

the View

Sun City
Shadow Hills®
by Del Webb®

May 2012

from Sun City Shadow Hills



*"Feeling Blue" by Jackye Mills,
2012 Photo Contest Winner.
Story on page 12.*

Important Contact Numbers

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Phase III Gate House 760-342-4725
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Shadow Hills Golf Club 760-200-3375
Shadows Restaurant 760-772-4342

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**For warranty or customer service needs concerning
your home, please e-mail: socalservice@delwebb.com**

*All warranty issues and questions must go through this email.
You will receive an auto-reply stating your email has been received.*

Mailbox Repair . . . Ozzie Lopez, 760-345-4349 Ext. 224

Sun City Shadow Hills Community Association

Hours of Operation

Association Office

Monday – Friday · 9 am – noon, 1 pm – 4 pm
1st Saturday of the Month · 8 am – noon

Montecito Fitness Center

7 days a week · 5 am – 8 pm

Montecito Clubhouse

7 days a week · 6 am – 10 pm

Santa Rosa Clubhouse

7 days a week · 5 am – 10 pm

Lifestyle Desk

7 days a week · 8 am – 5 pm

Montecito Café (Kiosk)

7 days a week · 8 am – 4 pm

Shadows Restaurant · Fall/Winter/Spring

Monday – Thursday · 10:30 am – 8 pm

Friday – Sunday · 8 am – 8 pm

Rodeo Drive · Tuesday Night · 5 – 7 pm

\$10 Cover · Doors open at 4 pm

Happy Hour · 7 days a week · 2:30 pm – 5 pm

Shadow Hills Golf Club Snack Bar

7 days a week · 7 am – 3 pm

Hours are subject to change.

the View

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Al Miller; Lee Powell; Sid Weiss

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Cynthia Gunn, Creative Services, La Quinta, CA





From the General Manager

BY LYNN P. GILLIAM
GENERAL MANAGER

Maintaining common areas is one of the Board's most basic responsibilities. To fulfill that responsibility, the Board contracts with commercial landscape maintenance companies. Before signing the contracts, the board sought bids from several potential companies, carefully considered the competence and expertise of each company, checked references and compared fees.

These fees may seem like an added – or even unnecessary – expense, but, in the long run, the additional cost will be less than the losses we would face without professional help. Consider the advantages:

- *Professional Expertise:* it takes more than a green thumb to maintain attractive and functional landscaping. Our contractor employs professional staff and trained labor crews. This expertise translates into a cost-effective and successful landscape maintenance program for our community.
- *Bulk Purchase Savings:* Our landscape maintenance contractor purchases plants and supplies in bulk quantities at reduced prices and passes the savings along to us.
- *No Equipment to Buy or Maintain:* The association doesn't have to purchase, store, insure, maintain, or buy fuel for equipment.
- *Improved Plant Survival:* Trees, turf, shrubs and other plantings are costly. Without proper care, they don't survive, especially immediately after installation. The landscape maintenance company guarantees newly planted shrubs and trees, so we don't have to pay for replacing dead plants.
- *Reduced Liability:* The association's landscape maintenance contractor is properly insured, knowledgeable about, and in compliance with, all local and federal environmental requirements and safety regulations. Our contract shifts responsibility to the contractor and reduces the association's liability.

Landscaping is very important to the community's quality of life, its image and value. Maintaining it

can be very expensive, but it is worth what the association pays for these services. In fact, failing to invest in professional landscape maintenance could impact the value of your individual homes because the curb appeal of our lovely common areas contributes to making our neighborhood more desirable.

A Few Notes of Importance

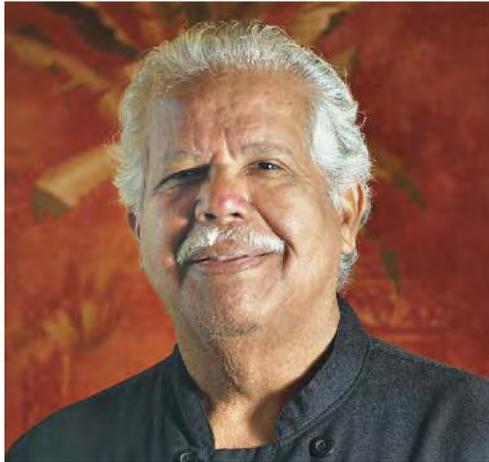
At the April Board meeting, the Board implemented a board policy to better address the increasing number of requests from owners, groups and clubs for capital improvements within the community. Capital improvements are those items that are not budgeted for in the annual operating expense budget and nor included in our reserve study. Generally at Sun City Shadow Hills, capital improvements are funded through excess operating funds. An example of excess funds would be an operating budget line item for utilities that wasn't fully spent because of unusually lower usage than normal during the year. As the board receives requests for various capital improvements, the requests will be put into a file that will be reviewed by the board annually. These items will have a cost associated with the project and a priority assigned based on the needs of the association as a whole. If there are funds available for capital expenditures, the board will consider the capital projects on a priority and funds available basis. This method of handling capital requests will assist the board in long range planning and in keeping the association in a financially sound condition.

A new item has been added to the agenda of the Board of Directors meeting called the *President's Report*. This item will summarize and update information that the Board is working on, subject to restrictions imposed by our governing documents and California and Federal law. The Communications Committee will publish the highlights of this report and other Board meeting highlights on the Community Website in the Current News section shortly after the Board meeting. Please visit our website to read the latest information about happenings in your community.

If you have any questions please feel free to contact the Association staff. We will be glad to help you or direct your questions to the proper staff member so that your questions are answered in a timely manner. The Association office staff is looking forward to assisting you.

Lynn

Employee of the Month - April 2012



Chef José Rocha

We congratulate José Rocha on being awarded Employee of the Month for April 2012.

Chef José has been a Valley resident for about 40 years and came to Sun City Shadow Hills via The Lakes Country Club, where he was employed for 25 years. José also worked at Indian Wells Country Club, The Desert Resorter, and the original Erawan Garden Hotel (now Mira Monte Hotel).

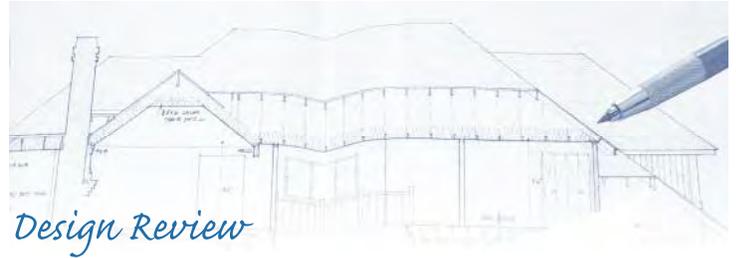
As expected, José Rocha has been an integral part of our new culinary team since he first arrived in December 2011. During the past 90 days, José has reached a new level of creativity. His artistic talents are noticed and appreciated. He has been a valuable asset for The Shadows Restaurant in addition to the new catering department at Sun City Shadow Hills. In addition, Chef José is well received by our residents and guests and works closely with them in developing custom menus for their events.

José always gives his best, maintains a professional attitude, and goes the extra mile to ensure that all of his responsibilities are met in a timely manner. He knows what needs to be done, and he completes each task quickly and efficiently. He takes pride in his work and always puts in the extra effort needed, no matter how challenging the job may be. His positive attitude sets the tone for the SCSH culinary department.

We are very happy to have José working at Sun City Shadow Hills.

Thank you, José, for a job well done!

Committee Reports



BY JIM WIEBORG

May Projects

If you plan to change anything on the outside of your house or in your front or back yard, you must submit a Home Improvement Application to the Design Review Committee (DRC) for approval before beginning work. Repainting your garage door the existing color does not require an application, only when making a change.

When replacing a tree in your yard, you will need to get DRC approval (HOA application) if you put in a different species. You must plant at least a 15-gallon tree or larger. If you are planting a shrub, it must be at least a 5-gallon plant.

Staked trees need to be checked periodically. The support wires must have rubber or hose-type material covering the wire where it comes in contact with the tree's bark. The support wire around the trunk should be loose enough that the tree can move at least two inches in all directions when the wind blows. This allows the trunk to become stronger and support the top of the tree. Periodically, the bracing wires must be loosened as the trunk's diameter increases, or they will cut into the bark and inhibit the flow of water and nutrients to the top of the tree. When the diameter of the tree trunk is more than twice that of the supporting stakes, the stakes should be removed, as they are no longer strong enough to support a tree of that size.



From the Library

BY SANDY KANELIS



Welcome, one and all, to your honor system library; and a special welcome to new residents. Our library allows our residents to borrow books without checking them out. We only ask that you return them in a timely manner. Our wonderful volunteers shelve approximately 1,400 books monthly. Without their generous help, we would not have a library. A big thank you to our volunteers!

We are accepting donations but, please, no more than 10 books per month per family. We accept fiction paperback and hard back books, biographies, history and political books, books on tape and on CD, DVD movies (no VHS), magazines (not more than two months old), and puzzles and games, all in excellent condition. We do not accept "how to" books, cookbooks, diet books, game books, sport books, etc., because we do not have the shelf room to accommodate them. Please, no incomplete, damaged, or water-damaged books. Any book that does not meet our requirements will be discarded. We only wish we had room for all the good books you donate, but we must keep our limited shelf room for the books that are most widely read. Thank you for your cooperation.

Donations are to be put to the cart marked "Donations" and returned books put on the cart marked "Returned Books." If you have best sellers collecting dust, please donate them so that others can enjoy reading them.

The audio books can be found on the shelf below the "w" paperback shelf...that is the lower shelf by the carts. Movies can be found on the shelf under the large-print bookshelf. History and political books have been moved to the shelves previously occupied by the old mailboxes. We have a "donation" mailbox along with the other new club mailboxes. We would appreciate monetary donations to help with the purchasing of library supplies.

We encourage you to use our wonderful library. Read and enjoy.

Sun City Shadow Hills®

Tea with Bonnie Bowden

Saturday, May 12, 2012
3:00 PM
Montecito Clubhouse Ballroom

\$18 – Single
\$150 – Table of 10

Tickets Available at the Lifestyle Desk
760-772-9617



Bring your favorite person in for some traditional teas and delicacies while being amazed at the vocal gifts of Bonnie Bowden.

Private tables of 10 are encouraged to use their own décor and tea sets, so reserve today as seating is limited.



Board Meeting

Date: Monday, May 21

Time: 2:00 pm

Location: Ballroom

My Irish-Jewish Heritage

BY JEANNE SILVER

A look of surprise crosses her face – the reaction is always the same: “But I never knew that there were Jews in Ireland!” Then, “Oh yes, I remember there was a Jewish Lord Mayor from there, wasn’t there?” “Yes,” I reply, “his name was Robert Briscoe; and his son also became Lord Mayor later.” And so the story begins.

I guess it probably started with my maternal grandfather, who escaped from the pogroms (organized massacres of Jews) in Russia onto a ship that would take him, he hoped, to New York. The ship docked for supplies at the Irish port of Cork. The captain called out “Cork” but my grandfather, who spoke no English, thought he said “New York” and got off. The result – I am an Irish Jew! (Now, this is the story told by my uncle and never confirmed – so maybe it’s not quite true, but it is colorful.)

Either way, my grandfather ended up in a town called Limerick. Being a very pious man, off he went to the big city of London to find a Jewish wife. He was delighted when they set him up with the daughter of a rabbi, believing that she must also be very religious, just like him.

Not so! My grandmother had been a milliner and was used to the bright lights of London in the late 1800s. She was, I think, appalled at the rustic little country town of Limerick. However, she gave birth to six children, including my Mom. Nonetheless, my grandmother always seemed to be an unhappy lady, surrounding herself with movie magazines while her husband, my Papa, was constantly in another room of the house, praying!

That in a nutshell was the maternal side of my family. I never knew a great deal about my paternal grandparents because they died before I was born. However, I knew that they had landed in Dublin, from Russia, with one child and proceeded to have nine more, of which my Dad was one. (So, both my parents were born in Ireland.) My grandfather proudly showed us the house where he was born, a really small attached cottage – hard to believe that a family of 12 lived there!

My grandfather was a cabinetmaker, and my Dad used to haul the furniture he made around Dublin on a cart. He later owned a very successful furniture and carpet business in Dublin and was very well known in the city.

My mother’s family eventually moved to Dublin. My Mom was about 10 when they went through the dreadful



PHOTO BY ROBERT DELAURENTI

times of the Black & Tans, units composed largely of British World War I veterans who were used from 1920 – 1921 to suppress revolution in Ireland. (The Irish were always revolting!) Although the Black & Tans were established to target the rebellious Irish Republican Army, they became notorious through their numerous attacks on the Irish civilian population.

Limerick had also become notorious because the one and only pogrom in Ireland took place there. In 1904, a priest, Father John Creagh, spoke from the pulpit against the Jews of the city, prompting many riots. Among other things, Father Creagh railed against what he deemed to be the extravagance of a recent wedding, that of my great aunt, my grandfather’s sister!

The story I later heard was that a carpet had been laid across the street, which at the time was just mud, for the bride to walk to the reception from the Temple; and this made many of the citizens angry. So I guess that my family became famous – or was it infamous? Father Creagh’s rantings were later condemned by other Catholic priests and the Protestant clergy and, in fact, a formal apology was made to the people of Limerick as recently as 2003.

Growing up Jewish in Ireland was a wonderful experience. Though we were a small community (today

Poetry Contest: Honorable Mention



“New Phase In Life”

BY GAIL UELAND

These are the days of our lives.
These are the golden years.
But what we face are the troubling events
That bring us to tears.

We’ve lasted the growing time;
Our duties are done!
We finally made it here,
And we’re focused on fun!

We discover exciting things to do.
We meet new faces,
We now have the time to
Travel to new fun-filled places.

These times may not be the worst;
These times may not be the best.
People of our age face new challenges everyday.
We thought it would be easier—we never guessed.

The cycle of life is up-ended
Faces we love slowly disappear.
What happened to the “time of our lives?”
What happened to the “golden years?”

I am glad for dear friends,
I am glad to still be here.
I am proud of those hanging in there,
Living each day without fear.

I try to live each day with happiness.
I try to live each day with love.
I know that someday we will find the true
“Time of our lives” – the “golden years”
Flowing everlastingly above.

only numbering about 1,000 from a high of about 5,000), we bonded well with our Catholic and Protestant neighbors, who always seemed to respect us and our religion. I was always the only Jewish girl in my class at school, and ours was the only Jewish home on our street. But we had a whole street dedicated to Jewish Orthodox shopping, including butchers and grocery stores.

As kids, at Passover time, we always distributed matzos to our neighbors’ homes, an eagerly awaited tradition. I often accompanied my Christian friends to Mass and sang Christmas carols with them on our street corner. My mother kept a kosher home and taught us well about all our own traditions but, growing up as she did in a country town, was always open to assimilating in this way and, in fact, encouraged it. I will never forget when my father died: the whole neighborhood came out and walked slowly behind his coffin as a mark of respect.

Although Ireland has had a somewhat checkered past toward the Jews – it refused entry into the country to Jewish refugees from the Holocaust, and the President sent a letter of condolence to the German Ambassador on Hitler’s death – I can only speak for my own wonderful experiences of tolerance and friendship. My upbringing in Dublin (I didn’t leave until I was 20, to seek my fame and fortune in London) has truly given me an awareness and an acceptance of people of all faiths and backgrounds, which has served me well in the ensuing years. And I look back upon that time with gratitude and happy memories.

*The author, a member of the
Writers Club, may be contacted at
redcoat800@sbcglobal.net.*



PHOTOS BY GARY MENCIMER



Marcia's Weigh

BY BILL SINGER

"I was born fat," admits SCSH resident Marcia Guntman. Starting out heavy, weight loss and weight gain were going to be constants throughout her life.

As an overweight teenager, Marcia moved east from Indianapolis at age 18. Then, "I ate my way through New York City," she recalls. Her first major weight loss was for her wedding to Saul, now her husband of 48 years. But then came the honeymoon, where she began gaining all the weight back.

Marcia's next move was with Saul back to his native Montreal, Canada. It was in Montreal that Marcia's two daughters, Romy and Mandy, were born. "Montreal was cold," says Marcia. "I was at home raising children and Montreal had great food." So the weight gain continued.

It was also during this period that she gave Saul a fur jacket for his birthday. They liked the jacket so much they began calling each other "Furrs," nicknames that continue to this day.

Five years later, the Guntmans decided to move to California. By that time, Marcia was up to 305 pounds. It was then that Marcia said to herself, "This is it, Marcia. You're not doing it [gaining weight] anymore." She

walked into a Weight Watcher's class and began her weight loss journey.

This was before Weight Watcher's had a point system for food. "It was just a very strict diet," she points out. "Three meals a day. Five fish meals a week. Liver once a week. I said to myself, 'If it's going to help me lose weight, I'm eating it.' I held my nose and ate the liver."

She lost 100 pounds. That became further motivation. She recalls, "I told myself, 'You've lost so much. You've got to keep going.' Dill pickle sliced up on a piece of white bread was a big treat." Ultimately, she reached her goal of 134 pounds, a weight loss of 171 pounds.

She became a lecturer at Weight Watcher's and continued to motivate others to lose weight for 10 years. But after finding some nodules on her vocal chords, Marcia needed to change careers. She ended up in market research, where her easy charm in dealing with people eventually resulted in her moving up to Project Manager. The downside of the job was that Marcia was no longer in the public eye. She also stopped smoking. Both of these contributed to her loss of motivation to keep the weight off. The pounds began coming back.

Over the next few years, with moving back to the East Coast and returning to southern California, Marcia's weight, like a roller coaster, went up and down. When she moved to SCSH in 2008, Marcia's weight was up to around 200 pounds. Two years later, Marcia decided it was time to get off the roller coaster.

"At that time I knew my beloved sister Rita was dying," Marcia sadly remembers. "I couldn't control or change that. I asked myself, 'What can I do for me?' And the answer was, 'I can lose weight.' That's what I had control over." So she began shedding the pounds, using her own method she calls *Marcia's Weigh*. It doesn't involve an organized program or specific products. It's just Marcia's way of controlling what she eats.

Marcia explains, "Basically, I don't eat any bad carbs. No cake. No candy. No ice cream. No bread, potatoes, rice, or alcohol. Breakfast is usually low-fat yogurt. Lunch is a huge salad with protein. I have a sugar-free protein bar in the afternoon. For dinner, I eat on a very small plate. I have lots of salad, then vegetables and fish or

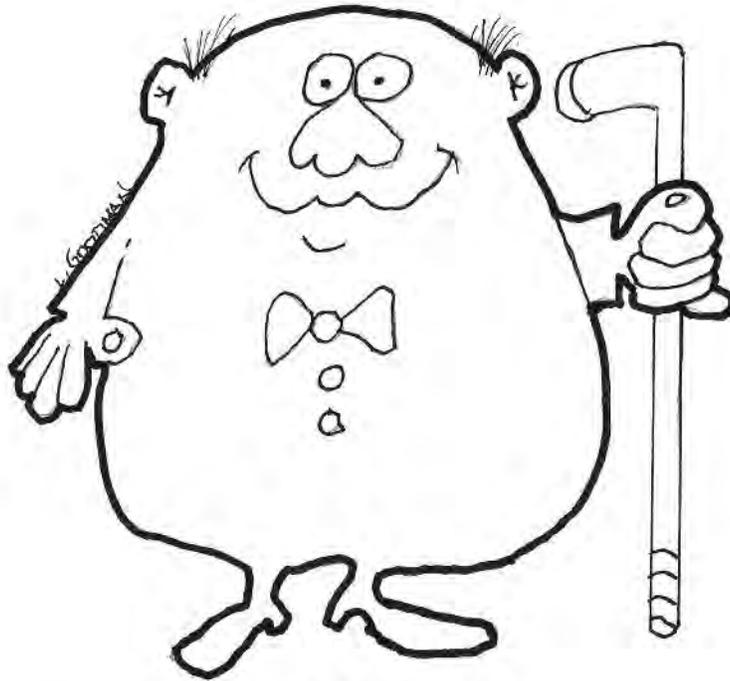
poultry." Walking on a treadmill is also part of her Weigh.

Another component is keeping her mind sharp. Marcia is President of the Bunco Club and spends a lot of time in the clubhouse playing all kinds of games including Pan, Mahjong, Poker, and Canasta.

The result? Marcia has lost 85 pounds and her blood test results are all in the normal range. She says, "I like the way I feel. I can walk better. I can breathe better."

Will she gain weight again? Marcia responds with a resounding, "No! Because keeping the weight off is the most important thing to me. I follow Marcia's Weigh every day of my life." In fact, it has become part of her philosophy of life. "There will never be another today," Marcia states. "So forget about the past, and deal with the present to build a better future."

*The author can be reached at
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Website is geezerguff.com.*



RETIREMENT!
THE PAY SUCKS, BUT THE
HOURS ARE GREAT!!

BY LARRY GOODMAN



Above, right to left: The Chaplain speaks at the 2011 ceremony; Flag at Sun City Shadow Hills. Photos by Robert Delaurenti.

Memorial Day: Commemorating U.S. Men and Women Who Died While In Military Service

BY SHAUN CASEY

On the last Monday of the month, May 28 at 8 am, the Sun City Shadow Hills Veterans Club will present the Fourth Annual Memorial Day Flag Raising Ceremony at the Montecito Clubhouse. It will again be celebrated at the Community's flags and supported by the local community.

“Let us then, at the appointed time, gather around the sacred remains and garland the passionless mounds above them with the choicest flowers of spring time; let us raise above the dear old flag they saved from dishonor; let us in this solemn presence renew our pledge to aid and assist those whom they left among us as a sacred charge upon a nation’s gratitude, the soldier’s and sailor’s widow and orphan.”

(General Order 11, Washington DC, May 5, 1868)

While it is difficult to establish conclusively the origins of the day, what is important is that Memorial Day was established. It is about reconciliation; it is about coming together to honor those who gave their all. And our ceremony does just that. Hopefully, our request for a Chaplain from 29 Palms Marine Base will again be

honored; the La Quinta ROTC will again perform the flag detail; the Shadow Hills High School will provide a bugler for taps and, pending school schedules, provide band music before and after the ceremony. Indio Mayor Glenn Miller will be our speaker. Lastly, the Lifestyle and Maintenance Departments will again provide support for the stage, seating, microphones, and coffee. Pulte will again supply donuts.

Even though our flag will be lowered to half-staff during the ceremony, unlike other observances, it will remain that way only until noon, when it will again be brought to full staff. This honors our war dead in the morning, and our living veterans and current service members for the rest of the day.

Regardless of how you spend your holiday, start this Memorial Day by paying tribute to all the men and women who have sacrificed their lives for our precious freedom. Join your neighbors at our Fourth Annual Memorial Day Flag Raising Ceremony – that’s 8 am, Monday, May 28 – the last Monday of the month.

See you there!



Flag Raising Ceremony 2011. Photo by Sid Weiss.

Feature Stories



Honorable Mention Awards: (above) Don Pattow "The Quilter", (right) Anna Kelly "Opening Day at the Empire Polo Club"

Winners of the 2012 Photo Contest

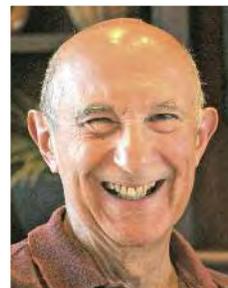
BY AGGIE JORDAN

Jackye Mills, the First Prize winner, shot one of the water lilies in the pond by the #3 tee box for our cover photo, "Feeling Blue." For the last three years, when the Mills return here in the autumn from their permanent residence in Victoria, BC, Jackye has photographed these flowers in the late afternoon when they are fresh and beautiful before they close for the evening. Jackye uses a Canon 60D digital SLR camera, shoots in raw format, and processes the images on her computer.

The Second Prize went to Pat Rosandich for "Sunset." Pat borrowed her husband's Nikon D7000 camera to shoot this evening scene from the back of her rig on an RV Club trip in Aguanga, California. Pat and her husband, John, belong to the RV Club as well as the Camera Club.

The winner of Third Prize is Kathy Maloney's "Winter after the Storm." Kathy took the photo from the pond at the main entrance gate here at SCSH two years ago when the snow fell so deep onto the mountains. Kathy rents a home here every year for four months away from the cold of Sioux Falls, South Dakota.

Honorable mention awards went to Don Pattow for "The Quilter" and to Anna Kelly for "Opening Day at the Empire Polo Club." Don used a Nikon Coolpix 8100 for this shot of Consuela Mickas as she quilts in the Montecito Clubhouse. Don lives here year-round but travels often for some great photo shoots. Anna went with the Camera Club to this opening day at the polo grounds. She shoots in raw format with a Canon S95 and gives credit to the Camera Club for all she has learned about photography in her last six years of living here.



1st Jackye Mills; 2nd Pat Rosandich; 3rd Kathy Maloney; Honorable Mentions Don Pattow & Anna Kelly; Photos of winners by Robert DeLaurenti



Second Prize (above): Pat Rosandich "Sunset"; Third Prize (below): Kathy Maloney "Winter After The Storm"



Feature Stories



Golf Operations

BY RYAN STEMSTRUD, PGA
GENERAL MANAGER



2012 Fall Overseeding Dates and Information

- **North Course:** closed from 9/24/2012 – 10/14/2012
- **South Course:** closed from 10/15/2012 – 11/4/2012

In the fall of each year, we overseed the dormant Bermuda grass with cool season Rye grass. Part of that procedure includes scalping the Bermuda grass to provide good growing conditions for the new Rye grass. This scalping process often creates a considerable amount of grass dust, which tends to blow into the residences around the golf course. Each year we scalp the same areas two to three times in the first two weeks of closure, so please keep that in mind when cleaning your backyards or pools. It may not necessarily make sense for you to thoroughly clean after the first or second scalping, knowing that the area may be dusted again the following week.

In 2008 the roughs at Shadow Hills were not overseeded. The “rough” is all the grass that isn’t closely mown such as fairways, tees, and greens. We will not be overseeding these areas in 2012 either. They will turn a golden brown, and will be treated

properly so that they stay as evenly brown as possible. This practice has been recommended for Shadow Hills by the USGA Green Section, an independent third-party Golf Course Turf Advisory service. Overseeding can be very stressful for Bermuda grass, and every three years the Bermuda grass should be permitted to go dormant and not be scalped and overseeded. This creates better turf conditions in the summer because the turf grass does not have to “transition” in the late spring. This is particularly noticeable in the high-traffic, high-impact areas created by golf carts. These areas transition poorly each year, partly because they aren’t as healthy as a result of the overseeding process.

We understand that some of our residents value the green turf near their residence and would like to see it be green all winter. We appreciate your patience as we seek to improve the turf grass condition throughout the property for years to come.

Ryan

Rules of Golf

Rule 6-6. Scoring in Stroke Play d. Wrong Score for Hole

The competitor is responsible for the correctness of the score recorded for each hole on his scorecard. If he returns a score for any hole lower than actually taken, he is disqualified. If he returns a score for any hole higher than actually taken, the score as returned stands.

Note 1: The Committee is responsible for the addition of score and application of the handicap recorded on the scorecard.

Decisions on the Rules:

Decision 6-6d/2 Total Score Recorded by Competitor Incorrect

Q: In stroke play, a competitor returns his score card to the Committee. The hole-by-hole scores are correct, but the competitor records a total score which is one stroke lower than his actual total score. Is the competitor subject to penalty?

A: No. The competitor is responsible only for the correctness of the score recorded for each hole – Rule 6-6d. The Committee is responsible for the addition of scores – Rules 33-5. If the competitor records a wrong total score, the Committee must correct the error, without penalty to the competitor.





Shadows RESTAURANT

Food & Beverage Update

BY DAR GIBBONS, CCM
FOOD & BEVERAGE DIRECTOR



Food Costs and Menu Pricing – How to Price Your Menu?

Since we've recently made some changes to our menus at The Shadows Restaurant, I felt it appropriate to speak about the menu pricing process, in this issue of *The View*. Imagine, you're the restaurant owner...

Writing the menu is part of the fun. It's kind of like picking out names for a baby. You can play around with terms and pair different foods to see what looks good together. However, a menu, just like a new baby, can be rather complicated and hard to understand at times. For example, how do you know what to charge in order to make a profit? Food cost and portion control are two ways to help price the menu correctly, so you make a profit but be careful not to price yourself out of the local market. Another way to ensure a profit is to create a balance of expensive and inexpensive items.

Food cost refers to the menu price of a certain dish in comparison to the cost of the food used to prepare the same dish. In other words, how much you pay for food will determine how much you will need to charge for it. Generally, food cost should be around 30-35%. This means that if you pay \$1 for something, you need to charge a minimum of \$3.34. It may seem like you are charging a lot more than necessary, but keep in mind that you aren't just paying for the food itself. You are paying someone to prepare the food, serve the food, and clean up after the meal is served. All the costs in your restaurant, from payroll to the electric bill, need to be covered by the food you serve.

Let's look at a typical menu item that many restaurants offer: Filet Mignon Dinner.

The initial cost of a filet mignon dinner can be broken down into the following areas:

- The beef filet costs you \$6.00 per portion.
- The wrap (the potato, vegetable, salad and bread that comes with the filet, as well as any condiments the guest asks for) costs \$2.50.
- Therefore, the entire meal costs you \$8.50.

If you wrapped the filet in bacon and topped it with herb butter (very tasty), your costs would increase. So, then your prices would increase. Get the picture? Everything that goes onto the customer's plate needs to be accounted for.

So how do you decide on a final menu price? Time to brush up on that high school algebra you swore you'd never use.

The formula for costing goes as follows:

- $\text{Cost of your product} / .35 = \text{menu price}$
or $\$8.50 / .35 = \24.29 .

\$24.29 is the absolute minimum you need to charge in order to make a profit off the filet mignon dinner. Of course, \$24.29 is an awkward looking number, so you might bump it up to \$24.99. If you bumped it up to \$29.99, your food costs would drop below 30%, which means you make a bigger profit.

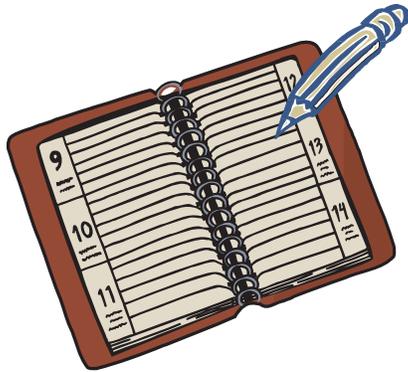
The Shadows menus are being closely watched by many and, as your new F&B Department moves forward, we will continue to make adjustments (only when absolutely necessary). As you will see, I plan to speak to this topic a number of times in future issues, as it relates to the increasing costs that we face daily at your restaurant.

Until next time,

Dar

Sports & Fitness

Reserving Sports Courts



All sports courts (Tennis, Pickleball, Bocce, Shuffleboard, Basketball, Volleyball) can be reserved up to 1 week in advance (as available) by contacting the Montecito Fitness Center at 760-772-0430 or the Santa Rosa Clubhouse at 760-342-2850

Fitness Orientations

By Appointment Only.

If you are unfamiliar with the fitness equipment here at Sun City Shadow Hills, you may schedule a complimentary Fitness Orientation.

We are happy to familiarize you with all of the state-of-the-art fitness equipment and create a basic program with workout card for you to follow.

Please call the Montecito Fitness Center at 760-772-0430 or the Santa Rosa Fitness Center at 760-342-2850 to schedule an appointment.



Fitness Update

BY EVANGELINE GOMEZ
FITNESS DIRECTOR



Beat the Heat 2012

Make sure to sign up May 21 – June 17 in the Fitness Center

We are excited to start our Beat the Heat program on Monday, July 2!

The program begins with baseline measurements on July 2 and 3. If you are enrolled in the program and haven't already made an appointment for baseline measurements, please be sure to do so by June 29. During this appointment you will receive a program manual that includes your guide for gaining points and workout journals as well as information regarding the class schedules.

This fitness program consists of a variety of special exercise classes and educational programs that are free to all residents that sign up (by the June 17 deadline) and participate. The Fitness team keeps track of your exercise progress for six weeks (ending on Thursday, August 9), and participants are rewarded with incremental prizes as you earn points. So the more you exercise and participate, the more prizes you can win! The Beat the Heat point board is updated weekly so that you will be able to see where you stand. This is also a great way to get your friends and loved ones motivated to work out and live a healthy lifestyle.

On Friday, August 10, we will have the grand finale celebration for all the participants who stayed with the program and acquired at least one of the incremental prizes.

Please contact the Fitness Center at 760-772-0430 for any questions.

Evangeline

Lecture Series

Diabetes Mellitus Type II

Please join us for an informative lecture on Diabetes Mellitus Type II presented by John Gallegos. This lecture will take place on Tuesday, May 8, 2012, at 6:30 pm in the Aerobics Studio at the Montecito Fitness Center.

John is currently employed at the Fireside Compounding Pharmacy in Palm Desert.



**FIRESIDE
PHARMACY**

He is a graduate of the University of Arizona College of Pharmacy. He has certifications in Diabetes II patient education and lipid management. In addition he provides consulting on bio-identical hormone therapy for both men and women for menopausal and andropausal states, as well as adrenal fatigue and thyroid dysfunction.

In this lecture, John will break down and discuss what diabetes is exactly and the consequences it has on your body. He will be discussing the different ways to keep your blood glucose under control as well as many other specifics. This will be a lecture you won't want to miss! Please sign up to ensure yourself a spot. To sign up for this lecture, please come down to the Montecito Fitness Center or call us at 760-772-0430.

Massage Therapy

Monday, May 7 & 21
(Montecito Fitness Center)

Wednesday, May 9 & 23
(Santa Rosa Clubhouse)

Time: 10 am – 2 pm
Therapist: Jacquelyn Poulin

Fee: \$1/minute
Chair Massage

Please schedule
with Fitness Center at
760-772-0430



Friday, May 11 & 25
(Montecito Fitness Center)

Time: 8 am – 12 pm
Therapists: Two Therapists
from A One Price Quality
Massage Therapy
Fee: \$1/minute
Chair Massage
or \$10 for 15 minutes

Please schedule
with Fitness Center at
760-772-0430

Sports & Fitness

2012 Fitness Guest Punch Card

Residents can come to the Montecito Fitness Center and pick up the new 2012 Fitness Guest Punch Card. The Fitness Guest punch card is required for any guests that will be using the Fitness Center (pool not included). This punch card must be presented to the Fitness Desk prior to working out. One of the 50 squares will be signed off for each guest each day. If a guest does not have the punch card, a fee of \$5 per visit will be applied.



CPR/AED Certification

May 4, 8 am – 12 pm
Cost: \$15.00

First Aid Certification

May 4, 1 pm – 5 pm
Cost: \$15.00

If you would like to participate in both the cost will be \$25.

Classes instructed by Philip J. Curia, EMT with over 20 years of experience in CPR and First Aid. Please register for this certification at the Fitness Center. Call 760-772-0430 for additional information.

Sunday

Monday

Tuesday

Studio classes are limited to 25 participants for safety purposes. Please arrive early to ensure your spot.

Listings in BLUE indicate Charter Club membership required.

For more information on calendar listings, call the Fitness Center 760-772-0430, or log on to the web site and check the Fitness Center page for class descriptions. This schedule is subject to change.

6

8:00 AM Bocce Ball Drop-In (SR)
8:00 AM Putting Drop-In (PC)
9:00 AM Mixed Doubles Tennis (TC)
3:00 PM Table Tennis (SR)
5:00 PM Volleyball Drop-In (SR)

13

8:00 AM Bocce Ball Drop-In (SR)
8:00 AM Putting Drop-In (PC)
9:00 AM Mixed Doubles Tennis (TC)
3:00 PM Table Tennis (SR)
5:00 PM Volleyball Drop-In (SR)

20

8:00 AM Bocce Ball Drop-In (SR)
8:00 AM Putting Drop-In (PC)
9:00 AM Mixed Doubles Tennis (TC)
3:00 PM Table Tennis (SR)
5:00 PM Volleyball Drop-In (SR)

27

8:00 AM Bocce Ball Drop-In (SR)
8:00 AM Putting Drop-In (PC)
9:00 AM Mixed Doubles Tennis (TC)
3:00 PM Table Tennis (SR)
5:00 PM Volleyball Drop-In (SR)

7

7:00 AM Ladies Tennis (TC)
8:00 AM Massage (FC)
8:00 AM Reformer Pilates (AS) \$
8:00 AM Bocce Ball Drop-In (MC)
9:00 AM Zumba (AS) \$
9:00 AM Men's Tennis (TC)
10:00 AM Mat Pilates (as) \$
10:00 AM Aqua Fitness (IP) \$
11:00 AM Reformer Pilates (AS) \$\$
3:00 PM Shall We All Dance (AS)
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)
6:00 PM Pickle Ball (SR)

14

7:00 AM Stretch (SR) \$
7:00 AM Ladies Tennis (TC)
8:00 AM Reformer Pilates (AS) \$
8:00 AM Bocce Ball Drop-In (MC)
9:00 AM Zumba (AS) \$
9:00 AM Men's Tennis (TC)
10:00 AM Mat Pilates (as) \$
10:00 AM Aqua Fitness (IP) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Stretch (AS) \$
3:00 PM Shall We All Dance (AS)
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)
6:00 PM Pickle Ball (SR)

21

Beat the Heat Registration
7:00 AM Stretch (SR) \$
7:00 AM Ladies Tennis (TC)
8:00 AM Massage (FC)
8:00 AM Reformer Pilates (AS) \$
8:00 AM Bocce Ball Drop-In (MC)
9:00 AM Zumba (AS) \$
9:00 AM Men's Tennis (TC)
10:00 AM Mat Pilates (as) \$
10:00 AM Aqua Fitness (IP) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Stretch (AS) \$
3:00 PM Shall We All Dance (AS)
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)
6:00 PM Pickle Ball (SR)

28

7:00 AM Stretch (SR) \$
7:00 AM Ladies Tennis (TC)
8:00 AM Reformer Pilates (AS) \$
8:00 AM Bocce Ball Drop-In (MC)
9:00 AM Zumba (AS) \$
9:00 AM Men's Tennis (TC)
10:00 AM Aqua Fitness (IP) \$
11:00 AM Reformer Pilates (AS) \$\$
3:00 PM Shall We All Dance (AS)
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)
6:00 PM Pickle Ball (SR)

7:00 AM Ladies Tennis (TC)
7:00 AM Total Body Ball (AS) \$
8:00 AM Total Body Strength (AS) \$
8:00 AM Mat Express (SR)
8:00 AM Pickle Ball (SR)
9:00 AM Men's Tennis (TC)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Zumba Toning (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:30 PM Table Tennis - Open (SR)
4:00 PM Rock n' Roll Cardio (AS)
4:00 PM Shuffleboard Drop-In (MC)
5:00 PM Int. Line Dance (AS)

8

7:00 AM Ladies Tennis (TC)
7:00 AM Total Body Ball (AS) \$
8:00 AM Total Body Strength (AS) \$
8:00 AM Mat Express (SR)
8:00 AM Pickle Ball (SR)
9:00 AM Men's Tennis (TC)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Zumba Toning (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:30 PM Table Tennis - Open (SR)
4:00 PM Rock n' Roll Cardio (AS)
4:00 PM Shuffleboard Drop-In (MC)
5:00 PM Int. Line Dance (AS)
6:30 PM Health Speaker (AS)

15

7:00 AM Ladies Tennis (TC)
7:00 AM Total Body Ball (AS) \$
8:00 AM Total Body Strength (AS) \$
8:00 AM Mat Express (SR)
8:00 AM Pickle Ball (SR)
9:00 AM Men's Tennis (TC)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Zumba Toning (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:30 PM Table Tennis - Open (SR)
4:00 PM Rock n' Roll Cardio (AS)
4:00 PM Shuffleboard Drop-In (MC)
5:00 PM Int. Line Dance (AS)

22

7:00 AM Ladies Tennis (TC)
7:00 AM Total Body Ball (AS) \$
8:00 AM Total Body Strength (AS) \$
8:00 AM Mat Express (SR)
8:00 AM Pickle Ball (SR)
9:00 AM Men's Tennis (TC)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Zumba Toning (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:30 PM Table Tennis - Open (SR)
4:00 PM Rock n' Roll Cardio (AS)
4:00 PM Shuffleboard Drop-In (MC)
5:00 PM Int. Line Dance (AS)

29

7:00 AM Ladies Tennis (TC)
7:00 AM Total Body Ball (AS) \$
8:00 AM Total Body Strength (AS) \$
8:00 AM Mat Express (SR)
8:00 AM Pickle Ball (SR)
9:00 AM Men's Tennis (TC)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Zumba Toning (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:30 PM Table Tennis - Open (SR)
4:00 PM Rock n' Roll Cardio (AS)
4:00 PM Shuffleboard Drop-In (MC)
5:00 PM Int. Line Dance (AS)

Wednesday

Thursday

Friday

Saturday

2 7:00 AM Stretch (SR)
 7:00 AM Ladies Tennis (TC)
 8:00 AM Interval Training (AS) \$
 8:00 AM Volleyball Drop-In (MC)
 9:00 AM Yoga (AS) \$
 9:00 AM Putting Drop-In (PC)
 9:00 AM Men's Tennis (TC)
 10:00 AM Mat Pilates (AS) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Latin Dance Party (AS)
 12:00 PM Table Tennis (SR)
 3:00 PM Line Dance – Basics (AS)
 3:30 PM Beg. I Line Dance (AS)
 4:30 PM Lively Liners (AS)
 5:00 PM Basketball Drop-In (SR)
 6:00 PM Happy Tappers (AS)

9 7:00 AM Stretch (SR)
 7:00 AM Ladies Tennis (TC)
 8:00 AM Interval Training (AS) \$
 8:00 AM Volleyball Drop-In (MC)
 9:00 AM Yoga (AS) \$
 9:00 AM Putting Drop-In (PC)
 9:00 AM Men's Tennis (TC)
 10:00 AM Mat Pilates (AS) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Latin Dance Party (AS)
 12:00 PM Table Tennis (SR)
 3:00 PM Line Dance – Basics (AS)
 3:30 PM Beg. I Line Dance (AS)
 4:30 PM Lively Liners (AS)
 5:00 PM Basketball Drop-In (SR)
 6:00 PM Happy Tappers (AS)

16 7:00 AM Stretch (SR)
 7:00 AM Ladies Tennis (TC)
 8:00 AM Interval Training (AS) \$
 8:00 AM Volleyball Drop-In (MC)
 9:00 AM Yoga (AS) \$
 9:00 AM Putting Drop-In (PC)
 9:00 AM Men's Tennis (TC)
 10:00 AM Mat Pilates (AS) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Latin Dance Party (AS)
 12:00 PM Table Tennis (SR)
 3:00 PM Line Dance – Basics (AS)
 3:30 PM Beg. I Line Dance (AS)
 4:30 PM Lively Liners (AS)
 5:00 PM Basketball Drop-In (SR)
 6:00 PM Happy Tappers (AS)

23 7:00 AM Stretch (SR)
 7:00 AM Ladies Tennis (TC)
 8:00 AM Interval Training (AS) \$
 8:00 AM Volleyball Drop-In (MC)
 9:00 AM Yoga (AS) \$
 9:00 AM Putting Drop-In (PC)
 9:00 AM Men's Tennis (TC)
 10:00 AM Mat Pilates (AS) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Latin Dance Party (AS)
 12:00 PM Table Tennis (SR)
 3:00 PM Line Dance – Basics (AS)
 3:30 PM Beg. I Line Dance (AS)
 4:30 PM Lively Liners (AS)
 5:00 PM Basketball Drop-In (SR)
 6:00 PM Happy Tappers (AS)

30 7:00 AM Stretch (SR)
 7:00 AM Ladies Tennis (TC)
 8:00 AM Interval Training (AS) \$
 8:00 AM Volleyball Drop-In (MC)
 9:00 AM Yoga (AS) \$
 9:00 AM Putting Drop-In (PC)
 9:00 AM Men's Tennis (TC)
 10:00 AM Mat Pilates (AS) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Latin Dance Party (AS)
 12:00 PM Table Tennis (SR)
 3:00 PM Line Dance – Basics (AS)
 3:30 PM Beg. I Line Dance (AS)
 4:30 PM Lively Liners (AS)
 5:00 PM Basketball Drop-In (SR)
 6:00 PM Happy Tappers (AS)

3 7:00 AM Total Body (AS) \$
 7:00 AM Men's Tennis (TC)
 8:00 AM Challenge Step (AS)
 8:00 AM Mat Express (SR)
 8:00 AM Pickle Ball (SR)
 8:00 AM Shuffleboard Drop-In (MC)
 9:00 AM Balance the Brain (AS) \$
 9:00 AM Ladies Tennis (TC)
 10:00 AM Zumba (AS) \$
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Thera-band Exercise (AS)
 4:00 PM Beg. II Line Dance (AS)
 5:00 PM Int. Line Dance (AS)

10 7:00 AM Total Body (AS) \$
 7:00 AM Men's Tennis (TC)
 8:00 AM Challenge Step (AS)
 8:00 AM Mat Express (SR)
 8:00 AM Pickle Ball (SR)
 8:00 AM Shuffleboard Drop-In (MC)
 9:00 AM Balance the Brain (AS) \$
 9:00 AM Ladies Tennis (TC)
 10:00 AM Zumba (AS) \$
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Thera-band Exercise (AS)
 4:00 PM Beg. II Line Dance (AS)
 5:00 PM Int. Line Dance (AS)

17 7:00 AM Total Body (AS) \$
 7:00 AM Men's Tennis (TC)
 8:00 AM Challenge Step (AS)
 8:00 AM Mat Express (SR)
 8:00 AM Pickle Ball (SR)
 8:00 AM Shuffleboard Drop-In (MC)
 9:00 AM Balance the Brain (AS) \$
 9:00 AM Ladies Tennis (TC)
 10:00 AM Zumba (AS) \$
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Thera-band Exercise (AS)
 4:00 PM Beg. II Line Dance (AS)
 5:00 PM Int. Line Dance (AS)

24 7:00 AM Total Body (AS) \$
 7:00 AM Men's Tennis (TC)
 8:00 AM Challenge Step (AS)
 8:00 AM Mat Express (SR)
 8:00 AM Pickle Ball (SR)
 8:00 AM Shuffleboard Drop-In (MC)
 9:00 AM Balance the Brain (AS) \$
 9:00 AM Ladies Tennis (TC)
 10:00 AM Zumba (AS) \$
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Thera-band Exercise (AS)
 4:00 PM Beg. II Line Dance (AS)
 5:00 PM Int. Line Dance (AS)

31 7:00 AM Total Body (AS) \$
 7:00 AM Men's Tennis (TC)
 8:00 AM Challenge Step (AS)
 8:00 AM Mat Express (SR)
 8:00 AM Pickle Ball (SR)
 8:00 AM Shuffleboard Drop-In (MC)
 9:00 AM Balance the Brain (AS) \$
 9:00 AM Ladies Tennis (TC)
 10:00 AM Zumba (AS) \$
 11:00 AM Reformer Pilates (AS) \$\$
 12:00 PM Thera-band Exercise (AS)
 4:00 PM Beg. II Line Dance (AS)
 5:00 PM Int. Line Dance (AS)

4 7:00 AM Ladies Tennis (TC)
 8:00 AM Strength Cond. (AS) \$
 8:00 AM Pickle Ball (SR)
 8:00 AM CPR (MC)
 9:00 AM Beginning Zumba (AS)
 9:00 AM Stretch (SR)
 9:00 AM Men's Tennis (TC)
 10:00 AM Power Yoga (AS) \$
 10:00 AM Aqua Fitness (IP) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 1:00 PM Adv. Line Dance (AS)
 1:00 PM First Aid (MC)
 3:00 PM Table Tennis (SR)
 4:00 PM Bocce Ball Drop-In (SR)

11 7:00 AM Ladies Tennis (TC)
 8:00 AM Massage (FC)
 8:00 AM Strength Cond. (AS) \$
 8:00 AM Pickle Ball (SR)
 9:00 AM Beginning Zumba (AS)
 9:00 AM Stretch (SR)
 9:00 AM Men's Tennis (TC)
 10:00 AM Power Yoga (AS) \$
 10:00 AM Aqua Fitness (IP) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 1:00 PM Adv. Line Dance (AS)
 3:00 PM Table Tennis (SR)
 4:00 PM Bocce Ball Drop-In (SR)

18 7:00 AM Ladies Tennis (TC)
 8:00 AM Strength Cond. (AS) \$
 8:00 AM Pickle Ball (SR)
 9:00 AM Beginning Zumba (AS)
 9:00 AM Stretch (SR)
 9:00 AM Men's Tennis (TC)
 10:00 AM Power Yoga (AS) \$
 10:00 AM Aqua Fitness (IP) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 1:00 PM Adv. Line Dance (AS)
 3:00 PM Table Tennis (SR)
 4:00 PM Bocce Ball Drop-In (SR)

25 7:00 AM Ladies Tennis (TC)
 8:00 AM Massage (FC)
 8:00 AM Strength Cond. (AS) \$
 8:00 AM Pickle Ball (SR)
 9:00 AM Beginning Zumba (AS)
 9:00 AM Stretch (SR)
 9:00 AM Men's Tennis (TC)
 10:00 AM Power Yoga (AS) \$
 10:00 AM Aqua Fitness (IP) \$
 10:00 AM Weight Room Circuit (SR)
 11:00 AM Reformer Pilates (AS) \$\$
 1:00 PM Adv. Line Dance (AS)
 3:00 PM Table Tennis (SR)
 4:00 PM Bocce Ball Drop-In (SR)

5 7:00 AM Basketball Drop-In (SR)
 8:00 AM Interval Step (AS)
 10:00 AM Happy Tappers (AS)
 11:30 AM Table Tennis Drop-In (SR)
 3:00 PM Shall We All Dance (AS)
 5:00 PM Bocce Ball Drop-In (MC)
 5:00 PM Pickle Ball Drop-In (SR)

12 7:00 AM Basketball Drop-In (SR)
 8:00 AM Interval Step (AS)
 10:00 AM Happy Tappers (AS)
 11:30 AM Table Tennis Drop-In (SR)
 3:00 PM Shall We All Dance (AS)
 5:00 PM Bocce Ball Drop-In (MC)
 5:00 PM Pickle Ball Drop-In (SR)

19 7:00 AM Basketball Drop-In (SR)
 8:00 AM Interval Step (AS)
 10:00 AM Happy Tappers (AS)
 11:30 AM Table Tennis Drop-In (SR)
 3:00 PM Shall We All Dance (AS)
 5:00 PM Bocce Ball Drop-In (MC)
 5:00 PM Pickle Ball Drop-In (SR)

26 7:00 AM Basketball Drop-In (SR)
 8:00 AM Interval Step (AS)
 10:00 AM Happy Tappers (AS)
 11:30 AM Table Tennis Drop-In (SR)
 3:00 PM Shall We All Dance (AS)
 5:00 PM Bocce Ball Drop-In (MC)
 5:00 PM Pickle Ball Drop-In (SR)

Legend

- AS – Aerobic Studio
- FC – Fitness Center
- GC – Golf Club
- IP – Indoor Pool
- MC – Montecito Clubhouse
- SR – Santa Rosa Clubhouse
- OS – Offsite
- TC – Tennis Courts
- \$ – \$3 charge
- \$\$ – \$6 charge

May

Sports & Fitness Calendar



Lifestyle Update May 2012

BY ERIC ANGLE
LIFESTYLE DIRECTOR

May is a very impactful month on the calendar because of the special days that it contains. We all seem to scramble the entire month, determined to spend as much time outdoors as possible before the full heat of summer is upon us. Outdoor activities in our community can be found everywhere from tennis and bocce to golf and pickleball. We generally close out the month and welcome the summer near the outdoor amphitheater with the annual flag raising ceremony hosted by our very own Veterans Club. The ceremony takes place the morning of Memorial Day, which is Monday, May 28, this year.

Before I jump too far into the month, I should also highlight another very important day that is very dear to me, Mother's Day. Families tend to celebrate Mom on her special day the second Sunday of May each year, so we decided to offer a special SCSH celebration the second Saturday instead. We have invited the musical talents of Bonnie Bowden to serenade us during an afternoon tea at the Montecito Clubhouse. Everyone is invited to join us for an amazing afternoon of song, tea, food, and memories. If you can't make it out on Saturday, make sure you dedicate a few minutes on Sunday to thank moms everywhere for their contributions.

The forecast for summer is going to be another amazing one in Lifestyle. We will feature our weekly happy hour and our monthly concert series to keep you cool and indoors all summer. We have some travels planned as well with trips to the Nethercutt Museum, Pageant of the Masters, and Del Mar among other exciting adventures. Make sure you sign up early to guarantee your seat for all the festivities. Bring a friend and enjoy the lifestyle.

- Eric

Sun City Shadow Hills®

Lifestyle Getaways

Sign up at the Lifestyle Desk: 760-772-9617



Pechanga Resort
Thursday, May 3
Temecula, California



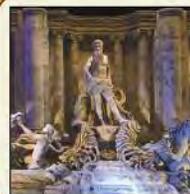
Baseball Game
Yankees vs. Angels
Wednesday, May 30
Anaheim, California



Harrah's Resort
Thursday, June 7
San Diego, California



**Nethercutt
Museum**
Friday, June 15
Sylmar, California



**Pageant of the
Masters**
July 26 and 27
Laguna Beach, California



Del Mar Racetrack
Thursday, August 23
Del Mar, California



American Flag Sale

New replacement flags and poles for Phase 1 & 2 homeowners

New flags with poles and mounting hardware for Phase 3 homeowners

WHERE

New Home Orientation
Montecito Clubhouse

WHEN

May 4, 2012 • 10 a.m.

Sponsored By

Shadow Hills Veterans Club

For More Information Contact
760-347-6317

Sun City Shadow Hills

MLB Baseball Game

Wednesday, May 30, 2012

Angels Stadium, Anaheim CA



New York Yankees

vs.

Los Angeles Angels
of Anaheim

\$70 per Person

Price Includes:

- Game Ticket (Section 408)
 - Bus Transportation
 - Snacks and Beverages on Bus
- Limited Seating Available!
Tickets Are Non-Refundable



Bus will depart from the Montecito Clubhouse at 4:00 p.m.
Game Begins at 7:05 p.m.

Contact the Lifestyle Department for Tickets and Information
760-772-9617

PAGEANT OF THE MASTERS Where Art Comes to Life!

Ninety minutes of "living pictures" – incredibly faithful art re-creations of classical and contemporary works with real people posing to look exactly like their counterparts in the original pieces. An outdoor amphitheater, professional orchestra, original score, live narration, intricate sets, sophisticated lighting, expert staff and hundreds of dedicated volunteers have won recognition for the Pageant as the best presentation of its kind.



July 26 & 27, 2012
Laguna Beach, CA

Double – \$130 (per Person)
Single – \$160

Bus will depart the Montecito Clubhouse July 26 at 2:00 pm.
The Pageant of the Masters show is at 8:30 pm.
You will stay at the Dana Point Marina Inn and return the following day.

A minimum of 40 participants is required.
Sign up at the Lifestyle Desk by July 1.
760-772-9617



The Nethercutt Museum Sylmar, California



The Nethercutt Collection features rare collectibles ranging from mechanical musical instruments and antique furniture to the true heart of the collection: over 250 American and European automobiles dating from 1898 to 1997.

Thursday, June 14, 2012

\$35 per Person

Bus will depart the Montecito Clubhouse at 7:00 am.
Arrival at the museum is estimated at 9:30 am.

Two Hour Private Guided Tour
No Host Lunch from 12:30 pm – 2:00 pm

Estimated return to the Montecito Clubhouse is 4:30 pm.

Tickets are non-refundable. Minimum of 40 participants required.

Sign up at the Lifestyle Desk by May 31.

760-772-9617



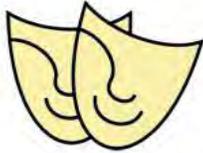
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Comedy Night



Starring Comedians from:
The Tonight Show with Jay Leno
Late Night with David Letterman
The Conan O'Brien Show

Hilarious New Shows
Every Month

Rated "R" Due to
Adult Content

Wednesday, May 16, 2012 at 7 pm

Tickets: \$12 in Advance / \$14 at the Door (if available)
Tickets Nonrefundable

Checks/Visa/MasterCard/Discover
Complimentary Wine Served

Tickets: visit or call Lifestyle
at 760.772.9617

Montecito Clubhouse
80-800 Sun City Blvd.
Indio, CA 92203

Info: call Julie at 760.772.0317

Sun City Shadow Hills

Concerts 4 U

Our 2012/2013 Season Series

Order Your New Reserved Seats Now & Save!

Jay & the Americans
Sun., 12/2/12

*This Magic Moment,
Cara Mia, Come a Little
Bit Closer & She Cried.*

The Four Freshmen
Sat., 1/19/13

*Angel Eyes, Day In, Day Out,
It's A Blue World & "Day by
Day.*

Ben Vereen
Sat, 3/2/13

*Starred in Wicked,
Fosse, I'm Not
Rappaport, & Pippin.*

Jazz/Blues Cabaret Season Ticket Holder Bonus
[details to be announced]
Artist and dates subject to change.

Buy Your 3-Show Reserved Seats Series Tickets for Only \$99! Each

[Discounted price saves \$32 per couple.]

- For complete ticket information, phone Anne at: 760-360-5833.

OR

- Visit our 'Concerts-4-U Series Tickets Sales Booth' every Monday, Wednesday & Friday from 10 am to 1 pm in the Montecito Clubhouse Lobby starting May 2, 2012.

Discussion Forum Club

Speaker Series



Thursday May 17th, 2012

7pm Montecito Clubhouse

We are delighted to welcome Glenn A. Miller, the mayor of the City of Indio. Mr. Miller is well known for his high-energy and tireless work for numerous civic and charitable organizations throughout the Coachella Valley. He is also a Military Emergency Management Systems Instructor in the California State Military Reserve.

For more info about this lecture, call Ben Weissbach at Ben11169@dc.rr.com or call 760-702-7159.

Free for members, \$3 for non-members.

A SCSH Charter Club

Writer's Club

Come and join our new Writer's Club on May 3rd, 17th & 31st, 2012 in the Santa Rosa Clubhouse at 10 am.

Writing brings us all great satisfaction. We enjoy the creativity, the ability to put words on paper, to express thoughts that fill our heads and to have others share in the process. Our writer's club allows each of us to read our creations; poetry, biographies, screenplays, works of fiction and non-fiction, to the group who can give us feedback and support.

For information, contact Tony 760-775-9521 or email antiqphoto@gmail.com.



AGAINST ALL ODDS

SCSH DESERT LIFE CLUB WILL PRESENT A FASCINATING STORY OF A VERY SUCCESSFUL LOCAL BUSINESS,

“COOKING WITH CLASS”

THE OWNERS ARE A MOTHER-DAUGHTER TEAM THAT STARTED THIS BUSINESS FIVE YEARS AGO AGAINST ALL ODDS. THEIR SUCCESSFUL CULINARY INSTITUTE INCLUDES A WEDNESDAY NIGHT “CORK AND FORK” DINNER PRESENTATION THAT IS OPEN TO THE PUBLIC. THEIR GOURMET COOKING CLASSES ARE FIRST RATE AND THEY HAVE A BOUTIQUE WINE SHOP. PLEASE JOIN US FOR THIS FUN AND INTERESTING AFTERNOON AS THEY RELATE THEIR INCREDIBLE JOURNEY.

TUESDAY, MAY 15TH

THE INDIAN WELLS COUNTRY CLUB

* 46000 Club Drive * Indian Wells

Directions: Take Washington to Hwy 111; turn right, then turn left on Club Dr. Go through gate and over bridge, follow road around to the left until you reach IW Clubhouse. Self parking available in rear or Valet parking is optional on a tip fee basis

Doors open at 11 am, lunch will be served at 12 noon

Menu

Chicken and vegetable stuffed crepes with tiramisu for dessert

Luncheon cost: \$19.00

Checks only - payable to SCSH Desert Life
Drop checks in Desert Life mailbox near library
No checks accepted after 5 pm on Tuesday, May 8th

Contact Criss Kiefer at 760 345-7551 with questions

For cancellations/waiting list, contact PJ Nilson at 760 469-3420

LIVELY LINERS

Mexican Fiesta



Saturday, May 19

6:00 to 8:45 p.m.

Montecito Clubhouse Ballroom

Club members FREE - Guests \$5

Bring your own snacks & drinks ♦ Couples & line dances

Mexican attire optional ♦ Wear appropriate dance shoes

**FOR INFORMATION OR RESERVATIONS,
CALL BARB AT 760-636-0701**

CELEBRATE MAY DAZE

WITH

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KARAOKE CLUB

Singing and Fun for All

THURSDAY

MAY 24th

5:00 to 8:00 PM



BYOB & SNACKS

Dues \$5.00 through June 2012

DUES \$10.00 per Year thereafter

CALL **Lynn Trahan**

(760) 393-2390 Lets All Have Fun

4/19/2012 Rev 1

Tutta Bella Vino
“Summer Wines”



Tastings: Whites: Muga's Rose Wine, Milbrandt Winery's Pinot Gris and Remo Farina's Bianco di Custoza.



Reds: Renwood's Jack Rabbit Flat Zinfandel, Lodge Hill Claire Valley Shiraz, and Rose's Sweet Red Dessert Wine.

Date: **Saturday, 26 May**

Time: **7:00 PM**

Location: **Montecito Ballroom**

Price: **\$21 per person**



For more information contact

Aldo @ 760.972-3025

Registration deadline is May 19

Sorry no payments will be accepted at the door

Lifestyle Update

Club Contact Information

Billiards

Don Salvatore
760-775-8394
dsalvatore@dc.rr.com

Bridge

Arny Grushkin
760-296-1477
agg.industries@snet.net

Bunco

Marcia Guntman
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mguntman@msn.com

Camera Club

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Canasta

Sarelle Rive
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Ceramics Club

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Classy Niners

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Community Singers

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maryharder@aol.com

Computer Club

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Concerts 4 U

Steve Blake
760-345-7657
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Couples Golf

Gloria Mossman
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Creative Arts

Adrienne Wagers
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adewage@msn.net

Desert Life

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criss.kiefer@yahoo.com

Discussion Forum

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ben11169@dc.rr.com

Games Plus

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760-953-3224
prov356jcd@msn.com

Happy Tappers

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rosandich2@verizon.net

King & Queens Card Club

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ben11169@dc.rr.com

Lady Putters

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Lively Liners

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Mah Jongg

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Men's Golf Club

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Oke Dokey Karaoke

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Opera Club

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Pairs 9-Hole Golf Club

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Pan

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Performing Arts

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Pet Club

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Pickleball

Janice Volkenant
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Readers Ink

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Retirement Club

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jstoll@hotmail.com

RV Club

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stuffinskis@earthlink.net

Shall We All Dance

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verizon.net

Softball

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760-200-1693

Solos

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sbdesertrose@yahoo.com

Stitchin' & Stampin'

Sue Gates
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Table Tennis

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Tennis Club

Marje Burdine
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mburdine@telus.net

That's Entertainment

Ben Weissbach
760-702-7159
ben11169@dc.rr.com

Travel Club

Jerry Irwin
760-289-6748
ongreenpar@dc.rr.com

Tuesday Night Putters

Dale Conatser
760-775-9680
tuesdaynightputters@
msn.com

Tutta Bella Vino

Aldo Tremonti
760-972-3025
atremonti@dr.rr.com

Ukulele Strummers

Darlene Turner
310-200-5022
dardar37@dc.rr.com

Veterans Club

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760-347-6317
tomhutson@dc.rr.com

Women's Golf Club

Kathy Budzik
760-262-8160
kb32943@gmail.com

Writers Club

Tony Davis
760-775-9521
antiqphoto@earthlink.net

Resident Groups

Democrats In SCSH

Stacia Armstrong
760-469-3995
sarmstrong3@dc.rr.com

Republicans In SCSH

Mike Cohen
760-345-3636
mikec7419@verizon.net

Clubs in Formation

Motorcycle Rides

Robert Mastrangelo
760-636-0093
agourabob@dc.rr.com

Paddle Tennis

John Bowden
760-298-1303
john.bowden@yahoo.com

Road Bicycle Riders

Dario Fadiga
760-345-7398
dfadiga@dc.rr.com

Interested in starting a new club?

Are you interested in another hobby?

Why not start a new club!

Drop by the Lifestyle Desk in the
Montecito Clubhouse to pick up
an informational packet.

760-772-9617

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

Billiards Club

On Wednesday, March 28, 2012, we held our first nine ball tournament event. We played a scotch doubles format and had 20 players in competition with a consolation flight for those who lost their first match. First place was won by Sy Saito and Balta Rosales. Second place went to Pat Carson and Bryan Murray. Third place went to Gene Hapip and George Gigliello. Everyone played well and enjoyed themselves. Congratulations to all our winners and all who competed.

Our club continues to meet every Wednesday at 7 pm in the Billiards Room for open play. Tournaments are held the last Wednesday of the month at a cost of \$2 per player for each tournament. You must be a club member to play in the monthly tournaments.

Women and men of all levels of experience are welcome and encouraged to join. It's a great way to make new friends and meet your neighbors! Come to the Montecito Billiards Room on Wednesday nights for open play. Lessons are available at 10 am every Monday in the Billiards Room by Bryan Murray (760-342-9028). For any further information please call Don Salvatore at 760-775-8394. See you on Wednesday in the Billiards Room.



Bunco

We had a wonderful turnout in March. We always have lots of fun yelling, laughing, and screaming at the dice. We had some new residents join us, and we always welcome new people.

We play Bunco on the last Wednesday night of the month. We will be meeting on May 30 at 6:45 pm. We start playing at 7 pm.

Any questions, call Marcia at 760-347-1534. Hope to see you at the tables.



Camera Club

New club officers for next year are: President, Glenn Darragh; Vice President, Paul Priebe; Secretary, Diane Anderson; and Treasurer, Anna Kelly. Congratulations, and we are looking forward to a great year!



At our April meeting, we surveyed our current membership to determine what is important to our members and what they hope to learn about photography, so we can make our club even better next season. We viewed some of the best photos from our March field trip to Anza Borrego, one of the highlights being our encounter with a big horn ewe and her lamb near the Palm Canyon trail! And we all enjoyed some of the many fine metal sculptures in and around town. Though we had a few mishaps: Glenn Darragh, our President-Elect, broke his leg and had to limp back to the parking lot, and Joel Binder had an impromptu swim in the creek, but got "10s" from us on his splash and because he was able to keep his camera dry! Graham Jones shared his movie of our Anza Borrego trip. Robert DeLaurenti had an interesting photo to show us consisting of over 12,000 photographs. Very creative!

We've had a great year and Gary Mencimer, our President, encouraged us to become better photographers through his example. Thank you, Gary! Our club will have our next meeting in the fall. Happy trails to you all, and don't forget... take lots of pictures!

Canasta Club

A few new members have joined the club, and we always welcome more to enjoy a couple of hours of canasta card playing and a lot of fun. If you are not familiar with the game, we are happy to help you learn. The yearly dues of \$10 are payable July 1 and good through June 30, 2012.

We gather every Friday at 1 pm, usually in the Capistrano room. If you are interested in joining or have any questions, please call either Sarelle at 760-610-2459 or Sherry at 760-200-3483. Hope to see you there!



Ceramics Club

Our "snowbirds" have migrated back to their other nests, and we will miss them! However, we will carry on having fun by creating beautiful items to place in our gardens, on our tables, or to give to friends.

Last month, the club held our general meeting
Continued on page 26...



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and luncheon at Mimi's restaurant. At the meeting, nominations for the club's 2012/2013 slate of officers and chairpersons were announced and voted upon. The new officers and chairpersons begin their terms on July 1. It is always great to get together for food and good conversation with friends.

Come join us. Watch Mike, who loves to take the liquid clay called "slip" and pour into different molds that the club owns. He has that special touch in getting just the right amount of slip into the mold, the patience to wait for the slip to complete its form (called greenware), and then pour the excess slip back out of the mold. Of course, setting the club's timer does help, so you know when the greenware is ready. Greenware is the term given to clay objects when they have been shaped but have not yet been fired in the kiln, which converts them from clay to ceramic (source: ask.com).

We meet at 9 am in the Montecito Clubhouse on Tuesdays and Fridays.

Classy Niners

On March 29 members had a wonderful time playing golf at the San Gorgonio Golf Course at Sun City Palm Desert sponsored by their Ladies Nine-Hole Golf Club. The weather was perfect, the course beautiful, the golf fun, the lunch delicious, and the ladies gracious.

The final event and general meeting of the season is being held on May 1, at which time the new board for the 2012/2013 season will be introduced.

Members that are leaving for the summer are asked to submit their next year's dues prior to departure. Dues are \$15 per year, and checks made payable to Classy Niners may be deposited in the drawer at the Pro Shop or Montecito Clubhouse mailbox.

Regular play begins at 7:30 am each Tuesday morning with sign-in no later than 7 am at the Pro Shop. Please sign up by noon the Sunday before play by email at scsh9ers@yahoo.com or on the sign-up sheets posted in the Pro Shop.

We welcome ladies of all levels of golf. The Club provides a great opportunity to improve your game as well as meet new friends. Anyone interested in joining may contact Ruby Vandewalle at 760-342-2678 for more information.



Community Singers

A sold-out crowd! Over 60 voices! Broadway melodies from the past 100 years! Put these all together and you've got the success of the Community Singers April 1 concert. Thanks to all of our guests, helpers, and participants who made our last concert of the season such a hit!

Congratulations to our new Singers Board, which was confirmed at our social on April 2. They are: Sally Bozzo, President; Ken Hailpern, Vice President; Eileen Heckel, Secretary; and Robin Zimmerman, Treasurer. We look forward to the great plans for next year's activities. Hearty thanks go to our retiring board members for a wonderful season: Mary Harder, retiring President; Bill Able, retiring Vice President.

Singers will now be on break for the summer months. Watch *The View* for our September start date.



Computer Club

(All classes and meetings are in the Santa Rosa Clubhouse unless otherwise noted.)

We've had a great run this year, and now the weather is getting warm again. (Okay, it's getting hot again!) Our snowbirds are flocking back north again, and we are winding down. Dates for May are in flux right now, so keep an eye out for any announcements from the Computer Club.

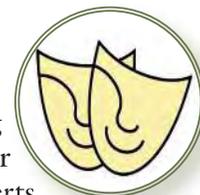
Apple User's Group (AUG) will meet on Tuesday, May 1, from 2 - 4 pm.

Many thanks to everyone who worked so hard to make this season productive and fun!



Concerts 4U

May is here. The weather is getting warmer. Many of our friends have left for the summer and it is quieter. But Concerts 4U is still going strong. Series tickets are on sale in the Montecito lobby on Monday, Wednesday, and Friday during May. Our 2012/2013 series is December 2, Jay and the Americans; January 19, the Four Freshman; and on March 2, Ben Vereen. We are very excited about this lineup of entertainment.



Sir Laffs A Lot continues on. Our wonderful night of comedy on the third Wednesday of each month does not end. Remember, comedians are booked through December.

This month we will be holding elections for club officers. Our meeting is May 1. If you are a member in good standing, please attend our meeting and vote.

Concerts 4U continues to work through the summer and we can use your help. Please consider joining our wonderful club. Everyone is welcome.

Couples Golf

We bid adieu to most of our Canadian Couples Golfers for another season. They left us with a sweeter taste in our mouths than last year as we (USA) got a hard-fought tie.

The final score in our Can-Am Couples Golf Tournament last month was 10 1/2 – 10 1/2. As Canada had won the previous year, they retain possession of the grand trophy.

The Shadows Restaurant scored a ten for a wonderful after-golf dinner. I swear those pours are more generous.

Speaking of scoring, the foursome of Steve and Karen Hearn (USA) and Del and Ella Haylock (Canada) turned in an amazing 110. It was figured by best ball net for the men and best ball net for the ladies. As 71 is par on our golf course, that would be 142 adding both men and women. So a score of 110 is 32 strokes under par for the round. Congratulations to all of them! They, of course, were handsomely compensated for their feat.

Creative Arts Club

As we say our goodbyes to our snowbird friends, we start planning our summer activities.

We have some exciting art classes coming up in June that will be taught by award-winning artist Patrick Dooley. The dates are Mondays, June 4, 11, and 18, from 9:15 —11:30 am. The fee for



this three-day workshop is \$45. This class is geared toward artists with some experience but is also good for beginners. In addition, Patrick will be giving us pointers on selling artwork on eBay. See our flyer, or call for more information. This is an open class, so invite your friends. Register now as space is limited!

Our featured “Artist of the Month” in the Montecito Clubhouse is Rose Taylor. Her mediums of choice are watercolors, oils, and acrylics. In addition, we have an ongoing rotation of artists displaying work in the Sales Office and at the Indio Senior Center. Drop by all locations and see their fine work.

Join us any Monday and Thursday morning, from 9 am — noon in the Cambria/Mirada rooms, and bring your favorite drawing or painting medium.

For more information, contact Adrienne at 760-200-0925 or 619-540-3554.

Desert Life

Desert Life will hold its monthly luncheon on May 15 at the Indian Wells Country Club located at 46000 Club Drive in Indian Wells. Please join us for a delicious lunch of chicken and vegetable stuffed crepes with tiramisu for dessert. Doors open at 11 am. Lunch is served at 12 pm. The cost for the lunch is \$19. After lunch, Jane Angwin will present the fascinating story of how she and her daughter, Andie Hubka, started their highly successful culinary business, Cooking with Class, against all odds five years ago. CWC offers a Wednesday night “Cork and Fork” dinner presentation that is open to the public, classes, etc. La Quinta-based Cooking with Class was recently voted #1 in the valley for Private Events, #2 in the valley for Best Chef (Andie), and #3 in the valley for Best Wine List. This promises to be a fun and interesting afternoon. Drop your \$19 check payable to “SCSH Desert Life” in the Montecito Clubhouse mailbox by 5 pm on Tuesday, May 8. If you have a reservation and cannot attend, call P.J. Nilson at 760-469-3420.

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Questions? Please contact our President, Criss Kiefer, at 760-345-7551. For membership information, call Membership Chairman Joan Helms at 760-200-4066.

Discussion Forum

This month our speaker is Glenn A. Miller, the Mayor of the City of Indio and the Executive Director of The First Tee of Coachella Valley, an organization that provides young people with learning facilities and educational programs to promote character development and life-enhancing values through the game of golf.

In addition to Miller's duties on the Indio City Council, he has been a certified Golf Course Superintendent for 27 years as well as a certified Irrigation Auditor. Miller is also a MEMS (Military Emergency Management Systems) Instructor in the California State Military Reserve. He has received many FEMA Certifications in Emergency Management and his MEMS Certification from the United States Guard Association. He is a board member of the Boys & Girls Club of the Coachella Valley, the ABC Recovery Center, and Desert ARC. Miller and his wife are also longtime members of the College of the Desert Foundation, President's Circle, and dedicated supporters of FIND Food Bank.

Our new format introduced in 2011 has been met with great success. Come see what it is all about on Thursday, May 17, in the Montecito Clubhouse. Free to members or \$3 payable at the door.

For more information on membership, contact Ben Weissbach at ben11169@dc.rr.com or call 760-702-7159.

Games Plus

Our club is great fun. We have Bingo each first Friday of the month. Doors open with paper sales at 5:30 pm, and games start at 6:30 pm. The cost is \$5 for a pack of 10; each game you have three chances to win. There are special games, they cost \$1 each. These are high-dollar prizes. We also have snacks and beverages for sale. It's an evening to meet new friends and neighbors.

Each Monday from 1 – 4:30 pm, we have Scrabble and other games; there are tables and games available. Watch for a flier for other events throughout the year.



If you have any questions, please call Carol Dorler at 760-953-3224.

Happy Tappers

Happy Tappers has ended another great season of tapping and it was, as always, loads of fun! Special thanks to Lorna Thompson, our professional instructor, and the Happy Tappers Board for all their hard work, especially Martha Horner and Teri Reid.

During our regular season, three of our Happy Tappers went through a rigorous try out for the Senior Rockettes and were selected. These three talented ladies, Martha Horner, Linda Sage and Lenore Long rehearsed for months and it showed! The ladies were in three numbers in a fantastic show held in Sun City Palm Desert.

We celebrated the end of our season with a luncheon at Mimi's Café and had a ball. Hope everyone has a happy and safe summer and we look forward to beginning our new season in October.

We meet every Saturday morning in the Aerobics Room at 10 am. If any of you young at heart ladies and gentlemen are interested please contact Tina Wigodsky at 760-834-9501 for further information. No experience needed. Lorna will teach us all the steps and routines and have us tapping with a smile as well as some great physical and mental exercise, wonderful camaraderie, and a lot of laughs in the process. Happy Tapping!



Kings and Queens Card Club

The Kings and Queens Poker Card Club is open for play throughout the year. Can't decide which club to spend your evenings at the clubhouse? Can't decide how to spend those long Tuesday nights when the temperature goes down or up? It's comfortable at the clubhouse playing cards with the Kings and Queens Poker Card Club.

Our club keeps on playing poker, week after week. We're looking for new players as we welcome everyone from Shadow Hills. The card games start every Tuesday night at 6 pm. Men and women playing together just for fun. Remember those Friday night poker games you had as a kid, when you played poker wild cards, high/low,



five-card draw, and high spade in the hole? At the card club we play poker games the same way you played as a kid in your old neighborhood. It's dealer's choice no matter what your favorite poker game may be. Is it Stud, Texas Holdem, or just plain Jacks or better? We're here to have fun. For more information call Ben Weissbach at 760-702-7159.

Lively Liners

Line dancing is an aerobically stimulating and socially rewarding experience. While many clubs go dark for the summer, the Lively Liners will be kicking up their heels in the Montecito's Aerobics Studio with seven classes a week ranging from beginner through intermediate to advanced. Check the fitness schedule in this issue of *The View* for class times and days. Annual dues are \$15 per person, and there is a \$10 monthly fee that you pay only when you are in residence and attending classes.

We will also be hosting a "no frills" dance party on Saturday, May 19, from 6 – 8:45 pm in the Montecito Clubhouse ballroom. Our theme is "Mexican Fiesta," so dust off your castanets; dress in red, white, and green or casual attire; and join us for an evening of couples and line dances with some "South of the Border" music thrown in. There will be colorful table decorations, door prizes, and "no frills" means bring your own snacks and beverages. Club members attend most of our dances for free, and guests pay only \$5. For more information or to make reservations, call the Club's Vice President / Membership Chair, Barb Wright, at 760-636-0701.

Mah Jongg

Our Mah Jongg Club is in full swing. The best place to be is in the clubhouse every Wednesday from 12:30–3:30 pm. Our Mah Jongg lessons continue, call Babs Bloomgarden at 760-393-2056. Lessons are from 10 am – 12 pm



on Wednesdays before our regular game.

FYI: For those of you who have not had an opportunity to purchase your new CARD, you can order it online from the National Mah Jong League in large or small print along with plastic covers and other accessories.

If you need a fill-in for a game, we will be having a sign-up sheet at the front table. Check it out.

Men's Club Golf

On Monday, March 5, Dick Reed and Don Hauser defeated Bill Bergman and Steve Copenhaver to become the winners of the 2012 Team Match Play Championship.

Richard Austin shot some great golf and won the Shadow Hills Men's Golf Club championship in March. Vern Moulton is the club net champion, and Joe Gayer won the super senior division crown.

Tony Napolitan and Malcolm Mugmon shot great rounds to tie for the Al Hodgkins Cup. Tony Napolitan will have his name engraved on the very first Al Hodgkins Cup trophy as a result of a card-off.

As you can see, the Shadow Hills Men's Golf Club plays a lot of events during the "snowbird" season. The club plays competitive golf every Thursday morning. If you are interested in joining a fun-loving, competitive golfing group, you may contact the membership chairman, Pete Anderson, at 760-469-2086.

Oke Dokey Karaoke

Summer's on the way. Our Canadian and northern friends have left us for their summer habitats.

Those of us who stay and love the desert might be feeling somewhat dazed from the thought of those long, warm, and often very hot summer days.

Let's join our remaining friends and neighbors for the "May Daze" Oke Dokey Karaoke for fun,

Continued on page 32...



May

Sign up or purchase tickets
to Lifestyle events
at the Lifestyle Desk in the
Montecito Clubhouse.
760.772.9617
Visa and MasterCard accepted.

1

8:30 AM Ceramics (CAM/MIR)
9:30 AM **DRC Meeting (LJ)**
11:00 AM All Games Played (MAR)
12:00 PM Duplicate Bridge (FH)
12:00 PM Indio Rotary (CAP)
2:00 PM Computer Club (MON/PIS)
2:30 PM Table Tennis (NEW)
5:00 PM King & Queens Poker (CAP)
7:00 PM Concerts 4 U (FH)

2

9:00 AM Stitchin' & Stampin' (CAM/MIR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (FH)
10:30 AM Security Meeting (MAR)
11:00 AM All Games Played (CAP)
12:00 PM Table Tennis (PIS/NEW)
12:30 PM Mah Jongg (FH)
3:00 PM Golf Advisory (LJ)
4:00 PM Camera Club (MON)
6:00 PM Opera Club (FH)
6:30 PM Bridge (CAP)

6



11:00 AM All Games Played (MAR)
12:30 PM Volleyball (SC)
3:00 PM Table Tennis (PIS/NEW)

7

7:00 AM Lady Putter's (CAP)
9:00 AM Creative Arts (CAM/MIR)
9:00 AM Lady Putter's (FH)
10:00 AM Club Scheduling Mtg (MAR)
10:30 AM Bridge Lessons (CAP)
11:00 AM Pan (SY2)
12:30 PM Stitchin' & Stampin' (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
3:30 PM Communication Mtg (LJ)
6:00 PM King & Queens Poker (MIR)
6:30 PM Pan (CAP)

8

8:30 AM Ceramics (CAM/MIR)
9:00 AM Desert Life Board (SY1)
12:00 PM Duplicate Bridge (BH)
12:00 PM Indio Rotary (CAP)
2:30 PM Table Tennis (NEW)
3:00 PM Tuesday Night Putter's (FH)
5:00 PM King & Queens Poker (CAP)

9

9:00 AM Stitchin' & Stampin' (CAM/MIR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (FH)
10:00 AM Women's Golf (SR)
11:00 AM All Games Played (MAR)
12:00 PM Table Tennis (PIS/NEW)
12:00 PM Women's Golf (CAP/PAT)
12:30 PM Mah Jongg (FH)
2:00 PM Comm. Sub-Committee (CAM)
6:30 PM Bridge (CAP)
7:00 PM Billiards Club (PAC)
7:00 PM Performing Arts (MAR)

13 MOTHER'S DAY



11:00 AM All Games Played (MAR)
12:30 PM Volleyball (SC)
3:00 PM Table Tennis (PIS/NEW)

14

7:00 AM Lady Putter's (CAP)
9:00 AM Creative Arts (CAM/MIR)
10:30 AM Bridge Lessons (CAP)
11:00 AM Pan (SY2)
12:30 PM Stitchin' & Stampin' (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
6:00 PM King & Queens Poker (MIR)
6:30 PM Pan (CAP)
7:00 PM Discussion Forum (LJ)

15

8:30 AM Ceramics (CAM/MIR)
9:30 AM **DRC Meeting (LJ)**
11:00 AM All Games Played (MAR)
12:00 PM Duplicate Bridge (FH)
12:00 PM Indio Rotary (CAP)
2:00 PM Computer Club (MON/PIS)
2:30 PM Table Tennis (NEW)
5:00 PM King & Queens Poker (CAP)
6:30 PM Bridge (MAR)
7:00 PM Veterans Club (CAM)

16

7:30 AM Men's Golf Board (FH)
9:00 AM Stitchin' & Stampin' (CAM/MIR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Women's Golf (SR)
11:00 AM All Games Played (CAP)
12:00 PM Desert Life (OS)
12:00 PM Table Tennis (PIS/NEW)
12:15 PM Mah Jongg Lessons (FH)
12:30 PM Mah Jongg (FH)
5:00 PM RV Club (MIR)
7:00 PM Billiards Club (PAC)
7:00 PM Comedy Night (BR)

20



11:00 AM All Games Played (MAR)
12:30 PM Volleyball (SC)
3:00 PM Table Tennis (PIS/NEW)
5:00 PM Solo's Club (CAP)

21

7:00 AM Lady Putter's (CAP)
9:00 AM Creative Arts (CAM/MIR)
9:00 AM **Executive Session (LJ)**
10:30 AM Bridge Lessons (CAP)
12:30 PM Stitchin' & Stampin' (CAM/MIR)
1:00 PM Games Plus Scrabble (SY2)
2:00 PM **BOARD MEETING (BR)**
6:00 PM King & Queens Poker (SY2)
6:30 PM Pan (CAP)
7:00 PM Rainbow Friends (CAM/MIR)

22

8:30 AM Ceramics (CAM/MIR)
12:00 PM Duplicate Bridge (BH)
12:00 PM Indio Rotary (CAP)
1:00 PM Finance Committee (LJ)
2:00 PM Readers Ink (CAM/MIR)
2:30 PM Table Tennis (NEW)
3:00 PM Tuesday Night Putter's (FH)
5:00 PM King & Queens Poker (CAP)

23

9:00 AM Stitchin' & Stampin' (CAM/MIR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (FH)
11:00 AM All Games Played (CAP)
12:00 PM Table Tennis (PIS/NEW)
12:30 PM Mah Jongg (FH)
6:00 PM Democrats (CAP)
6:30 PM Bridge (CAM)
7:00 PM Billiards Club (PAC)

27

11:00 AM All Games Played (MAR)
12:30 PM Volleyball (SC)
3:00 PM Table Tennis (PIS/NEW)



28

MEMORIAL DAY

7:00 AM Lady Putter's (CAP)
8:00 AM Flag Ceremony (OUT)
9:00 AM Creative Arts (CAM/MIR)
10:00 AM Club Scheduling Mtg (SY)
10:30 AM Bridge Lessons (CAP)
12:30 PM Stitchin' & Stampin' (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
6:00 PM King & Queens Poker (MIR)
6:30 PM Pan (CAP)

29

8:30 AM Ceramics (CAM/MIR)
9:30 AM **DRC Meeting (LJ)**
12:00 PM Duplicate Bridge (FH)
12:00 PM Indio Rotary (CAP)
1:00 PM Lively Liners (MAR)
2:30 PM Table Tennis (NEW)
5:00 PM King & Queens Poker (CAP)

30

9:00 AM Stitchin' & Stampin' (CAM/MIR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (FH)
11:00 AM All Games Played (CAP)
12:00 PM Table Tennis (PIS/NEW)
12:30 PM Mah Jongg (FH)
4:00 PM **BASEBALL GAME (OS)**
6:30 PM Bridge (CAP)
6:30 PM Movie Group (CAM/MIR)
7:00 PM Billiards Club (PAC)
7:00 PM Bunco (MAR)

Thursday

Friday

Saturday

3
 9:00 AM Creative Arts (CAM/MIR)
 9:00 AM **PECHANGA CASINO** (OS)
 9:00 AM Women's Golf (SY2)
 10:00 AM EPC Volunteer Meeting (SY)
 10:00 AM **Writer's Club** (LJ)
 11:00 AM All Games Played (MAR)
 11:00 AM Pan (SY1)
 12:00 PM Pan (CAP)
 12:15 PM Ukulele Lessons (CAM)
 1:00 PM Ukulele Strummers (CAM)
 6:00 PM Lively Liners (KSK)
 6:15 PM Bridge (CAP)

10
 9:00 AM Creative Arts (CAM/MIR)
 10:00 AM **Computer Club** (MON/PIS)
 11:00 AM Pan (SY1)
 12:00 PM Pan (CAP)
 12:15 PM Ukulele Lessons (CAM)
 1:00 PM Ukulele Strummers (CAM)
 2:00 PM **Men's Golf Board** (LJ)
 6:00 PM Lively Liners (KSK)
 6:15 PM Bridge (CAP)
 7:00 PM Republicans (MAR/SY1)

17
 8:30 AM Coffee with a Cop (CAP)
 9:00 AM Creative Arts (CAM/MIR)
 10:00 AM Living Trust Seminar (MAR)
 10:00 AM **Writer's Club** (LJ)
 11:00 AM Pan (SY1)
 12:00 PM Pan (CAP)
 12:15 PM Ukulele Lessons (CAM)
 1:00 PM Ukulele Strummers (CAM)
 6:00 PM Lively Liners (KSK)
 6:00 PM Pet Club (CAM/MIR)
 6:15 PM Bridge (CAP)
 7:00 PM Discussion Forum (FH)

24
 9:00 AM Creative Arts (CAM/MIR)
 11:00 AM All Games Played (MAR)
 11:00 AM Pan (SY1)
 12:00 PM Pan (CAP)
 12:15 PM Ukulele Lessons (CAM)
 1:00 PM Ukulele Strummers (CAM)
 4:00 PM Oke Dokey Karaoke (FH)
 6:00 PM Lively Liners (KSK)
 6:15 PM Bridge (CAP)

31
 9:00 AM Creative Arts (CAM/MIR)
 10:00 AM Concerts 4 U (SY2)
 11:00 AM All Games Played (MAR)
 11:00 AM Pan (SY1)
 12:00 PM Pan (CAP)
 12:15 PM Ukulele Lessons (CAM)
 1:00 PM Ukulele Strummers (CAM)
 6:00 PM Lively Liners (KSK)
 6:15 PM Bridge (CAP)
 7:00 PM Retirement Club (SY2)

4
 8:00 AM CPR/AED Certification (SY1)
 8:30 AM Ceramics (CAM/MIR)
 10:00 AM New Home Orientation (CAP)
 10:00 AM Republicans (CL)
 11:00 AM All Games Played (MAR)
 12:30 PM Employee Meeting (FH)
 1:00 PM Canasta (CAP)
 1:00 PM First Aid Certification (SY1)
 3:00 PM **Table Tennis** (PIS/NEW)
 5:30 PM Bingo (BR)
 7:00 PM Movie Night:
The Company Men
 (CAM/MIR)



11
 8:30 AM Ceramics (CAM/MIR)
 11:00 AM All Games Played (MAR)
 1:00 PM Canasta (CAP)
 3:00 PM **Table Tennis** (PIS/NEW)
 7:00 PM Movie Night:
Midnight in Paris (FH)



18
 8:00 AM Covenants Committee (LJ)
 8:30 AM Ceramics (CAM/MIR)
 1:00 PM All Games Played (MAR)
 1:00 PM Canasta (CAP)
 3:00 PM **Table Tennis** (PIS/NEW)
 6:00 PM Games Night (FH)
 7:00 PM Movie Night:
Margin Call
 (CAM/MIR)



25
 8:30 AM Ceramics (CAM/MIR)
 1:00 PM All Games Played (MAR)
 1:00 PM Canasta (CAP)
 3:00 PM **Table Tennis** (PIS/NEW)
 7:00 PM Movie Night:
The Tourist
 (FH)



5
 11:00 AM All Games Played (CAP)
 11:30 AM **Table Tennis** (PIS)



12
 11:00 AM All Games Played (CAP)
 11:30 AM **Table Tennis** (PIS)
 3:00 PM Tea with Bonnie Bowden (BR)



19
 11:30 AM **Table Tennis** (PIS)
 6:00 PM Lively Liners (BR)



26
 11:00 AM All Games Played (MAR)
 11:30 AM **Table Tennis** (PIS)
 7:00 PM Tutta Bella Vino (BR)



Legend

- = Santa Rosa Clubhouse
- = Montecito Clubhouse
- AMP – Amphitheater
- AS – Aerobic Studio
- BC – Bocce Courts
- BH – Back Half Ballroom
- BR – Ballroom
- BW – Breezeway
- CAM – Cambria
- CAP – Capistrano
- CL – Clubhouse Lobby

- FC – Fitness Center
- FH – Front Half Ballroom
- GC – Golf Clubhouse
- GR – Green Room
- KSK – Kiosk
- LJ – La Jolla
- MAR – Marisol
- MIR – Mirada
- MON – Monterey
- NEW – Newport
- OS – Offsite
- OUT – Outdoor Event
- PAC – Pacifica

- PAT – Patio by Capistrano
- PC – Putting Course
- PIS – Pismo
- PRK – Parking Lot
- SC – Sports Court
- SR – Shadows Restaurant
- SRC – Santa Rosa Clubhouse
- SY – Santa Ynez
- SY1 – Santa Ynez I
- SY2 – Santa Ynez II
- TBD – To Be Decided
- TC – Tennis Court
- WSP – West Side Patio

Lifestyle Calendar of Events

...continued from page 29

singing and socializing. No one needs to be a star singer to be in our show, and if you don't want to be a singer you can be a listener or maybe even dance to some of the songs. At our St. Paddy's session we enjoyed marching to "McNamara's Band" and banging tin plates, singing songs in styles ranging from country to ballads. We even were entertained by our very own Doo Wop group, background and all!

I hope to see you Thursday, April 19, 5 pm — 8 pm in the front half of the Montecito Clubhouse ballroom. BYOB and snacks. For further information, call me, Lynn Trahan, Oke Dokey Karaoke Club President, at 760 393 2390.

Opera Club

The Opera Club meets on the first Wednesday of the month at 6 pm. After a brief overview of the selected opera, we sit back and enjoy a filmed version. This month, we will have the pleasure of listening to the beautiful music of two operas: *Cavalleria Rusticana* (Pietro Mascagni) and *Pagliacci* (Ruggero Leoncavallo). Since 1893, these two short Italian verisimo operas have often been performed together as a double-bill, called *Cav/Pag*.

Cav tells the story of a man who returns from military service to find that his fiancée has married another. In revenge, he seduces another but then begins an adulterous affair with his first love. A woman scorned leads to disaster, and this opera has it all: adultery, jealousy, a duel, a death!

Pag also deals with adultery, jealousy, and deaths – in a theatrical road company: a jealous husband, an unhappy wife with a lover as well as another admirer whom she rebuffs and who swears revenge. *Pag* contains one of opera's most famous and popular arias, *Vesti la giubba*.

If you love opera, or think you can learn to love it, why not join us on Wednesday, May 2?

Pan

Let's play Pan!

Come join us in the Capistrano room at the Montecito Clubhouse Mondays at 6:30 pm and on Thursdays at noon.

We welcome all new residents to come on by and say



hello, we would love to meet you. We have established permanent games on Monday nights and are taking names for regulars and fill-ins. Bring your house games to the clubhouse and become part of the Pan Club.

If you want to learn to play Pan, Beatrice Hersh will be giving instructions to new players and would love to hear from you. Beatrice's cell number is 818-438-8369.

For any other questions please call our President, Thelma Levine, for details. Thelma's phone number is 760-610-2964.

Performing Arts

Our slate of new officers was presented for confirmation at the PAC dinner. President, Rose Borses; Vice President, PJ Nilson; Treasurer, Joan Banks; and Gwen Roy as Secretary will bring us into the next season.

It's time to say goodbye to all our friends who are leaving for the summer. While they are gone we will be planning the 2012/2013 activities for the PAC club. The "Little Theater" group will be preparing for presentations next season at our monthly meetings. If you signed up to participate or would like to be a part of this activity, please contact PJ Nilson, 760-469-3420.

Time moves on and we are now preparing for the November show, *Southern Hospitality*. The show is cast and the scripts are being studied through the summer months. At this printing we have a director, PJ Nilson; assistant director, Rose Borses; stage manager, Pat Rosandich; and Sandy Kanellis, house manager.

Our musical *When in Rome* will occur in March of next year. Director Jane Gayer and musical director Diane Tuttle will cast this play in December.

We like new members! For information call Jane Gayer, 760-393-8352. It is a good idea to sign up and pay your dues now for the 2012/2013 season.

Pet Club

The Pet Club meets on the third Thursday of every month during the season, but our plan for May is to have a field trip to Forever Free Horse Rescue on 41st Street in Indio on Thursday, May 17. The time has not yet been set, so please call Bob Sielski at 760-200-3193 or



email rsielski@verizon.net for details.

Please be certain that your pet wears a collar with current tags, that it has a microchip imbedded, and that your information is current with the chipping company. The Safe House Committee has returned many pets to their owners because of this, including a cat that strayed about eight miles from its home in Indio.

The Pet Club wants to remind all dog owners that the Dog Park is appropriate only for dogs that play well with other dogs and don't bully others. This may be a matter of judgment, but if there is a question, talk to other dog owners in the park and, if they feel that your animal is too aggressive, you should not use that facility.

Pickleball

Congratulations to our new officers: Nancy Price, President; Michael Bard, VP; Kathy Murphy, Secretary; and Barb Shepardson, Treasurer.

We will still have club drop-ins for May and June. Check our webpage or the Fitness Center for times and days.

If you would like more information, please contact Barb at shepsgolf@aol.com or call her at 760-565-1711. Club memberships are valid through June 30, 2013.

Rainbow Friends

Our next meeting will be May 21 in the Montecito Clubhouse. This will be our last meeting before we go dark for the summer, and we'll be making plans for the coming year as well as electing our new slate of officers. We will also be collecting dues for next year, so please bring your checkbooks.

Last season we did a trip to Quartzite, Arizona, plus had a billiards tournament and an evening of bocce ball and shuffleboard. Next year will be even more exciting.

We're a social group for our gay and lesbian

residents, their friends and families, and are always looking for more folks to come and join us. We plan to have lots of new activities during the upcoming season and you don't want to miss the fun.

Dues are \$10 per year and we'd love to see you at our next meeting.

Readers Ink

Readers Ink is a book discussion group. We choose a book to read each month and meet on the fourth Tuesday, at 2 pm, to talk about our selection.

Our May selection is *The Double Bind* by Chris Bohjalian. Laurel Estabrook, a young woman working at a homeless shelter in Vermont, is still coping with a violent attack she experienced during college. Laurel is absorbed by her hobby of photography and becomes fascinated with photographs taken by one of her clients, photos that suggest he might be tied to her own past in mysterious ways.

The book is scattered with actual photographs taken by a once-homeless man, which inspired the author to consider why someone with incredible talent might become homeless. The fictional photographs described in the novel tell Laurel as much about herself as they do about the photographer, and set her on a path that will change her life.

One review noted, "...Bohjalian masterfully weaves fact and fiction, writing and photography, sanity and delusion into a tale that's compelling and lingers in your thoughts."

All residents are invited to join Readers Ink... just come to one of our meetings.

Retirement Club

At the last meeting, Brian Mackenzie, a Certified Specialist in Estate Planning, Trust and Probate Law, led an interesting and compelling presentation that included case examples that impact retirees:

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- The consequences of incorrect or incomplete beneficiary designations.
- Consulting with your financial advisor following the death of a spouse.
- Understanding California property tax rules and the consequences of inaction.
- Correctly titling property to avoid probate problems.
- How to allocate property between trusts in your estate plans.

Jeffrey Okum, Trident Society, educated the group on the final expenses of the departed. Preplanning is a means of protecting your family at a time when it is emotionally stressful.

Jeffrey B. Stoll, CPA, CFP®, discussed the need to convey important financial information to your family to save time and stress following death or disability. He provided a booklet to assist in organizing all the important facts a family needs to know.

The purpose of the club is to promote financial literacy. Please attend if you are interested in learning how to improve your chances of building and funding a successful and happy retirement. Financial illiterates are welcome. Topics of discussion will be related to all aspects of retirement.

RV Club

In March the club outing was at the Oasis RV Resort in Las Vegas. We had a small but fun group, and Adell and Howard Lim did a great job of planning this trip as Wagonmasters. We had a picnic in Red Rock Canyon; toured Ethel M Candy Factory and Cactus Garden; and we had nightly Happy Hours gatherings. One night was Bingo Night with prizes provided by Adell and Howard. We ended up with our group going to a great buffet dinner.

Our April trip was to the Fort McDowell RV Resort in Scottsdale. We're still planning our May trip to Rancho California. We will close out the year in Newport Beach at the Newport Dunes RV.

The SCSH RV Club meets every third Wednesday of the month at 5 pm in the Mirada room.

For further information on club activities, please contact Tom Thomas at 760-342-3282 or email him at stuffinskis@earthlink.net.



Shall We All Dance

Pattie Martin will be the new Dance Club President! The Shall We All Dance Club wants to give a big “thank you” to our outgoing club president, Olympia Pilafidis, for the tremendous job she and all the board members and volunteers did this year in planning all the dance club events.

Many members at our final meeting stepped up and volunteered for most of the board positions, however there are still some positions available that need to be filled. Any interested member or anyone interested in the dance club, please contact Olympia Pilafidis at 760-464-6885 or email olympia.pilafidis@verizon.net

Our new dance season will begin in October 2012 and end in May 2013. The Salsa will be our last lesson this season.

May Dance Lessons – Salsa

Instructor: M.C. Callaghan

When: Mondays – May 7, 14, 21, 28, 2012

Time: 3pm — 4 pm

Where: Aerobics Room,
Montecito Fitness Center

Cost: members, \$10/person per class
non-members, \$15/person per class

Dance club information is available at the Fitness Center, Montecito and Santa Rosa Clubhouses.

Softball

Hi, softball fans!

Our season has been enhanced by ball players from surrounding communities coming out to practice with us.

We are now in the process of setting up a game with SCPD once again. We will keep you informed about the date and outcome.

We are very proud of one of our ball players, Phil Wolff, who is on a cross-country bicycle trip at this time; we all wish him a safe and enjoyable trip.

Our meeting time is still at 8:30 am on Wednesdays but, as the temperatures continue to rise, it will necessitate moving the start time back to 8 am.

If you are interested in watching or playing slow-pitch softball, come to Freedom Park, on Country Club, every Wednesday morning at 8 or 8:30 am. See you there!





Solos

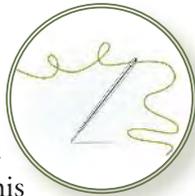
The SCSH Solos Club, now in its seventh year, is a social club for single Shadow Hills residents.

We hold a general/social meeting on the third Sunday of the month in the Capistrano Room of the Montecito Clubhouse at 5 pm as well as two other ongoing monthly activities: a first Sunday of the month lunch and a Mystery Happy Hour hosted by one of our members at a nearby restaurant. Every Friday evening between 4:30 and 6 pm our members meet at the Shadows Restaurant to socialize over a drink.

Our year runs from July 1 through June 30 with annual dues of \$10. Membership applications, along with our current Flyer listing information on scheduled activities, can be found in the rounders at the Lifestyle Desk.

Stitchin' & Stampin'

It was election time on Monday, April 2, and the results are in. The new officers for this club are:



- President - Pat Miller
- Vice President - Alberta Stasiak
- Recording Secretary - Judy Davis
- Corresponding Secretary - Bev Whitney
- Treasurer - Vickie Dinkin

The new officers' term is from July 1, 2012, through June 30, 2013. Carol DeRossett will continue to write *The View* club column.

A spring buffet luncheon was held on March 26 at the clubhouse. Credit for the beautifully decorated tables goes to Bev Whitney and her volunteers. A variety of sandwiches, salads, hot dishes, and delicious desserts made it so enjoyable.

Remember, now, that on the first Monday in May (May 7) we'll have our Show and Tell, so bring new items that you've made and be prepared to show them to all our members. It is also the time that we change our displays in the showcase in the hall.

New members are always welcome. We meet at the Montecito Clubhouse on Mondays at

12:30 pm in the Cambria and Mirada rooms, and some of the quilters also meet on Wednesday mornings at 9:30 am. Come and have fun!

Table Tennis Club

The Table Tennis Club meets in the Santa Rosa Clubhouse. We have two rooms: the Newport and the Pismo.



New members are welcome to join us. You may play twice before joining if you would like to check it out. Membership is \$15 per year. You need to wear comfortable clothing and proper gym shoes. No sandals.

We play four days a week: Wednesday from 12 – 2:30 pm; Saturday from 12 – 2 pm; and Friday and Sunday from 3 – 6 pm. Come join us in the new location. It is a good workout for mind and body.

Tennis Club

The mission of the Tennis Club is to provide organized tennis programs for men, women, and mixed doubles; to provide opportunities for social interaction; and to be an advocate for all tennis players by working with the HOA to maintain and improve our tennis facilities. We're an enthusiastic group with a membership of about 180 players.



We started men's and women's doubles tennis matches in April and will continue until the end of October. For information and to be included in the matches please contact the following program coordinators:

- Men's 3.5+: Tony Halpin, George Cerny, Bob Belluomini
- Men's 3.4-: Ben Weissbach, Jim Adamik
- Women's 3.5+: Evelyn Weissbach, Judy Chow, Joanne Belluomini
- Women's 3.4-: Sharon Steven, Barbara Irwin
- Mixed Doubles 3.8+: Tony Halpin

Contact information for all of the above are listed in the Tennis Club roster (email Bob Belluomini, rmbelluomini@yahoo.com, if you

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need a copy of the roster). We welcome new members; our dues are \$20 per year per person. Membership forms are available at the Fitness Center. For more information contact Marje Burdine at mburdine@telus.net or Bob Belluomini and rmbelluomini@yahoo.com.

That's Entertainment

That's Entertainment Club will hold a New York-type reunion social in October with all the trimmings of food and entertainment from the 40s, 50s, and 60s. High schools, neighborhoods, and NY street games (Stick Ball) will be the theme. Also how about a NY Egg Cream and a Yankee Doodle? If you're an ex-New Yorker or would like to attend such a function, please email me with your email address so you can be informed as we get closer to the event.

The club also sold many tickets this past month to the Follies, and residents at Shadow Hills and had a wonderful time at a reduced price. If you would like to be put on a list for next year for advance tickets, you will be notified of the dates for matinee or evening when the club finds out. Please email Ben Weissbach at ben11169@dc.rr.com. If there are other major events of interest that you would like the club to pursue for group discounts, please reply as well.

Travel Club

Our Five-Country African Tour has sold out. There is a waiting list. Another date has been added, but it will not be exclusively Shadow Hills travelers. If interested contact Steve at ACT in Palms Springs, 760-322-1247.

There will be no meetings May – September. We will start up again on October 24. Our dues are only \$5 per year. We are looking for members to step up to take an office on the board. As of this article, there has been no one who has stepped forward. I have been told that next year the Lifestyle desk will not be running any annual trips. So the urgency for the Travel Club has increased. We plan all trips by a committee, and I will still be involved to assist the new board members.

Please contact Jerry Irwin if you are interested at 760-289-6748 or ongreenpar@aol.com.



Tutta Bella Vino

Summer is fast approaching and so, to help get ready for the summer wine season here at Shadow Hills, join the Tutta Bella Vino club Saturday, May 26, at the Montecito Clubhouse at 7 pm for our "Summer Wines" themed tasting.

We have selected three white and three red wines to sample. The wines (from Spain, Italy, California, and Australia) are light, refreshing, and perfect for sitting outside while enjoying our warm desert weather.

Our white wines will be Muga's Rose Wine, Milbrandt Winery's Pinot Gris, and Remo Farina's Bianco di Custoza. And for the reds, we'll be tasting Renwood's Jack Rabbit Flat Zinfandel, Lodge Hill Claire Valley Shiraz, and then Rose's Sweet Red Dessert Wine to finish off the evening.

All wines are moderately priced below \$15.

The cost for this tasting is \$21 per person and includes a small plate of food paired with each wine.

Complete the form; attach your check made out to "SCSH Tutta Bella Vino" and drop it off at the club's mailbox in the hallway that is adjacent to the billiard tables. Registration deadline is May 19.

For further information, please call Aldo Tremonti at 760-972-3025 or you may send an email to tuttbellavino@yahoo.com.

Ukulele Strummers

Looking for a fun club to join? Sun City Shadow Hills Ukulele Strummers is here for you. We welcome people who play any kind of instrument, and just enjoy singing and playing music with each other. The club meets every Thursday from 1 – 2:30 pm.

Sound intriguing? Free ukulele lessons are held before the club meeting on Thursdays at noon to help you learn how to choose a ukulele, how to change chords, and how to strum. All students are able to join the club and are encouraged to stay and practice with the group – a very good learning tool.

Please contact Mel Borses at 760-636-4788 if you have any questions. Or just drop by and sing with us some Thursday ...everyone is welcome.

Hope to see you soon!





Veterans Club

Unlike many veterans groups, this club is not about rehashing war experiences. Our club is about assisting members and their spouses as well as all our neighbors. We sponsor speakers to make veterans aware of the many benefits they have earned while serving their country. The club has also established a reference file with the many agencies that deal with the elderly, including veterans.

The club provides services to the SCSH community: Veterans Day in the fall; a highly successful Toys-For-Tots drive to begin winter; and our Memorial Day flag raising ceremony in the spring – providing recognition to those who have served. The flag display in the lobby of the Montecito Clubhouse is courtesy of our club. We also offer US flag disposal for worn flags as well as the sale of new flags. And finally, we offer an e-newsletter to our members with the latest information concerning veterans and club happenings, making this newsletter a “must have.”

Our meetings are on the third Tuesday of the month. Our next meeting will be on May 15 at 7 pm. Hope to see you there – God Bless America! For more information, contact Shaun Casey at kcnc@aol.com.



Women's 18-Hole Golf

Congratulations to our 2012 Club Champion, Laurie Randall! Kudos goes to Ethelwyn Hintz and Mary Kaye Brown for coordinating this three-day event.

April was in full bloom with two special events. Thank you, Sandy Middlebrook, Bindy Anderson, and your committee for a lovely April 4 “Blossoms & Butterfiles” member-guest tournament. Thank you, Mary Kunstler and Grace Hutchings, for coordinating a great mixer for the Classy 9 Holvers and SHWGC on April 10.

May 9 is a mini-guest day. Invite up to three friends for this event.

Our last general meeting will be on May 16. Look for membership renewals online, or pick up a form from SHWGC drawer before you leave for your summer homes. Have a great summer and see you in November. Though there is no game, golf on Wednesday and Friday will continue through the summer for our year-round folks.

New to Shadow Hills? Membership forms are available on-line, at the Pro Shop, or from Julie Kelly, our membership chairperson, 760-469-2921.

We welcome your comments and suggestions. Please contact our president, Kathy Budzik, at kb32943@gmail.com.

Writer's Club



Fiction, non-fiction, memoirs, autobiographies, screenplays, it does not matter what you are writing, but the fact that you are. The purpose of our Writer's Club is to encourage each other to write on a regular basis. It does not matter if you are writing for therapy or you have ambitions to have your work published, all are welcome to try their hand. Write a page a day for a year and you have a book!

Try your hand at writing that story you have always wanted to tell. The new Writer's Club is now meeting twice a month on Thursdays in the Santa Rosa Clubhouse. For each meeting we ask that you bring along two to four pages of something you have written. Everyone reads their work to the group and we critique it (gently), offering ideas and sometimes direction. This helps us to improve our writing.

We discuss different aspects of writing drawn from articles and websites. We will look at different avenues of getting our writing in front of a wider audience: blogs, self-publishing, and competitions.

Information contact: Tony at 760-775-9521 or antiqphoto@gmail.com. There will be three meeting dates in May: the 3rd, 17th, and 31st in the Santa Rosa Clubhouse at 10 am.

Continued on page 38...

Resident Groups

Democrats

Democrats of SCSH will meet on Wednesday, May 23, at 6 pm in the Montecito Clubhouse, Capistrano room. Following check-in and socializing time with light refreshments, the monthly business meeting begins at 6:30 pm. Our featured speaker, Sue Ann Young, M.A., M.S.M., has a resumé packed with jobs in public service, most recently as the California Democratic Party Regional Director and an Assembly District Delegate. She hosts a radio show “Young Perspectives: a Show for Young Folks, Old Folks, and All Folks” every Friday from 3 – 4 pm on KCAA RADIO 1050 AM based in San Bernardino.

She is a Daughter of the American Revolution and a Blue Star Veteran Mom, comes from a long family line of veterans, and had a spouse and daughter who served as officers in the US Air Force. Sue Ann has been a business and art teacher in public schools; belonged to the American Federation of Teachers, AFL-CIO; and was an expressive arts therapist/educational consultant and a public relations coordinator for the National Alliance for the Mentally Ill at local, state, and national levels.

If you are a Democrat we encourage you to join us so you can also be kept up-to-date via email on important progressive issues. For further information, contact our president, Stacia Armstrong, at 760-469-3995.



Republicans

Sun City Shadow Hills Republicans met on Thursday, April 12, 2012, in the Montecito Clubhouse. Our special guest speaker was Randon Lane, the current Riverside County Republican Chairman. After graduating from college, Randon worked in the private sector at several Fortune 500 companies before becoming interested in participating in the public sector. He served as Field Representative for California State Assemblyman Kevin Jeffries and was Political Director for Meg Whitman for Governor. He is a past mayor of the City of Murrieta and currently serves as a council member.



Special guests at the meeting were Corky Reynaga-Emett, candidate for State Assembly 56th District, and John Henry, Riverside County Deputy District Attorney.

In a national election year, Sun City Shadow Hills Republicans is redoubling its voter registration drive. Look for our voter registration booths around the community and around the area. We will be happy to assist you with your registration regardless of your party affiliation. In these times, voting is not only a right but an obligation.

Clubs in Formation

Motorcycle Rides

Motorcycle riders (guys and gals), it's time to do our weekly rides. We leave from the Montecito Clubhouse at 10 am every Wednesday morning. We would like to have you on board! Join us for some fun times on two wheels with the wind in your face. Call Bob Mastrangelo at 760-636-0093 or Dick Mathison at 760-393-8485.

Throughout the month of March, the Shadow Hills Motorcycle club has had many riders showing up on Wednesday mornings at the clubhouse. We have ridden throughout the desert parks and into the mountains, enjoyed lunching and riding as a group. We will ride this year through the summer months and invite all riders free on Wednesday to join us.



Paddle Tennis

Anyone interested in getting together to play paddle tennis, please contact John Bowden at 760-298-1303 or 714-743-9018.



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A Big “Thank You” to our Resident Ambassadors

You probably know that at our Del Webb communities in Southern California we have Resident Ambassadors who work with our Sales Consultants. In fact, if you're a resident reading this article, there's a good chance you met one or more of our Ambassadors during the purchase of your home.

Now that it's May and the “high season” is definitely over in the Coachella Valley, I thought this would be a good time to send a big “Thank You” to our Resident Ambassadors here at Sun City Shadow Hills, and recognize them for all the help they provided over these very busy past several months.

So, on behalf over everyone at Del Webb, here's a big “Thank You” to Marjorie and Robert Clark, Andy and Ellie Fisichelli, Bud and June Nautel, Derek and Debbie Reyna, Chris and Art Slaback, and Denny and Mary Walker. We sincerely appreciate you and all you've done.

Why do we have Resident Ambassadors? It's actually a well-established tradition Del Webb communities have used for years. And one that very few if any other new home builders follow (and those that do learned it from us).

It came from a lesson learned many years ago, that we were selling homes to active adults over 55, people who weren't buying a home because it was near their new job or close to their kids' school; who were buying a home because they wanted to live in a certain community and enjoy a specific lifestyle. And who better to tell them about that community and lifestyle than other people the same age already enjoying these things? Who could possibly have more credibility?

So the next time you see one of our wonderful Ambassadors greeting visitors at an event, or manning the Ambassadors Circle at the new Sales Office, or pouring a cup of coffee for a potential buyer, what they're really doing is letting folks know what a great community this is, how many fun things there are to do, and how friendly and nice our residents are.

But if you live here, you already knew that.

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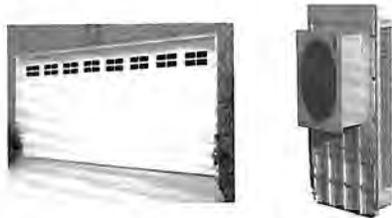
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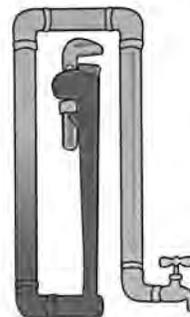
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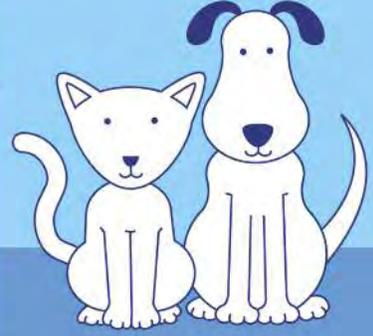


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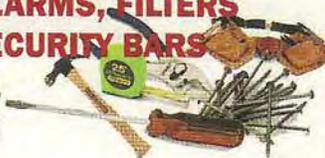
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