

the View

Sun City
Shadow Hills®
by Del Webb®

April 2009

Del Webb Fitness Challenge April 4, 2009



Food For Thought



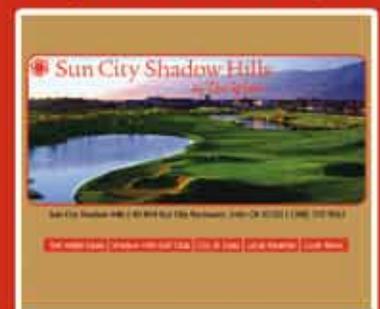
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Summer Concert Series



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Log on to the Lifestyle!



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Important Contact Numbers

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Shadow Hills Golf Club760-200-3375

SUN CITY SHADOW HILLS COMMUNITY ASSOCIATION BOARD OF DIRECTORS

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cschlabach@verizon.net760-342-8434
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DEL WEBB SUN CITY SHADOW HILLS WARRANTY SERVICE

If you have a question or concern regarding your home in SCSH, please contact by email (preferred) or by phone:

Phase 1

Jason Streeter, CR Senior Manager Special Operations
jason.streeter@delwebb.com.....760-272-4801

Phase 2

Customer Relations Line
NIE.Service@Pulte.com949-255-1650

Mailbox Repair - Call Ozzie Lopez 345-4349, Extension 224

www.oursuncityshadowhills.net

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SUN CITY SHADOW HILLS COMMUNITY ASSOCIATION

Hours of Operation

Montecito Clubhouse

6 am to 10 pm - 7 days a week

Lifestyle Desk

8 am to 5 pm - 7 days a week

Montecito Cafe (Kiosk)

Monday through Friday - 7 am to 2 pm

Association Office

Monday through Friday - 9 am to 12 pm – 1 pm to 4 pm
1st Saturday of the Month - 8 am to 12 pm

Montecito Fitness Center

5 am to 8 pm - 7 days a week

"The Shadows" Shadow Hills Golf Club Restaurant

8:00 am to 11:00 am – Breakfast – Daily
11:00 am to 2:30 pm – Lunch – Daily
2:30 pm to 7:00 pm – Happy Hour – Daily

Shadow Hills Golf Club Snack Bar

7:30 am to 3:30 pm – Daily

Hours are subject to change.



Board Meeting

Monday, April 27

at 2 pm

Ballroom

From the General Manager



by Lynn P. Gilliam
General Manager

I have now attended my first Board meeting as General Manager of Sun City Shadow Hills and was delighted to see all of the participation from our homeowners – from serving on committees, being involved in clubs and groups as well as taking the time to attend the meeting. There were several homeowners who shared their thoughts with the Board as well as had questions that may be of interest to the community.

There were concerns regarding the usage of the new dishes in the kitchen in the Montecito Clubhouse. As the clubhouse is designed to benefit all the homeowner clubs as well as support the general community functions that are managed by our staff we will be working to set a process that will be mutually beneficial to all. After this policy has been developed we will let all owners know what has been determined.

Along those same lines there was discussion regarding the scheduling of the kitchen, the need for cutting boards to protect the stainless steel work surfaces and the lack of a garbage disposal unit. Currently the Lifestyle Department is scheduling with the groups that wish to use the kitchen and assuring that the schedule includes adequate time for the group to clean up after usage so it will be ready for the next group. Cutting boards will be ordered to aid in food preparation.

The issue of the garbage disposal is being investigated. When the kitchen was designed there was no garbage disposal included as the design did not include a grease trap which may be required when using a garbage disposal. Many commercial kitchens today do not have garbage disposers but scrape the remaining food into a trash container before they are washed. Given the volume of food that would be deposited in a garbage disposer, this method prevents untimely backups of the plumbing systems. Once a plan is developed it will require approval from the City of Indio Planning Department before implementation.

There were concerns regarding the enforcement of rules such as dogs off leash, picking up after their pet and owners walking their pets around individual residences. While the majority of our owners are aware of and very good about following the rules, occasionally we may forget the impact of our actions on others. If you see an infraction, please politely ask the pet owner to comply with our rules. In cases where you are not comfortable with this approach you may contact either Security or the HOA office with the information so staff can respond.

The condition of the golf course this season was discussed and there was an inquiry as to the plans for the next season. We are delighted to welcome a new Golf Club General Manager, Chris Jones, and a new Golf Course Superintendent, Scott Werline. They are reviewing the condition of the course and will be making recommendations for ongoing maintenance as well as recommendations for the next season.

Based on a concern that street signs are difficult to see at night, the Maintenance Department has been inspecting our signs and having the Landscape contractor trim trees and shrubs to provide an unobstructed view the sign. Staff is also researching additional ways to provide better visibility of these signs.

Some owners indicated that they are experiencing problems with mail delivery. If you do experience problems with receiving your mail or receive mail for other persons, please let the Post Office know of the problem so they can correct it. The Board and I wish to thank the owners who complimented the Association on the designated smoking and non smoking areas and signs at the Montecito Clubhouse. We all do our best to serve the community as a whole and love to hear when our owners are pleased with something that has been accomplished.

Now that I am moving into my second month as your General Manager, I am looking forward to meeting more owners and seeing you at the Board meetings and other activities around Sun City Shadow Hills. If you have any questions or concerns regarding the Association, please call the HOA office. All of the staff is looking forward to helping you.

PCM is going GREEN!

With PCM's efforts to contribute to the GO GREEN movement we are now offering "e-statements" to your homeowners.



Let your homeowners know it's as easy as 1, 2, 3!

1. Go to www.pcminternet.com
2. Click on "Sign-up for e-statements"
3. Fill out the Registration form



Saturday, April 4, 2009

- 7:00 AM - 5k Run
- 7:15 AM - 5k Walk
- 7:30 AM - 2.5k Pet Walk
- 8:00 AM - Putting Contest (bring own putter)
- 8:45 AM - 10k Bicycle
- 10:00 AM - 100 Yard Swim
- 10:30 AM - Bocce, Billiards, and Tennis Tournaments
- 2:00 PM - Medal Presentation and Tournament Award Ceremony



Come Support Your Community Athletes!

It's time for our 2nd Annual Photo Contest!

*Capture the active adult lifestyle of
Sun City Shadow Hills and
share it with the community.*



Your photo must capture the active lifestyle enjoyed by the residents of Sun City Shadow Hills. For the purposes of the Contest, active lifestyle is defined as:

- Sport/fitness activities (golf, tennis, jogging, biking, billiards, etc.)
 - Group participation at a club meeting, event or activity (painting, computer club, ukulele club, tap dancing, etc.)
 - Residents enjoying one of the many games in or around the Montecito Clubhouse
- Note: these are not separate categories.*

Your image should demonstrate originality and artistic creativity. Except for cropping and lighting modifications, computer enhancements or manipulation are not allowed.

Winners will receive:

First prize \$200

Second prize \$100

Third prize \$75

Plus, two (2) Honorable Mention @ \$25

Participation is limited to SCSH residents, and all photos must be taken on-site at SCSH.

Participants may submit up to two (2) photos. Photo(s) must be submitted as **5x7 prints** (either professional prints or home printed), must include the photographer's name, phone number, and title of each photo written on the back of the photo, and must be submitted with the **ENTRY FORM** and **PERMISSION AND RELEASE** to the Lifestyle Department no later than **4 p.m. on Thursday, July 2, 2009**. Forms are available at the Lifestyle Desk.

A jpeg format file of each photo must also be submitted by the same date to scshlifestyles@pcmineternet.com

Entries will be screened for adherence to contest criteria. All qualifying entries will be posted on the community website. Winners will be selected by the Communications Committee based on criteria provided by the committee's photography subcommittee. These criteria are available for participants' review on the community website.

Winners will be announced and prizes awarded on Tuesday, September 1, 2009. Winners will appear in *The View*, on Channel 98, and on the community website.

 **Sun City Shadow Hills**
by Del Webb



Food For Thought

by M L Niethold

Are you, by chance, unaware of one of the better amenities here at Sun City Shadow Hills? I mean, of course, “Shadows,” the restaurant adjacent to that other great amenity – the golf course. Contrary to misconceptions heard frequently around the property, “Shadows” is definitely NOT limited to serving just the golf community. It is

open to all residents and non-residents as well.

Like any good restaurant, “Shadows” has defined hours, menus and, above all, good food, prepared well and served by friendly wait staff who show genuine interest in the patrons and their wishes.

“Shadows” was extensively remodeled in the summer of 2007 and re-opened with the “Shadows” name (voted on by residents) at the beginning of the season in the autumn of 2007. Overseen by Food and Beverage Director, Sandy Hernandez, “Shadows” has proven to be a popular meeting place for residents and guests.

Ms Hernandez has more than 30 years of experience in the hospitality industry, twenty-two in management. She was with Sun City Palm Desert for many years and is happy interacting with an active adult demographic group. Sandy moved to the Coachella Valley from her home in Simi Valley to be closer to her mother. She’s been with Sun City Shadow Hills Food and Beverage since October of 2006. She says that the residents here are overwhelmingly friendly; serving them and making a difference are the best rewards of her job and she likes this

atmosphere much better than being in a “regular” restaurant.

The crew reporting to Sandy is long-standing and very steady. Almost all of the eighteen to twenty staff members have been here from the beginning; with virtually no turnover, it is obvious that the team works very well together. Most of us who are frequent diners recognize the twins (Jorge and Victor), Angel, Jody, Horatio and Mynor. The lead line cook, Julio Per, opened the Yard House at The River and has extensive experience in the Valley.

If you’ve not tried “Shadows” recently, here’s a rundown of meals offered (hours are always listed in *The View* and on the web site): Breakfast items include eggs, pancakes, bacon – cooked to your preference – Mexican specialties, fresh-brewed coffee. What a great way to start your day and no cleaning up afterwards - you can just step out on the golf course or go on your way. Lunch consists of specialty sandwiches, home-made soup made fresh every day, (try the clam chowder on Friday), specialty salads (large and tasty; most people choose the half order), specials offered most days of the week, including fish tacos, prime rib sandwiches and other tasty dishes. Don’t forget the Tuna Melt and the Hamburgers.

Currently Shadows features a few dinners during the season – 2 to 4 per month. The minimum number of guests for these dinners is fifty; they are prix fixe and so include everything – salad, entrée and side dishes, dessert, coffee or soft drink, taxes and gratuities. Generally, the cost has been between



Angel and Cindy shown at the convenient Montecito Café



A mouth-watering “Shadows” specialty



One of the enviable sights at SCSH

\$18.00 and \$25.00 (the latter a spectacularly good price for prime rib!). Unfortunately, these dinners must be cancelled if fewer than fifty sign up for them. Reservations are in the form of a check for the amount. Try one of these dinners at least once. One of the main reasons for holding them is to see if patronage will justify regular dinners at “Shadows” and that, in itself, should be an incentive to generate business. Sandy and her crew are trying to make these appealing and special and they gladly accept suggestions from the residents.

Along with luscious food and thoughtful service, two other points in favor of eating at “Shadows” are the 20 percent discount residents receive for food at regular meals and the view. This 20 percent applies to residents only, not their guests, and it does not apply to any drinks. It’s still a great bargain – take advantage of this; where else do you get a discount to dine with friends and neighbors? Just remember to show your resident’s card; the staff isn’t allowed to take your word for proof. But, if you become a frequent diner, they’ll soon recognize you

And the view? Surely you’ve seen this beautiful scene: a small lake with fronds of decorative grasses swaying in the breeze; white great egrets, cattle egrets, cormorants, ducks and mud hens swimming, ducking, diving and flying around the floating, moving fountain which sprays mist as it moves gently back and forth. Raise your eyes to the blue-domed clubhouse and the

majestic mountains beyond and then to the clear blue desert skies. Who could ask for a better place to enjoy a touch of nature and a satisfying meal?

But wait, as they say in the advertising business, there’s more! Happy Hour is each day from 4:00 p.m. to 7:30 p.m. Wine, beer, cocktails and soft drinks are available along with appetizers. This is a great place to meet after golf, before going to dinner or just a nice way to wind down after a hectic day of retirement activities.

For the rest of this season, Rodeo Drive – a musical duo with a great following in the Coachella Valley – will be at Happy Hour on Tuesday nights. Come enjoy the music; for a minuscule \$5.00 cover charge, you take a chance at winning a meal, a massage, a bottle of wine or green fees for a game of golf. A great deal for a small price. Drinks and appetizers are available as they are at all Happy Hours.

For lighter fare our food and beverage operations also include the Montecito Café (the Kiosk). Hours at present are from 7:00 a.m. to 2:00 p.m. Monday through Friday. The Café will go dark at the end of the season and reopen in the fall. Those delicious home made soups, sandwiches and salads are available along with yummy pastries brought in from Le Chef Bakery in Los Angeles. Try the Café when you’re going to a club meeting or just meeting friends to play cards, or checking out the library.



Here’s a real oasis in the desert

Another option, particularly for golfers is the Snack Bar located at the golf cart area. It has sandwiches, hot dogs, soups, snack crackers along with beer, wine, cocktails and soft drinks. A cart is also a roving snack and drink provider on the course.

Want to cater your own special food and beverage function? Sandy is happy to work with residents who need a place for a luncheon party for two or twenty. Who wouldn’t enjoy a delightful lunch, served by pleasant people with a side order of “beautiful view”? Just give her a call the next time you’re looking for a charming place to entertain friends or guests (and you don’t want to cook or clean up).

I’m hopeful that I’ve tempted you with this offering, that you’ll try “Shadows” and that it becomes a favorite place for you to enjoy a satisfying meal that includes the added bonus of a soothing and inspiring scene; where you are surrounded by your friends, neighbors and still feel at home.

Bon Appetit!



You belong in this picture with your friends and neighbors



NEWS ABOUT INDIO

by H. Dow Tunis
Our Roving Reporter

Hi, again, Hillites. It sure seems like the days go by faster and faster. I could swear I wrote the February article last week.

Repairs on the Jackson Street Bridge over Indio Boulevard are finally finished. As you may know if you use it, the City closed two lanes some eight months ago. Structural deficiencies were found during a routine inspection. The work is finished and the second lane in both directions is now open. "Holy Cement, Batman!"

Several focus groups and community workshops have been meeting to discuss the needs of the new Indio library. Similar groups met to discuss the possible needs of the Indio Senior Center and the new Teen Center.

The end result of the current meetings was the listing of 15 concepts which the citizens, library staff and faculty groups felt were of priority status. These items included green technology, a youth program space, self-check machines and a defined literacy center program. Also requested was space for Friends of the Library book sales, work room area, adequate covered parking and more available technology which is a huge motivator for today's youth. You can be assured that the new Indio Learning Center will be a great library service that responds to all the needs of the community.

The City Council has approved development of a five-acre parcel map at the corner of Spectrum Street and Showcase Parkway in North Indio. The project will have nine buildings for medical, showroom, retail and light industrial use. No plans have been submitted yet regarding specifics. It should take four to five months to develop renderings and estimates according to the developer, Palm Desert-based Beaty Pacific.

The Indio City budget was down by \$4.2 million because of declines in revenue from sales taxes, vehicle license fees and building permits. Utility user taxes are down \$1.8 million. Fortunately, the City had and is using \$7.3 million from carry-over cash it had last year and is in a position of continuing major capital projects.

A new water facility broke ground in mid-February off Dr. Carreon Blvd. east of Monroe. The ceremony attended by City officials marked the start of construction of a new 2.5 million-gallon steel water-storage tank, booster pump station, emergency back-up generator and seismic upgrades to the old reservoir. The new water storage tank more than doubles the storage capacity of the existing 2 million gallon reservoir being upgraded. The existing booster pump station will be replaced by a new station double the size. The station will maintain stable water pressure in the southeast portion of the City and increase system reliability

and water storage. The project should be completed in early 2010, at a cost of around \$6.5 million, funded by water bonds. Once the Indio Water Authority's planned reservoir-related projects are completed, the City will have the capacity to store about 19 million gallons of water.

A couple of new restaurants are planned by Gus Tsiamagos, owner of Goody's. One restaurant is planned for the new Indio Transportation Center when it opens possibly later this year. A second restaurant will be in North Indio at Avenue 42 and Jackson. The new eateries will be similar to the Goody's recently opened on Gerald Ford in Palm Desert.

Indio Municipal Golf Course temporary employees hired through a personnel services agency will now become City employees (10 positions) which will allow the City to save some \$20,000 a year in fees to the temp agency.

Time to stock up on \$.42-cent Forever stamps which will be available until the first-class stamp increases to \$.44 cents on May 11, 2009. Battered by rising costs and declining mail volume, the postal service lost \$2.8 billion last year. They have been cutting costs, reducing work hours, and have asked Congress to ease the requirements for advance funds for retiree benefits, and to allow mail to be delivered five days a week instead of six. I guess this means our new post office in North Indio goes back on the shelf until times improve!

The finalized Federal Stimulus Package is intended to create a \$787 billion incentive for communities nationwide to build, create jobs and repair infrastructures. According to Indio City manager, Glenn Southard, the City of Indio has drawn up a wish list of some 40 projects with an estimated cost of \$54.5 million to be sent to Washington, DC, along with letters to members of Congress. In addition, several City officials are headed to Washington, DC to lobby for Indio. It is realized that all of our projects will not be met; however, to keep you informed of our wish list, here is a recap:

- bridges – 1.9 million for seismic retrofitting of the Jackson Street bridge and 1.2 million for the Indio Blvd. bridge;
- roadwork – \$25 million including \$11.7 million to improve Hwy. 111 from Jefferson to I-10;
- traffic signals – \$6.1 million for 19 signals Citywide;
- storm drainage – \$2.5 million for drains on Ave. 48 and Ave. 44;
- water system improvements – \$17.6 million in projects which includes \$7.4 million for pipelines and infrastructure, almost \$4.4 million for hydrant replacement, and more than \$5.3 million for wells.

Nine potential tenants have expressed interest in coming to Indio as part of the Madison Crossing Project at the southwest corner of Hwy 111 and Madison Street. Businesses in talks with the developer include L'artisan Valley Baking Co., Madison Street Produce, Yogurt on Tap, Aladdin's Market and Deli, Thai Smile, Nature's Health Food & Café, Mirage Spa and Nail Salon, Desert Wine and Spirits, and Up The Creek—Seafood and Steak. The 50 million Madison Crossing Project is expected to also feature two limited-service hotels of the Hilton or Marriott type, as well as 114,480 square feet of retail, restaurant and office space.

That's it for this issue, see you in April. Don't forget to shop in Indio, and PLEASE DRIVE SAFELY!



Get To Know Your Water Shut Off Valve

by Michael Durham
Customer Relations Manager
Sun City Shadow Hills

Our Del Webb homes are equipped with a water supply shut-off valve which is meant to be used when the home is not being occupied. If you turn off the water to your home you will not have to worry about potential leaks that may arise while you are gone.

This valve will be on the upper portion of the water supply line to your home. Don't confuse it with the one that is closer to the ground; the lower one controls the outdoor irrigation system water.



I recommend that you shut off your water if you will be gone for a week or longer, and I can give an example as to why it is important from personal experience.

I was raised in a two-story home in Northern California. Mother was a horrible cook, so naturally we ate out a lot. One evening after dinner we came home to a waterfall coming from the stairway. While we were out, one of the water supply lines in the upstairs bathroom decided to burst and created a flood. This was only over a three-hour period; just imagine if we had been gone for a week, let alone months.

In conjunction with shutting off your indoor water, you will also want to turn off the refrigerator's icemaker since there will be no water supply to make ice.

Have a great month.



Calling All Volunteers

by Scott Pasternak
Director, Community Association
Management

Are you a volunteer? If so, we want to know about it.

Back in November, we wrote about our plans to launch a formal Volunteerism Program at each of our Southern California communities, and promised to provide details about the program. This month we wanted to provide you with an update of where we are.

This month, three of our communities will hold Volunteer Recognition events to recognize and thank those residents who give their time and effort without financial reward.

Here at Sun City Shadow Hills, we will hold a luncheon on Friday, April 24 at the Montecito Clubhouse.

All these events are free to attend if you are a volunteer. And they are all being held during National Volunteer Week. According to the Points of Light Institute, a national, nonpartisan, nonprofit organization that promotes volunteerism, the theme for National Volunteer Week, commemorated this year April 19-25, is "Celebrating People in Action." The theme captures the meaning behind this signature week – honoring the individuals who dedicate themselves to taking action and solving problems in their communities.

Who qualifies as a volunteer under our new program? Any resident who volunteers their time to work with their Community Association, with Del Webb, or out in their greater community.

Our Association management and staffs already know who volunteers with the Association, and the Association will sponsor those residents' attendance. But they may not know about you if you volunteer outside the community, for instance if you work with a local hospital, school, charity, or other nonprofit organization.

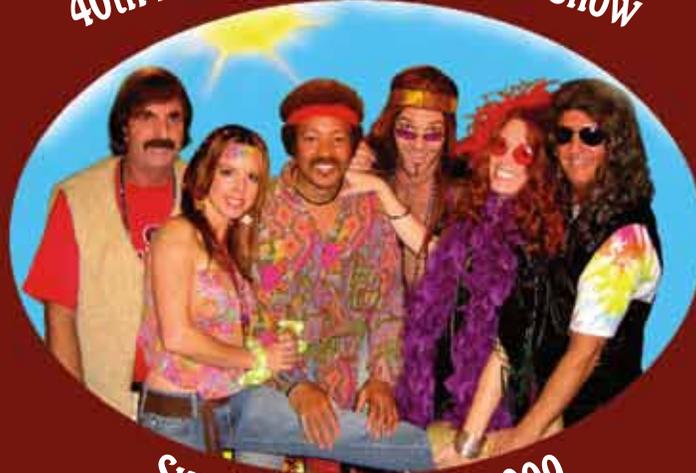
If you are that kind of volunteer and would like to attend, Del Webb will sponsor your attendance at the event. (It's the company's way of saying "thank you" for working to help your greater community.) But you must be sure to visit the Association office or Lifestyle Desk and provide your name, the organization for which you volunteer, and the contact information for your supervisor or the organization's volunteer coordinator. Please act soon since the deadline for reservations is Wednesday, April 15.

At each of these events we will also introduce the individuals who will serve on each community's Volunteer Council. These councils are working groups jointly made up of residents, Association management, and Del Webb representatives who oversee the Volunteerism Program at their communities.

So if you are a volunteer – thank you! And join us during National Volunteer Week.

Sun City Shadow Hills 2009 Summer Concert Series

*Summer of Love
40th Anniversary Woodstock Show*



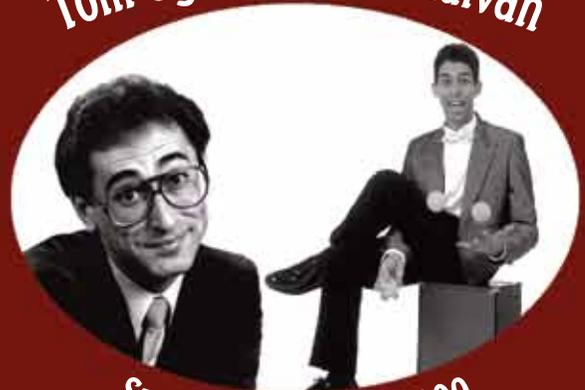
Sunday August 9th 2009

*Jazz Concert
The Eric Ekstrand Ensemble*



Sunday July 12th 2009

*Comedy Show
Tom Ogden & Jack Kalvan*



Sunday June 14th 2009

3:00 PM

Open Seating - \$10 per Show

Contact Lifestyle for Information and Tickets

(760) 772-9617

80-814 Sun City Blvd, Indio CA 92203



by Eric Angle
Lifestyle Director

April Highlights

Saturday, April 4

- 7am: Del Webb Fitness Challenge

Tuesday, April 7

- 7pm: *An Evening With The Phantom*

Thursday, April 9

- 6pm: Chartered Club Officers Mtg.

Monday, April 13

- 10am: Chartered Club Officers Mtg.

Wednesday, April 15

- 4pm: Tax Day Soup Kitchen
- 6pm: Tax Day Dance Party

Thursday, April 16

- 8:30am: Coffee With A Cop

Friday, April 17

- 10am: New Homeowner Orientation
- 4pm: Wine & Cheese Social

Sunday, April 19

- 3:30pm: Blazing Pianos Concert
- 7:30pm: Blazing Pianos Concert

Friday, April 24

- 9am: Electronics Recycling & Shred-it
- 12pm: Volunteer Luncheon

Monday, April 27

- 2pm: Board Meeting

Did You Miss Casino Night?



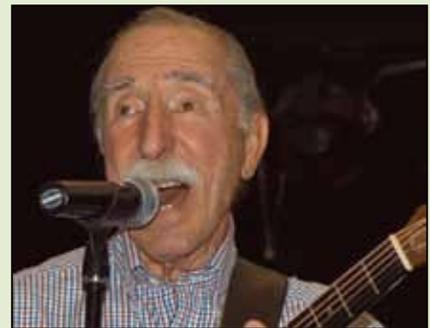
Registration



Dinner provided by Mario's



Let the games begin



Guitarist entertains the crowd

Did You Miss Coffee With A Cop?



Ben Guitron introduces four police officers from the IPD



Dennis Costello asks a question about traffic

Community Singers Have Fun At Disneyland



GREETINGS FROM BAJA



Sun City Shadow Hills Residents
Del Webb Baja Fiesta Cruise 2009
See You Again On The 2010 Cruise!

LIFESTYLE TRAVEL SERIES 2009

Contact Lifestyle For More Information: (760) 772-9617



Historic Gaslamp Quarter

Saturday, May 9
San Diego, CA



Algodones, Mexico

May 12, September 15, & November 10



Father's Day Weekend Baseball Game

Dodgers Vs. Angels
Saturday, June 20



Sawdust Art Festival & Rogers Gardens

Saturday, July 18
Laguna Beach, CA



Griffith Observatory

Wednesday, August 12
Los Angeles, CA



Big Bear Lake

Wednesday, August 26
Big Bear, CA



Roman Empire Cruise (Mediterranean)

12 Days
Departs September 25, 2009



Julian Apple Harvest

Saturday, October 17
Julian, CA



Baja Fiesta Cruise

5 Days
January 2010

Notes of Appreciation

Lifestyle, just a quick note to thank you for organizing the Dr. Phil Show last week. Denis and I had such a wonderful day!! Everything was first class and so much fun!! Being able to see how the show is produced was very interesting and it was an great experience. Thanks again and keep up the good work!!

Gwen and Denis Roy



Above & Beyond
Sammy Lopez

He is always willing to help anybody and always does different tasks like coming in early to cover pool cleaning, lighting inspection at night, and other emergencies. This month he also helped Custodial re-do floors and helped Lifestyle with events.

He comes in even on his day off and always has a good attitude.

Chartered Club Officers Meeting



Thursday, April 9, 2009, 6:00 PM
or
Monday, April 13, 2009, 10:00 AM
Montecito Clubhouse Ballroom

All Chartered Clubs Must Be
Represented At The Meeting

Sun City Shadow Hills Performing Arts Club Presents



"Radio Days"

A fun-filled recreation of an old-time radio station featuring original radio scripts, complete with sound effects and commercial jingles

- **Baby Snooks and Daddy**
- **The Shadow "The Blind Beggar Dies"**
- **My Friend Irma**

Starring your friends and neighbors
on the Montecito Clubhouse stage

- **Friday & Saturday, May 1st and 2nd at 7:00 pm**
- **Sunday, May 3 at 2:00 pm**

Admission \$10.00 per person

Tickets now on sale in the Montecito clubhouse
Checks payable to SCSH Performing Arts



Contact: Jim Adamik 760-469-2924

Free Electronics Recycling



Friday, April 24th 2009
9:00 AM - 1:00 PM
Montecito Clubhouse Parking Lot

Examples Of Recyclable Electronics:

Televisions Monitors Computer Systems Copy Machines
Fax Machines Printers Wiring Cellular Phones

Please, NO Appliances, Alkaline Batteries, Fluorescent (Or Any) Lights

Secure Document Shredding By Shred-It® Will Also Be
Available For \$5

For More Information Contact The Lifestyle Department
(760) 772-9617

Fitness Update



by *Evangeline Gomez*
Fitness Director

It's time for our 4th Annual Del Webb Fitness Challenge! I'd like to thank all of our 2009 Del Webb Fitness Challenge participants for signing up and committing to be part of the Sun City Shadow Hills team. Out of all the events we hold each and every year the Fitness Challenge is by far my favorite. Your excitement is contagious and I look forward to getting out early on a beautiful spring morning to challenge and time you all as you compete to be the fastest Del Webb community. We commend each of you for your determination, dedication and commitment to your health as you serve as role models for us all! There is no doubt that your fitness achievements will be spoken of for some time to come and that the admiration for your accomplishments is felt by everyone at Sun City Shadow Hills and Del Webb.

If you didn't sign up to participate we would still love to have you join in the excitement. Please come out and cheer on your friends and neighbors on Saturday, April 4, as they take your community to gold. We'll start off in the Montecito Clubhouse parking lot and be racing along Sun City Blvd starting at 7 a.m. Bring out your lawn chairs, megaphones and pom poms and help us to show our SCSH athletics support!

See you all there!

Idyllwild Hike



Join us for a wonderful day in beautiful Idyllwild on Thursday, April 23.

We will be taking a Motorcoach to

Idyllwild and will start out with a wonderful 5 mile hike. This hike, named Devil's Slide ascends from Humber Park to Saddle Junction with many switchbacks and far-reaching views. Starting at 6280 ft. the gain in elevation is 1700 ft. From Saddle Junction, trails lead to San Jacinto Peak (10,804 ft.), the Palm Springs Aerial Tramway (8516 ft.), and Tahquitz Peak Lookout (8828 ft.). The Pacific Crest Trail passes through Saddle Junction. This is moderate hike with a lot of loose gravel and a large elevation gain. After the hike you are on your own for lunch and shopping in Idyllwild. If you would like to sign up for this trip or would like more information, including the price for this trip, please call the Fitness Center at 772-0430 or come down to the Fitness Desk. The last day to sign up will be Friday, April 17.

Fitness Tip



by *Jason Ewals*
Fitness Coordinator

Strength Training Benefits More than Muscles

Regular weight training does more than just build better muscles; it builds a better, healthier body. Several new studies confirm the benefits of mild-to-moderate resistance training, which includes reduced blood pressure, lower LDL ("bad") cholesterol levels and higher HDL ("good") cholesterol levels, all of which improve cardiovascular health overall.

Weight training is also believed to improve the way the body processes sugar, which could reduce the risk of developing diabetes.

Another study examined the effect of weight training on osteoarthritis, a common condition among older adults that affects balance and increases the risk of falling.

This study and others confirm that exercise of any kind improves strength, gait and ability to perform activities of daily living among older adults with osteoarthritis and, in many cases, reduces the pain associated with the disease.

Health Speaker



Join us in welcoming Leslye Deitch as she presents

Skin Care and Protection

April 16, 2009 – 6 p.m. – Montecito Clubhouse

Come and find out the secrets of beautiful skin! Always one to care about helping others, Leslye Deitch began her career over 12 years ago as a licensed esthetician and reflexologist. Whether she was working in private practice or along-side one of the best dermatologists in Westlake Village, her goal was always to provide her clients with the best possible skin care and education, specializing in the unique process of "regenerative cosmetology" called facial contouring. During the talk she will help us understand the important role our skin plays in protecting our immune systems, along with some helpful hints on the "do's and don'ts" of maintaining healthy, glowing skin. Leslye will teach us to mix up some easy and beneficial home remedies in our own kitchens. As she says, "Good products need not be expensive."

Sports Schedule APRIL 2009

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tennis Courts	8 – 10 am Ladies Tennis Crt. 3 & 4 <i>Tennis Club</i>	8 am- 10 am Men's Tennis Crt. 3 & 4 <i>Tennis Club</i>	8 - 10 am Ladies Tennis Crt. 3 & 4 <i>Tennis Club</i> Tennis Clinic Crt. 1 <i>Rod Dunnet</i>	8 – 10 am Men's Tennis Crt. 3 & 4 <i>Tennis Club</i>	8 – 10 am Ladies Tennis Crt. 3 & 4 <i>Tennis Club</i>	8 -10 am Men's Tennis Crt. 2, 3 & 4 <i>Tennis Club</i>	
Putting Green	8 am Lady Putters Meet in <i>Capistrano</i>						
Putting Course	No on-going course reservations at this time						
Golf Clubhouse		2 pm Ladies 9-Hole Golf <i>Club</i>	8:30 am Women's Golf <i>Club</i>	8 am Men's Golf <i>Club</i>			1st & 3rd 4 pm Couples Golf <i>Club</i> Meet in <i>Capistrano</i>
Aerobic Studio			12:30 -2:30 pm Table Tennis <i>Club</i>		3 – 7 pm Table Tennis <i>Club</i>		3 – 5 pm Table Tennis <i>Club</i>
Bocce Courts					3 – 5 pm Bocce Open Play		
Fitness				APRIL 23 Idyllwild Hike Depart @ 7:30 am		APRIL 4 Del Webb Fitness Challenge	
Local Activities	Kraft Nabisco Championship Mission Hills March 30-April 5						

Additional Activities:

Women's Golf: Tuesday, April 7. 4 pm-Cambria/Mirada – Montecito Clubhouse.

Women's Golf: Wednesday, April 8 and 15. 1 pm-Front Half of Ballroom – Montecito Clubhouse.

Men's Golf: Monday, April 13. 2 pm– Santa Ynez II - Montecito Clubhouse.

Women's Golf: Tuesday, April 21. 9 am-Front Half of Ballroom – Montecito Clubhouse.

Men's Golf: Thursday, April 23. 11 am Ballroom – Montecito Clubhouse.



COURTSIDE

Rod Dunnett, USPTA, Tennis Pro
777-2907
www.rodunnett.usptapro.com

It's Getting Toasty

Preparation is the key to performing at a high level in extreme heat. Hydrate yourself throughout the day prior to playing. When well hydrated, your urine should be clear. Avoid excess caffeinated drinks because they act as diuretics and actually cause your body to lose more water. About one hour before you go on court, drink about 12 ounces of water. And remember to wear white clothing and a white cap, which will reflect solar reflection.

Once the match begins, drink at least 4 ounces of water on every changeover which is about four to eight swallows, and a sport drink or a sport drink/water combination can be equally effective in providing fluid and energy during the match. After the match it is critical that you keep drinking fluid. This is where a sport drink might be particularly effective. In addition, you may want to add some extra salt to your next

meal following the match.

Other factors to your successful competitive experience in the heat include:

- Eat more carbohydrates (grains, fruit and vegetables) because the heat will cause your body to use carbohydrates faster.
- Get plenty of sleep because insufficient sleep has been shown to increase your susceptibility to heat illness.
- Understand any medications you might be on and how they might affect sweat loss under heat stress.
- Use sunscreen (SPF 15-30) on all exposed areas of your skin when you practice and play.

Understand the early signs of heat illness. One or more symptoms may be enough to discontinue play and seek medical attention. Some of the signs include, but are not limited to: headache, weakness, dizziness, irritability, apathy, nausea, confusion, and muscle twinges or cramps. Knowing these signs and addressing the above factors will assist you in playing safely in hot weather.

This is last article for the season. This summer I am going back to New York as the Head Pro for a private club on Long Island. The club is open from May 1 through Labor Day. I will be back in October. As always, I can be reached via my website.

MONTECITO FITNESS CENTER
APRIL 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 a.m. Aerobics Studio (AS)		TOTAL BODY Strengthening \$3 <u>Checks only</u> <i>Jason</i>	CARDIO Low-Impact \$3 <u>Checks only</u> <i>Angel</i>	CHALLENGE STEP FREE <i>Ginny</i>	TOTAL BODY ON BALL Strengthening Inter/Adv \$3 <u>Checks only</u> <i>Jason</i>		Green Boxes represent SCSH EMPLOYEES. WE ONLY ACCEPT CHECKS PAYABLE TO SCSHCA PAYMENTS RECEIVED AT THE FRONT DESK. STUDIO CLASSES ARE LIMITED TO 25 PARTICIPANTS FOR SAFETY PURPOSES. TO HELP ENSURE YOUR SPOT PLEASE ARRIVE EARLY!
9 a.m. Indoor Pool (IP)	*AQUA* (Arthritis) See Ana 322-1964 For payment options						
9 a.m. Aerobics Studio (AS)	CARDIO Low-Impact \$3 <u>Checks only</u> <i>Angel</i>	BALANCE THE BRAIN \$3 <u>Checks only</u> <i>Evangeline</i>	*Beg. T'ai Chi* See Ana 322-1964 For payment options	BALANCE THE BRAIN \$3 <u>Checks only</u> <i>Evangeline</i>	TOTAL BODY Strengthening Beg/Inter \$3 <u>Checks only</u> <i>Jason</i>		
10 a.m. Indoor Pool (IP)	AQUA FITNESS \$3 <u>Checks only</u> <i>Angel</i>	AQUA FITNESS \$3 <u>Checks only</u> <i>Jason</i>	*AQUA* (Arthritis) See Ana 322-1964 For payment options	AQUA FITNESS \$3 <u>Checks only</u> <i>Jason</i>			
10 a.m. Aerobics Studio (AS)	CORE CONDITIONING \$3 <u>Checks only</u> <i>Evangeline</i>	CARDIO \$3 <u>Checks only</u> <i>Angel</i>	CORE CONDITIONING \$3 <u>Checks only</u> <i>Evangeline</i>	CARDIO \$3 <u>Checks only</u> <i>Angel</i>	CORE CONDITIONING \$3 <u>Checks only</u> <i>Evangeline</i>	HAPPY TAPPERS Charter Club membership required	(*) REPRESENTS INDEPENDENT INSTRUCTORS, PLEASE PAY THESE INSTRUCTORS DIRECTLY Please make payment arrangements prior to class
11 a.m. Indoor Pool (IP)		AQUA FITNESS \$3 <u>Checks only</u> <i>Jason</i>		AQUA FITNESS \$3 <u>Checks only</u> <i>Jason</i>	AQUA FITNESS \$3 <u>Checks only</u> <i>Jason</i>		
12 p.m. Aerobics Studio (AS)			12:30 – 2:30 pm TABLE TENNIS CLUB Charter Club membership required				
1 p.m. Aerobics Studio (AS)							
3 p.m. Aerobics Studio (AS)					3-7 pm TABLE TENNIS CLUB Charter Club membership required		3 – 5 pm TABLE TENNIS CLUB Charter Club membership required
4 p.m. Aerobics Studio (AS)	INTERVAL STEP FREE <i>Ginny</i>		4 pm Weight Watchers Weekly Meeting	4 – 6 pm LINE DANCE CLUB Beg. 4-5 Int. 5-6 Charter Club membership required			
5 p.m. Aerobics Studio (AS)	5 – 6:30 PM ADVANCED LINE DANCE WORKOUT LINE DANCE CLUB Charter Club membership required	5 – 7 pm LINE DANCE CLUB Beg. 5-6 Int. 6-7 Charter Club membership required					
6 p.m. Aerobics Studio (AS)							2nd & 4th 5:30 – 7:30 pm SHALL WE ALL DANCE CLUB DANCE BASH Charter Club membership required
7 p.m. Aerobics Studio (AS)							

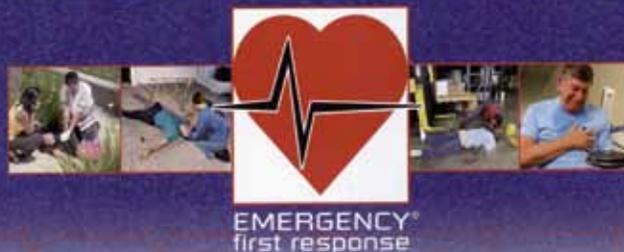
Log on to the web Portal at www.oursuncityshadowhills.net and check the Fitness Center page for class description.
Call the Fitness Center for more information 760-772-0430.

Utah Color Country



How do you describe the panoramic amphitheaters of red, yellow and brown limestone pinnacles of Bryce Canyon, or the waterfalls and delicate foliage set against the strangely colored sculpted sandstone, shale and limestone formations of Zion National Park? It's a picture that only Mother Nature could paint. Come and sign up for this amazing four day trip to the Utah Color Country that will take place on **Monday, May 25, 2009**. You will experience two of the most awe-inspiring National Parks that this country has to offer. The first night you will stay Buffalo Bill's Hotel in Primm, Nevada, where you will be able to relax and gamble. After that, you will travel to Utah where you will stay the night at Ruby's Inn at the entrance to Bryce Canyon National Park. You will be treated to a Tram Tour of Zion National Park as well as a guided tour of Bryce Canyon National Park with lunch at the historic Bryce Canyon Lodge. You will also be staying one night at the Casablanca Resort & Casino in Mesquite. A buffet dinner will be provided each night at your hotel as well as breakfast buffets in Primm and Mesquite. You can embark on this wonderful adventure for only \$510 for a double occupancy or add \$120 for a single occupancy. To sign up come down to the Fitness Center or call us at 772-0430. **Last day to sign up is Friday, April 24, 2009. No late registrations will be accepted.**

Emergency First Response:
Foremost in First Aid, CPR, and AED Training



CPR & AED CERTIFICATION

Thursday, April 2, 2009
Montecito Fitness Center
12 p.m. - 4 p.m.
\$45/person

Space is limited to 12 participants. Please register early at the Fitness Center to be included in this important certification!



Massages at the Montecito Fitness Center

April 13 & 27 from 9 am to 1 pm
April 10 & 24 from 8 am - 12 pm

Treat yourself to natural wellness with massage therapist John Rogers (J.R.) on Monday, April 13 & 27 beginning at 9 am. Chair & private full body massages are available. Chair massages are \$1 per minute and the full body massage is \$70 per hour. Call J.R. for appointments at 668-4669.

The massage therapists from A One Price Quality Massage Therapy will be here on Friday, April 10 & 24 beginning at 8 am.; full body and chair massages are available. The chair massages are \$1 per minute and the full body massages are held in a private room for 1 full hour at \$80. Call the Fitness Center to make your appointment today 772-0430.

Golf Shop



Golf Operations

by Chris Jones, PGA
General Manager/Head Golf Professional
Shadow Hills Golf Club
760-200-3375 ext.221
cjones@shaddowhillsgolfclub.com

Please note that the camera adds 40 pounds! I just wanted to take a quick minute to thank everyone for their warm welcome. I am very excited about this opportunity and look forward to getting to know each of the residents and to help you in having a great golfing experience. The staff is hard at work on preparing more events outside of the normal club events.

Please be on the lookout for email updates with Demo Day schedules as well as some new and exciting tournament formats. Please feel free to contact me at any time with any questions, comments, or concerns. Thank you!

The following are events for April:

Glow Ball Tournament

Saturday, April 11, 2009

6:30 pm Dinner in The Shadows Restaurant

7:30 pm Shotgun Start

Format: 4 player Scramble (9 holes)

Sign up in the Golf Shop by April, 7th.

Sign up as a foursome or by yourself and we will pair you up.

Price: \$35 per player for Residents, \$45 per player for non-residents

Price includes, 1 glow ball, golf and cart, dinner, and prizes.

Night Putting

Wednesday, April 29, 2009

7:30 pm Registration under the clock tower at the Montecito Clubhouse

8:00 pm Shotgun Start

Format- 2 Better Balls of the 4

Price: \$5 per person includes 1 glow ball per person, and prizes.



Anyone Can Learn To Putt!

by Don Gatch
Director of Instruction
Shadow Hills Golf Club



Putting is a true art, however, if you master the following techniques along with the proper putter type and properly adjusted, you can and will putt well and lower your score immediately.

As a player you want to develop a method for reading greens and being able to consistently get in your set-up position.

If you are serious about getting better, the following questions should be answered:

- Are you able to establish your intended target line?
- Can you repeat that set-up position?
- In your set-up position, is your putter open (aimed to the left), closed (aimed to the right) or square (aimed at the target)?
- What is the position of the clubface at impact (when the putter and ball make contact)?
- What is the putter path at impact? Is it inside out or outside in?
- Are you de-lofting or adding loft to the putter face at impact?
- Is the ball making consistent contact in the sweet spot (center) of the clubface?
- (Tempo) Are you able to adjust the speed of your stroke during the round for putts that are ending up too long or too short?

Have fun, good luck, and practice....practice.....practice!
Call Don for a private Putter Evaluation

Don't forget...

WEEKLY GOLF CLINICS – Approximately 1-Hour Each
New Clinics AVAILABLE IN MARCH, APRIL and MAY
Call Golf Shop For Details – 760-200-3375
Or call Don Gatch direct – 760-899-3829

Beginners – Wednesday 2pm - \$15pp

Women – Thursday 11am - \$15pp

Men – Wednesday 10am - \$15pp

Mixed – Tuesday 2pm - \$15pp

Singles – Friday 4pm - \$20pp (Includes two beverages - no clinic on Friday April 10)

Couples – Saturday 4pm - \$20pp (Includes two beverages - no clinic on Saturday April 11)

Juniors – Clinics in APRIL

Ages (9-12) and (13-17) – Approximately 1.5 Hours

- Friday April 10 (Good Friday) - 3:30pm – ages 9-12 - \$15ea
- Saturday April 11 - 9:00am – ages 13-17 - \$15ea



Play Safe

by Tony Chavez, PGA
1st Golf Professional

An errant shot is often a cause for embarrassment; however, we must put embarrassment aside and try to understand the cause of the errant shot as well as the consequences; one of the consequences being hitting errant shots towards the homes adjacent to our course. Please be mindful and yell "FORE" and do it loudly. Many times this season we have gotten feedback from homeowners almost being hit without a warning. Let's remember that we must play our game in the safest way possible.

Going back to my earlier point of trying to understand the cause of the errant shot, please make a mental note of the patterns your errant shots may have, so that when you go back for a swing tune-up your teaching professional will gladly use all of the objective feedback to provide you with the best corrective measures.

Take proper care of your golf course; remember to fix your ball marks on the greens, fill-in your divots with sand and seed mixture and remember to check in at least 15 minutes prior to your tee time.

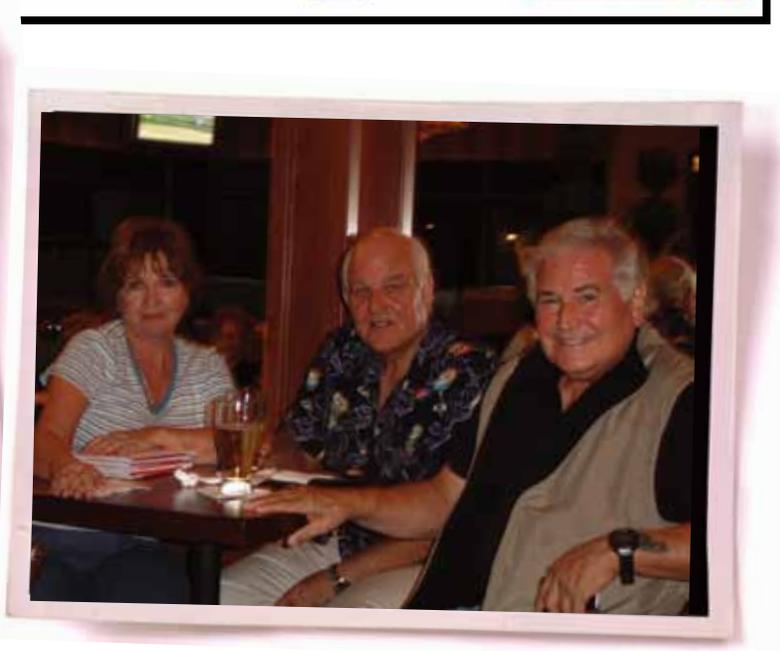
I'll see you at the turn.

Shadows
RESTAURANT
A Night Affair...

Monday
April 6th \$25
Prime Rib or Baked
Half Chicken

Wednesday
April 22nd \$25
Prime Rib or Baked
Half Chicken

Meals Are All Inclusive of
Tax Gratuity.
Reservations will be taken at
Shadows Restaurant.
Pre-Pay is Required to hold
Reservation. (No Refunds)
50 Reservations Are Needed
1 Week Prior to Dinner Date.
(Otherwise Dinners are Subject
to Cancellation)



Log On to the Lifestyle!

www.oursuncityshadowhills.net

The community website is accessible on the internet 24/7 to bring you the latest community news, event information, and announcements. But there's so much more! Check out our community website today.

TIP OF THE MONTH – RUNNING A CLASSIFIED AD

Did you know you can sell items for FREE on our community Website?

Once you've logged in, move your cursor to **Classifieds**, drop down to **Submit Classified Ad**, and click. You will go to the **Add Classified** screen.

The first two entries, **Category** and **Item Type** are self-explanatory. Drop these boxes down and make the appropriate selection. The next box, **Classified Type**, will give you two options, **Merchandise** and **Service**. (To use Service, you must be providing the Service for free. You cannot use the Classified Ads to advertise paid Services. These would go under **Marketplace**, and require that a fee be paid.)

In the **Headline** field, enter a brief title for what you are selling. The next fields are **Start Date** and **End Date**. The Start date will already be filled in. You can change this date if you wish, but you can only select dates in the future. Enter the **End Date**, which is the date you wish the ad to stop running. The date is entered as month/day/year, or you can click on the calendar and select your end date.

In the **Price** field enter your asking price. In the case of **Want Ads**, you can leave this field blank, or enter the amount you are willing to pay. The **Price Qualifier** field is not required to be completed, but

you can if you wish.

Phone number fields are also optional.

The **E-mail** address field will show your community website email so that buyers and sellers can contact you. This field can be changed to reflect your personal email address on AOL, Yahoo, etc, or can be left blank.

The **Description** field is required. Here, describe the items for sale or wanted in as much detail as you wish. When done, click **NEXT**. A new page will appear that shows you exactly how your ad will appear on the website when approved.

To the left of your ad will be displayed **No Image Available**. To add one or more photos of your item, click **Browse** to find the photo stored on your computer that you wish to use. Click on the photo and select **Open**. The photo filename should now show in the box to the left of **Browse**. Now click **Upload Image**, and your photo will appear to the left of your ad. For multiple photos, repeat these steps.

Once you have entered your photos, or if you chose not to add photos, you are done with your ad. Click **Submit Classified** and it will be sent for approval. To add additional items, repeat these steps. You can only add one item at a time.

Need more help? Call the Lifestyle Department.

(Tip contributed by Mike and Donna Levinson, residents and website experts at Solera Diamond Valley.)

Never used our community website before?

Go on the internet to the [www](http://www.oursuncityshadowhills.net) address at the top of this page, then click on **New User Registration** and follow the instructions.

And have fun!

Security Update

Electronic Alarm System Can Prevent Major Loss

by Ray Boyd, Chairman, Boyd & Associates

Spending \$500 to \$5,000 on a sophisticated home security system might be a tough idea for you to accept, but it could be well worth it in the long run. If you compare that cost to the loss of jewelry, appliances, a valued coin collection, artwork or even the house itself, a modern electronic protection system, monitored twenty-four hours a day by a professional alarm company, could turn a major loss into just a close call. Within seconds of an intrusion or first whiff of smoke, a trained central station operator will notify the police or fire department. Many alarm companies also offer private alarm response service by an armed patrol officer in a radio-dispatched vehicle.

The system sends signals to your alarm company's central station through your existing telephone lines utilized by the regular phone instrument in your home. There is no extra charge by the phone company for this service; however, there is a one-time cost to install a special jack used to connect the alarm equipment to the phone system. In the event of an alarm, the communication between your alarm system and the central station occurs within seconds. Fast action by your alarm company can alleviate a problem quickly and help avoid a costly disaster.

When choosing an alarm system, make sure:

- The system can be used when you are at home or away.
- Your living habits won't be changed due to some inconveniences caused by the alarm system.
- The system has the capacity for:
 - o Burglar alarm
 - o 24-hour fire alarm
 - o 24-hour panic alarm
 - o 24 hour medical alert
- The alarm company has its own central station/(preferably an Underwriters Laboratory approved central station).
- The system provides local noise, a bell, horn, siren, etc.
- The system has backup battery power protection.

Emergency Preparedness

by Erica Hedlund, EPC Chair

IT'S TIME TO TAKE INVENTORY OF YOUR EMERGENCY SUPPLIES

More than a year has passed since many of you purchased or gathered emergency supplies and packed them away for later use. Now it's time to take inventory of those supplies because you probably don't remember exactly what you packed away. Moreover, you have probably acquired more knowledge about the kind and amount of supplies you will need when a disaster strikes, so take a few minutes to list everything in your emergency supply kit and the expiration dates of your food and water. Then attach the list to the outside of your kit so it's easily accessible. Take notes and make plans to change or supplement your supplies, as needed, to sustain yourself and household members with food and water for at least 7 to 14 days.

Did you remember a can opener for canned goods? And a scissors or knife to cut bandages or to open those plastic packages? How about a supply of toilet paper and other hygiene supplies? Batteries for your flashlight and radio? Emergency cash in small bills? All of these items are essential in an emergency. Several residents in Sun City Shadow Hills sell survival kits and emergency supplies at discount prices: Al Frischer at 972-4621; Bob and Sharon Harris at 345-3283; C.J. Mobley at 610-1957. Call any of them and ask to see their merchandise. Bob Rosenberg at 347-7347 has a unique device that locks your kitchen cabinets on the inside and won't let your dishes fall out when the earth shakes. Just a little push on the outside will open the cabinet.

If you are new to Sun City Shadow Hills and are unfamiliar with emergency preparations, please read the wealth of important information on pages 75 through 78 in our 2008/2009 telephone directory. It may save your life! If you have questions about emergency preparations in your home, please contact your Zone Leader who will direct you to the appropriate Street Leader who will help or guide you to the correct solution.



Vivian Chertok from the Afternoon Bridge Club gave \$374.94 to Lila Goodman, EPC Treasurer, for medical and printing supplies.

EPC ZONE LEADERS

ZONE #	TELEPHONE #
1. Fred Ashley	772-0552
2. To be determined	
3. Jim and Linda Garon	200-3431
4. John and Debbie Council	360-9331
5. Howard Friedlander	345-5464
6. Paula Nadel	262-8277
7. Bill Bailey	347-6096
8. George Cerny	347-9408
9. Frank Bens	610-2648
10. Gilbert Belfatto	262-8408
11. To be determined	----

DRC Committee

by Jim Wieborg

WEEDS! Many of you have pulled your weeds but new ones are coming up. Keep checking and pulling and you will stay ahead of them.

CORNER LOTS! It is nice to have a large corner lot but you also have a larger area to maintain. Please remember that you are responsible for the area between your wall and the street; the weeds, overgrown shrubs, etc.

IRRIGATION WATERING TIMES! I had hoped to find a concise, small chart that would show each homeowner how many irrigation cycles and the timing of each cycle for each month that they need to use for their landscape. There is no such thing! The Coachella Valley Water District (CVWD) has much information but it doesn't fit in this small space. CVWD does publish a pamphlet titled "Water Wise at Home" that contains an Irrigation Guide that each homeowner needs. The information for April is: Shrubs—one gallon of water per day, five times per week; Trees—17 gallons of water per day, five times per week; grass—11 minutes per day, 7 days per week.

That is wonderful information, but most of you probably don't know how much water your drip irrigation system puts out per hour. To find out, measure how many seconds it takes one drip emitter to fill a tablespoon. If it takes 14 seconds, the emitter is rated one gallon per hour (gph); 7 seconds equals 2 gph; 4 seconds equals 4 gph. Adjust your cycle timing accordingly.

For more detailed information you can visit their website at www.cvwd.org.

News From the Library

by Sandy Kanellis and Darcy Muir

Books! Books! And more Books! Thank you for your wonderful donations. Please remember not more than 10 books per family per month. Your magazines have been a big hit—again, no more than 2 months old.

Have you forgotten our donation box? It is located in the bookcase next to the fireplace. A dollar a month per user will go a long way in buying necessary supplies.

We are also collecting childrens books (K-12) to donate to a shelter. Please leave them in the donation basket.

We have a limited supply of Books on Tape. They are located under the donation slot. These are popular and we could certainly use lots more.

For our new users...we are an honor system library. April is a perfect month for outdoor reading. Read and enjoy!!



We Thank Our Lifestyle Desk Volunteers

William Abel
Jim Adamik
Karen Adamik
Kathleen Becker
June Boyle
Judee Case
Gail Clarke
Diane Cohen
Sheila Cohen
Annette Dantoine
Ione Davis
Janet Deiro
Nancy Denier
Carol Dorler
Jan Dybdal
Linda Eady
Rosalie Ellman
Kathee Eskridge

Eleanor Fisichelli
Lee Frank
Merle Freedman
Julia Gee
Diane Gromada
Lori Hanson
Judy Jones
Marilyn Jones
Aggie Jordon
Sandy Kanellis
Young-Ok Kim
Christine Krysa
Yvonne (Bonnie) Lambert
Connie Lara
Thelma Levine
Phil Mastrelli
Chris McShaffrey
Carol Miyasato

Judy Namak
Jancey Niethold
PJ Nilson
Donna Page
Ellen B. Plach
Lee Powell
Cathie Riddle-Weiser
Pat Rosandich
Paul Runyon
Charlene Sandin
Paul D. Scoggin
Eloise Searls
Ruth Stevens
Christine Tremonti
Gail Ueland
JoAnn Walters
Sharon Warner

Make sure you RSVP at the Lifestyle desk for the Volunteer Luncheon being held on April 24th, 2009

CHARTERED CLUBS

BRIDGE CLUB

Roy Krapes 760-469-8237

The purpose of our Club is to have fun playing bridge and meeting new players. Our duplicate players meet every Tuesday afternoon from (note our NEW hours) 12:30 to 4:00 pm. We also meet every Thursday night from 6:30 to 9:30 where we play "Chicago" or party style bridge. We normally play in the new Capistrano card room, but check the podium in the clubhouse lobby for any last-minute changes. Although you don't need a pre-determined partner, most of our players make arrangements ahead—especially for duplicate. Bridge lessons are held periodically throughout the year for the new person or those that want a refresher course. Anyone interested should contact Al Barish at 760-772-9409 for beginning classes or Roy Krapes for intermediate lessons. In April, we will be nominating and electing new officers for the upcoming year that begins July 1st. Lastly, our membership dues are only \$10 per year. Come join us for a little Bridge.



CERAMICS CLUB

Aileen Neitlich 760-347-0151

The Ceramics Club meets from 9 am to 12 pm on Tuesdays and Fridays in the Cambria Room. Due to the enthusiastic response generated by our membership, we currently have a waiting list. We suggest that you drop by to visit and see how much fun we are having. Our instructor is Gretchen Uslander, who has been involved with ceramics for many years.

COMMUNITY SINGERS CLUB

Pat Rosandich 760-343-0783

Meeting Dates: Mondays at 6:30 pm. Throughout spring we'll learn more about ensemble/choral singing, and we intend to have a lot of fun in the process. Members will be moving and grooving to all types of music while honing skills of blending, sight-singing,

large- and small-group part-singing, and harmonizing by ear. No prior experience is needed; our only prerequisite is that you come ready to have fun. If you've ever thought about singing in a group and would like to learn how to feel confident doing so, join us on Monday evenings between 6:30 and 8:00 pm in the front half of the Ballroom. We will not be meeting on April 6th or on April 13th, and we will go dark from June through August.



COMPUTER CLUB

Robert DeLaurenti 760-345-0691; Mary Birch 760-834-8320

Our next meeting is Tuesday April 28, 2009 at 4:00 pm. At this meeting, we are happy that one of our own members, Carol Wilson, will lead a question-and-answer session. Carol

has requested that members and non-members who wish to attend submit their questions via e-mail to Dwight Carlson (dbacar@verizon.net) by April 20, 2009, so that she can prepare. Also in April, we plan to have Walter Goldsmith give a two-hour session on computer security, flash drives, and hard drives. We are not yet sure of the date and time, so please keep your eye open for a flyer and an e-mail that we will send in April. At our March meeting, Josh, the manager of Staples in La Quinta, discussed the new anti-jam shredder. Josh also raffled off a desk chair to those present at the meeting. Please let our club officers know of any suggestions you may have or any topic you would like for us to pursue.

CONCERTS 4 U CLUB

Gloria Lash 760-393-8541

Meetings: first Tuesday of the month at 7:00 pm, but concert dates vary. The Concerts 4 U Club provides SCSH residents with opportunities to enjoy great talent at affordable ticket prices. Thanks to those who came to the Marco Mendez Concert! Marco has been very generous to Sun City Shadow Hills. We appreciate his contributions so much! Join us on Tuesday, April 7, 2009, at 7:00 pm for "An Evening with the Phantom" starring one of our neighbors, Rose Kingsley. She and her friends will present an evening of music by Weber, Sondheim, and some incredible classical selections. Mark your calendars for this wonderful event! On May 16th, Concerts 4 U will present "Three for the Road" starring Grant Griffin, Poupee Boccaccio, and Richard Bono, three wonderful talents from Las Vegas. Our regular meetings are "Socials" – so bring a dish of finger food, dessert, or snacks and join us. Our next "Social" is on Tuesday, June 2nd, at 7:00 pm. Membership in our club offers you preferred seating at all concerts plus a \$2.00 discount off your concert ticket. There are also opportunities to volunteer at our concerts. To join, just come to a meeting; or pick up a membership form at the Lifestyle desk, attach your \$10 check for dues, and deposit them in our mailbox (located in the library area next to the computers). If you have any questions, call Gloria Lash.

COUPLES GOLF CLUB

June Nautel 760-393-2930

We welcome all new golfers with an established handicap! We meet the first and third Sunday of each month, and we have a terrific Pot Luck After-Party. Our club now has over 160 members and is still growing. In February we had our first couples Member Guest Tournament. It was a great success – thanks to all that helped make it so – and we’re looking forward to the next one. If you wish to join Couples Golf, sign up at the Pro Shop or contact June, 760-393-2930. Our membership fee is \$5.00 per person. See you on the golf course.



CREATIVE ARTS CLUB

Marcia Gewelber 760-469-5258;
Fred Ashley 760-772-0552

The Creative Arts Club meets twice weekly, Mondays and Thursdays, from 9 a.m. to noon. Currently,

we create in pen & inks, oils, watercolors, and acrylics. We now have two ongoing classes within our club meetings. BEGINNING WATERCOLOR, which has been tremendously successful, with talented watercolor artists giving private lessons to participants. In addition, we will start BEGINNING SCULPTURE. No experience is required to join either class. For those interested in joining our club, please call Marcia or stop by our room to see how exciting it is. We continue to host tables for the Lifestyle Brew and Meet Your Neighbor, where we meet and greet new homeowners and encourage them to join the club. Our Corporate Way Art Walk in March was very successful; we plan more walks in the future. When possible, stop by the Montecito Clubhouse to see our “Artist of the Month” exhibit located on the outside Library wall. The talent of our artists will amaze you. Until next month, happy painting! Our club is beginning a sculpture interest group! We will have classes and work sessions on Tuesdays and Thursdays at 9 am in the Cambria Room for beginners and experienced sculptors. If you’re interested, come to the meeting or email me (Ed Lustig) at ealsr4ever2@yahoo.com, or call me at 760-636-4113.



DESERT LIFE CLUB

Marilyn Jones 760-343-7751;

Linda Garon 760-200-3431

You will not want to miss the final fashion show for the 2008-2009 year! On April 21, Drapers and Damons will present the latest fashions for summer at Palm Valley Country Club,

which is located on Country Club Drive (5th traffic light after turning right onto Country Club off Washington). The luncheon (barbecued tri-tip) will be served at 12 pm; sign-in and seating begin at 11 am. The cost is \$17 for members and guests. Checks only (no cash) should be made payable to “SCSH Desert Life.” These may be turned in to the locked mailbox located in the Library area or at the Tea at 2 on April 14, which is the deadline. You may also pay for an upcoming luncheon at the previous luncheon. If you make a reservation, but find that you are unable to attend, call Linda Garon, 760 200 3431, as there may be someone who missed the deadline and would like to purchase your ticket. For further information and to meet friends and neighbors, please come to the Tea at 2 on the April 14, or call Marilyn Jones at 760-343-7751 or Nan Charloff at 760-200-4940. We look forward to seeing you at both of these events! Remember: Tea at 2 is held on the 2nd Tuesday of each month, and the luncheon is on the 3rd Tuesday.

GAMES PLUS CLUB

Carol Dorler 760-200-3255

Our club meets once a month for dinner and games. You'll enjoy a full meal with beverage and dessert for only \$10. You will also receive a raffle ticket when you check in for a chance at the door prizes. Each month there is a flyer in the turnstiles at the Lifestyle desk and the Fitness Center. Please complete the registration form, make your check out to SCSH Games Plus, and drop them off in the mailbox next to the Library. We begin at 6:00 pm with dinner, and the games start around 6:30. You'll have a great time and make new friends, maybe even learn new games. The most played is Mexican train; each table seems to have its own rules, which makes it more interesting. We also have scrabble, mah jongg, rummikub, and up word. Our meeting this month is April 17th. We look forward to seeing you there.

HAPPY TAPPERS CLUB

Roann Krasner 760-772-4962;

Pat Rosandich 760-343-0783

April will be a very special month for us: we are planning our year-end performance and luncheon for members and their guests. In addition, we will be having our annual election of officers. We continue to encourage new members to join us every Saturday at 10:00 am in the Aerobics Studio. No experience is necessary – both guys and gals are welcome. You will be rewarded with exercise, new friends, and fun. For more information call President Roann Krasner, 760-772-4962, or Treasurer Pat Rosandich, 760-343-0783.

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April 2009

Sunday	Monday	Tuesday	Wednesday
			1 April Fool's Day  8:00a Private Event (MIR) 9:00a Creative Arts (CAM/MIR) 12:30p Mah Jongg (BH) 1:00p Kings & Queens (CAP) 4:00p Camera Club (CAM) 4:00p Weight Watchers (AS) 6:00p Opera Club (FH) 7:00p Billiards Club (PAC)
5 4:00p Couples Golf (CAP/WSP) 	6 7:00a Lady Putters (CAP) 9:00a Creative Arts (CAM/MIR) 12:30p Stitch In Time (CAM) 1:00p Games Plus Scrabble (CAP) 3:00p Play Reading (SY1) 6:00p Community Singers (FH) 6:30p Pan (CAP) 7:00p Topical Discussion (CAM)	7 9:00a Ceramics (CAM/MIR) 9:00a Farmers Market (BW) 9:30a DRC Meeting (MAR) 12:00p Indio Noon Rotary (SY2) 12:30p Duplicate Bridge (CAP) 6:00p Kings & Queens (CAP) 7:00p Concerts 4 U: Rose Kingsley (BR)	8 9:00a Creative Arts (CAM) 10:30a Security Meeting (MAR) 12:30p Mah Jongg (BH) 1:00p Kings & Queens (CAP) 3:00p Golf Advisory Committee (CAM) 4:00p That's Entertainment (SY) 4:00p Weight Watchers (AS) 7:00p Billiards Club (PAC) 7:00p Performing Arts (MAR)
12	13 7:00a Lady Putters (CAP) 9:00a Creative Arts (CAM/MIR) 9:00a Massage (SY2) 10:00a Chartered Club Officers (FH) 12:30p Stitch In Time (CAM) 1:00p Games Plus Scrabble (CAP) 2:00p Men's Golf Board (SY2) 6:00p Community Singers (FH) 6:30p Pan (CAP)	14 9:00a Ceramics (CAM/MIR) 9:00a Farmers Market (BW) 9:30a DRC Meeting (MAR) 10:00a AARP Medicare Seminar (CAP) 12:00p Indio Noon Rotary (SY2) 12:30p Duplicate Bridge (CAP) 2:00p Desert Life Tea (MAR/SY1) 6:00p Kings & Queens (CAP)	15 7:30p Men's Golf (FH) 9:00a Creative Arts (CAM) 12:30p Mah Jongg (BH) 1:00p Kings & Queens (CAP) 1:00p Women's Golf (FH) 4:00p Tax Day Soup Kitchen (CL) 4:00p Weight Watchers (AS) 6:00p Pet Club (CAP) 6:00p Tax Day Dance Party (FH) 6:30p Democrats In SCSH (CAM) 7:00p Billiards Club (PAC) 7:00p Veterans Club (MAR)
19  3:30p Blazing Pianos (BR) 4:00p Couples Golf (CAP/WSP) 5:00p Solo's Club (CAM/MIR) 7:30p Blazing Pianos (BR)	20 7:00a Lady Putters (CAP) 9:00a Creative Arts (CAM/MIR) 12:30p Stitch In Time (CAM) 1:00p Games Plus Scrabble (CAP) 3:00p Play Reading (SY1) 6:00p Community Singers (FH) 6:30p Pan (CAP) 7:00p Topical Discussion (CAM)	21 9:00a Ceramics (CAM/MIR) 9:00a Farmers Market (BW) 9:00a Women's Golf (FH) 9:30a DRC Meeting (MAR) 11:30p Indio Noon Rotary (SY2) 12:00p Desert Life Luncheon (Offsite) 12:30p Duplicate Bridge (CAP) 6:00p Kings & Queens (CAP) 6:00p Performing Arts (BR) 6:30p RV Club (CAM/MIR)	22 Earth Day  9:00a Creative Arts (CAM) 12:30p Mah Jongg (BH) 1:00p Kings & Queens (CAP) 4:00p Weight Watchers (AS) 7:00p Billiards Club (PAC) 7:00p Tutta Bella Vino (BR)
26 10:00a Performing Arts (FH)	27 7:00a Lady Putters (CAP) 9:00a Creative Arts (CAM/MIR) 9:00a Massage (SY2) 10:00a Executive Session (SY2) 12:30p Stitch In Time (CAM) 1:00p Games Plus Scrabble (CAP) 2:00p Board Meeting (BR) 6:00p Community Singers (FH) 6:30p Pan (CAP)	28 8:30a Finance Committee (SY1) 9:00a Ceramics (CAM/MIR) 9:00a Farmers Market (BW) 9:30a DRC Meeting (MAR) 11:30a Indio Noon Rotary (SY2) 12:00p CAM Meeting (MAR) 12:30p Duplicate Bridge (CAP) 2:00p Readers Ink (SY1) 4:00p Computer Club (FH) 6:00p Kings & Queens (CAP) 7:00p Performing Arts (FH)	29 9:00a Creative Arts (CAM) 12:30p Mah Jongg (BH) 1:00p Kings & Queens (CAP) 2:00p Performing Arts (FH) 4:00p Weight Watchers (AS) 6:30p That's Entertainment (FH) 7:00p Billiards Club (PAC)

Calendar of Events

Thursday	Friday	Saturday
<p>2</p> <p>8:00a Private Event (SY2) 9:00a Creative Arts (CAM/MIR) 12:00p Beginners Ukulele (MIR) 12:00p CPR Certification (AS) 12:30p Pan (CAP) 1:00p Ukulele Strummers (MIR) 6:30p Bridge (CAP) 7:00p Tennis Club (MAR)</p>	<p>3</p> <p>8:00a Private Event (SY2) 9:00a Ceramics (CAM/MIR) 9:00a Covenants Meeting (MAR) 7:00p Movie: <i>Max Payne</i> (FH)</p>	<p>4</p> <p>HOA Office Open 8am - 12pm</p>  <p>7:00a Del Webb Fitness Challenge (FC) 10:00a Happy Tappers (AS) 4:00p Private Event (BR) 4:00p Private Event (CAP)</p>
<p>9</p> <p>9:00a Creative Arts (CAM/MIR) 10:00a AARP Medicare Seminar (CAP) 12:00p Beginners Ukulele (MIR) 12:30p Pan (CAP) 1:00p Ukulele Strummers (MIR) 4:00p Oke Dokey Karaoke (SR) 6:00p Chartered Club Officers (BR) 6:30p Bridge (CAP)</p>	<p>10</p> <p>8:00a Massage (SY2) 9:00a Ceramics (CAM/MIR) 7:00p Movie: <i>The Express</i> (CAM/MIR)</p>	<p>11</p> <p>10:00a Happy Tappers (AS/FH)</p>
<p>16</p> <p>8:30a Coffee With A Cop (CAP) 9:00a Creative Arts (CAM/MIR) 9:30a Communications Meeting (SY2) 12:00p Beginners Ukulele (MIR) 12:30p Pan (CAP) 1:00p Ukulele Strummers (MIR) 6:00p Health Speaker (BR) 6:30p Bridge (CAP)</p>	<p>17</p> <p>9:00a Ceramics (CAM/MIR) 10:00a New Home Orientation (FH) 4:00p Meet Your Neighbor (CL) 6:00p Games Night (FH) 7:00p Movie: <i>Nights In Rodanthe</i> (CAM)</p>	<p>18</p> <p>10:00a Happy Tappers (AS)</p>  <p>Wild West Day 1:00p Line Dancing (BR) 3:00p Kountry Karaoke (BR)</p>
<p>23</p> <p>9:00a Creative Arts (CAM/MIR) 11:00a Men's Golf (BR) 12:00p Beginners Ukulele (MIR) 12:30p Pan (CAP) 1:00p Ukulele Strummers (MIR) 4:00p Oke Dokey Karaoke (SR) 6:00p Performing Arts (BR) 6:30p Bridge (CAP)</p>	<p>24</p> <p>8:00a Massage (SY2) 9:00a Ceramics (CAM/MIR) 9:00a Electronics Recycling (PRK)</p>  <p>12:00p Volunteer Luncheon (FH) 7:00p Movie: <i>Swing Vote</i> (CAM/MIR)</p>	<p>25</p> <p>10:00a Happy Tappers (AS)</p>
<p>30</p> <p>9:00a Creative Arts (CAM/MIR) 12:00p Beginners Ukulele (MIR) 12:30p Pan (CAP) 1:00p Ukulele Strummers (MIR) 6:00p Performing Arts (FH) 6:30p Bridge (CAP)</p>		

You may sign up or purchase tickets to Lifestyle events at the Lifestyle Desk in the Montecito Clubhouse. (760) 772-9617

Legend

AMP – Amphitheater
 AS – Aerobic Studio
 BC – Bocce Courts
 BH – Back Half Ballroom
 BR – Ballroom
 BW – Breezeway
 CAM – Cambria
 CAP – Capistrano
 CL – Clubhouse Lobby
 FC – Fitness Center
 FH – Front Half Ballroom
 GC – Golf Clubhouse
 KSK – Kiosk (Café)
 MAR – Marisol
 MIR – Mirada
 PAC – Pacifica
 PC – Putting Course
 PRK – Parking Lot
 SR – Shadows Restaurant
 SY – Santa Ynez
 SY1 – Santa Ynez I
 SY2 – Santa Ynez II
 TC – Tennis Court
 WSP – West Side Patio

CHARTERED CLUBS

Continued from page 25

LADIES 9-HOLE GOLF CLUB

Vivian Chertok 760-238-6621; Diane Phillips 760-393-8515

Ladies 9-Hole Golf is a group of fun-loving ladies who enjoy relaxed golf. Our season has officially begun: we play every Tuesday at 2:15 pm using a shotgun format (which means we all start playing at the same time). On the first Tuesday of the month (for those who are interested), we meet for lunch and then play a scramble or other fun-style game. Sign-up sheets are posted the week before play on the bulletin board in the Pro Shop. If you wish to play, please sign up by 10:00 am on Monday as we need to set up the shotgun format and determine the number of holes we need cleared for Tuesday. Membership is \$15 per season. You are welcome to join us for a round of golf before you officially join the club. We have a lot of fun and welcome new players and members.

LIVELY LINERS CLUB

Jan Dybdal 760-360-3648; Char Houskin 760-347-3491

Linda Eady, Instructor, lindaeady@gmail.com

Line dancing is probably the most socially rewarding experience you can have. It is exactly what it sounds like – men and women dancing in lines to music. Although originally done to country tunes, the Lively Liners dance to all types of music. And, although we usually all do the same steps, we occasionally have senior moments – and then anything can happen! Don't worry, right or wrong, it all adds to the fun. Linda Eady volunteers her time to teach beginner, intermediate, and advanced classes in the Aerobics Studio. (Check out the fitness schedule in The View for exact times and days.)

Eight Good Reasons to Line Dance in 2009

1. Good, down-home, clean fun.
2. Exercise in disguise, we'll take line dancing over the gym any day!
3. Country music – and more.
4. Easy to learn. If you can count to eight, you can line dance!
5. Guys in Wranglers, gals in tight jeans.
6. Easy atmosphere to go solo.
7. Something different to do.
8. Ladies... hello!?! A reason to buy another pair of boots!

MAH JONGG CLUB

Joyce Gabai 760-262-8593

Spring is in the air: the flowers are growing, and so is our club. We have had as many as 14 tables playing. It's been very rewarding to see how some of our newer members are progressing and enjoying the game. Mah jongg is a fun and challenging Chinese tile game that has been enjoyed by many through the years. We have many different levels of players, and all are welcome. This is a wonderful way to meet people, exercise your brain, and have a good time all at the same time. We meet on Wednesdays at the clubhouse and start to play at 12:30 pm – hope to see you there. Please let us know if you are coming for the first time so that we can welcome you. Lessons might be available – call Joyce if interested.



MEN'S GOLF CLUB

Marvin Sage 760-360-7117

Our next general membership meeting will be Wednesday morning, April 8, at the clubhouse. Coffee and donuts will be available from 7:30 to 8:00 am, when the meeting starts. There will

be lots of FREE items available to those who attend. For members who have not received their 2009 caps, these will be available, too. This will be our last general membership meeting until July 8. Our membership continues to grow. If you're a new resident and would like to join our club, contact Pete Anderson, our membership chairman, at golfexpert@earthlink.net or pick up an application at the Pro Shop. Our club championship was played in February. The club champion was John Delaney. The club net champion was Greg Middlebrook. Both received a beautiful trophy at our March general membership meeting. Our match club championship began in February and will be concluding soon. Of course, we still have our weekly tournaments on Thursday morning. On March 25 and 26, the Men's Golf Club and the Ladies Golf Club played together at their second annual two-day tournament. Everyone enjoyed themselves and the camaraderie they shared.

Please save the date of Saturday, December 12, for our second annual holiday party. As you can tell, we're an active group. We play competitive golf, which means you must have an established index from SCGA. See you on the golf course. Stay on the short grass, and hit it straight!

MOTORCYCLE RIDES

Craig Barcus 970-201-3215

If anyone is interested in weekly motorcycle rides, please contact Craig Barcus. We plan to meet at the parking lot in front of the clubhouse on Wednesdays at 10:00 am. Someone makes a suggestion about a destination, and we then motor there for lunch. The usual ride is 150 to 200 miles total. Occasionally we will meet an hour early and take a longer ride (to Lake Havasu City, La Jolla, or Yuma, for example).

OKE-DOKEY KARAOKE

Richard Arnold 200-3500/rzarhold@aol.com

Due to overwhelming demand, Oke-Dokey Karaoke is moving back to The Shadows Restaurant. In April we will meet on the 9th and the 23rd from 4:00 to 7:00 pm, and The Shadows offers special prices on drinks and snacks. You don't need to be an accomplished singer to join in; you only need a desire for fun. We have thousands of available songs from which you can choose. And if you want to sing but don't want to sing alone, we also have plenty of people who will join you for a duo, trio, or quartet. We even have group sing-alongs throughout the evening. Even if you don't want to sing, we encourage you to come and enjoy the fun. Come early to mingle and sing along with your friends and neighbors, and to enjoy the atmosphere of The Shadows Restaurant.

OPERA CLUB

Ralph Gabai 760-262-8593

From April through June, we will be presenting the following operas:

April: I Puritani by Vincenzo Bellini

May: Lakme by Leo Delibes

June: Girl of the Golden West by Giacomo Puccini

These are all outstanding productions introduced by Joe Cifarelli, our resident opera “guru,” who always provides great insight to the performances. By the way, if you have never seen cowboys singing in Italian, this is your chance with Girl of the Golden West. We continue to meet at 6 pm in the Montecito Main Ballroom and welcome new members. We look forward to seeing you at the opera.

PAN CLUB

Judy Shuman 760-393-8487

Where does the time go? The year of 2009 seems to be rushing by. And we are enjoying our beautiful weather. Our club is still active and, if you are interested, please call President Judy Shuman, 760 393 8487, for information. We meet at the clubhouse every Monday at 6:30 pm, and every Thursday at 12:30 pm. We are very fortunate to have a member who has volunteered to teach the game of pan. Or if you are a little rusty at the game and need a refresher course, call Dolores Berniker, 760-200-3355. She will give you the times and details of the classes. See you at the tables.

PERFORMING ARTS CLUB

Paul Runyon 760-469-3252

Meeting: 2nd Wednesday of the month, 7 pm. Recall the thrilling days of yesteryear when out of the wooden box came adventures to capture your mind! Do you remember RADIO? It was the medium that ignited your imagination to conjure up the Who, What, and Where of shows like The Phantom (only HE KNOWS), and Fibber McGee’s cluttered closet! On May 1st, 2nd, and 3rd, have the time of your life when the Performing Arts Club invites you to join us for Radio Days, directed by Fred Ellsberg. We will recreate for you an old radio studio where all of our radio dreams started. Visit with “My Friend Irma,” “Boston Blackie,” and “Baby Snooks”! Talk about stirring up memories! So, set aside the first weekend in May to enjoy our stage show, Radio Days! Tickets are on sale now at the clubhouse for \$10. At our regular monthly meetings, we do one-act play readings, scenes, charades, and fun activities that require no memorization. We have a great evening together! Membership in our club only requires that you have a desire to have FUN! So, come join us! Whether you like appearing on stage – or working behind-the-scenes, or in any capacity – or if you just like to watch the excitement, please join us. It is fun, exciting, and (most important) very satisfying. Dues are \$10 a year. Contact Paul at 760-468-3252 if you have questions.

CHARTERED CLUBS

PET CLUB

Joyce Lowder 760-360-7754

Regular meeting date: 3rd Wednesday of each month, potluck begins at 6:00 pm in the clubhouse. The second annual Pet Expo, held on March 29th at the clubhouse, was enjoyed by all who attended. Thanks to the expo committee and everyone for the team effort that contributed to its success. For members of the community who were following the recent proposed bill to tax veterinary services, we were pleased that efforts paid off to remove the proposal from the state budget. Thanks to everyone who took the time to write to Sacramento. Please join us at our April potluck and meeting, on Wednesday, April 15th, which will feature animal communicator Cherie Vergini, who believes EVERYONE can communicate with animals. Join us for this interesting evening to learn how you can better communicate with your present and past pet. On another note, the club receives occasional calls from residents with complaints and suggestions regarding the pet park and other related community pet or pet owner issues. I want to clarify once again the purpose of the Pet Club. The club seeks to provide informative and interesting presentations and activities in a social setting to educate pet parents and further the well being of our four-legged residents. We also provide chipping opportunities and programs to help identify our pets who may be come lost or in the event of a disaster, and we support animal related non-profit organizations in Coachella Valley. I want to stress that we do not have authority over the dog park including incidents that may occur, safety concerns, disputes, or changes and improvements to the park. Please direct any such concerns or suggestions to the SCSH Homeowners Association or to Security and not to the Pet Club. Also, we continue to encourage responsible pet parenting and training; but we have no control over those who choose not to accept that responsibility.

READERS' INK CLUB

Joan Dzuro 760-347-6496

Meeting date: 4th Tuesday of each month, 2 pm. Readers' Ink is a book discussion group for all who enjoy a good read — over 46 books so far, ranging from current bestsellers and classics to works of newly discovered authors. (Check them out on the group’s web page at www.oursuncityshadowhills.net.) April’s selection is The Reader, by Bernhard Schlink (now a major motion picture as well, garnering a Best Actress Oscar for Kate Winslett). “Set in postwar Germany, this formally beautiful, disturbing, and finally morally devastating novel...ensnares both heart and mind.” (LA Times) And for those who like to read ahead, in May we’ll be reading The Story of Edgar Sawtelle by David Wroblewski. Newcomers are always welcome to attend.

Continued on page 30

CHARTERED CLUBS

RV CLUB

Jack Dorler 760-200-3255

Our last trip took us to Niland Fountain of Youth Spa RV Resort, where we had a great time. This month we're planning a trip to Carlsbad to see the blooming flower fields; and May will find us at The Springs at Borrego RV Resort. In June we'll be in Temecula for the Temecula Valley Balloon & Wine Festival. And an extended trip to the Albuquerque Balloon Festival is planned for October. We have a great time together, and if you'd like to see what the SCSH RV Club is about, why don't you come to our next meeting on Tuesday, April 21st, at 6:30 pm to find out more!

SHALL WE ALL DANCE CLUB

Linda Eady - lindaeady@gmail.com

Barbara Rodin - BRODIN@dc.rr.com

Lots of be-boppers, line dancers, free-stylers, and ballroom dancers were "wearin' the green" at our St. Paddy's Day event. Couples, guests, and singles enjoyed all things Irish as they kicked up their heels on our spacious clubhouse dance floor. This month we are working in conjunction with the SCSH HOA on a "FREE Tax Time Soup Kitchen and Dance Party." We can't avoid paying taxes, but we don't have to let it get us down! Plan to join us on Wednesday, April 15, for a soup kitchen from 4 to 6 pm plus a dance party from 6 - 9 p.m. And, for more fun and heart-healthy exercise, attend our "dance bash" from 5:30 to 7:30 pm in the Aerobics Studio on the second and fourth Sundays each month. (First hour: informal ballroom dance lessons for couples and singles. Second hour: open dancing.) Club members attend most dance parties for free, so pick up an application from the kiosk near the Lifestyle desk, fill it out, and deposit it, along with your \$10 per person annual dues check made payable to "Shall We All Dance," in our mailbox located in the Library area.

SOLOS CLUB

Marilyn Hodges 760-345-1899

Our monthly meetings are held on the 3rd Sunday of each month; the next meeting is Sunday, April 19, 2009, at 5 pm at the clubhouse. Activities planned for the upcoming months include: Palm Springs Follies, Saturday, April 18, at 1:30 pm; the cost is \$44 per person, with 20 or more attending. Make your check payable to SCSH Solos, and drop it in the Solos mailbox at the clubhouse. Dinner outing, Saturday, May 2, at the Cafe Italia; the cost is \$25 per person. RSVP checks will be accepted through April 19th, our next meeting. We will be holding a potluck on Sunday, June 14, at Marilyn Hodges' home. More information will be provided at our next meeting. Ongoing activities: The Shadows Restaurant, every Friday from 4 to 6 pm for happy hour and networking. Guests are always welcome. At our April 19th meeting we will announce the results of elections for the upcoming year; and we will have no official meetings for the months of July, August, and September.

STITCH IN TIME CLUB

Janice Wright 760-360-8090; Patty Maushund 760-200-0402

Our Spring Boutique in conjunction with the Health Fair was a great event. Hope you were able to stop by our tables as we were selling beautiful spring items. We had a lovely luncheon in March welcoming new members. What a fun time we had getting to know everyone. We now have over 57 members and are having a wonderful time together working on our projects. One group is working on scrapbooks, and the greeting card group is working on spring cards using the Iris-folding technique, Easter cards, and other cards that can be used for various occasions. They share a Cricut die-cut machine, paper cutters, rubber stamps, and other materials. A basic tool kit of common items is helpful. E-mail Martha Horner at mjhorner@aol.com, or call 760-347-2349 so she can have enough supplies for you. We also quilt, bead, needlepoint, cross stitch, embroider, knit, crochet, and rug hook; and we do many other crafts. We are eager to learn how to make new things, as we learn from one another, so join us for fun and camaraderie. If you have a project waiting to be finished, bring it and work on it and make new friends. We have sewing machines for your use during club time. We meet in the Cambria Room, Mondays, 12:30 - 3:00 pm, and welcome new members. If you need help or a refresher, we are happy to assist you. We welcome donations of yarn and fabric. Dues are \$10. Questions? Call Janice or Patty.

TABLE TENNIS CLUB

Vern Poore 760-485-5548; Dinaz D'Sousa 760-278-0260

We had a great get-together last month for a potluck dinner at one member's home. We are an energetic and fun group of people who enjoy table tennis/ping pong. We play singles and doubles games. We are respectful of each individual's specific skills and obstacles as well as rules of this sport. Annual membership is \$10 for 2009. Please make checks payable to SCSH Table Tennis. After dues are paid, we will provide an updated Roster Sheet for members. We play in the Fitness Center three days a week: Wednesday, 12.30 - 2.30 pm; Friday and Sunday, 3 - 6 pm. Come and check out the fun, and make new friends. We have four good quality tables. There are several nets, rackets, and balls stored in the closet of the Fitness Center for the use of members and their guests. Non-member residents may play twice at no charge, but thereafter the \$10 annual fee is due. Please wear walking/running/sports shoes and comfortable clothes. It's a great workout and lots of fun! So come along!

TENNIS CLUB

Sally Yates 760-834-8909

March was an exciting month for tennis players around the area because of our professional tennis tournament for two weeks at the Indian Wells Gardens. This is the sixth largest tournament in the world with all of the ladies and men professional tennis players here to entertain us "up close and personal." This is the same as having one of the four Grand Slams in our backyard. As always, it was great fun. On our own courts, the competition is also exciting, even if it is at a slightly lower level of play than the pros. Our competitive ladder is winding down for the season, and next month we will have results

to report to all at Shadow Hills, naming our TOP players for the year. We are already thinking ahead of putting teams together to compete with other clubs in the Valley that will start later in the year. We are compiling a list of interested players so, if that's you, call one of our coordinators to get your name on the list: George Cerny (760-347-9408) or Mary Ann Baker (760-775-9903). April 2 is our General Membership meeting when we will elect officers for next year. If you are interested in serving on the board, call Sally Yates for more info. We will also have a brainstorming session at the meeting to develop ideas for next year's events. Be sure you are there to share your thoughts.



VETERANS CLUB

Pete Anderson 760-469-2086

Our "Veterans News E-Letter" is rapidly gaining new fans and now is also being distributed to members of the SCPD Veterans group! The news e-letter has been effective in keeping the membership updated about what is happening with the club, and it has also helped to draw new members. If you want to be on the mailing list, we invite you to give us a look. At our next meeting, we will be discussing what we want to do for Memorial Day. We would like to hear your ideas about how to help make this most important day meaningful to our community. We showed the flag (or should we say, "many" flags) during the opening of the new putting course. And of course, our club banner was there as a sponsor of this event. The course is getting really nice reviews – have you tried out your putting skills yet? Speaking of flags, a reminder that the Veterans Club offers a service to the community of "properly" disposing of damaged or worn out US flags. We also have replacements for sale at our cost. Come join us as we continue to grow into an integral and important part of the SCSH community. For more information, please feel free to contact any of our club officers. We would like to see all of our SCSH veterans join us in our endeavors — come join us!



TUTTA BELLA VINO CLUB

(All Beautiful Wine)

Aldo Tremonti 760-972-3025;

Ray Valle 760-345-1361

Our winetasting this month will be on Wednesday, April 22, at 7:00 pm. Ancient Peaks Winery is a family-owned winery specializing in estate-grown wines from Margarita Vineyard, the southernmost vineyard in the Paso Robles appellation on California's Central Coast. Margarita Vineyard resides in the historic Santa Margarita Ranch, which was first planted to vines by Franciscan missionaries in 1774. This will be a special night because you will get to meet the owners of this outstanding winery. Registration forms can be found on the rounders at the Lifestyle desk in the clubhouse. Make your check out for \$20 to "SCSH TUTTA BELLA VINO," attach it to the registration form, and drop it through the slot of the Tutta Bella Vino mailbox located near the Library.



WOMEN'S 18-HOLE GOLF CLUB

Ellen Proebstel 760-360-3943

Our April 8th guest day "Tough Times Tournament" will be a one-day event. You can bring one or three guests, and the cost is \$57.49 per player (which includes member greens fees). Awards and lunch will follow at "he Shadows Golf Club Restaurant. Entry forms are in the drawer under the posting computer. Current members: Don't leave for the summer without filling out a 2009-2010 membership form. Post-date your check to May 1st. The new forms are in the drawer in the Pro Shop. If you have any questions, please contact Nikki Stryker, 760-469-3922. The next General Meeting is April 14th, 9:00 am in the clubhouse.

Chartered Club Contacts

Billiards
Bryan Murray
342-9028
murph1109@verizon.net

Bridge
Roy Krapes
469-8237
skrapes@dc.rr.com

Camera Club
Cliff Roe
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luvlightnr@yahoo.com

Ceramics Club
Aileen Neitlich
347-0151
happyhappiness@aol.com

Community Singers
Pat Rosandich
343-0783
rosandich2@verizon.net

Computer Club
Robert Delaurenti
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rdelaurenti@yahoo.com

Concerts For You
Gloria Lash
393-8541
gloria.lash@oursuncityshadowhills.net

Couples Golf
Wendy Dilda
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Desert Life
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Games Plus
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Happy Tappers
Roann Krasner
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Ben Weissbach
702-7159
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Ladies 9-Hole Golf
Barbara Price
485-6445
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Lady Putters
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Mah Jongg
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Men's Golf Club
Marvin Sage
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Olke Dokey Karaoke
Richard Arnold
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rzarnold@aol.com

Opera Club
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Performing Arts
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469-3252
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Joyce Lowder
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Readers Ink
Joan Dzuro
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RV Club
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Shall We All Dance
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lindaeady@gmail.com

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Veterans Club
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Desert Rose Hadassah
Arlene Sirkin
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aisirkin@yahoo.com

CLUBS AND GROUPS INFORMATION

SOFTBALL

Ed Mogan 760-200-1693; Jerry Rosen 909-556-2741; Jeff Rosenthal 818-383-7507

We finally succeeded in playing a "slow pitch" coed softball team from Sun City Palm Desert on Monday, March 2! It was our very first game as a team and we won! A big thank you to our very gracious host, Sun City Palm Desert coed softball team, for inviting us to play on their wonderful field. Congratulations to: Nick Ciroso, Bernie Kropp, Wes and M Malott, Catherine Meier, Ed Mogan, Ben Plascencia, Leo Ricci, Jerry and Z Rosen, Jeff Rosenthal, Herb Simon, Dana Sweet, and Myron Yurku. We still need players, both men and women. Come join us for some great fun! Contact Ed Mogan, 760-200-1693; Jerry Rosen, 909-556-2741; or Jeff Rosenthal, 818-383-7507. Or just come on out to our weekly Wednesday practice at 8:30 am at Freedom Park in Palm Desert.

RAINBOW FRIENDS

Bruce and Larry 760-342-1835; Dar and Joy 760-595-8632

A new interest group, for the gay and lesbian residents of Sun City Shadow Hills, held its first meeting March and was attended by about 20 men and women hoping to form a Rainbow Friends Club, similar to the one that has been so successful at Sun City Palm Desert. The club will be inclusive of gays, lesbians, as well as parents of gays and lesbians, family and friends who reside here in SCSH. The club will be open to all residents wishing to participate. This is a social club, meeting periodically for potlucks and other events, providing members the opportunity to meet and make friends in the community. At this first meeting, members expressed their hopes for the club and things they would like to see the club offer. The next meeting is scheduled for Saturday, April 18th, at 2:00 in the afternoon. Please call Bruce and Larry at 760-342-1835, or Dar and Joy at 760-595-8632 for information and directions.

RESIDENT GROUPS

DEMOCRATS IN SUN CITY SHADOW HILLS

Sue Haffley 760-345-0286; Judi Baker 760-772-9771

We will be meeting in the Montecito Clubhouse at 6:00 pm on Wednesday, April 15th. All our regular meetings are scheduled for the third Wednesday of the month at 6:00 pm so, if you're a Democrat wanting to fraternize with others of your world view, please mark your calendar and join us! We have a social hour with light refreshments from 6:00 to 6:30 pm, and our regular meeting follows. Our dues have been reduced to \$15 annually, or \$25 per household couple. Our speaker for April is Indio City Councilman Gene Gilbert. Gene was born in Indio and has had a long, interesting career in law enforcement. He has served as mayor and mayor pro-tem of Indio and is now the only Democratic member of the Council. One of his current City Council assignments is with the City's Redevelopment Agency, so our evening with him should be informative! Do plan on joining us.

BLAZING PIANOS !!



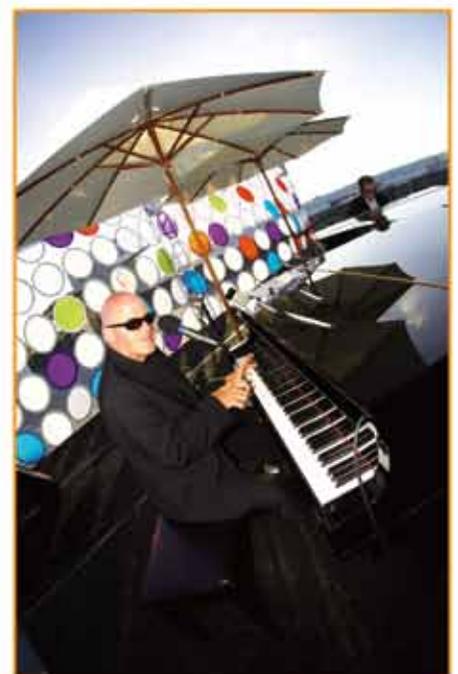
There is a stage in the room with two Baby Grands facing each other. It seems pretty easy to figure out. Two people are going to come out and wow you with show tunes..... Hardly.

Enter Tom and Scott. A greeting and the guys break into "Great Balls of Fire". They refer you to the request sheets on the tables - the show is run by you, the audience. Not only that, you are cued by the guys to sing along on the cool parts!! It's totally interactive!!

The next several hours are a barrage of your favorite classic rock tunes peppered with wise cracks and comedy. Birthday roasts, lip synching, and participation. These guys love music and it shows.

Sunday April 19th 2009
3:30 PM & 7:30 PM
Open Seating - \$ 10

Tickets On Sale January 5th
For More Information
Contact Lifestyle
(760) 772-9617



TAX TIME



SOUP KITCHEN & DANCE

The Shall We All Dance Club, in conjunction with the SCSH Lifestyle Department, invites you to an evening of tax relief

We can't avoid paying taxes, but we don't have to let them get us down! Join us for an evening of good food, good friends and good fun. Hobo attire is optional. Beer, wine, soft drinks and water will be sold. It's important to get an accurate head count for the soup kitchen, so please RSVP at the Lifestyle Desk. For more information about the dance party, e-mail Club president Linda Eady at: lindaeady@gmail.com. Shall We All Dance Club members attend most dances for free, so it just makes good dollars and cents to join.

WHEN: Wednesday, April 15, 2009

WHERE: Montecito Clubhouse

■ **FREE SOUP KITCHEN:** 4 - 6 p.m. in the kiosk area

■ **DANCE:** 6 - 9 p.m. in the ballroom

DANCE COST: FREE to Club members

All others - \$5 per person



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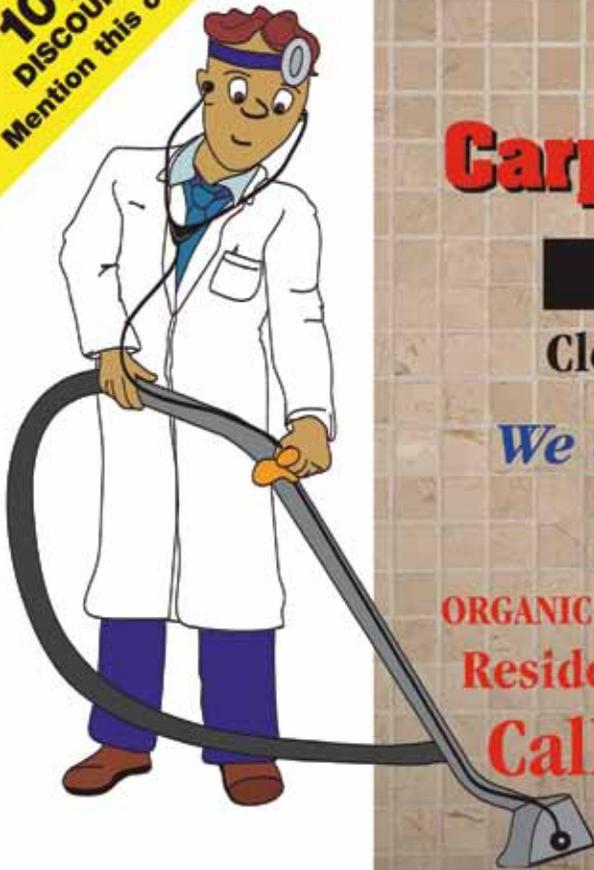
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