

# Shadows RESTAURANT

## DINNER ENTREES

### FILET MIGNON - 24.95

six ounce center cut steak cooked as desired  
with choice of sauce  
cafe de paris butter sauce , bordelaise sauce or  
house made steak sauce  
choice of two sides

### MARINATED FLAT IRON STEAK - 18.95

boldly marinated and cooked to your liking  
choice of sauce  
cafe de paris butter sauce , bordelaise sauce or  
house made steak sauce  
choice of two sides

### BRAISED SHORT RIBS - 20.95

in their natural gravy. served with mushrooms and  
carrots on a bed of garlic mashed potatoes

### FRESH ATLANTIC SALMON - 20.95

pan seared served on a bed cucumber spaghetti  
topped with a tropical fruit salsa garnished with  
sweet potato hay

### FRESH FISH OF THE DAY - MARKET PRICE

served with choice of two sides ask server for the  
days selection

### CHICKEN PORTOBELLO - 16.95

pan seared chicken served on a bed o spinach with  
portobello mushrooms and a natural gravy  
accompanied with rice pilaf and fresh vegetable

### HONEY GARLIC SHRIMP - 18.95

grilled shrimp glazed with a garlic honey glaze  
served over rice pilaf and fresh vegetables

### VEGGIE PASTA PRIMAVERA - 14.95

fresh vegetables and pasta with your choice of  
sauce  
marinara sauce, alfredo sauce or pesto sauce  
add protein chicken ..6.00 shrimp..7.00 salmon..9.00

### ASIAN BRAISED PORK BELLY - 19.95

glazed with with a Go Chu Yang sauce served over  
rice pilaf and fresh vegetables

## SIDES

**GARLIC MASHED POTATOES - 5.00**

**RICE PILAF - 5.00**

**HERB ROASTED POTATOES - 5.00**

**TWICE BAKED POTATO - 5.00**

**FRESH VEGETABLE OF THE DAY - 5.00**

**STEAMED BROCCOLI - 5.00**

## DESSERTS

**CHEF'S CHEESECAKE - 8.00**

ask server for today's flavor

**APPLE CRUMB CAKE - 8.00**

served with a whisky creme anglais

**KEY LIME PIE - 8.00**

**CREME BRULEE - 8.00**

with fresh berries

**ICE CREAM - 2.00**

vanilla chocolate



**TROON GOLF**®

[www.theshadowsrestaurant.com](http://www.theshadowsrestaurant.com)

Breakfast daily 8:00 am - 11:00 am

Hours daily 11:00 am - 8:pm

Consumer Advisory: Consumption of under cooked meat, poultry, eggs, or seafood may increase the risk of food borne illnesses.