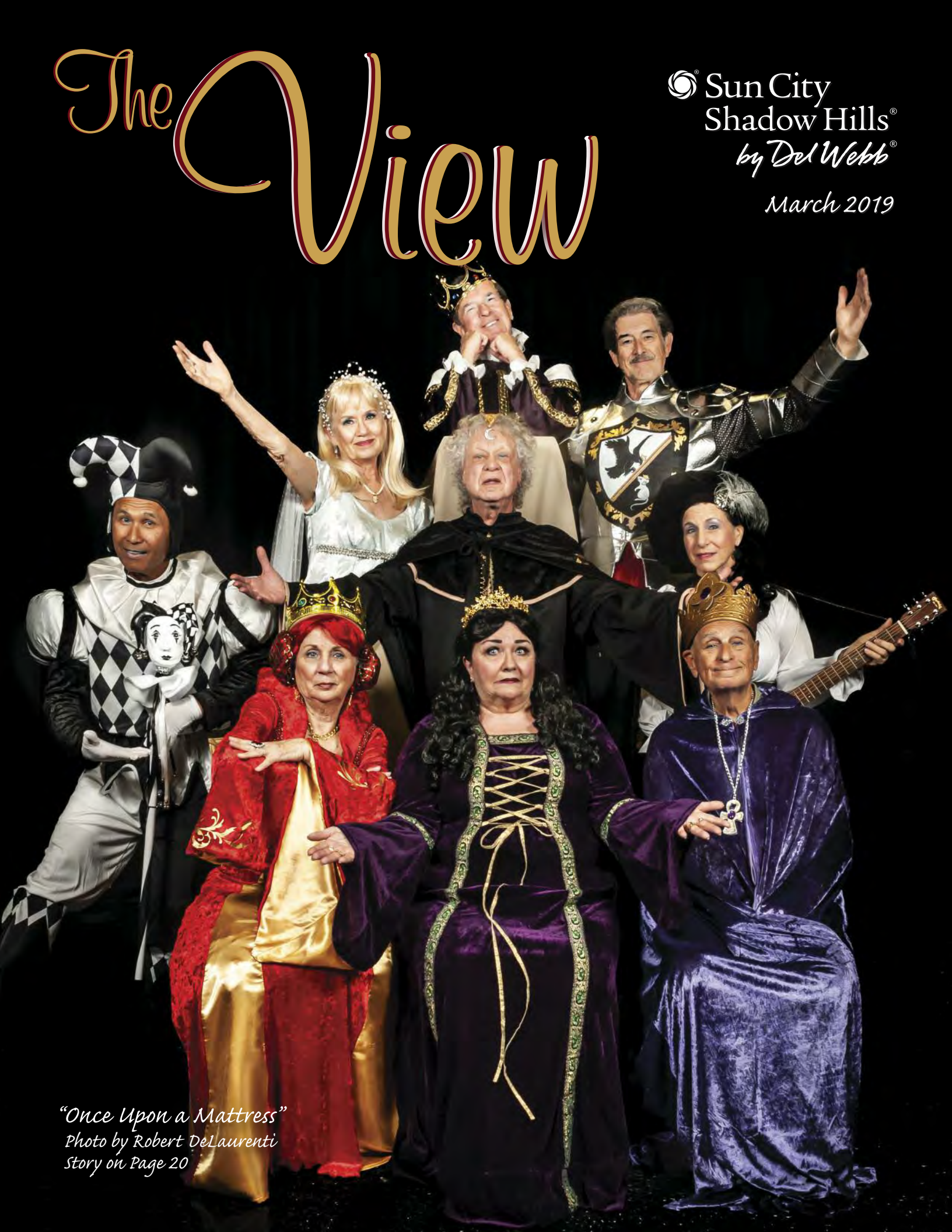
The View

Sun City Shadow Hills® by Del Webb®

March 2019



"Once Upon a Mattress"
Photo by Robert DeLaurenti
Story on Page 20

CONTACT INFORMATION

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80-814 Sun City Boulevard, Indio, CA 92203
***www.scshca.com* · 760-345-4349**

Homeowner Association (HOA) . . . . . Ext. 1
Montecito Clubhouse Fax 760-772-9891
Montecito Clubhouse . . . . . Ext. 2120
Montecito Fitness Center . . . . . Ext. 2111
Santa Rosa Clubhouse Fax 760-342-5976
Santa Rosa Clubhouse . . . . . Ext. 2201
Shadow Hills Golf Club South . . . . . Ext. 2305
Shadow Hills Golf Club North . . . . . Ext. 2211
Shadows Restaurant . . . . . Ext. 2311
Jefferson Front Gate (Phases 1 & 2) 760-345-4458
Avenue 40 Front Gate (Phase 3) 760-342-4725

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Jesse Barragan, *Facilities Maintenance Director*
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Rolland Vaughn, *General Manager of Shadow Hills Golf Club*
rmvaughn@troon.com . . . . . Ext. 2301

SCSH Community Association Board of Directors

Kim Fuller, *President* . . . . . president@scshca.com
Fera Mostow, *Vice President* . . . vicepresident@scshca.com
Bruce Marley, *Treasurer* . . . . . treasurer@scshca.com
Erica Hedlund, *Secretary* . . . . . secretary@scshca.com
Robert Israel,
Member at Large . . . . . memberatlarge@scshca.com

For warranty or customer service needs concerning your home, please email: socalservice@delwebb.com

SUN CITY SHADOW HILLS COMMUNITY ASSOCIATION

Hours of Operation

Association Office
Monday – Friday · 9 AM – 12 PM, 1 – 4 PM
First Saturday of the Month · 8 AM – 12 PM

Lifestyle Desk
Daily · 8 AM – 5 PM

Montecito Clubhouse
Daily · 6 AM – 10 PM

Montecito Fitness Center
Daily · 5 AM – 8 PM

Santa Rosa Clubhouse
Daily · 6 AM – 9 PM

Shadows Restaurant
Monday – Sunday · 8 AM – 8 PM
Breakfast · 8 – 11 AM
Lunch · 11 AM – 5 PM
Dinner · 5 PM – 8 PM
Happy Hour · 3 – 6 PM

Golf Snack Bar
Daily · 6 AM – 3 PM

Santa Rosa Bistro
Daily · 6 AM – 3 PM

Montecito Café
Daily · 8 AM – 2 PM

All hours are subject to change.
Visit www.scshca.com for the latest hours.

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Mission Statement
To promote the community and recognize the individuals who contribute to the identity of the community, and to impart information relevant to the community as a whole.

SCSHCA Communications Advisory Committee
Tom Hutson, *Chair*; Linda Aasen; Arnold Choy; Julie Harris; Lee Powell

Staff
Editor-in-Chief: Rich Smetana, *General Manager*
Production Manager: Gus Ramirez, *Communications Manager*

To inquire about articles, content, and advertising – or to submit stories for publication – please email view@scshca.com or contact Gus Ramirez, Communications Manager, at 760-345-4349, ext. 2204.

President's Report

By Kim Fuller
President

We are fast approaching another election on April 9, 2019. This election for two Board members might seem uneventful because only two candidates are running for two seats. But we still need a quorum for the election to be valid. Please be sure to vote quickly so we don't have to have another election at a cost of about $10,000.

There will also be another item on the ballot for your consideration. The Board has decided to present the residents with one proposed amendment to the CC&Rs/Bylaws. This amendment would change how the CC&Rs/Bylaws could be amended. Let me give you the background:

The current Bylaws require affirmative votes by 51 percent of all the homes in the HOA to change a Bylaw. We have 3,450 homes in the HOA. Therefore, 51 percent of 3,450 homes means we need 1,760 votes in favor of a change no matter how many people vote. If only 1,759 people vote, a measure would be defeated no matter how many of these people vote to pass any Bylaw change. If 100 percent of all 1,759 people vote in favor, it would still be defeated.

There were 2,123 ballots cast in the last election for changing the Bylaws. In order to get 1,760 affirmative votes, 82.9 percent of the 2,123 ballots would have to vote in favor of the change. Thus, a large number of votes is required to pass a change to our Bylaws, and this requires a substantial voter turnout. That is why the Board made great efforts to ensure as large a turnout as possible.

It is to our HOA's great credit that we had a voter turnout of 61.5 percent, which statistically is high. Voter turnout in national elections ranges from 40 - 60 percent. We sent out three mailers and then called every person in the complex to ask them to vote if they had not received their ballot. HOA Elections records show the highest voter turnout in the last three years for our elections was 2,156, or 62.5 percent.

The question is: are the current CC&Rs/Bylaws so strict that changes are unduly difficult, perhaps impossible? Given that our highest voter turnout was 62.5 percent, it would only take 397 votes (11.5 percent) out of the 3,450 votes to block any change to the CC&Rs/Bylaws. In the last election, even though 70.56 percent of those voting wanted to remove cumulative voting, it was defeated because of the current requirements.

As a result, the Board has decided to offer homeowners a chance to change the requirements on the April 9 ballot. The Board is proposing an amendment to change the current requirement in the CC&Rs/Bylaws. The proposed change would require "two-thirds of the votes cast when ballots are received from at least a majority of the Voting Power of the Members." This will mean you need two-thirds of those voting to pass any amendment, as long as a majority of all homeowners vote.

The Board is asking homeowners to consider this change for the future. In doing so, we need everyone to vote so we get as large a voter turnout as possible. Your ballot should be at your home by now, so please take a moment and fill out the ballot and send it back. Nothing would help the HOA more than if we could get everyone to vote on this measure, helping to resolve for the future how we govern.

Once I fill out my ballot, I will enjoy my sunset knowing we all work together in a beautiful place called Shadow Hills. And no doubt about it, *"It doesn't get any better than this."*

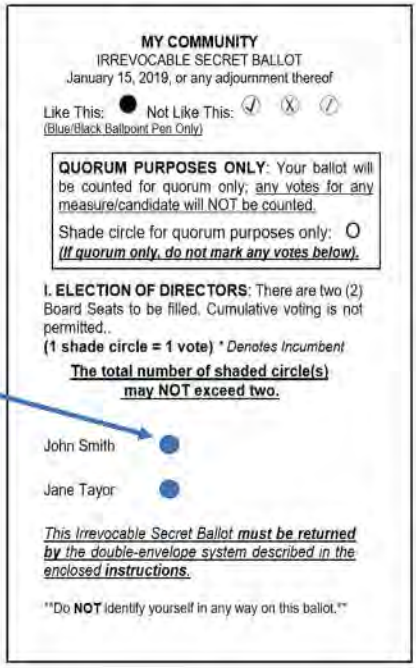
Kim

Contact the author at president@scshca.com.

HOW TO PROPERLY COMPLETE AND MAIL YOUR BALLOT

Dear Community Member,

We have prepared this quick-reference guide page to help you properly complete and mail your ballot. The two most common mistakes we see in casting ballots are: 1) Not signing your return envelope; and 2) the Return envelope has been signed by someone other than the owner of record. In order to help eliminate these errors we have created this quick-reference guide to assist you in properly completing and mailing your ballot so that your vote will count on election day.



MY COMMUNITY
IRREVOCABLE SECRET BALLOT
January 15, 2019, or any adjournment thereof

Like This: ● Not Like This: ✓ ✗ /
(Blue/Black Ballpoint Pen Only)

QUORUM PURPOSES ONLY: Your ballot will be counted for quorum only; any votes for any measure/candidate will NOT be counted.

Shade circle for quorum purposes only: O
(If quorum only, do not mark any votes below).

I. ELECTION OF DIRECTORS: There are two (2) Board Seats to be filled. Cumulative voting is not permitted..
(1 shade circle = 1 vote) * *Denotes Incumbent*
The total number of shaded circle(s) may NOT exceed two.

John Smith ●
Jane Tayor ●

*This Irrevocable Secret Ballot **must be returned by** the double-envelope system described in the enclosed **instructions**.*

"Do **NOT** identify yourself in any way on this ballot."

STEP ONE: Complete your ballot by completely filing in the appropriate circles with BLUE or **BLACK** ink.

STEP TWO: Place your ballot into the envelope marked **"Secret Ballot Envelope (#1)"** and seal it.

SECRET BALLOT ENVELOPE (#1)
Important:
- **Place ONLY the Ballot in this envelope and seal it.**
- **Do NOT sign or identify yourself in any way on the Ballot OR this "Secret Ballot Envelope".**
- **Do NOT include any other materials (such as a note or payment).**

Next Step: Place this sealed envelope in envelope #2, sign that envelope in the upper left hand corner and return it to HOA Elections.

STEP THREE: Detach the **OWNER INFORMATION INSERT** from the bottom portion of the instruction sheet sent in your election packet and insert it into the envelope marked **ELECTION MATERIALS (#2)** so that your return address shows in the upper left window.

ELECTIONS MATERIALS (#2)

Add your secret ballot envelope *(being careful not to cover the return address)*. Seal it and SIGN the return envelope on the signature line.

MAY SMITH
1234 Main Street
My Community, CA 99999

Required: Place OWNER INFORMATION INSERT in window

Mary Smith
Required: Signature

HOA ELECTIONS OF CALIFORNIA
1001 Avenida Pico, Ste., C-496
San Clemente, CA 92673

ELECTION MATERIALS (#2)

Add postage if necessary and deposit your properly executed ballot packet into the mail. Please call us if you have any questions on how to complete your ballot. Thank you for voting!

HOA ELECTIONS OF CALIFORNIA, INC.
1001 Avenida Pico, Ste., C-496, San Clemente, CA 92673; PH: 951-667-7191; info@hoaelections.com

2019 HOA Election Candidate Statements

Disclaimer: *Neither the Association nor the management company made any revisions, alterations, and/or corrections to the information submitted by the candidates. The information was transferred exactly as submitted. Candidates are listed alphabetically by last name.*

Linda Aasen

My husband, Steve, and I have lived in Sun City Shadow Hills since 2010. I have been an active member of three Board Advisory Committees (Information, Communications, and Ad-Hoc Facilities). And I am a past president of the Tennis Club. I also chair the subcommittee of writers that oversees production of *The View* each month, and I have written and edited many articles for the magazine. Steve and I participate in the many activities that are available to us in our beautiful community, and we use our wonderful facilities at every opportunity.

My professional career was centered in marketing/sales, product development, and project management; I worked for 3M Corporation for 22 years and then spent another 6 years at Imation, a 3M spin-off. Later I owned my own consulting company that focused on staff training, developing and implementing security plans, and performing risk assessments (especially concerning identity theft).

I am detail-oriented, an outstanding communicator, and a team player – all qualities that, I believe, will make me an excellent member of our HOA Board of Directors. If elected, I will bring these skills, along with those I learned during my career, to work for *all* members of our community. I will focus on improving communication, continuing fiscal responsibility, and maintaining our facilities at the highest level to help ensure stable property values. I will also cooperate closely with the other Board members to serve the best interest of *all* residents of Sun City Shadow Hills.

For more information, please contact me at laasen3730@aol.com.

Kim Fuller

I have enjoyed my service on your SCSH HOA Board these past 20+ months, as your President, and I thank you for that opportunity. Your current Board has accomplished a great deal along the way, with continued fiscal responsibility, maintaining our facilities at the highest level, keeping our Dues in line with inflation, and our Reserve levels amongst the highest in the Coachella Valley. The Board has been a pleasure to work with as we dealt with the embezzlement, recovering stolen funds, plus more, and did so within 14 months of learning of the embezzlement. I take personal pride in the Board's transparency, our open communications on the many issues facing our community, and in dealing with the many homeowner issues we encounter every day.

I would like to continue to serve our community as a member of your Board and hope you will give me that opportunity.

When not tending to Board duties, my wife Karla, and I enjoy golf, hiking, the Fitness Center, the great sunsets and movies. Thank you.

People Who Make Our Lives Better

Photo by Joe Rubio

Forest Willis

Associa DRM Employee of the Month February 2019

Forest Willis joined the Sun City Shadow Hills team this past June. He is our fitness lead, an approved personal trainer, and a group exercise instructor.

Forest's classes fill up to maximum capacity. He has helped participants improve their health and flexibility, and they say they feel inspired to do something about improving their quality of life. Forest engages every person with a smile and gentle encouragement as he progresses through his classes. He provides several options for progression and regression depending on the participant's current fitness level, making his classes very inclusive and non-intimidating.

His smart and charismatic manner, in addition to his knowledge and education, make Forest an asset to our community. We are very proud to have him with us.

Congratulations on a job well done!

Advisory Committees

City Development Coordinating Committee
citydevelopment@scshca.com
Chair: Tom Hutson

Communications Advisory Committee
communications@scshca.com
Chair: Tom Hutson

Covenants Committee
covenants@scshca.com
Co-Chairs: Traci Barnett Hone & Lee Powell

Design Review Committee
designreview@scshca.com
Chair: Vicki L Berg · Vice Chair: Ted Shettler

Emergency Preparedness Subcommittee
epsc@scshca.com
Chair: Jeff Kirkpatrick

Facilities & Services Advisory Committee
facilities.services@scshca.com
Chair: John Petersen

Finance Advisory Committee
finance@scshca.com
Chair: Bill Wethe

Food & Beverage Committee
foodbeverage@scshca.com
Chair: Jurgen Gross

Golf Advisory Committee
golf@scshca.com
Chair: Dave Bakshy

Health & Fitness Advisory Committee
healthfitness@scshca.com
Chair: Rick Halla

Information Advisory Committee
information@scshca.com
Chair: Erin Smith

Landscape Advisory Committee
landscape@scshca.com
Chair: Chris Stevens

Safety Advisory Committee
safety@scshca.com
Chair: Ed Chavez

Interested in joining a Committee?

Stop by the HOA office and fill out an Advisory Committee Interest Form.

SUN CITY SHADOW HILLS EPC

Emergency Preparedness Sub-Committee (EPSC)

By Jeff Kirkpatrick, Chair

Are Your Pets Prepared?

Dogs, cats, and other pets frequently become disoriented during and after large earthquakes, fires, and other emergencies. Your Emergency Preparedness Subcommittee works with the SCSH Pet Club to take care of pets that become lost or misplaced during an emergency.

FEMA recommends that pet owners take similar kinds of precautions for their pets as they do for themselves. The likelihood that you and your animals will survive an emergency depends largely on emergency planning done today. Some of the things you can do to prepare for the unexpected, such as assembling an animal emergency supply kit and developing a pet care buddy system, are the same for any emergency. Keep in mind that what's best for you is typically what's best for your animals.

Develop a buddy system with neighbors, friends, and relatives to make sure that someone is available to care for or evacuate your pets if you are unable to do so.

Have you ID chipped your animals? Please do so. The EPSC has a chip reader capable of reading all major brands of ID chips and access to a large database to help restore lost pets to their owners. The SCSH Pet Club has an established list of Pet Club Safe Houses, including these folks here in SCSH:

Kay Baird
39575 Camino Arbusto · 815-509-5239

Mike & Susie Palmison
40310 Calle Loma Entrada · 817-791-9449

Jody Patterson
80373 Avenida Santa Belinda · 760-360-6361

Marc & Sue Weiss
81840 Avenida Estuco · 561-351-3394

Lynda Wycoff
40320 Calle Ebano · 310-766-1908 (Cell)
310-316-4513

It is recommended that you have pet emergency supplies on hand for your pets including but not limited to:

- a 7- to 14-day supply of food and water.
- a pet first aid kit.
- medicines and medical records for each pet.
- a collar and ID tag, harness or leash for each pet.
- crates or other animal carriers.
- sanitation supplies for each pet.
- a photo of you and your pet together.
- toys and familiar items for your pets.

Please join us and become prepared!
It really is quite easy!

Finance Advisory Committee (FAC)

By Bill Wethe, Chair

FAC Seeks Additional Members!

Our Committee is seeking additional members to be of service to our HOA. FAC is authorized to have up to nine members, and we have six of those positions filled at this time with very talented and dedicated members. We would like to add additional resources to our team to ensure we maintain the necessary experience and expertise o carry out the mission in our Committee's charter. The Committee has several recurring and non-recurring assignments it will undertake in 2019. For more details about those, please continue reading this article.

To volunteer, please complete an Advisory Committee Interest Form available at the HOA Office, or online at scshca.com/committee interest. Please return the form to the HOA Office, and I will then follow up with you.

Work Completed

The FAC continues its work with the Board as well as with DRM and Troon management on behalf of the Association including:

- review and recommend Board approval of the 2018 audited financial statements and footnotes of the Association after review and approval of:
  - proposed journal entries as of December 31, 2018, prepared by DRM and Troon.
  - proposed journal entries as of December 31, 2018, prepared by the auditor.
  - adjusted working trial balance as of December 31, 2018, prepared by the auditor
- FAC regular meeting on February 20, 2019.
- Preparation of the FAC monthly written report to the Board for its meeting on February 25, 2019.

Work in Progress and Upcoming Work

The FAC has several initiatives in process or upcoming including:

- review of variance analysis prepared by DRM on the 2018 Replacement Fund expenses and inter-fund transfers to the Operating Fund, actual vs. budget to assess impact, if any, on the:
  - 2019 Replacement Fund monthly and annual cash flow forecast.
  - 2020 Reserve Study including estimated component cost, estimated useful life, or remaining estimated useful life which will be prepared and updated later this year.
- review, evaluation and written recommendation to the Board for retention of Investment Advisor and Broker for the Replacement Fund.
- RFP, review, evaluation, interviews, and written recommendation to the Board for retention of legal counsel for the Association.
  review of 2018 tax returns.
  insurance renewal effective April 22, 2019.
- review of responses to RFPs from Landscape Maintenance Contractors.
- review of responses to RFPs from Security/Property Protection Contractors.

Further Information

If you would like to know more about what FAC has been working on, please review minutes of our monthly meetings and our monthly written reports to the Board included in Board meeting packages on the Association's website.

FAC Members: Larry Anderson, John Deshaw, Steve Proia, Joe Lupica, and Carey Thompson.

Contact the author at finance@scshca.com.

From The Library

By Cindy DeGraf

Did you know that our Montecito library seems to be one of our most liked amenities? People are always stopping our library volunteers and telling them how much they appreciate having the library available to them. We love hearing that. We love the library, too! Be sure to stop by often because new books are donated and shelved daily. We also have some audio books, puzzles, and magazines available.

If you have books to donate, please review the list below to see what we are looking for. We have limited space available. We request that donated books be in excellent condition and please donate no more than 10 per month, per household.

We Accept as Donations:

- ✓ Hardcover and paperback fiction, historical/political, biographies/autobiographies
- ✓ Audio books and DVDs
- ✓ Recent magazines

We Do Not Accept:

- ✗ Cooking, sports, self-help or "how to" books
- ✗ Coffee table or picture books
- ✗ Religious or travel books
- ✗ VCR tapes or music CDs

Please contact Barbara Perler at 760-772-4484 or baramp@verizon.net if you have any questions or comments about the library.

As always, thank you for supporting our library.

Meet a Board Member

Thursday, March 14, 2019 at 3:00 PM
Montecito Clubhouse • Capistrano Room

Come by and introduce yourself to Robert Israel, Member at Large of your HOA Board. He wants to hear what you like about our community and if you have any concerns.

Next Board Meeting:

Date: Monday, March 25, 2019

Time: 2:00 pm

Location: Ballroom

Please join us!

HEALING THE WORLD

City of Hope National Medical Center

BY LINDA AASEN
GRAPHICS COURTESY OF CITY OF HOPE

We are so very fortunate to live so close to City of Hope in Duarte, California. It is one of the few comprehensive cancer hospitals in the U.S. and has been ranked as one of the nation's "Best Hospitals" in cancer for over 10 years *(U.S. News & World Report)*.

Surprisingly, City of Hope was founded in the 1920s as a tuberculosis hospital because the air, at that time, was thought to be so clean near Los Angeles. Now, the hospital very often receives complex cancer cases from other institutions.

City of Hope's approach to patient care is to treat the whole person, not just provide great medical care. They live by the credo that "there is no profit in curing the body if we destroy the soul." The hospital specializes in bone marrow and stem cell transplants; its survival rates are virtually unmatched by any other institution.

Scientists at City of Hope are using immunotherapy to encourage the body's natural defenses to fight cancer; the therapy shuts off the genes that promote cancer and encourages the body's own immune system to attack those same cancer cells. The hospital was the first to employ CAR T cell therapy to fight rare cancers, especially brain tumors.

City of Hope's amazing research facility, Beckman Research Institute, is a subsidiary which employs more than 100 PhDs and holds more than 300 patents for scientific medical breakthroughs. This sets City of Hope apart from other cancer centers. The hospital shares many of its therapies, procedures, drugs, and other scientific advances with hospitals and research institutions across the country and around the world.

SCSH resident Art Nemiroff is on the Board of Directors of the research facility. Art grew up in a family that believes in volunteerism, and his mother was the president of an auxiliary of the City of Hope. After graduate school, Art joined a national accounting firm just as Medicare was unveiled. The accounting systems of City of Hope were not robust enough then to handle the complicated cost accounting required for Medicare, so Art was assigned to City of Hope to revamp its accounting.

Art Nemiroff

Art spent six months working at the Duarte facility and, from then on, was the "go-to guy" for healthcare accounting. In 1998 Art was asked to join the facility's Board of Directors' Audit Committee.

For five years, Art has been on the Board of the Beckman Research Institute. He says, "After attending a Board meeting, I have a sense of well being and come away inspired and encouraged by the progress that's being made towards possible immunization and cures in the near future for many types of cancer."

Having a facility such as City of Hope within a two-hour drive is a wonderful opportunity for our SCSH residents. If any of our residents have an extraordinary cancer, outside the scope of other hospitals, City of Hope may be the answer. The facility has the expertise to provide a very qualified second or third opinion, if needed, and it offers treatments in clinical trials that may not be available elsewhere.

If you would like more information about City of Hope, please go to its website: www.cityofhope.org.

Contact the author at laasen3730@aol.com.

Computer Q&A

By Suzy Kerekes, SCSH Computer Club

How can I track my steps using the iPhone & Apple Watch?

The **iPhone** & **Apple watch**, on your person, can track things like: walking, tennis, hiking, and dance in the Apple **Health App**. To begin, look for the red heart, the **Health App**.

Open the **Health App**. Go to the bottom toolbar. There are four tabs: **Today**, **Health Data**, **Sources**, and **Medical ID**.

Go to the **Health Data** tab > view the **Activity Dashboard** > tap **Activity**, tap **Favorites** to select the items you want to monitor, for instance, **Steps** > swipe **Add to Favorites**. When you **Add to Favorites**, this allows you to view what is being tracked on the Activity Dashboard. Continue to select more data such as: Walking and Running Distance > swipe **Add to Favorites**. Keep repeating until you have selected all the categories you want to track. Then, after a workout, tap on the **Today** tab to view your progress.

Next, in the Health Data tab go to > Activity > scroll way down below the Dashboard headings, **Favorites** and **This Month**. Here you will see third-party apps that you can purchase in the App Store. For instance, if you are a golfer, you might want to add *Golfshot* to help you count steps!

If you have an Apple Watch, the above settings will automatically be viewed on the watch because it is paired to the iPhone. So, on your next workout, place your iPhone in a safe pocket, and let your Apple Watch do the work. Simply begin by tapping on the green running person icon on the watch. Then, scroll down to the activity you would like to track or simply create a workout such as bowling and then tap on the three dots **…** > tap Open > and a count-down will begin… start your workout. When done, tap on the green running person again > swipe the Home screen right > tap the **Red X to End**.

Once your Health app settings are complete, go to **iPhone Settings** (the gears), and go to **Privacy** tab > Location Services > look for the tracking apps here, like the green running icon: Select Allow Location Access > while using the App. Location Services are shared between the Apple Watch and iPhone. Next go to *Apple Watch App on the iPhone* and go to **Privacy** > swipe on things like Fitness Tracking and Heart Rate. Then, tap on Activity Settings > Allow preferences like Notifications and Goal Completions, etc. Ask your Fitness Trainer about *Activity Sharing* so they can also monitor your progress!

Later, open the other categories in Health! I recommend everyone complete the Medical ID tab with at least one Emergency Contact and some basic health info like your medicines, etc. The information that you create or gather about yourself is under *your* control and is encrypted with *your* passcode. Apple has no access to your personal information. Finally, if you have further questions, come to a Computer Club Workshop on Friday, or go to Apple.com/health app for little videos and further reading.

Contact the author at i.suzyhelp@gmail.com.

By George Erhart

- **Big, Well-Known Upcoming Events**
  Because these events occur every year and most residents are familiar with them, we list only the dates below. More detailed information is available online.
  - **BNP Paribas Open**
    (Tennis)
    March 3–17 at the Indian Wells Tennis Garden
  - **Coachella Valley Music and Arts Festival**
    (Music)
    Two weekends (April 12–14 and April 19–21) at Empire Polo Grounds in Indio
  - **Stagecoach Festival**
    (Country Music Festival)
    One weekend (April 26–28) at Empire Polo Grounds in Indio
  - **ANA Inspirational**
    (Professional Women's Golf Tournament)
    April 1–7 at Mission Hills CC, Rancho Mirage
- **Equestrian Event**
  HITS (Horses In The Sun) takes place at the Desert Horse Park in Thermal, Tuesday through Sunday every week, with the season finale Grand Prix on Sunday, March 17. Read the article in the January *View* to see photos and a description of this event. Parking is free, and admission is either free, $5, or $10, depending upon the event. For the schedule and information, go to: *www.hitsshows.com/coachella/hits-coachella-desert-circuit.*
- **La Quinta Arts Festival**
  Over the weekend of March 7–10, the La Quinta Civic Center grounds are transformed into a major outdoor artshow that one source proclaimed as "the most stunning festival site in the country." Over 200 artists display unique creations in every art medium and at every price point. Admission is $17, parking is free in the village, and there are paid self-parking and valet parking options. More information at: *www.lqaf.com.*
- **Hopi Kachina Doll Carvers**
  Cabot's Pueblo Museum in Desert Hot Springs will be hosting a cultural weekend featuring Hopi Kachina doll carvers from March 22–24. The dolls are traditionally made from cottonwood root, often found along streams as driftwood. In keeping with tradition, only simple tools are used in carving; and in the finishing stage, paint and feathers are applied using only natural materials. More information at: *cabotsmuseum.org.*
- **Desert X**
  In 2017, Desert X made its appearance throughout the Coachella Valley as contemporary artists were invited to the desert to project their vision and create objects and experiences in our seemingly barren landscape. Desert X 2019, which is free and open to the public, is scheduled from February 9 through April 21. However, as we go to press, information about the locations of the various installations is not yet available. For details, go to: *www.desertx.org.*
- **Wildflower Viewing**
  The rain we've had this year should produce outstanding wildflowers. Borrego Palm Canyon near Borrego Springs is well known as a wonderful place to witness the desert bloom. Closer by, visit Whitewater Preserve to hike and observe desert flowers. Farther away, Death Valley always offers interesting viewing. For more up-to-date information, go to *www.desertusa.com/wildflo/ca.html.*

Contact the author at george.erhart@aol.com.

Visit an 1800s Mining Ghost Town

By George Erhart
Photo Courtesy San Bernardino County Regional Parks

Want to visit an authentic, 1800s mining ghost town only a two-and-a-half hour drive from Shadow Hills? The largest silver strike in California occurred there in 1881. Miners loaded up their mules and rushed to the area, eventually opening up 500 mines that produced over $20 million in silver ore over a 12-year period.

One of many old mining buildings

The town of Calico in San Bernardino County blossomed and grew and by 1890 its population was estimated to total 3,500. The town had a newspaper, three hotels, five general stores, restaurants, boarding houses, numerous bars and, of course, brothels. The county established a school district and a voting precinct. A deputy sheriff and his two constables, two lawyers, and a justice of the peace maintained law and order.

Calico & Odessa narrow-gauge railroad

Gold panning site

However, this booming metropolis came to a rather sudden end when the Silver Purchase Act was passed and drove down the price of silver. The discovery of the borate mineral colemanite helped the town hold on for a while, but the post office closed in 1898. By the turn of the century, Calico had become a ghost town.

There was an attempt to revive the town around 1915 using cyanide to recover silver from the Silver King Mine's unprocessed deposits. Walter Knott, founder of Knott's Berry Farm, became involved and helped build the cyanide tanks for the new operation. Walter and his wife, Cordelia, were homesteaded at Newberry Springs around this time and thus were very familiar with Calico.

In 1951 Knott purchased the town and, by referencing old photos, began restoring it to its original condition. In 1966, Knott donated the town to San Bernardino County, and Calico became a County Regional Park.

The park is open every day except Christmas. There are mine tours, gunfight stunt shows, gold panning, several restaurants, and the narrow-gauge Calico & Odessa Railroad. Admission is $8 per person and $1 per dog (on a leash). It is even possible to rent a cabin for an overnight stay. For more information: *cms.sbcounty.gov/parks.*

Contact the author at george.erhart@aol.com.

World-Class Pure Dog Fun in Indio

By Steve Talbot
Photos By Donna Raider

Would it surprise you to learn that from January 3 – 6 the largest all-breed dog show in the United States happened just down the road from us at the Empire Polo Grounds? Yes, 3,500 primped, pampered, purebred pooches were on parade at the annual Kennel Club of Palm Springs (KCOPS) All Breed Dog Shows, Obedience & Rally Trials.

Although licensed by the American Kennel Club (AKC), all four days were planned, set up, and staged by KCOPS, which has a combined membership of just 28 from throughout the Coachella Valley. According to club member and Show Chair Gloria Toussaint, ironically, none of the members are allowed by rules to show their own dogs.

Judges determine how close a dog measures up to the "breed type" it represents.

"The long hours and days we put in are for the betterment, welfare, and breeding of purebred canines. What we do helps the community," Toussaint said. Inexpensive dog obedience classes, assistance for animal rescue organizations/shelters, genetic research, and aid to veterans with support dogs are some of the club's causes.

Gay Dunlap, a former SCSH resident, current member, and show judge, emphasized the Fetch A Ball Program. "Attendees purchased raffle tennis balls for a chance to win gift cards. Appropriately, a dog picked the winning balls. Money raised will help purchase an AKC Relief Trailer so Riverside County can aid all kinds of animals through a disaster such as a forest fire or earthquake."

Winning ribbons requires obedience. (Photo by Steve Talbot)

Why do far flung people with delightfully duteous dogs come to this particular show? Well, it is the first national dog show of the season. Many rave about the location, weather, size, and beauty of the facilities. The show can be inspiring.

"We live in the Chiricahua Mountains and drove through a snowstorm to get here," said Terry Crawford. Her Scottish Deer Hounds, Deanna and Shirinn, earned Best Brace in Show. Winning that award was not easy to navigate either. Rules require, "Two dogs show together,

Sue Turbow admits her 170-pound Leonberger can pull her to the ground.

Best in Show winner "King" vogues with handler Gabriel and Judge Sulie Greendale-Paveza.

and must not only conform to the standard, but also look and move as one."

There were dozens upon dozens of breeds. Most of the purebred pundits I talked to at the show agreed that the Irish Wolfhound was probably the biggest and the Chihuahua the smallest. My vote for most unusual breed name and skill set? A Coton De Tulear shown by Beverly Hills Owner/Handler Jessica McIntyre. It looks like a big, fluffy powder puff but is known for tree climbing in Madagascar, according to McIntyre.

How does a dog make the Best in Show finale? Ultimately, it has to win Best of Breed; then Best in Group (which combines all breed winners into one of seven groups – Toys, Working, Sporting, Hounds, Terriers, Non-Sporting, and Herding); and finally beat all seven Group winners competing for Best in Show.

On a cold January 5 night with light rain falling, Best in Show took place. Veteran Judge Sulie Greendale-Paveza, who had just bought a new outfit for the occasion, bemoaned the fact she was likely to get drenched.

"Worst conditions for judging? Sleet and hail one November in Iowa. I love what I do, but I came home very ill from that show," Greendale-Paveza remembered. "Because of my tenure, now I say, 'No, I'm busy that weekend,'" she laughed.

Best in Show went to Fox Terrier "King" (Arthur), a Belgium-bred dog and multiple European show champion, owned by Victor Marzoni from Sao Paulo, Brazil.

And here's the dog-gone-dest thing. Champions earn ribbons. Apparently, there is no prize money for winning. According to Terry Crawford, "You are looking at entry fees ($35 per dog), hotel rooms, gas, and taking care of the dogs, of course. If you were to do the whole year-long circuit, it could cost you thousands of dollars."

You gotta love it.

During a tough, day-long competition, sometimes you just need to chill.

Contact the author at writers2foryou@gmail.com.

Contact the photographer at donnaraider@gmail.com.

Finding Your Way

By Julie Harris

Len Lyon's experience was a perfect storm of spiraling from normal everyday life into the unknown territory of Alzheimer's. One day an odd statement, a moment misremembered; later a "stolen" missing item. Finally, total failure to recognize person and place. In other words, "Where am I, and who are you?"

And so the quest was on to find out *what* care and support options were available and *when* each one would be the best course of action. As many in this situation know, there is often a gradual decline that leads to care outside the home; but there are many stops along the way.

Suddenly finding oneself a caretaker for a spouse with dementia or Alzheimer's rocks your world. How just to accomplish normal everyday tasks is one of the main challenges.

Len saw an ad for an Alzheimer's Association support group that meets at Caleo Bay Alzheimer's Special Care Center in La Quinta. This group meets weekly and provides an opportunity for caretakers of family members with Alzheimer's to discuss their feelings and challenges. Through that, he tapped into a wealth of information and has now become the group's ad hoc ambassador for new members. However, support groups also provide the opportunity to connect with people sharing the same experience as well as to learn from one another.

Len Lyon

One great find was the Eisenhower Memory Care Adult Day Center (listed in this month's article on Caretaker Resources). It is enormously helpful to have not only a safe, but also an engaging, place to have a family member spend a few hours so that one can run errands and keep appointments.

Creating a community Alzheimer's support group in Sun City Shadow Hills might be of benefit to many residents who are in need of this service. The Alzheimer's Association can help anyone who would like to start an Alzheimer's support group in our community. Len has offered to coach anyone who would like to provide resource information and support to such a group or to other individuals. You can contact him at: lenlyon@alum.mit.edu.

Contact the author at mjharris.88@verizon.net.

Caregiver Resources

By Aggie Jordan And Julie Harris

In February's *The View*, we promised you a list of resources for caretakers. We hope this list is helpful to you. It's perforated so that you can tear it out and keep it for when you might find it valuable. This page will also be available on the SCSHCA website.

US Administration on Aging

https://www.hhs.gov/aging/long-term-care/index.html, is a great place to start for any question. Also see www.aging.com. https://eldercare.acl.gov/Public/Index.aspx also offers a list of providers by ZIP code.

AARP Online Resources

AARP provides a lengthy list of services for patients with dementia or other long-term illness. Their *Prepare to Care* is a 36-page guide that can be downloaded or ordered online or by phone from 877-333-5885. This guide offers just about everything you want to know as you enter this journey of caregiving. AARP also has resources on the following topics: Caregiving Basics; Care At Home; Caregiver Life Balance; Community (provides the opportunity to connect online with other caregivers); Caregivers Resource Guide (the community resources given here are meal delivery; in-home care giving services; transportation; and telehealth), www.aarp.org.

Riverside County on Aging

Provides a number of services and a list of organizations under ADRC (Aging and Disability Resource Connection, www.rcaging.org.

Network of Care

www.riverside.networkofcare.org/aging/services/subcategory.aspx?cid=41944&tax=LT-1750.1700 lists associations and facilities that provide in-home services and care facilities.

Dementia Friendly Café

This group's sole purpose is socialization for both the patient and the caretaker. They meet at PF Chang's in a separate room on the third Wednesday of the month from 3 pm to 5 pm. Just show up.

Eisenhower Memory Care Adult Day Center in Palm Desert

This facility offers both respite for the caregiver and the chance for the individual member to develop skills and explore new interests. https://www.eisenhowerhealth.org/health-services/other-health-services/eisenhower-memory-care-center-adult-day-center/; phone: 760-836-0232.

Eisenhower Driver's Assessment Program

This program needs a referring physician's recommendation. The patient will be tested for visual and perceptual abilities. Contact your physician for referrals in order to be sure that the patient has the necessary capability for driving.

Alzheimer's Coachella Valley
Provides supportive programs and services that respond to the needs of families living with Alzheimer's and other related disorders with emphasis on the caregiver and diagnosis. They can be reached at: www.cvalzheimers.org and 760-776-3100.

Indio Senior Center (ISC)
The ISC provides an Alzheimer's support group on Tuesdays from 10 – 11:30 am. For exact dates, 760-391-4170 or https://indio.org/your_government/community_services/senior/clubs/alzhemier.htm.

Legal Help
Most elder law attorneys handle legal matters affecting an older or disabled person, including issues related to health care, long-term care planning, guardianship, retirement, Social Security, Medicare, and Medicaid. Search online for "Elder law attorney in Coachella Valley" to see listings; also available is the radio show, "Elder Answers," on KNEWS 94.3 FM/970 AM.

Caregiver Contracts
People who use their own assets to pay for caregiving can draw up a contract to pay a son or daughter for the care provided. Discuss the possibility with other siblings involved and consult an elder care lawyer.

Veterans Benefits
If the care recipient is a veteran of a military conflict after September 11, 2001, phone 877-WAR-VETS (927-8387) toll free to learn about benefits for primary caregivers. If the patient qualifies for veterans benefits, there is a local representative who can provide assistance in finding what you need. For general information: https://www.benefits.va.gov/persona/veteran-elderly.asp. For contacting our local representative: http://veteranservices.co.riverside.ca.us/Meet-the-Staff.

Professional Advisors
Impartial advisors can provide placement assistance when you need to decide what type of facility is best for your family member. They can also refer you to providers who can help with additional senior care services, such as continuing care, hospice, and home health care.

The Aging Life Care Association
The association provides a list of paid, certified professionals in your area by ZIP code who can give you assistance in planning the patient's care: www.aginglifecare.org.

Long-term insurance
Some long-term insurance policies allow family members to be paid. They may exclude people who live in the same household. Check with the policyholder's insurance agent about coverage.

Financial Hardship
If money is tight, family members may be eligible for in-home help. Contact PayingforSeniorCare.com at www.payingforseniorcare.com/longtermcare/paying-for-home-care.html.

Contact the authors at aggiejordan@gmail.com and mjharris88@verizon.net.

From L to R: Laurie Kerr – Tierra Vista, Mona Klimmick- SCPD, Jill Crichton – SCSH, Patti Groves – SCPD, Donna Halpin – SCSH, Linda Gutierrez – Formerly of SCSH, Lori Weeks – SCPD, Dagmar Hampton – Formerly of SCPD, Linda Aasen – SCSH, Missing Pat Cowen – SCPD

The USTA 65+ Women's 7.0 Tennis Team Rocks!

By Linda Aasen And Arnold Choy
Photo By Steve Aasen

Sun City's USTA 65+ Women's 7.0 Team returned in early February from the National Invitational Tournament in Surprise, AZ, with a second place finish against 17 teams from throughout the U.S. Mainly players from SCSH and Sun City Palm Desert (SCPD), the ladies won all of their matches in the round robin, going 4-0, and then took their semi-final match, scheduled for 8 am but delayed because of rain until almost 3 pm on getaway Sunday.

After a 30 minute rest period, the team faced the final under the lights. They played their hearts out and were tied at 1-1, with the final match heading for the dreaded third set, 10-point tie-breaker, which they eventually lost 10-8. Those unforgettable two points were what kept the team from being the best in the nation, but they (and their supporters) felt a keen sense of pride and accomplishment at their fantastic finish.

The captain's farewell message to the team was, "You are all AWESOME and a great group of ladies and friends forever!" Well done, ladies.

If you were in New York, at the Pentagon, or knew someone on United Flight 93, we would like to hear your 9-11 story.

A special article is being planned for the September issue of *The View* commemorating the anniversary.

Please contact the author at: mjharris.88@verizon.net.

Once Upon a Mattress

Music by Mary Rogers; Lyrics by Marshall Barer

By Aggie Jordan
Photos By Robert Delaurenti

"You're in for a walloping surprise," proclaims Karen Adamik, Director of the Performing Arts' spring play, *Once Upon a Mattress.* "Feathers and silver is all I'm going to say," Karen notes, and then proceeds to sing out a line from the show. Then she continues, "This play is hilarious hyperbole at its very best. It is humor and exaggeration in a mystical, medieval setting. The music is not easily remembered, but it tells the story."

First row: Prince Dauntless, the Drab (Earl Warner); second row: Queen Aggravain (Donna Gambale), Princess Fred (Gwen Roy), and King Sextimus (Gene Gambale)

And the cast has certainly caught on to Karen's enthusiasm. Donna Gambale, Queen Aggravain, says, "It is Karen's incredible creativity and talent that make this show so much fun." Gwen Roy, who plays the role of Princess Winnifred, or Fred as she is called, proclaims,

Jester (Percy Serrano) and Minstrel (Donna Parrish)

"I love this cast and crew. It is so exciting. They do a spectacular job, and it's been a fun experience." Earl Warner, Prince Dauntless, the Drab, echoes, "I like the whimsy of these many characters. They will make you laugh." The King, Gene Gambale, has no lines but plenty of gesticulating messages; and since I can only use words, you will just have to come out to see him. You will, no doubt, also enjoy the Jester, the Minstrel, and the Wizard as they keep the court occupied.

Producer Judith Bennoch tells us:

It takes a village to produce a musical. This musical comedy with a cast of 19, including a chorus of 10, requires 50-60 people behind the scenes: a support cadre of costume designers and their sewing contingent; a crew for set design and construction; a publicity team; ticket sellers; the usher hosts and the program creators; the Green Room staff of dressers and make-up artists; plus stage hands; a lighting and sound crew; a cast party committee; and a team of managers for each of these jobs.

First row: Pat Rosandich, Karen Adamik; second row: Suzy Voss, Judith Bennoch, and Kay Jacobs

The Wizard (Darryl Jacobs), original photo by K. Adamik

This production team allows Karen, Judith, Assistant Director Pat Rosandich, Choreographer Kay Jacobs, and Costumes Manager Suzy Voss to concentrate on the actors and their roles, the music, and the total production.

The play runs from March 14 through 17. On Thursday, Friday, and Saturday, the performance is at 7 pm; and Sunday it is at 2 pm.

Tickets are on sale at the Montecito Clubhouse each Monday, Tuesday, and Wednesday from 10 am to 1 pm.

Get your tickets now because this production is sure to be sold out.

Contact the author at aggiejordan@gmail.com.

Contact the photographer at rdelaurenti@yahoo.com.

Long-Term Sun City Shadow Hills Employees

By Linda Aasen
Photographs By Les Widerynski

In the final article in this series about our long-term employees, let's meet the hard-working Troon folks who make playing our golf courses enjoyable, and who keep our restaurant humming…

Fidel Galaviz – Greenskeeper

Fidel Galaviz

For 13 years, Fidel has gotten up early every morning to mow our golf course starting at 5 am.

He is a guy who loves the outdoors. He spends his week mowing the golf course fairways, roughs, and greens; pruning foliage and trees; and smoothing the bunkers with the "SandPro" machine.

When at home, what else? Fidel spends his time mowing and trimming his own yard. When I asked Fidel if he works that hard inside the house, he smiled broadly and said that he leaves that for his wife, Hilda. It must work for their relationship because they will be married 50 years this year.

When Fidel has finished all that work, and it is too dark to be outside, you can find him relaxing in front of the television with his dog Felix.

Francisco Javier Baltazar – Greenskeeper

Francisco Javier Baltazar

Javier is a never stop, hard-working guy who has mowed the golf course, driven tractors, hauled equipment, and run the backhoe for 13 years. Golfers should be especially nice to Javier because he is the man who changes the cups on the greens. Yes, he is the man who golfers cuss out whenever they miss a short putt!

Javier works that hard at home also. He and his wife, Maria, are dedicated parents to their four kids and, if that weren't enough, they adopted their son's best friend at age eight when he was abused by his stepfather. He is now 22 and dedicated to his parents, Javier and Maria.

Fred Kasten – Guest Services

Fred Kasten

Fred has been a part of the Shadow Hills Golf Club team for 14 years. He is the man who protects the $550,000 investment in our golf carts.

He is in charge of the cart barn where Troon maintains our carts. Every day they wash the carts, monitor the water and tire air levels, and make repairs when needed. The last task in the afternoon is to hook all the carts to their chargers. At 5 am the next morning, they unhook the carts from their chargers; add ice to the coolers; fill the sand and seed containers; and finally add the scorecards, pencils, and tees.

Fred loves working at SCSH so, after our carts are ready for the following day, he plays golf if there is adequate daylight.

When at home, Fred has an unusual hobby of knitting. When his wife brought home knitting books and supplies (yarn and needles), he was intrigued and gave it a try. Now he is an accomplished knitter specializing in designing and knitting swimsuits. He and his wife, Becky, have two children and five grandchildren.

Hank Bierman – Starter & Marshal

Hank Bierman

Hank retired from the corporate life 11 years ago but immediately realized that he did not have any hobbies and would be completely bored if he weren't working. When Hank saw an ad for a starter at SCSH, he thought it sounded interesting.

Hank is the guy who ensures everyone is on the first tee and on time. If there is a shotgun start, he becomes the marshal ensuring the pace of play is maintained throughout the day. When I asked him, Hank did admit that our women golfers play faster than the men.

In 2007, Hank's six-year-old granddaughter, Sydney, was killed in a car accident. Because she loved books so much, Hank and his family started the "Reading to Angels" program. Their goal was to collect 300 books to donate to children in abusive, underprivileged, or foster homes.

To date they have donated over 15,000 books. Our Lady Putters gave 1,000 books to "Reading to Angels" to thank Hank for setting up the course for them every Tuesday. Whenever Hank receives a tip as a starter, he immediately buys books for those children who have never owned one. Hint, hint!

Tom Daun – Golf Shop Attendant

Tom Daun

Tom has worked at our golf course for 13 years including at the North Course when the Clubhouse was just a trailer and golf was free to encourage people to play. He ran the golf shop, lunchroom, handled the carts, etc. Tom works on Friday and Saturday, and there are now others to help serve the golfers.

Tom golfs a bit and serves as a handyman for his neighbors. But his true passion is gardening. For 30 years, he was a landscape and water feature contractor in Bellingham, WA. Before that he was a biology teacher. He and his wife, Gail, have been married for 28 years.

The most fun at the golf shop must be selling extra golf balls at the turn to those who have lost theirs in the many ponds on the North Course.

Josefina Paniagua De Farias – Cook

Josefina Paniagua De Farias

Some 14 years ago, the head cook at Shadows restaurant brought Josefina here from the club where they had worked together previously because he knew she would be a great addition to Shadows' cooking crew. Since then, Josefina has been in the kitchen cooking burgers and making sandwiches and wraps for us to enjoy! When I asked about the downside of her job, Josefina said, "There are no bad parts."

Josefina is married to Moses Farias, and together they have six children, which include a set of twins. Their family has grown even larger with 12 grandchildren. They all live in Indio and get together often.

When Josefina is not in our kitchen, she is entertaining family, cleaning the house, and shopping whenever there is an opportunity.

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Contact the photographer at lesrun1@aol.com.

Stupidity Nearly Fries My Keester

By Kris Downey

Ever have one of those days where you find yourself standing barefoot on a metal stepstool about to unscrew a lit light bulb from a fixture that's dripping water?

I hope not.

In the vein of *stupidity reigns supreme*, I found myself doing exactly that.

It started innocently enough. I was home alone rounding up dirty towels. (Exciting life, I know.) I went upstairs to retrieve said towels from my daughter's bathroom. While I was in there, I noticed her tub was growing pink mold. I decided to help her out by spraying it down. I removed the shower spray thingie and hosed down the shower.

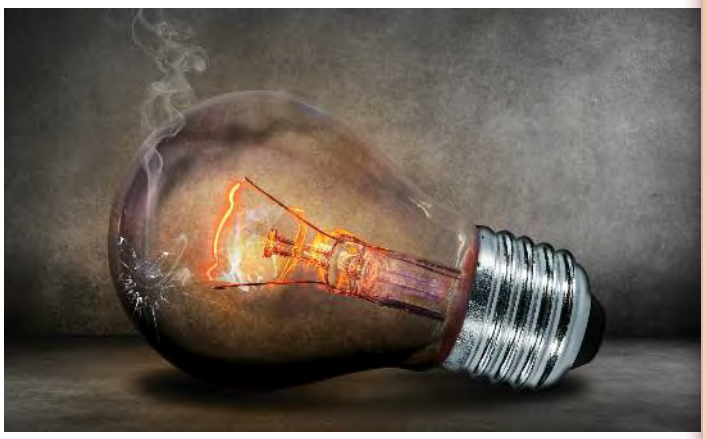
So far so good. Then, instead of placing the shower spray thingie back IN the tub, I dangled it alongside the tub. At that moment my adult ADD kicked in, and I decided – if I was washing her towels – I might as well wash her sheets, too. I left the bathroom and went into her room to strip the bed.

All of this took about three minutes, but as it turned out three minutes was exactly the amount of time needed to flood the bathroom. Important point here – the water was OFF! Apparently because the shower head thingie was lower than something (I'm not sure what), it siphoned the water out of Lake Erie.

What the heck?

I cleaned up the bathroom flood and headed downstairs to the laundry room. Here's where it got scary. I rounded the corner into the kitchen only to be dripped on by water coming from the ceiling, the kitchen light to be exact.

What the heck?



My first thought was, "How am I going to explain this to the Other Half?" In a split second, I decided to do what I always do: hide the evidence. I grabbed the metal stepstool, climbed to the top step, stood on my tiptoes, and reached for the lit fixture.

Wait a minute.

Suddenly, in the back of my mind I remembered something about electricity and water and metal and bare feet not being such a great combo. Oops. I nearly fried my keester.

I jumped off the stepstool, turned off the light, and proceeded to clean up the kitchen floor. For the next hour I watched helplessly as the kitchen light continued to drip. By the time Other Half got home, there were three additional water spots on the kitchen ceiling – all dripping.

What the heck?

Other Half does not believe the water was off. It was. I swear.

Contact the author at ksdowney@gmail.com.

Jeff Pickering is Retiring

Throughout the years Jeff Pickering has been a great asset to Sun City Shadow Hills. It all began nine years ago on February 1, 2010. Since then, all the countless number of room set-ups and take-downs for all the Chartered Clubs, Resident Groups, Lifestyle Events and Food and Beverage Banquets at Montecito and Santa Rosa Clubhouses are greatly appreciated. Jeff's intelligence and experience will be missed. There have been many cases when the community has relied on his instincts to make important decisions and they emerged successfully. All his hard work never went unnoticed and we cannot be more obliged to you. It has been a pleasure working with you, Jeff.

Photo by Gus Ramirez

HOA Management wishes you a relaxing, fun, and long retirement. Can we call you if we need help? Congratulations on your retirement!

Evelyn Champagne King
"SINGER, SONGWRITER AND RECORD PRODUCER. SHE IS BEST KNOWN FOR HER HIT DISCO SINGLE "SHAME", WHICH WAS RELEASED IN 1977 DURING THE HEIGHT OF DISCO'S POPULARITY. KING HAD OTHER HITS FROM THE EARLY THROUGH THE MID–1980S INCLUDING; "I'M IN LOVE" (1981) AND "LOVE COME DOWN" (1982)."
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Sun City Shadow Hills
Spring
Parking Lot Sale
Saturday, March 16, 2019
8 AM – 12 PM
Montecito Clubhouse
Reserve your spot for the Montecito Clubhouse's parking lot sale, bring your gently used items to sale.
Registration Fee
$10 • Additional Spot: $5
Registration begins on Monday, January 7, 2019
Fee includes a spot on the parking lot equivalent to two parking spaces.
All vehicles must be out of the parking lot and parked on the street before the event begins at 8 AM. No exceptions will be made due to the safety priority of the participants.
For Sale
For More Information
Contact Lifestyle Desk
760-345-4349
ext.2120

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FOR ONLY
$10
JOIN US ON SATURDAY MARCH 30 AT 10AM IN THE CAMBRIA/MIRADA.
SIGNUP AT THE FRONT DESK AND WEAR THEM PROUDLY AT "REMEMBERING WOODSTOCK"

Sun City Shadow Hills
VS
WEDNESDAY, APRIL 3, 2019
Departure Time: 4:30 p.m.| Game Time: 7:30 p.m.
Estimated time of Arrival to Montecito Clubhouse 12:30 a.m.
$109.00 Per Person
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The Lifestyle Desk accepts Visa, MasterCard, Discover and American Express.

Remembering Woodstock

50th Anniversary 1969-2019

April 6th | 7pm

South Lawn | Doors open at 5:30

dont forget to bring your lawn chair
food and beverage provided by shadows restaurant

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8:00 A.M. – 12:00 P.M.
(AT HOA PARKING LOT)

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Sun City Shadow Hills

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New Replacement Flags and Poles for Phase 1 & 2 Homeowners

New Flags with Poles and Mounting Hardware for Phase 3 Homeowners

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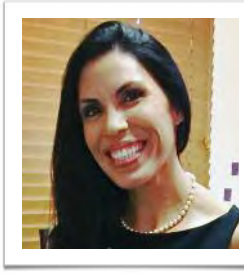
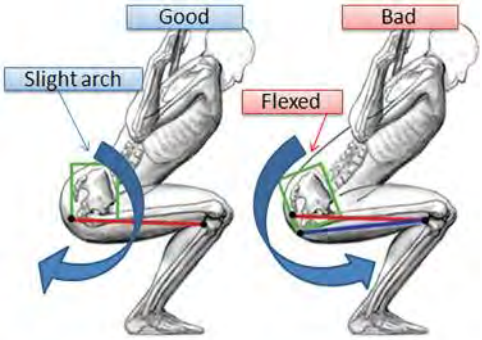


Fitness Update

By Valeria Batross
Fitness Director

Do It Right: The Squat Exercise

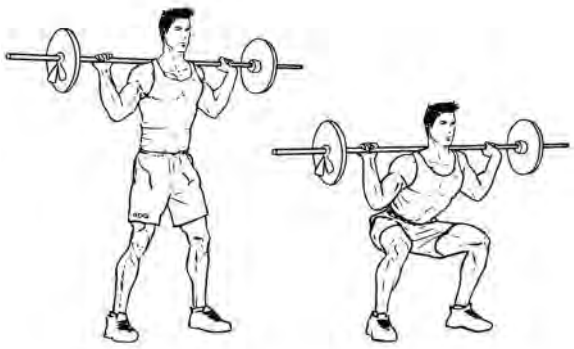


Exercise Type, Benefits, and Introduction

The squat is one of the three lifts (chest press, squat, and deadlift) for optimal overall strength and conditioning.

The squat is a compound, multijointed, lower body exercise intended to increase strength in the muscles within the quadriceps, hamstrings, and gluteus maximus. There are six Biomechanical (Human Movement) principles that make up a squat. These are ground reaction force, center of mass, torque, moment arms, vector quantities, and kinematics.

All of these principles work in conjunction to maximize the effectiveness of the squat, prevent injury, and improve strength – not just inside the gym but, most important, outside the gym. Newton's Third Law states, "For every action there is an equal and opposite reaction." In terms of the squat, this action/reaction force is between the feet of the person squatting and the ground on which they are squatting.



Any increase in intensity (weight on the barbell) equals an increase in ground reaction force. The center of mass means feet and barbell should all be in a vertical line. Torque is essential to increasing stability. Torque happens when there is a hinge at the hips, a bend in the knees, and the back remains straight. Moment arms is the perpendicular distance between the person squatting and the barbell; the back must be kept straight with the barbell resting right on the meaty part of the shoulder blades and traps. For greater gluteal muscle activation and greater force production, the squat should go deeper then hip level.

Teaching, Execution, and Safety Points

To create an optimal movement pattern in the squat, the ankle, knee, hip, and spine should be in functional alignment. Starting from the ground up, let's go over what a squat should look like.

- Ankle joint: Flexibility and range of motion (mobility) are very important. Heels should remain grounded, and weight of the body should be evenly distributed between both feet, as well as the ball of the foot and heel.
- Knee joint: The more knee flexion when squatting, the more ground reaction force will be created. Squat without pushing knees forward, as if sitting down on a bench, and keep the knees in alignment with the second or third toe, avoiding knocked or Vanus knees.
- Hip joint: A slight forward lean and hip hinge increases force, activating the gluteus maximus (biggest muscle in the body) making the squat a success.
- Spine: It is important to hold as much of an upright position in the squat as possible to avoid compression forces on the spine.

Recommendation for Sets and Repetitions

For endurance training, perform 3 sets of 12 – 20 repetitions at a light to moderate weight, twice a week.

For strength training, perform 3 - 4 sets of 8 – 12 repetitions at a moderate weight, once or twice a week.

Always perform 2 warm-up sets of 10 – 12 repetitions at 50 percent off the working set weight. Example: if you squat 50 lbs., then you would warm up with 25 lbs. total.

Join our Fitness Lead and Personal Trainer Forest Willis at the free Progressive Movement class to learn proper kinetics (human movement) every Friday at 10 am in the Santa Rosa Fitness Center.

Valeria

Contact the author at valeria.batross@associa.us.

Golf Operations

By Rolland Vaughn
General Manager,
Shadow Hills Golf Club

Last month, we provided an update on the Coachella Valley Water District (CVWD) sewer main project that will affect holes 15, 16, and 17 along with the practice facility. Since then, CVWD contracted MSA Consulting based out of Rancho Mirage to assist with the planning and execution of the project. Additionally, we have had an onsite meeting with both CVWD and MSA to further discuss the affected areas.

Through this process, a new anticipated timeline has been created with work slated to begin in July 2020. So the South Course will remain open for our year-round golfers this summer. This is good news for the immediate future because it gives us an opportunity to keep both courses open, the first with Troon as a management partner. We will continue to update everyone as more detailed information becomes available.

We continue to be in our busiest time of year hosting multiple events each week on the golf course. We will also host Demo Days on the practice tee and offer two fully stocked golf shops to serve you. Remember that merchandise purchases are part of the Players Card Loyalty Program and that points accumulate toward a free round of golf.

Thank you again for all your support, and feel free to contact us at any time with questions or feedback.

Rolland

Contact the author at rmvaughn@troon.com.

HOURS OF OPERATION

North Course
6 am – 5 pm

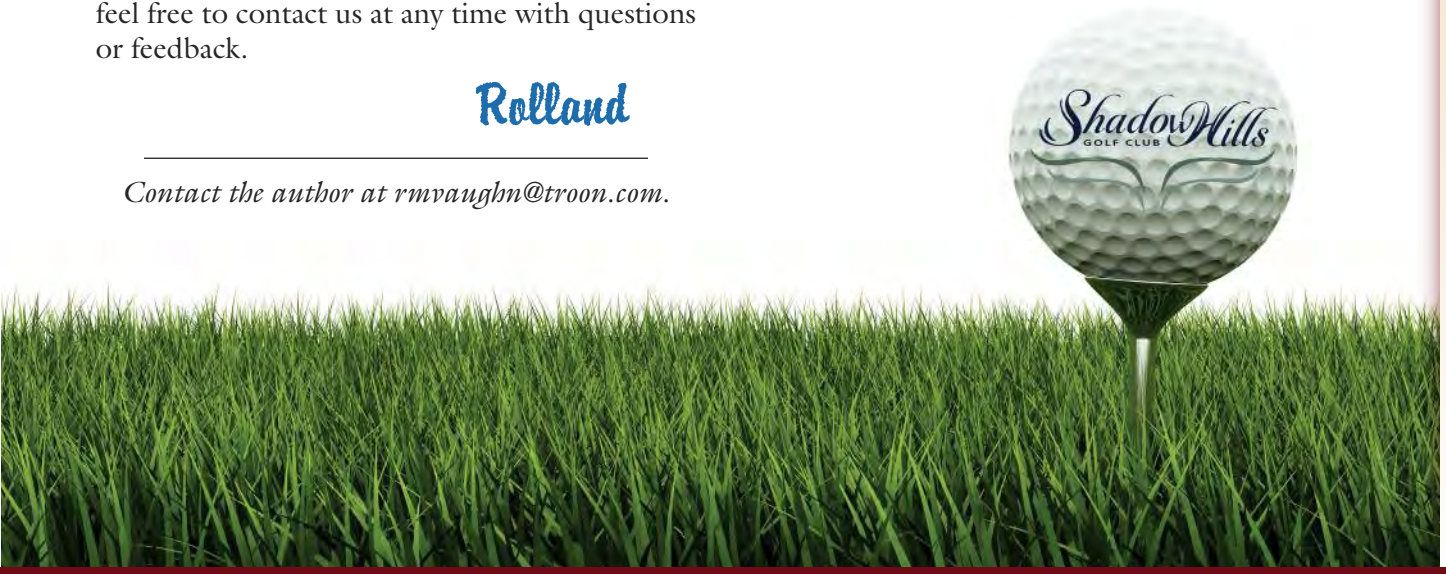
South Course
6 am – 5 pm

Practice Facility*
6 am – 5 pm

Closed Thursdays: 10 am – 12 pm

* Golfers will have priority for warming up prior to their round

* Last bucket sold at 5 pm



Montecito Fitness Center

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM		**Zumba** $4 – Michelle		**Zumba** $4 – Michelle		
8:00 AM	**Body Sculpt** $4 – Angel	**Total Body Strength** $4 – Marlena	**Body Sculpt** $4 – Angel	**Core & Stretch** Free Class Forest	**Total Body Tabata** $4 – Marlena	**Total Body Endurance & Strength** Free Class Forest
9:00 AM	**Zumba** $4 – Angel	**Yoga Balance & Strength** $4 – Melinda	**Zumba** $4 – Angel	**Yoga Balance & Strength** $4 – Melinda	**Zumba** $4 – Rosy	**Open Line Dance** Free Class
9:30 AM			**Aqua Cardio/Balance** $4 – Karen		**Aqua Cardio/Balance** $4 – Karen	
10:00 AM	**Mat Core Pilates** $4 – Angel	**Cardio & Strength** $4 – Amy	**Beginner Yoga** $4 – Angel	**Zumba Toning** $4 – Angel	**Chair Yoga & Stretch** $4 – Marlena	
11:00 AM	**Aqua Zumba** $4 – Rosa **Reformer Pilates II (Intermediate)** $12 – Brenna	**Aqua Fitness** $4 – Amy	**Reformer Pilates II (Intermediate)** $12 – Justin	**Aqua Fitness** $4 – Amy **Reformer Pilates I-II (Basic-Intermediate)** $12 – Justin		
12:00 PM	**Reformer Pilates I-II (Basic-Intermediate)** $12 – Brenna		**Intro to Pilates** $12 – Justin			
1:00 PM	**Lively Liners (Beginner 1)** 1:00 – 2:00 PM **Lively Liners (Beginner 2)** 2:00 – 3:00 PM	**Lively Liners (Beginner Review)** 1:00 – 2:00 PM Chartered Club Membership Required	**Lively Liners (Intermediate Transition)** 1:00 – 1:30 PM **Lively Liners (Intermediate)** 1:30 – 3:00 PM Chartered Club Membership Required	**Thera-Band** 1:15 PM Free Class Dr. Eric Max 40/Class	**Lively Liners (Advanced)** 1:00 – 2:00 PM Chartered Club Membership Required	
2:45 PM	**Lively Liners (Advanced)** 4:00 – 5:00 PM Chartered Club Membership Required	**Chair Yoga & Stretch** $4 – Marlena			**Lively Liners (Advanced Transition)** 2:00 – 3:00 PM Chartered Club Membership Required	
5:00 PM				**Lively Liners (Intermediate Review)** Chartered Club Membership Required		
6:30 PM		**Tai Chi Qigong Level II** $8 – Dr. Hamilton				

Class Passes

Annual Pass
$250
Unlimited $4 Classes
Sold January 1 – January 31

Monthly Pass
$50
Unlimited $4 Classes for That given Month

10 $4 Class Pass
$40
Plus 10% Off

Pass Restrictions

$8 Classes
Annual and Monthly Pass Holders Will Pay an Additional $4 to Attend and 10 $4 Class Pass Holders Will Use Two Slots of the Pass

Please Silence Cell Phones

Arriving Five Minutes Past Beginning of Class Will Not Be Allowed

Reformer Pilates Classes

Sign up and Purchase Your 10 Class Pass at Montecito Front Desk
Check or Credit Card Only

Semi-Private Reformer

Available upon Request, Check Montecito Fitness Desk for Packages and Pricing

Santa Rosa Clubhouse

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	**Cardio Kickboxing** $4 – Marlena	**Stretch** Free Class Forest	**Zumba** $4 – Rosy	**BarreAbove** $4 – Marlena		
8:30 AM						**80 Min** (8:30-9:50) **Yan Vinyasa Yoga (NS)** $8 – Leesann
9:00 AM	**Silver Fit** $4 – Marlena	**Abs & Buns** $4 – Marlena	**Pilates (NS) 9-9:45** $4 – Amy	**Silver Fit** $4 – Bonnie	**Yoga (NS) $4 – Amy**	
9:50 AM			**Gentle Yoga 9:50-10:40 (NS)** $4 – Amy			
10:00 AM	**80 Min** (10:00-11:20) **Yoga (NS)** $8 – Amy				**Progressive Movement** Free Class Forest	
10:30 AM						**Tai Chi Qigong Level I** $8 – Dr. Hamilton

To Help Ensure Your Spot Please Arrive 10 Minutes Early

Wait until room is empty to go inside

Mind-body Classes Such as Yoga, Pilates, and Meditation Are Recommended to Be Done Barefoot (NS) = (No Shoes)

Refrain from the Usage of Perfume or Cologne When Participating in Classes

Please Silence Cell Phones

We Only Accept Checks or Credit Cards Payable to "SCSHCA"

Schedule Is Subject to Change

Thanks for Your Cooperation

After morning group exercise classes, the Pismo/Newport rooms are not available due to Charter Club activities.

PAYMENT FOR CLASSES

We accept credit cards, cash or checks payable to SCSHCA. Payments received at front desk. To purchase a pass to attend a group exercise class you may choose from the following:

- **$50 Monthly Group Exercise Pass**
  (allows resident to attend unlimited $4 classes, but expires month of purchase)
- **$40 Group Exercise Pass**
  (allows resident to attend ten $4 classes with an additional free class recieved on day of purchase, and no expiration date)
- **Pay $4 per class**
  (resident may pay for individual classes)

CLASS FEE KEY

Free Class
$4 Class
$8 Class
$12 Class

Schedule is subject to change.
Check the Fitness Calendar on *www.scshca.com* for class cancellations. For any questions, please contact:
Santa Rosa Fitness Center at 760-345-4349 x 2201
Montecito Fitness Center at 760-345-4349 x 2111

CLASS ATTENDANCE

To help ensure your spot please arrive 5 minutes early. Entry beyond five minutes after the start of the class will not be allowed. No open drink containers are allowed in studios.

GUEST POLICIES FOR FITNESS CENTERS AND POOLS

Guests, for admittance to fitness centers & pools, please register each day at the desk to receive your wristband.

- All guests must present the guest card if not accompanied by the resident. *No exceptions.*
- All forms must be completed prior to using the facilities including the pool areas.
- All rules including personal conduct must be adhered to by all users.
- Guests may be asked to relinquish the use of equipment when residents are waiting to use said equipment.

CHILDREN'S POOL HOURS

(Ages 4 –16) November 1 – April 30: Montecito 2 pm – 5 pm · Santa Rosa 9 am – 12 pm

SCSH Camera Club

meetings held at the Santa Rosa clubhouse

Wednesday	March 6th	Photo Discussion Group
Wednesday	March 13th	Main Meeting
Thursday	March 14th	Photoshop/Lightroom SIG
Friday	March 22nd	Field trip to Desert X art installations
Wednesday	March 27th	Workshop - Post Processing

www.scshcameraclub.com

scshcameraclub@gmail.com

Three Benches by Betty Todd

Sun City Shadow Hills

THAT'S ENTERTAINMENT CLUB

Sir Laffs-A-Lot's Comedy Night

Starring Comedians from the Top Late Night Shows

Hilarious New Shows Every Month

Rated "R" Due to Adult Content

Wednesday, March 20, 2019 • 7:00 PM

Arrive Together, Sit Together • No Seat or Table Saving

Tickets: $12 in Advance / $14 at the Door (If Available)
Tickets Are Non-Refundable
Checks/Visa/MasterCard/Discover/AMEX
Complimentary Wine Served

Contact the Sun City Shadow Hills Lifestyle Desk for Tickets
80888 Sun City Blvd • Indio CA 92203 • (760) 345-4349 Ext. 2120

Sun City Shadow Hills Computer Club

We have a great line-up of classes in March:

iPAD TIPS AND TRICKS

HOW TO MAKE WINDOWS 10 LOOK AND FEEL LIKE WINDOWS 7

20 COOL AND INTERESTING WEBSITES YOU'VE PROBABLY NEVER HEARD OF!

WINDOWS 10: GETTING STARTED

WINDOWS 10: PERSONALIZING YOUR DESKTOP

GETTING ORGANIZED: MASTERING FINDER FILES AND FOLDERS FOR MAC

LET'S GET OUT OF HERE! A REVIEW OF THE BEST TRAVEL WEBSITES FOR BOOKING SUMMER TRAVEL

PRESENTATION: COMPUTERS, ROBOTICS, AND ARTIFICIAL INTELLIGENCE – WHERE ARE WE GOING?

OPEN OFFICE OVERVIEW

OPEN WORKSHOPS: 3/8 & 3/22. All members are welcome! Come to the Monterey Room, Santa Rosa Clubhouse anytime between 1:30 – 3:30 for one-on-one help.

To view our class calendar and sign-up online, please visit our website at www.scshcomputerclub.com.

Any questions? Email us at infoscshcomputerclub@gmail.com

Concerned Homeowners of Shadow Hills

A Resident Group of Sun City Shadow Hills

C.H.O.S.H. Members

Look for our email containing our calendar of what's going on, in season, in the Valley, in late February look for our final March edition.

Each month C.H.O.S.H. is publishing articles from November to April that we believe to be of interest to our members.

If you have an Item of interest let us know and we will bring it to light with accurate and factual information.
Go to our web site and use the "Contact Us" tab.
www.choshscsh.com

Not a member? Go to our web site and click on "Join us".

SCSH
Couples Golf Club

Couples Golf Club is in full swing for 2019. We play two Sundays a month, with a fun yet competitive atmosphere followed by dinner, drinks and lots of socializing. Our last game of the 2018/2019 season will be April 7. If you are interested in joining, see our website for information on how to submit your returning or new membership application.

www.shcouples.com

For any questions contact:

Membership – Margaret Gouviea
scshcouples@gmail.com

President – Linda Lunghamer
scshcouples@gmail.com

The CREATIVE ARTS CLUB of Sun City Shadow Hills

No Experience Necessary!

Materials Provided! *

A GOLDEN Opportunity—Watercolor
Instructor: GOLDEN Working Artist, Nancy Seiler
4 Fridays, March 1, 8, 15, 22 1-4 pm
$180—limited to 20 participants

Class #1 GOLDEN QoR Watercolors, Mediums, and Grounds Hands-on Lecture/Demo

- Learn unique properties of GOLDEN QoR watercolor paints, mediums and grounds.
- Understand what makes QoR stand apart from other brands.
- Check out the amazing new grounds that transform any surface, canvas or wood panel into a watercolor-friendly one.
- Discover new watercolor mediums for unusual effects.

All materials provided. You'll go home with FREE watercolor samples and lots of great information.

Class #2 Clean Color Mixing

Learn the difference between Modern and Mineral Pigments and be confident in color mixing! No muddy mixtures! We'll paint on Arches Cold Press watercolor paper.

Class #3 Creating Texture in Your Watercolor Paintings

Learn how to create an exciting, dimensional surface for your watercolor paintings. We'll learn how to prepare two different surfaces and apply watercolor. Please bring reference material such as photos or magazine clippings. Landscapes work great!

Class #4 GOLDEN QoR EXPLORE #3: Monoprinting with GOLDEN QoR Watercolors

Using GOLDEN QoR Watercolors, Graphix® plates, and printmaking paper, we'll experiment with different applications of watercolors to create one-of-a-kind monoprints. Please bring reference material such as photos or magazine clippings.

FOR MORE INFORMATION EMAIL: Suzygofly@yahoo.com

Shall We All Dance

Sun City Shadow Hills Dance Club

Montecito Clubhouse Ballroom

March Madness * Friday, March 8th, 5:00 – 8 PM
Hustle lesson at 5:15, Dance 6 – 8
Also, music for waltz, foxtrot, swing, rumba, salsa & more

Singles, couples, beginners, experienced dancers… all welcome!
Come dance with us! Dance hosts will be available for the singles.

Resident membership $10 annually. Dance entry fee of $10 includes free lesson.
For more information, contact Judy Wilson at 858-337-5284 or judywilson2016@outlook.com.

Join us for Philip Drucker's presentation on

THE MUELLER INVESTIGATION –
Reading Between the Headlines

THURSDAY
MARCH 21, 2019

SANTA ROSA CLUBHOUSE
PISMO ROOM

6:00-7:00 P.M. SOCIAL & BUSINESS MEETING

7:00 P.M. PRESENTATION

Philip Drucker's presentation is an ongoing, constantly evolving project documenting what the general public already knows about the highly secretive Special Prosecutor's investigation coupled with a "best guess" analysis of where the investigation may lead us based on the available information.

Philip Drucker is a retired attorney living in the Coachella Valley. Currently, he is the Dean of Academics at the California Desert Trial Academy (CDTA) in Indio where he teaches Constitutional Law and Real Property. He also teaches Business Law I at the College of the Desert. In 2014, he ran for State Senator in California's 28th Senate District primary election and received more votes than any other Democratic candidate. He is a member of the Riverside County Democratic Club and remains committed to the ideals of combining a socially progressive agenda with a conscientious, fiscally responsible conservative government.

SPONSORED BY THE DEMOCRATS IN SUN CITY SHADOW HILLS

VENUE IS ACCESSIBLE FOR PEOPLE WITH DISABILITIES:
Reasonable accommodations will be provided for people with disabilities. Please call (760) 565-7762 at least 48 hours in advance to make your request or for any questions about accessibility, including but not limited to, the program, parking, restrooms facilities, American Sign Language requirements, or alternate format materials.

The Desert Life Club

Please join us and meet this month's speaker
Sue Anderson, Director

OSHER LIFELONG LEARNING INSTITUTE
Heritage Palms Golf Club, Tuesday, March 19, 2019
Doors open at 11:30 a.m.

Lunch will be California Chicken, Sorbet for dessert
Veggie Selection-Chop-Chop Salad

Place your $25.00 lunch check in our mailbox by 5:00 on 3/12
The charity is: Coachella Valley Volunteers in Medicine- requesting
Office supplies, file folders, post-it' s, batteries, staplers, air freshener

For cancellations and waitlist call: Marita Barker 909-275-0463

Discussion Forum Club
Speaker Series Presentation

SCSH's Dr. Arnold Rosenheck
Your Dentist Can Save Your Life.

Dr. Rosenheck is respected for his work in creating The Oral Cancer Consortium whose goal is prevention and early detection of oral cancer.

Dr. Rosenheck's teaching career spans 47 years of educating both undergraduate and post graduate medical, dental, hygiene, and nursing students throughout the United States and Europe.

Dr. Rosenheck will discuss:
- the different types of oral cancer
- the prognosis of patients with oral cancer
- what can be done to prevent oral cancer
- treatment and recovery

Please come and take advantage of Dr. Rosenheck's wealth of knowledge on the risk factors for oral cancer, a disease that affects thousands of people every year.

After his presentations, questions from the audience will be answered.

Date: **March 22, 2019**
Time: **7:00 pm to 8:30 pm**
Where: **Montecito Ballroom, front half**

Season Pass $10.00 Single Session $5 per couple or $3 per person at the door
For more information, contact Vice President Mike Johnson.
at michael.d.johnson3860@gmail.com

OVER THE HILL HIKING CLUB

If you have a pair of hiking boots, a back pack and a yen to discover the beautiful scenery in the hills and mountains of the Coachella Valley and beyond, the Over the Hill Hiking Club is for you

We offer a variety of easy, moderate and strenuous hikes. Our hiking schedule is at: www.scshca.com/hiking. An abbreviated form of the schedule will appear in *The View* each month commencing in the fall. Join our hiking club by emailing Nancy Stenson at: stensonnancy@gmail.com

Members will receive additional hike information by email. There are no dues!!!

Captain Cardiac & The Coronaries

LET'S MEET & EAT CLUB

Sunday, March 31

MONTECITO BALLROOM 4:00 – 7:00

DANCE THE NIGHT AWAY

JOIN YOUR FRIENDS & NEIGHBORS FOR AN EVENING OF MUSIC & FUN! BRING A DISH TO SHARE, WITH A TABLE OF 10, AND YOUR BEVERAGES OF CHOICE!

$10.00 / CLUB MEMBER, $12 / GUEST

RESERVATION FORMS AT BOTH CLUBHOUSES

Questions? Cherie: #760-347-7167

SCSH Lively Liners Club

"Somewhere Over The Rainbow"

"Line Dance The Night Away!"

Sunday, March 10, 2019
Montecito Ballroom
6:00 - 8:45 p.m.

Bring your favorite snack and beverage.

Members $5.00
Guests $10.00

Theme attire is optional ...and fun!

Line Dance to your favorite country and contemporary artists.

Questions: Lynn (442) 300-2572
Katy (760) 610-5710

Oke Dokey Karaoke

Come and have a ball. Show the world the entertainer that you are or want to be. It's great fun for all. Whether you think you have a great voice or you can't carry a tune, it's the opportunity to have fun singing outside the shower, and without worry that you are going to embarrass yourself. You can sing by yourself or with a partner or group, and sings all types of songs or just listen and enjoy. We provide a songbook by song title, by singer or pick your own favorite. Everyone should have a chance in their life to enjoy one of their secret wishes. Because if not now - when?

Come the first Thursday of every month from 6 - 8:30 pm (October-May) to the Montecito Ballroom for fun and a chance to meet neighbors and make new friends. Annual dues are $10.

So bring along your favorite libation and enjoy the fun and companionship. Contact Alan Voss (209) 768-9393 for more information.

Solos

The Social Club for Single Residents of SCSH

- ✓ Monthly meetings
- ✓ Potlucks
- ✓ Happy hours
- ✓ Pool parties
- ✓ Dinners
- ✓ Billiards
- ✓ Movie nights
- ✓ Game nights
- ✓ Sporting events
- ✓ Field trips
- ✓ Dances
- ✓ Book discussions

Saint Paddy's Party

Homemade feast – Corned Beef & Cabbage, fresh Key-lime Pie

Montecito Capistrano Room 5 - 7 PM

Members-only dinner - $5, bring your drink of choice.
RSVP by 3/14 to Delna @ 760-347-2837 or comdlj@aol.com

Membership is $15, good through 2019. Membership forms at the Lifestyle Desk.
For more information, contact Shirley Bunce at (760) 345-8121 or bunce.shirley123@yahoo.com.

Bienvenidos Spanish Club

Visita Argentina con nosotros

March 14 and 28, 2019

Meets 2nd and 4th Thursday each month
4:30 to 6 pm
In the Cambria room at the Montecito Clubhouse
Annual Dues $20
For information email: scshspanishclub@gmail.com

THE LIFESTYLE DESK ACCEPTS VISA, MASTERCARD, DISCOVER AND AMERICAN EXPRESS.

Tutta Bella Vino Wine Club

Saturday, March 23, 2019, 7 pm
Montecito Clubhouse Ballroom

WINEMAKER'S NIGHT
EBERLE WINERY

Tutta Bella Vino Wine Club will present another Winemaker's Night, featuring Eberle Winery from Paso Robles, California. Join us for a presentation of their fine wines by a member of their winemaking team.

$22 per person, $26 non-resident guests.
$10 membership fee for season (due at 2nd event attended).
Registration flyers will be available at the Lifestyle desk and Tutta Bella web page February 17 - www.scshca.com.

Registration Deadline: March 16 or until sold out
For more info: tuttabellavino@gmail.com

SHADOW HILLS WOMEN'S 18 HOLE GOLF CLUB

Come out and play 18 holes of golf with us every Wednesday.

Throughout the November-May season, we offer fun competitions and Guest Days.

OPEN TO ALL SKILL LEVELS!

Visit our website at shwgc.com for more information.

Writer's Club

Write your STORY / MEMOIR in 2019

We will show you how to do it and even how to get it published for free.

Each meeting you will have the opportunity to read 1 – 2 pages of your work.

Join us each month on 1st & 3rd Thursdays, March 7th & 21st in the Santa Rosa Clubhouse at 10 am.

Get published this year!

Membership is free

For information, contact Tony 760-775-9521 or Beth 760-636-0174

COMMUNICATIONS ADVISORY COMMITTEE SEEKS NEW MEMBERS

WE ARE LOOKING ESPECIALLY FOR SOMEONE WITH MARKETING AND ADVERTISING EXPERIENCE

WRITING AND EDITING EXPERIENCE HELPFUL, BUT NOT REQUIRED

INTERESTED?
EMAIL: COMMUNICATIONS@SCSHCA.COM

Food & Beverage Update

By Rolland Vaughn
General Manager,
Shadow Hills Golf Club

On February 1, we launched our revised Shadows menu with returning favorites such as the "Fairway Melt" and "Zinfandel Flatbread," followed by another lovely Valentine's Day Sweetheart's Dinner. We continue to be encouraged by the progress made by the Food & Beverage operations and thank you for all your support.

Mario has been extremely busy booking catered events for our residents as his team has been providing attendees with exceptional service and Chef Jeff and his team continue preparing wonderful food. The teams seem to have found their groove during this busiest time of year.

To keep the momentum going through March, we will continue our extremely popular Pasta Night. Irish-themed food and green beer will be our specials in honor of St. Patrick's Day on March 17 from 11 am – 8 pm.

Please enroll in our weekly e-blast and check our website at www.theshadowsrestaurant.com for the most current and accurate information.

"Like" us on Facebook and "follow" us on Instagram and Twitter:

- *facebook.com/shadowsrestaurant*
- *twitter.com/shadowsindio*
- *instagram.com/shadowsrestaurant*

Best regards,

Rolland

Contact the author at rmvaughn@troon.com.

HOURS OF OPERATION

Shadows Restaurant
Monday – Sunday: 8 am – 8 pm
Breakfast: 8 – 11 am
Lunch: 11 am – 5 pm
Dinner: 5 – 8 pm
Happy Hour: 3 – 6 pm

Golf Snack Bar
6 am – 3 pm

Santa Rosa Bistro
6 am – 3 pm

Montecito Café
8 am – 2 pm

March 2019

• Montecito Clubhouse • Santa Rosa Clubhouse • HOA Office • Shadow Hills Golf Club

AMP – Amphitheater
AS – Aerobic Studio
BCM – Bocce Courts MC
BCS – Bocce Courts SRC
BH – Back Half Ballroom
BR – Ballroom
BW – Breezeway
CAM – Cambria
CAP – Capistrano
CL – Clubhouse Lobby
COA – Coachella
FC – Fitness Center
FH – Front Half Ballroom
GR – Green Room
KSK – Kiosk
LJ – La Jolla
MAR – Marisol
MC – Montecito Clubhouse
MIR – Mirada
MON – Monterey
NPT – Newport
OS – Offsite
OUT – Outdoor Event
PAC – Pacifica
PAT – Patio by Capistrano
PC – Putting Course
PIS – Pismo
PRK – Parking Lot
SC – Sports Court
SEL – Santa Rosa Events Lawn
SGC – South Golf Course
SHA – Shadows Restaurant
SRC – Santa Rosa Clubhouse
SRP – Santa Rosa Patio
SY – Santa Ynez
SY1 – Santa Ynez I
SY2 – Santa Ynez II
TBD – To Be Decided
TC – Tennis Court

Sunday	Monday	Tuesday	Wednesday
3 9:00 AM Needles & Pins (CAM/MIR) 9:00 AM Performing Arts (FH) 9:00 AM MVC Bible Study (PAT) 10:00 AM Mountain View Church (CAP) 10:00 AM Performing Arts (GR) 2:00 PM Table Tennis (NPT/PIS)	**4** 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM) 11:30 AM Pan (CAP) 12:00 PM Pickleball Club (LJ) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 2:00 PM Genealogy (MON) 3:30 PM Community Singers (SY) 3:30 PM Communications Mtg. (COA) 4:00 PM Solo's Club (LJ) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 6:00 PM Pan (CAP) 7:00 PM Billiards Club (PAC)	**5** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 9:30 AM DRC Meeting (COA) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (BH) 12:45 PM Paper Crafters (CAM/MIR) 2:00 PM Computer Club Class (MON) 2:30 PM Tuesday Night Putters (FH) 3:30 PM Computer Club Class (MON) 4:30 PM Disaster Preparedness (CAP) 4:30 PM King & Queens Club (PIS) 6:30 PM Performing Arts (BH)	**6** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 10:00 PM Performing Arts (FH) 10:30 AM Safety Meeting (COA) 11:00 AM Table Tennis (NPT/PIS) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 2:00 PM Landscape Advisory (COA) 3:00 PM Camera Club (MON) 4:00 PM Health Wellness Lecture (CAP) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (BH) 6:30 PM Performing Arts (FH) 7:00 PM Billiards Club (PAC)
10 DAYLIGHT SAVING TIME BEGINS 8:00 AM Performing Arts (CAP) 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (FH) 11:30 AM Performing Arts (FH) 2:00 PM Table Tennis (NPT/PIS) 5:45 PM Lively Liners (BR)	**11** 8:00 AM Lady Putters (CAP) 8:45 AM Performing Arts (FH) 9:00 AM Creative Arts (CAM/MIR) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Genealogy (LJ) 1:00 PM Gin Rummy (NPT) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 5:00 PM Community Singers (BH) 6:00 PM Pan (CAP) 6:30 PM Performing Arts (SY1) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**12** 7:30 AM Classy Niners (GR) 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (CAP) 10:00 AM Desert Life Board (LJ) 11:15 AM Pan (NPT) 11:30 AM Classy Niners (FH) 12:00 PM Duplicate Bridge (CAP) 12:45 PM Paper Crafters (CAM/MIR) 2:00 PM Computer Club Class (MON) 2:30 PM *The View* Subcommittee (LJ) 4:30 PM King & Queens Club (PIS) 6:30 PM Performing Arts (SY1) 6:30 PM Pet Club (MIR) 6:30 PM Republicans (CAP) 7:00 PM Discussion Forum Club (LJ)	**13** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 AM Table Tennis (NPT/PIS) 12:00 PM Women's Golf (FH) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (NPT) 2:00 PM Information Advisory (COA) 2:00 PM Men's Golf (LJ) 3:00 PM Camera Club (MON/PIS) 4:00 PM Desert Gardeners (FH) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (BH) 6:30 PM Performing Arts (FH) 7:00 PM Billiards Club (PAC)
17 ST. PATRICK'S DAY 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM *Once Upon a Mattress* (BR) 2:00 PM Table Tennis (NPT/PIS) 5:00 PM Solo's Club (CAP)	**18** 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Int. Bridge Lessons (MON) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 6:00 PM Pan (CAP) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**19** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 9:30 AM DRC Meeting (COA) 11:00 AM Club Presidents (FH) 11:15 AM Pan (NPT) 12:00 PM Duplicate Bridge (CAP) 12:45 PM Paper Crafters (CAM/MIR) 1:30 PM Computer Club (MON) 2:00 PM Golf Advisory Comm. (COA) 2:30 PM Tuesday Night Putters (FH) 3:00 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 6:30 PM RV Club (CAP) 7:00 PM Veterans Club (CAM)	**20** SPRING BEGINS 7:30 AM Men's Golf (BR) 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 PM Finance Committee (COA) 11:00 AM Table Tennis (NPT/PIS) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 3:00 PM Camera Club (MON) 5:00 PM Bocce Buddies (BCM) 6:30 PM Bridge (CAM/MIR) 7:00 PM Billiards Club (PAC) 7:00 PM Comedy Night (BR)
24 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 5:30 PM Bingo (BR)	**25** 8:00 AM Exec. Session (COA) 8:00 AM Lady Putters (CAP) 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Int. Bridge Lessons (MON) 11:30 AM Pan (CAP) 12:30 PM Needles & Pins (CAM/MIR) 1:00 PM Games Plus (PIS) 1:00 PM Gin Rummy (NPT) 2:00 PM **Board Meeting** (BR) 4:30 PM King & Queens Club (PIS) 5:00 PM Bocce Buddies (BCM) 6:00 PM Community Singers (FH) 6:00 PM Pan (CAP) 7:00 PM Billiards Club (PAC) 7:00 PM Bocce Buddies (BCM)	**26** 8:00 AM Ceramics (CAM/MIR) 9:00 AM Spanish Conversation (GR) 12:00 PM Duplicate Bridge (BH) 12:45 PM Paper Crafters (CAM/MIR) 2:00 PM Computer Club Class (MON) 2:00 PM Performing Arts (FH) 2:00 PM Readers Ink (CAP) 4:30 PM King & Queens Club (PIS) 5:00 PM Performing Arts (BR)	**27** 9:00 AM Needles & Pins (CAM) 9:30 AM Bridge Lessons (CAP) 11:00 AM Table Tennis (NPT/PIS) 12:30 PM Mah Jongg (BH) 1:00 PM Jewelry Club (MIR) 1:30 PM King & Queens Club (PIS) 3:00 PM Camera Club (MON) 5:00 PM Bocce Buddies (BCM) 6:00 PM Movie Group (CAM) 6:30 PM Bridge (BH) 7:00 PM Billiards Club (PAC) 7:00 PM Bunco (MIR)
31 9:00 AM MVC Bible Study (PAT) 9:00 AM Needles & Pins (CAM/MIR) 10:00 AM Mountain View Church (CAP) 2:00 PM Table Tennis (NPT/PIS) 4:00 PM Let's Meet & Eat Club (BR)			

Lifestyle Calendar of Events

Thursday	Friday	Saturday
Sun City Shadow Hills® by Del Webb® Sign up or purchase tickets to Lifestyle events at the Lifestyle Desk in the Montecito Clubhouse. **760.345.4349 ext. 2120** *Cash, checks & credit cards accepted.*	**1** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 11:00 AM Shall We All Dance (NPT) 11:45 AM Pan (CAP) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:00 PM EPC (MON) 1:15 PM Health/Fitness Committee (COA) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 5:30 PM Bingo (BR) 7:00 PM Movie Night: *Crazy Rich Asians* (CAM/MIR)	**2** 9:00 AM Performing Arts (FH) 9:00 AM Spanish Class (CAM) 9:00 AM Tennis Club (MON) 10:00 AM Bridge (CAP) 1:00 PM Camera Club Photo Exhibit & Sale (BR)
7 9:00 AM Creative Arts (CAM/MIR) 9:00 AM Hadassah (FH) 9:00 AM Facilities & Services (COA) 10:00 AM Writer's Club (MON) 11:45 AM Pan (CAP) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 4:30 PM King & Queens Club (PIS) 6:00 PM Bridge (CAM/MIR) 6:00 PM Oke Dokey Karaoke (CAP) 6:30 PM Performing Arts (GR)	**8** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 10:00 AM Flag Sale (CL) 10:00 AM Interior Design (COA) 10:00 AM Performing Arts Board (LJ) 11:00 AM Shall We All Dance (NPT) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:30 PM Computer Club Workshop (MON) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 5:00 PM Shall We All Dance (BR) 7:00 PM Movie Night: *Irreconcilable Differences* (CAM)	**9** 8:00 AM Performing Arts (CAP) 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (MIR) 10:00 AM Camera Club (LJ) 7:00 PM Evelyn "Champagne" King (BR)
14 8:00 PM Women's Golf (CAP) 9:00 AM Agenda Review (COA) 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Camera Club (LJ) 11:45 AM Pan (MIR) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 2:30 PM Couples Golf Board (LJ) 3:00 PM Computer Club Class (MON) 3:00 PM **Meet a Board Member** (CAP) 3:30 PM Computer Club Class (MON) 4:30 PM King & Queens Club (PIS) 4:30 PM Spanish Club (CAM/MIR) 6:00 PM Bridge (CAP) 7:00 PM *Once Upon a Mattress* (BR)	**15** 8:00 AM Ceramics (CAM/MIR) 8:30 AM Bocce Buddies (BCM) 11:00 AM Lady Putters (BR) 11:00 AM Shall We All Dance (NPT) 12:00 PM Men's Golf (CAP/PAT) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 2:00 PM Table Tennis (NPT/PIS) 4:10 PM Intermediate Spanish (LJ) 7:00 PM Movie Night: *Puzzle* (CAM/MIR) 7:00 PM *Once Upon a Mattress* (BR)	**16** 8:00 AM Parking Lot Sale (MC) 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (MIR) 12:00 PM Mountain View Church (CAP) 7:00 PM *Once Upon a Mattress* (BR)
21 9:00 AM Creative Arts (CAM/MIR) 10:00 AM Writer's Club (MON) 11:45 AM Pan (CAP) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 1:30 PM Computer Club Class (MON) 2:00 PM Food & Beverage Comm. (COA) 4:30 PM King & Queens Club (PIS) 5:00 PM Pairs 9-Hole Golf (CAM/MIR) 5:00 PM Tennis Club (BR) 6:00 PM Democrats (PIS) 6:00 PM Bridge (CAP)	**22** 8:00 AM Ceramics (CAM/MIR) 8:30 AM Bocce Buddies (BCM) 10:15 AM Pan (BR) 11:00 AM Shall We All Dance (NPT) 1:00 PM Canasta (MIR) 1:00 PM Creative Arts (CAM) 1:00 PM CVWD Update Meeting (COA) 1:30 PM Computer Club Workshop (MON) 2:00 PM Table Tennis Club (NPT/PIS) 4:10 PM Intermediate Spanish (MON) 7:00 PM Discussion Forum Club (FH) 7:00 PM Movie Night: *Clear & Present Danger* (CAM/MIR)	**23** 9:00 AM Spanish Class (CAM) 10:00 AM Bridge (CAP) 10:00 AM Classic Car Show (SRC) 7:00 PM Tutta Bella Vino (BR)
28 9:00 AM Creative Arts (CAM/MIR) 11:45 AM Pan (CAP) 12:30 PM Games Plus (NPT) 12:30 PM Ukulele Strummers (CAM) 3:00 PM Desert Foxes (MIR) 4:30 PM King & Queens Club (PIS) 4:30 PM Spanish Club (CAM) 5:00 PM Men's Golf Dinner (BR) 6:00 PM Bridge (CAP)	**29** 8:00 AM Ceramics (CAM/MIR) 8:00 AM Covenants Committee (COA) 8:00 AM Weight Watchers (CAP) 8:30 AM Bocce Buddies (BCM) 11:00 AM Shall We All Dance (NPT) 1:00 PM Canasta (MIR) 2:00 PM Table Tennis Club (NPT/PIS) 2:30 PM Tuesday Night Putters (BR) 4:10 PM Intermediate Spanish (MON) 7:00 PM Movie Night: *Juliet Naked* (CAM/MIR)	**30** 9:00 AM Spanish Class (MAR) 10:00 AM Bridge (SY) 10:00 AM Tie Dye Shirts (CAM/MIR) 6:00 PM Pickleball Club (BR)

Club Contact Information

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Hadassah
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The Voice
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New Officers?

If your club's officers have changed, please see the Lifestyle Desk and fill out the New Officers form.

760-345-4349 ext. 2120

Billiards Club

On Wednesday, December 19, we held our monthly tournament. The game of choice was a single player eight ball competition. Winners were as follows: 1st place Rusty Wright, 2nd place Steve Robino, and 3rd place Ralph Olson. Everyone played well and had a good time.

Our club continues to meet every Wednesday at 7 pm in the Billiards Room for open play. Tournaments are held the last Wednesday of the month at a cost of $5 per player for each tournament. You must be a club member to compete in the tournaments.

Women and men of all levels of experience are welcomed and encouraged to join. It's a great way to meet your neighbors. Come to the Montecito Billiards Room on Wednesday evenings for open play.

Free lessons are available at 10 am on Mondays in the Billiards Room by Bryan Murray (760-342-9028). For any further information please call John Hemphill (760-636-1924).

See you on Wednesdays in the Billiards Room.

Bocce Buddies

Come and meet a nice group of residents who enjoy the game. It does not matter if you have never played before, we can teach you the game. We have five bocce courts at the Montecito Clubhouse and two courts at the Santa Rosa Clubhouse.

We play bocce at the Montecito Clubhouse Mondays, Wednesdays, and Fridays. Log on to scshca.com and see the "Clubs" calendar for the exact times. All are welcome to play and join our club. There are no membership dues. The club plays year-round in foursomes and groups of six. If you want to play bocce at any time other than when the club meets, bocce balls are available for your use at the fitness desk.

For more information, please call Rick Halla at 760-347-9676.

Bowlers Club

This past January, twenty bowlers joined over 500 bowlers from across the country in the Fun Time Bowlers January Notap Tournament in Las Vegas. We all had a blast. The camaraderie and closeness were palpable throughout. Some even took home prize money. Most notable were: Roy Rede, Ron Burg, Barry Borses, each bowling 300 games. Don Williamson bowled two 300 games. Lynn O'Connell bowled a high 969. Chuck and Jeri Eversol placed in the money in their group, while Judy Thompson and Roy Rede took first place in their squad with 1276. Lynne O'Connell and Ron Burg also took second place in their squad. The rest of us just had barrels of fun.

The next four-day tournament in Vegas is in July. To be eligible you have to be 50 years old plus (Ha), that's it. You do not have to be a member of SCSH Bowlers to participate. Contact either Rose Borses or Dana Barbour (in your SCSH directory) for information.

We'll back next month as we start winding down the season.

For Information contact Rose Borses at 760-636-4788.

Bridge Club

The Bridge Club Board is actively planning to keep our bridge members growing in knowledge with classes and events. Information regarding this is found on our website.

- We want to remind all members and potential members about our bridge games that are held in the Montecito Clubhouse: Tuesday ACBL-sanctioned Game – Noon to 4 pm. Cost to members $5.
- Wednesday Niters Bridge – 6:30 to 9 pm. Cost for the evening play is free to members.
- Thursday Niters Bridge – 6:30 to 9 pm. Cost is free to members.
- Saturday ACBL-sanctioned Game – 10 am to 2 pm. Cost is $5.

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For more information, visit our website concerning games, classes, and membership at *www.bridgewebs.com/shadowhills/* or contact our president, Rich Rodeman at richrodeman@frontier.com or 541-829-1934.

Bunco

Do you want a little laughter in your life? Please join us the last Wednesday night of each month at 6:45 pm at the Montecito Clubhouse. We have a wonderful evening of laughing, yelling, and screaming at the dice.

Any questions? Please call Marcia ,also known as the "Bunco Queen." *Please note the queen has a new telephone number, which is 760-610-1725.*

See you at the tables!

Camera Club

Love by Don Paskewitz

We have a full month of activities in March. The Photo Discussion Group meets on Wednesday, March 6, from 3 – 5 pm at the Santa Rosa Clubhouse. At the main meeting on the 13th, from 3 – 5 pm, we have something for everyone to improve your photography skills. The Photoshop/Lightroom SIG meets on the 14th from 10 am – noon. Our field trip this month takes us to some of the Desert X installations on Friday morning, March 22. We finish off the month with a workshop on March 27 to learn more post processing techniques.

If you are interested in photography, we have photographers of all levels in our club. We have a great website that is updated regularly with photos submitted by our members. Here you can learn all about our club and find helpful information on photography skills in our "toolbox." Please go on the website to submit any questions you have about photography.

Questions will be answered during our monthly meetings. Check us out at: www.scshcameraclub.com. You can also email us at: scshcameraclub@gmail.com.

Canasta

Please join us in the Mirada Room of the Montecito Clubhouse at 1 pm on Fridays and spend an enjoyable afternoon playing canasta. Whether you have played canasta for years or are just learning, all are welcome. For more information, please contact Beverly at 760-984-0284 or email her at beverlymirsky@yahoo.com.

Ceramics Club

If you missed our open house on January 15, you missed a wonderful class. But don't worry, we will have another opportunity for you to experience this class. Those who did attended learned how to paint a vase.

We exhibit pieces that our members make in the display case across from the Cambria Room. I hope more of our residents will stop by and check us out.

Hope we see you soon. We meet every Tuesday and Friday from 8:30 – 11:30 am in the Cambria Room of the Montecito Clubhouse.

If you want more information please contact Arlene Sirkin, President, at 760-863-0962.

Classy Niners

February was a *very* fun and *busy* month for the Classy Niners. Our club was invited to play with the SCSH Women's Golf Club, "Celebrating Women's Golf Invitational" on February 6, and what a *wonderful* day of golf and friendship it was! February 26-28 went to Borrego Springs for our annual golf getaway. Our "Bunkers by Day, Bunko by Night" was absolutely a hoot! So many laughs, great golf times and special memories made by all.

Be sure to mark your calendars for our Tournament Spring Luncheon and Fashion Show on March 12 and for our End of Season Cocktail Party on April 4.

Go to our website (www.shclassy9ers.com) and click on the Classy 9ers tab. Scroll down to view our calendar. You will also be able to view our new club bylaws and new membership form on our website.

Our golf clinics are still available! Whether you want to learn, improve or tweak your game, our golf clinics, taught by Golf Pro Jon Manack, are worth looking into. You can sign-up on our website.

Questions regarding membership can be directed to Barbara Thomas, membership chair, at barbjohn4@gmail.com, or visit our website for details. All other questions can be directed to Brenda Moreno, president, at brendamoreno56@gmail.com.

Community Singers

Community Singers will not have a spring concert in March.

We are joining the Performing Arts Club in the spring musical of *Once Upon A Mattress. The View* has additional information about this March production. You will not want to miss this great musical comedy!

Once again, we want to thank all of our loyal fans for your continued support.

For more information, please contact Sharon Anderson at 760-775-4169.

Computer Club

In March, we have something for everyone! We're offering Mac, Windows 10, and iPad classes. We'll also be teaching Open Office Overview, this is a *free* software suite for word processing, spreadsheets, presentations, graphics, databases, and more! It works on PCs, Macs, and Androids.

Our two special presentations this month are: *Let's Get out of Here! A Review of the Best Travel Websites for Booking Summer Travel*; and *Computers, Robotics, and Artificial Intelligence – Where are We Going?*

To view the dates, times, class descriptions, and sign up online, please visit our website at www.scshcomputerclub.com. Not a member yet? Just fill out a membership form and waiver plus a $10 check made out to SCSH Computer Club and place it in the club mailbox. And you can attend as many classes and workshops as you'd like in 2019.

Our open workshops will be on March 8 & 22. Come in any time between 1:30 – 3:30 pm. The workshop is open to all members who'd like some one-on-one assistance with their iPad, iPhone, Mac, PC, or Android. We'll be in the Monterey Room, Santa Rosa Clubhouse.

Couples Golf Club

Spring is coming! That means it is time for our annual battle of the borders, with our Can/Am tournament on March 10. This is always a fun and friendly competition while celebrating both our American and Canadian couples.

Our 2018/19 Couples Golf season is winding down as the last game is scheduled for April 7. Check out our informative website to find out anything you need to know about us. If you are looking for fun and competitive, organized golf

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outing with other couples, followed by dinner and drinks, we would love to have you! We play twice a month on Sundays.

You can contact Margaret Gouviea , membership, or Linda Lunghamer, president, at scshcouples@gmail.com. Our website is www.shcouples.com.

Creative Arts

I hope everyone had a chance to go to our Art Show on February 23. Wine and cheese were enjoyed, as well as viewing and purchasing our talented artists' work for very reasonable prices.

Our next exciting event is the March Potluck on Monday, March 11. A little leprechaun told me it might have a St. Patrick's Day theme. All our members and their significant others are invited. It will be at the outdoor patio at the Montecito Clubhouse. Fun and camaraderie abound, so please plan on attending. It will be the last one that most of our snowbirds will be able to attend.

It's not too late to attend one of our classes. The final one, so far, for this season is a watercolor class taught by a Golden Paint representative/teacher. All supplies are included in the price of the class. So, if you've always wanted to try your hand at painting with watercolors, this is your chance to give it a try without having to buy all the necessary materials. Please feel free to come to the art room at the Montecito for further information. We'd love to have new members, and you don't have to feel intimidated because we all help one-another.

If you have questions about the Creative Arts Club, please call President, Marilyn Barton, at 480-274-5500.

Dance Club

(Shall We All Dance)

Shall We All Dance is the SCSH club for lead-follow social dancing.

Singles, couples, beginners, experienced dancers, as well as dance hosts are welcome to join us for a monthly dance in the Montecito Ballroom. On Friday, March 8, join us for March Madness starting with a Hustle dance lesson at 5:15 pm followed by open dancing from 6 – 8 pm. Don't miss it!

Whether you like to lead or follow, you'll enjoy a full range of music from waltz to foxtrot, swing to hustle, cha-cha to salsa, and more.

For more information, contact Judy Wilson, president, at 858-337-5284, or email SCSHDanceClub@gmail.com.

Desert Gardeners Club

Our club provides opportunities for expanding your gardening knowledge and skills. We meet monthly from November to April. Activities include guided tours of local nurseries and gardens, lectures on gardening techniques and plant selection, and visits to members' gardens. Check our website *www.scshdesertgardeners.com* to find the latest news on our club activities and a wealth of gardening resources.

Membership forms are available on our website. Yearly dues are $15 for one person or $20 for two people from the same household. Checks payable to "SCSH Desert Gardeners Club" can be deposited in Box 55 at the Montecito Clubhouse.

For further information, contact Amy Tomlinson, president, at scshdesertgardeners@gmail.com or call 303-888-5429.

Desert Life

Please join us on March 19 for our monthly luncheon and program.

If you are not a member of Desert Life and would like to join, pick up an application near the front door of the Montecito Clubhouse. Make out a check for $15 to "SCSH Desert Life." If you are a new member, please write "New" on your check and drop it in our Desert Life mailbox. 2019 dues are now due.

Time: 11:30 am – 2 pm

Location: Heritage Palms Clubhouse

Program: Our speaker will be Sue Anderson from Osher Lifelong Learning Institute (OLLI) at Cal State San Bernardino with campus and courses in Palm Springs and Palm Desert. They offer a wide variety of fascinating courses to keep your mind stimulated and challenged.

Charity for the Month (optional): Our charity for March is "Coachella Valley Volunteers in Medicine." They provide medical and dental services for adults living in our valley, at no cost. They need office supplies, such as letter size copy paper, file folders (colored or plain), Post-it notes, air freshener, batteries sizes D, C, AA, and AAA, paper clips, stapler and staples, etc. (This was last month's speaker.)

Menu: California Chicken, sorbet for dessert, Veggie selection, Chop-Chop Salad. If you want the veggie selection, please write veggie on your check.
Price: $25 per person. Checks must be in by March 12. Place it in the mail slot at the Montecito. If you wish to serve a table of 8, 9 or 10, it is imperative that you put all checks in one envelope with the name in which the table is being reserved.

Discussion Forum Club

Dr. Arnold Rosenbeck Your Dentist Can Save Your Life!
Friday, March 22
7 pm to 8:30 pm
Montecito Ballroom, Front Half

For 47 years, our resident, Dr. Arnold Rosenheck, has been involved with teaching oral and maxillofacial surgery to medical and dental students throughout the United States and Europe. He served as the Acting Chief for dental medicine at University Hospital at Newark, New Jersey. You won't want to miss this doctor's advice for preventing oral cancer. Refreshments provided.

Games Plus

Games Plus was formed to play various games. Currently we play Bingo the first Friday of each month, unless otherwise notified. For the month of March, we will have two bingo sessions: March 1 and March 24. The March 24 session doors will open at 4:30 pm and bingo starts at 5:30 pm. ***There will be no bingo in April.***

Doors open at 5:30 pm with games starting at 6:30 pm, unless specified otherwise. Paper sells for $5 for 10 games, each game sheet has three cards. There are two special games throughout the evening which are usually our biggest payouts, as much as $250 each. You may purchase double actions for $1 each, and the final game is 3 for $2. You may purchase as many as you want to play. As our numbers grow throughout the season the pots will be bigger.

We also have a free door prize raffle right after intermission. It's a fun evening with lots of fellowship. Bring your friends and/or family to play. Outside guests are always welcome. You must be 18 years of age to play. *Cash only and small bills are appreciated.*

On Mondays of each week there is a room available at the Santa Rosa Clubhouse from 1 to 3:30 pm for Scrabble and other games. On Thursday's there is a room at the Santa Rosa Clubhouse open for Hand and Foot at 12:30 pm. There is no charge or dues to play on either of these days. You must put together your own group to play.

If you have any questions, please contact Pat at 760-343-0783 or 310-433-0714.

Genealogy Club

Building a Family Tree

You never knew your grandparents, and your father never mentioned your ancestors. But you did watch a TV program once that traced the lineage of some celebrity. That was an interesting show, especially when she discovered some of her ancestors were actually slaves!

Now, you are retired and finally have some time on your hands. Maybe you can finally try to figure out your own heritage? How to start? What software tools and which ones are the best? What online resources are available? How much is this going to cost? You suspect your family name is Irish, but you were never sure. How to find out? So many questions and so few ready, reliable answers it seems.

For the answers to these questions and many more, come and join our Sun City Shadow Hills Genealogy Club. Club members will astonish you with their personal journeys into family history. They will also assist you in starting your own search. Building your own family tree will generate an asset for your children, grandchildren, and beyond.

For more information on meetings, visit our website at www.scshgenealogy.com or contact scshgenealogy@gmail.com.

Gin Rummy

The Gin Rummy Club meets every Monday at the Santa Rosa Clubhouse in the Newport Room. Game starts at 1 pm, and we play until finished. Depending on how many players there are, the game can end anywhere from 4:30 to 5:30 pm.

If you play Gin Rummy or would like to learn, please contact Marie DeVito at 760-636-5593. We are a fun group, and all are welcome.

Hiking Club

Sun City Shadow Hills' Over the Hill Hiking Club offers easy, moderate, and strenuous hikes from October through March. To see the hike schedule and further club information go to **www.scshca.com/hiking**.

New members please contact Nancy Stenson at stensonnancy@gmail.com.

Jewelry Club

March already! Don't waste any more time. Now is the time to join us at the Jewelry Club. We have a luncheon scheduled for our members March 20, as the season is almost over. Become a member and join in on the fun.

Please be advised that the club dues are now $10 per year and will be collected annually in January.

Whether you are a beginner or a skilled jewelry maker this group is for you.

Stop by the Mirada Room at the Montecito Clubhouse any Wednesday afternoon between the hours of 1 pm and 3:30 pm to participate, or just see what's going on. If you want to get started, there are any number of experienced members who can lend you a hand.

Please contact our President, Sharon Degenhart at 619-777-3457, if you would like additional information about club activities.

Kings and Queens Card Club

The name of the game is *Poker!* Kings and Queens Card Club is open for play throughout the year giving you the chance to join in.

Who: Shadow Hills residents looking for a good night out with friends and neighbors
When: Monday, Tuesday, and Thursday at 5 pm
Where: Santa Rosa Clubhouse
What: Dealers choice (Omaha, Stud, Hi Low etc.)

We're always looking for new players from our Shadow Hills community. Immediate seating available. So, let's all shuffle up and deal! For more information call Mike at 760-698-2790.

Lady Putters

March will be another active month for the Lady Putters, as we will be hosting an Invitational with the Lady Putters from Sun City Palm Desert. We have a very exciting theme and surprises.

This year has been extremely busy with our Sunbird vs Snowbird tournament and our Valentine event, Putt with a Special Someone. Each event was successful, and fun filled. So, Ladies in the community, please don't miss out on our upcoming events and our Monday morning putting. This is a great way to start your week.

We invite all women in our community to join Lady Putters and come as a guest to experience a fun morning. Our yearly membership fee is $20.We wear white pants and blue logo shirts during normal putting season. However, during the summer months feel free to wear a comfortable outfit of your choice, as our logo shirts and white pants are not required. We do adhere to standard golf dress codes (no jeans, tank tops, no golf shoes with spikes or flip flops). All that is needed to participate is a putter, a golf ball, $2, and a desire to meet new friends. We meet in the Capistrano Room on Monday mornings with two putting sessions. The first session check-in begins at 7:30 am and we putt at 8 am. The second session check-in begins at 8:45 am and putting starts at 9:15 am. You can also check our website www.shputters.com for more information and latest updates about Lady Putters.

Let's Meet and Eat Club

Let's Meet and Eat has a brand new, fabulous band coming in to play for us this month. On Sunday, March 31, Captain Cardiac & The Coronaries will keep the dance floor packed with songs from the '50s, '60s, Motown, Disco, etc. This is a super popular dance band from the LA area, and we are so excited to have them play for our club!

When: Sunday, March 31
Where: Montecito Ballroom
Time: 4 – 7 pm
Cost: $10/Club Member and $12/Guest
Bring: A dish to share with a table of 10, and your beverages of choice (beer and wine ok).

Reservation forms are available on the SCSH website (under Lifestyles & Charter Clubs) or in the rounders at both clubhouses. Drop your reservation forms and checks in the club mailbox in the Montecito. Please remember that all SCSH residents must be members of the club to attend our events. No exceptions. Membership forms are available on the SCSH website and at the Montecito desk. Memberships cost $10/per person/per year. Questions? Please email scshmeetandeat@gmail.com.

Let's Meet & Eat is a social club that holds dances, with live bands, once a month, year-round in the Montecito Ballroom. It's a great opportunity to hang with your friends, get together with your neighbors, and meet new people in a fun, relaxed atmosphere! Please join us!

Lively Liners

"Somewhere Over the Rainbow"
Sunday, March 10, 2019
Montecito Ballroom
General Meeting • 5:40 pm
Dancing • 6 – 8:45 pm
Everyone Welcome! Members $5, Guests $10

Line dance classes are offered at the Montecito Fitness Center, Aerobics Studio. Try the first two classes for free! Registration is at 12:45 pm on Mondays only.

Laugh, make new friends, and of course… dance! Fun, monthly dances to show-off your skills! Dance to Country music and pop favorites! Low $15 monthly fee includes *all* classes!

- **Beginner 1:** Mondays, 1-2 pm
- **Beginner 2:** Mondays, 2-3 pm
- **Beginner Review:** Tuesdays, 1-2 pm
- **Transition from Beginner to Intermediate:** Wednesdays: 1-1:30 pm
- **Intermediate:** Wednesdays, 1:30-3 pm
- **Intermediate Review:** Thursday, 5-6 pm
- **Advanced:** Mondays, 4-5 pm and Friday 1-2 pm
- **Introduction to Advanced:** Fridays, 12-1 pm

Please check the calendar on our website for any changes to the schedule at www.scshlivelyliners.com.

For info: Call Lynn at 442-300-2572, or Katy at 760-610-5710.

Mah Jongg

March is here and the anticipation is building. What devilish hands has the National Mah Jongg League designed for this coming year? Last year over 350,000 cards were sent out. The mysterious new card will be mailed out the last week of March.

The card gets its start in August, with a group of women volunteers who bring together their thoughts and experience. They are not new to the game, having over 500 years of combined experience. The winning hands are worked out and tweaked until the card is finalized in November.

And so, we in the SCSH Mah Jongg Club are ready to get going with the new card for the coming year. Come and join us for some afternoon fun on Wednesdays. Free Mah Jongg lessons are offered on Wednesdays from 10 am – noon at the Montecito Clubhouse. Please contact Babs Bloomgarden at 760-393-2056 for reservations. Regular play for members is every Wednesday from 12:15 – 3:30 pm in the Montecito Clubhouse. Membership dues for the 2019 calendar year are $10.

Our annual Chinese New Year Luncheon, held on February 13, was a great way to welcome in the year of the Pig. A big thank you to everyone who helped to make it a success. Keep those tiles clicking!

Needles and Pins

We'd like to introduce you to our President, Joan Kiening. Joan is a Snowbird living just outside of Chicago. For the last five years Joan and her husband Have spent six months out of the year here in Sun City Shadow Hills. She started sewing at a young age, then marriage and children happened. Joan did not pick up sewing again until she joined our club. She fell in love with stitching all over again, and with her participation in the club she was able to learn quilting, knitting, and crocheting. With all the help from the experienced ladies in Needles and Pins she felt confident in all categories. We are so proud to have her as our president and to keep our club running with such ease.

Snowbirds and fulltime residents work together to keep our club active and learning new skills all year round. We just completed a two-day event making Beads of Courage bags for children with cancer. Everyone joined in the fun. Coming up will be a variety of classes and events: see-thru bags, cleaning your sewing machine, and a quilting jelly roll challenge.

Scheduled sessions are in the Cambria Room, Sunday all day, Monday afternoons, and Wednesday mornings.

For additional information contact Joan Kiening, president, at needlesandpinssuncity@gmail.com.

Oke Dokey Karaoke

Come and have a ball. Show the world the entertainer that you are or want to be. It's great fun for all. Whether you think you have a great voice or you can't carry a tune, it's the opportunity to have fun singing outside the shower without worrying that you are going to embarrass yourself. You can sing by yourself or with a partner or group, sing all types of songs or just listen and enjoy. We provide a songbook by song title, by singer, or pick your own favorite. Everyone should have a chance in his or her life to enjoy one of their secret wishes. Because, if not now – when?

Come the first Thursday of every month from 6 – 8:30 pm (October–May) to the Montecito Ballroom for fun and a chance to meet neighbors and make new friends. Annual dues are $10.

So, bring along your favorite libation and enjoy the fun and companionship. Contact Alan Voss 209-768-9393 for more information.

Pairs' 9-Hole Golf Club

Our club's mission is to share the love of golf in a social, friendly way. We play at the par 3 North Course. We have a fun lineup of games and events planned. We do not require handicaps and, is designed to provide golf for those of us who wish to have a relaxed fun game.

We encourage all resident golfers in SCSH to join, be it singles or a couple. We begin play at 1:30 pm with sign-in no later than 1 pm. We play on the first and third Thursday each month unless otherwise posted. We use a shotgun start format and can play all 18 holes even though our name is Pairs 9-Hole Golf Club. We gather on the patio at the Shadows Restaurant for a fun social hour after each play date.

Annual membership dues are $10 per person.

To register to play any of our play dates, sign-up must be completed by noon on the Wednesday prior to the posted play date. Contact either Scott Bartholomaus at 206-890-3220, mukcat@aol.com, or Frank Bradish at 760-469-2622, franknpeg@dc.rr.com to sign up.

Pan

Spring is in the air and what a wonderful time of year to be in the desert. Pan plays all year long and is a great way to meet new friends and get to know people in your Sun City community. Pan games are played Mondays at 11:30 am and 5:45 pm in the Capistrano Room of the Montecito Clubhouse. Tuesdays the games are in the

Santa Rose Clubhouse at 11:30 am. Thursday Pan is played in the Capistrano Room at 11:30 am. Please contact anyone of the Board members listed below to see if there is availability in any of the aforementioned games, and/or get your name put on a sub-list.

We will be having another tournament in the near future, which is always great fun for all. Please watch for further announcements as to time, date and place.

If you have not paid your yearly dues, now is the time to do that. Just $15 and you are paid for the year.

Any questions, contact: President Bobbi Morris at 760-775-2976 or ebmorris@verizon.net, Vice President Claire Herstein at 760-347-4647 or claireherstein23@gmail.com, or Secretary Sue Cohen at 442-274-2212 or cableladee1@gmail.com.

Paper Crafters

Have you ever noticed those stunning cards in the display case across from the Mirada Room at the Montecito Clubhouse? These are all created by our crafty Paper Crafter members. Cards, like this envelope card below designed by Cheyrle Morehouse, are taught by the members who assist each other in learning the techniques involved. We have added a new ongoing component to the classes where we will explore more open-ended paper crafting techniques, such as making elements for journals, tags, theme booklets, and 3-D items.

If you are interested in joining our club, we meet every Tuesday in the Mirada Room at the Montecito Clubhouse at 12:30 pm to "set up" and "catch up" with each other. Card classes begin at 1 pm. You may also participate in the extra activity area where supplies are provided to make something interesting each week. You are invited to attend a class, make the project and then decide if you would like to join our group. Membership cost is $10 per year. Weekly projects range between $1 – $3.

Questions? Please call our President, Ginna Martinez, at 916-778-9525 or ginnamartinez66@yahoo.com.

Performing Arts Club

Our club is open to anyone interested in making new friends, and also those having a curiosity about any and all aspects of stage performance: set design and construction, photography, publicity, make-up, costumes, lighting, sound, as well as acting, producing, and directing. We have people in our club who have been in theatre work for 50 years, and others who are seeking their very first exposure. If you are inexperienced, there are people who will enjoy being your mentor.

The March General Meeting will be the Year-End Dinner Party in the Montecito Clubhouse on Tuesday, March 26, at 6 pm. We will be electing officers on the 2019 PAC Board of Directors, and we will also hear a brief summary of our March musical, *Once Upon a Mattress.*

New members will again be welcome at our next general meeting in April.

We always look forward to hearing any thoughts that you may have concerning the future of our organization. Please contact Allan Lorenz at 760-619-3244, if you wish to make a comment.

Pickleball Club

SCSH PB March Madness: tournaments, interclub play, ladder, group play and more. Even though the end of the organized club season is

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quickly approaching, many activities will continue through spring and summer months. Stay apprised of happenings on the club website, www.scshpickleball.com.

February's Valentine Tournament was a red and pink success made possible by the Tournament and Social committees and the time and work of the volunteers. March 16, 2019 will be the final tournament of the season. Detailed information and sign up are posted on the website.

Pickleball facility improvements are underway. The players' patio has been extended and additional seating added. Resurfacing of courts 5 and 6 and the Santa Rosa tennis courts will begin in April. Thank you to the HOA board for making this a priority that will increase the safety of players.

The last General Membership Meeting of the 2018-2019 season will be held March 30, 2019 in the Montecito Ballroom. Elections for 2019-2020 Board will also be held. Dinner then dancing to SCSH's own Shadow's band will follow. Sign up on the website.

Thank you, volunteers, for all your excellent work this season and to members who have made SCSH PB strong and successful.

Rainbow Friends

Welcome to spring in our lovely valley! Hope you enjoyed our relatively mild "winter" weather! It was great to see the snow on the mountains around us but not have to get into it unless you chose to do so.

A big Thank You to the officers of our club for all the hard work you do on our behalf. Also Thank You to the volunteers who helped with the Annual Dinner/Dance on February 9, and to those of you who were there. It was a sellout once again and a fantastic evening full of great music, delicious food, and fun for everyone!

Looking forward to seeing you at our March meeting on Wednesday, March 13 at 6 pm at the Montecito Clubhouse. Don't forget that we will be going to a polo match and enjoying brunch on Sunday, March 24, so try to attend this meeting for the final details.

Also please don't forget to "spring" forward on Sunday, March 10, as it's the start of Daylight Savings Time.

We are a social club for the LGBT community, family and friends. For further information, please contact Frances at 562 400-4496.

Readers Ink

Beverly Mirsky lead a good discussion on Kristin Hannah's *The Great Alone*. Our group rated the book with mostly 8s and 9s. We had a few 10s, too (10 being excellent… couldn't put the book down)! It certainly gave us a peek into life in the Alaskan wilderness. The setting took place on a peninsula. One of our members actually lived very close to that area! We enjoyed getting her personal view about the setting! Thank you, Cathy Nielsen!

Our novel for February was *News of the World* by Paulette Jiles. Merle Freedman lead an excellent discussion.

We also had a guest speaker at our February get together. One of our own, Sigy/Sigrid Hoffmann-Zaslove, wrote a book about her life for her children and grandchildren. (The book can be purchased through Amazon books.) Sigy shared her story with us in person, and we thank her very much! The book is titled *From Lake Wannsee to the California Desert.*

The books we will be reading in March, April, May, June, July, August and September are the following:

- *Pachinko*
- *Where the Crawdads Sing*
- *Killers of the Flower Moon*
- *To the Bright Edge of the World*
- *Manhattan Beach*
- *What She Left Behind*
- *Before We Were Yours*

If you love to read (and discuss books), join our group. We meet the fourth Tuesday of each month in the Capistrano Room at 2 pm. Call or email Nancy Angus at 760-238-4582 or nangus1967@aol.com.

RV Club

Welcome from the SCSH RV Club. We gain knowledge from sharing experiences of travel and operation of our RVs. Thinking about buying an RV and which one is right from you? There's no better place to come and get your questions answered than our next RV meeting. We'll be meeting Tuesday, March 19 at 6:30 pm in the Capistrano Room. Come join us.

Solos

Solos invites the unmarried residents of SCSH to join us in making friends, socializing, and participating in community activities.

- *Mystery Happy Hour*
  Tuesday, March 5
- *Monthly Meeting*
  Sunday, the March 17, "St. Paddy's Party" 5 – 7 pm. Homemade traditional Irish grub with fresh Key lime pie ($5 at the door). Bring your beverage of choice. RSVP by March 14 to Delna at 760-347-2837
- *Happy Hour*
  4:30 pm every Friday, Shadows Restaurant

Come as a single and become part of a supportive, fun-loving community. Membership forms are at the Lifestyle Desk. Dues are $15 for each calendar year.

For more information, please contact our Membership Chair, Shirley Bunce, at 760-345-8121 or bunce.shirley123@yahoo.com.

Spanish Club

The Bienvenido Spanish Club would like to invite anyone interested in exploring the Spanish language, as well as the regional customs, literature, art, music, clothing, and *food* of countries where Spanish is the primary language. The club presents an opportunity to practice your Spanish with folks of all abilities, from beginner to native speaker. Everyone is welcome!

The Club meets every second and fourth Thursday of the month at 4:30 pm in the Montecito Clubhouse Cambria Room.

The Club will visit Argentina during the two March meetings which are scheduled on March 14 and 28. Come and learn about the country's literature, foods, architecture, and more!

The club's annual membership fee is $20. Please email any questions to: scshspanishclub@gmail.com.

¡Gracias Amigos! Espero que puedan participar. Thank You Friends! I hope you can participate.

Table Tennis

If you've ever had a bad meal at a restaurant you might want to return to this establishment and try something different, right? It's the table tennis mission to bring back those who have tried ping-pong years ago or two days ago and got frustrated with a poor performance. Who cares? Dance like nobody's watching or sing a Celine Dion song loudly. We do these things in the Newport Room of the Santa Rosa every Wednesday, 11 am, Friday and Sunday, 2 pm. Laugh, scream, banter and play for a couple of joyous hours. Let your hair down, if it's possible.

Hope to see you soon, even if you've never played the game.

Tennis Club

Our Tennis courts are as busy as ever and all are enjoying the game that they love so much! The weather here in the desert has been gorgeous and we are able to play at all hours of the day!

On February 14, we had our Valentine Social. A beautiful, romantic night was enjoyed by all; listening to love songs and socializing with our Tennis Club family. Champagne was served while we enjoyed the delicious Lasagnas dinner. The lasagnas were made and served by our own Patty Prunty and her social committee. We had a beautifully decorated theme around the room thanks to Linda Johnson. Thank you to all the members, volunteers, and officers of the club for making it such a beautiful event!

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Just a noteworthy mention is the repair of courts 5 & 6, which is scheduled in April.

A calendar note for an upcoming event: Thursday, March 21 is our Annual General Tennis Club Meeting. Please check the www.scshtennis.com website for more info as time gets nearer. Membership questions, please contact Linda Johnson at lnkjohns@hotmail.com.

That's Entertainment

We present Sir-Laffs-A-Lot's Comedy Night at the Montecito Clubhouse on the third Wednesday of every month. This event is open to all SCSH residents and their guests. We arrange for two LA comedians to drive out to Indio and do an amazing show for 90 minutes. The comedians are different every month, and the show can be "R" rated for adult content. So, plan accordingly. Please get your tickets early, as this event sells out quickly during winter season. Please see our ad in this magazine, on the community website (scshca.com), or lobby flyers for further details.

If you are interested in helping to organize these events as a member of the That's Entertainment Club, please call Julie at 760-772-0317.

Tutta Bella Vino

On March 23, 2019, at 7 pm in the Montecito Ballroom, Tutta Bella Vino Wine Club will present another Winemaker's Night, featuring Eberle Winery from Paso Robles, California. The first Eberle wine released, a 1979 Cabernet Sauvignon, debuted the iconic boar logo, depicting the German origin of the name Eberle, meaning "small boar." By 1982 the Eberle Winery production facility and tasting room were open for business. Now, over 38 years later, Eberle Winery, part of the founding group of Central Coast wineries, still produces outstanding wines in Paso Robles.

Monthly events are $22 per person, $26 for non-resident guests, and are offered only to SCSH residents and their guests. Residents may attend one event before becoming a member. Membership for the season, which is September through June, is $10 per resident.

This year, all members must submit new membership forms when paying their $10 fee, as we are updating our records. Waiver forms are only required for new members. Forms are available online.

Registration flyers will be available at the Montecito Lifestyle Desk, and on our TBV web page at www.scshca.com, beginning February 17, 2019. Registration closes March 16, or when sold out.

Ukulele Strummers

As March rolls around, some of the teaching in the Uke 101 classes has been focused on learning to play the Blues! With St. Patrick's Day around the corner, what a great time for celebrating and recognizing one of the most famous Northern Irish singer-songwriters, instrumentalists and record producers Sir George Ivan Morrison. Most people know him as Van Morrison, or as "Van the Man" to his fans.

Morrison is well known for composing music structured around the conventions of soul music and R&B. Many of you reading this article will recall that Morrison rose to prominence in the mid-1960s because of his Soul and R&B garage band classic "Gloria." He also gained lasting fame with the 1967 hit single "Brown Eyed Girl." Yet I'll bet, many readers may not know that Morrison plays the ukulele!

Brown Eyed Girl, in its simplest version, can be played as a three-chord song [C, F, and G7]! Those are the first three chords most people learn on the ukulele. With three chords, one can play hundreds of songs! Perhaps knowing that might encourage or pique your interest in giving ukulele music making a try!

You might discover that playing ukulele is fun, rewarding and mind expanding!

If you are new to the ukulele (or have limited music background), consider joining our beginning class which meets each Thursday at 12:30 pm in the Cambria Room, Montecito Clubhouse.

Don't let the lack of an instrument hold you back. Our club has a few "short term loaner" ukuleles available for those interested in giving singing and learning to play a try.

If you read music and have some experience playing ukulele, please join us for strumming activities at 1:15 pm and stay for the Ukulele Ensemble which practices from 1:45 to 3:15 pm also in the Cambria Room.

For more information about the ukulele club, please contact me at dkretchmer@yahoo.com.

Veterans Club

"Meet a Vet"

George Olivias served on active duty with the US Marine Corps from 1964 through 1968, and in the USMC Reserve from '69 until retirement in 1996, having achieved the rank of Colonel. While on active duty, George served in Vietnam where he earned the Bronze Star with "V" device, and 2 Purple Hearts, among other decorations. George today enjoys family, golf and travel.

At our February Veterans Club meeting (thanks again, Pete Anderson!), David Thompson, representing the Palm Springs Air Museum, spoke about the museum's POW bracelet project to an enthusiastic gathering.

For our meeting on March 19, Club President Tom Hutson is asking the two current HOA candidates, Kim Fuller and Linda Aasen, to speak to all members present.

We meet as a club each third Tuesday of the month, usually in the Cambria Room at Montecito Clubhouse, starting at 7 pm. All veterans of the five uniformed military services of the USA are welcome.

Women's Golf Club

Congratulations to Ann Falk for winning the 2018-2019 Princess Tournament! We celebrated her great play along with many other members placing well in their flights.

We had several special events in February – the Dames and Dudes, Niners and SHWGC mixer, a two-day Member/Member tournament, and the Solheim Cup. All these events were very successful. Thanks to everyone that put in their time and effort in organizing these events.

In March we start off with the Club Championship tournament on the 6th, 8th and 13th. The next two Wednesdays are daily play.

If you are interested in playing 18 holes of golf each Wednesday morning, check out the website and submit an application at shwgc.com. Membership questions can be directed to Janet McChesney at pjmcchesney02@gmail.com. All other questions can be directed to Mary Kunstler at mfk1126@yahoo.com. Remember, you can select to play from either the gold or silver tees.

Writer's Club

Try your hand at writing that story you have always wanted to tell. It does not matter if you are writing fiction, non-fiction, memoirs, or screenplays, write a page a day for a year and you have a book!

Continued on page 58…

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…continued from page 57

It's easier than you think to write your own story. Every year millions of great stories disappear forever as people forget or pass on.

Many of our members have never written before. Some have published their own books. Learn how to self-publish for no cost!

All member have the opportunity to read one or two pages (double spaced) of their work to the group; receive ideas, direction and gentle criticism. Part of being in our club is the encouragement we get from each other to write on a regular basis.

The Writer's Club meetings this month are: Thursdays, March 7 and 21 at 10 am in the Santa Rosa Clubhouse. Who knows, you may find the hidden writer in you. Free membership! How can you go wrong?

For more information: antiqphoto@gmail.com or bethbolduc7@gmail.com.

Resident Groups

Concerned Homeowners of Shadow Hills

Each month Concerned Homeowners of Shadow Hills (CHOSH) is publishing articles "In Season" that we believe to be of interest to our members. Some of our past writings have been on "New HOA Laws," "What and Where are our Dog Parks," Good eats "Happy hours near us." These articles are still available on our website.

Some of our upcoming writings will be on, "Remodel and Upgrade Items" that bring you the best value and return for your money and "What Where and When are the Farmers Growing" around us and where can we buy, fresh from the farm, products.

If you have a topic you would like the facts on, contact us at www.choshscsh.com.

We will bring to light the topic with accurate and factual information for our members.

Democrats

At our February meeting our new officers were honored to be sworn-in by Tisa Rodriguez, chair of the Riverside County Democratic Party. We had an engaging presentation on criminal justice reform by Waymond Fermon, Indio City Council member, and continued to discuss present and future goals.

At our March meeting, we are pleased to have Philip Drucker present, *The Mueller Investigation – Reading Between the Headlines.* Philip is the Dean of Academics at the California Desert Trial Academy (CDTA) in Indio where he teaches Constitutional Law and Real Property.

We meet on the third Thursday of the month. Our next meeting is Thursday, March 21, in the Pismo Room at the Santa Rosa Clubhouse. Light refreshments will be available beginning at 6 pm, followed by a business meeting and our guest speaker.

We welcome new members. A member in good standing must be a registered Democrat and remit yearly dues. Membership dues are $10 payable by check (to "Democrats in SCSH"), at the meeting or placed in our mailbox at the Montecito Clubhouse.

If you have any questions, please contact Avi Greene at our new email address: democratsinscsh@gmail.com. We also have a Facebook presence at Dems in Sun City Shadow Hills.

Hadassah

Did you know that Hadassah raises funds to support medical research, new technology, and outstanding patient care in Israel?

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Did you know that Hadassah raises funds to advocate for women's health issues?

Please join us and help advance our progress in these and so many other areas. Members and non-members are always welcome at our events.

For membership information, please call Debbie Orgen at 760-289-7987.

In March, we have two events being planned. First is our meeting on March 7 in the morning, when we will share camaraderie, some snacks, and hear a presentation by a member of the Israeli Consulate in Los Angeles.

Then later in the month, on Monday, March 25, we will have our 18th Annual Mah Jongg Tournament. An all-day event with prizes, raffles, and breakfast and lunch.

Call Cindy Hailpern, President at 760-360-4902 for more information about our events and to make reservations.

Clubs in Formation

Car Club

All car people welcome! We get together Tuesday mornings for breakfast at Goody's Cafe. No formal meetings. Just show up. We arrange trips to interesting shops and car-related places, car shows etc.

For more information, email John Ziegler at ziegler@pacifier.com.

VeloCity Cyclists

The VeloCity Cyclists of Sun City Shadow Hills are a group of road cyclist enthusiasts. Over time, our ranks have steadily grown. It is our hope to add more members of both sexes to enjoy rides like the one we took from Yorba Linda to Newport Beach and then to the Huntington Beach Pier, as shown in the photograph.

Those interested in joining, please contact me, Dario Fadiga, at 760-345-7398 or at dfadiga@dc.rr.com.

Interested in starting a club?

Drop by the Lifestyle Desk for an informational packet.

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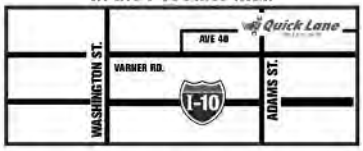

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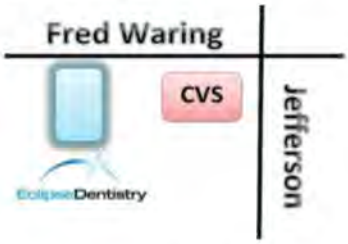

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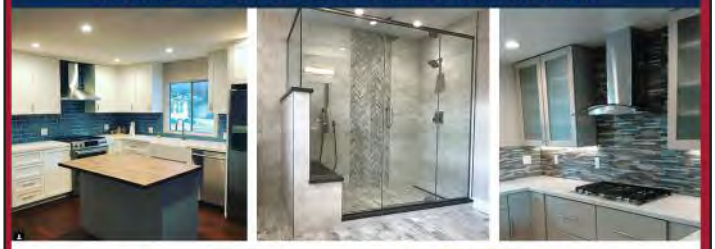

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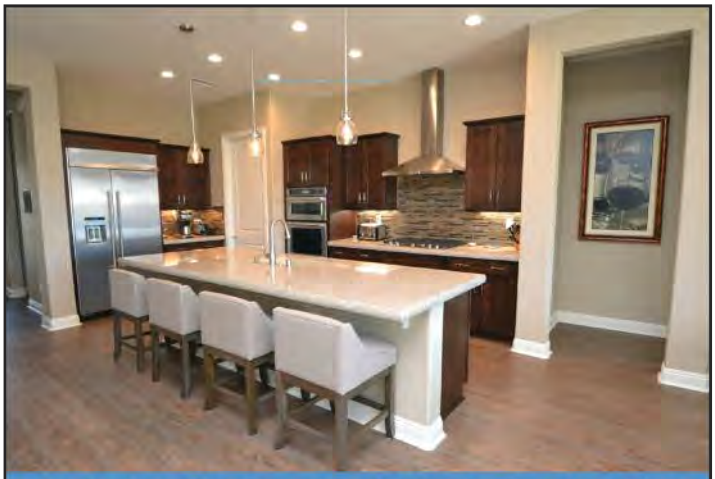

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PENNY JELMBERG AND THE JELMBERG TEAM ARE CONSUMATE PROFESSIONALS. WHEN YOU LIST YOUR PROPERTIES WITH THEM YOU CAN REST ASSURED THAT THEY WILL HANDLE YOUR SALE OR PURCHASE WITH THE UNDERSTANDING AND CONCERN OF A TRUE PROFESSIONAL. ★★★★★ THEY ARE COURTEOUS, FOLLOW UP IN A PROMPT MANNER AND COMMUNICATE WELL. I HAVE BOUGHT AND SOLD MANY HOUSES AND THIS TEAM IS THE BEST THAT I HAVE WORKED WITH.

VERY PROFESSIONAL MANY THANKS -RUTH BOMBAY RATZ

MY HOUSE SOLD OVER 1 WEEKEND. - BARBARA J. ROBERTS ★★★★★

WALKED INTO JELMBERG REALTY WITHOUT AN APPOINTMENT ON A HOT SUMMER DAY AND WAS MET BY A MEMBER OF THE JELMBERG TEAM... "BILL HOOPER". WE HAD A GREAT DISCUSSION OF GOALS, TASTE AND TIMELINE ETC AND WE IMMEDIATELY SET OUT IN A SEARCH THAT AFTERNOON OF THE AREA I WAS INTERESTED IN. WE SPENT THE AFTERNOON TOURING THE CLUBHOUSES AND GOLF COURSE AND THE MANY FACILITIES THE SUN CITY SHADOW HILLS HAD TO OFFER. I KNEW I IMMEDIATELY HAD THE RIGHT REALTOR FOR ME. NOT LIKE SOME OTHERS THAT HAVE THEIR OWN AGENDA, BILL HAS A WEALTH OF KNOWLEDGE AND A TON OF PATIENCE ALONG WITH ALWAYS BEING AVAILABLE FOR YOUR LIST OF QUESTIONS AND CONCERNS 24/7. HE NEVER TIRED OF SHOWING ME THE HOMES AND WAS ALWAYS VERY REFRESHING WITH HIS APPROACH AS IF HE HADN'T ALREADY SEEN THEM 50 TIMES :). HE MADE ME FEEL IMPORTANT AND THAT HE HAD MY BEST INTEREST AT HEART. BILL FOLLOWED THAT UP WITH TALKING CARE OF ANY CONCERNS I HAD AND FOLLOWING THROUGH ON THAT ALL THE WAY 'TIL THE PURCHASE. BILL ARRANGED FOR THE INSPECTOR AND ACCOMPANIED THEM. HE ALSO IRONED OUT ALL COMMUNICATIONS BETWEEN BUYER AND SELLER. BILL CONNECTED ME WITH A EXCELLENT MORTGAGE BROKER, RICHARD FITZPATRICK AND I BEGAN THE FINANCIAL PROCESS, AND AFTER THE FINALIZED PROCESS ACCOMPANIED ME TO THE HOA OFFICE TO REGISTER. I HIGHLY RECOMMEND BILL HOOPER AND HIS SUPPORTING OFFICE TEAM THAT DID ALL THE PAPERWORK IN SUCH AN EFFICIENT AND PROFESSIONAL MANNER. "THANK YOU ALL SO MUCH". IF YOU ARE LOOKING FOR SOMEONE DETAILED ORIENTED, HONEST, ORGANIZED AND KNOWLEDGEABLE, I TOTALLY RECOMMEND YOU TAKE THE TIME TO VISIT THEIR OFFICE ON WASHINGTON AND INTRODUCE YOURSELF TO B I L L HOOPER. ~JANZS

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