

# Shadows RESTAURANT

## **SHADOWS POWER BOWL - 12.95**

*brown rice and quinoa with turmeric roasted butternut squash and beets sauteed spinach, curry chick peas, cashews, and marinated tomatoes cranberries and a maple vinaigrette*

## **FISH AND CHIPS - 15.75**

*served with cole slaw and french fries*

## **AHI TUNA KAMACHI - 15.95**

*asian marinated tuna with cucumber, avocado and fried won tons*

## **CILANTRO LIME SHRIMP - 15.95**

*grilled shrimp marinated in a cilantro pesto. served on greens with avocado, cucumber ribbons, red onions and tomatoes*

## **MARINATED SHRIMP & ASPARAGUS - 15.95**

*chilled shrimp and asparagus in a lemon vinaigrette over field greens*

## **STEAK BITES AND MUSHROOMS - 18.95**

*tender bites of tenderloin and sauteed mushrooms with our house made steak sauce*

## **CAJUN POPCORN SHRIMP - 9.95**

*served with cajun remoulade and cocktail sauce*

## **FRIED CALAMARI - 9.95**

*calamari rings lightly breaded and fried to a golden brown. served with cucumber wasabi and sweet chili sauce*

## **CHEESE QUESADILLA - 7.50**

*sautéed onions, peppers, cheese blend, guacamole, sour cream and pico de gallo  
add chicken + 6.00*

## **CHICKEN WINGS - 9.25**

*6 jumbo wings served with celery sticks.  
choice of buffalo, bbq, sweet chili or honey mustard*

## **SHRIMP TACOS - 11.50**

*sautéed marinated shrimp on corn tortillas topped with lettuce*

## **BBQ POUTINE - 9.00**

*crispy french fries topped with our BBQ pulled pork white cheddar cheese curds green onions*

## **THE GOLDEN STACK - 10.95**

*roasted golden beets stacked with tomatoes and fresh mozzarella. drizzled with olive oil and a balsamic glaze*

## **SMOTHERED POTATO CAKES - 7.95**

*mini golden potato cakes smothered in chili and cheddar cheese  
served with sour cream & green onions*

## **EXTREME MAC AND CHEESE - 11.00**

*ask server for todays flavor*

## **SUPREME FLATBREAD- 11.95**

*pepperoni, bacon, chicken, onions peppers mushrooms and three cheeses*



[www.theshadowsrestaurant.com](http://www.theshadowsrestaurant.com)  
Breakfast daily 8:00 am - 11:00 am  
Hours daily 11:00 am - 8:pm

Consumer Advisory: Consumption of under cooked meat, poultry, eggs, or seafood may increase the risk of food borne illnesses.