

# the View

Sun City  
Shadow Hills®  
by Del Webb®

February 2010

from Sun City Shadow Hills



## The Oak Ridge Boys

Valentine's Day  
At The Montecito Clubhouse

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### For Warranty Service Please Email: socalservice@delwebb.com

*Jason Streeter is still serving your warranty needs,  
but please do not contact him directly.  
All warranty issues must go through this new email.*

**Mailbox Repair . . . . . Ozzie Lopez, 345-4349 Ext. 224**

# Sun City Shadow Hills Community Association

## Hours of Operation

**Montecito Clubhouse**  
6 am – 10 pm · 7 days a week

**Lifestyle Desk**  
8 am – 5 pm · 7 days a week

**Association Office**  
9 am – 12 pm, 1 pm – 4 pm · Monday thru Friday  
8 am – 12 pm · 1st Saturday of the Month

**Montecito Fitness Center**  
5 am – 8 pm · 7 days a week

### "The Shadows"

**Shadow Hills Golf Club Restaurant**  
Breakfast · Friday thru Sunday · 8 am – 11 am  
Lunch · Friday thru Sunday · 11 am – 8 pm  
Lunch · Monday thru Thursday · 10:30 am – 8 pm  
Dinner · 7 days a week · 5 pm – 8 pm  
Happy Hour · 7 days a week · 2:30 pm – 6 pm

**Shadow Hills Golf Club Snack Bar**  
7:00 am – 3 pm · Daily

*Closed for lunch on Feb. 3, 7, 27, 28  
Closed Feb. 14 for the Valentine's dinner*

*Hours are subject to change.*

**PCM is going GREEN!**

With PCM's efforts to contribute to the GO GREEN movement we are now offering "e-statements" to your homeowners.

Let your homeowners know it's as easy as 1, 2, 3!

1. Go to [www.pcminternet.com](http://www.pcminternet.com)
2. Click on "Sign-up for e-statements"
3. Fill out the Registration form

Save a statement... Save a tree

PCM  
United Power





BY LYNN P. GILLIAM  
GENERAL MANAGER

## From the General Manager

February – Valentine’s Month – brings us some exciting events. Performing Arts presents “Love Letters” on February 6 and 7. This play centers on Melissa and Andrew, discussing the hopes, dreams and disappointments that they have experienced over their lifetimes. On Valentine’s Day we will host “The Oak Ridge Boys” in concert in the Ballroom. What a wonderful way to treat your Valentine. I hope to see you all there. February 20 brings the beginning of the Del Webb Fitness Challenge. I know that Evangeline and Jason from the Fitness Center have some new events planned. Let’s make sure that we bring home the trophy this year. Our Sun City Shadow Hills Photo Contest is underway. If you haven’t already, grab your camera and begin to capture the lifestyle and beauty of our Association. Submission forms that may be picked up at the Lifestyle desk are due on March 15, 2010. Also, don’t forget to plan ahead a little for March and Showtime Santa Fe with music from Broadway and “Bye Bye Birdie” taking the stage.

### Volunteerism

We have many wonderful volunteers within our community who help the Association with everything from manning the lifestyle desk to helping set up and clean up after events. Without our volunteers many of the things we do would not run as smoothly. We appreciate all that they do and would like to invite residents who have not volunteered to join those who already work with us to make our community a wonderful place. You may ask “why should I volunteer, it might take away my fun?” Not at all. Volunteering really is not a giant, scary responsibility – it’s fun. You do not lose all your free time, since you participate based on a schedule that works for you. Below are several reasons why volunteering may be beneficial not only to you personally but to your Community Association.

- *Protect your self-interests.* Protect your property values and the quality of life in your community by becoming involved and understanding how your community operates.
  - *Be sociable.* Meet your neighbors, make friends and exchange opinions.
  - *Give back.* It’s a wonderful feeling to help others.
  - *Advance your career.* If you still enjoy working, build your personal resume by including your community volunteer service.
  - *Have some fun.* Association work isn’t drudgery. It is fun accomplishing good things with your neighbors. Just ask those who are already volunteers.
  - *Get educated about your Association.* Learn how it is done – we will train you.
  - *Express yourself.* Help with creative projects using the talents you have.
  - *Earn recognition.* Your contributions will be recognized and celebrated by other residents.
- For more information on volunteering at Sun City Shadow Hills, stop by the Lifestyle Desk.

### Fireside Chats With The General Manager

During the month of February, I will be hosting several “Fireside Chats with the General Manager” on the patio of the Montecito Clubhouse by the outdoor fireplace. Please join me for general discussion about your association and to mix and mingle with your neighbors. I don’t promise to know all the answers, but if I don’t know the answer, I will find out and get back to you with an answer. If there is some general topic of interest that you would like me to address please stop by either the Lifestyle desk or the Association office and fill out a comment card. This will help me prepare in advance. I will collect these cards before we gather for each “Fireside Chat” so I will be prepared to discuss topics of interest to you. So grab a cup of coffee and join me fireside on the following dates:

- Tuesday, February 2 – 2:00 pm to 3:00 pm*
- Monday, February 8 – 8:30 am to 9:30 am*
- Wednesday, February 17 – 8:30 am to 9:30 am*
- Tuesday, February 23 – 11:00 am to 12:00 pm*

As always, please call or stop by the Association office for questions or concerns. Any of the Association staff will be able to direct your questions to the proper staff member so that they are answered in a timely manner. The Association office staff is looking forward to helping you.

*Wishing everyone a Happy Valentine’s Day.*

# Association Committee Reports



## Covenants

BY FERA MOSTOW

Security is an issue for all of us. We are all concerned with keeping our homes and ourselves safe, but in order to do that we need to use our good sense and take the same precautions we'd take wherever we've lived.

Our security folks are here to keep us safe, but they can't do their job without our cooperation. We need to take some basic precautions such as locking our doors, keeping our garage doors closed, not leaving packages in unlocked cars, and not letting others use our transponders or giving out the gate codes.

We have had some problems recently with residents using their transponders to let delivery and service people into the side and back gates. We have also had folks passing out the "walk-in" gate code to delivery people on bicycles and to other non-residents.

Although it may be inconvenient for delivery and service folks to go around to the front gate, we do that for everyone's security. It's a way of being sure that everyone who comes into our community is here for a legitimate purpose.

This development isn't so large that it is a major imposition for a guest or service person to drive to and from the main gate. By having them do that, it allows Security to be sure that whoever is coming or going belongs here.

If we all do our part, our community will continue to be the safe, secure environment we all want it to be.

## Design Review (DRC)

BY JIM WIEBORG

With everything going "green," visit the HOA Office to buy energy-efficient bulbs for your garage lights. Besides saving money, you won't have to change them as often as regular bulbs and check all the time to see which bulb has now burned out.

As we are now well into winter, you should cut back your irrigation schedule from summer timing. This is especially true after a rain. If we get .10 inch of rain, you can turn your irrigation system "off" for as much as a week, depending on the weather. Watch exposed soil to see how quickly it is drying out. When it becomes dry, turn your irrigation system back on. My system is currently running for 5 minutes every other day. I have adjustable sprays that can be changed to accommodate the requirements of different plants on the same station. Check your plants to see if they are getting too much or too little water, and make adjustments accordingly.

We continue to harp about getting an application to do work in your yard or on the outside of your house.

However, there are times when an application is not needed. If you are painting the outside of your house the same colors that it currently is, you do not need an application. This is considered maintenance. If you change the colors of your house, then you will need to submit an application. If you are replacing cool deck in the original color, you do not need an application.

## From the Library

BY SANDY KANELIS



Our Library is on the honor system and is available to all residents. We ask that you return books in a timely manner to the cart that is adjacent to the Lifestyle desk. Donations of not more than 10 books per month can be left in the basket next to the cart. Magazines not more than two months old can also be left in the basket. We again thank you for your wonderful donations.

Tapes and CDs have been moved to the area near the computers.

We welcome all new residents to our Library. A belated Happy New Year to all. Read and enjoy!

## Board Meeting

*Date: Monday, February 22*

*Time: 2:00 p.m.*

*Location: Ballroom*



COME OUT AND SUPPORT  
THE ATHLETES OF OUR  
COMMUNITY  
FEBRUARY 20, 2010

7 am  
5K Run  
Sun City Blvd

7:15 am  
5K Walk  
Sun City Blvd

7:30 am  
2.5K Pet Walk  
Sun City Blvd

8:45 am  
10K Bicycle  
Sun City Blvd

10 am  
100 Yard Swim  
Indoor Pool

10:30 am  
Obstacle Course  
Driving Range

12 P.M.

AWARDS, MEDAL CEREMONY & LUNCHEON  
\$5 SPAGHETTI LUNCH

JOIN US FOR A FUN FILLED DAY!

Association News



BY SARA NEAR  
DIRECTOR,  
COMMUNITY ASSOCIATION MANAGEMENT  
PULTE/DEL WEBB

## Great news about events

First, it will allow us expand the number of events our Lifestyle Directors can offer. With Del Webb supporting their efforts we can bring more resources to bear on our event series. This will increase the number of events we can hold for the residents' enjoyment. (Of course we're only planning events we know residents will enjoy!)

Second, this will enable our communities to make the events we hold even more successful.

For instance, if a community holds a Health Fair, it will be easier for them to attract premier vendors and exhibitors if those businesses and organizations know that they have a chance of reaching both residents and members of the public.

This holds true for just about any event that involves outside vendors and exhibitors; for example car shows, restaurant samplers, craft fairs that include outside crafters, etc.

These events will not replace the

resident-only events we hold. The intention is to add both quantity and quality to our event series because events are an integral part of the Del Webb lifestyle.

We are planning only a few such events at each community over the course of the year. And just as we want to be sure to hold events our residents will enjoy, we will also be designing these events to bring out guests who have potential as new home buyers and new neighbors and friends for you. Some events will be held at the clubhouses, and some will be held at our model parks.

We will be bringing you more information on what is planned in the months ahead.

In the meantime, we hope you'll not only attend these fun events yourselves, but bring along your friends and family so they can learn why our communities are unsurpassed at providing an active, healthy, and fun lifestyle.

Last month I wrote about some of our most gratifying accomplishments of 2009. This month I would like to tell you about an exciting new initiative for 2010. In addition to the many fun events that are already planned exclusively for residents, during the coming year Del Webb will be working with our Lifestyle Directors to hold some additional events that will be open to both residents and the public.

Why is that good news? For a number of reasons.



### From the Sales Team

BY SALLY SPURGEON

February is the month of Valentine's Day. It offers a great opportunity to celebrate our relationships, love and friendship. How appropriate that *Love Letters*

will be presented in our Performing Arts Center — just a part of the wonderful lifestyle we have chosen for ourselves in this community.

If you haven't driven through Phase III in the past month or so you're in for a wonderful surprise. The enhanced entry adds even more

to the beauty of Sun City Shadow Hills.

You'll be doing a great favor to the friends you refer who buy a new home in Phase III. And of course, we love you for it! Those referrals are one of the most valued parts of our sales success.

## Sales Update . . .

# Meet the Merchants

## Free Wine & Cheese Social

**Monday, February 22, 2010**

**5 p.m. - 7 p.m.**

**Montecito Clubhouse**

The Del Webb Merchants Association is off and running to great success. Nearly 40 local businesses are offering discounts and special offers to you, the residents of Sun City Shadow Hills. On February 22 we'll be holding a special reception so you can meet these local merchants and find out more. Please join us and learn how to save money!

And don't forget to tell YOUR favorite restaurant, retailer, or service business to join the Merchants Association. It's a win-win for everyone.

**Sign up at the Lifestyle Desk**  
**760-772-9617**

 Sun City Shadow Hills  
*by Del Webb*

*from Del Webb*

# News About Indio



BY H. DOW TUNIS  
OUR TRAVELING REPORTER

Hi again, Hillites, and welcome back to our snowbirds who are still arriving to enjoy our wonderful weather.

The Indio City Council rotated the mayor's seat on Wednesday, December 2, 2009. It was Gene Gilbert's turn to lead our city again as Ben Godfrey moved up as Mayor Pro Tem. Gilbert, who has lived in Indio since Hector was a pup, has served as mayor on four other occasions.

His honor had office hours four years ago when he was mayor and plans to continue the practice this term. It gives residents a chance to share concerns, and Gilbert says it keeps him connected with his constituents. Mayor Gilbert also plans to meet with the public from 9:00 – 10:00 am at City Hall on the first and third Thursdays of the month, the day after regularly scheduled Council meetings.

One of the first appointments by the mayor is Malia Evans as Public Arts and Historic Preservation Commissioner. Malia is the wife of local contractor Guy Evans. She will replace former Arts Commissioner Bruce Clark, who stepped down from his seat in mid-September for medical reasons.

Here are some other highlights of the December 2 Council meeting:

- In the annual mayor and mayor

pro tem rotation, councilwoman Melanie Fesmire stepped down as mayor and was honored with a glass gavel for her years of service as mayor of the city.

- The Council voted 5-0 to give the Indio Police Department \$177,619 from the Supplemental Law Enforcement Services Fund to purchase public safety radios and other miscellaneous radio equipment.

- RBF Consulting is now in charge of the construction management services for the first phase of moving utilities underground in downtown. The Council approved 5-0 a change to the City's contract with RBF Consulting to include this work for no more than \$197,800. The funds will come from a \$17.4 million tax-exempt bond issue from 2008 for the reconstruction of downtown infrastructure.

- The Council approved 5-0 an updated parks ordinance that replaces one drafted in 1961. The new ordinance would eliminate the \$10 fee to reserve parks for parties with 50 or fewer people. Larger groups would pay a daily rate of at least \$75.

- The Council approved 5-0 a contract for RSI Land LLC to develop the remaining 118 residential lots in the 39-acre Aliante Housing Community on the north side of Avenue 44, east of Golf Center Parkway. RSI plans to build 118 houses ranging from 1,568 to 1,968 square feet. The homes will be in the Old Hacienda, Santa Barbara, and Spanish Revival styles with a California overtone.

The Riverside County Fair and National Date Festival will be held February 12 – 21 at the Riverside County Fairgrounds in downtown Indio.

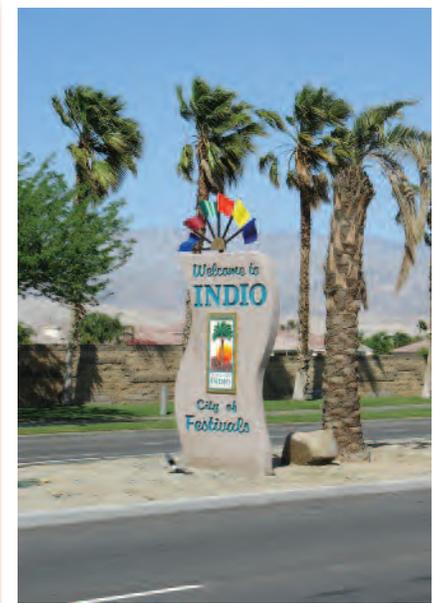
In a Human Services Commission meeting held December 17 at Indio City Hall, officials decided to apply for money through Proposition 84 to develop a sports complex at Jackson

and Market. The \$5 million state grant may be the key to getting a proposed \$100 million, 53-acre Indio sports complex off the ground. The grant is awarded to communities for building new parks or expanding or renovating existing ones.

College of the Desert is waiting for Greyhound to move out of its current building at Oasis Street. COD plans to move its Eastern Valley Education Center to downtown Indio. The local community college wants to build a 4,000 square-foot, four-story center on 2.5 acres owned by the City.

An estimated 100,000 people attended the 18th Annual Indio Tamale Festival. The festivities started on Friday evening with the Latino International Film Festival at the Indio Performing Arts Center. Eight films from the US, Cuba, Mexico, and Spain were screened. The Tamale Festival's annual holiday parade at 10:00 am on Saturday morning included 12 marching bands plus community floats and cars. There were four stages of live music and dancing, plus carnival rides for the kids.

That's it, neighbors! Don't forget: buy in Indio and drive safely.



# ... As Good as Gold... or Maybe Better

BY M L NIETHOLD

What better time than Valentine's Day to check in with some of our residents who have reached their Golden Wedding Anniversary to find out the keys to a successful, long-term partnership?

Recent times (recent being relative) have seen many more 50-year-plus marriages. It wasn't so long ago that the average length of a marriage was about 28 years (before the death of a spouse). Now, the average hovers around 43 years. Visit an old cemetery and you'll see one husband buried with two, three, or sometimes four wives. Childbirth trauma accounted for most of the deaths of women, and men – especially those who already had small children, or who managed farms – had no choice but to find another mate to help with both sides of the family life.

*"So," the reporter says to the spouse in a long marriage, "fifty years of wedded bliss, eh."  
And the reply came, "Well, half of 'em, anyway."*

With modern medicine and fewer children, later marriages and a different view of marriage altogether, long-term marriages are increasing rapidly. Expectations have changed enormously from the 19th and most of the 20th centuries. It was assumed by all but the very wealthy that marriage entailed hard work, many children, good housekeeping and meals served on time!

Intimacy, companionship and sharing of everything, including feelings, are at the forefront of expectations in the 21st century. It might be hard for some older couples to adjust to these new times. Most professionals who study long-term marriages agree that with the exception of the Three A's (adultery, addiction and abuse), marriages can overcome most problems with work, respect and forgiveness. Any married couple can tell you successful marriages are almost never 50/50. Usually, they're 60/40 or even 70/30 from time to time; but the figures are not always loaded toward one spouse. If it is 60/40 sometimes, it will be 30/70 at other times.

*"What counts in making a happy marriage is not so much how compatible you are, but how you deal with incompatibility."*

*Leo Tolstoy, Russian author*

Let's see what the three couples from our neighborhood who have reached that golden milestone and beyond have in common ...



*Linda and Marvin Sage*

**Marvin and Linda Sage** were married on January 24, 1960, in Detroit, Michigan. Marvin's cousin lived across the street from Linda's family and wanted the two of them to meet. Marv thought Linda was too young and said, "Have her call me when she grows up." Within a year, Linda was in high school and they were dating. Both attended Wayne State University. Marv started out in the discount drug business and then the insurance business. He decided he'd always wanted to be a teacher, so went back to get his teaching degree from Michigan State and taught for five years in Royal Oak, two in California plus a year at Desert Sands Unified School District, and then spent 32 years in the Palm Springs Unified School District at the elementary level.

Linda received a teaching and a business degree from Wayne State, and substituted for many years while their two daughters were young. From 1971–1985 she was with the Desert Arthritis Foundation, 12 years as its Executive Director. She also held a real estate and a broker's license. As a side, the Sages had a property management company. Marv has worked with youth groups in Cathedral City and with Temple Isaiah.

*Continued on page 10...*

## As good as gold...

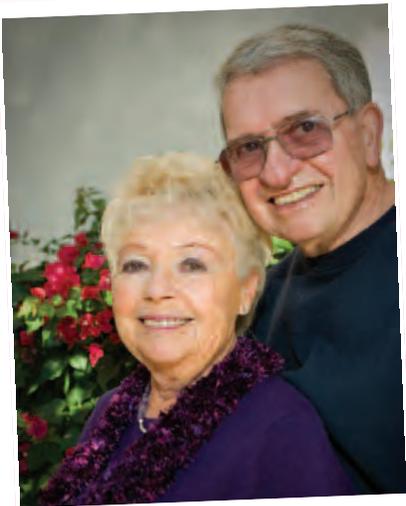
...continued from page 9

Linda and Marvin were very happy to move here in 2004. They are heavily involved with activities, both here in Sun City and in Laguna Woods, where they have a summer residence. They both play bridge and belong to the couples putting group. Marv plays golf and is a past president of the Men's Club; he does slip casting (pottery) and belongs to the computer club and the discussion group. Linda belongs to the book, golf, tap dancing, lady putters, and performing arts clubs; and she takes pool classes at the gym and plays Mah Jongg.

They were involved for many years with Marriage Encounter (a group started by Catholics, but which now is found in Protestant and Jewish congregations) and believe it helped strengthen their already successful marriage. Their advice to others to reach the 50-year mark is hopeful, charming, forthright and humorous: Marv tells Linda every day that he loves her; he tells her she's beautiful and always says, "whatever you want"; and what's more, Linda says that he MEANS it! They say you shouldn't fight too much and don't try to change each other, because it won't work. They decided if one wanted a divorce, that spouse had to take the kids, and marriage always seemed cheaper than a divorce. It's easy to see that these two love and respect each other and the 50-year mark is no fluke. They celebrate all the time by traveling. They have already been to 80 countries and are planning more trips in the upcoming year or two.

*"I'm an average man, without great deeds except maybe one, and that has been to love my wife."*

*Ethan Canin, author  
"We Are Nighttime Travelers" 1988*



*Lila and Larry Goodman*

**Lila and Larry Goodman**, the second of our couples, were married in 1953. They met as freshmen at UCLA, where Larry crashed a party Lila was attending, and dated for 3 ½ years. Upon graduation, Larry was scheduled to be inducted into the service, so they were married sooner than they had planned, had a quick honeymoon, and then were off to Fort Ord. They were stationed in the Black Forest area of Germany from 1954-55, and their first child was born in 1956. They had four children in 5 ½ years.

Larry worked for Rocketdyne in Graphics for 30 years, retiring in 1987. They spent eight years in Canoga Park and 22 years in Thousand Oaks. While employed at Rocketdyne, Larry and Lila owned a trophy store. Lila worked for the Red Cross, substituting for school nurses; started a girls' soccer team, then a women's soccer team and finished that career by becoming the Commissioner of Girls Soccer (AYSO). Lila was also a Past President of B'nai B'rith in the Thousand Oaks area.

After Larry's retirement, following a long-held plan, the Goodmans moved to Ruidoso, New Mexico, where they built and ran a B&B. They closed the business after three years, but not before they enjoyed

becoming the first B&B in the state to receive the AAA Triple Diamond Award. Gary Johnson, then governor of New Mexico, spoke at the award meeting, and Lila says the picture of them together and the diamond pins are cherished possessions. While there, Lila belonged once more to the Red Cross. She was also on the Board of the Domestic Violence group and has always supported women in business.

The Goodmans return to New Mexico and the home they designed every summer. Though no longer an inn, their home is a comfortable and interesting retreat.

Larry and Lila moved to Sun City Shadow Hills in October of 2006 and their home is filled with Larry's art. Larry is proficient in watercolors, oils, and bronzes. Larry belongs to the Art Club and is on the Emergency Preparedness Committee's Golf Cart Brigade, which will bring supplies to certain points in emergencies such as earthquakes. Lila is "quartermaster" for this group and also belongs to the Stitch in Time, Desert Life and Hadassah clubs.

Their secrets to a long and happy marriage are to stay busy and happy, compromise (try not to pout!) and look forward to the next 50 years.

*"Chains do not hold a marriage together. It is threads, hundreds of tiny threads, which sew people together through the years."*

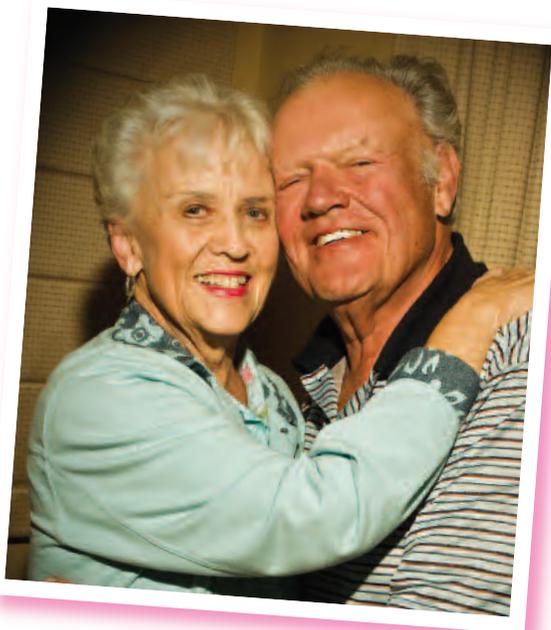
*Simone Signoret, French actress*

**Jan and Marty Martin** are our 3rd couple who've been married for the magic number of 50 years. They were married on the Fourth of July in 1959 at Barber's Point Naval Air Base on Oahu, Hawaii. Jan had traveled to Hawaii footloose and fancy-free as a young woman who just wanted to go there and enjoy the Pacific Paradise. They met at The Waikiki Gourmet (they both loved to eat!) on the day Hawaii was voted our 50th state.

When Marty's naval career of four years was over, he and Jan moved briefly to southern California and then to Portland, Oregon, where he attended Portland State. He worked for a time as a carpenter, returned to Whittier and worked for Edison, then went into sales and finally ran an air conditioning service company. Eventually he became a General Contractor; the couple and their two boys moved to Crestline, where they remained for 31 years. While "on the mountain," they built at least 100 homes and then went into commercial bidding. Their youngest son now runs the company, with help from Dad! Jan was manager of the company while raising two sons.

They decided to get off the mountain and start looking for a retirement home. They checked on Mesquite and St. George, and Jan said "no" to Mesquite. Their families said NO to St. George (too far away). They had come to the desert to play golf for many years, so they looked around and discovered SCSH. They had wanted a gated golf community, so this suited them quite well.

Like the other couples in this article, the Martins are very busy. They developed a love of camping and boating early on in their marriage, starting with tents, then campers and finally to RVs. Here, they are active in the RV club (Marty is president this year), golf (Marty is this year's president of the Men's Golf Club...do we sense a pattern here?), and That's Entertainment. Jan also belongs to Lady Putters, Desert Life, and Stitch in Time. Jan makes beaded jewelry and



Jan and Marty Martin

Marty has a woodshop in the garage where he makes furniture and does fixer-uppers of all sorts. They love to go out to eat (don't forget how they met!). Their family life is important with their two sons and their families.

Their advice is also consistent with other long-time marrieds: Be patient (Marty, says Jan, is very patient and has demonstrated that this past year, when Jan injured her shoulder in an accident and he has taken very good care of her); each should have outside interests, but do some things together; stick it out...laugh a lot and cry a bit. You have to enjoy each other's company and love each other.

All of our SCSH long-married couples have demonstrated their commitments to each other, their families, and their communities. Their love is evident in their treatment of each other, their senses of humor (one husband said his idea of an argument is to do so in the nude so that you can point and laugh!), their common interests, and their ability to work at marriage as hard as they worked at making a living.

*"You've been married for such a long time, Auntie June; haven't you ever thought of divorce?" asked the young niece. Her aunt replied, "Divorce, no. Murder, yes."*

None of these wives were "traditional" in the usual sense for mid-20th century marriages. All worked along with raising children, so perhaps the "I married you for better or worse, but not for lunch" problem with retired husbands doesn't arise. Everyone at SCSH seems to be far too busy to see "too much" of one another.

"Everlasting Matrimony", by Sheryl Kurland, interviews 75 couples who've been married for 50 years or more...

*"Your partner is not a mind reader. Say what's on your mind."*

Gilda Gittleman

*"...you have to like one another."*

Louis Goldberg

*"Don't discuss sensitive subjects before dinner - eat first."*

Renee Flager

Happy Valentine's Day to all of you from someone who hopes to join the ranks of those celebrating Golden Anniversaries...next year!

# Meet Our Neighbor

## Myron Pottios: NFL All-Pro Football Player

BY DICK UNITAN

With the end of the NFL football season and the Super Bowl Game on February 7, 2010, this month we feature Shadow Hills resident Myron Pottios, former NFL All-Pro and participant in Super Bowl VII.

Myron and his wife, Doreen, a real estate broker, moved here from Orange County in 2004. They began coming to the desert in 1967 as weekenders. They stay here during the winters and spend their summers at their home in Colorado.

Myron was a football player since high school, where he played both offense and defense including center, guard, and linebacker. He was named High School All-American and earned a scholarship to Notre Dame in 1957. Myron graduated in 1961 as a College All-American. Playing linebacker with the Irish, Myron says, was a great experience because he was competing at another level and learning under two different coaches.

In 1961, Myron was drafted as first pick by the NFL Pittsburgh Steelers and was the second draft pick of the AFL Oakland Raiders. Myron selected Pittsburgh and played linebacker for

them until 1965. Traded to the Los Angeles Rams in 1966, he played under Coach George Allen, “the best coach ever” according to Myron.

“Coach Allen was ahead of his time,” Myron says, because he was the first to use films of other teams as a training aid. Allen was also the first to hire assistants as special teams’ coaches. While with the Rams, Dick Vermeil and Marv Levy were special teams’ coaches. They later became excellent professional coaches in their own and brought their own teams, the St. Louis Rams and Buffalo Bills, to the Super Bowl.

Myron played defense behind the Rams’ famous *Fearsome Foursome*: Deacon Jones, Rosy Greer, Lamar Lundy, and Merlin Olsen. Myron was nominated to the Pro Bowl three times (1961, 1963, and 1964), and in 1963 he was named to the NFL All-Pro First Team.

In 1971, Coach Allen moved to the Washington Redskins and traded for seasoned players who still had the “stuff.” These veterans, all older than 30, were called “The Over the Hill Gang,” and Myron was one of them.

In 1973, the “Gang” made history

by going to Super Bowl VII. The Redskins played the Miami Dolphins, the only team in NFL to go an entire season undefeated, and lost 14-7. When the 1973 season ended, Myron retired after 13 years as a pro.

Myron cites many differences in football between when he was playing and today. In his time, players were not allowed to drink water during practice sessions. Many times the temperature would be in the 100’s, and players would be stricken with heat prostration. During the games they could drink water – there was no explanation for this inconsistency.

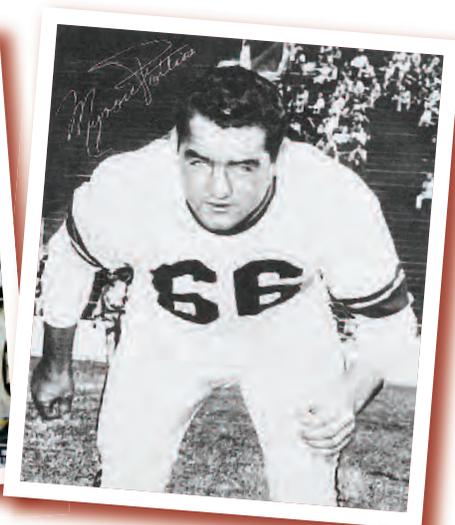
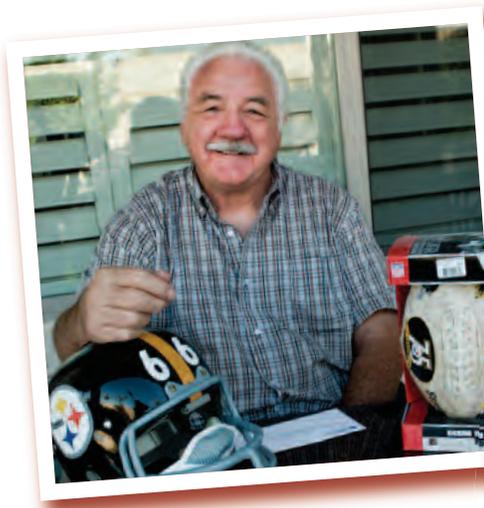
Management did not take injuries as seriously as they do today. There were no medical specialists available to the team, only general practitioners. There were no X-ray machines in the locker room, and no sophisticated diagnostic tools, such as CAT scans or MRIs. If an injury could not be seen, you could play, so many played with concussions. Myron had his share of problems: a shoulder that required two surgeries, a broken forearm, a skull fracture above his eyebrow, and a knee injury resulting in surgery.

It is only since 2007 that the NFL established rules regarding players who suffer concussions. Now, if a player has symptoms, he must sit out the game or practice. Just last month, the rule was expanded: a player can only return after showing no symptoms and undergoing a neurological evaluation by an independent physician.

Myron selected Sun City Shadow Hills for a retirement home because he liked the Del Webb lifestyle, and he says he is very comfortable living in our community.

Myron enjoys daily visits to the gym, where he works out the kinks from his multiple gridiron injuries; and he plays golf regularly.

**NEWS FLASH:** Myron recently received a new honor of being inducted as a member of the Steelers ALL TIME legends team (1933-1970).



At right: Rookie year with the Steelers 1962.

**SUPER BOWL SUNDAY**  
**@ SHADOWS RESTAURANT**

**3:00PM** ★ **FEB 7** ★

**SUPER BOWL**

★ **8 BIG SCREENS**  
**1/2 TIME RAFFLES**  
**HAPPY HOUR SPECIALS**  
**SELECT DINNER MENU**

*Shadows*  
 RESTAURANT

**Valentines Day Dinner**  
 6pm Sun Feb 14th

Appetizer  
 Shrimp Cocktail  
 Iceburg Wedge

Main Entree  
 Stuffed Cornish Hen or  
 Rib Eye Steak  
 Garlic Roasted Potatoes  
 Fresh Vegetables  
 Rolls

Dessert  
 Strawberry Shortcake

**\$25 Per Person**  
**All Inclusive**



Please Make Reservation In Shadows Restaurant

**Del Webb**  
**Fitness Challenge 2010**

February 20, 2010

Our 5th Annual Del Webb Fitness Challenge will be held on February 20, 2010.

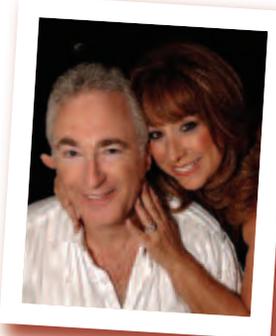
Be sure to sign up and start training for this healthy and fun event.

Remember, we are the defending Del Webb community champions and would love to win again in 2010!

*Deadline to register is February 7, 2010*

**Rodeo Drive is Back!**

I'll bet you don't remember hearing anyone say, "Thank God it's Monday!" That IS, however, what they'll be saying this fall as Shadow Hills welcomes back Marilyn and Randy of Rodeo Drive. They will be performing in the Shadows every Monday evening from 4:30-7:00 pm.



*Marilyn and Randy of Rodeo Drive*

For those of you who may not be familiar with them, Marilyn and Randy are two very strong vocalists who specialize in everything from Broadway to Rock and Roll. They plan to repeat some of the favorite tunes you may have heard last summer and add in the new material they've introduced this past year.

Enjoy this opportunity every week from 4:30-7:00 pm to bring your special someone and your friends to enjoy some great food, libations, and music. Don't miss out ... the Shadows is the place to be! Mondays never sounded so good!

Sports & Fitness



# Shadow Hills Golf Club North Course

BY SHAUN CASEY

After a soft opening last December, the North Course, Shadow Hills Golf Club's par-three course, will have its formal Grand Opening to the public in February.

So what can the golfer experience from this new addition to Valley golf courses?

The layout is unique compared to other par threes, according to General Manager Chris Jones. Most courses are tree-lined and all grass. Not here! The North Course uses desert landscaping and water hazards on seven out of the nine holes. The sand traps are placed strategically to penalize the wayward shot but, also, to add to the beauty of the course. The greens are large compared to other par threes and comparable to the South course. Chris is extremely happy that his grounds team has been able to get these greens into such excellent shape. The larger greens also afford the ability for a variety of hole placements — you aren't going

to get bored on this gem.

So, just whom is this course golf course designed for? The first one to play was Chris Jones, and he feels strongly that it is for "all skill levels." You have a choice of three tee boxes depending on your level of play. So the course can be 1,059 yards to 1,505 yards long. Your handicap will be the same here as on the South course. You still have to play good shots; or you'll be in the desert, water, or a sand trap.

Encouragingly at this stage, there are a lot of additional faces on the new course, including more spouses of the South course players; and it will be perfect for the grandkids who are not ready for the big course. The unique playability of this course is that it is not nearly as intimidating, but still challenging. It only takes an hour and a half to two hours to play, great for those still working. Want to walk, use a pull cart, or ride in a golf cart? Take your choice!

Starting at \$12 for a round, the cost



is within most everyone's budget (January's *View* has the pay scales). Management's goal was to grow the number of residents playing and, if the first indications hold, their strategy appears to be working well!

There is a "temporary clubhouse" that includes a Pro Shop, snack bar, and an area to relax after your round of golf. You can make "tee times" at either Pro Shop; grab a hot dog or cold sandwich; and get a soda, glass of wine, or a beer. What else do you need?

Comments to date have been all positive: it is fun, less time-consuming, and the layout of desert, water, sand traps, and views make it a great experience. This writer's comment: "Join the excitement — you won't regret it!"



*Pictured above from left to right:*  
Suzanne Varvinen & Sue McClure: "Par 3 course with par 5 greens", "Scenery is beautiful", "Fun to play";  
Craig Barcus, Dale Kuskie & Don Kuskie: "Laid it out right", "Really pretty", "Quite challenging";  
Gay St Clair & Bill Sanchez: "Great practice facility for your short game", "Convenient location" (Photos by Tom Hutson)

# Fitness Update



BY EVANGELINE GOMEZ  
FITNESS DIRECTOR

Come check out the new activity in the Fitness Center Aerobics Studio! Wii Sports, here we come!

We are so thrilled to present a new and different kind of active program, Wii Fitness. Unlike stationary video games, Wii gamers use remote controllers to participate in realistic sporting, gaming, and fitness activities. Playing a Wii game requires participants to bend, turn, and swing as if they were doing the real sport or game on their TV screens. You can select any number of sports,

from bowling to tennis to golf – you name it. With the Wii's emphasis on gentle motions, balance, and coordination, the game system disguises physical activity under a heap of fun.

So, you can get all the enjoyment of a real bowling game without having to worry about throwing out your back while hauling around a heavy ball. You can even play a lively game of tennis...indoors! In addition to all the physical fun, the Wii encourages socialization. This element of human warmth and interaction is vital to long-term health and happiness.

If this sounds good to you, join your fitness team and fellow residents for the introduction sessions on Monday, February 1, 8, 15, and 22 from 1:30 – 3:30 pm.

From there we will be determining a schedule for regular Wii play times. We are also planning to hold a Wii tournament during the March 27 Del Webb Health and Wellness Fair. So take advantage of this opportunity to practice so you can become the SCSH Wii-ner!

## Courtside



BY ROD J DUNNETT  
USPTA  
760-777-2907

### *How to improve your game without lessons*

You can divide tennis strings into two main categories: natural gut and synthetic string.

#### **Natural Gut**

Natural gut strings are made of cows' gut in a complex process. Their main features are superb elasticity, stability and "liveliness." But they are very expensive and sensitive to the weather. I don't recommend

natural gut for the normal club level player, since those players should use strings with better price/performance ratios.

#### **Synthetic Strings**

Synthetic strings are mostly high tech products which are constantly being improved to bring their playability into line with natural gut strings but keep the advantage of the synthetic materials' higher durability.

While there are many types of synthetics on the market I am a big proponent of:

#### **Multifilament Strings**

To bring synthetic strings' playability more into line with natural gut, many microfibers are twisted together to a string, which is wrapped in a resistant cover. The advantage: higher elasticity and better playability.

To get the best out of your racquet you'll have to do a little more than just use the best string. The choice of the right tension is about as important as

the choice of the racquet frame.

As a general rule: the tighter you string, the less power you get and the more control you have. With lower tension you gain more power but also lose control. The looser that you string you will experience more durability, feel and comfort. The tighter that you string the durability, feel and comfort is less.

In any case you should try different tensions; if you play better – great, and if you don't, you can get back to the old tension the next time. To increase the durability of your strings you should not expose your racquet to extreme heat, cold or humidity. Therefore you should always keep your racquet in its bag.

Strings lose elasticity with time, this has a negative effect on the playability. In general you shouldn't play a string longer than 2 to 3 months.

# Fitness Center Hiking Trips

## *Lost Horse Mine Loop*

**Wednesday, February 17, 2010**  
**Departure: 7:00 am**  
**Arrival: approximately 3:00 pm**  
**Cost: \$45 per person**

Come join us for our annual trip to the amazingly beautiful Joshua Tree National Park. You will meet at the Fitness Center and then take a shuttle to Joshua Tree National Park. This year we will embark on a strenuous 8-mile hike to Lost Horse Mine. Located near the center of Joshua Tree, Lost Horse Mine Loop Trail combines three hikes into one: visiting a once-successful working gold mine; spectacular desert-mountain vistas; and a delightful meander through a gentle wash filled with Joshua trees, yucca, juniper, and many other high-desert plants. Add to these the views looking south toward the Coachella Valley, and you have the makings of a really fine day hike that introduces you to the stunning natural beauty of Joshua Tree National Park. After the hike, you will be able to relax at Hidden Valley and have a box lunch that will be provided for you, and then you can take a nice peaceful stroll around the 1-mile Nature Trail. This will be a day that you will never forget. Remember to sign up early since we are limited to 22 people.

**Last day to sign up is**

**Wednesday, February 10, 2010.**

**We must have 22 people to avoid cancellation.  
Please sign up at the Fitness Center or call us  
at 760-772-0430 for more information.**



*Pictured above left: section of Lost Horse Mine Trail Loop; above right: Palm Canyon Trail Stone Pools*

## *Palm Canyon Trail to the Stone Pools*

**Wednesday, March 17, 2010**  
**Departure: 7:45 am**  
**Arrival: Approximately 3:00 pm**  
**Cost: \$8 per person**

Come join us for a magnificent 6-mile hike in the Indian Canyons. You will meet at the Fitness Center and then carpool to Indian Canyons. This is a strenuous hike with close to 1,000 feet of elevation gain. You will pass through the lush jungle-like river bottom of Palm Canyon, then out onto back country high-desert plateaus where the entire horizon opens up. Looking 14 miles south toward the distant Santa Rosa Mountains, the trail is surrounded by the soaring San Jacintos, which thrust up dramatically from the canyon floor. Stunning views of the desert and Palm Springs will appear behind you, followed by a series of magnificent plunging cliffs, waterfalls, and exotic pools fed by clear, shimmering ribbons of water racing through the rock gorges during the rainy season. After you finish this hike, you may have lunch on your own at any of the wonderful places to eat nearby. What are you waiting for? Sign up now and don't miss out on this wonderful hike. Remember to sign up early to ensure your spot.

**Last day to sign up is Wednesday, March 10, 2010.**

**Please sign up at the Fitness Center or call us  
at 760-772-0430 for more information.**

*Fitness Center Classes & Services*



## **Blood Pressure Screening**

**Monday, February 8 & 22**  
**8:30 – 10:30 am**

High blood pressure is called “the silent killer” because there often are no symptoms. Your numbers are your only warning. Know your numbers: stop by the Fitness Center and get your blood pressure measured.

Sponsored by Cambrian Homecare.

# Fitness Tip



BY JASON EWALS  
FITNESS COORDINATOR

## 7 Strategies to Help Prevent Heart Disease

### 1. Don't use tobacco products

No amount of smoking is safe when it comes to heart disease prevention. This is one of the most significant risk factors for developing heart disease. Smokeless tobacco and low-tar and low-nicotine cigarettes are also risky, as is exposure to secondhand smoke.

### 2. Get active

Engaging in regular physical activity reaps huge benefits for your body and mind. Walking is a great way to reduce your risk of a heart attack. Start slow

and gradually progress, striving for 30 minutes of brisk walking, or another type of cardiovascular exercise you enjoy, five days a week. Scheduling your exercise keeps you on track and can give you a sense of accomplishment. Be sure to check with your doctor before beginning any exercise program.

### 3. Eat a heart-healthy diet

The Dietary Approaches to Stop Hypertension (DASH) eating plan can also help protect your heart. The DASH diet includes foods that are low in fat, cholesterol, and salt. It is also rich in fruits, vegetables, whole grains, and low-fat dairy products that can help protect your heart. Legumes, low-fat sources of protein, and certain types of fish can also reduce your risk of heart disease.

### 4. Maintain a healthy weight

As you put on weight in adulthood, your weight gain is mostly fat rather than muscle. This excess weight can lead to conditions that increase your chances of heart disease, such as high blood pressure, high

cholesterol, and diabetes.

### 5. Maintain a healthy mouth

Your mouth is a mirror to the inside. In other words, problems in the mouth can be a red flag for something larger going on inside your body. Make good oral health a habit: brush and floss twice a day, and visit the dentist twice a year for cleaning and an exam.

### 6. Get regular health screenings

High blood pressure and high cholesterol can damage your heart and blood vessels. But without testing for these conditions, you probably won't know whether you have them. Regular blood pressure and cholesterol screenings can tell you what your numbers are and whether you need to take any action.

### 7. Get support from a doctor

If your doctor suggests major lifestyle changes to reduce your risk factors, be sure to ask for help and to solicit support from your family and friends. Reach out to people who have had to make similar changes.

Fitness Center Classes & Services

## Fitness Orientations

### By Appointment Only.

If you are unfamiliar with the fitness equipment at Sun City Shadow Hills, you may want to schedule a complimentary Fitness Orientation. We are happy to familiarize you with all the state-of-the-art fitness equipment and create a basic program with workout card for you to follow.

Call the Fitness Center at 760-772-0430 to schedule an appointment.

## Massage Therapy

### Monday, February 8, & Tuesday, February 23

Time: beginning at 9 am  
Therapist: John Rogers (J.R.)  
Chair Massage: \$1/minute  
Full Body Massage: \$70/hour; \$100/1.5 hours  
First time specials: \$50/hour; \$75/1.5 hours  
Schedule with J.R. at 760-668-4669

### Friday, February 5 & 19

Time: beginning at 8 am  
Therapist: Ellen Freid\*  
Chair Massage: \$1/minute  
Full Body Massage: \$80/hour  
Schedule with Fitness Center at 760-772-0430  
\*from *A One Price Quality Massage Therapy*.

Sports & Fitness

# Planning Ahead...



## Health Fair 2010

**March 27, 2010**

**9:00 AM – 1:00 PM**

*Our 5th Annual*

*Spring into Health Fair will take place in the Montecito Clubhouse.*

*If you know of any great health vendors, please let us know so that we can invite them to participate in the health fair. Or, if you are a health vendor, please make sure to register for this event at the Fitness Center.*



## 3rd Annual Community Blood Drive

**March 27, 2010**

**9:00 AM – 1:00 PM**

*Please join us for our 3rd Annual Community Blood Drive hosted by the local Community Blood Bank. This is a great time to give the ultimate gift of life to your desert community.*

For more information, call the Fitness Center 760-772-0430, or log on to the web portal and check the Fitness Center page for class descriptions.

Sunday	Monday	Tuesday
	<b>1</b> 7:00 AM Morning Walk (FC) 8:00 AM Reformer Pilates (AS) \$\$ 8:00 AM Ladies' Tennis Round Robin (TC) 9:00 AM Cardio (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 1:30 PM Wii Fitness (AS) 4:00 PM Adv. Line Dance (AS)	<b>2</b> 8:00 AM Men's Tennis Ladder (TC) 8:00 AM Total Body (AS) \$ 8:30 AM Ladies' 9-Hole Golf (GC) 9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Aqua Fitness (IP) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Beg. Line Dance (AS) 2:00 PM Reformer Pilates (AS) \$\$ 3:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Interval Step (AS) 5:00 PM Int. Line Dance (AS)
<b>7</b> 8:00 AM Mixed Couples Doubles Tennis (TC) 3:00 PM Table Tennis (AS)	<b>8</b> 7:00 AM Morning Walk (FC) 8:00 AM Reformer Pilates (AS) \$\$ 8:00 AM Ladies' Tennis Round Robin (TC) 8:30 AM Blood Pressure Screening(FC) 9:00 AM Massage (FC) 9:00 AM Cardio (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 1:30 PM Wii Fitness (AS) 4:00 PM Adv. Line Dance (AS)	<b>9</b> 8:00 AM Men's Tennis Ladder (TC) 8:00 AM Total Body (AS) \$ 8:30 AM Ladies' 9-Hole Golf (GC) 9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Aqua Fitness (IP) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Beg. Line Dance (AS) 2:00 PM Reformer Pilates (AS) \$\$ 3:00 PM Reformer Pilates (AS) \$\$ 5:00 PM Int. Line Dance (AS)
<b>14</b> 8:00 AM Mixed Couples Doubles Tennis (TC) 3:00 PM Table Tennis (AS)	<b>15</b> 7:00 AM Morning Walk (FC) 8:00 AM Reformer Pilates (AS) \$\$ 8:00 AM Ladies' Tennis Round Robin (TC) 9:00 AM Cardio (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 1:30 PM Wii Fitness (AS) 4:00 PM Adv. Line Dance (AS)	<b>16</b> 8:00 AM Men's Tennis Ladder (TC) 8:00 AM Total Body (AS) \$ 8:30 AM Ladies' 9-Hole Golf (GC) 9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Aqua Fitness (IP) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Beg. Line Dance (AS) 2:00 PM Reformer Pilates (AS) \$\$ 3:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Interval Step (AS) 5:00 PM Int. Line Dance (AS)
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<b>28</b> 8:00 AM Mixed Couples Doubles Tennis (TC) 3:00 PM Table Tennis (AS)	<h1>February '10</h1>	



Wednesday	Thursday	Friday	Saturday
<b>3</b> 8:00 AM Interval Training (AS) \$ 9:00 AM Arthritis T'ai Chi (AS) \$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS) 6:00 PM Happy Tappers (AS)	<b>4</b> 8:00 AM Challenge Step (AS) 9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Aqua Fitness (IP) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 1:00 PM Reformer Pilates (AS) \$\$ 2:00 PM Reformer Pilates (AS) \$\$ 5:00 PM Int. Line Dance (AS)	<b>5</b> 8:00 AM <b>Massage (FC)</b> 8:00 AM Ladies' Tennis Ladder (TC) 8:00 AM Total Body (AS) \$ 9:00 AM Total Body on Ball (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 11:30 AM Adv. Line Dance (AS) 1:00 PM Reformer Pilates (AS) \$\$ 2:00 PM Arthritis T'ai Chi (AS) \$ 3:00 PM Table Tennis (AS)	<b>6</b> 8:00 AM Men's Tennis Round Robin (TC) 8:00 AM Interval Step (AS) 10:00 AM Happy Tappers (AS)
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<b>17</b> 7:00 AM Lost Horse Mine Hike (OFF) 8:00 AM Interval Training (AS) \$ 9:00 AM Arthritis T'ai Chi (AS) \$ 10:00 AM Arthritis Aqua (IP) \$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS) 5:30 PM Eisenhower Health Lecture (MC) 6:00 PM Happy Tappers (AS)	<b>18</b> 8:00 AM Challenge Step (AS) 9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Aqua Fitness (IP) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 1:00 PM Reformer Pilates (AS) \$\$ 2:00 PM Reformer Pilates (AS) \$\$ 5:00 PM Int. Line Dance (AS)	<b>19</b> 8:00 AM <b>Massage (FC)</b> 8:00 AM Ladies' Tennis Ladder (TC) 8:00 AM Total Body (AS) \$ 9:00 AM Total Body on Ball (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 11:30 AM Adv. Line Dance (AS) 1:00 PM Reformer Pilates (AS) \$\$ 2:00 PM Arthritis T'ai Chi (AS) \$ 3:00 PM Table Tennis (AS)	<b>20</b> <b>DEL WEBB FITNESS CHALLENGE</b> 8:00 AM Men's Tennis Round Robin (TC) 8:00 AM Interval Step (AS) 10:00 AM Happy Tappers (AS)
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### Legend

- |                          |                               |
|--------------------------|-------------------------------|
| AS – Aerobic Studio      | OFF – Offsite                 |
| FC – Fitness Center      | TC – Tennis Courts            |
| GC – Golf Club           | \$ – \$3 charge               |
| IP – Indoor Pool         | \$\$ – \$6 charge             |
| MC – Montecito Clubhouse | Visa and MasterCard accepted. |

Listings in BLUE indicate Charter Club membership required.

Studio classes are limited to 25 participants for safety purposes. Please arrive early to ensure your spot.  
 This schedule is subject to change.

# Sports & Fitness Calendar



# Lifestyle Update February 2010

By ERIC ANGLE  
LIFESTYLE DIRECTOR

For all those who enjoyed the annual Baja Fiesta Cruise in January, I hope you got plenty of rest because February looks to be another wild month at Sun City Shadow Hills.

Kicking things off this month is the Performing Arts production of *Love Letters* starring Ellen Crawford from *E.R.* fame and Daniel J. Travanti from *Hill Street Blues*. The show will be sure to get you in the mood for Valentine's Day, when we will rock the Montecito Clubhouse with two live performances by the Oak Ridge Boys. Tickets for VIP seating are still available. Get up close and personal with the stage legends by purchasing tickets to the Valentine's Day event along with tickets to the March production of Showtime Santa Fe.

If you did not yet get the chance to stop by and enjoy the comedic talents on display at our new comedy club, make sure you catch the fun at the next installment on February 17. You can also spice up your life with dancing, Margaritas, and more on Salsa Night on February 18.

The Del Webb Fitness Challenge will get the fun started early February 20, so make sure you come out and cheer on your neighbors if you are not competing. We need to keep that championship trophy safe and sound in the Fitness Center, and it's going to take every top athlete and their loyal fans to do it. You will see new additions to the competition this year including the obstacle course. Let the adrenaline flow as we take on our sister communities of Sun City Apple Valley, Solera Diamond Valley, Solera Oak Valley, and Solera Kern Canyon.

We invite everyone to take advantage of all the great discounts being offered in our merchants program. If you have not been out to meet some of the businesses, you can stop by the clubhouse on Monday, February 22, after the Board meeting, from 5:00 – 7:00 pm. when Lifestyle will be hosting our Meet the Merchants party. Free refreshments will be served.

SUN CITY SHADOW HILLS  
CREATIVE ARTS CLUB



presents

## Our 3rd Annual Winter Art Show

**SATURDAY, FEBRUARY 6, 2010**

**9:00 A.M. TO 3:00 P.M.**

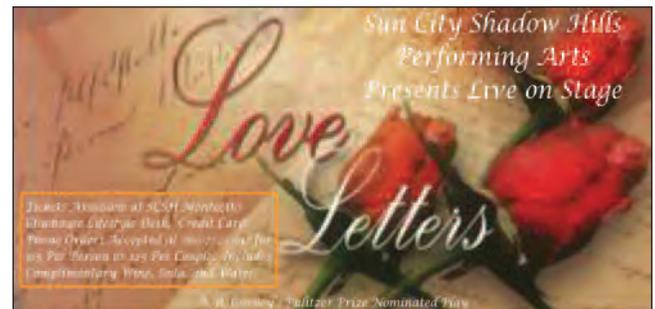
**Come and meet our resident artists and enjoy  
light refreshments**



At

*Sun City Shadow Hills  
Montecito Clubhouse in the  
Cambria and Mirada Rooms  
80-888 Sun City Blvd., Indio*

Contact: Marcia Gewelber: 760-469-5258 or  
Linda Ann Wolf: 760-347-6888



Presented on Saturday February 6th at 7:00 PM  
And Sunday February 7th at 2:00 PM  
At the Sun City Shadow Hills Montecito Club House

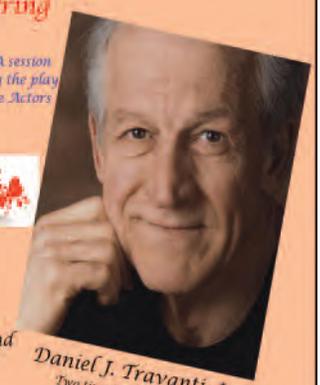
By Special arrangements with Dramatists Play  
Service, Inc. of New York

Starring

Q and A session  
following the play  
with the Actors



Ellen Crawford  
Nurse Lydia on TV's ER and much  
more.



Daniel J. Travanti  
Two time Emmy Winner  
Hill Street Blues

Contact: Darryl A. Jacobs 760-470-9877

\*Scheduling subject to change





Sun City Shadow Hills  
Concerts 4 U

Presents

## Sir Laffs-A-Lots Comedy Night



Comedians from  
• The Tonight Show  
• The David Letterman Show  
• Comedy Central

Wednesday, February 17, 2010 at 7:00 PM

**\$10** non-refundable

Checks, Visa, MasterCard accepted

Complimentary Beer, Wine, Soda, and Water served

Montecito Clubhouse  
80-888 Sun City Blvd.  
Indio, Ca. 92203

Ticket information, call the  
Lifestyle Desk at 760-772-9617  
For questions, call Gloria at 760-393-8541

## Valentine's Day Celebration

Sun City Shadow Hills Concerts 4 U Club

Presents

## The Oak Ridge Boys



Sunday, February 14th at 3:00 PM & 7:00 PM

Tickets: \$49 nonrefundable

Complimentary Bar

Checks, Visa, and MasterCard accepted at the Lifestyle Desk: 760-772-9617

Montecito Clubhouse

For information, call Gloria Lash

80-888 Sun City Blvd. Indio

at 760-393-8541

Shall We All Dance?

## BALLROOM DANCE PARTY

Friday, February 26

6:30 p.m. dance lesson  
7 to 9 p.m. dancing

members: \$ 5  
guests: \$10

wine and  
hors d'oeuvres  
included

Dance lesson  
compliments of Bob & Nancy Horn



## Log On to the Lifestyle!



### If You've Never Used the Community Website

1. Use your computer's internet browser to go to [www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net)
2. Click on **New User Registration** and follow the system prompts.
3. Once you are approved you will be issued a temporary password.
4. On your first log-in, enter your username (your first and last names with a dot between them). Use your temporary password.
5. Once you have logged in, you will be prompted to set your own private password.
6. If you need more help, contact the Lifestyle Department.

[www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net)

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

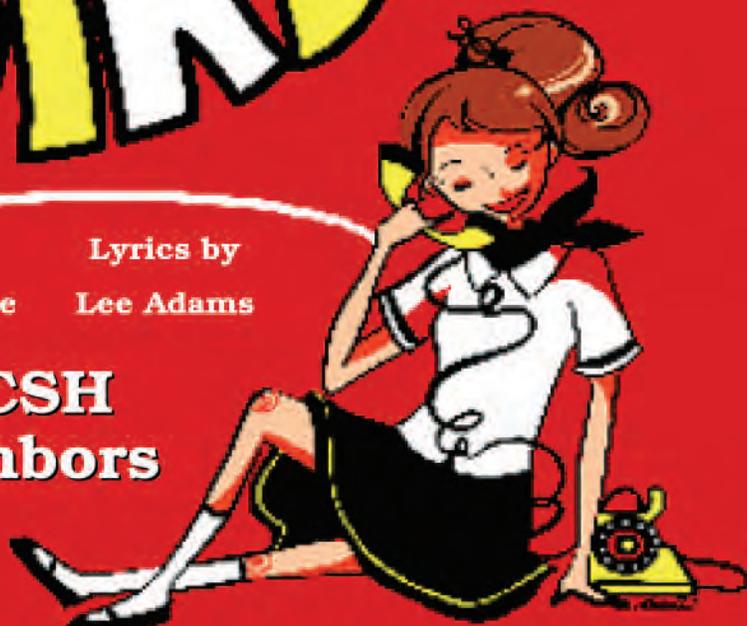
**Sun City Shadow Hills  
Performing Arts Club Presents  
5 "Fab" Performances of ...**

# **BYE BYE BIRDIE**

**Book by** Michael Stewart    **Music by** Charles Strouse    **Lyrics by** Lee Adams

**Starring your SCSH  
Friends and Neighbors**

**Tickets \$15.00**



**March 12, 13, 19 & 20, 2010 at 7:00 pm  
March 21 at 2:00 pm**

**Complimentary Wine, Soft Drinks, Water**

**Tickets: Lifestyle Desk or Master Card, Visa orders @ 760-772-9617**

**For information call Pat Rosandich at 760-343-0783**

Sun City Shadow Hills Concerts & U Club  
presents



## SHOWTIME SANTA FE

starring

CAMPBELL MARTIN

SUE LOVITZ

Featuring pianist Christopher Marlowe

"Lovitz and Martin Sing! And Zing! And Swing...delighting again and again!"

Howard Weinberg, Producer, Director "New York in Song"

**Saturday, March 6th at 7:00 PM**

**Sunday, March 7th at 3:00 PM**

**Tickets: \$25**

Complimentary Wine and Water Served

Montecito Clubhouse  
80-888 Sun City Blvd.  
Indio, Ca. 92203

Ticket information, call the  
Lifestyle Desk at 760-772-9617  
For questions, call Gloria at 760-393-8541

## Meet the Clubs

### Wine & Cheese Social

**Monday, March 22, 2010**

**5 p.m. - 7 p.m.**

**Montecito Clubhouse**

Come enjoy a wine and cheese reception and learn more  
about the exciting Chartered Clubs and Resident Groups at  
Sun City Shadow Hills.

**Sign up at the Lifestyle Desk  
760-772-9617**

Sun City Shadow Hills  
by DeWalt

## LOX of FUN TOUR

**Wednesday, April 7, 2010**

Departure Time: 7 a.m.

Return Time: 7 p.m. (approx.)

**\$89.00 per person**



Includes: Roundtrip motor coach transportation, a stop at the Brooklyn Bagel Bakery for a tour and bagels & juice (to be enjoyed on the coach), free time at Farmer's Market, lunch at Canter's Deli (includes: each guest's choice of entrée), admission to the Noah's Ark Exhibit at the Skirball Cultural Center in Los Angeles.

Inspired by the ancient flood story, which has parallels in diverse cultures around the world, this one-of-a-kind exhibition invites visitors of all generations to have fun, connect with one another, learn the value of community, and help build a better world.

Seating is limited

Contact the Lifestyle desk for more information at 760-772-9617  
Or stop the Front desk and sign up for the trip

Deadline is March 5, 2010 - No refunds & non-transferable

Sun City Shadow Hills  
by DeWalt

2010  
Classic Car Show

Saturday, April 10, 2010  
10 a.m. - 1 p.m.  
Montecito Clubhouse

A showcase of some of the Coachella Valley's most unique and inspiring automobiles. Trophies will be awarded to the top 3 cars in each category.

Enjoy food, music and special appearances.

For more information, contact the Lifestyle Department at 760-772-9617.

Lifestyle Update

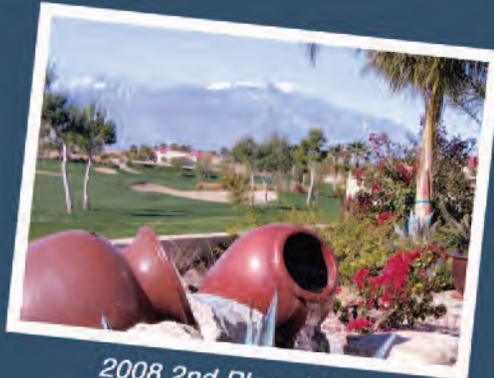
THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

# PHOTO CONTEST

Grab your camera, use your imagination and creativity, and capture those award-winning images to share with the community!



2008 1st Place Winner



2008 2nd Place Winner



2008 3rd Place Winner

The theme is – Lifestyle Activities and Community Environment

Your photo must capture the lifestyle and environment enjoyed by the residents of Sun City Shadow Hills. For the purposes of the Contest, the theme is defined as:

- Sport/fitness activities (golf, tennis, jogging, biking, billiards, etc.).
- Group participation at a club meeting or event (painting, computer club, ukulele club, tap dancing, etc.).
- Residents enjoying one of the many table games at the Montecito Clubhouse.
- Participation in a Lifestyle Department or Club-sponsored trip.
- Flora and fauna in the Sun City Shadow Hills area.
- Beautiful views in our community.

*Note: these are not separate categories.*

Your image should demonstrate originality and artistic creativity. Except for cropping and lighting modifications, computer enhancements and manipulation are not allowed.

**Winners will receive:**

**First prize \$200**

**Second prize \$100**

**Third prize \$75**

**Plus, two (2) Honorable Mentions, \$25 each**

Participation is limited to SCSH residents, and all photos must be taken on-site at SCSH or on a trip sponsored by the Lifestyle Department or a Club.

Participants may enter up to two (2) photos. Photo(s) must be submitted as 5" x 7" prints (either professionally or home-printed); must include the photographer's name, phone number, and title of each photo written on the back of the photo; and must be submitted with the ENTRY FORM and PERMISSION AND RELEASE to the Lifestyle Department no later than 4:00 pm on Monday, March 15, 2010. Forms are available at the Lifestyle Desk. A JPEG format file of each photo must also be submitted by the same date to [scshlifestyles@pcmineternet.com](mailto:scshlifestyles@pcmineternet.com)

Entries will be screened for adherence to contest criteria. All qualifying entries will be posted on the community website.

Winners will be selected by judges picked by the Communications Committee based on criteria provided by the Committee's Photography Subcommittee. These criteria are available for review on the community website.

Winners will be announced and prizes awarded on Thursday, April 1, 2010. Winners will appear in The View, on Channel 98, and on the community website.

For more information: 760-772-9617

# Bridge Club Lessons



Have you thought about brushing up on your Bridge?

Have you considered learning bridge for the first time?

The Bridge Club will host a series of lessons starting the 3rd Wednesday in February.

Montecito Club House 2/17/2010

**YOU DO NOT HAVE TO BELONG TO THE BRIDGE CLUB TO PARTICIPATE  
THERE WILL BE NO CHARGE**

Beginning Class will convene at 10:00AM until 12:00 Noon

Please call Al Barish at 760-772-9409, or cell 818-437-0866 if you have any questions or would like to sign up. I will be inaccessible from 1/5/10 to 2/6/10.



## GRASP

Grief Recovery After a Substance Passing

Monday, February 8, 2010

Tuesday, February 23, 2010

6:30pm - 8:30pm

Montecito Clubhouse

GRASP was created to help provide sources of help, compassion, and understanding for families who have had a loved one die through drugs or alcohol.

Contact: Denise Cullen  
(760) 262-8612



## PASSOVER SEDAR

It's not too early to think about where you'll be celebrating Passover this year.

Monday, March 29, 2010 at 6:30 p.m.  
Montecito Clubhouse

For information, please call:  
Congregation Beth Shalom at 760-200-3636



Service  
Above Self

The Rotary Club of Indio, a Chapter of America's *most-active* community service organization, invites *you* to join us any Tuesdays at noon. We meet at Sun City Shadow Hills in *your* Montecito Club House .  
[www.indiorotary.org](http://www.indiorotary.org)

Lunch Cost: \$12.00

Please call 760-408-2802 to R.S.V.P.

## BINGO VOLUNTEERS NEEDED



GAMES PLUS IS GEARING UP FOR BINGO SESSIONS TO BE HELD AT OUR VERY OWN MONTECITO CLUBHOUSE. WE ARE LOOKING FOR VOLUNTEERS TO HELP IN THE FOLLOWING AREAS: BINGO CALLERS, BINGO PACK SALES, FLOOR MONITORS, AND SNACK SALES. THERE WILL BE SOME TRAINING INVOLVED. IF YOU ARE INTERESTED PLEASE CONTACT CAROL DORLER AT 760-200-3255 OR PAT ROSANDICH AT 760-343-0783.

Lifestyle Update

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

## Club Contact Information

### Billiards

Bryan Murray  
760-342-9028  
[murph1109@verizon.net](mailto:murph1109@verizon.net)

### Bridge

Arny Grushkin  
760-296-1477  
[agg.industries@snet.net](mailto:agg.industries@snet.net)

### Camera Club

George E. Shultz  
760-262-8920  
[gemshultz@earthblink.net](mailto:gemshultz@earthblink.net)

### Ceramics Club

Paula Nadel  
760-262-8277  
[snadel@dc.rr.com](mailto:snadel@dc.rr.com)

### Community Singers

PJ Nilson  
760-469-3420  
[pjnilson1@aol.com](mailto:pjnilson1@aol.com)

### Computer Club

Mike Nilsson  
760-200-4848  
[mmnilsson@aol.com](mailto:mmnilsson@aol.com)

### Concerts 4 You

Gloria Lash  
760-393-8541  
[walagj@yahoo.com](mailto:walagj@yahoo.com)

### Couples Golf

Jim Angus  
760-238-4582  
[jangus1967@aol.com](mailto:jangus1967@aol.com)

### Creative Arts

Linda Wolf  
760-347-6888  
[pakofwolfs@verizon.net](mailto:pakofwolfs@verizon.net)

### Desert Life

Marilyn Jones  
760-343-7751  
[mardenj1@juno.com](mailto:mardenj1@juno.com)

### Games Plus

Carol Dorler  
760-200-3255  
[prov356jcd@msn.com](mailto:prov356jcd@msn.com)

### Happy Tappers

Tina Wigodsky  
760-834-9501  
[tilliwig@eclipse.net](mailto:tilliwig@eclipse.net)

### King & Queens

Card Club  
Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

### Ladies 9-Hole Golf

Vivian Chertok  
760-772-9771  
[vbchertok@yahoo.com](mailto:vbchertok@yahoo.com)

### Lady Putters

Nancy Denier  
760-775-5944  
[ndenier@dc.rr.com](mailto:ndenier@dc.rr.com)

### Lively Liners

Linda Eady  
760-775-9053  
[lindaeady@gmail.com](mailto:lindaeady@gmail.com)

### Mah Jongg

Babette Bloomgarden  
760-393-2056

### Men's Golf Club

Marty Martin  
760-262-8104  
[martyandjan@dc.rr.com](mailto:martyandjan@dc.rr.com)

### Oke Dokey Karaoke

Vic Saraydarian  
760-912-5499  
[asaraydarian@yahoo.com](mailto:asaraydarian@yahoo.com)

### Opera Club

Ralph Gabai  
760-262-8593  
[rgabai@dc.rr.com](mailto:rgabai@dc.rr.com)

### Pan

Judy Shuman  
760-393-8487  
[judy41@aol.com](mailto:judy41@aol.com)

### Performing Arts

Lou Reintz  
760-393-2209  
[pianoboylou@yahoo.com](mailto:pianoboylou@yahoo.com)

### Pet Club

Myron Crespin  
760-343-7776  
[abm4rush@aol.com](mailto:abm4rush@aol.com)

### Rainbow Friends

Bruce Atkinson  
760-342-1835  
[poboxtwo@hotmail.com](mailto:poboxtwo@hotmail.com)

### Readers Ink

Criss Kiefer  
760-345-7551  
[criss.kiefer@yahoo.com](mailto:criss.kiefer@yahoo.com)

### RV Club

Cary Washburn  
760-238-4232  
[cwashburn001@dc.rr.com](mailto:cwashburn001@dc.rr.com)

### Shall We All Dance

Robert Carson  
310-351-1188  
[robertecarson69@hotmail.com](mailto:robertecarson69@hotmail.com)

### Solos

Charleen Cash  
760-469-8334  
[ccash818@gmail.com](mailto:ccash818@gmail.com)

### Stitch in Time

Janice Wright  
760-360-8090  
[prwnces@aol.com](mailto:prwnces@aol.com)

### Table Tennis

Vern Poore  
760-393-2985  
[vern-vrgems@dc.rr.com](mailto:vern-vrgems@dc.rr.com)

### Tennis Club

Angela Fiori  
760-399-7931  
[angela.fiori2003@yahoo.com](mailto:angela.fiori2003@yahoo.com)

### That's Entertainment

Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

### Topical Discussion

Al Barish  
760-772-9409  
[albie37@juno.com](mailto:albie37@juno.com)

### Tuesday Night Putters

Dale Conatser  
760-775-9680  
[daleconatser@msn.com](mailto:daleconatser@msn.com)

### Tutta Bella Vino

Aldo Tremonti  
760-972-3025  
[atremonti@dc.rr.com](mailto:atremonti@dc.rr.com)

### Ukulele Strummers

Barbara Hoffmann  
310-872-0572  
[redactor@pacbell.net](mailto:redactor@pacbell.net)

### Veterans Club

Tom Hutson  
760-347-6317  
[tombutson@dc.rr.com](mailto:tombutson@dc.rr.com)

### Women's Golf Club

Char Oman  
760-863-2159  
[namoc@aol.com](mailto:namoc@aol.com)

### Resident Groups

Democrats In SCSH  
Sue Haffley  
760-345-0286  
[haffleysue@yahoo.com](mailto:haffleysue@yahoo.com)

### Clubs in Formation

#### Canasta

Susan Goldfine  
760-408-7544

#### Gardening Club

Ed Lustig  
561-308-4995  
[ealsr4ever2@yahoo.com](mailto:ealsr4ever2@yahoo.com)

#### Motorcycle Rides

Craig Barcus  
760-201-3215  
[craigbarcus@gmail.com](mailto:craigbarcus@gmail.com)

#### Musicians

Steve Blake  
760-345-7657  
[sblake126@sbcglobal.net](mailto:sblake126@sbcglobal.net)

#### Softball

Jerry Rosen  
909-556-2741  
[kbboxdad5@yahoo.com](mailto:kbboxdad5@yahoo.com)

#### Sports Talk

Ben Weissbach  
760-702-7159  
[ben11169@dc.rr.com](mailto:ben11169@dc.rr.com)

#### Square Dance Club

Barbara Leimberg  
760-393-2608  
[barbara42343@yahoo.com](mailto:barbara42343@yahoo.com)

## Billiards Club



It's time to elect new officers for the Sun City Shadow Hills Billiards Club! The new term commences March 1, 2010, and runs through February 29, 2012. The elections will be held on Wednesday, February 17, 2010.

Here's a little background if you are not yet a member: our club meets every Wednesday at 7 pm in the clubhouse Billiard Room for open play. Membership runs through February 2011, and is only \$10 per person. It's a great way to make new friends and meet your neighbors!

Tournaments are held on the last Wednesday of each month promptly at 6:30 pm at a cost of \$2 per tournament per member. You must be a club member to play in the monthly tournaments.

December's Scotch Doubles Tournament 1st Place winners were Jim Hadden and Gary Hammer. Congratulations, Jim and Gary! Myron Crespin and Lips Nacorda came in 2nd Place, and Catherine Ace and George Christ came in a strong 3rd. Everyone played well and enjoyed themselves.

Women and men of all levels of experience are welcome and encouraged to join us. If you'd like to learn to play or just need a few pointers, lessons are available at 10 am every Monday in the Billiard Room.

Interested in starting a new club?

Are you interested in bocce, Bunco, cars, motorcycles, travel, or another hobby? Why not start a new club! Drop by the Lifestyle Desk in the Montecito Clubhouse to pick up an informational packet.

760-772-9617

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.



## Bridge Club



Now that everyone is back, our table count is growing, and we have been able to acquire the front end of the ballroom for most of our Tuesday games. For those that want a more relaxed and social experience, Thursday nights are booming again. The bottom line: the competition and fun level continue to go up!

We play duplicate bridge every Tuesday from 12:30 – 4 pm. This session is now sanctioned, and ACBL members can earn Master Points as well as our usual cash prizes. Card fees for this game are \$2 for residents and \$5 for non-residents. Master Points will be recorded with the ACBL. Non-resident play is limited to one time per month.

We also meet on Thursday evenings from 6:30 – 9 pm in the Capistrano room. This is a less formal atmosphere where newcomers can learn the nuances and hone their duplicate skills. There are no fees for this session. We can also accommodate those wishing to socialize and play “party bridge.”

Although you don't need a pre-determined partner, most players make arrangements ahead of time. Looking for a partner? Call our VP, John Sarkie, at 760-393-8562.

Bridge lessons are held periodically throughout the year for the new player or those that want a refresher course. Call Al Barish at 760-772-9409 for beginning bridge, or Roy Krapes at 760-469-8237 for intermediate lessons. All bridge lessons are free for all residents of SCSH!

Come join us — you will enjoy the bridge. See you there!

## Ceramics Club

We hope everyone had a nice New Year and toasted to a very healthy and happy 2010.

We welcome you back to class and on to new projects. On February 23, we will have a breakfast meeting at 9:30 am. Please mark your calendars. We hope all members will attend. If you have any questions, please call Aileen, 760-347-0151.

## Community Singers

February finds “The Singers” hard at work learning the words and moves to Rock and Roll and Doo Wop oldies. Yes, we're practicing for our April concert, having lots of good times as we groove to the beat!

We've added some new faces to our group and invite any others interested in having fun through music to meet with us on Mondays from 5 – 6:30 pm in the front half of the ballroom. We do not have “try outs” for our group. The only requisite is that you want to sing.

Come join us!

## Computer Club

February 6, Saturday, 5 pm, clubhouse kiosk area: Monthly board meeting.

All members welcome.

February 10, Wednesday, 10 am, front half of the ballroom: A special class on how to save, organize, improve, and share all those digital and old album photos you have been collecting. Members \$5, non-members \$15. Reservation forms are in the clubhouse.



February 23, Tuesday, 10 am, front half of the ballroom: Regular monthly club meeting. Special information on free computer training in our area: Indio Senior Center, Mac Gallery, and others.

February 24, Wednesday, 10 am, front half of the ballroom: The Mac Users Group (MUG) will cover Pages, Mac's word processing program, and explore the relationship between Address Book, iCal (calendar), and i-Mail, Mac's e-mail program.

Our training program has been formalized by scheduling two regular monthly educational sessions, usually the second and fourth Wednesdays at 10 am. The session on the second Wednesday will be for PC and general interest training; the fourth Wednesday will be for the Mac Users Group. You need not be a Mac owner to attend the Mac meetings.

We hope everyone will search their business contacts to find a company that is exchanging old laptops for newer machines. Since we are part of a non-profit, our goal would be to get the obsolete laptops donated to us.

To see this article and updates, go to the SCSH web site. Click “groups,” then enter Computer Club in the search field.

## Concerts 4 U

Get your cowboy hats and leather boots out cuz “The Oak Ridge Boys” will be bringing down the house on February 14 for two great shows! Special Valentine's events are planned for these shows! Tickets are going fast! Tickets are available for each show at the Lifestyle Desk for \$49.

*Continued on page 30...*

Sunday

Monday

Tuesday

Wednesday



1

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 3:00 PM Earl Rosenstein Playreaders (SY1)  
 5:00 PM Community Singers (FH)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)  
 7:00 PM Topical Discussion (CAM)

2

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 10:30 AM Non-Surgical Skin Rejuvenation Seminar (MAR/SY1)  
 12:00 PM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 2:00 PM GM Fireside Chat (WSP)  
 4:30 PM Tuesday Night Putters (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 7:00 PM Concerts 4 U Meeting (MAR)

3

8:30 AM HOA Staff Meeting (MAR)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Mah Jongg (SY2)  
 10:30 AM Security Meeting (MAR)  
 12:30 PM Mah Jongg (BH)  
 12:30 PM Women's Golf Club (FH)  
 1:00 PM Kings & Queens (CAP)  
 4:00 PM Camera Club (CAM)  
 4:00 PM That's Entertainment (SY2)  
 5:00 PM Bye Bye Birdie Rehearsal (CAP)  
 6:00 PM Opera Club (FH)  
 7:00 PM Billiards Club (PAC)

7

2:00 PM Love Letters (BR)



Ellen Crawford & Daniel J. Travanti

8

7:00 AM Lady Putters (CAP)  
 8:30 AM GM Fireside Chat (WSP)  
 9:00 AM Creative Arts (CAM/MIR)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 5:00 PM Community Singers (FH)  
 6:30 PM GRASP (SY2)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)

9

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 12:00 PM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 4:30 PM Tuesday Night Putters (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 6:00 PM Pet Club (BH)

10

8:30 AM HOA Staff Meeting (MAR)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Computer Club (FH)  
 10:00 AM Mah Jongg (SY2)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM Kings & Queens (CAP)  
 5:00 PM Bye Bye Birdie Rehearsal (CAP)  
 6:00 PM Democratic Group (BR)  
 7:00 PM Billiards Club (PAC)  
 7:00 PM Performing Arts (CAM)

14



3:00 PM Oak Ridge Boys (BR)  
7:00 PM Oak Ridge Boys (BR)

15

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 2:00 PM Men's Golf Board (SY2)  
 3:00 PM Earl Rosenstein Playreaders (GR)  
 3:30 PM Lady Putters (FH)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)  
 7:00 PM Rainbow Friends (CAM/MIR)  
 7:00 PM Topical Discussion (MAR)

16

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 10:00 AM Mardi Gras Dance Party (Kitchen)  
 12:00 PM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 12:00 PM Desert Life Luncheon (OFF)  
 6:00 PM Bye Bye Birdie Rehearsal (CAM)  
 6:00 PM Kings & Queens (CAP)  
 6:00 PM Mardi Gras Dance Party (BR)  
 6:30 PM RV Club (MIR)

17

7:30 AM Men's Golf (FH)  
 8:30 AM GM Fireside Chat (WSP)  
 8:30 AM HOA Staff Meeting (MAR)  
 10:00 AM Bridge Lessons (SY1)  
 10:00 AM Mah Jongg (SY2)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM Kings & Queens (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (CAM)  
 6:00 PM Sir Laff-a-Lots Comedy Club (FH)  
 7:00 PM Billiards Club (PAC)  
 7:00 PM Veteran's Club (MAR)

21



5:00 PM Solo's Club (CAM/MIR)

22

7:00 AM Lady Putters (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 10:00 AM Executive Session (SY2)  
 12:30 PM Stitch in Time (CAM/MIR)  
 1:00 PM Games Plus Scrabble (CAP)  
 2:00 PM Board Meeting (BR)  
 5:00 PM Community Singers (CAM/MIR)  
 6:30 PM Pan (CAP)  
 7:00 PM Bye Bye Birdie Rehearsal (FH)

23

8:30 AM Finance Committee (CAP)  
 9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Farmers Market (BW)  
 9:30 AM DRC Meeting (MAR)  
 10:00 AM Computer Club (FH)  
 11:00 AM HOA Staff Meeting (MAR)  
 12:00 PM Indio Rotary (CAP)  
 12:00 PM Duplicate Bridge (FH)  
 2:00 AM Readers Ink (CAM/MIR)  
 4:30 PM Tuesday Night Putters (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)  
 6:00 PM Kings & Queens (CAP)  
 6:30 PM GRASP (SY2)

24

8:30 AM HOA Staff Meeting (MAR)  
 10:00 AM Bridge Lessons (SY1)  
 10:00 AM Mah Jongg (SY2)  
 10:00 AM Computer Club (FH)  
 10:30 PM Golf Ops (MAR)  
 12:30 PM Mah Jongg (BH)  
 1:00 PM Kings & Queens (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 7:00 PM Billiards Club (PAC)  
 7:00 PM Tutta Bella Vino (BR)

28

12:00 PM SCSH Couples Golf (BR)



# February '10

Sign up or purchase tickets to Lifestyle events at the Lifestyle Desk  
 in the Montecito Clubhouse. 760.772.9617  
 Visa and MasterCard accepted.



# Thursday

# Friday

# Saturday

4

9:00 AM Creative Arts (CAM/MIR)  
 12:00 PM Pan (CAP)  
 12:00 PM Ukulele Lessons (MIR)  
 1:00 PM Ukulele Strummers (MIR)  
 6:00 PM Bridge (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (BR)

5

9:00 AM Ceramics (CAM/MIR)  
 9:00 AM Covenants Meeting (SY2)  
 10:00 AM Bye Bye Birdie Rehearsal (CAP)  
 1:00 PM Canasta (SY2)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 7:00 PM Movie Night:  
*Julie & Julia* (CAM/MIR)



6

9:00 AM Creative Arts (CL)  
 7:00 PM Love Letters (BR)



Ellen Crawford & Daniel J. Travanti

11

9:00 AM Creative Arts (CAM/MIR)  
 12:00 PM CAM Meeting (MAR)  
 12:00 PM Pan (CAP)  
 12:00 PM Ukulele Lessons (MIR)  
 1:00 PM Ukulele Strummers (MIR)  
 5:00 PM Oke Dokey Karaoke (BR)  
 6:00 PM Bridge (CAM/MIR)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)

12

9:00 AM Emergency Preparedness (MAR)  
 9:00 AM Ceramics (CAM/MIR)  
 10:00 AM Bye Bye Birdie Rehearsal (CAP)  
 1:00 PM Canasta (SY2)  
 2:00 PM Duplicate Bridge (FH)  
 6:00 PM Bye Bye Birdie Rehearsal (CAP)  
 6:00 PM Lively Liners (BR)  
 7:00 PM Movie Night: *Year One* (CAM/MIR)



13

9:00 AM Creative Arts (CAM/MIR)



18

8:30 AM Coffee with a Cop (CAP)  
 9:00 AM Creative Arts (CAM/MIR)  
 9:30 AM Communications Meeting (SY2)  
 10:00 AM Salsa Party (Kitchen)  
 12:00 PM Pan (CAP)  
 12:00 PM Ukulele Lessons (MIR)  
 1:00 PM Ukulele Strummers (MIR)  
 6:00 PM Salsa Party (FH)  
 6:00 PM Bridge (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (CAM/MIR)

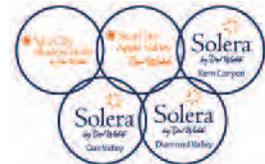


19

9:00 AM Ceramics (CAM/MIR)  
 10:00 AM New Home Orientation (FH)  
 12:30 PM Staff Meeting (CAP)  
 1:00 PM Canasta (CL)  
 7:00 PM Movie Night:  
*World's Greatest Dad* (CAM/MIR)



20



**DEL WEBB  
 FITNESS CHALLENGE**  
 7:00 AM (OUT)

6:00 PM That's Entertainment (BR)

25

9:00 AM Creative Arts (CAM/MIR)  
 12:00 PM Pan (CAP)  
 12:00 PM Ukulele Lessons (MIR)  
 1:00 PM Ukulele Strummers (MIR)  
 6:00 PM Bridge (CAP)  
 6:00 PM Bye Bye Birdie Rehearsal (FH)

26

9:00 AM Ceramics (CAM/MIR)  
 1:00 PM Canasta (CL)  
 6:00 PM Games Night (CAP)  
 6:30 PM Shall We All Dance Social (BR)  
 7:00 PM Movie Night:  
*Taking of Pelham 123* (CAM/MIR)



27

10:00 AM Bye Bye Birdie Rehearsal (CAM/MIR)  
 3:00 PM SCSH Couples Golf (PC)  
 5:30 PM SCSH Couples Golf (BR)



## Legend

AMP – Amphitheater  
 AS – Aerobic Studio  
 BC – Bocce Courts  
 BH – Back Half Ballroom  
 BR – Ballroom  
 BW – Breezeway  
 CAM – Cambria

CAP – Capistrano  
 CL – Clubhouse Lobby  
 FC – Fitness Center  
 FH – Front Half Ballroom  
 GC – Golf Clubhouse  
 GR – Green Room  
 KSK – Kiosk

MAR – Marisol  
 MIR – Mirada  
 OFF – Offsite  
 OUT – Outdoor Event  
 PAC – Pacifica  
 PC – Putting Course  
 PRK – Parking Lot

SR – Shadows Restaurant  
 SY – Santa Ynez  
 SY1 – Santa Ynez I  
 SY2 – Santa Ynez II  
 TBD – To Be Decided  
 TC – Tennis Court  
 WSP – West Side Patio

# Lifestyle Calendar of Events

...continued from page 27

The clubhouse presented two fabulous shows with "Relatively Singing" in January. Thanks for all of your support.

Another Sir Laffs-a-Lots Comedy Night on February 17 at 7 pm presents well known entertainment as seen on *Letterman*, *The Tonight Show*, *Comedy Central*, and in many comedy clubs. You never know who will be walking through the doors to perform. A great \$10 value! With your support and attendance, Sir Laffs-a-Lots Comedy Night will continue monthly.

Showtime Santa Fe promises to be a very entertaining show. Sue Lovitz and Campbell Martin will present a rousing cabaret show you won't want to miss. Tickets are \$25 and available at the Lifestyle desk.

We are trying very hard to bring high-quality entertainment to our doorsteps at a lower price than other venues, but we can only continue to do this with your attendance at the shows. It helps us to keep the prices down if we know how many people to count on, so get your tickets early, please.

### Couples Golf Club



Whether you are an established golfer or are just starting out, you will love the Couples Golf Club. The purpose of our club is to share our love of golf in a fun, social, and competitive atmosphere. We play an organized, fun, 18-hole event on the first and third Sunday of each month. Our golf event is followed by a buffet dinner and awards presentation at The Shadows restaurant.

If you are a resident and would like to join, please contact Julie Kelly, our Membership Chairperson, at 760-469-2921 or e-mail her at jbrandtkelly@aol.com. Applications are available through Julie or at the

Pro Shop. Membership requirements are a golf handicap and index number. Annual dues are only \$5 per single or \$10 per couple.

A complete schedule of our Golf Events for the season is posted in the Pro Shop. In addition to our regular Couples Events, this year we will have the First Annual SCSH-SCPD Couples Cup on January 31, 2010; the Second Annual Member Guest 2-Day Tournament on February 27 and 28, 2010; and our First Annual Battle of the Border (USA vs. Canada) on March 21, 2010. These three special events will be very popular and will sell out quickly, so make certain to sign up as each of these events flyers and entry forms becomes available.



### Creative Arts Club

Announcing the 3rd annual Winter Art Show at the clubhouse on February 6, 2010, from 9 am – 3 pm in the Cambria/Mirada rooms. Exhibited for viewing and sale will be the best of our best art. Light refreshments will be served to allow for casual viewing and discussions with the artists about their craft.

Creative Arts meets twice weekly, Mondays and Thursdays, from 9 am – noon in the Cambria/Mirada rooms. We welcome new members.

Feel free to stop by to see us paint, or call President Linda Wolf at 760-347-6888 for more information. Art experience is not required, just a yearning to try. Dues are \$20 per fiscal year.

We are currently offering residents beginning art classes for only \$90 (six three-hour classes): Drawing/Composition I, Wednesdays 9 am –

noon, January 6, 13, 20, 27, and February 3 and 10; Painting 1, Saturdays 9 am – noon, January 2, 9, 16, 23, 30, and February 13. Please call instructor Helene Marcus at 760-534-3267 for additional information.

Field trips to Joshua Tree and Borrego Springs are in the works as well as several art walks. Remember to stop by the clubhouse to see our "Artist of the Month" exhibit located on the outside Library wall.

### Desert Life

If you love to travel but are daunted by the task of packing, our program at the February 16 luncheon will be one that you will not want to miss! We will have a presentation from the store "It's In The Bag" that will show us how to plan what clothes to take and how to pack correctly to maximize the space.

The luncheon will be held at Palm Valley Country Club, on Country Club Drive west of Washington. The entrée will be Penne Pasta Primavera. Sign-in and seating begin at 11 am with lunch served at noon. The cost of the luncheon is \$17 for members and guests.

You may attend one luncheon before becoming a member. Checks (no cash) should be made payable to SCSH Desert Life and deposited in the lockbox in the Library area. The deadline is February 9. If you have paid for the luncheon and cannot attend, please call Linda Garon, 760-200-3431, as there may be someone who would like to buy your ticket. If you would like further information, please contact Marilyn Jones, 760-343-7751, or Nan Charloff, 760-200-4940.

We are looking for people who are interested in serving on our board in 2010/2011. Please contact any current board member if you are interested finding out more!

## Games Plus

Already into the second month of the New Year, time is going fast. For those not familiar with Games Plus, we serve a great meal once a month and play games afterwards. The evening costs \$10/person; it includes dinner, drink, and dessert.

Register with a check and the form on the bottom of the flyer; place them both in the lockbox. The rest of the evening, you play games, meet new friends, and have a great time.

The popular game is Mexican Train; we also have Scrabble, Upword, Rummikub, Sequence, and Mah Jongg.

We have placed an ad in *The View* for volunteers to get ready for our bingo; please call if you'd be willing to help. We have a tentative day and time: Saturday, 2 pm, once a month.

We are still waiting for the finances to purchase the equipment, which should be very soon.

Join us for a fun evening on February 26. We have Scrabble or Upword every Monday from 1 – 5:30 pm in the Capistrano room; we just purchased five games so you won't have to bring a game, just come.

## Happy Tappers

We invite you to join us on Saturday mornings at 10 am in the Aerobics Room. Our professional dance instructor, Lorna Thompson, will teach us all the steps and moves necessary, and she will have us tap dancing to fun routines. Meet new friends, guys and gals, and share in some great fun, exercise, and lots of laughs.

No experience needed.



## Kings and Queens

Pinochle has been added to our club's evening of cards. Play and learn with our resident instructor, Leo Habel, 760-200-0644. We meet every Tuesday night from 6 – 10 pm.

Our club keeps on playing poker, week after week. We're looking for new players and adding more tables as we welcome all residents. We start our card games every Tuesday night at 6 pm. Men and women playing together just for fun. Remember those Friday night poker games you had as a kid, when you played poker with wild cards, high/low seven card, baseball, five card draw, and high spade in the hole? At the card club, we play poker games the same way you played as a kid in your old neighborhood. It's dealer's choice no matter what your favorite poker game may be. Is it Stud, Texas Holdem, or just plain Jacks or better? We're here to have fun.



## Ladies 9-Hole Golf

The Ladies 9-Hole Golf Group are fun-loving ladies who enjoy relaxed, no pressure, fun golf with a great group of ladies.

On November 3, we began playing on Tuesday mornings at 8:30 am with sign-in by 8:15 am. We are all very excited about playing in the morning.

In January, with the opening of the 3-Par North Course, you are now able to choose to play either course. We will be using a shotgun format (which means we all start playing at the same time). Sign-up sheets are posted the week before play on the



bulletin board in the Pro Shop. You can also sign up by email at scsh9ers@yahoo.com. State your name, when you will be playing, and which course you wish to play. Please sign up by 4 pm on the Sunday before play.

Membership is \$15 per season. You are welcome to join us for a round of golf before you join the club.

## Lady Putters

On February 15 we will be having a special day of putting: "Bring Someone Close To Your Heart." This event has been a lot of fun, and includes an afternoon get-together.

We invite any of you gals who haven't checked us out to come and do so. You can try us once before joining. Membership dues are \$15 for the 2009/2010 year plus the cost of a logo shirt. All you will need is a putter, a ball, two dollars, and the desire to meet your neighbors, make new friends, and have a fun time. Please note that no experience is necessary, and there are plenty of gals who will make you feel welcome.



## Lively Liners

Having trouble sticking to that New Year's resolution to shed unwanted pounds? Try line dancing. It can help you lose weight; manage stress; improve your posture and balance, increase your stamina and flexibility, and have lots of fun in the process.

Instructor Linda Eady teaches all levels – beginner, intermediate, and advanced – so you can start

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out slow and move up as you master more dances and gain confidence. (See the Fitness Calendar in this issue for exact times and dates.)

The neat thing is that, after just one class, you'll be doing simple "slide" dances that work with most music! Singles and couples are also invited to our "no frills" Valentine's Day dance bash from 6 – 8:45 pm on Friday, February 12, in the clubhouse ballroom. "No frills" means bring your own food and beverages, dress casually, wear appropriate shoes, and just have fun dancing and socializing.

After a one-hour couples dance class, liners and couples share the floor. Club members attend these dances for free, and guests pay \$5.

## Mah Jongg

Happy 2010! Our holiday luncheon was a huge success. Now a new year begins.

Mah Jongg lessons will resume on Wednesday mornings from 10 am – noon at the clubhouse. Check the desk for room assignment.

Regular play at the clubhouse is from 12:30 – 3:30 pm. Call Babs Bloomgarden at 760-393-2056 for further information. For new members there is a registration form and a fee of \$10.00. Checks should be made out to SCSH Mah Jongg Club and may be deposited, along with the form, into the Mah Jongg lockbox in the Library area or brought on Wednesday and given to Babs (President) or Diane Cohen (Secretary).

We look forward to many of those who have been taking lessons from Babs joining other club members for Wednesday afternoon play to continue sharpening their skills.



## Men's Golf Club

We welcome new members to the Men's Golf Club for the stated purpose of "promoting fellowship among male golfers who are residents of Sun City Shadow Hills."



February has some great events scheduled. February 11 is the first annual Can Am Cup. The event will pit our US members against our Canadian members. The golf match in the morning will be followed with a bus trip to a Kings vs. Oilers Hockey game in the evening. You can sign up for this International Match in the Pro Shop.

The two-man team match play championship will start the week of February 15. Get a partner who can carry you and sign up in the Pro Shop.

February 4, 18, and 25 will feature our regular Thursday game. You can check the format for these events on the MTTTS website.

The next Men's Club general meeting is February 17 at 8 am in the clubhouse. The coffee and doughnuts will be ready at 7:30 am.

## Oke Dokey Karaoke

We finished 2009 with a great session of holiday music and dance in December, and began 2010 with a Country & Western Theme session in January. We are happy to have the Lively Liners join our karaoke sessions for a fun-filled evening of dancing and singing.

Our next karaoke session will be held on Thursday, February 11, in the ballroom from 5 – 9 pm.

Everyone is welcome to attend and enjoy our February karaoke theme of "Love Songs." Prepare for our March session of "duets."



## Pan Club

Let's Play Pan!

Our Pan Club is growing, so a big welcome to all our new members. We play regularly on Mondays at 6:30 pm and on Thursdays at noon in the clubhouse. Please call our President, Judy Shuman, for details.

Any novices interested in learning the Pan Card Game may call Delores Bernicker, at 760-200-3355. She will give you times and details about the classes.

See you at the tables!

## Performing Arts

On Saturday, February 6, at 7 pm and on Sunday, February 7, at 2 pm, we will be presenting two special performances of *Love Letters* starring Daniel J. Travanti, star of *Hill St. Blues* and winner of two Emmys, and Ellen Crawford, famed for her role as Nurse Lydia in *E.R.* Tickets are only \$25 per couple, or \$15 for singles.

Coming up in March will be five fantastic performances of *Bye Bye Birdie*. You'll enjoy an evening of fun, music, and dancing. Our cast of over 40 has been rehearsing almost every night for this spectacular that will take you back to the best days of our lives! Tickets are available now at the Lifestyle desk at only \$15 for March 13, 14, 20, 21, and 22!

On the first and third Mondays of every month at 3 pm, the Earl Rosenstein Play Reading Group meets; and you are welcome to join them at the clubhouse.

## Pet Club

The Pet Club generally meets on the third Tuesday of the month. However, next month, we will be meeting on February 9 and will begin at 7 pm. We will see a film



by Caesar Milan on acclimating shelter dogs into our life.

We apologize for the change in schedule but, due to the many other exciting happenings in our community, we need to be flexible.

Last month, the Pet Club brought a carload of blankets, towels, and treats to the animal shelter. Thanks to everyone who contributed and to Joanne and her husband, who delivered them.

If you would like to join and share your love for pets, please come to the meeting or contact Joanne Ibsen, 760-347-1177.

### Rainbow Friends

Rainbow Friends started the



New Year with a dinner dance on January 16. Music was provided by the Hip Tones and guests from throughout the valley also enjoyed an Italian buffet dinner.

At our monthly meeting in January, we were treated to a slide show and presentation on the San Andreas Fault. This gave members the opportunity to learn more about the desert around us and what lies beneath our feet. In February we will take a jeep tour through the desert to see the steep canyons of the San Andreas Fault. Our guide will explain how earthquakes and tectonic forces create the slanted, vertical, and wave-like structures that have been described as the most tortured landscape on earth.

Rainbow Friends is a social club for the gay and lesbian residents of SCSH, their families and friends who live here, and any other residents who would like to join. Our next general meeting and potluck will be held on Monday, February 15, at 7 pm.

### Readers' Ink

This month, our ever-expanding group of book lovers is reading *The Art of Racing in the Rain* by Garth Stein. This heart-wrenching but deeply funny and ultimately uplifting story of family, love, loyalty, and hope is narrated by Enzo. The fact that Enzo's a Lab-terrier pooch, frustrated by his inability to speak and his lack of opposable thumbs, doesn't detract from his tremendous insight into the human condition, especially that of his companion, a would-be NASCAR driver.



During the year, Readers' Ink members make wide-ranging monthly selections from classics to current best sellers, fiction and non-fiction. For a complete list of previous books considered, go to the Readers' Ink web page at [www.oursuncityshadowhills.net](http://www.oursuncityshadowhills.net).

Newcomers and visitors are always welcome.

### RV Club



We're gearing up for a busy 2010. In February we're going to Puddingstone Lake, and in March we're looking forward to watching the Blue Angels soar overhead in El Centro. We'll be in Long Beach in April at Goldenshore RV Park. We're looking forward to touring the Queen Mary and the Aquarium. In May we're returning to Rancho California RV Resort in Aguanga (near Temecula).

So many places to explore, and so little time to see it all! If you have an RV and would like to meet some fellow travelers, stop by our next meeting on February 16, at 6:30 pm!

### Shall We All Dance

We had a wonderful time at the January dance and decided that the mirrored ball certainly adds to the elegant atmosphere. Everyone enjoyed the cha-cha lesson, followed by ballroom dancing, friendly conversation, hors d'oeuvres, and wine.



Please note that the February "Shall We All Dance" ballroom dance will be on a Friday, rather than a Saturday. On Friday, February 26, there will be a dance lesson at 6:30 p.m. followed by ballroom dancing from 7-9 p.m. The cost, including wine and hors d'oeuvres, will be \$5 for members and \$10 for guests.

If you haven't yet joined for the 2009/2010 season, you can do so at any time by filling out the membership application and the SCSH waiver, available in the rounder at the Lifestyle Desk. Attach your check (\$10 per person) made payable to "SCSH Shall We All Dance" and deposit in our mailbox in the library.

Mark your calendar for our special dance event April 23, when the Ted Herman 10-piece band will provide live music. Come ballroom dance with us!

### Solos Club

Our plans for the Palm Springs Follies have changed. We are now going to the Follies on Sunday, April 18. The price is \$47. Please put your check in the Solos box at the clubhouse before the end of March so we will be sure to reserve enough seats.

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On February 6, we are going to Flemings in Rancho Mirage for happy hour. Their happy hour entrees cost \$6. They are expecting us by 5 pm. We will carpool from the clubhouse parking lot at 4:15 pm.

On February 14, we will have our Sunday brunch at the Homestead in La Quinta at 11:30 am. We will carpool from the clubhouse parking lot at 11 am.

Solos Living Desert tram tour and live animal show will be on Sunday, February 21, from 9 am – noon. We will carpool at 8:15 am from the clubhouse. We are very excited about this activity. The cost is \$18.

Every Friday we meet at The Shadows restaurant for a social hour from 4:30 – 6 pm. On Friday, February 26, Solos will be having dinner there at 6 pm.

We invite all singles in our community to come to all or any of our activities.

### *Stitch in Time*

Our sewing members are making a quilt to donate to Project Linus out of the beautiful fabric samples given to us by Sharon Bensi.

This month the paper craft group will be making Valentines and use the various die-cutting machines. Contact Martha Horner at 760-347-2349 or mjhorner@aol.com so she will have enough supplies for you.

Don't forget our "Show & Tell" on February 8. Share with others what you have made and show it off the second Monday of every month.

We quilt, bead, needlepoint, cross stitch, embroider, knit, crochet, rug hook, scrapbook, make cards, and do many other crafts. We have sewing machines for your use during club time.

Visitors are invited to join us one

time before becoming members. Club dues are \$10. We welcome donations of fabric and yarn for the blankets we make for Project Linus.

### *Table Tennis*

Looking for something new and fun to do? Come join the Table Tennis Group! We play Wednesdays from 12:30 – 2:30 pm, and Fridays and Sundays from 3 – 6 pm, in the Aerobics Room at the Fitness Center. It's a great workout both physically and mentally; and we have a fun group. You can play twice as a guest and then join for \$15/year.

If you've never played or haven't played for years, you are welcome to join us. We have different levels of players and will be happy to get you up to speed. We have four tables, paddles, and balls. Wear comfortable clothes; and sport, workout, or tennis shoes are required.

### *Tennis Club*

The new ladder and round robin formats are getting favorable reviews. The men's ladder continues on Tuesday mornings, and the men's round robin is on Saturdays. The ladies' ladder is on Fridays, and the ladies' round robin is on Mondays. All matches are from 8 – 10 am. The great thing is you do not have to worry about getting a sub if you cannot make it, but be early or on time. You just show up for the days you want to play!

Our first Hits & Giggles tennis tournament was held on December 5. Thirty-six people were entered and came out to play. The next Hits & Giggles tournament will be held on February 27.

Our general meeting will be on March 25 at 7 pm for election of new officers and other business. We



should all be thinking of members whom we would like to nominate for officer positions. Our season-ending potluck dinner is scheduled for March 30.

Club dues of \$20 per member are now payable. This allows you to participate in all our activities and functions. If dues are not paid by January 15, you will not be able to participate. Also, please help us to maintain the high quality of the tennis courts. Black-soled sneakers should be not worn when playing. In addition, do not allow bikes, skateboards, or other equipment on the courts that could damage the surface.

### *That's Entertainment Club*

February 20 is the night That's Entertainment Club members have been waiting for: "One Night of Fun, Casino Night." Table games, Blackjack, Poker, and other games throughout the ballroom at the clubhouse. Gifts, prizes, and lots of good food and free casino chips for everyone to play with. Everyone is a winner at Casino Night.

If you haven't made a reservation yet, please call Steve Rive today at 760-610-2459.

On March 31, it will be Magic Castle Night: another fun night of entertainment with our special guest magician, who will levitate everyone right out of their seats. Call Lee Frank for reservations at 760-772-0899.

On April 21, it's going to be the "Jim Borax Talent and Sing Along Show." Listen to top Broadway stars sing for us as well as sing along yourself to many popular songs. For reservations, call Ben Weissbach at 760-702-7159.

To become a new member, just drop off \$10/person at our mailbox in the clubhouse by the Library with your name, telephone number, and email address.

## Topical Discussion

Do you like to talk or listen to just about any topic? Are there important topics you think should be discussed? What about debating things happening around the world every day? In other words, is there something on your mind you think should be discussed with friends in the community?

The "Topical Discussion Club" meets on Monday nights at 7 pm at the clubhouse. In past meetings, we have discussed interesting topics surrounding our homes, maintaining our landscape, home warranty programs (pro or con), home insurance (pro and con), and flood insurance. Other topics have included earthquake awareness, neighborhood watch, citizen patrols, and so forth. We spoke about the war in Iraq. We have discussed our views on immigration and illegals in California.

Give the Topical Discussion Club a try. In February, meetings will be held on the first and third Mondays of the month: February 1 and 15. This is a great new year, and it should be a great one for discussions.

## Tutta Bella Vino

*(All Beautiful Wines)*

This month, we will explore Washington State, a premium wine-producing region located in the northwest corner of the US. Although it has a relatively young wine industry, this state is the nation's second largest wine producer and is ranked among the world's top wine regions.

From Italy to Australia, winemakers from all over the



world have chosen to establish themselves in Washington, where they can create wines reflecting this region's unique characteristics. Despite being a fairly small producer in the global wine market, Washington State managed to capture over 10% of the top wines of the year.

Our "wine social" costs only \$20/person; please sign up early as this event will be a sellout. Registration forms are available on the rounders at the Lifestyle desk. Make a check out to "SCSH Tutta Bella Vino," attach it to the registration form, and drop it through the slot of the Tutta Bella Vino mailbox near the Library.

## Ukulele Strummers

Our talented member, Ann Olsen, is giving free Ukulele lessons! The Ukulele is an easy instrument to play and it's a lot of fun. You'll learn several easy basic chords, and in no time you'll be playing "Ain't She Sweet?," "Buffalo Gals," "California, Here I Come," "Clementine," "Don't Fence Me In," "Red River Valley," "Side By Side," and some Hawaiian songs like "Little Brown Gal," "Lovely Hula Hands," and the old favorite "My Little Grass Shack." Then join our club and play and sing along with us.

Do you already have a Ukulele and want to get back into the swing of things? Drop by the Mirada room. Our club meets on Thursdays from 1 – 2:30 pm. For more information about free lessons, call Ann Olsen at 760-702-3943.



Do you have a Ukulele you no longer want? Please consider donating it to our club to be used by beginners.

## Veterans Club



Unlike many veterans groups, this club is not about rehashing war experiences. Our club is about assisting members, their spouses, surviving spouses of deceased veterans, as well as all of our neighbors.

We bring in speakers to make veterans aware of the many benefits they have earned while serving their country, and we get them in touch with the people that can help. The club has also established a reference file with the many agencies that deal with the elderly, including veterans.

Additionally, our club provides services to the SCSH community. Veterans Day in the fall; a highly successful Toys-For-Tots at the beginning of winter; and our Memorial Day flag-raising ceremony in the spring provide recognition to those who have served and are currently serving.

I hope you have noticed the flag display in the lobby of the clubhouse – that's courtesy of our club. We also offer proper disposal of worn and tattered US flags, and we sell new flags.

Finally, we offer our members an e-newsletter put together by our President, Tom Hutson. He goes through many military publications and Internet sources to glean information pertinent to the older veteran. Including the latest information concerning club members and club happenings makes this newsletter a must-have.

*Continued on page 36...*

...continued from page 35

You served your country once. What can be more rewarding than doing it again? We normally meet on the third Wednesday of the month at 7 pm. Can we rely on your support? See you February 17!

God Bless America!

## Women's 18-Hole Golf Club

The first month of 2010 has come and gone. We had our first Member-Guest tournament on January 6.

The theme was the 50's, and there was no shortage of Pink Poodles, rolled up jeans and bobby socks.

We were served hamburgers, hotdogs, coleslaw, onion rings, French fries and cherry cokes.

June Nautel and her committee did an outstanding job with the decorations, prizes, and Ryder Cup Play which was enjoyed by all the 96 players in the field.

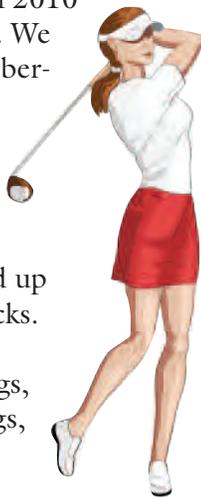
Our Princess two-day Tournament was also to be held in January, but as of this writing it had not yet taken place. We will provide information on the winner of the January 13-20 Princess Tournament in the March issue of *The View*.

We send a speedy recovery to Char Oman, our President, who is recovering from surgery, and hope to see her on the course soon.

There is still time to join the women's golf club and share in the fun. You may contact Nikki Stryker at 760-469-3922 our membership chairperson.

For information regarding the women's golf club you can check our website SHWGC.COM for more information.

Happy Valentine's Day!



## Resident Groups

### Democrats in SCSH

The Democrats in Sun City Shadow Hills will sponsor an exciting event this month. We are fortunate to have as our guest speaker Steve Pougnet, Mayor of Palm Springs, who will be challenging Mary Bono Mack for her Congressional seat in 2010. Be sure to mark your calendars for Wednesday, February 10, at 6 pm.

Please note: We are having our regular monthly meeting a week early this month in order to accommodate Mayor Pougnet's schedule, and this month only there will be no meeting on the third Wednesday of the month.

We would also like to extend a hearty welcome to all Shadow Hills residents for this important event, Democrat or not. We look forward to seeing you all there on February 10!

## Clubs in Formation

### Calling all Musicians

Looking for talented musicians who play violin, lead guitar, and keyboard to play old standards, old country, swing, jazz, and 50s rock. Objective: make a little music, have a little fun. Contact Steve Blake at 760-345-7657.

### Motorcycle Rides

Anyone interested in doing weekly motorcycle rides, please contact Craig Barcus at 970-201-3215. We meet at the parking lot in front of the clubhouse on Wednesdays at 10 am. Someone suggests a destination, and we motor there for lunch. The usual ride is 150 to 200 miles total.

Occasionally we will meet an hour early and take a longer ride (Havasu, La Jolla, Yuma, for example).

## Softball

Charles de Gaulle once said that the more he got to know people, the more he loved his dog. We disagree. Each of our players has a story to tell.

Ben Plascencia is second to none as a complete ballplayer. Benny's prowess in all aspects of the game has led him to be ranked as a #1 line player (most skilled) in both Palm Springs and Palm Desert Senior Softball leagues. What is most striking, however, is the soft-spoken humility with which Benny conducts himself.

Benny went from playing baseball at Indio High School in '68 and '69, to owning his own local business, to working for Riverside County as a Medi-Cal caseworker on Monroe Avenue in Indio. In between, Benny found time to contact E.T., as a licensed ham radio operator. Besides talking with UFOs, Benny short-waved folks from Japan to Venezuela and many cities in the US.

Extensive Internet research into Benny's family background has also revealed that he is a direct descendent of both Pancho Villa and the famed swordsman, Zorro. (*unverified Wikipedia entry*)

Benny and his wife moved to SC Shadow Hills in November 2006. They are blessed with three children and 11 grandchildren.

Thanks, Benny, for all your efforts in helping to build SCSH Softball!

Please join us every Wednesday, 8:30 am at Freedom Park in Palm Desert, for great fun.

### Writers Group

If you are interested in joining a writers group (fiction, non-fiction, screenplays, etc.), please contact Tony Davis at 760-775-9521 or antiqphoto@earthlink.net. Everyone has a story to tell - let's hear yours.



# Sun City Shadow Hills®

## Merchants Association

The following discounts are available for Sun City Shadow Hills residents via our Merchants Association program.

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American Saver Klub	\$5 off membership	760-772-0621
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Bettelou's Creations	25% discount	760-200-3661
Chauffeur Bob	10% discount	760-200-8689
El Paseo Bank	Free consulting on mortgage loans	760-285-4411
Executive Errands	Preferred rate	760-898-9604
Flooring Innovations	10% off any purchase	760-321-8600
Gabriel Brias Computer Solutions	10% discount	760-360-1610
Gray Chiropractic	50% off first examination	760-347-0544
Indio Performing Arts Center	Free drink coupon with ticket	760-775-5200
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Vickie Y. Mabry-Height, M.D	10% off first visit	760-636-4724

**For information on joining the Merchants Association, contact Eric Angle.**

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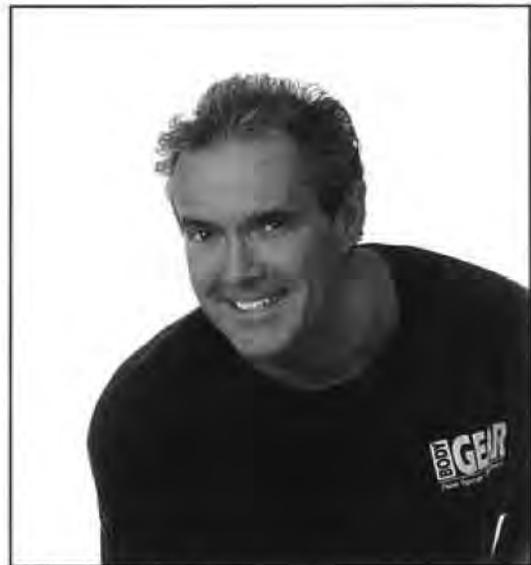
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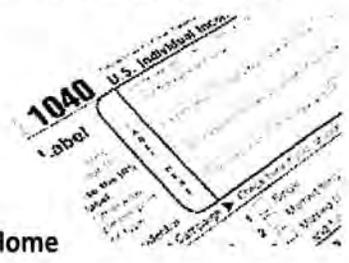
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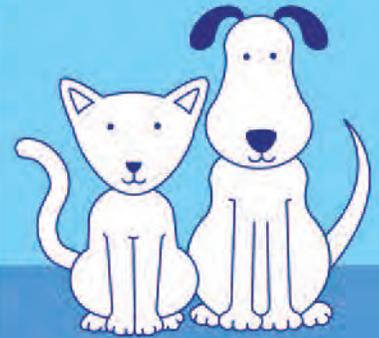


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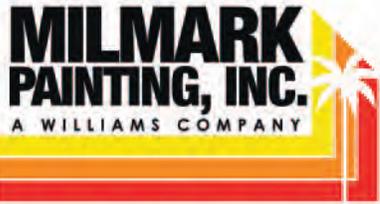
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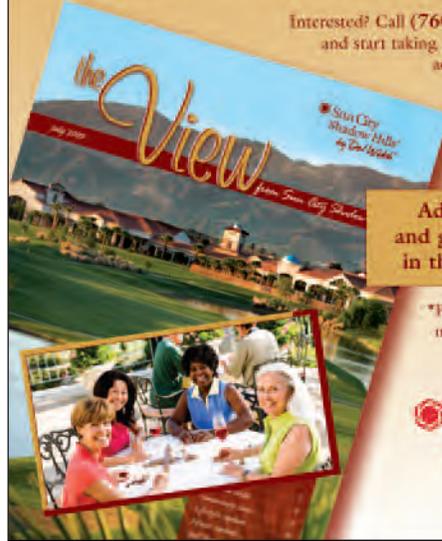
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Jelmborg Team Editor

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