

# the View

Sun City  
Shadow Hills®  
by Del Webb®

January 2010

from Sun City Shadow Hills



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Cover photo by Sid Weiss.  
Phase III golf course now open, see page 13.

## Important Contact Numbers

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### Sun City Shadow Hills Community Association Board of Directors

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**For Warranty Service Please Email:**  
**socalservice@delwebb.com**

*Jason Streeter is still serving your warranty needs,  
but please do not contact him directly.  
All warranty issues must go through this new email.*

**Mailbox Repair . . . . . Ozzie Lopez, 345-4349 Ext. 224**

## Sun City Shadow Hills Community Association

### Hours of Operation

**Montecito Clubhouse**  
6 am – 10 pm · 7 days a week

**Lifestyle Desk**  
8 am – 5 pm · 7 days a week

**Association Office**  
9 am – 12 pm, 1 pm – 4 pm · Monday thru Friday  
8 am – 12 pm · 1st Saturday of the Month

**Montecito Fitness Center**  
5 am – 8 pm · 7 days a week

### "The Shadows"

**Shadow Hills Golf Club Restaurant**  
Breakfast · Friday thru Sunday · 8 am – 11 am  
Lunch · Friday thru Sunday · 11 am – 8 pm  
Lunch · Monday thru Thursday · 10:30 am – 8 pm  
Dinner · 7 days a week · 5 pm – 8 pm  
Happy Hour · 7 days a week · 2:30 pm – 6 pm

**Shadow Hills Golf Club Snack Bar**  
6:30 am – 12 pm · Daily

*Hours are subject to change.*

## Board Meeting

*Date: Monday, Jan. 25*

*Time: 2:00 p.m.*

*Location: Ballroom*





BY LYNN P. GILLIAM  
GENERAL MANAGER

## From the General Manager

**2010** – A new year, a time for new beginnings and resolutions. The festivities of the holiday season are behind us and I hope everyone had a safe and happy holiday. I am sure many of you have thought about resolutions for all the things that you want to do in 2010. I have pondered that very question in the context of my work here at Sun City Shadow Hills and have decided that rather than make specific resolutions, I will let the needs of the homeowners be the guide I follow this year. I believe that together we can work toward a common goal of making sure that Sun City Shadow Hills is the best of the best. We are all part of the team that makes Sun City Shadow Hills the wonderful community it is. Whether we are the Developer, the Board of Directors, Committee Members, Homeowners, Management or Staff we all have an important responsibility in making sure that our Community Association remains prosperous for years to come. I take great pride in having been able to work with such a wonderful community this past year and want to thank all of those who have played such a large part in the success of our community. Vince Lombardi said, *“The achievements of an organization are the results of the combined effort of each individual.”* Each of you has proven that to be true. Thank you for all you do.

### Upcoming Events

There are some exciting events planned as we move into 2010. On January 9–10, “Relatively Singing” will be in the ballroom. Early February brings us “Love Letters” and Valentine’s Day brings the Oak Ridge Boys with their lovely harmonies and songs that we all remember. As we move into March, Showtime Santa Fe with music from Broadway and “Bye Bye Birdie” will take the stage. And that is just some of what is planned. The Fitness staff will be preparing our competing members for the Del Webb Fitness Challenge. Please check with the Lifestyle Desk for updates on all that is happening.

### Fall Into Fitness

For all of those who joined in the Fall into Fitness program that was put on by our Fitness Staff – Congratulations! You all made it through seven weeks that included holiday parties and eating and you put great efforts into your daily exercise routines. I saw many of you every day twisting and contorting in Evangeline’s classes or sweating with Jason and his classic tunes in the Aqua classes. Many of you stopped to talk before and after classes and asked some excellent questions. Thank you for sharing your thoughts and concerns and please continue to do so when you see me around the property.

### Recently Asked Questions

One of the questions that I was asked several times during the Fall into Fitness program was – *“Who do you work for?”* I work for the Board of Directors of Sun City Shadow Hills Community Association, but there is a little more to it than that. The Board of Directors hired Professional Community Management of California, Inc. (PCM) as the management company to provide management services to the Association. This is a common practice for associations since management companies can provide Human Resources, an Accounting Department, and other managerial structure to the association at a fraction of what it would cost an association to provide these services internally.

All Sun City Shadow Hills staff are employees of PCM and were hired to work exclusively for Sun City Shadow Hills. The Board of Directors sets policy and the staff implements that policy. In addition, the Staff also provides a variety of services for the residents and enforces the governing documents.

Another question that came up several times was *“Who do I contact for ...?”* Below I have listed several areas of interest and the staff member in the Association office who can most efficiently provide answers to your questions on the subject:

- Landscape/Design Review . . . Maria Elizarraras
- Violation Notice . . . . . Cari Burleigh
- Security and Access . . . . . Michele Firestone
- General Association . . . . . Maxine Sanner

Any of the Association staff should be able to direct your question to the proper staff member so that your questions are answered in a timely manner. The Association office staff is looking forward to helping you.



# Association Committee Reports

## *Covenants*

BY FERA MOSTOW



Now that the holidays are over and things are slowly getting back to normal, it's a good time to review the rules involving vendors, contractors and other service providers coming into the Development. All of our "commercial visitors" are allowed to come into our Development only to do work or deliver something to a specific address and each has to display a Commercial Visitor Pass on the dashboard. No one is allowed to distribute commercial flyers to other residents by going door to door or by putting flyers in the Association mail tubes. The mail tubes are for the sole use of the HOA and SCSH Chartered Clubs.

When we are having work done on our homes, we need to ask the vendors to be considerate of our neighbors. That means no noise (such as leaf blowers, hammers, power tools, etc.) before 7:00 a.m. Monday through Friday, and 8:00 a.m. on Saturday; the work has to cease by 5 p.m. Unless there is an emergency, work is not allowed to be done on Sunday. We also need to ensure that dirt and debris are cleaned up at the end of every day, including debris and mud that might wind up on the streets. Any dumpster on the premises must be covered when it's not being used.

There have also been instances involving parking commercial vehicles on driveways overnight. Our rules require that commercial vehicles must either be removed from the Development at night or parked in the resident's garage. Driveways can't be used as storage areas for commercial vehicles (i.e. any vehicle displaying advertising or where

materials and tools are visible) or for "abandoned" cars (i.e. a car or truck not in current operation).

One last reminder, no matter what kind of work is being done, it's always a good idea to be considerate of other residents and to remind your contractors, gardeners, pool maintenance people, etc. to do the same. That means not blocking the street with trucks, not making a lot of unnecessary noise when using equipment, or and not "sharing" their music with the rest of the neighborhood.

## *Design Review (DRC)*

### **How to Save Time and Money**

Whenever you do landscape or architectural modifications of any kind to your property, you need to submit an application at the HOA office for approval by the Design Review Committee (DRC). When the DRC approves your plan, you may begin work. You will be required to post a green card in one of your front windows, visible from the street, to show that you have approval for your project. Once your project is complete, you must notify the HOA office and turn in your green card. Your project will be inspected by a DRC member and approved if your plan was followed.

During DRC's monthly inspections, we are finding many things being done without application to the DRC. If you are in the middle of your project without approval, you will be stopped until you have an approved application, which will take at least 7-14 days (but the DRC is permitted up to 30 days for response to Applications). If you have done something that can't be approved, you may have to change it or remove

it. If you are doing something other than what was approved, you will have to change it to what was approved. If your contractor does something other than what was approved, you will have to change it to what was approved. Ultimately, you are responsible for what is done. The DRC has no power over the contractor, but can stop your project and fine you. Save the hassle, get an application and do it right.

## *Emergency Preparedness (EPC)*

BY ERICA L. HEDLUND

The Emergency Preparedness Committee was first conceptualized at a Discussion Group meeting about four years ago as a means to prepare residents for an earthquake, given we live about three miles from the San Andreas Fault.

A charter which outlined EPC's responsibilities and restrictions was developed and approved by the HOA Board. The Pulte Corporation generously contributed \$10,000 per year for four years to subsidize EPC's operations with HOA oversight. Since that time the EPC has developed into the largest SCSH committee with over 100 volunteers committed to preparing residents for a disaster and providing services to them in the event of a serious disaster.

Phases 1 and 2 of SCSH are divided into 11 zones with approximately 200 homes in each zone. Each zone has a Zone Leader, except for Zones 2 and 11 in which no residents have volunteered yet to undertake that responsibility. The zones are outlined on a poster near the Lifestyle Desk in the Montecito Clubhouse. The organization of Phase 3 and its zone leaders will be addressed in 2010.

Within each zone there are generally 10 Street Leaders who are responsible for visiting 20 homes and advising

the residents about emergency preparations, safety procedures and ways to sustain life during an emergency. Residents are advised to store sufficient water and food for each household member and pet for at least 7–14 days.

A 9-page packet of information was delivered or made available to the residents to assist them in making their emergency preparations. Copies of this document are available in the racks at the Lifestyle Desk and Fitness Center.

The HOA Board allocated a room at the northeast corner of the Montecito Clubhouse as the EPC Command Center which will become fully operational in the event of a disaster. Currently the room is mainly used as the employees' lunch room. Pulte generously donated conference tables, chairs, desks, book cases, bulletin boards and office supplies.

A disaster without communications becomes even more disastrous. Consequently, Jack Neitlich, a communications expert and ham radio operator, set up a communications system which is second to none. EPC now has a federally licensed radio transmitter (repeater station). The transmitter has a back-up battery supply capable of providing emergency power for several hours, if required. In 2010 EPC will purchase a 14-KW generator which will allow for continuous transmitter operation, command center air conditioning and lighting.

Each Zone Leader has a hand-held radio with which s/he can communicate with the Command Center. Each Street Leader will also be equipped with a hand-held radio to communicate with his/her Zone leader.

In the event of a major disaster, John Rogers, the Incident Commander, or his alternate will activate the Command Center. John is a retired law enforcement officer and former police chief with extensive experience managing disaster situations. He will initiate a radio call-up process to determine which Zone Leaders or their alternates are available. Street Leaders will report to their Zone Leaders, pick up supplies and begin to canvass the residents to assess injuries, damages to utilities, fires, etc. The Street Leaders, as the "First Responders", will report critical situations to the Zone Leaders who, in turn, will report to the Incident Commander.

With incoming information about critical situations, the Incident Commander will determine the scope of the disaster and will activate Medical

Triage Centers and the Search and Rescue Unit, if necessary. Persons will be available at each Zone Leader's (or his/her alternate's) residence to administer basic first aid. The Golf Cart Brigade will go into operation transporting medical supplies and personnel wherever needed.

Residents must understand that, in the event of a major disaster, such as a 7.8 earthquake, Police and Fire Department personnel and services will not be available for a week or more. County services will be directed to where the need is greatest, such as schools, churches, shopping centers, etc., depending on when the disaster strikes. SCSH residents will be expected to sustain themselves based on their emergency plans and preparations.

EPC is forever grateful to the SCSH residents and Clubs for their generous donations for printing costs and first aid supplies. EPC could not have survived or accomplished all they have without everyone's monetary assistance. With the development of Phase 3 the Committee will continue to enlarge their core of volunteers and provide services to those residents.

*continued on page 6...*

**SCSH Disaster Workshop**  
**Saturday, January 16, 2010**

**9:00 am - Registration**  
**9:30-10:30 Program by EPC**  
**10:30 - Visit Vendors**  
**MONTECITO CLUBHOUSE**

**Don't miss the Annual Information Event for SCSH residents! Mark your calendars, come for a review, find out what's new, purchase emergency supplies and go home to DO whatever you need to do for a better chance of Survival!**

**Be Prepared!**

  
**EARTHQUAKES HAPPEN.**

  
**VISIT THE COMMAND CENTER.**

  
**MEET OUR ZONE LEADERS**

  
**BUY SURVIVAL SUPPLIES**

**QUESTIONS? Call 760-200-1939**

# Association Committee Reports ...continued from page 5

## *From the Library*

BY SANDY KANELIS

We want to welcome new residents to our honor system library. We are supported by volunteers and very generous book donations.



Speaking of book donations, please do not donate more than ten books (in excellent condition) per family per month. We limit donations because our volunteer staff becomes overwhelmed processing any more than this amount and our shelf room is limited. We do appreciate your donations. That is what keeps our library up to date with new releases. If anyone is interested in joining our library volunteers, please contact Barbara Perler at 760-772-4484 or baramp@verizon.net.

Our paperback section has been changed to give us additional shelf space. The paperbacks are now shelved by author's last name beginning with A on the shelf opposite the fireplace and proceeding through the alphabet past the fireplace over to the low shelves opposite the Lifestyle desk. Magazines, puzzles and Readers Digest Condensed books are on the opposite side of the low shelves facing the Lifestyle Desk.

We ask that donations be put in the basket and returned books be placed on the cart. Please do not shelve your returns. There is no limit as to the number of books you can borrow, we just ask that they be returned in a timely manner.

We have a limited number of books on tape and could certainly use more donations as these are very popular.

*Happy Holidays to you all and read and enjoy!*

## *Private Security Officers Foil Burglars*

BY RAY BOYD, BOYD SECURITY

Acting on an observation from a Neighborhood Watch homeowner, four members of the Boyd & Associates security team were instrumental in the apprehension of two suspected burglars and the recovery of stolen property.

Upon being approached by security officers the suspects dropped their bags containing the property and fled. However, names and addresses in the bags identified the suspects and the Indio Police Department took over the investigation.

Laptop computers, cash, jewelry, cameras and liquor were recovered. The Indio Police Department credited the actions of the security officers and the success of Neighborhood Watch.



*Pictured below from left to right:  
Victor Magallon, Adriana Orozco, Justin Reyes,  
Richard Bradford*





# Another Year of Progress

*Del Webb*®

BY SARA NEAR  
DIRECTOR, COMMUNITY ASSOCIATION MANAGEMENT  
PULTE/DEL WEBB

Happy New Year!

I'm happy to report that we've enjoyed another year of outstanding progress at our Del Webb communities in Southern California. The time seemed right to share some of our most gratifying accomplishments of 2009.

First, I must mention the biggest company news of the year, which was our combination with Centex Homes. Announced in April and completed in August, this event produced the largest homebuilding company in America. As you can imagine, a great deal of attention has been paid over the past year to the consolidation of operations, administration, and personnel. The blend of cultures has proven to be a wonderful fit, and we're very excited about the opportunities that lie ahead as we continue to deliver an outstanding home-buying experience.

We were also thrilled that for the second consecutive year, the Del Webb communities in the Inland Empire received the highest ranking for customer satisfaction in the market, according to the 2009 J.D. Power and Associates® New-Home Builder Customer Satisfaction Study.<sup>SM</sup> In fact, Del Webb communities in the Inland Empire received the highest score across all builders in the nation! News like this not only helps us sell homes; we hope it also has a favorable impact on our residents' property values.

Among our communities, Sun City Shadow Hills in Indio was not only the best-selling active adult community in Southern California, it was also the best-selling new home community of *any kind in the entire state of California*. As of November, 220 homes had been sold. Seven new model homes were opened as well, so we now have two great collections of home designs to offer buyers.

Our new Phase III has been an immediate hit. More than 70 homes have already closed in that

phase. Meanwhile, the first nine holes of our new Phase III golf course – the “North Course” – were built, landscaped, and opened to resident play in early December. We will hold a public grand opening of the nine holes this month (January). Please tell your friends to join us.

At Sun City Apple Valley, our beautiful community in the High Desert, 32 new homes closed escrow from January through September. We opened a new series of six model homes in conjunction with the community's first-ever (and very successful) Car Show and Chili Cook-off. We are nearing 1,000 homes completed at Sun City Apple Valley, which is a real milestone.

On the land side, we obtained a Letter of Map Revision from FEMA that removed several homes from the agency's flood maps, thus relieving those homeowners of the need to carry flood insurance.

Solera Diamond Valley, our small but vibrant community in Hemet, celebrated the first anniversary of its beautiful Mountain View Lodge in July. “The Lodge” is being fully enjoyed by residents, while dazzling visitors with its architectural beauty and host of lifestyle opportunities.

An impressive 45 new homes closed escrow from January through September. Then in October the community unveiled a successful new series of model homes during its first-ever Arts, Crafts, & Hobby Faire.

Our land team completed the Paseo, which is a lovely strip of native landscaping that runs through the community with a walking path beside it. They also began the process of installing a traffic signal at the nearby intersection of Mustang and Warren roads which we hope will be completed in February.

This is just a small sampling of the many accomplishments we've enjoyed this past year at our Del Webb communities in Southern California. It doesn't cover everything, nor does it address the amazing accomplishments of our Community Associations. We recognize that our success is dependent on the entire team, and we include you, our wonderful residents, as part of that team. Thank you for everything you do to make our Del Webb communities the best places to live, work, and play!

*from Del Webb*

# Jane Sager: Trumpet Player Extraordinaire

BY MARCIA GEWELBER

Jane Sager's musical odyssey spans jazz in the 1930s and '40s, radio and early television in the '50s and '60s. She has appeared across the United States, Canada, England, and Cuba. She called Jackie Cooper a close friend, worked with Johnny Carson, Jack Benny, Art Linkletter, and Dean Martin. She played trumpet with Art Tatum (who called her "Chicago"), Ray Eldridge, Al Hirt, Jack Teagarden (she took his brother's place in the band), playing with Charlie Barnett, Jimmy Dorsey, and Doc Severinsen. She's truly a musical marvel.

Born in Milwaukee 95 years ago, Jane Sager was a violin prodigy by age six. Undaunted when a car ran over her left hand, she exercised it with indomitable determination. But when she heard the trumpet at a concert, she says, "That was it—I fell in love with the trumpet's sounds and all the nuances of its notes." Moving to Chicago, she practiced her trumpet tirelessly. She went on to receive a BA in Music via her violin (Chicago University didn't offer a horn major), then earned a Master's Degree at the American Conservatory of Chicago—

remarkable for a woman in those days. But the trumpet was her passion. "By the time I graduated," she says smiling, "I could blow men out of the water."

Jane organized a girl's jazz band in the '40s, performing for the USO. In Chicago she jammed with scores of jazz legends. Moving to the west coast in the early '50s, she worked for NBC radio and was asked to join the staff band at CBS. She joined Johnny Richard's male band, working multiple gigs in Hollywood. She also played for the Hollywood Canteen.

Jane opened a music studio near Hollywood Boulevard teaching the trumpet in the '60s. "Herb Alpert was one of my students," she says proudly. She also taught Juan Reyes, Walt Johnson, Ray Brown, and many more. "Ina Ray Hutton's promoter formed a girl's band. That's when Klaus Landsberg hired us for an hourly TV show on Channel 5, KTLA. The ladies practiced every Tuesday on a Paramount lot in Hollywood. With no women's dressing rooms at KTLA, we had to change clothes and apply make-up behind the curtain—what a hassle it was," she smiles, then

adds, "During the Hutton era, Jack Benny used our band's comedy skit in his show at the Old Flamingo, Las Vegas and at Harrah's Club, Lake Tahoe."

In the 70's Jane formed "The Frivolous Five," a comedy band playing with Al Hirt at his New Orleans Club, performing up and down the West coast and Canada. The "Five" appeared multiple times on TV shows such as Art Linkletter, Johnny Carson and Dean Martin. They also opened for Pearl Bailey and Gypsy Rose Lee.

She closed her studio in 1995 at which time the Smithsonian Museum spent five days with her, recording tapes of her music and her memoirs.

Because Jane spent so much time on the road, she never married. However, she and her close musical friend, Norma Peterson (they both played for the Hutton band in 1949), share their time between Morro Bay and Sun City Shadow Hills. They have three dogs; their favorite part of living here is the dog park. Today, Jane still blows trumpet daily "just for the love of it," making Jane Sager a true national treasure.



# Clubbing Around in 2010

BY ANDY PERLER AND LEE POWELL

With the beginning of the New Year, you may be rethinking how you spend your days and how involved you want to be with all the lifestyle activities offered here at Sun City Shadow Hills. As the idea of retirement has evolved and people are living longer, more vitally, and more actively, the original concept of Del Webb's lifestyle credo has come true: *"Pursue your favorite passions, discover new interests, and form lasting friendships with like-minded people."*

People banding together over a shared interest is the lifeblood of our community. It doesn't matter whether it's a few people or many – or whether your commonality is cards or games, music, dance and theater, sports and fitness, science, or technology: there is a chartered club available at Sun City Shadow Hills to meet your interest. But joining a club is not just a social activity: it helps us maintain a better sense of well-being through emotional and physical activity.

With 38 chartered clubs and resident groups, plus five more clubs in the process of forming, one of the hardest problems you may have is deciding which to join! Most clubs have regular meeting dates and times, and many hold special events (like luncheons, dances, tournaments and competitions, and informational presentations).

There are several ways you can keep up with

what's going on. First, you'll find a handy *monthly calendar* of clubhouse events in the centerfold of each issue of The View; it's made to take out of the magazine and post on the front of your refrigerator! Also, there's a *"Club News" section* every month that gives much more information about current and future club events along with contact information for each club. Finally, don't forget to visit our *community web portal* where most clubs have a homepage.

But maybe you still can't make up your mind. So let's take a closer look at a few of the clubs and what they're currently up to ...

With almost 60 members, the **Computer Club** meets monthly. The club hosts many activities designed to help residents become more proficient with their computers and learn more about new hardware and software. Activities include guest speakers and classes. Speaker topics have been about technology and how to use computers. Many of the meetings have been devoted to classes to help members improve their computer skill on a wide range of computer usage, including: Word Fundamentals, Basic Excel, Editing/Using Tables, Computer Security, and Flash and Hard drives.

In addition, many of the club meetings are hands-on so that members can work on computers and have ample time for completing practice exercises to apply what they have learned. Club members include residents at all levels of the computer spectrum providing a wonderful opportunity for all users – from the computer-challenged to the most proficient. According to Lil Greenhut, a club member and former officer, "we have a very viable club for anyone interested in computers. This season we will expand our class offerings to help residents become more proficient in their computer usage."

The purpose of **Desert Life** is to offer programs of interest in an informal setting that provides all residents with a great opportunity to meet new people and make friends. The club meets monthly, hosting a luncheon every third Tuesday.

There are a variety of speakers and activities at the monthly luncheon meetings. Speakers cover

*Continued on page 10...*



*A recent Lively Liners dance party.*

Feature Stories

# Clubbing Around in 2010

...continued from page 9



*A Desert Life luncheon.*

topics related to lifestyle: health issues of interest to the community, environment (desert fauna and animal life), local culture and history (native Americans of the Coachella Valley), and other subjects topical to the desert.

Two highlights of the luncheons are the fashion shows, where residents model clothes supplied by local shops, and the annual Holiday Party. Desert Life is indeed a club where everyone has a wonderful opportunity to have fun, expand friendships, and build new relationships.

Linda Garon, Treasurer of the club, offers testimony to the value that Desert Life plays in our community: "I was introduced to Desert Life when I first moved here, and it opened an awareness to everything Sun City Shadow Hills has to offer as well as an opportunity to meet some wonderful people."

Now, if you're feeling creative, why not try something different that you've never done before – like molding and decorating a beautiful project with the **Ceramics Club**? This popular group, which has over 50 active members, meets twice a week (on Tuesday and Friday mornings) in the

combined Cambria and Mirada Rooms, which offer plenty of space to let those creative juices start flowing.

The club has a number of beautiful molds that you can use to pour your own project. Or you can purchase "greenware" or "bisque" pre-poured items from an outside source that are ready for painting and decorating. Club members say that the painting process, although exacting, is very relaxing; one accomplished member especially enjoys the painting "because it teaches us patience." It is always quite rewarding to see your own project come to life, and the

clubhouse even has a new kiln for firing your finished projects.

Above all, not to worry: you don't need artistic ability or experience to join in. And practiced members are always happy to help newcomers get started!

Here's another idea that will not only be a lot of fun but can also help you to stay fit: ballroom dancing with the **Shall We All Dance Club**! Did you know that dancing is one of the best – and safest – aerobic exercises you can do? Plus it helps to improve posture and a sense of balance that are so very important as we get older.



*Pictured above: Some of our talented ceramic artists; Pictured below: A "shotgun start" one recent Thursday morning. (photo by John Council)*





*Living an active lifestyle.*

Even though this is one of our community's newest clubs, there are already some 60 active members, most of whom attend the club's monthly dances on Saturdays. The evening begins with a free half-hour dance lesson at 6:30 PM and then continues until 9:00 PM with all kinds of music (from the waltz, through the cha-cha and other Latin melodies, to swing and rock'n'roll). Members particularly enjoy helping to pick the dance music!

And don't think you need to be an expert dancer to participate. The club's president says, "If you can move with the music, you can dance! And trying to follow a set step pattern only reduces your fun." A small entry fee (\$5 for members, \$10 for guests) includes wine and snacks – so how can you go wrong?

And then, if golf is one of your passions, you need to check out one of our community's most popular organizations: the **Men's Golf Club**, which has over 300 members. In the winter, these active folks hit the links every Thursday morning at 8:00 AM for a tournament (individual plus two- and four-man team play); on a recent Thursday, over 90 golfers signed up.

The club also sponsors some great special events (including a two-day Club Championship tourney in the spring, a Sun City Cup competition played against the men's golf club from Sun City Palm Desert, and a Canadian-American Cup match with our own cross-border residents). The signature event, though, is the Member/Guest competition. For the first time this year, it will span two days (January 29 and 30).

You'll find a complete event schedule posted on the bulletin board by the south golf course

*"As people grow older, they continue to grow and develop. The ability to learn and experience new things doesn't diminish with age. What is important is to remain vital and interested in life – to keep active."*

*David S. Palermo, Ph.D.,  
Professor of Psychology, Pennsylvania State  
University, in **Successful Aging**  
by Anne C. Avery*

snack bar. Or visit the club's webpage on our community's web portal; it's consistently one of the "top views," and there is a wealth of interesting information (including results from the most recent tournaments plus resident profiles).

Members enthusiastically report that they enjoy the good exercise, the camaraderie, plus the fun competition the club promotes. And, as you might imagine, many great friendships have developed while sharing experiences at the "19th hole" after a game!

Although we don't have room here to highlight the wide range of social opportunities that are ours here in Shadow Hills, we hope we've piqued your interest about how you can enjoy the "active lifestyle" for which our community is known. And remember, if you don't already see a club that suits your interest, you can form one! Just stop by the clubhouse Lifestyle Desk for an "application to charter" a club, or print it off from the "Community Documents" section of our web portal.

Above all, come join in all the fun!

# News About Indio



BY H. DOW TUNIS  
OUR TRAVELING REPORTER

Hi again Hillites. Sure hope you had fun during the holidays. Don't forget to sit down and make a list of your New Year's resolutions.

On my way to the airport to pick up my kids who were coming in for the Tamale Festival, I happened to pass the Healing Field in Cathedral City where 5,231 six-foot-tall American Flags were flying in the breeze to honor the young soldiers who have died in Operation Iraqi Freedom and Operation Enduring Freedom in Afghanistan. I couldn't help pull over for a few somber minutes of respect.

In case you hadn't noticed, progress is really being made on construction of North Gate Crossing. Gone are the huge sand dunes the weather had created at Jefferson and Indio Boulevard. Infrastructure improvements on the 88-acre community project includes new streets and sidewalks which eventually will contain 350,000 square feet of retail, restaurant and commercial space. In addition, 247 multi-family units, 118 single-family residences and a 100 room hotel can be expected to be completed within the next two years.

Construction should be well under way on a parking lot and public improvements for a transportation center in Indio near Indio Boulevard and Civic Center Drive. When it's finished, the proposed \$1.5 million Center will feature a 17,000 square

foot terminal that will house Amtrak, Greyhound and Crucero Bus Lines.

The Desert Sands Unified School District has asked the City for \$2.25 million to help move and install portable classrooms to house students while Indio High School is being rebuilt. The District is expected to pay for the construction with Bonds and Measure K Funds. A \$450 million Bond Measure passed by voters in 2001.

Indio will increase its water storage by 7.5 million gallons with the completion of two water reservoirs in the spring. Indio Water Authority has confirmed that a new 2.5 million gallon tank at the Dr. Carreon reservoir and the five million gallon Lost Horse reservoir will be in operation in 2010. By increasing the reliability of our water system for day-to-day operations and in emergencies the Authority feels the City is well protected. Total storage capacity will be 18.75 million gallons of water. This should be enough capacity to handle current and expected growth.

The Indio City Council held a day long planning retreat in November attended by the entire council, City Manager Glenn Southard and Assistant City Manager Tara Lee Adams. The city spent more than seven hours in session which included hiring a professional facilitator and renting the Celebrity House at Indian Palms Country Club.

Within the next three to six months the council would like to see some headway made on the proposed transit Center, a downtown College of the Desert Campus, and the possibility of placing a utility user's tax on the ballot.

The Council began the retreat by reviewing their priorities of the past five years and they were happy to say they did, to a degree, accomplish their goals which included repairing streets, renovating all six parks, fixing and upgrading the water system, economic

development and public safety.

Goals down the road (1 to 2 years) include a hotel attraction, long-term finance plan, tourism plans, the library and other ballot measures to be considered for the ballot.

We had a little excitement across the I-10 freeway, when two men aboard a private plane cart wheeled as it was landing at Bermuda Dunes Airport. Seems the plane was caught in a wind gust that pushed the plane's wing into the dirt causing the aircraft to cart wheel. The occupants in the plane escaped unhurt.

For all you bargain hunters, rejoice! Dollar Tree is slated to open at the Fiesta Mall in early 2010. The national discount store retailer will be housed in a renovated 14,800 square foot building that previously was occupied by the mattress factory.

Continued from December Review: Plans are under way for a new \$84.4 million Indio Juvenile and Family Courthouse to be built by the California Judicial Council. The project expected to be built in the next five years will include a new five-courtroom building that consolidates all Family and Juvenile Court Operations at a 3 acre site in Indio. The new Courthouse landed on the "priority" list as the result of a review of the current facility built in 1955 at 46-671 Oasis Street as being unsafe, substandard in size and overcrowded. It was deemed functionally deficient, overcrowded and among the worst in the state in terms of security.

*That's 30! Remember to drive safely and shop in Indio.*





## Golf Operations

By CHRIS JONES, PGA  
GENERAL MANAGER

The North Course opened for resident play on December 4, 2009. It will continue to be open for residents only until January 16, 2010. Then, we will have a grand opening event, and the course will open to the public.

The course is located off Sun City Boulevard on Calle Popoca. Walking is allowed, and we also have pull carts available to rent. All golf carts must cross at the Sun City Boulevard gate, which is transponder only. We will have a temporary clubhouse/snack bar for the North Course. Golf cart rental is also available.

To reserve tee times, you may book them at either course: the tee sheets are networked together. Just tell the person you speak with which course you would like to play. The golf fees and scorecard are shown below.

### North Course Rates

	Walk	Ride
<b>9 Holes</b>		
Rack	\$ 19	\$ 25
Resident	\$ 14	\$ 20
Player's Card	\$ 12	\$ 18

<b>18 Holes</b>		
Rack	\$ 29	\$ 39
Resident	\$ 20	\$ 30
Player's Card	\$ 15	\$ 25

HOLE	1	2	3	4	5	6	7	8	9	OUT
BLUE	143	110	143	160	211	153	204	186	195	1505
WHITE	120	102	136	137	189	129	173	161	171	1318
GOLD	93	82	105	115	144	104	147	140	129	1059
PAR	3	3	3	3	3	3	3	3	3	27
SCORER										

## Shadows Restaurant

### Upcoming Events

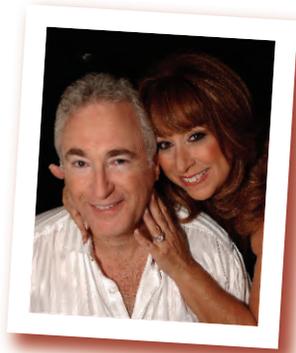
- ★ **Live Entertainment Rodeo Drive Moving to Monday Nights Jan 4th**
- ★ **Restaurant Closed for Lunch Wednesday Jan 6 & 20**
- ★ **Restaurant Closed Breakfast & Lunch Friday Jan 29 Open for Dinner @ 5pm**
- ★ **Restaurant Closed All Day & Night Saturday Jan 30 & Sunday Jan 31**
- ★ **Join Us for Super Bowl Party Sun Feb 7**

Sports & Fitness



# Rodeo Drive

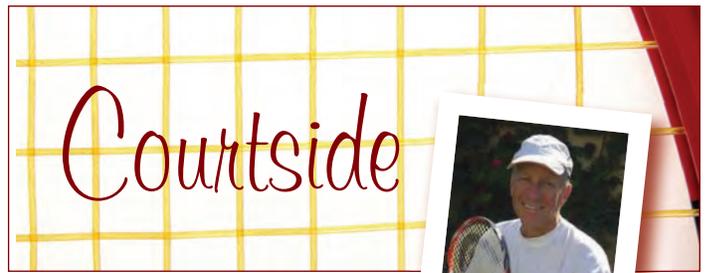
Bet you don't remember hearing anyone say, "Thank God It's Wednesday!" That IS, however, what they'll be saying this fall as Shadow Hills welcomes back Marilyn and Randy of Rodeo Drive. They will be performing in the Shadows every Wednesday evening from 4:30-7:00 pm.



*Marilyn and Randy  
of Rodeo Drive*

For those of you who may not be familiar with them, Marilyn and Randy are two very strong vocalists who specialize in everything from Broadway to Rock and Roll. They plan to repeat some of the favorite tunes you may have heard last summer and add in the new material they've introduced this past year.

Enjoy this opportunity every week from 4:30-7:00 pm to bring your special someone and your friends to enjoy some great food, libations, and music. Don't miss out ... the Shadows is the place to be! Wednesdays never sounded so good!



BY ROD J DUNNETT  
USPTA  
760-777-2907

## *When It Comes To Stretching, Be Active, Not Static*

Stretching seems a simple enough process, but according to TennisMD expert Bob Donatelli, there is most definitely a right and wrong way to do it. And the possibilities of better performance are much higher when the correct approach is followed.

"Traditionally, athletes have used static stretching as a warm-up to get ready for their sports," says Donatelli, a physical therapy expert based in Las Vegas, Nevada who has worked with a number of top touring professionals. "That's the traditional 'hold-the-stretch' routine. The thinking was that those sorts of exercises reduced injuries as they improved things like balance and performance. But the fact is, there is no evidence of those sorts of benefits. Actually, static stretching can actually reduce performance levels because elongated muscles are less capable of generating the same amount of force they were previously, and produce less strength as a result."

What is far better, Donatelli says, is so-called active stretching in which a person moves as he or she stretches. Getting on a treadmill for ten minutes before a game of tennis is an example of that. "Doing that increases your body temperature and consequently will help give you the range of motion and flexibility you need," he explains. "It stimulates circulation to the muscle and warms it up."

As far as active stretching is concerned, Donatelli prefers what he calls "marching types." One of his favorites is straight leg marching, in which a person lifts his legs high as he or she walks, to loosen the hamstrings in particular. Another is called the leg cradle, a sort of variation of that exercise that is geared to deal with the hips. Then, there is the lateral lunge, which is designed to stretch the inner thigh.

"There's no doubt that these types of stretches are more beneficial to athletes than the static ones of old," Donatelli concludes. "And they will make it easier for you to put forth your best effort."

You are cordially invited to attend an informative event

### *Delivering Advanced Medicine to You Today*

Montecito Clubhouse  
Sun City Shadow Hills  
Wednesday, January 13, 5:30 pm to 7:00 pm  
Refreshments

Reservations are requested. Kindly respond to Eisenhower Medical Center Foundation at 1-760-773-1888 by Monday, January 11.

FEATURED PRESENTATION

#### **The Four Pillars of a Healthy Lifestyle**

**Joseph E. Scherger, MD, MPH**  
Vice President, Primary Care  
Eisenhower Medical Center

Balance is the key to health. Our lifestyle choices often can determine whether we are healthy or sick. Dr. Scherger will detail the four areas where lifestyle plays a major role in our health.

EISENHOWER MEDICAL CENTER

# Fitness Update



BY EVANGELINE GOMEZ  
FITNESS DIRECTOR

## Fifth Annual Del Webb Fitness Challenge

Wow! The fifth annual Del Webb Fitness Challenge is right around the corner. I know many of you are already signed up and have been training for this event. If you haven't started training, now is the time to start! This year we have added an extra special event, the obstacle course, which is guaranteed to astound and delight. The Del Webb Fitness Challenge is your opportunity to get out there and show your Sun City Shadow Hills pride as you compete against the other Del Webb communities in Southern California.

The community with the lowest overall times will win the coveted Fitness Challenge trophy. Last year we were the champions and this year we are determined to repeat the championship performance.

The event will take place at Sun City Shadow Hills on Saturday, February 20 and will include a 5k run, 5k walk, 10k cycle, 100 yard swim, 2.5k pet walk and obstacle course. You can compete in any event you like, or if you feel up to the challenge, you can sign up for all the events creating your own double triathlon.

This is a great way to show your community pride and test your own fitness level. If you would like to assist our community in retaining the championship, come down and sign up at the Fitness Center. The event costs only \$10 and you will receive a T-Shirt, gift bag and the chance to win a medal in the event in which you compete.

So come down and sign up quickly so that you can get a training guide for your event and get your training. The last day to register is Sunday, February 7. We look forward to helping you train and defend the trophy.

For more information please contact the Fitness Center at 760-772-0430.

## Fifth Annual Del Webb Health Fair 2010

On Saturday, March 27 from 9 a.m. – 1 p.m. we will be holding our largest Health Fair to date. If you are a health/fitness service or health/fitness product vendor (or if you know of one) please make sure to register for this event early as space is limited. Registration forms are available in the Fitness Center. We will also be hosting a Blood Drive with the Community Blood Bank in conjunction with the Health Fair. Please join us in donating the ultimate gift of life back to your desert community.

## Walk Against Hunger

The Walk Against Hunger on January 23 brings people together to show support and raise funds that provide food and other services to assist struggling families in our region. The money raised at the event is distributed to organizations throughout the Coachella Valley that provide food and other services to families and individuals. The Fitness Center is organizing a walking team, the Sun City Shadow Hills Easy Striders. Please join our team for the Walk Against Hunger, which will begin at the Indio Municipal Golf Course (42nd & Jackson). Stop by the Fitness Center to pick up your registration form.

*Together we can make a difference!*

## Del Webb Fitness Challenge 2010

February 20, 2010

Our 5th Annual Del Webb  
Fitness Challenge will be held on  
February 20, 2010.

Be sure to sign up and start training  
for this healthy and fun event.

Remember, we are the defending  
Del Webb community champions and  
would love to win again in 2010!

Sports & Fitness



## Blood Pressure Screening

January 11<sup>TH</sup> and 25<sup>TH</sup>  
9:00 AM – 11:00 AM (FC)

*High blood pressure is called “the silent killer” because there often are no symptoms. Your numbers are your only warning.*

*Know your numbers: stop by the Fitness Center and get your blood pressure measured.*

*Sponsored by  
Cambrian Homecare.*

## Reformer Pilates

### Private Classes by Misti

*A refreshing mind – body workout. Gain long lean muscle and flexibility as you develop a strong core.*

*Private one-on-one session is designed for the individual who can't make the regular class times, needs special attention, wants a modified program, prefers a more private setting, and/or wants to move at their own pace.*

#### **Rates:**

*4 sessions. . . \$180*

*8 sessions. . . \$280*

*12 sessions. . . \$420*

*All sessions are 45 minutes.*

*Sessions are based on availability of the Aerobic Studio and should be booked in advance to ensure the best times.*

**Contact: 760-702-7211**

# Fitness Center Hiking Trips

## *Araby Trail*

**Wednesday, January 20, 2010**

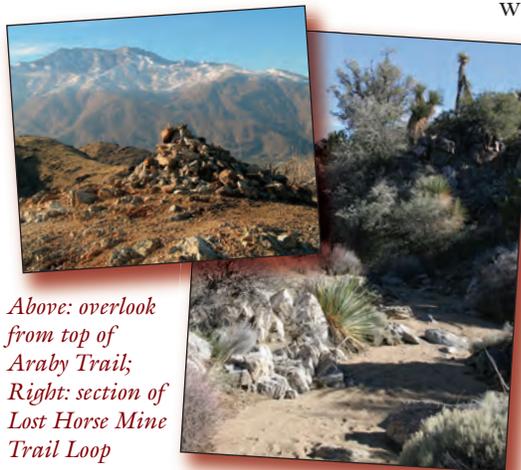
**Departure: 7:30 AM**

**Arrival: approximately 2:00 PM**

**Cost: FREE**

Come join us for this spectacular but challenging six mile hike. You will be meeting at the Fitness Center where you will then carpool to the trailhead which is off of Hwy 111 in Palm Springs. You will be hiking the Araby Trail which could also be called the *trail to the stars* as it climbs above the Bob Hope Estate and the home of the late Steve McQueen. The view of these magnificent homes is readily available on this trail, along with that of Palm Springs. This trail has approximately a 900 foot elevation gain, so parts of the trail may be pretty steep. When you finish this in-and-out trail you are welcome to have lunch on your own at any of the wonderful places to eat nearby.

Remember to wear closed toed shoes (preferably hiking boots) as there is a lot of loose gravel and rocks, layer your clothes as the weather can change and bring plenty of water. The last day to sign up is Wednesday, January 13, 2010. To sign up for this wonderful hike please come down to the Fitness Center or call us at 760-772-0430.



*Above: overlook from top of Araby Trail;  
Right: section of Lost Horse Mine Trail Loop*

## *Lost Horse Mine Loop*

**Wednesday, February 17, 2010**

**Departure: 7:00 AM**

**Arrival: approximately 3:00 PM**

**Cost: \$45 per person**

Come join us for our yearly trip to the amazingly beautiful Joshua Tree National Park. You will meet at The Fitness Center where you will take a shuttle to Joshua Tree National Park. This year we will be embarking on a strenuous 8 mile hike to Lost Horse Mine. Located near the center of Joshua Tree, Lost Horse Mine Loop Trail combines three hikes into one—offering you a visit to a once-successful working gold mine, spectacular desert-mountain vistas, and a delightful meander through a gentle wash filled with Joshua trees, yucca, juniper and many other high-desert plants. Add to these the views looking South towards the Coachella Valley and you have the makings of a really fine day-hike that introduces you to the stunning natural beauty of Joshua Tree National Park. After the hike you will be able to relax at Hidden Valley and have a box lunch which will be provided for you, and then you can take a nice peaceful stroll around the one mile Nature Trail. This will be a day that you will never forget.

Remember to sign up early since we are limited to 22 people. The last day to sign up is Wednesday, February 10, 2010.

Remember to wear closed toed shoes (preferably hiking boots) as there is a lot of loose gravel and rocks, layer your clothes as the weather can change and bring plenty of water.

To sign up for this wonderful hike, please come down to the Fitness Center or call us at 760-772-0430.

# Fitness Tip



BY JASON EWALS  
FITNESS COORDINATOR

## Sticking to your New Year's Resolutions

What's the secret to successful resolutions? While you can't wave a magic wand and make your resolutions come true, there are some easy steps to take to make it easier to fulfill your promises to yourself.

- 1. Choose an obtainable goal.** Resolving to look like a super model is not realistic for the majority of us, but promising to include daily physical activity in our lives is very possible.
- 2. Avoid choosing a resolution that you've been unsuccessful at achieving year after year.**

This will set you up for failure, frustration and disappointment. If you are still tempted to make a promise that you've made before, then try altering it. For example, instead of stating that you are going to lose 30 pounds, try promising to eat healthier and increase your weekly exercise.

### **3. Create a game plan.**

At the beginning of January, write a comprehensive plan. All successful businesses start with a plan that describes their mission and specifies how they will achieve it.

### **4. Break it down and make it less intimidating.**

Rather than one BIG goal, dissect it into smaller pieces. Set several smaller goals to achieve throughout the year that will help you to reach the ultimate goal. Then, even if you aren't able to reach your final goal, you will have many smaller, but still significant, achievements along the way.

### **5. Ask friends and family members to help hold you accountable.**

Just be sure to set limits so that this doesn't backfire and become more irritating than helpful. For example, if you resolve to be more positive ask them to gently remind you when you start talking negatively.

### **6. Reward yourself with each milestone.**

If you've stuck with your resolution for two months, treat yourself to something special. However, be careful of your reward type. If you've lost five pounds, don't give yourself a piece of cake as an award. Instead, treat yourself to something non-food related, like a professional massage.

### **7. Don't go it alone!**

Get professional assistance. Everyone needs help and sometimes a friend just isn't enough. Employ the help of a trained professional.

### **8. Limit your number of promises.**

You'll spread yourself too thin trying to make multiple changes in your life. Focus on just a few resolutions so that failure is not an option.

Fitness Center Classes & Services

## Fitness Orientations

### **By Appointment Only.**

If you are unfamiliar with the fitness equipment at Sun City Shadow Hills, you may want to schedule a complimentary Fitness Orientation. We are happy to familiarize you with all the state-of-the-art fitness equipment and create a basic program with workout card for you to follow.

Call the Fitness Center at 760-772-0430 to schedule an appointment.

## Massage Therapy

### **Monday, January 4, 11 & 25**

Time: beginning at 9 am  
Therapist: John Rogers (J.R.)  
Chair Massage: \$1/minute  
Full Body Massage: \$70/hour; \$100/1.5 hours  
First time specials: \$50/hour; \$75/1.5 hours  
Schedule with J.R. at 760-668-4669

### **Friday, January 8 & 22**

Time: beginning at 8 am  
Therapist: Ellen Freid\*  
Chair Massage: \$1/minute  
Full Body Massage: \$80/hour  
Schedule with Fitness Center at 760-772-0430  
\*from *A One Price Quality Massage Therapy*.

Sports & Fitness



## Health Fair 2010

**March 27, 2010**

**9:00 AM – 1:00 PM**

*Our 5th Annual*

*Spring into Health Fair will take place in the Montecito Clubhouse.*

*If you know of any great health vendors, please let us know so that we can invite them to participate in the health fair, or if you are a health vendor, please make sure to register for this event at the Fitness Center.*



## 3rd Annual Community Blood Drive

**March 27, 2010**

**9:00 AM – 1:00 PM**

*Please join us for our 3rd Annual Community Blood Drive hosted by the local Community Blood Bank. This is a great time to give the ultimate gift of life to your desert community.*

For more information, call the Fitness Center 760-772-0430, or log on to the web portal and check the Fitness Center page for class descriptions.

*Sunday*

*Monday*

*Tuesday*

### Legend

AS – Aerobic Studio

FC – Fitness Center

GC – Golf Club

IP – Indoor Pool

MC – Montecito Clubhouse

OFF – Offsite

TC – Tennis Courts

\$ – \$3 charge

\$\$ – \$6 charge

Visa and MasterCard accepted.

Listings in BLUE indicate Charter Club membership required.

Studio classes are limited to 25 participants for safety purposes. Please arrive early to ensure your spot. This schedule is subject to change.

**3**

8:00 AM Mixed Couples  
Doubles Tennis (TC)  
3:00 PM Table Tennis (AS)

**10**

8:00 AM Mixed Couples  
Doubles Tennis (TC)  
3:00 PM Table Tennis (AS)

**17**

8:00 AM Mixed Couples  
Doubles Tennis (TC)  
3:00 PM Table Tennis (AS)

**24**

8:00 AM Mixed Couples  
Doubles Tennis (TC)  
3:00 PM Table Tennis (AS)

**31**

8:00 AM Mixed Couples  
Doubles Tennis (TC)  
3:00 PM Table Tennis (AS)

**4**

7:00 AM Morning Walk  
8:00 AM Ladies' Tennis  
Round Robin (TC)  
9:00 AM Massage (FC)  
9:00 AM Arthritis Aqua (IP) \$  
9:00 AM Cardio (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Mat Pilates (AS) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:00 PM Reformer Pilates (AS) \$\$  
2:00 PM Afternoon Stretch (AS) \$  
4:00 PM Adv. Line Dance (AS)

**11**

7:00 AM Morning Walk  
8:00 AM Ladies' Tennis  
Round Robin (TC)  
9:00 AM Massage (FC)  
9:00 AM Arthritis Aqua (IP) \$  
9:00 AM Cardio (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Mat Pilates (AS) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:00 PM Reformer Pilates (AS) \$\$  
2:00 PM Afternoon Stretch (AS) \$  
4:00 PM Adv. Line Dance (AS)

**18**

7:00 AM Morning Walk  
8:00 AM Ladies' Tennis  
Round Robin (TC)  
9:00 AM Arthritis Aqua (IP) \$  
9:00 AM Cardio (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Mat Pilates (AS) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:00 PM Reformer Pilates (AS) \$\$  
2:00 PM Afternoon Stretch (AS) \$  
4:00 PM Adv. Line Dance (AS)

**25**

7:00 AM Morning Walk  
8:00 AM Ladies' Tennis  
Round Robin (TC)  
9:00 AM Massage (FC)  
9:00 AM Arthritis Aqua (IP) \$  
9:00 AM Cardio (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Mat Pilates (AS) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:00 PM Reformer Pilates (AS) \$\$  
2:00 PM Afternoon Stretch (AS) \$  
4:15 PM Adv. Line Dance (AS)

**5**

8:00 AM Men's Tennis Ladder (TC)  
8:00 AM Total Body (AS) \$  
8:30 AM Ladies' 9-Hole Golf (GC)  
9:00 AM Balance the Brain (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Cardio (AS) \$  
11:00 AM Aqua Fitness (IP) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:30 PM Beg. Line Dance (AS)  
2:00 PM Reformer Pilates (AS) \$\$  
3:00 PM Reformer Pilates (AS) \$\$  
5:00 PM Int. Line Dance (AS)

**12**

8:00 AM Total Body (AS) \$  
8:00 AM Men's Tennis Ladder (TC)  
8:30 AM Ladies' 9-Hole Golf (GC)  
9:00 AM Balance the Brain (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Cardio (AS) \$  
11:00 AM Aqua Fitness (IP) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:30 PM Beg. Line Dance (AS)  
2:00 PM Reformer Pilates (AS) \$\$  
3:00 PM Reformer Pilates (AS) \$\$  
4:00 PM Interval Step (AS)  
5:00 PM Int. Line Dance (AS)

**19**

8:00 AM Total Body (AS) \$  
8:00 AM Men's Tennis Ladder (TC)  
8:30 AM Ladies' 9-Hole Golf (GC)  
9:00 AM Balance the Brain (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Cardio (AS) \$  
11:00 AM Aqua Fitness (IP) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:30 PM Beg. Line Dance (AS)  
2:00 PM Reformer Pilates (AS) \$\$  
3:00 PM Reformer Pilates (AS) \$\$  
4:00 PM Interval Step (AS)  
5:00 PM Int. Line Dance (AS)

**26**

8:00 AM Total Body (AS) \$  
8:00 AM Men's Tennis Ladder (TC)  
8:30 AM Ladies' 9-Hole Golf (GC)  
9:00 AM Balance the Brain (AS) \$  
10:00 AM Aqua Fitness (IP) \$  
10:00 AM Cardio (AS) \$  
11:00 AM Aqua Fitness (IP) \$  
11:00 AM Reformer Pilates (AS) \$\$  
12:30 PM Beg. Line Dance (AS)  
2:00 PM Reformer Pilates (AS) \$\$  
3:00 PM Reformer Pilates (AS) \$\$  
4:00 PM Interval Step (AS)  
5:00 PM Int. Line Dance (AS)



Wednesday

Thursday

Friday

Saturday

# January '10

1

8:00 AM Ladies' Tennis Ladder (TC)  
 8:00 AM Total Body (AS) \$  
 9:00 AM Total Body on Ball (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 11:30 AM Adv. Line Dance (AS)  
 2:00 PM Arthritis T'ai Chi (AS) \$  
 3:00 PM Table Tennis (AS)

2

8:00 AM Men's Tennis  
 Round Robin (TC)  
 10:00 AM Happy Tappers (AS)

6

7:00 AM Morning Walk (FC)  
 8:00 AM Interval Training (AS) \$  
 9:00 AM Arthritis T'ai Chi (AS) \$  
 10:00 AM Arthritis Aqua (IP) \$  
 10:00 AM Mat Pilates (AS) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:30 PM Table Tennis (AS)  
 3:00 PM Beg. Line Dance (AS)  
 6:00 PM Happy Tappers (AS)

7

8:00 AM Challenge Step (AS)  
 9:00 AM Balance the Brain (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Cardio (AS) \$  
 11:00 AM Aqua Fitness (IP) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:00 PM Reformer Pilates (AS) \$\$  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Reformer Pilates (AS) \$\$  
 5:00 PM Int. Line Dance (AS)

8

8:00 AM Massage (FC)  
 8:00 AM Ladies' Tennis Ladder (TC)  
 8:00 AM Total Body (AS) \$  
 9:00 AM Total Body on Ball (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Reformer Pilates (AS) \$\$  
 11:30 AM Adv. Line Dance (AS)  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Arthritis T'ai Chi (AS) \$  
 3:00 PM Table Tennis (AS)

9

8:00 AM Men's Tennis  
 Round Robin (TC)  
 8:00 AM Interval Step (AS)  
 10:00 AM Happy Tappers (AS)

13

7:00 AM Morning Walk (FC)  
 8:00 AM Interval Training (AS) \$  
 9:00 AM Arthritis T'ai Chi (AS) \$  
 10:00 AM Arthritis Aqua (IP) \$  
 10:00 AM Mat Pilates (AS) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:30 PM Table Tennis (AS)  
 3:00 PM Beg. Line Dance (AS)  
 5:30 PM **Eisenhower Health  
 Lecture (MC)**  
 6:00 PM Happy Tappers (AS)

14

8:00 AM Challenge Step (AS)  
 9:00 AM Balance the Brain (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Cardio (AS) \$  
 11:00 AM Aqua Fitness (IP) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:00 PM Reformer Pilates (AS) \$\$  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Reformer Pilates (AS) \$\$  
 5:00 PM Int. Line Dance (AS)

15

8:00 AM Ladies' Tennis Ladder (TC)  
 8:00 AM Total Body (AS) \$  
 9:00 AM Total Body on Ball (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Reformer Pilates (AS) \$\$  
 11:30 AM Adv. Line Dance (AS)  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Arthritis T'ai Chi (AS) \$  
 3:00 PM Table Tennis (AS)

16

8:00 AM Men's Tennis  
 Round Robin (TC)  
 8:00 AM Interval Step (AS)  
 10:00 AM Happy Tappers (AS)

20

7:00 AM Morning Walk (FC)  
 8:00 AM Interval Training (AS) \$  
 9:00 AM Arthritis T'ai Chi (AS) \$  
 10:00 AM Arthritis Aqua (IP) \$  
 10:00 AM Mat Pilates (AS) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:30 PM Table Tennis (AS)  
 3:00 PM Beg. Line Dance (AS)  
 6:00 PM Happy Tappers (AS)

21

8:00 AM Challenge Step (AS)  
 9:00 AM Balance the Brain (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Cardio (AS) \$  
 11:00 AM Aqua Fitness (IP) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:00 PM Reformer Pilates (AS) \$\$  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Reformer Pilates (AS) \$\$  
 5:00 PM Int. Line Dance (AS)

22

8:00 AM Massage (FC)  
 8:00 AM Ladies' Tennis Ladder (TC)  
 8:00 AM Total Body (AS) \$  
 9:00 AM Total Body on Ball (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Reformer Pilates (AS) \$\$  
 11:30 AM Adv. Line Dance (AS)  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Arthritis T'ai Chi (AS) \$  
 3:00 PM Table Tennis (AS)

23

8:00 AM Men's Tennis  
 Round Robin (TC)  
 8:00 AM Interval Step (AS)  
 10:00 AM Happy Tappers (AS)

27

7:00 AM Morning Walk (FC)  
 8:00 AM Interval Training (AS) \$  
 9:00 AM Arthritis T'ai Chi (AS) \$  
 10:00 AM Arthritis Aqua (IP) \$  
 10:00 AM Mat Pilates (AS) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:30 PM Table Tennis (AS)  
 3:00 PM Beg. Line Dance (AS)  
 6:00 PM Happy Tappers (AS)

28

8:00 AM Challenge Step (AS)  
 9:00 AM Balance the Brain (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Cardio (AS) \$  
 11:00 AM Aqua Fitness (IP) \$  
 11:00 AM Reformer Pilates (AS) \$\$  
 12:00 PM Reformer Pilates (AS) \$\$  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Reformer Pilates (AS) \$\$  
 5:00 PM Int. Line Dance (AS)

29

8:00 AM Ladies' Tennis Ladder (TC)  
 8:00 AM Total Body (AS) \$  
 9:00 AM Total Body on Ball (AS) \$  
 10:00 AM Aqua Fitness (IP) \$  
 10:00 AM Reformer Pilates (AS) \$\$  
 11:30 AM Adv. Line Dance (AS)  
 1:00 PM Reformer Pilates (AS) \$\$  
 2:00 PM Arthritis T'ai Chi (AS) \$  
 3:00 PM Table Tennis (AS)

30

8:00 AM Men's Tennis  
 Round Robin (TC)  
 8:00 AM Interval Step (AS)  
 10:00 AM Happy Tappers (AS)

# Sports & Fitness Calendar



## Lifestyle Update January 2010

By ERIC ANGLE  
LIFESTYLE DIRECTOR

*It seems like just yesterday we were cruising into 2009 with Ronnie and the Classics aboard the SS Montecito. Now here we are in January 2010. I guess we can pull out the old cliché “time flies when you’re having fun,” especially when you’re experiencing new things and meeting great people along the way.*

*2009 saw the introduction of some new programming in Lifestyle that we hope to be able to turn into new traditions. Every January we have hit the high seas for Ensenada, Mexico and we will be doing it again this year on the Baja Fiesta Cruise. It is one of the most affordable mini vacations you can take while adding the benefit of sharing it with your neighbors.*

*Last February our clubhouse was graced with entertainment legend Shirley Jones, and in 2010 we will rock the place with The Oak Ridge Boys live in concert for two shows on Valentine’s Day. Our annual Health Fair will take place in March; we are hoping you make plans to join in on all the fun and wellness. In April, we will roll out our first car show and plan to make this an annual event and add to the fun with a fashion show in May. By the time summer rolls around we will bring back the Film, Jazz, and Music Festivals. If this community is not the most amazing place in the Valley, I really don’t know what community is.*

*As we head into the fall of 2010, and we start to cool off from the summer sizzle, we will be recruiting volunteers at the Volunteer Fair being held in October. The Association is always looking for helping hands to jump in to add to our lifestyle. If you have an area of expertise that you wouldn’t mind sharing with the community, feel free to come in and meet with me as I am sure we could utilize your special gift in our day-to-day operations or special events. November will feature the annual gift boutique which just gets bigger and bigger every single year. The first part of December we will be back to the Taste of Del Webb food sampler, and then finish off the year with our New Year’s Eve celebration which always features top notch food and entertainment in the comfort and convenience of the Montecito Clubhouse.*

*It may seem to be a tough task to improve upon such great programming, but we are determined to do it. If something is missing, or there is something you would like to be a part of, do not hesitate to stop by and see us. We love new adventures and love it even more when we get to share those adventures with the special people of Shadow Hills. Get into the clubhouse and be a part of the fun, start a new club, or just hang out at the kiosk for lunch as you are bound to experience some of the energy that has made this community #1 in California.*

## Taste of Del Webb

### Thank You



The Success of our First Annual Taste of Del Webb would not have been possible without the support of our sponsors.

### Desert Springs Restaurants

760-341-2211



### El Alteño Restaurante

760-391-9157



### Macarios Grill

760-342-5649



### Schlotzky's

760-342-2200



### Shadows Restaurant

760-200-3375



Oke Dokey Karaoke Presents  
**Country-Western Night**



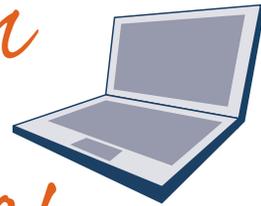
Thursday, January 14, 2010  
5 p.m to 9 p.m.

Members \$5.00  
Non-Members \$10.00

Catered Food and Refreshments  
Singing...Dancing  
Western Dress Suggested

Contact Vic Saraydarian  
760-636-0397

*Log On  
to the  
Lifestyle!*



**If You've Never Used the Community Website**

1. Use your computer's internet browser to go [www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net)
2. Click on **New User Registration** and follow the system prompts.
3. Once you are approved you will be issued a temporary password.
4. On your first log-in, enter your username (your first and last names with a dot between them). Use your temporary password.
5. Once you have logged in, you will be prompted to set your own private password.
6. If you need more help, contact the Lifestyle Department.

[www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net)



Sun City Shadow Hills  
Concerts 4 U  
Presents

**Sir Laffs-A-Lots**  
**Comedy Night**



Wednesday, January 20, 2010 at 7:00 PM

**\$10** non-refundable  
Checks, Visa, MasterCard accepted

Complimentary Beer, Wine, Soda, and Water served

Montecito Clubhouse  
80-888 Sun City Blvd.  
Indio, Ca. 92203

Ticket information, call the  
Lifestyle Desk at 760-772-9617  
For questions, call Gloria at 760-393-8541



Thank You!

The members of the Sun City Shadow Hills Veterans Club and the US Marine Corps would like to express their sincere appreciation to the entire Shadow Hills community for your support of the 2009 Toys for Tots program.

Your generosity helped a tremendous number of Coachella Valley children have a wonderful Christmas.

Lifestyle Update

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

Sun City Shadow Hills  
Concerts 4 U Club

Presents

# Relatively... Singing

An Evening of Cabaret  
and Sibling Revelry

Starring  
Elizabeth Dreyfuss  
and Dela Zimmer

Saturday, Jan. 9th, 2010 at 7:00pm  
Sunday, Jan 10th, 2010 at 3:00pm



Two unique singing 'British Sisters' with different styles, tells a story through visuals of their showbiz family with music of Broadway, Standards, Jazz and Opera! Great costumes! An uplifting show!!

\$25:00 Non-refundable - Complimentary Wine Served

Montecito Clubhouse  
80-888 Sun City Blvd.,  
Indio CA

Tickets call Lifestyle Desk 760-772-9617  
Mastercard/Visa accepted  
For Questions call Gloria 760-393-8541

Open Casting Call and Auditions

# BYE BYE BIRDIE

Attention: All Performers – Actors, Singers, Dancers and Wannabes

Auditions will be held on the following dates in the Montecito Clubhouse for the much anticipated Broadway musical *Bye Bye Birdie*

Monday – January 4 at 10:00 AM  
Tuesday – January 5 at 6:00 PM

Come and join the cast of thousands (40+) and have fun!!!

Performance Dates:  
March 12, 13, 19, 20 at 7:00 PM  
March 21 at 2:00 PM

For More Info – Please Call Paul Runyon at 760-469-3252

SCSH Performing Arts Club  
Welcomes You To ...

# The Doo Wop Sock Hop

Win prizes for dance contests

Enjoy delicious refreshments

Be crowned King and Queen of the Hop for the most authentic costume

Dance lessons & demonstrations by the Lively Liners!

**Friday, January 29<sup>th</sup>, 7:00 – 10:00 PM**

Put on your Doo Wop garb  
And come dance your socks off!

Entrance Charge \$10.00 - Limited to 200 tickets

Tickets available at the Lifestyle Desk



Contact: Gary Miller – 760-636-1066

## That's Entertainment Club

of Sun City Shadow Hills

### WESTERN NIGHT

#### DINNER - DANCING - ENTERTAINMENT

For Singles and Couples

Best Cowboy/Cowgirl Contest

Raffles - Western Photo Souvenirs

Jan. 27, 2010, Wednesday Evening, 6:00 to 9:30

#### Bar-B-Q Dinner

Includes Beverages - Wine, Beer, Soda, etc.

#### Dance Caller Ken Bower

Dancing, Western Dance, no experience necessary  
Square Dance Demonstration

#### Western Entertainment by

Roy Baines

(Country/Swing Music Hall of Fame)

and Steve Blake

Mark your calendar for a great evening at the Montecito Clubhouse Main Ballroom.

Discount Ticket Price for "That's Entertainment" Members - \$29.95  
Non-members - \$39.95

Checks can be dropped off in club mailbox by the library at the Montecito Clubhouse.  
Please put your e-mail address and phone number on your check or include a note with your payment.  
If you don't provide your phone and email we won't be able to make contact with you once we receive your check.

No Outlaws No Gun Fights No Bull

Just Fun, Fun and more Fun. Ya'll get your tickets quick now!

As unlikely as it may seem, the following disclaimer must be made because That's Entertainment is a non-profit club. If for any reason there are not enough tickets purchased for the event and it is not held, all ticket money will be fully refunded.

For More Information

Email: [scshthatSENTertainment@yahoo.com](mailto:scshthatSENTertainment@yahoo.com)

Phone: 760-772-9409

## Shall We All Dance?

Well-dressed men and glamorous women...  
it must be the

# BALLROOM DANCE PARTY

Saturday, January 30

6:30 p.m. Cha-cha lesson  
7 to 9 p.m. dancing

members: \$ 5  
guests: \$10

wine  
and  
snacks  
included



Cha-cha lesson  
compliments of Bob & Nancy Horn

Lifestyle Update

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

Sun City Shadow Hills  
*by Del Webb*

Concerts 4U Presents

## 2009-2010 Concert Series



### Oak Ridge Boys

A Valentine's Day Celebration

February 14, 2010 • 3:00pm & 7:00pm

\$49



### Relatively...Singing

Dela Zimmer & Elizabeth Dreyfuss

January 9, 2010 • 7:00pm

January 10, 2010 • 3:00pm

\$25



### Showtime Santa Fe

A Night of Cabaret

March 6, 2010 • 7:00pm

March 7, 2010 • 3:00pm

\$25

**Series Passes Receive Premium Seating!**

Contact Gloria Lash For More Information: 760-393-8541

Contact The Sun City Shadow Hills Lifestyle Department For Tickets: 760-772-9617



January 2010

Tune in to Channel 98 • Log on to [www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net)



## GRASP

Grief Recovery After a Substance Passing

Tuesday, January 12, 2010  
6:30pm - 8:30pm  
Montecito Clubhouse

GRASP was created to help provide sources of help, compassion, and understanding for families who have had a loved one die through drugs or alcohol.

Contact: Denise Cullen  
(760) 262-8612



The Rotary Club of Indio, a Chapter of America's **most-active community service organization**, invites **you** to join us any Tuesday at noon. We meet at Sun City Shadow Hills in **your** Montecito Club House. [www.indiorotary.org](http://www.indiorotary.org)

Service Above Self

Lunch Cost: \$12.00

Please call **760-408-2802** to R.S.V.P.

## Tutta Bella Vino

*"All Beautiful Wine"*

Come join us for our monthly wine socials!



Pick up a membership application from the rounders at the Clubhouse Lifestyle Desk.

Canada vs. USA Hockey Game  
Edmonton Oilers vs. Los Angeles Kings



Thursday, February 11, 2010  
Staples Center, Los Angeles CA



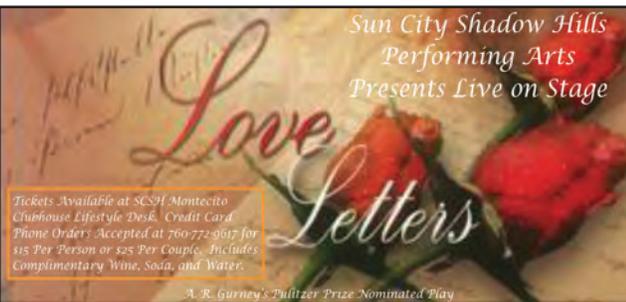
\$105 per Person  
Price Includes:

- Game Ticket (Section 108)
- Bus Transportation
- Snacks & Beverages on Bus

*Limited Seating Available!*

Bus Will Depart from the Montecito Clubhouse at 4:00pm  
Game Begins at 7:30pm

Contact the Lifestyle Department for More Information  
760-772-9617



Sun City Shadow Hills Performing Arts  
Presents Live on Stage

Tickets Available at SCSH Montecito Clubhouse Lifestyle Desk. Credit Card Phone Orders Accepted at 760-772-9617 for \$15 Per Person or \$25 Per Couple. Includes Complimentary Wine, Soda, and Water.

*A. R. Gurney's Pulitzer Prize Nominated Play*

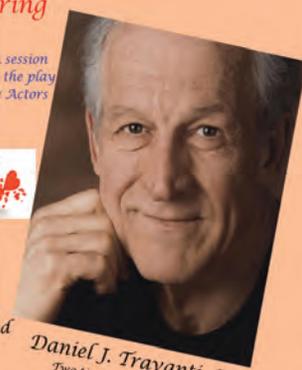
Presented on Saturday February 6th at 7:00 PM  
And Sunday February 7th at 2:00 PM  
At the Sun City Shadow Hills Montecito Club House

By Special arrangements with Dramatists Play Service, Inc. of New York

Starring



Ellen Crawford  
Nurse Lydia on TV's ER and much more.



And Daniel J. Travanti \*  
Two time Emmy Winner  
Hill Street Blues

Contact: Darryl A. Jacobs 760-469-5877

\* Scheduled to appear

Lifestyle Update

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

## Club Contact Information

### Billiards

Bryan Murray  
760-342-9028  
[murph1109@verizon.net](mailto:murph1109@verizon.net)

### Bridge

Arny Grushkin  
760-296-1477  
[agg.industries@snet.net](mailto:agg.industries@snet.net)

### Camera Club

George E. Shultz  
760-262-8920  
[gemshultz@earthblink.net](mailto:gemshultz@earthblink.net)

### Ceramics Club

Paula Nadel  
760-262-8277  
[snadel@dc.rr.com](mailto:snadel@dc.rr.com)

### Community Singers

PJ Nilson  
760-469-3420  
[pjnilson1@aol.com](mailto:pjnilson1@aol.com)

### Computer Club

Mike Nilsson  
760-200-4848  
[mmnilsson@aol.com](mailto:mmnilsson@aol.com)

### Concerts 4 You

Gloria Lash  
760-393-8541  
[walagj@yahoo.com](mailto:walagj@yahoo.com)

### Couples Golf

Jim Angus  
760-238-4582  
[jangus1967@aol.com](mailto:jangus1967@aol.com)

### Creative Arts

Linda Wolf  
760-347-6888  
[pakofwolfs@verizon.net](mailto:pakofwolfs@verizon.net)

### Desert Life

Marilyn Jones  
760-343-7751  
[mardenj1@juno.com](mailto:mardenj1@juno.com)

### Games Plus

Carol Dorler  
760-200-3255  
[prov356jcd@msn.com](mailto:prov356jcd@msn.com)

### Happy Tappers

Tina Wigodsky  
760-834-9501  
[tilliwig@eclipse.net](mailto:tilliwig@eclipse.net)

### King & Queens

Card Club  
Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

### Ladies 9-Hole Golf

Vivian Chertok  
760-772-9771  
[vbchertok@yahoo.com](mailto:vbchertok@yahoo.com)

### Lady Putters

Nancy Denier  
760-775-5944  
[ndenier@dc.rr.com](mailto:ndenier@dc.rr.com)

### Lively Liners

Linda Eady  
760-775-9053  
[lindaeady@gmail.com](mailto:lindaeady@gmail.com)

### Mah Jongg

Babette Bloomgarden  
760-393-2056

### Men's Golf Club

Marty Martin  
760-262-8104  
[martyandjan@dc.rr.com](mailto:martyandjan@dc.rr.com)

### Oke Dokey Karaoke

Vic Saraydarian  
760-912-5499  
[asaraydarian@yahoo.com](mailto:asaraydarian@yahoo.com)

### Opera Club

Ralph Gabai  
760-262-8593  
[rgabai@dc.rr.com](mailto:rgabai@dc.rr.com)

### Pan

Judy Shuman  
760-393-8487  
[judy41@aol.com](mailto:judy41@aol.com)

### Performing Arts

Lou Reintz  
760-393-2209  
[pianoboylou@yahoo.com](mailto:pianoboylou@yahoo.com)

### Pet Club

Dar Vee (Vukcevic)  
760-595-8632  
[get2dar@gmail.com](mailto:get2dar@gmail.com)

### Rainbow Friends

Bruce Atkinson  
760-342-1835  
[poboxtwo@hotmail.com](mailto:poboxtwo@hotmail.com)

### Readers Ink

Criss Kiefer  
760-345-7551  
[criss.kiefer@yahoo.com](mailto:criss.kiefer@yahoo.com)

### RV Club

Cary Washburn  
760-238-4232  
[cwashburn001@dc.rr.com](mailto:cwashburn001@dc.rr.com)

### Shall We All Dance

Robert Carson  
310-351-1188  
[robertecarson69@hotmail.com](mailto:robertecarson69@hotmail.com)

### Solos

Charleen Cash  
760-469-8334  
[ccash818@gmail.com](mailto:ccash818@gmail.com)

### Stitch in Time

Janice Wright  
760-360-8090  
[prwnces@aol.com](mailto:prwnces@aol.com)

### Table Tennis

Vern Poore  
760-393-2985  
[vern-vrgems@dc.rr.com](mailto:vern-vrgems@dc.rr.com)

### Tennis Club

Angela Fiori  
760-399-7931  
[angela.fiori2003@yahoo.com](mailto:angela.fiori2003@yahoo.com)

### That's Entertainment

Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

### Topical Discussion

Al Barish  
760-772-9409  
[albie37@juno.com](mailto:albie37@juno.com)

### Tuesday Night Putters

Dale Conatser  
760-775-9680  
[daleconatser@msn.com](mailto:daleconatser@msn.com)

### Tutta Bella Vino

Aldo Tremonti  
760-972-3025  
[atremonti@dc.rr.com](mailto:atremonti@dc.rr.com)

### Ukulele Strummers

Barbara Hoffmann  
310-872-0572  
[redactor@pacbell.net](mailto:redactor@pacbell.net)

### Veterans Club

Tom Hutson  
760-347-6317  
[tombutson@dc.rr.com](mailto:tombutson@dc.rr.com)

### Women's Golf Club

Char Oman  
760-863-2159  
[namoc@aol.com](mailto:namoc@aol.com)

### Resident Groups

Democrats In SCSH  
Sue Haffley  
760-345-0286  
[haffleysue@yahoo.com](mailto:haffleysue@yahoo.com)

### Clubs in Formation

**Canasta**  
Susan Goldfine  
760-408-7544

### Gardening Club

Ed Lustig  
561-308-4995  
[ealsr4ever2@yahoo.com](mailto:ealsr4ever2@yahoo.com)

### Motorcycle Rides

Craig Barcus  
760-201-3215  
[craigbarcus@gmail.com](mailto:craigbarcus@gmail.com)

### Musicians

Steve Blake  
760-345-7657  
[sblake126@sbcglobal.net](mailto:sblake126@sbcglobal.net)

### Softball

Jerry Rosen  
909-556-2741  
[kbboxdad5@yahoo.com](mailto:kbboxdad5@yahoo.com)

### Sports Talk

Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

### Square Dance Club

Barbara Leimberg  
760-393-2608  
[barbara42343@yahoo.com](mailto:barbara42343@yahoo.com)

## Bridge Club



Happy New Year! We are glad to see all our friends who have returned from their summer travels as "high season" is officially here in the desert. We play duplicate bridge every Tuesday afternoon from 12:30 PM to 4 PM. This session is now sanctioned and ACBL players can earn Master Points as well as our usual cash prizes. Card fees for this game are \$2 for residents and \$5 for non-residents and Master Points will be recorded with the ACBL. Non-resident play is limited to once per month. When available, we now meet in the Ballroom because we have outgrown the Capistrano room. We also meet Thursday evenings from 6:30 PM to 9 PM for more duplicate bridge. This is a less formal atmosphere where a newcomer can learn the nuances and hone their duplicate bridge skills. There are no fees for this session.

Although you don't need a pre-determined partner, most players make arrangements ahead of time. Looking for a partner? Call our VP John Sarkie at 760-393-8562. Bridge lessons are held periodically throughout the year for the new player or those that want a refresher course. Call Al Barish at 760-772-9409 for beginning bridge, Roy Krapes at 760-469-8237 for intermediate classes. All bridge lessons are free for all residents of SCSH!

Come join us – you will enjoy the bridge, and more importantly, the players! See you there!

## Interested in starting a new club?

Are you interested in bocce, Bunco, cars, motorcycles, travel, or another hobby? Why not start a new club!

Drop by the Lifestyle Desk in the Montecito Clubhouse to pick up an informational packet.

760-772-9617

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

## Camera Club



The Camera Club will hold its first photo competition of the New Year on January 6, after a brief business meeting.

The Camera Club meets on the first Wednesday of every month from 4–6 PM in the Cambria room of the clubhouse.

Our activities include photo competitions and displays, presentations on a variety of photographic topics, scheduled field trips to interesting nearby locations, and instruction on cameras, and photo software and hardware, as required by member interest.

Membership is \$20/person per season (\$30/couple). You may bring your check (made out to *SCSH Camera Club*) to your first meeting, or deposit it in the Camera Club mailbox at the clubhouse. Guests of members and visitors are always welcome. Any SCSH resident may attend a meeting of their choice to “try out” the club before joining.

## Ceramics Club

We hope you attended the Gift Boutique and purchased many lovely items.

The turnout was great at the Clubhouse. Our Ceramics Club members were very proud of all the projects we displayed. We had a successful day and it was enjoyed by all of our members. We also had a bake sale and sold delicious items baked by our members.

In the coming months we will have artists visit our club and show us different ways to decorate our crafts. This will be a new way of doing ceramics and should be very interesting.

The beautiful projects we are making are amazing. We are becoming very professional in our art work. Come by and view our members hard at work creating so many new items.

## Community Singers



Thanks to all for your tremendous support of our December 13 concert. We had a wonderful time preparing for the show, and hope you enjoyed it.

It's a new year and time to start practicing for new things! We'll kick off this month by beginning to practice for our April 17 “Fun in the ‘50s and ‘60s Concert.” If you hear sounds of “Doo Wop” and “Rock ‘n Roll” coming out of the ballroom area, you'll know we are already hard at work on selections for our Spring show.

If you've thought about singing, now's the time to join us! We would love everyone who is interested to join us on Mondays from 5-6:30 PM in the front of the Ballroom. We are dark on January 4, but look forward to welcoming you on January 11 and thereafter.

## Computer Club



New sub-group for Mac users is being formed and headed by Gary Mencimer. Currently Mac meetings will start right after our regular meeting ends.

The January club meeting is at 10 AM on Thursday the 26th. Lucky us: Denise Welsh, president of Computerworks, Inc of Palm Desert for 18 years, will give us a class on Facebook,

Twitter, MySpace and other Social networks.

Do you know anyone (maybe yourself) totally computer unaware? Don't be afraid. Join the club and take our new “Computer Boot Camp” series of classes.

Special Interest programs will continue monthly during the Club meetings. We will do Facebook in January and Simple Photo Tricks in February.

More on our Geezer Squad in next month's View.

Club Board meeting (open to all members) will be held on January 2, at 5:00 PM at the snack stand in the Montecito clubhouse.

## Concerts 4 U

On Saturday, January 9 at 7:00 PM, and Sunday, January 10 at 3:00 PM, Elizabeth Dreyfuss and Dela Zimmer will appear here at SCSH in “Relatively Singing, a Cabaret Night of Sibling Revelry.” Tickets are \$25, including complimentary wine and water.

On Wednesday, January 20 at 7:00 PM we present “Sir Laffs-A-Lots Comedy Night” with well-known comedians, as seen on David Letterman, The Tonight Show, and Comedy Central. The price of tickets is \$10, including wine, beer, sodas, and water.

Be sure to get your tickets, for Valentine's night with “The Oak Ridge Boys.” Individual tickets are \$49. Series tickets are \$99 for the remaining three concerts with preferred seating

On Saturday, March 6 at 7:00 PM and Sunday, March 7 at 3:00 PM, Showtime Santa Fe presents “Acting Up,” a cabaret

*Continued on page 30...*



# January '10

## Legend

AMP – Amphitheater  
 AS – Aerobic Studio  
 BC – Bocce Courts  
 BH – Back Half Ballroom  
 BR – Ballroom  
 BW – Breezeway  
 CAM – Cambria

CAP – Capistrano  
 CL – Clubhouse Lobby  
 FC – Fitness Center  
 FH – Front Half Ballroom  
 GC – Golf Clubhouse  
 GR – Green Room  
 KSK – Kiosk  
 MAR – Marisol  
 MIR – Mirada  
 OFF – Offsite

PAC – Pacifica  
 PC – Putting Course  
 PRK – Parking Lot  
 SR – Shadows Restaurant  
 SY – Santa Ynez  
 SY1 – Santa Ynez I  
 SY2 – Santa Ynez II  
 TBD – To Be Decided  
 TC – Tennis Court  
 WSP – West Side Patio

3



4

7:00 AM Lady Putters (FH)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Bye Bye Birdie Rehearsal (FH)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 3:00 PM Earl Rosenstein Playreaders (SY1)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)  
 7:00 PM Topical Discussion (CAM)

5

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 11:00 AM **Baja Cruise Doc Party** (FH)  
 11:30 AM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)  
 6:00 PM Kings & Queens (CAP)  
 7:00 PM Concerts 4 U Meeting (FH)

6

9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Mah Jongg (SY2)  
 10:30 AM Security Meeting (MAR)  
 12:30 PM Mah Jongg (BH)  
 12:30 PM Women's Golf Club (FH)  
 1:00 PM Kings & Queens (MIR)  
 4:00 PM Camera Club (CAM)  
 4:00 PM That's Entertainment (SY2)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 6:00 PM Opera Club (FH)  
 7:00 PM Billiards Club (PAC)

10



3:00 PM **Relatively Singing** (BR)

11

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 5:00 PM Community Singers (FH)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)

12

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:00 AM Hearing Aid Clinic (CL)  
 9:30 AM DRC Meeting (MAR)  
 11:30 AM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 4:30 PM Tuesday Night Putters (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 6:30 PM GRASP (SY2)

13

8:30 AM HOA Staff Meeting (MAR)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Mah Jongg (SY2)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM **Lifestyle Volunteer Wine & Cheese** (CL)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 6:00 PM **Eisenhower Lecture Series** (FH)  
 7:00 PM Billiards Club (PAC)  
 7:00 PM Performing Arts (MAR)

17



5:00 PM Solos Club (CAM/MIR)  
 6:00 PM Lively Liners (BR)

18 **MARTIN LUTHER KING DAY**

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 12:30 PM Stitch in Time (MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 2:00 PM Men's Golf Board (SY2)  
 3:00 PM Earl Rosenstein Playreaders (SY1)  
 5:00 PM Community Singers (FH)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)  
 7:00 PM Rainbow Friends (CAM/MIR)  
 7:00 PM Topical Discussion (MAR)

19

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 11:30 AM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 12:00 PM All Valley Heat Shield (MAR)  
 12:00 PM Desert Life Luncheon (OFF)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 6:00 PM Pet Club (BH)  
 6:00 PM RV Club (MIR)

20

7:30 AM Men's Golf (FH)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Mah Jongg (SY2)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM Kings & Queens (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (CAM)  
 6:00 PM **Sir Laff-a-Lots Comedy Club** (FH)  
 6:30 PM Democratic Group (CAP)  
 7:00 PM Billiards (PAC)  
 7:00 PM Veteran's Club (MAR)

24

8:00 AM Private Event (BR)



25

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Executive Session (SY2)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 2:00 PM **Board Meeting** (BR)  
 5:00 PM **Meet Your Neighbor, Sponsored by Ameriprise** (CL)  
 6:15 PM Community Singers (FH)  
 6:30 PM Pan (CAM/MIR)  
 7:00 PM Bye Bye Birdie Rehearsal (GR)

26

8:30 AM Finance Committee (CAP)

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 10:00 AM Computer Club (FH)  
 11:30 AM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (SY)  
 2:00 PM Readers Ink (CAM/MIR)  
 4:30 PM Tuesday Night Putters (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 6:30 PM GRASP (SY2)

27

8:30 AM HOA Staff Meeting (MAR)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Mah Jongg (SY2)  
 10:30 AM Golf Ops (MAR)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM Kings & Queens (CAP)  
 5:00 PM **Western Night** (BR)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 7:00 PM Billiards (PAC)  
 7:00 PM Bunco (CAM)

31

12:00 PM SCSH Couples Golf (BR)



# Thursday

# Friday

# Saturday

Sign up or purchase tickets to Lifestyle events at the Lifestyle Desk in the Montecito Clubhouse.  
760.772.9617  
*Visa and MasterCard accepted.*

## 1 NEW YEAR'S DAY



9:00 AM Ceramics (CAM/MIR)

## 2



9:00 AM Creative Arts (CAM/MIR)

## 7

9:00 AM Creative Arts (CAM/MIR)  
12:00 PM Concert Rehearsal (BR)  
12:00 PM Pan (CAP)  
12:00 PM Ukulele Lessons (MIR)  
1:00 PM Ukulele Strummers (MIR)  
6:00 PM Bridge (CAP)  
6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)

## 8

9:00 AM Bye Bye Birdie Rehearsal (FH)  
9:00 AM Ceramics (CAM/MIR)  
9:00 AM Covenants Committee (MAR)  
9:00 AM Emergency Preparedness (CAP)  
1:00 PM Canasta (SY2)  
5:00 PM Concert Rehearsal (BR)  
7:00 PM Movie: *Management* (CAM/MIR)



## 9

9:00 AM Bye Bye Birdie Rehearsal (CAP)  
9:00 AM Creative Arts (CAM/MIR)  
7:00 PM **Relatively Singing** (BR)



## 14

9:00 AM Creative Arts (CAM/MIR)  
10:00 AM Insurance 101 (CAP)  
12:00 PM CAM Meeting (GR)  
12:00 PM Ukulele Lessons (MIR)  
12:30 PM Pan (CAP)  
1:00 PM Ukulele Strummers (MIR)  
5:00 PM Oke Dokey Karaoke (BR)  
6:00 PM Bridge (CAP)  
6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)

## 15

9:00 AM Ceramics (CAM/MIR)  
9:00 AM PCM Managers Meeting (CAP)  
10:00 AM Bye Bye Birdie Rehearsal (FH)  
10:00 AM New Home Orientation (MAR)  
12:30 PM Staff Meeting (SY)  
1:00 PM Canasta (CL)  
6:00 PM A Night of Appreciation (BR)  
7:00 PM Movie: *Brothers Bloom* (CAM/MIR)



## 16

9:00 AM Creative Arts (CAM/MIR)  
9:00 AM Emergency Preparedness (BR)  
10:00 AM Bye Bye Birdie Rehearsal (CAP)  
6:00 PM Rainbow Friends (BR)



## 21

8:30 AM Coffee with a Cop (CAP)  
9:00 AM Creative Arts (CAM/MIR)  
9:30 AM Communications Meeting (SY2)  
12:00 PM All Valley Heat Shield (MAR)  
12:00 PM Pan (CAP)  
12:00 PM Ukulele Lessons (MIR)  
1:00 PM Ukulele Strummers (MIR)  
6:00 PM Bridge (CAP)  
6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)  
6:00 PM **Salsa Party** (BR)

## 22

9:00 AM Ceramics (CAM/MIR)  
10:00 AM Bye Bye Birdie Rehearsal (FH)  
1:00 PM Canasta (CL)  
6:00 PM Games Night (FH)  
7:00 PM Movie: *Obsessed* (CAM/MIR)



## 23

9:00 AM Creative Arts (CAM/MIR)  
10:00 AM Bye Bye Birdie Rehearsal (FH)  
7:00 PM **Tutta Bella Vino** (BR)



## 28

9:00 AM Creative Arts (CAM/MIR)  
12:00 PM Pan (CAP)  
12:00 PM Ukulele Lessons (MIR)  
1:00 PM Ukulele Strummers (MIR)  
6:00 PM Bridge (CAP)  
6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)

## 29

9:00 AM Ceramics (CAM/MIR)  
10:00 AM Bye Bye Birdie Rehearsal (FH)  
1:00 PM Canasta (CL)  
6:00 PM **Doo Wop Sock Hop** (BR)  
7:00 PM Movie: *Duplicity* (CAM/MIR)



## 30

9:00 AM Creative Arts (CAM/MIR)  
9:00 AM Emergency Preparedness (SY2)  
10:00 AM Bye Bye Birdie Rehearsal (FH)  
6:30 PM **Shall We Dance** (FH)



# Lifestyle Calendar of Events

...continued from page 27

style show. Tickets are \$25. Please remember to get your tickets early as some of our shows are expected to sell out. Thank you for your support. We try hard to bring you the very best in entertainment.

## Couples Golf Club



The purpose of our club is to share our love of golf in a social and competitive atmosphere. We play an organized, fun 18-hole event on the first and third Sunday of each month. Our golf event is followed by a buffet dinner and awards presentation in the Shadows Restaurant.

If you are a resident and would like to join, please contact Julie Kelly (Membership) at 760-469-2921 or e-mail her at jbrandtkelly@aol.com. A complete schedule of our Golf Events for the season is posted in the Pro Shop.

This year we will have our first SCSH-SCPD Couples Cup on January 31, 2010, the Second Annual Member Guest Two-Day Tournament on February 27-28, and our first Battle of the Border (USA vs. Canada) on March 21.

*See you on the tee.*

## Creative Arts



Happy New Year! The Creative Arts Club's goal is to make 2010 the best year yet. To begin the year, we are offering six, three-hour beginning art classes for only \$90:

- **Drawing/Composition I**

Wednesdays, 9:00 AM to noon  
Jan. 6, 13, 20, 27, Feb. 3, 10

- **Painting I**

Saturdays 9:00 AM to noon  
Jan. 2, 9, 16, 23, 30, Feb. 13

For additional information, please call our instructor, Helene Marcus, at 760-534-3267.

We are also hosting an art show at the Montecito Clubhouse February 6, 2010. Residents, their friends and family are welcome. Field trips to Joshua Tree and Borrego Springs are in the works. We are planning several art walks, too.

In October we announced a contest for a new Club logo. Artist Larry Goodman won with the great design seen above. Remember to stop by the Montecito Clubhouse to see our *Artist of the Month* exhibit located on the outside Library wall.

Creative Arts meets Mondays and Thursdays, from 9:00 AM-noon in the Cambria/Mirada rooms. Currently, we work in oils, watercolors, inks, and acrylics. We welcome new members. Feel free to stop by to see us paint, or call Linda Wolf for more information. Art experience is not required, just a yearning to try. Dues are \$20 a fiscal year, beginning July 1 through June 30; and only \$10 for those who are part-time residents.

*Until next month, happy painting!*

## Desert Life

Do you want to make the most of yourself, but no longer want to take the time that it takes to apply makeup? Maybe you have been thinking about finding out more about permanent makeup, but do not know where to start. On January 19, Ellie Stephan, BSN, RN will present "Lasting Beauty by Ellie." She will share with us the advantages of having permanent makeup and what makes a candidate for having it done. Ellie has been in the business for 18 years.

The luncheon will be held at Palm Valley Country Club, which is located on Country Club west of Washington. Sign-in and seating begin at 11 AM, with lunch being served at noon. The cost of the luncheon is \$17 for members and guests. You may attend one luncheon prior to becoming a

member. Checks (no cash) should be made payable to *SCSH Desert Life* and deposited in the locked box in the library area. The deadline is January 12. If you are new to the community or are returning for the winter and want to renew your membership, annual dues are \$10.

## Games Plus

It is a New Year, how quickly 2009 went by. We look forward to another year of great meals, fun games and meeting new people. We are still waiting for the funds to acquire the equipment needed to run the Bingo, when that happens we will start playing on Saturday afternoon once a month. There are dates already on the calendar for the Friday night Dinner and Games once a month, and we will still have Scrabble every Monday afternoon 1:00-5:30 PM in the Capistrano Room. Our club just purchased five new scrabble games. Now you won't need to bring your own game. We are still looking for a locker to store them and will make arrangements when that happens. Our dinner and games will be the 22nd of this month. Please join us! The meal will be pasta, salad, bread, dessert and beverage. The cost is \$10 per person. Make your check payable to *SCSH Games Plus*, and complete the registration form on the flier on the turnstile at the Lifestyle Desk. The games we play are Mexican Train, Scrabble, Mah Jongg, Upword, Sequence, and Rummikub.

## Happy Tappers

We wish everyone a very happy and healthy New Year! We invite you to join us Saturday mornings at 10 AM in the Aerobics Room. Our professional dance instructor, Lorna Thompson, will teach us all the steps



and necessary moves, and will have us tap dancing routines that are a lot of fun.

Meet new friends, guys and gals, and share in some great fun, exercise and lots of laughs. No experience needed.

Please contact Tina Wigodsky, or Pat Rosandich, 760-343-0783, for further information.

### *Kings and Queens*



Pinochle has been added to our clubs evening of cards. Play and learn with our resident instructor Leo Habel, 760-200-0644.

The Kings and Queens Card club keeps on playing poker, week after week. We're looking for new players and adding more tables as we welcome everyone from Sun City Shadow Hills.

At the card club we play poker games the same way you played as a kid in your old neighborhood. It's dealers choice no matter what your favorite poker game may be. Is it Stud, Texas Holdem, or just plain Jacks or better? We're here to have fun.

We meet every Tuesday night from 6 PM to 10 PM.

### *Ladies 9-Hole Golf*



The Ladies 9-Hole Golf Group are fun-loving ladies who enjoy relaxed, no pressure, golf with a great group of ladies.

We will be playing on Tuesday mornings at 8:30 AM with sign-in by 8:15 AM. We are all very excited about playing in the morning. The three par North Course is now open, so you will be able to choose either the Shadow Hill golf course or the new three par course. We will be

using a shotgun format (which means we all start playing at the same time). Sign-up sheets are posted the week before play on the bulletin board in the Pro Shop.

You can also sign up by e-mail at scsh9ers@yahoo.com. State your name, when you will be playing and which course you wish to play on. Please sign up by 4:00 PM on the Sunday before we play.

Membership is \$15 per season. You are welcome to join us for a round of golf before you officially join the club.

### *Lady Putters*



In the month of January we will resume putting on January 4 with two sessions. First session will be putting at 8 AM with check-in by 7:45 AM, and the second session will be 9:15 AM with check-in by 9:00 AM.

On January 11th we will be putting "Pretty in Pink for the Cure," and on January 15 SCPD Lady Putters have invited us to join them in putting and a luncheon. January should be a month of fun.

Again, we invite any of you who haven't checked us out to come and do so. You can try us once before joining. Membership dues are \$15.00 for the 2009/2010 year, plus the cost of a logo shirt. All you will need is a putter, a ball, two dollars and a desire to meet your neighbors, make new friends and have a good time. Please note that no experience is necessary, and there are plenty of gals who will make you feel welcome. Please call Nancy Denier if you have any questions.

### *Mah Jongg*



On December 9, the Mah Jongg club held our holiday luncheon.

We had a very large turnout and from all accounts it was a huge success. A buffet lunch was catered by Ralphs at 11:30 AM. Members went on to play Mah Jongg, as usual, at 12:30 PM. Holiday cheer permeated the room.

Now that the New Year is here, our teaching sessions will continue on Wednesdays from 10-12, and regular play from 12:30-3:30, at the clubhouse. All newcomers are welcome.

Mah Jongg is a game that challenges the brain but also depends on a good dose of luck.

Call Babs Bloomgarden for more information about the teaching sessions or other club activities.

### *Men's Golf Club*



Happy New Year!

We welcome new members to the Men's Golf Club for the stated purpose of "promoting fellowship among male golfers who are residents of Sun City Shadow Hills." Membership applications are in the pro shop for new members for 2010.

We have some exciting events coming up, so be sure to check the schedule on the MTTS site or the Sun City Shadow Hills Web Portal. The schedule is also posted on the bulletin board at the golf course.

The next Men's Club general meeting is scheduled for January 2 at 8:00 AM in the

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clubhouse. Coffee and doughnuts will be ready at 7:30 AM. We had announced a change of dates for the January meeting but we have reverted to the original schedule.

## Oke Dokey Karaoke

Happy New Year from the Oke Dokey Karaoke Club to everyone! Our new year karaoke sessions begin with a Country-Western theme on January 14 in the Montecito Ballroom, from 5:00 PM to 9:00 PM.

Everyone is welcome to attend for a lot of singing, dancing, and plain enjoyment of the entertainment and fellowship.

Western dress is encouraged. Catered food will be served at \$5.00 for members, and \$10.00 for non-members. Look for our February theme in next month's View.

## Opera Club

The Sun City Shadow Hills Opera Club meets the first Wednesday of each month at 6:00 PM in the main ballroom.

There are some changes to our previously announced schedule. The new schedule for the year is as follows:

Jan. 6: *Mephistofele*, Boito  
Feb. 3: *Masked Ball*, Verdi  
Mar. 3: *Italian in Algeria*, Rossini  
April 7: *Fidelio*, Beethoven  
May 5: *Marriage of Figaro*, Mozart  
June 2: *Das Rheingold*, Wagner

These meetings will be preceded by a lecture and discussion conducted by Joe Cifarelli.

No previous knowledge of Opera is necessary. Come join us.

## Pan Club

Happy New Year to our members! Our Pan Club is doing well and we would like new members to give our president Judy Shuman a call and get details.

We play pan regularly on Mondays at 6:30 PM and on Thursdays at noon in the Montecito Clubhouse. We had a delightful Christmas party this year and hope to repeat it for years to come.

Any novices interested in learning the pan card game, call our member Delores Berniker at 760-200-3355. She will give you times and details of the classes.

See you at the tables!

## Pet Club

Happy New Year to all our residents!

I hope you all had a wonderful Christmas and Hanukkah holiday. Our Pet Club committees are busy scheduling some speakers and special events for 2010.

We are also forming guidelines for what to do when you find or lose a pet. And our membership committee tells me our club is growing each month. We now have over 110 members! Membership is only \$10.00 a year.

Our next meeting will be Tuesday, January 19 at 6:00 PM in the clubhouse. Please come and enjoy our pot luck. Bring a hot dish, salad or dessert to serve ten. After dinner we'll listen to our speakers, Ray and Wendy Johnson of Rancho Mirage. They are the owners of Golden Paws Grooming Academy.

A big thank you to Kathy Maute who suggested the Christmas Gift drive for the Indio Animal Shelter. On short notice the Pet Club members and others donated

blankets, towels, toys and treats at our November meeting. And a very special thank you to Pat Miller who donated four beautiful pet quilts that she made. The shelter was very appreciative of our undertaking and now the dogs and cats will have lots of extras this season.

## Performing Arts

Extra! Extra! Hold the presses for a special announcement!

Your Performing Arts Club has arranged for a scheduled appearance of famous actor Daniel J. Travanti, star of *Hill Street Blues* and winner of two Emmys, to star along with Ellen Crawford in our presentation of *Love Letters* on Saturday, February 6th, and in a matinee on Sunday, February 7. Ms. Crawford, hailed for her achievements as Nurse Lydia in *E.R.*, will team up with TV's "Captain Furillo" in this touching and timeless play.

Auditions are open to all residents for *Bye Bye Birdie* and will be held Monday, January 4, and Tuesday, January 5, for this musical slated to be held in March.

Get your dancing shoes ready for our "Doowop Flat-top Sock Hop" on January 29. Admission is only \$5.00 for an evening of '50s fun, food and frolic with contests and a live DJ!

## Rainbow Friends

Rainbow Friends is a social club for the gay and lesbian residents of SCSH, their families and friends who live here, and any other residents who would like to join. We meet on the third Monday of every month at 7 PM in the clubhouse. We generally have short meetings followed by a potluck and lots of socializing.



This month, in addition to our regular meeting, we are holding a dinner and dance. The dance will be held on Saturday, January 16, from 5:00–9:00 PM in the Montecito Ballroom. It will feature music by The Hip Tones, a five member band. We will be serving an Italian buffet, with three entrees, salad, desert and non-alcoholic beverages. Guests are welcome to bring any other beverages they might wish. Cost for the evening is \$20 per person.

Our regular January meeting will be on Monday, January 18, at 7:00 PM in the Clubhouse.

### Reader's Ink

Our growing book group is back to our love of books after a month off for the Holidays.



In November, members brought easy-reading children's books to our meeting (always the fourth Tuesday of the month), and their generosity was heartwarming: more than 70 volumes were delivered to Mecca Elementary School's Reading Lab in early December.

January 26 at 2:00 PM, we will be discussing *Shanghai Girls*, Lisa Lee's new novel. Based on her family history, it spans two continents and three decades in the lives of two sisters who escape Shanghai on the eve of WWII only to face discrimination and the threat of deportation in the U.S.

For a complete listing of previous books considered, go to the Reader's Ink web page: [www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net).

We welcome newcomers and all visitors who love a good read.

### RV Club



There was no planned trip in December, but we're gearing up for a busy 2010.

In January we'll spend a few days in Quartzite with thousands of other RV'ers from all over the country who gather for the RV Show.

We're looking forward to our March trip where we'll be watching the Blue Angels (GO NAVY!) soar overhead in El Centro.

We'll be traveling to Paso Robles in April to visit the beautiful wineries, and do a little tasting too!

In May we're returning to Rancho California RV Resort in Aguanga (near Temecula).

There are many places to explore, and so little time to see it all!

If you have an RV, and would like to meet some fellow travelers, stop by our next meeting on Tuesday, January 19 at 6:30 PM!

### Shall We All Dance



The December dance was a winter-themed evening where well-dressed men and glamorous women enjoyed dancing, conversation, snacks, and wine under our recently installed mirrored ball with its beautiful reflected light.

Our next ballroom dance on Saturday, January 30, 7 – 9 PM, will cost \$5 for members and \$10 for guests (collected at the door) and includes wine and snacks. We try to play all kinds of music, from waltz and cha-cha

to swing and rock 'n roll. Don't miss the free Cha-cha dance lesson at 6:30 PM, courtesy of Bob and Nancy Horn.

Membership is \$10 per person for the season, which is June 1, 2009 to May 31, 2010.

You can join at any time by filling out the membership application and the SCSH waiver, available in the rounder at the Lifestyle Desk.

Attach your check, made payable to *SCSH Shall We All Dance*, and deposit it in the Shall We All Dance mailbox in the library.

*Come ballroom dance with us!*

### Solos Club

Our Sunday brunch is now the second Sunday of the month.

On Sunday, January 10, at 11:30 AM we will be going to the Homestead in La Quinta. We will be carpooling from the Montecito Clubhouse at 11 AM. No reservations are needed.

On January 17, everyone who got their money in by December 27 will be going to the Palm Springs Follies.

On Thursday, January 21 we are encouraging our members to take part in the Lifestyles Salsa Night at the Montecito Clubhouse. Lessons will be given. The cost is \$3.00, margaritas included.

Saturday, January 30, Solos will be going to dinner at Agua Caliente's seafood night. Details will be sent to our members before January 15.

Solos Club meets for a social hour every Friday at 4:30 PM at the Shadows Restaurant.

We look forward to meeting new singles in our community.

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### Stitch In Time



Our holiday potluck luncheon was so much fun. We certainly can cook, bake, and make good things to eat! We enjoyed our social time together and getting to know one another better. Instead of giving gifts to each other, we donated toys to the "Toys for Tots" drive.

In November we also donated more blankets to Project Linus.

The paper craft group's greeting cards are so beautiful and different. They are making animal-themed cards in January. Please contact Martha Horner at 760-347-2349 or [mjhorner@aol.com](mailto:mjhorner@aol.com) so she will have enough supplies for you.

Our "Show & Tell" is also very popular. Share with others what you have made and show it off the second Monday of every month.

We are saddened that three of our wonderful and talented members passed away recently.

Ethel Domingue, Helga Lang, and Shirley Simon enjoyed our club's activities and the friends that they made. We are sorry that they are no longer with us.

We quilt, bead, needlepoint, cross stitch, embroider, knit, crochet, rug hook, scrapbook, make cards, and do many other crafts. We are eager to learn how to make new things, as we learn from one another, so join us for fun and camaraderie.

If you have a project waiting to be finished bring it and work on it and make new friends. We have sewing machines for your use during club time.

Club dues are \$10. We welcome donations of fabric and yarn as we make blankets for Project Linus from your donations.

### Table Tennis



Come join the fun with the Table Tennis Club! We play three times a week in the classroom of the Fitness Center: Wednesdays from 12:30 PM – 2:30 PM; Fridays and Sundays from 3:30 PM – 5:30 PM.

It is an excellent workout, both physical & mental. You don't realize how much memory is involved! A recent health lecture even touted table tennis as being one of the best ways to prevent Alzheimer's! A good reason in itself to play.

Residents who wish to join are allowed to play twice as guests; to join, our membership is \$15/year. We have four good quality tables, paddles and balls.

All are welcome, whether you played many years ago, or you are a new player. Come and check it out. Sports, workout or tennis shoes are required.

### That's Entertainment

Our next club outing is to the Palm Springs Follies on January 9 to see the Four Aces and the Fabulous Ladies.

We get a special price of \$55 for members and \$65 for non-members (the extra \$10 makes residents members automatically). The regular price for the gold section where we will be seated is \$80. If you would like, join us for dinner before the 7:00 show at Billy Reed's restaurant at 5:00 PM.

Other activities planned are five special "Dinner and Cabaret" evenings at the clubhouse for fun and entertainment. They include a Western Night, our famous Casino Night, by popular demand the Jim Borax show, plus a special evening with guests from the Magic Castle.

And if that's not enough, we will

go on day trips, sporting events and bike the highest peaks around Shadow Hills.

Membership for the year is \$10 per person. If you wish to join, drop a check off at our mailbox by the library. Please make sure your check contains your phone number and e-mail address.

### Topical Discussion

Do you like to talk or listen to just about any topic? Are there important topics you think should be discussed? What about debating things that are happening around the world every day? Is there something on your mind that you would like to exchange ideas with friends in the community?

The Topical Discussion club meets the first and third Monday of every month at 7:00 PM in the clubhouse for about two hours.

In past meetings, we have discussed many topics concerning our homes, community, earthquake awareness, the war in Iraq, immigration policy and whether there should be a line item veto for the President. Any member can submit a topic to the committee for consideration.

Give the Topical Discussion club a try if this sounds interesting to you. Our next meetings are January 4 and 18 at 7:00 PM.

### Tutta Bella Vino (All Beautiful Wines)



Almost everyone loves chocolate and I know you like wine, so with that in mind we will be doing a pairing of wine and chocolate. We will have Mr. Kent Lyon, a man who knows all about chocolate, and Mr. Ray Croteau of the Henry Wine Group who will help us in pairing wine and chocolate. We will also serve a cheese, fruit and dessert plate. The cost is \$20.00 per person.

This event was a sell-out last year so sign up ASAP.

Registration forms can be found on the rounders at the Lifestyle Desk in the Montecito Clubhouse.

Make checks out to *SCSH Tutta Bella Vino*, attach it to the registration form and drop it through the slot of the Tutta Bella Vino mail box located near the library.

### Ukulele Strummers



It's that time again. Some of us dread it, and others look forward to it: making your New Year's resolutions. Why not try something new?

Our talented member, Ann Olsen, is giving free Ukulele lessons! The Ukulele is an easy instrument to play and it's a lot of fun.

You'll learn several easy basic chords and in no time you'll be playing "Ain't She Sweet?," "Buffalo Gals," "California, Here I Come," "Clementine," "Don't Fence Me In," "Red River Valley," "Side By Side," and some Hawaiian songs like "Little Brown Gal," "Lovely Hula Hands," and the old favorite "My Little Grass Shack."

So join our club and play and sing along with us. Do you already have a Ukulele and want to get back into the swing of things? Drop by the Mirada room. Our club meets every Thursday at 1 PM – 2:30 PM.

For more information about free ukulele lessons, call Ann Olsen at 760-702-3943.

Do you have a Ukulele you no longer want? Please consider donating it to our club to be used by beginners.

### Veterans Club



The Veterans Club wishes the SCSH community a very Happy and Healthy New Year. Our club is not about rehashing war experiences, but securing vital information that can improve the lives of our members, their spouses, spouses of deceased veterans, as well all of our neighbors. You served your country once. What can be more noble than doing it again? We normally meet on the third Wednesday of the month and look forward to seeing you there. Club members get a monthly E-Newsletter put together by Tom Hutson who gleans information from a myriad of publications. See you at our January 20th meeting.

*God Bless America!*

### Women's 18-Hole Golf

The new year begins with a mini-guest day on January 6, and our Princess tournament on January 13 and 20.

We encourage everyone to access our website at shwgc.com for all information regarding the Women's 18-Hole Golf Club. You may register to play, get results, and find information on events we may be having.

Any women resident desiring to join the Women's 18-Hole Golf Club should contact: Nikki Stryker, our membership chairperson, at 760-469-3922.



## Resident Groups

### Democrats in SCSH

The Democrats in Sun City Shadow Hills will conduct their monthly meeting on Wednesday, January 20 at 6:00 PM.

Our program this month will consist of hearing from the two Democratic candidates for the California State Senate, Justin Blake and Art Guerrero.

This election is taking place because John Benoit (R-Palm Desert), who has been the State Senator, was appointed by Governor Schwarzenegger to serve on the Riverside County Board of Supervisors, thereby creating a vacancy in our State Senate.

Our meetings start at 6:00 PM to have some social time first. So come early and let's enjoy each other's company!

## Clubs in Formation

### Calling all Musicians

Looking for talented musicians who play violin, lead guitar, and keyboard to play old standards, old country, swing, jazz, and 50's rock.

Object: Make a little music, have a little fun. Contact Steve Blake, 760-345-7657.

### Softball

Attention all SCSH residents! There are several positions that need to be filled immediately. Prior experience is helpful but definitely not necessary. Most important is a strong desire to have fun.

Please join us on Wednesdays, at 8:30 AM at Freedom Park in Palm Desert for great fun.





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January 2010

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# Merchants Association

The following discounts are available for Sun City Shadow Hills residents via our Merchants Association program.

<b>Merchant</b>	<b>Discount</b>	<b>Telephone</b>
Affordable Storage Cabinets	15% off residents	760-485-0110
American Alarm	No-cost equipment install	760-702-1610
American Saver Klub	\$5 off membership	760-772-0621
BES (AirConditioning/Heating)	10% discount	760-668-5088
Bettelou's Creations	25% discount	760-200-3661
Chauffeur Bob	10% discount	760-200-8689
El Paseo Bank	Free consulting on mortgage loans	760-285-4411
Executive Errands	Preferred rate	760-898-9604
Flooring Innovations	10% off any purchase	760-321-8600
Gabriel Brias Computer Solutions	10% discount	760-360-1610
Good Life Transportation	25% discount	760-341-2221
Gray Chiropractic	50% off first examination	760-347-0544
Indio Performing Arts Center	Free drink coupon with ticket	760-775-5200
Jerry Home Improvement	10% discount	760-902-1378
Joe The Plumber	20% discount	760-408-7720
JW Marriott • Lake View Restaurant	20% off food	760-341-2211
JW Marriott • The Lobby Bar	20% off food	760-341-2211
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JW Marriott • Oasis Bar and Grille	20% off food	760-341-2211
JW Marriott • Starbucks	20% off food	760-341-2211
JW Marriott • Tuscany Italian Restaurant	20% off food	760-341-2211
Keep It Cool Window Tinting	20% off residential, \$20 off auto	760-342-9600
Macarios Grill	20% discount	760-342-5649
Marvin Morrow Music Services	Free bonus copy of CD	760-250-8795
Palm Springs Follies	15% off all seating on Fridays	760-327-0225
Platinum Mercedes (Service & Repair)	5% discount	760-200-0077
QuakeSafe Kits	10% discount	760-345-3283
Safeguard	Free consultation and 10% off	760-327-5284
Services Unlimited - Sheila Faye	10% discount	760-636-5018
Shadow Hills Golf Club & Restaurant	20% discount	760-200-3375
Shaw's Electrical Service	10% discount	760-345-0277
Simply Divine	10% shopping discount	760-799-4425
Skin Care & Spa by JeAna	20% discount	760-673-8510
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Survival Mode	10% discount	760-396-6474
Vern Poore Video Productions	20% discount	760-393-2985
Vickie Y. Mabry-Height, M.D	10% off first visit	760-636-4724

**For information on joining the Merchants Association, contact Eric Angle.**

**760-772-9617**

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Blouses .....	\$2.85	Sheets .....	\$5.50
Pants/Slacks .....	\$2.85	Pillow cases .....	\$1.70
Skirts/Vests .....	\$2.85	Tablecloths .....	\$8 to \$12
Shorts .....	\$2.85	Comforters: Twin/Full .....	\$22.00
Jackets .....	\$3.65	Queen/King .....	\$27.00
		(extra \$3 for down)	

(Moderate extra charge for silk, lined, linen, pleated, white, heavy and fancy garments  
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(you clean, we press ... no environmental charge)

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PRESS ONLY: Jackets .....	\$3.00
PRESS ONLY: Jeans .....	\$1.75
(25 cents extra for starch .....	\$2.00

\* ALTERATIONS at reasonable prices (e.g. from \$8.00  
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\* LEATHER cleaning at reasonable prices (e.g. jackets  
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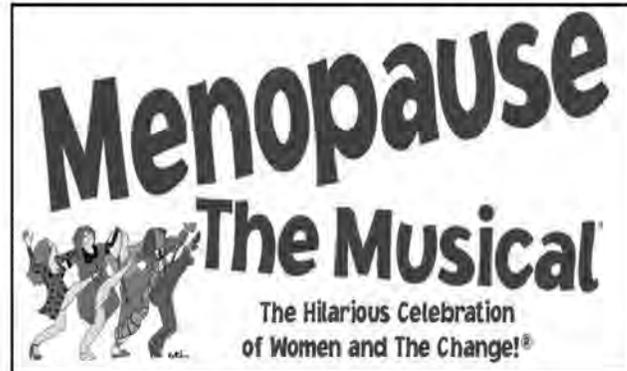
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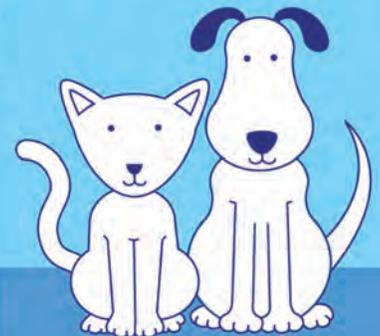
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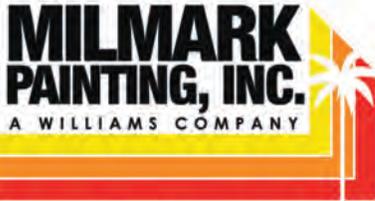
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Jelmburg Team Editor

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