

the View

Sun City
Shadow Hills®
by Del Webb®

September 2010

from Sun City Shadow Hills



In this issue:

Association News	3
From Del Webb	6
Feature Stories	8
Sports & Fitness	14
Lifestyle Update	20
Club News	22
Advertising	36

"Yellow Headed Blackbird," photo by Joan Helms

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**For warranty or customer service needs concerning
your home, please e-mail: socalservice@delwebb.com**
All warranty issues must go through this email.

Mailbox Repair . . . Ozzie Lopez, 760-345-4349 Ext. 224

Sun City Shadow Hills Community Association

Summer Hours of Operation

Association Office

Monday – Thursday · 9 am – noon, 1 pm – 4 pm
Open Saturdays · 8 am – noon:
June 5, July 10, Aug. 7, Sept. 11, Oct. 2

Montecito Fitness Center

7 days a week · 5 am – 8 pm

Montecito Clubhouse

7 days a week · 6 am – 10 pm

Lifestyle Desk

7 days a week · 8 am – 5 pm

Montecito Cool Zone (Kiosk)

7 days a week · 8 am – 4 pm

"The Shadows"

Shadow Hills Golf Club Restaurant

Monday & Friday · 10:30 am – 8 pm
Tues – Thurs · 10:30 am – 6 pm · Lunch until 2:30 pm
Sat & Sun · Breakfast 8 am – 11 am · Lunch 11 am – 5 pm
Dinner · Friday – Monday 5 pm – 8 pm
Happy Hour · Tuesday – Thursday · 2:30 pm – 6 pm
Rodeo Drive · Monday · 5 – 7 pm

Shadow Hills Golf Club Snack Bar

7 days a week · 7 am – 3 pm

Hours are subject to change.

the View

The View is published monthly by the Sun City Shadow Hills Community Association. This publication is copyrighted and may not be reproduced or reprinted without the written permission of SCSHCA. For advertising inquiries, contact the Lifestyle Department, 760-772-9617, or email scshlifestyles@pcmineternet.com.

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From the General Manager

BY LYNN P. GILLIAM
GENERAL MANAGER

Summer is almost over. Soon the heat will start dissipating and we will begin to feel that hint of fall in the air. September is one of my favorite months – “Beat the Heat” is over and I survived and still have a couple of months before “Fall into Fitness” starts up. We are getting back into season and beginning to plan all the fun events that we will have during the next several months. This month we will be celebrating Grandparents Day with a weekend Bar-B-Q. Coffee with a Cop starts back up after taking a couple of months off during the summer. Be sure to stop by for coffee with our local police and learn what is happening in your neighborhood. Also be sure to check in with the Lifestyle desk or the Fitness Center to find other activities that will be of interest to you.

A Little Bit of Fun

It seems that I am continually providing updates about the Rules and Regulations or other operational issues within our community; so this month, since Grandparents Day is upon us, I thought I would offer a little humor. While some of you may have heard this story I’m sure that you will enjoy reading it again. And for those who haven’t read it, enjoy.

This letter was written by a third grader about what his grandparents do. After a school holiday, a teacher asked her young pupils how they spent their holiday away from school. One child wrote the following:

“We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house, but Grandpa got retarded and they moved to Sun City Shadow Hills. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles, and wear name tags, because they don’t know who they are anymore. They go to a building called a wreck center, but they must have got it fixed because it is all okay now. They do exercises there and sit around and talk to other people. There is

a swimming pool, too, but they all jump up and down in it with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out and go cruising in their golf carts. Nobody there cooks, they just eat out. And, they eat the same thing every night — early birds. Some of the people can’t get out past the man in the doll house. The ones who do get out bring food back to the wrecked center for pot luck.

My Grandma says that Grandpa worked all his life to earn this and says I should work hard so I can be just like him. When I earn my retardment, I want to be the man in the dollhouse. Then I will let people out, so they can visit their grandchildren.”

Upcoming Annual Meeting Information

Over the next several months you will begin to see information regarding the Annual Meeting of the Membership that is being held on Monday, February 7, 2011. Please read this information, and if you have any questions please contact the Association office. We will be glad to discuss any of your questions about this very important time in the development of your Association.

As always, please call or stop by the Association office for questions or concerns. Any of the Association staff will be able to direct your questions to the proper staff member so that they are answered in a timely manner. The Association office staff is looking forward to helping you.

Board Meeting

Date: Monday, Sept. 13

Time: 2:00 pm

Location: Ballroom



Design Review

BY JIM WIEBORG

Coolers

Many homeowners are installing evaporative coolers in their garages this summer. If you want to work in your garage during the summer months, a cooler is almost a necessity. Also, if you have a refrigerator or freezer in your garage, a cooler would make them operate much more efficiently. If you wish to install one, please submit an improvement application showing what you are going to do to the Design Review Committee for approval. The bottom of the cooler must be at least 6 inches above the ground and the top of the cooler can't be more than 60 inches above the ground. The only other requirement is that you have at least one shrub or plant one (five gallon) in front of the cooler to screen it from the street.

The shrubs and trees are growing vigorously this summer due to the cool spring. Homeowners need to trim when their trees or shrubs start getting overgrown. Always remove broken and dead limbs first, then assess what else needs to be done. Remove suckers from the trunk and branches, then trim back branches that are getting too long. Remember never to remove more than 20% of a tree's foliage at any time of the year. Keeping the trimming to a minimum in the summer is important.

When you irrigate, run your system for 10 minutes three times instead of one time for 30 minutes. This will allow the water to soak into the ground instead of running into the gutter.

Association Committee Reports



Communications Committee

BY SHAUN CASEY

The Communications Advisory Committee has several openings for members of the Sun City Shadow Hills Community Association. We would like very much to fill these important positions before the end of the year. The subcommittee for Copy, News, and Features is seeking writers that are innovative, have a great feeling for this community, and have a desire to share those thoughts with their fellow residents.

There are two positions on the Committee that also need filling:

- ✓ Chair for the Advertising and Promotions Subcommittee, and
- ✓ Chair for the Distribution Subcommittee.

There are plenty of folks here that have worked in those fields, and we would like to tap into that expertise.

Anyone interested in giving back to the Community, applications are available at the Lifestyle desk in the Montecito Clubhouse. We are looking forward to meeting you!

From the Library

BY SANDY KANELIS



Even though it's September, we are still coping with the heat of the summer. Remember, your library is available with lots of books to help you pass the hot days in the air-conditioned comfort of your home. The library is an "honors" library and is open to all residents of Sun City Shadow Hills.

Our library is staffed by volunteers, many of whom are snowbirds, so we had asked you to keep your donations during July and August. Beginning this month, we again welcome your donations with open arms. We are in need of more books on tape, CDs, and DVDs. We are accepting fiction books (both hardback and paperback), biographies, history books, large-print books, magazines (not more than two months old), puzzles, games, CDs, DVDs, and books on tape. Read and enjoy!

© Sun City Shadow Hills
by Don Webb

Parking Lot Sale

Saturday, October 16, 2010

8 a.m. – 12 p.m.

Register for a spot on the Montecito Clubhouse's parking lot and sell your unwanted items.



Register Now:

Before Sept 27: \$10

After Sept 27: \$20

Registration fee includes a spot on the clubhouse parking lot equivalent to two parking spaces.
For more information call 760-772-9617.



*Service
Above Self*

The Rotary Club of Indio, a Chapter of America's most-active community service organization, invites you to join us any Tuesdays at noon. We meet at Sun City Shadow Hills in *your* Montecito Club House. www.indiorotary.org

Lunch Cost: \$12.00

Please call **760-408-2802** to R.S.V.P.

Bridge Club Lessons



Have you thought about brushing up on your Bridge?

Have you considered learning bridge for the first time?

The Bridge Club will host a series of lessons starting on the second Wednesday in September

Montecito Clubhouse 9/8/2010

YOU DO NOT HAVE TO BELONG TO THE BRIDGE CLUB TO PARTICIPATE THERE WILL BE NO CHARGE

Beginning Class will convene at 10:00AM until Noon

Please call Al Barish at 760-772-9409, or cell 818-437-0866 or email albie37@juno.com and give me your name, phone number and email address.

Comedy Night

Sun City Shadow Hills

Concerts 4 U

Presents

Sir Laffs-A-Lots



Comedians from:
The Tonight Show
The David Letterman Show
Comedy Central

New Shows
Every Month

Rated "R" due to
language content



Wednesday, September 15, 2010 at 7:00 PM

\$12.00 advance purchase, \$14.00 at the door nonrefundable

Checks, Visa, Discover, and Master Card accepted

Complimentary Wine and Water served

Montecito Clubhouse
80-888 Sun City Blvd.
Indio, CA 92203

Ticket information, call the
Lifestyle Desk at 760-772-9617
For info, call Darryl at
760-469-5677

Association News



Phase III Update

BY SARA NEAR, DIRECTOR
COMMUNITY ASSOCIATION MANAGEMENT
PULTEGROUP/DEL WEBB

For the last half-century it served as farmland, bearing gorgeous tomatoes, vegetables, and turf of such high quality much of it ended up in NFL stadiums across the country. Then in 2003 it watched as the land across the street to the south began to blossom into streets, homes, fairways, a massive clubhouse and fitness center, and all the things that go into making a place where people can live a wonderful lifestyle.

In the summer of 2008 its turn came. Earthmovers and other heavy

equipment arrived and began sculpting its surface into streets, drainage facilities, trenches for underground utilities, golf holes, homesites. Nine lakes were created (there had never been a lake there before). Birds began stopping by for a drink of water. An island with foam cascading over rocks – a half-million dollar water feature – seemed to spring out of nowhere. Then in the winter of 2008/2009 they started building houses, and in May 2009 people began moving in.

The 300 acres of Phase III were becoming part of Sun City Shadow Hills.

Today more than 135 homes are occupied in Phase III. That's more than 250 new neighbors. As at other Del Webb communities with multiple phases, they are joining in and becoming part of the community. Some are playing golf on the championship South Course in Phases I and II while their friends who have lived here longer are enjoying the nine holes of the new

CANDIDATES FORUM FOR INDIO CITY COUNCIL CANDIDATES

Presented as a service to the residents by Del Webb and the Board of Directors of the Sun City Shadow Hills Community Association

Tuesday, October 19, 2010

6:00 p.m.

Montecito Clubhouse

Admission is free.

The Candidates Forum is not a public event; it is open to residents of Sun City Shadow Hills and invited guests of the Board of Directors only. All declared candidates for the Indio City Council have been invited to participate. In order to maintain proper decorum, no signs, placards, banners or similar materials will be allowed. Cameras, video, recording devices, and political campaign materials not specifically related to a candidacy for the Indio City Council are prohibited.



Sun City Shadow Hills
by Del Webb®

Del Webb is pleased to help sponsor this outstanding event in cooperation with the Community Association.

Sonoran Desert-style “par 3” North Course in Phase III. Others are joining clubs that meet at the Montecito, or doing their exercise at the fitness center while waiting for the construction of the new fitness center planned for the Santa Rosa Clubhouse in Phase III.

They’re enjoying their new homes, too. Homes in Phase III are the same as those being offered in other phases. Both our Santa Rosa and Shadow Collections are available. Options include enhanced exteriors with rock finish, 18-inch ceramic tile, 18-inch Italian porcelain tile, 16-inch travertine, and even wood flooring. We’re also offering options such as our Energy Conservation Package, and even solar electric packages. Can you spell ‘low electric bills’?

Phase III will have a roughly 14,000 square foot clubhouse – the Santa Rosa – with a fitness center, indoor walking track (for chilly winter and hot summer days), meeting/multi-purpose rooms, coffee bistro, outdoor resort pool and spa, tennis, bocce, sports court, event lawn and other features. As you can see, the amenities planned for Phase III expand on some of our

existing facilities, and supplement them as well. Timing of the new clubhouse is dependent on the pace of home sales; opening is expected to be when about half the Phase III homes have been occupied. Given the economy this is, of course, a moving target. So feel free to refer friends and family and help us get there sooner!

As at all Del Webb communities, residents of Phase I and II will be able to use the clubhouse and fitness facilities in Phase III, and vice versa. Our communities are all about providing the maximum number of lifestyle opportunities to every resident. They’re also about sharing interests, making friends, and building community. We’re well on our way.

Meanwhile, the rest of the land in Phase III sits and waits patiently to become part of the best-selling new home community in Southern California. It’s happy. Land likes to be of use.

Del Webb[®]
Love life to the fullest.

A
50
YEAR
CELEBRATION

Taste of Del Webb

EL ALTEÑO RESTAURANTE

La Casita RESTAURANTS

PAT & OSCAR'S RESTAURANTE

Shadows RESTAURANT

and more...

DESERT SPRINGS JW MARRIOTT RESORT & SPA PALM DESERT

Soul of Mexico

Come sample a wide variety of delicious food by restaurants and vendors from across the Coachella Valley.

Saturday | Sales
October 23 | Model Home
2010 | Park

10 am | Tickets \$6 | Call
(Non-Refundable) | 760-772-9617

Del Webb is pleased to help sponsor this outstanding event in cooperation with the Community Association.

from Del Webb



In Your Backyard...

Great Egret

BY CAROL DEROSSETT

If as you enter through the front gates you notice a large white bird with black legs and yellow bill in or around our ponds, you are probably viewing the Great Egret, one of the white herons. It likes to walk slowly through the shallow water while foraging for small fish and amphibians. On land it looks for insects, reptiles, and small mammals. It will act aggressively if it thinks its feeding area is threatened. Its nest is a platform of sticks, reeds, or twigs off the ground in a tree or bush. It has a deep rattle-like croak for its voice.

At the turn of the 19th century, these birds were hunted for their beautiful plumes which adorned the hats of thousands of women. For a while the animals were endangered but, since the decrease in hunting and the ban of DDT that thinned their eggshells, the population is coming back. One flew over my car one day, and it was such a delight to see its great wingspan! As one lover of nature put it, "Isn't it nicer to see the plumes on this bird's back than on a lady's hat?"



How to Entertain Grandkids

BY CAROL DEROSSETT

The grandkids are coming for a visit. What should we do? Many of the residents here in Sun City Shadow Hills have to give this some thought. So I asked various people I know or ran into at the clubhouse this question, and I learned how creative our residents are.

From John and JoAnne Estok:

JoAnne told me, when her young grandson arrived and told her he wanted to see the "mingos," she was puzzled. After some thinking, however, she remembered that, the last time he came, they had gone over to the Marriott Hotel on Country Club Drive in Palm Desert and showed the grandchildren the flamingos near the entrance. They had all also enjoyed the boat ride to the Mexican restaurant there. Other favorite places they like to go are to the miniature golf course on Highway 111 in Rancho Mirage and to our pool, our dog park, and Jackalope restaurant in Indio.



John and Joanne Estok with grandkids Amy and Ian.

From Mara and John Kuchinski:

The grandkids' all-time favorite thing to do while here is to go to The Living Desert on Portola Road in Palm Desert. Another exciting outing is out Washington Street to the Coachella Valley Preserve, where they can see and hear the water in the San Andreas Fault. From there they can take several hikes.



John and Mara Kuchinski

From Teresa Fiori:

Teresa says that when her young granddaughters come they like to play jacks on the floor. But then at Christmas, when the whole gang comes, she gives each grandchild a set sum of money and takes them Christmas shopping, and they get to pick out their own presents. The kids really like that.

Chancy and Vicki Lott:

“We like to take the grandkids for long walks,” they say. Smart people! Get rid of all of that pent-up energy.

Arnie and Doris Martens:

The Martens have been married 61 years this month and say they don't have any grandchildren—they only have great-grandchildren with one more on the way. They keep a box of toys for all the kids containing: toy cars, dominoes, decks of cards, an Etch-a-Sketch, coloring books, and crayons. “But,” Doris adds jokingly, “I don't like to play cards with them because they cheat and change the rules so I always lose.” The Martens also sometimes take the great-grandkids to the movies or the swimming pool. Again, Doris wittily adds, “Or if that isn't enough, I lock them in the closet.”

Ed and Mary Lee Niethold:

This couple's grandchildren come to visit all the way from Reno, Nevada. While Ed and Mary Lee take the kids to the swimming pool here and out to dinner, a special trip to Disneyland, or Legoland, or the San Diego Zoo is usually planned since they don't get the opportunity to go to those places because they live so far away.

Well, we hope this helps give you some ideas of the kinds of activities that other grandkids enjoy. Taking children to special places, though, sometimes isn't as important as just being able to spend some one-on-one time with them reading a story or playing a board game or cooking together. Teaching a grandchild to set the table correctly, or helping them feed the birds, can all be meaningful activities. The most important thing to do is to enjoy their presence because, before you know it, they'll be all grown up.



A great way to save money is to join the Kaiser Restaurant Group Preferred Guest Reward Program. It costs \$25 (per couple) to join, but you are immediately given two coupons for \$25 each to use at any of their participating restaurants at a later date: Hogs Breath (Old Town La Quinta); The Chop House (Palm Springs and Palm Desert); Jackalope Ranch (Indio); and the Kaiser Grill (Palm Springs).

•
Since many restaurants change hours and dates of their Happy Hours, please call to make sure the days and times are current.

•
Cut out and save this article for your own future reference.

•
Let the restaurants know where you read about them. Email me about your experience, and let me know if you have another favorite restaurant to be listed in a future article.
(marcia@gewelber.com)

Restaurants on the Cheap

BY MARCIA GEWELBER

How would you like to dine out more often without hurting your pocketbook? In this economic climate, I thought it would be fun and informational to list the happy hours we frequent. In my opinion, all the restaurants listed here offer a bar menu as great as their dinner menu, but for at least half the price; some places even include entertainment.

Shadows Restaurant

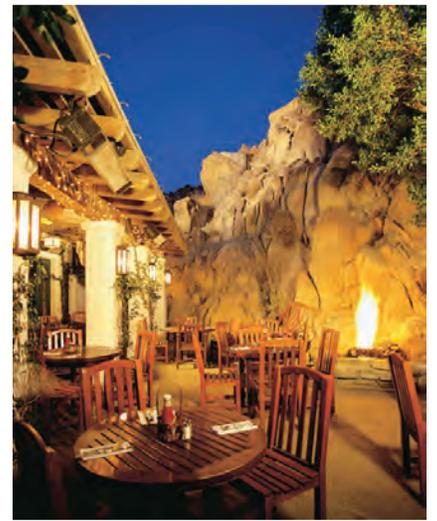
*Happy Hour: 7 days a week, 3 to 6 pm
Sun City Shadow Hills
760-200-3375*

Steps from your front door, the Shadows Restaurant is located inside our community. Their Happy Hour menu includes Fresh Fruit, Onion Rings, Crab Poppers, Beef Sliders, and Chicken Strips — each item only \$3 to \$4. They serve drink specials ranging from \$2.25 to \$5. Tuesday nights from 4:30 to 7 pm, there is a \$5 cover charge due to entertainment by Rodeo Drive, a great singing duo. Drop by! Of course, the view of the golf course is breathtaking.

Hog's Breath Inn

*Happy Hour: 4:30 pm to closing
78065 Main St., Old Town La Quinta
Second Floor, Carmel Building
760-564-5556
www.hogsbreathinnlaquinta.com*

Hog's Breath in La Quinta was once owned by Clint Eastwood and is now part of the Kaiser Restaurant Group. The bar food at Hog's Breath is outstanding and half-priced. Try their pork sliders, calamari, steamed mussels, or quesadillas with filet mignon, Ahi tuna poke, and hamburgers with either regular or sweet potato fries. Sit outside and share unmatched second-story views of the nearby Santa Rosa Mountains. Tuesday through Saturday nights, enjoy piano player Andy Cahan.



The Cliff House

The Cliff House

*Happy Hour: 4:30 to 7:00 pm; and
all night Sunday
78250 Highway 111, La Quinta
(760) 360-5991*

The Cliff House is very popular, especially the Cactus Bar, which is carved into the granite outcroppings, with seating inside and out. The half-price bar menu is delicious. You'll want to take advantage of the specials (Taco Tuesdays, or Taco Tuesdays on Thursday — two delicious tacos for \$6). The stuffed artichoke, crisp and smothered with cheese at \$10, is a must. Happy Hour menu items start at \$5, with the most expensive items Cowboy Skirt Steak or Hickory Smoked Pork Ribs at \$9.50.



Hog's Breath Inn

Jackalope Ranch

Happy Hour: 3:30 to 6 pm
80400 Highway 111, Indio
760-342-1999

Part of the Kaiser Restaurant Group, it has an excellent Happy Hour menu at half-price. The ribs are terrific as are any of the Happy Hour items. Try eating outside; it has fabulous ambience, there's no other restaurant like it.

Amore Ristorante Italiano

Happy Hour: 4:30 pm to closing
47474 Washington St, La Quinta
760-777-1315
www.amore-dining.com

Get ready to eat fabulously for very little. On weekends the bar fills up pretty quickly, but you can call for reservations for the bar area. Around 6:30 pm their piano player begins singing and entertaining. The bar menu starts at \$8 and goes up to \$15. You can also choose from several 9" pizzas (up to 7 pm) for only \$10.

Ristorante Mamma Gina

Happy Hour: 4:30 pm to closing
73705 El Paseo, Palm Desert
760-568-9898

The Enoteca Bar is beautiful and cozy, but it does fill up quickly. We tried four items on the Happy Hour menu, and each was excellent. All the Happy Hour prices run from \$5 to \$10.50, which includes soups (i.e., Cream of Yellow Pepper), salads (i.e., Poached Pear with walnut, blue cheese and kiwi pear vinaigrette), and delicious entrees such as Cannelloni (stuffed with ricotta cheese and spinach), and Ravioli Neri (homemade black ravioli stuffed with ricotta and lobster served with vodka rose sauce); beers for just \$3.50, a huge selection of wine, and martinis to suit any palette.

Don Diego's

Happy Hour: 3 to 6 pm
74969 Hwy 111, Indian Wells
760-340-5588

Don Diego has outstanding Mexican food. They are running a \$1 Fiesta Happy Hour daily, which includes tacos, burritos, mini cheese quesadillas, mini tostadas, and mini nachos, with cocktail specials ranging from \$2.75 to \$3.95.

Maracas

Happy Hour: 4 to 7 pm
72775 Dinah Shore Drive, RM
760-321-1001
www.maracas-restaurant.com

When you attend the Regal Movie Theater on Dinah Shore, make sure you stop by Maracas (next door to The Slice) that specializes in Mexican cuisine, serving generous dishes at reasonable prices. Their Happy Hour menu includes Guacamole Fresco, Mexi Pot Stickers, Soft Tacos, Santa Fe Egg Rolls, to name a few, for only \$4.95; I liked the ambience and found the food was great.

The POM

Lunch Special: noon to 4 pm,
Monday to Friday
Fantasy Springs Resort Casino
760-345-2450

The POM is located in the Fantasy Springs casino on the ground floor. Ask for the special \$5.95 menu, which includes soup of the day and entrees such as spinach salad, fettuccine with shrimp rose, shrimp salad sliders, rotisserie chicken salad platter, or an Angus burger. Wine by the glass, red or white sangria, is \$4. Between noon and 2 pm, there is a pianist. The ambience is outstanding; you are never rushed. And since you save so much money on lunch, you have money left over to gamble.



Devanes

Devane's

Happy Hour: 3 to 6 pm
Old Town La Quinta
760-771-5330
www.devanesoldtown.com

Devane's Happy Hour menu features half-off bar menu items, house wines, and well drinks. On the menu are grilled pesto bruschetta, calamari frito, and antipasto platter, with prices from \$6 up to \$13. They have weekend entertainment, so call to find out who will be playing and what time they are on.

Old Town Cellar Wine Bar

Happy Hour: 3 pm to closing
Old Town La Quinta
760-771-8950
www.oldtowncellar.com

The Cellar offers over 30 food and wine specials that are all \$6 each, such as their Mini Cheese Platter, Maryland Crab Cake, Fig & Prosciutto Flatbread, and Roasted BBQ Baby Back Ribs. This is a fun place, especially if you are a wine lover. Sign up for their emails — they're always holding interesting events, such as art shows and entertainment. Every Friday and Saturday night at 7 pm, singer Joan Jones and her husband, Rockin' Willie, bring the house down. So eat, drink, and be entertained to your heart's content.

The Cool Zone during the hot months



BY SID WEISS

While some homeowners leave our community during the hot months, many stay and enjoy the benefits of

activities in our community. The Lifestyle Department created and promoted an oasis, known as the Cool Zone, within the Montecito Clubhouse. Here are some of the activities that happened during the summer months.



Waiting at the snack bar are Joyce Gabai, Sue Gillman, Donna Gambale, Teresa Ricci, Judy Habib, and Dale Weiss.

*Sarelle Rive,
Rosalie Ellman,
and Sherry Stone
create colorful and
beautiful pottery.*

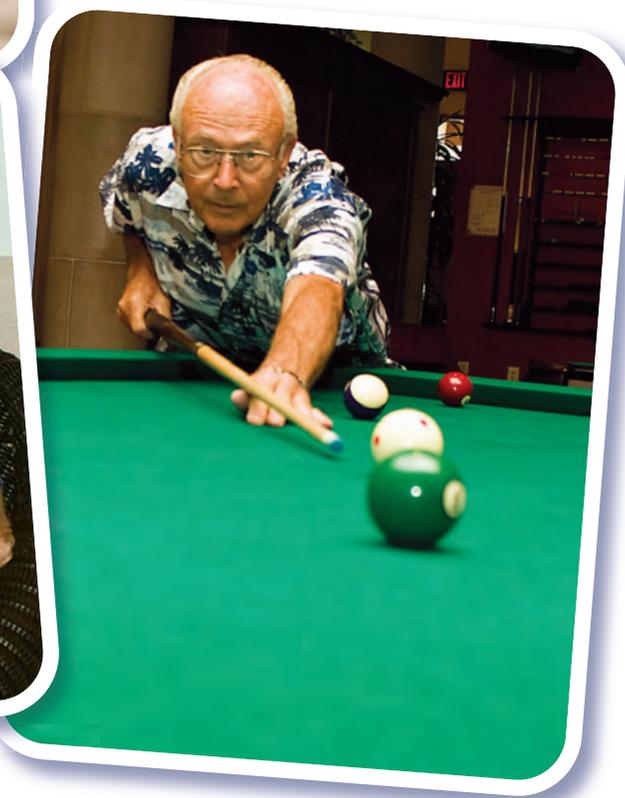


*The Mah Jongg
games (below)
never stop during
the triple-digit heat.*



*(below left)
Gene Ochalck relaxes on the shaded patio
with a good book.*

*(below right)
Arne Linkjendal sets up for a shot
into the corner pocket.*



Feature Stories



Golf Operations

BY CHRIS JONES, PGA
GENERAL MANAGER



September is a great time of year: there are pennant chases in baseball, college and NFL football start, and the golf course transition is now complete. If I am writing this, it means I have survived another summer; and I should be safe for one more year and not have to grow up and get a real job. Below is a list of upcoming events and schedules for the 2010/2011 Golf and "Social Drinking" Season.

South Course Overseeding Schedule

Monday, September 27 – Thursday October 21

North Course Overseeding Schedule

Friday, October 22 – Monday, November 5

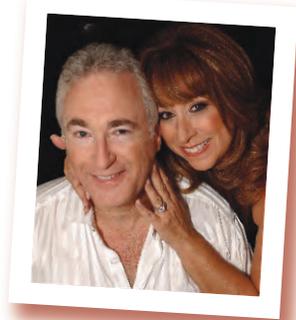
2010-2011 Trail fees and Players Card renewals

Renewals will begin October 1 for trail fee and players cards. Trail fee: \$275 per cart; Player's Card: \$45

Rodeo Drive

Rodeo Drive will be performing on Tuesdays at The Shadows from 5 – 7 pm. For those of you who are not already familiar with them, Marilyn and Randy are two very strong vocalists who specialize in everything from Broadway to Rock 'n' Roll. They plan to repeat some of the favorite tunes you may have heard last summer and add new material they've introduced this past year.

Enjoy this opportunity to bring your special someone and your friends for some great food, libations, and music. Don't miss out ... The Shadows is the place to be!



*Marilyn and Randy
of Rodeo Drive*

Monday Night Football is back at the Shadows Restaurant

Thursday, September 9 – Season opener
Vikings at Saints at 5 pm. Brett Favre will be under center. He has \$16 million reasons to be there!

Monday, September 13 – Double header
Ravens at Jets at 4 pm, and Chargers at Chiefs at 7 pm
We will have great drink specials, our MNF menu, and half-time raffles and prizes.

MONDAY NIGHT FOOTBALL

Back at SHADOWS Restaurant

STARTING MONDAY SEPT 13TH @ 4PM

★ Special Football Menu

★ Raffles @ Half Time



★ Rodeo Drive Moving to Tuesday Nights @ 5pm



Fitness Update

BY EVANGELINE GOMEZ
FITNESS DIRECTOR



The Benefits of a Personal Trainer

If you're having a hard time getting motivated at the Fitness Center or just don't feel like you're getting enough out of your exercise routine, consider hiring a personal trainer. A personal trainer can help you come up with the right workout plan to meet your goals.

Hiring a personal trainer means both a financial commitment and a time commitment to your health and fitness. Personal trainers can guide you down the path to fitness by creating a specific exercise routine for you. They can help you learn proper technique and form, and by doing the exercises correctly you'll get the maximum benefit from your workout. Lastly, a personal trainer can help keep you on track to achieve your goals. Even a few sessions with a personal trainer can be worthwhile. The Montecito Fitness Center currently has two personal trainers available:

Gregory Tully is a well-rounded, knowledgeable trainer with 12 years of experience in the business. Tully received his certification in personal training

from the National Academy of Sports Medicine in Calabasas. He has additional accreditation in Kinesiology, Arthrokinematics, Sports Injury, and Sports Nutrition. While Tully has the education and experience to turn your body from flab to fit, his specialty is post-rehab training. Tully is available Monday thru Saturday with flexible scheduling.

Misti Fallis has been a certified personal trainer for four years and training here at Shadow Hills for over three. She maintains her certification with the National Council of Strength and Fitness. Fallis has a passion for helping people develop a healthy lifestyle with a workout routine created specifically for each client. Her training style emphasizes resistance, core, and balance. Fallis is available Monday through Friday with flexible scheduling.

Try some sessions to start getting yourself into shape. Take a few to get you started, and maybe a few refreshers every now and then to make sure you're getting the most out of your workouts.

Montecito Fitness Center

Massage Therapy

Monday, September 6 & Tuesday, September 21

Time: beginning at 9 am

Therapist: John Rogers (J.R.)

Chair massage: \$1/minute

Summer Special: In-home full-body massage: \$50/hour or \$75/1.5 hours
Schedule with J.R. at 760-668-4669

Friday, September 3 & 17

Time: beginning at 8 am

Therapist: Ellen Freid*

Chair massage: \$1/minute (\$10 for 15 minutes)

In-home full-body massage: \$72/hour or \$108/1.5 hours (cash or credit payment)

Plus receive a free spa goody bag!

Please schedule with Fitness Center at 760-772-0430

*Therapist from *A One Price Quality Massage Therapy*.

Sports & Fitness



Half-Day Fishing Trip out of Newport Landing

When: Tuesday, September 21, 2010

Departure: 9:00 am

Arrival: approximately 8:00 pm

Cost: \$65 per person

Come join us for a fun-filled day of deep sea fishing. You will meet at the Fitness Center and then take a motorcoach to Newport Landing, where you will board the Nautilus, a 70-foot boat with a full galley so that you can buy food and drink whenever you want. What could be better than spending a day out on a boat fishing and relaxing from 12:30–5:30 pm? On the way home you will be treated to snacks and drinks, which will be provided for you.

But you say you don't have a license or a fishing pole? Not to worry: you can rent a pole for \$12 or a complete set with a pole, hooks, and sinkers for \$20. You can also get a one-day license for \$13.40. (Note: anyone over the age of 16 is required to have a license.)

Don't miss out on our first of what will hopefully be many fishing trips. Sign up quickly at the Fitness Center since space is limited to 40 people. (We must have 40 participants in order to avoid cancellation.)

To sign up, or for more information, please come down to the Fitness Center or call us at 760-772-0430.

Bogart Park Walkabout

When: Thursday, October 7, 2010

Departure: 7:30 am

Arrival: approximately 2:00 pm

Cost: \$2.00 per person

Do you want to start hiking but don't want to do a strenuous hike? Then this is the perfect hike for you. This **easy 4-mile hike** takes you through the beautiful Bogart Park in Cherry Valley. Tucked away in the lower San Gorgonio Mountain foothills, this verdant escape offers 414 acres of refreshing flora and fauna that combine the look of "old California" with a mix of cherry trees, elm, pine, and cottonwood suggestive of the hill country of Pennsylvania.

This hike is great for those not looking for anything extreme. We will carpool from the Fitness Center to Bogart Park, where you will be able to enjoy the magnificent surroundings that the park has to offer. After the hike, you are welcome to have lunch on your own. Make sure you sign up for this hike early since space is limited to 20. Last day to sign up is Thursday, September 30, 2010.

Fitness Orientations

By Appointment Only.

If you are unfamiliar with the fitness equipment here at Sun City Shadow Hills, you may want to schedule a complimentary Fitness Orientation. We are happy to familiarize you with all the state-of-the-art fitness equipment and create a basic program with workout card for you to follow. Call the Fitness Center at 760-772-0430 to schedule an appointment.

Personal Training

Personal Training provides you with an exercise program designed to meet your individualized needs. The two main objectives of Personal Training are motivation and education. If you are interested in getting started on a Personal Training program, we have two excellent certified trainers available.

Please contact them for a consultation:

Misti, 760-702-7211

Gregory, 415-577-5737



Blood Pressure Screening

Monday, September 20

8:30 – 10:30 am

High blood pressure is called "the silent killer" because there often are no symptoms. Your numbers are your only warning. Know your numbers: stop by the Fitness Center and get your blood pressure measured.

Sponsored by Cambrian Homecare.

Jo Pond Trail to Fobes Saddle Overlook

When: Thursday, October 28, 2010

Departure: 7:00 am

Arrival: approximately 3:00 pm

Cost: Free

Join us for a beautiful fall hike in Garner Valley. This magnificent **9-mile strenuous hike for the experienced hiker** will take you along the Pacific Crest Trail (PCT) with wonderful view of both the Santa Rosa and San Jacinto Mountain ranges. Come enjoy a hike through pine forests and beautiful fall colors that are created by the thick stands of oak trees that are found along the ridge.

When you get close to the halfway point of the hike, you will be treated to a magnificent view of the eastern flank of the San Jacinto Mountains. Here we will stop for a short snack break, so make sure you bring some snacks. As you travel a little further down the hike, you will eventually come to Fobes Saddle Overlook, which reveals the low saddle along the ridge trail. From here you will travel back to the trailhead.

After the hike you are welcome to have lunch on your own, whether you want to travel a little further down the road to Idyllwild or return to the Coachella Valley to enjoy one of the many wonderful restaurants that are here. Remember to sign up quickly since space on this hike is limited to 20 people. The last day to sign up is Thursday, October 21, 2010.

Willis Palms and West Mesa Trail

When: Thursday, November 4, 2010

Departure: 8:00 am

Arrival: approximately 1:00 pm

Cost: Free

Come join us on this **easy 3-mile hike** right in our backyard at the Coachella Valley Preserve. You will carpool from the Fitness Center to the Preserve. This hike will take you to a grove of California fan palms situated on the San Andreas Fault and offers expansive views of the western half of the Coachella Valley. This is another great hike for those that don't do a lot of hiking but want to see what it's all about. After the hike you are welcome to have lunch on your own at any one of the many restaurants nearby.

Make sure to sign up quickly since this hike is limited to 20 people. The last day to sign up is Thursday, October 28, 2010.

Carrizo Canyon

When: Wednesday, November 17, 2010

Departure: 7:00 am

Arrival: approximately 2:00 pm

Cost: Free

Come join us for this **strenuous 6-mile hike** in Carrizo Canyon. Most of this hike takes place in the canyon and is highlighted by a series of dry or wet waterfalls, depending on the amount of rainfall. The canyon can be cool, but remember always to bring plenty of water. This hike also incorporates a bit of rock scrambling up the side of the waterfalls and up the side of the mountain, so make sure you have hiking boots with aggressive tread. You'll experience a sense of adventure, "on the edge" enough to keep your attention, while showing the rocky innards of a typical desert canyon. So if you are comfortable with this kind of strenuous hiking, then this trip is for you.

Please sign up quickly since this hike is limited to 15 people. Last day to sign up is Wednesday, November 10, 2010.

Fern Canyon

When: Thursday, December 2, 2010

Departure: 8:00 am

Arrival: approximately 2:00 pm

Cost: \$8.00 per person

Come join us for this amazing **3.5-mile, easy hike** through Fern Canyon. We will carpool from the Fitness Center to the Indians Canyons. Fern Canyon offers you the surprise find of a generous outgrowth of ferns growing in a cactus-filled desert. This hike has wonderful views of the South Palm Canyon near Hermit's Bench and good vistas of Palm Springs and the nearby San Jacinto Mountains and canyons. This is another great short hike that beginning hikers shouldn't miss. After this hike you are welcome to have lunch on your own at anyone of the wonderful restaurants nearby. Remember to sign up quickly for this hike since it is limited to 20 participants. Last day to sign up is Wednesday, November 24, 2010.

Remember: wear closed-toed shoes (preferably hiking boots) since there is a lot of loose gravel and rocks. And remember to layer your clothes since the weather can change, and bring plenty of water. To sign up or for more information, please come down to the Fitness Center or call us at 760-772-0430.

MARK YOUR CALENDAR!

HICAP Presentation

November 16, 6 – 7:30 pm

Join representatives from HICAP (Health Insurance Counseling and Advocacy Programs) to learn more about Medicare – Part C (the Advantage Programs) and Part D (the Prescription Drug Programs). HICAP is state and Federally funded and presents an unbiased appraisal of the plans available.

Co-Sponsored by The Veterans Club

Wii

Open Play Times in the Fitness Center (Residents Only)

*Every Monday & Thursday,
12 – 5:30 pm*

*Every Tuesday, Wednesday,
Friday, Saturday, & Sunday
12 – 7:30 pm*

Wii Bowling

*Mondays at 6 pm
in the Aerobic Studio.*

*Contact the Fitness Center
at 760-772-0430 for
additional information.*

New Guest Policy

Residents, please make sure to come to the Fitness Center and pick up the new Fitness Guest Punch Card. The new policy, which started on March 1, requires any guests who will be using the Fitness Center (pool not included) to present this punch card prior to working out. One of the 50 squares will be signed off for each guest each day. If a guest does not have the punch card, a fee of \$5 per visit will apply.

Sunday

Monday

Tuesday

September '10



Listings in BLUE indicate Charter Club membership required.
\$ = \$3 charge \$\$ = \$6 charge Visa and MasterCard accepted.

5

3:00 PM Table Tennis (AS)

6

8:00 AM Reformer Pilates (AS) \$\$
9:00 AM Massage (FC)
9:00 AM Cardio (AS) \$
10:00 AM Aqua Fitness (IP) \$
11:00 AM Reformer Pilates (AS) \$\$
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)

7

8:00 AM Total Body (AS) \$
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Cardio (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Reformer Pilates (AS) \$\$
5:00 PM Int. Line Dance (AS)

12

3:00 PM Table Tennis (AS)

13

8:00 AM Reformer Pilates (AS) \$\$
9:00 AM Cardio (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Mat Pilates (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)

14

8:00 AM Total Body (AS) \$
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Cardio (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Reformer Pilates (AS) \$\$
5:00 PM Int. Line Dance (AS)

19

3:00 PM Table Tennis (AS)

20

8:00 AM Reformer Pilates (AS) \$\$
8:30 AM Blood Pressure Screening(FC)
9:00 AM Cardio (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Mat Pilates (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)

21

8:00 AM Total Body (AS) \$
9:00 AM Massage (FC)
9:00 AM Newport Landing Fishing Trip (OS)
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Cardio (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Reformer Pilates (AS) \$\$
5:00 PM Int. Line Dance (AS)

26

3:00 PM Table Tennis (AS)

27

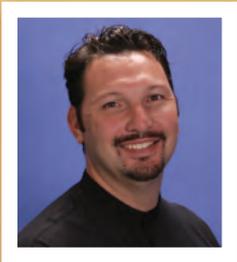
8:00 AM Reformer Pilates (AS) \$\$
9:00 AM Cardio (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Mat Pilates (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
4:00 PM Adv. Line Dance (AS)
6:00 PM Wii Bowling (AS)

28

8:00 AM Total Body (AS) \$
9:00 AM Balance the Brain (AS) \$
10:00 AM Aqua Fitness (IP) \$
10:00 AM Cardio (AS) \$
11:00 AM Reformer Pilates (AS) \$\$
2:00 PM Reformer Pilates (AS) \$\$
5:00 PM Int. Line Dance (AS)

Wednesday	Thursday	Friday	Saturday
<p>7</p> <p>8:00 AM Interval Training (AS) \$ 9:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS)</p>	<p>2</p> <p>9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Beg. Line Dance (AS) 5:00 PM Int. Line Dance (AS)</p>	<p>3</p> <p>8:00 AM Massage (FC) 8:00 AM Total Body (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Aqua Fitness (IP) \$ 11:30 AM Adv. Line Dance (AS) 3:00 PM Table Tennis (AS)</p>	<p>4</p> <p>12:00 PM Table Tennis (AS)</p>
<p>8</p> <p>8:00 AM Interval Training (AS) \$ 9:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS)</p>	<p>9</p> <p>9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Beg. Line Dance (AS) 5:00 PM Int. Line Dance (AS)</p>	<p>10</p> <p>8:00 AM Total Body (AS) \$ 9:00 AM Vinyasa Yoga (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Aqua Fitness (IP) \$ 11:30 AM Adv. Line Dance (AS) 3:00 PM Table Tennis (AS)</p>	<p>11</p> <p>12:00 PM Table Tennis (AS)</p>
<p>15</p> <p>8:00 AM Interval Training (AS) \$ 9:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS)</p>	<p>16</p> <p>9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Beg. Line Dance (AS) 5:00 PM Int. Line Dance (AS)</p>	<p>17</p> <p>8:00 AM Massage (FC) 8:00 AM Total Body (AS) \$ 9:00 AM Vinyasa Yoga (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Aqua Fitness (IP) \$ 11:30 AM Adv. Line Dance (AS) 3:00 PM Table Tennis (AS)</p>	<p>18</p> <p>12:00 PM Table Tennis (AS)</p>
<p>22</p> <p>8:00 AM Interval Training (AS) \$ 9:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS)</p>	<p>23</p> <p>9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Beg. Line Dance (AS) 5:00 PM Int. Line Dance (AS)</p>	<p>24</p> <p>8:00 AM Total Body (AS) \$ 9:00 AM Arthritis Aqua (IP) \$ 10:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Aqua Fitness (IP) \$ 11:30 AM Adv. Line Dance (AS) 3:00 PM Table Tennis (AS)</p>	<p>25</p> <p>12:00 PM Table Tennis (AS)</p>
<p>29</p> <p>8:00 AM Interval Training (AS) \$ 9:00 AM Reformer Pilates (AS) \$\$ 10:00 AM Arthritis Aqua (IP) \$ 10:00 AM Mat Pilates (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:30 PM Table Tennis (AS) 3:00 PM Beg. Line Dance (AS)</p>	<p>30</p> <p>9:00 AM Balance the Brain (AS) \$ 10:00 AM Aqua Fitness (IP) \$ 10:00 AM Cardio (AS) \$ 11:00 AM Reformer Pilates (AS) \$\$ 12:00 PM Reformer Pilates (AS) \$\$ 4:00 PM Beg. Line Dance (AS) 5:00 PM Int. Line Dance (AS)</p>	<p>For more information on calendar listings, call the Fitness Center 760-772-0430, or log on to the web portal and check the Fitness Center page for class descriptions. Studio classes are limited to 25 participants for safety purposes. Please arrive early to ensure your spot. This schedule is subject to change.</p>	
		<p>Legend</p> <p>AS – Aerobic Studio FC – Fitness Center GC – Golf Club IP – Indoor Pool MC – Montecito Clubhouse OS – Offsite TC – Tennis Courts</p>	

Sports & Fitness Calendar



Lifestyle Update September 2010

BY ERIC ANGLE
LIFESTYLE DIRECTOR

With fall just around the corner bringing its reprieve from the summer sun, we look forward to some exciting fall events that are a must for anyone wanting the most out of their lifestyle. September brings us the official Grandparents Day on Sunday, September 12. We invite all grandparents to bring out the grandkids for their very own special weekend. We will offer lots of intergenerational activities for everyone to enjoy including fun family movies in the ballroom, putting and Wii contests, our famous \$1 BBQ, and much more. Just check out the promotional flier in this magazine or stop by the desk for more details.

October will be the month to get your feast on with our huge Taste of Del Webb celebration taking place on Saturday, October 23. We will feature food samplings from some of the area's top restaurants including La Casita, Soul of Mexico, and Marriott's Desert Springs just to name a few. There are several club socials planned to welcome back the members as well as our incredibly fun Oktoberfest hosted by the Oke Dokey Karaoke club on Thursday, October 28.

All aboard for Ensenada, Mexico! The deadline to sign up for this trip is fast approaching. Get your 5-day passport to fun today as we set sail on January 11 for only \$180pp. If you are looking for something closer to home, join us on a fun 3-day, 2-night trip to the Avi Casino on the Colorado River for only \$74/pp. This wonderful resort has everything from movies, gaming, and shopping to golf and river outings.

Bring a neighbor or bring a friend
and share the Lifestyle,

Eric



Lifestyle Travel Series

Avi Resort & Casino

Sunday, October 17, 2010 – Tuesday, October 19, 2010
(Three Days and Two Nights)

\$74 per Person (Double), \$94 per Person (Single)

Departure from Montecito Clubhouse: Oct. 17, 10:30 a.m.
Return to Montecito Clubhouse: Oct. 19, 5 p.m.

Enjoy three fun-filled days at the beautiful Avi Resort & Casino. Price includes: two free buffets, side trip to Laughlin (optional), baggage handling, and lots of fun!

In addition to gaming, on-site activities include: golf, kayaking, movie theatre, pool, beach, and much more! (Additional fees may apply.)

40 Participants Needed. Non Refundable.

Sign Up at the Lifestyle Desk
760-772-9617

© Sun City Shadow Hills
by Del Webb

Oktoberfest

Hosted by Oke Dokey Karaoke



Thursday, October 28, 2010

Montecito Clubhouse

5:00 PM to 9:00 PM

Authentic German Food and Beer
Contests for Best Costume and Polka Dancers

Details to Follow...



Del Webb® Grandparents Weekend

Celebrate the Lifestyle Together!



Saturday, September 11

Sunday, September 12

Movies

5pm: Night at the Museum 1
7pm: Night at the Museum 2



Activities

9am: Putting Contest*
10am - 3pm: Pool Open for Kids
11am - 1pm: \$1 BBQ
1pm - 4pm: Nintendo Wii

Movies

1pm: Where the Wild Things Are
3pm: Up

*** Register Early and Get a Free Lunch!**

Sign up at the Lifestyle Desk • 760-772-9617

Lifestyle Update

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.

Club Contact Information

Billiards

Don Salvatore
760-775-8394
dsalvatore@dc.rr.com

Bridge

Army Grushkin
760-296-1477
agg.industries@snet.net

Bunco

Marcia Guntman
760-347-3817
mguntman@msn.com

Camera Club

George E. Shultz
760-262-8920
gemshultz@earthlink.net

Canasta

Susan Goldfine
760-834-8363
ss2goldfine@aol.com

Ceramics Club

Paula Nadel
760-262-8277
snadel@dc.rr.com

Community Singers

Mary Harder
760-775-1427
maryharder@aol.com

Computer Club

Mike Nilsson
760-200-4848
mnilsson@aol.com

Concerts 4 U

Darryl Jacobs
760-469-5677
djacobs001@dc.rr.com

Couples Golf

Jim Angus
760-238-4582
jangus1967@aol.com

Creative Arts

Geoff Toner
760-345-8785
gtoner@msn.net

Desert Life

Marilyn Jones
760-343-7751
mardenjl@juno.com

Games Plus

Carol Dorler
760-200-3255
prov356jcd@msn.com

Happy Tappers

Pat Rosandich
760-343-0783
rosandich2@verizon.net

King & Queens

Card Club
Ben Weissbach
760-702-7159
ben11169@dc.rr.com

Ladies 9-Hole Golf

Mary Kunstler
760-393-8143
maryk771@yahoo.com

Lady Putters

Linda Delaney
760-772-1765
lindaodelaney@gmail.com

Lively Liners

Sali Morrison
951-837-0148
garymorrison@cshore.com

Mah Jongg

Babette Bloomgarden
760-393-2056
(no e-mail)

Men's Golf Club

Marty Martin
760-262-8104
martyandjan@dc.rr.com

Oke Dokey Karaoke

Vic Saraydarian
760-912-5499
asaraydarian@yahoo.com

Opera Club

Ralph Gabai
760-262-8593
ralphgabai@gmail.com

Pan

Judy Shuman
760-393-8487
judyls41@aol.com

Performing Arts

Pat Rosandich
760-383-0783
rosandich2@verizon.net

Pet Club

Steve Blake
760-345-7657
sblake126@sbcglobal.net

Rainbow Friends

Bruce Atkinson
760-342-1835
poboxtwo@hotmail.com

Readers Ink

Merle Freedman
760-345-2765
mcfreedman@dc.rr.com

RV Club

Tom Tomas
760-342-3282
stuffinskis@earthlink.net

Shall We All Dance

Olympia Pilafidis
760-464-6885
olympia.pilafidis@
verizon.net

Solos

Shirley Bunce
760-345-8121
sbdesertrose@yahoo.com

Stitchin' & Stampin' Along

Janice Wright
760-360-8090
prwncces@aol.com

Table Tennis

Ann Mottino
760-393-2080
amottino@dc.rr.com

Tennis Club

Robert Young
253-709-5277
robert_maryjane
@hotmail.com

That's Entertainment

Ben Weissbach
760-702-7159
ben11169@dc.rr.com

Topical Discussion

Al Barish
760-772-9409
albie37@juno.com

Tuesday Night Putters

Dale Conatser
760-775-9680
daleconatser@msn.com

Tutta Bella Vino

Ray Valle
760-345-1361
rvalle6510@verizon.net

Ukulele Strummers

Darlene Turner
310-200-5022
dardar37@dc.rr.com

Veterans Club

Tom Hutson
760-347-6317
tomhutson@dc.rr.com

Women's Golf Club

Char Oman
760-863-2159
namoc@aol.com

Resident Groups

Democrats In SCSH

Sue Haffley
760-345-0286
haffleysue@yahoo.com

Republicans In SCSH

Manny Ortiz
760-345-4011
manny.ortiz74@yahoo.com

Clubs in Formation

Cooking Club

Denise Schreiber
760-360-9963

Motorcycle Rides

Craig Barcus
760-201-3215
craigbarcus@gmail.com

Musicians

Steve Blake
760-345-7657
sblake126@sbcglobal.net

Road Bicycle Riders

Dario Fadiga
760-345-7398
dfadiga@dc.rr.com

Softball

Ed Mogan
760-200-1693

Sports Talk

Ben Weissbach
760-702-7159
ben11169@dc.rr.com

Square Dance Club

Barbara Leimberg
760-393-2608
barbara42343@yahoo.com

Writers Group

Tony Davis
760-775-9521
antiquphoto@earthlink.net

Interested in starting a new club?

Are you interested in bocce, cars,
motorcycles, travel, or another hobby?

Why not start a new club!

Drop by the Lifestyle Desk in the
Montecito Clubhouse to pick up
an informational packet.

760-772-9617

THE LIFESTYLE DESK ACCEPTS VISA AND MASTERCARD.



Billiards Club

Well it's that time of the month already: another tournament, the fifth this year.

This month we held our very first singles eight ball tournament with a consolation flight for players losing their first match. We had 16 players in competition in the flight; the first eight players who lost went into the consolation flight. All the matches were exciting and competitive. First place went to Don Salvatore, a very strong second place to Balta Rosales, and third place to Pat Carson. The consolation flight was won by Gordan Reed. Congratulations to all our winners! And a special thanks to Gil Belfatto who ran our tournament so I could play.

Our club continues to meet every Wednesday at 7 pm in the Billiard Room for open play. Tournaments are held the last Wednesday of the month at a cost of \$2 per player for each tournament. You must be a club member to play in the monthly tournaments.

Women and men of all levels of experience are welcome and encouraged to join. It's a great way to make new friends and meet your neighbors! Come to the Montecito Billiards Room on Wednesday nights for open play. Lessons are available at 10 am every Monday in the Billiards Room by Bryan Murray (760-342-9028). For any further information, please call Don Salvatore at 760-775-8394. See you on Wednesday!



Bridge Club

The summer slowdown is here, but we still have enough tables to fill half the ballroom for our Tuesday games. The large space creates a very open and pleasant atmosphere. For those who prefer a more casual and social experience, with bridge instruction available, Thursday nights will continue through the summer. We encourage newcomers to join us and let us know what your needs are so that we can help everyone enjoy this ultimate card game!

We play duplicate bridge every Tuesday afternoon from 12:30 – 4 pm. This session is sanctioned, and ACBL members can earn Master Points as well as our usual cash prizes. Card fees for this game are \$2 for residents and \$5 for non-residents,



who are limited to playing one time per month.

We also meet Thursday evenings from 6:30 – 9 pm in the Capistrano room. This session is free, no prizes or Master Points, but newcomers are always welcome here as well as old-timers who wish to play more “social” duplicate. There is even a provision for those who prefer party bridge, so please feel free to join us!

Although you don't need a pre-determined partner, most players make arrangements ahead of time. If you are looking for a partner, call VP Ruth Eubank at 760-345-7728. To learn the schedule for beginning bridge lessons, call Al Barish at 760-772-9409; or for intermediate lessons, call Roy Krapes at 760-469-8237. All bridge lessons are free for residents of SCSH.

We look forward to seeing you at the bridge table!

Bunco

Wow, it's September already! Want to laugh and have fun? Please join us the last Wednesday of each month at the Montecito Clubhouse. Bunco starts at 7 pm. We look forward to seeing you. Any questions, please call Marcia Guntman at 760-347-3817.

Ceramics Club

We are displaying our club member-made pieces in the display case across from the Cambria/Mirada Rooms adjacent to the Billiards Room.

It might interest you to know that these pieces will be exchanged on a monthly basis thereby ensuring a constant, ever changing display of our beautiful ceramic objects.

We hope to see you soon enjoying our projects in the cool Montecito Clubhouse.

Community Singers

September finds our travelling members trickling back to Shadow Hills. Our first rehearsal of the new season is September 20 at 5:00 pm in the front of the ballroom. We'll be anxious to touch base with our old members and catch up on what's been happening during the summer months.

Continued on page 24...



...continued from page 23

As we've noted in past issues of *The View*, we're welcoming any and all that are interested in attending a rehearsal. Please come meet us and join in our group singing. We're anxiously awaiting input from our Musical Director, Karen, and our President, Mary, about what awaits us for the coming season.

Remember, no tryouts, just a desire to celebrate with song! Hope to see you on September 20.

Computer Club

There are some welcomes in the club for this month:

First, a hearty welcome to the 5 new Dell computers which have just arrived, 3 purchased by our HOA and 2 from club funds.

Second, a warm welcome to Barbara Habel as club Secretary and board member. Third, another warm welcome to Ben Weissbach as a board member. We are lucky to have both Barbara and Ben as they are both very active in many other SCSH organizations. Their leadership experience in those areas will be of great value as our club grows.

The stock market doldrums this summer may make it a good time to start our computer investment sub-group. Some of the concepts for the group are: 1) Unlike the stock clubs of the 70's and 80's, we won't have pooled investing. With the low price of computer trades, each group member will have their own account or just use a "play" account. 2) Different sub-groups will use computer tools to track various market segments. 3) The tracking sub-groups will report on stocks within the segment, making buy/sell recommendations. 4) The group will have a computer based "model portfolio" using the buy/sell recommendations, showing history and hopefully progress. We



will do a survey to determine the level of interest in forming this group.

October starts our new monthly series of meetings and classes. Look for the schedule in next month's *View*.

Concerts 4 U

Sir Laffs-a-Lots continues to be a huge success! The lady comedians were hilarious last July and they all continue to be fantastic! You never know who will be walking through the doors to perform! A great value, with free drinks, too! With your support and attendance, Sir Laffs-a-Lots Comedy Night will continue monthly through the summer. Buy your tickets for the September 15 show now!

We need volunteers for each of our shows. Concerts 4 U is continuing through the summer and our next meeting is Tuesday, September 7. Please come and join us and consider becoming a member. If you would like to join our club and volunteer, just fill out an application (in the lobby rounders) and place it, with a \$10 check to "SCSH Concerts 4 U" for 2010/2011 dues, in our mailbox by the Library.

Also, if you have received our survey and have not filled it out, please do so. Hard-copy filled-out surveys may be turned in at the Lifestyle desk, and you will receive an opportunity for a 10% reduction in the price of your first Concerts 4 U ticket purchase. Electronic versions may be returned on-line and you will still be able to receive the 10% reduction by following the directions that accompany the survey.

Watch for announcements of the great entertainment that we will be bringing to you beginning this fall. Thanks for all of the community support for our shows! You are the ones that make them successes!



Couples Golf

If you are a resident of Sun City Shadow Hills and interested in joining our club, it is easy. The purpose of our club is to share our love of golf in a fun, social, and competitive atmosphere. We play an organized, fun 18-hole event on the first and third Sundays of each month. Depending on the time of year, our golf event is followed by either a buffet dinner or lunch and an awards presentation in the Shadows Restaurant. To join, contact Julie Kelly (Membership Chairperson) at 760-469-2921 or e-mail her at jbrandtkelly@aol.com. Applications are available through Julie or on our website and also at the Pro Shop. Membership does require a verifiable golf handicap and index number. Annual dues starting for the 2010/2011 season (July 1 through June 30) are only \$10 per person or \$20 per couple.

Our new club officers for the new season starting July 1 are currently planning a great schedule of regular and special events.

For any information on the SCSH Couples Golf Club, please use our website at www.shcouples.com or e-mail shadowgolf@teeshawgolf.com (Terry Shaw).



Creative Arts Club

The Creative Arts Club meets twice weekly, Mondays and Thursdays, from 9 am – noon, in the Cambria/Mirada rooms. Currently, we create in oils, watercolors, acrylics, and inks. Feel free to stop by to see us, or call President Geoff Toner at 760-345-8785 for additional infor-

mation. Art experience is not required, just a yearning to create. Dues are \$20 a fiscal year, beginning July 1 through June 30, and \$10 for those residents who are part-time.

The "Oil Painting for Dummies" class will begin on Saturday, September 11, 2010. The cost is \$90 for seven sessions and will be limited to 15 students. Contact Linda Wolf at 760-347-6888 for more information.

Please stop by the Montecito Clubhouse to see our "Artist of the Month" exhibit located on the outside Library wall. The talent of our artists will amaze you. Until next month, *happy painting!*

Desert Life

Desert Life's new board has been meeting throughout the summer planning new and exciting programs for the 2010/2011 season.

The 2010/2011 membership dues are now owed; to renew your membership leave a \$10 check made out to "SCSH Desert Life" in the Desert Life mailbox near the clubhouse Library. If you are a SCSH resident and are interested in joining, please call Membership Chairperson, Collette Blaisi at 760-610-2955.

Our September 21 luncheon will be held at the Palm Valley Country Club, located off Country Club Drive just west of Washington. Please arrive between 11:15-11:45 am. We will have a business meeting at this luncheon.

The cost of the luncheon is \$17 for members and guests. The entrée will be a Cornucopia salad. Warm rolls and butter

will accompany the salad. A decadent chocolate dessert with raspberry sauce will complete our meal. Trader Joe's will be presenting and serving 4-5 different wines during our meal and explaining their intricacies.

Our welcome back tea will be held Tuesday, October 12, from 1 - 3:30 pm. Join us for tea, scones, small sandwiches, and small cookies presented to you by our board. At this tea you will hear exciting details about our up coming Holiday Luncheon and other programs being planned for the year.

The deadline for paying for the September luncheon is September 14 at 5 pm. If you have made a reservation and cannot attend, please call Sandy Middlebrook at 760-702-3870 as there may be someone who would like your ticket.

Games Plus

Do you feel the heat? So do we, it's time to take a long trip. We'll be back in October. Our first event will be Bingo on October 1, 2010, the first Friday of the month. We had over 200 attend in June! Our special game pot total was \$224; the lucky winner went home very happy. The other games paid \$55. We are growing and loving it.

The next Games Plus dinner and games will be October 22, 2010. We serve a great meal, main dish, salad, dessert, and beverage. The Scrabble and Hand and Foot will continue every Monday from 1-5:30 pm in the Capistrano room unless it is posted differently on the podium at entrance to the clubhouse.



For our newcomers: we are a fun group, no dues since you pay for the Bingo and the dinner. The Scrabble is a bonus. You will make new friends and meet your neighbors. Enjoy the excitement of Bingo. Have great dinner and fun games: Mexican Train, Scrabble, Rummikub, Sequence, Upword, and Hand and Foot. Give us a try, you'll keep coming back. Have a wonderful summer. See you in October!

Happy Tappers



Hope everyone is having a safe and pleasant summer. We look forward to returning in October with our tap shoes on, ready to learn some new steps and perfect the old ones. Please come try us out on Saturday mornings at 10 am in the Aerobics Room of the Fitness Center. Our professional instructor, Lorna Thompson, will teach us all the steps and moves necessary and have us tap dancing to fun routines. We have lots of fun, share lots of laughs and find that the exercise is keeping us sharp as a tack.

For further information please contact Tina Wigodsky at 760-834-9501 or Pat Rosandich at 760-343-0783.

Kings and Queens Club



The Kings and Queens Card club has expanded its social games to Pan and Pinochle. We are looking for men and women who can join us on Tuesday nights along with our other social games for fun. For more

Continued on page 30...

...continued from page 25

information about Pan, call our expert teacher, George Leimberg, at 760-393-2608. Four-deck Pinochle is the hottest game played in the Valley. For more information about Pinochle, please call Leo Habel at 760-200-0644.

The Kings and Queens Card club is open for play throughout the year. Can't decide which club to spend your evenings with at the clubhouse? Can't decide how to spend those long Tuesday nights when the temperature goes up, up? Well I can tell you it's nice and comfortable at the clubhouse playing cards with the Kings and Queens Card Club.

The Kings and Queens Card club keeps on playing poker, week after week. We're looking for new players and adding more tables as we welcome everyone from Shadow Hills. We start our card games every Tuesday night at 6 pm. Men and women playing together just for fun. Remember those Friday night poker games you had as a kid, when you played poker with wild cards, high/low seven card, baseball, five card draw and high spade in the hole? At the card club we play poker games the same way you played as a kid in your old neighborhood. It's dealer's choice no matter what your favorite poker game may be. Is it Stud, Texas Holdem, or just plain Jacks or better? We're here to have fun.

Ladies 9-Hole Golf

A number of ladies are continuing to play throughout the summer months. Due to the summer heat, play begins at 6:30 am with check in at 6:15 am.



Please mark your calendars for 10 am on Tuesday, October 9, 2010, to attend our annual Get Acquainted Coffee at the Montecito Clubhouse. Meet fellow golfers and learn about the upcoming season's activities.

We encourage ladies at all levels of golf to join us. Sign-up sheets are posted the week before play on the bulletin board in the Pro Shop. You may also sign up by email at scsh9ers@yahoo.com: state your name and the date you will be playing. Members should sign up by noon on the Sunday before play.

Membership is \$15 per season. Current members should submit their renewal dues to the mailbox near the clubhouse Library or at the Pro Shop. Potential members are welcome to join us for a round of golf before officially joining the club.



Lively Liners

As summer winds down and temperatures start to drop below the triple digits, why not try line dancing? It's a great activity because you can vary the level of physical exertion and you don't need a partner. Classes are held six times a week in the Aerobics Studio for beginners, intermediates, and advanced dancers. Check the fitness calendar in this issue of *The View* for days and times. Proper footwear is required, and there is a \$10 monthly class fee. Of course, you only pay for the months you plan to attend classes.

The club also sponsors a monthly "no frills" dance party. This month's luau-themed dance will be held from 6 - 9 pm on Sunday, September 26, in the Montecito Ballroom.

"No frills" means bring your own beverages and a pot luck dish to

share, dress casual (or in Hawaiian attire), wear appropriate shoes (no sling backs or mules), and just have fun socializing and dancing to a mix of couples and line dances.

Admission is free for club members, but all Shadow Hills residents are welcome to attend for only \$5 per person.

Membership applications are available at the classes and dances or online at the Shadow Hills website at www.oursuncityshadowhills.net. Just click on Lively Liners Club under the "Groups" heading. Then return your completed form, along with your \$15 annual dues check, made payable to "SCSH Lively Liners," to the club's mailbox in the Library area of the clubhouse.



Mah Jongg

According to a recent AARP article, Mah Jongg is making a comeback, especially among female boomers. It is estimated that there are 400,000 American Mah Jongg players today!

Come join us at the clubhouse each Wednesday from 12:30 - 3:30 pm and see what this Chinese tile game has to offer. To say the very least, Mah Jongg is a mind-challenging game that is fun and interesting!

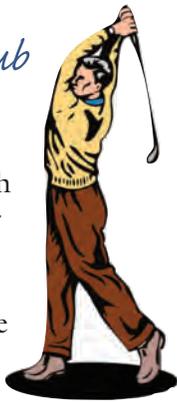
Refresher and beginners lessons are available on Wednesdays. Contact Babs Bloomgarden at 760-393-2056 for more information.

Returning members, dues of \$10 for the July 2010 - July 2011 year are now being collected.

We look forward to seeing last season's members and making new acquaintances as September advances. See you at the tables!

Men's Golf Club

Ben Cardella. What happened? You were tied with Terry Johnson for the Iron Golfer award. The hot weather must have driven Ben out of town for a couple of weeks.



Shadow Hills Men's Golf Club members have had 34 opportunities to play on Thursdays during the season, which runs from November 2009 through September 2010.

Through the end of July, Terry Johnson has played 30 times. Ben Cardella has made the circuit 28 times. Looks like the only way Ben can overtake Terry at this point is to take the batteries out of Terry's alarm clock.

Lonnie Leeds, Arne Grushkin, and Tom Duddy have logged 27 rounds while Dil Dilda, Al Miller, and Bill Smith have 26 rounds under their belts. Dick Bierfreund and Dave Ellis have beaten the ball around the course 25 times, with Bill Peet and John Bobbitt recording 24 scores.

Other guys who have played 20 or more rounds are Malcolm Mugmon, Neil Oman, Tony Dyer, Gary Ditch, Pete Anderson, Tom Thomas, Rocky Luciano, Bob Zlotnik, Duane Cain, Denny Wayne, Jim Townsend, and Jerry Irwin.

There is a large group of Men's Club players who also play events on Mondays. During the summer this group arranges "away" games every

other Monday at other local courses. This summer the away events were played at The Westin Gary Player and Pete Dye courses, the Indian Wells Celebrity and Players courses, Silver Rock, The Classic Club, Desert Falls, and Heritage Palms. The planners tell me there was absolutely no money that changed hands during these events, and no boasting taking place over lunch afterwards. Yeah. Right.

The last event for the season will be September 30, after which the course closes for overseeding. At this point, it looks like the first event of the 2010/2011 season will be Thursday, October 28. You may want to mark that on your calendar as there are plans for a fun outing that day.

If you enjoy playing golf, making new friends, and sharing in the camaraderie of a fun-loving group, contact Pete Anderson, membership chairman, for additional information: 760-469-2086.

Pan

Let's play Pan! Come join us in the Capistrano room at the clubhouse Mondays at 6:30 pm and on Thursdays at noon. We continue into the summer months and anticipate enough tables to play regularly on Monday evening and Thursday afternoon. We have a wonderful group of women and look forward to seeing some new faces as our community grows. Come on by and say hello, we would love to meet you!

Please call our President, Judy Shuman, for details: 760-393-8487. See you at the tables!

Performing Arts



Performing Arts Club meets at 7 pm on the 2nd Wednesday of the month. We are dark during July and August.

Our first meeting of the season will be September 8. All are welcome to attend whether you want to act or be a part of a performance in another capacity.

Our new officers for the year are: Pat Rosandich, President; Jane Gayer, VP; Mel Borses, Secretary; and Rose Borses, Treasurer. Congratulations to all of you.

Some of our actors/actresses are hard at work on *Light up the Sky*, our first show of the season. It will be performed on November 13, 14, 19, 20, and 21. Please plan on attending at least one of the shows.

Next year we will be presenting *Independence* in January and *A Funny Thing Happened on the Way to the Forum* in March. Keep an eye out for future announcements.

Another arm of Performing Arts is our play reading group. They meet to read passages from various plays. They welcome anyone interested in this part of Performing Arts to join them. Their first meeting of the season will be October 4 at 3 pm.

Hope to see many of you on September 8 at our next meeting. Have a great rest of the summer.

Continued on page 30...

Sunday

Monday

Tuesday

Wednesday

September '10

Sign up or purchase tickets to Lifestyle events at the Lifestyle Desk in the Montecito Clubhouse.

760.772.9617

Visa and MasterCard accepted.

7

8:30 AM HOA Staff Meeting (MAR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg (SY2)
10:30 AM Security Meeting (MAR)
12:30 PM Mah Jongg (BH)
1:30 PM Lifestyle Meeting (MIR)
4:00 PM That's Entertainment (MIR)
6:00 PM Opera Club (FH)
7:00 PM Billiards Club (PAC)

5

10:00 AM Journey (CAP/MIR)



6

7:30 AM Lady Putters (CAP)
9:00 AM Creative Arts (CAM/MIR)
12:30 PM Stitchin' & Stampin' Along (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
6:00 PM Wii Bowling League (AS)
6:30 PM Pan (CAP/SY2)
7:00 PM Topical Discussion (CAM)

7

9:00 AM Ceramics (CAM/MIR)
12:00 PM Indio Rotary (CAP)
12:15 PM Duplicate Bridge (FH)
6:00 PM Kings & Queens (CAP)
7:00 PM Concerts 4 U (MAR)

8

8:30 AM HOA Staff Meeting (MAR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg (SY2)
12:30 PM Mah Jongg (BH)
1:00 PM Lively Liners (CAM)
1:30 PM Lifestyle Meeting (MIR)
7:00 PM Billiards Club (PAC)
7:00 PM Performing Arts (MAR)

12

9:00 AM Grandparents Day (BR)



10:00 AM Journey (CAP/MIR)

13

7:30 AM Lady Putters (CAP)
9:00 AM Creative Arts (CAM/MIR)
9:00 AM Executive Session (SY2)
9:00 AM Stay-n-Play Breakfast (FH)
12:30 PM Stitchin' & Stampin' (MIR)
1:00 PM Games Plus Scrabble (CAP)
2:00 PM **Board Meeting** (BR)
2:00 PM Men's Golf Board (CAM)
6:00 PM Wii Bowling League (AS)
6:30 PM Pan (SY2)

14

8:00 AM Exec. Session/Covenants (SY2)
9:00 AM Ceramics (CAM/MIR)
9:30 AM DRC Meeting (MAR)
12:00 PM Indio Rotary (CAP)
12:15 PM Duplicate Bridge (FH)
4:00 PM Tuesday Night Putters (BH)
6:00 PM Kings & Queens (CAP)

15

7:30 AM Men's Golf (FH)
8:30 AM HOA Staff Mtg (MAR)
9:30 AM Round Table Discussion (CAP)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (SY2)
12:30 PM Mah Jongg (BH)
1:30 PM Lifestyle Meeting (MIR)
4:00 PM Camera Club (MAR)
5:00 PM RV Club (MIR)
6:30 PM Democrats (CAP)
7:00 PM Billiards Club (PAC)
7:00 PM Veteran's Club (CAM)
7:00 PM **Sir Laffs-a-Lots** (BR)

19

10:00 AM Journey (CAP)
5:00 PM Solo's Club (CAM/MIR)



20

7:30 AM Lady Putters (CAP)
9:00 AM Creative Arts (CAM/MIR)
12:30 PM Stitchin' & Stampin' (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
2:00 PM Community Singers (FH)
6:00 PM Performing Arts (SY)
6:00 PM Wii Bowling League (AS)
6:30 PM Pan (MIR)
7:00 PM Republicans (CAP)
7:00 PM Topical Discussion (CAM)

21

9:00 AM Ceramics (CAM/MIR)
10:00 AM Light of Life Meeting (MAR)
12:00 PM Desert Life Luncheon (OS)
12:00 PM Indio Rotary (CAP)
12:15 PM Duplicate Bridge (FH)
5:00 PM Light Up The Sky Rehearsal (FH)
6:00 PM Kings & Queens (CAP)

22

8:30 AM HOA Staff Meeting (MAR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (SY2)
11:30 AM **Demistifying Reverse Mortgages** (CAP)
12:30 PM Mah Jongg (BH)
1:30 PM Lifestyle Meeting (MIR)
5:00 PM Light Up The Sky Rehearsal (FH)
7:00 PM Billiards Club (PAC)

26

10:00 AM Journey (CAP)
6:00 PM Lively Liners (BR)



27

7:30 AM Lady Putters (CAP)
9:00 AM Creative Arts (CAM/MIR)
12:30 PM Stitchin' & Stampin' Along (CAM/MIR)
1:00 PM Games Plus Scrabble (CAP)
2:00 PM Community Singers (FH)
6:00 PM Wii Bowling League (AS)
6:30 PM Pan (CAP/SY2)

28

9:00 AM Ceramics (CAM/MIR)
9:30 AM DRC Meeting (MAR)
12:00 PM Indio Rotary (CAP)
12:15 PM Duplicate Bridge (FH)
2:00 PM Readers Ink (CAM/MIR)
4:00 PM Tuesday Night Putters (BH)
5:00 PM Light Up The Sky Rehearsal (FH)
6:00 PM Kings & Queens (CAP)

29

8:30 AM HOA Staff Meeting (MAR)
10:00 AM Bridge Lessons (SY1)
10:00 AM Mah Jongg Lessons (SY2)
12:30 PM Mah Jongg (BH)
1:30 PM Lifestyle Meeting (MIR)
5:00 PM Light Up The Sky Rehearsal (FH)
7:00 PM Billiards Club (PAC)
7:00 PM Bunco (CAM)



Thursday

Friday

Saturday

2

9:00 AM Creative Arts (CAM/MIR)
 12:00 PM Pan (CAP)
 12:00 PM Ukulele Lessons (MIR)
 1:00 PM Ukulele Strummers (MIR)
 6:00 PM Bridge (FH)
 6:00 PM Lively Liners (KSK)

3

9:00 AM Ceramics (CAM/MIR)
 9:00 AM Finance Committee (SY2)
 1:00 PM Canasta (CAP)

7:00 PM Movie Night:
Precious
 (CAM/MIR)



4



9

9:00 AM Creative Arts (CAM/MIR)
 12:00 PM Pan (CAP)
 12:00 PM Ukulele Lessons (MIR)
 1:00 PM Ukulele Strummers (MIR)
 6:00 PM Bridge (CAP)
 6:00 PM Lively Liners (KSK)

10

8:00 AM HOA Meeting (SY2)
 9:00 AM Ceramics (CAM/MIR)
 9:00 AM Emergency Preparedness (CAP)
 1:00 PM Canasta (CAP)
 3:00 PM GAC Meeting (CAM)

7:00 PM Movie Night:
Invictus
 (CAM/MIR)



11

9:00 AM Creative Arts (CAM/MIR)
 5:00 PM Grandparents Day Movies (BR)



16

8:30 AM **Coffee with a Cop** (CAP)
 9:00 AM Creative Arts (CAM/MIR)
 12:00 PM Pan (CAP)
 12:00 PM Ukulele Lessons (MIR)
 1:00 PM Ukulele Strummers (MIR)
 6:00 PM Bridge (CAP)
 6:00 PM Lively Liners (KSK)

17

9:00 AM Ceramics (CAM/MIR)
 10:00 AM **New Home Orientation** (FH)
 12:30 PM Staff Meeting (CAP)
 1:00 PM Canasta (SY2)

7:00 PM Movie Night:
Brooklyn's Finest
 (CAM/MIR)



18

9:00 AM Creative Arts (CAM/MIR)
 7:30 PM **Break the Fast** (BR)



23

9:00 AM Creative Arts (CAM/MIR)
 10:00 AM Golf Ops (MAR)
 12:00 PM Pan (CAP)
 12:00 PM Ukulele Lessons (MIR)
 1:00 PM Ukulele Strummers (MIR)
 6:00 PM Bridge (CAP)
 6:00 PM Lively Liners (KSK)

24

9:00 AM Ceramics (CAM/MIR)
 1:00 PM Canasta (CAP)
 5:00 PM Light Up The Sky
 Rehearsal (FH)

7:00 PM Movie Night:
Crazy Heart
 (CAM/MIR)



25

9:00 AM Creative Arts (CAM/MIR)
 7:00 PM Tutta Bella Vino (BR)



30

9:00 AM Creative Arts (CAM/MIR)
 12:00 PM Pan (CAP)
 12:00 PM Ukulele Lessons (MIR)
 1:00 PM Ukulele Strummers (MIR)
 6:00 PM Bridge (CAP)
 6:00 PM Lively Liners (KSK)

Legend

AMP – Amphitheater
 AS – Aerobic Studio
 BC – Bocce Courts
 BH – Back Half Ballroom
 BR – Ballroom
 BW – Breezeway
 CAM – Cambria
 CAP – Capistrano
 CL – Clubhouse Lobby

FC – Fitness Center
 FH – Front Half Ballroom
 GC – Golf Clubhouse
 GR – Green Room
 KSK – Kiosk
 MAR – Marisol
 MIR – Mirada
 OS – Offsite
 OUT – Outdoor Event

PAC – Pacifica
 PC – Putting Course
 PRK – Parking Lot
 SR – Shadows Restaurant
 SY – Santa Ynez
 SY1 – Santa Ynez I
 SY2 – Santa Ynez II
 TBD – To Be Decided
 TC – Tennis Court
 WSP – West Side Patio

Lifestyle Calendar of Events



Pet Club

The \$25,000 in renovations at our dog park are complete, and the park is now open.

More grass and water bowl features for the dogs to enjoy, more shade trees and plants for the people to enjoy, along with replaced fencing that enlarges the small dog park, separate staging entrances for large and small dogs, a trash can in each park, and a parking area are welcome changes.

Thank you, HOA, for listening to us and making this happen!

A much needed reminder to all who use the dog park: it is very important that everyone keep an eye on their dog and pick up the waste immediately afterwards. Before you leave the park, grab a bag from our bag dispenser located in each park. Look around and pick up anything that was accidentally left behind and deposit the bag in the trash can. This way the park will stay clean for all users all the time.

And keep in mind, there are many health reasons to scoop your dog's poop. A lot of really nasty diseases are passed through the intestinal tract and shed into the feces: Adenovirus, Parvovirus, Giardia, Roundworm, Whipworm, Tapeworm, Hookworm, and Coccidia.

Dogs visiting the park are very susceptible to these diseases. And then of course there are the flies that are attracted to the smell.

So let's keep our dog park a healthy place for people and dogs to enjoy. And remember, it starts and ends with you.



Rainbow Friends

Rainbow Friends is a social club for the gay and lesbian residents of Sun City Shadow Hills, their families and friends who live here, and any other residents who would like to join. We haven't had any gatherings over the summer, when so many people are away, but are planning a backyard barbeque in September at one of our members' houses.

We look forward to seeing a lot of familiar faces, and welcoming some new ones, then.

Readers' Ink

It's hard to believe that it's fall! The summer just flew by... and it seems that, each year, more and more of our members remain in the desert during the summer months.

We had excellent attendance in June, July, and August. Readers' Ink meets 12 months a year, on the fourth Tuesday.

Our September selection, *Apologize, Apologize!*, by Elizabeth Kelly, takes us into the charmed world of the Flanagans and their son Collie (who was named after his parents' favorite breed of dog). Collie comes of age on Martha's Vineyard, trying to make sense of his wildly wealthy and resolutely crazy family members: a philandering father, incorrigible brother, pigeon-racing uncle, radical activist mother, and domineering media mogul grandfather. As Collie searches for his place in the world, he suffers insurmountable loss and grapples for bravery as he struggles to cope with the people he has no choice but to love. The Washington



Post book review noted, "... these are people you can't imagine living with, but can't resist reading about."

We're also looking forward to our October meeting, at which we will discuss the Stieg Larsson Millennium Trilogy: *The Girl With the Dragon Tattoo*, *The Girl Who Played with Fire*, and *The Girl Who Kicked the Hornet's Nest*. We expect a large crowd, and a lively discussion!

For additional information, call Merle Freedman at 760-345-2765.

RV Club



The club generally has an outing once a month to an RV resort but is dark over the summer. Upcoming trips starting in the fall include travel to Las Vegas, San Diego, and the Colorado River. If you have an RV, we would love to meet you; so please come to our next meeting on Wednesday, September 15, at 5 pm and get to know us. Contact Tom Thomas, President, 760-342-3282.



Shall We All Dance

We have been busy getting our fall season for the Dance Club under way. The schedule of our upcoming dances starts with the Halloween costume party and gala on Saturday, October 30, which will be a joint venture with Sun City Palm Desert with many Halloween decorations and costume prizes. On December 4, the Evaro brothers will entertain us with a Latin Holiday beat; and February 12, 2011, will be our Valentine's Day dance. We close the season with a Big Band Dance on April 22, 2011, featuring the Ted

Herman Band. All events will be catered.

Starting in October, we will have four dance instructors teaching our members one dance per month. Look for a schedule on the Lifestyle rounders. We are planning a general membership meeting in October to form our fall committees in the following areas: decorations and food, greeters and check-in, dance lessons, emails and advertising, raffle prizes, dance exhibitions, dance cruises.

If you have interest in any of these areas, please call Olympia Pilafidis at 760-772-3671.

We look forward to our next season, and your ideas and suggestions are welcome. Your renewed interest in the club and your membership are welcome. Applications can be found on the rounders by the Lifestyle desk. Come ballroom dance with us!

Solos



The Solos Club will be starting its 6th season with a "Welcome Back" pot luck dinner on Sunday, September 19, at 5 pm. We look forward to meeting our old friends plus welcoming some new faces. Our club is open to all single residents, and annual dues are \$10. Membership applications and our current newsletter can be found on the rounders at the Lifestyle desk. Our season runs from July 1 – June 30.

Our Social Committee has some great activities planned for this coming season starting with the second Sunday of the month brunch on September 12 at 11:30 am. Carpooling will be available from the clubhouse

at 11 am. On Saturday, September 25, we plan to have dinner at Shame on the Moon in Rancho Mirage. Exact details about the brunch and dinner, plus other forthcoming activities, will be announced in the September newsletter, via e-mail if you're already a member, or you can pick up a copy from the rounders at the Lifestyle desk.



The stampin' club recently learned a new technique called "brayering." It made stamped scenes look like they were sunset scenes. Members used a roller over a rainbow stamp pad to achieve the effect.

Both the stampin' and stitchin' clubs will be making sock monkeys in the months to come. Those who wish to make them need to let Martha Horner know so she'll have enough materials for all. We think they'll make nice Christmas toys for the grandkids.

During the rest of the summer months, stampers will be repeating some of the cards or techniques that they want to practice or ones that members missed when absent.

From our treasury we have purchased some metal cutting stencils for our Big Shot machine that will cut circles, squares, ovals, and other shapes. This will give our finished products a more professional look. Martha Horner surveyed

members orally to learn what the needs were, and the stencils have already arrived and are receiving good use.

Please note that some of the items in the display case can be purchased. If you are interested in doing so, just come by the Cambria room on a Monday between 12:30 – 3 pm during class. The clubs have also been busy making all kind of goodies for sale at the Arts Festival on August 15.

And all members: remember that our \$10 dues are due now.



Table Tennis

Come join the Table Tennis Club!

We play four days a week: Saturday from noon – 3 pm, Wednesday from 12:30 – 2:30 pm, and Friday and Sunday from 3 – 6 pm. So, find some time in your schedule to stop by and see if you still remember how to play.

We play in the Fitness Center Aerobics Room. You need proper workout shoes and comfortable clothing. You can play twice as a guest and then join for \$15/year.

It is a good workout, both physically and mentally, as well as a lot of fun!

We're happy to get you up to speed if you haven't played for a long time. We all had to start somewhere.

Come and check it out!

Continued on page 32...



Tennis Club

The mission of our club is to provide organized tennis opportunities for men, women, and mixed; to provide opportunities for social interaction; and to be an advocate for all tennis players by working with the HOA to maintain and improve our tennis facilities.

Our prime season runs from November to March; and next year we will continue some of our past programs, which include ladders, round-robins, and drop-ins. Plus we will be looking at new activities. These new activities include men's and women's and mixed competitive tournaments plus a monthly Beer, Burger, and Bash for players at all levels. We are asking for volunteers to help run these activities. If you are interested in helping, please let one of the officers know.

Our next season's elected officers for 2010/2011 will be: President, Robert Young; Vice President, Marje Burdine; Treasurer, Bob Belluomini; Secretary, Janet Cameron; Membership Chair, Pat Napoles; Social Chairs, Janet Cameron and Ed Pentz; and Past President, Angela Fiori.

Summer drop-in hours will be in effect April, May, and September (women, MWF; men, TTS; from 7:30 – 9:30 am). In October drop-in hours will change to 8 – 10 am.

For more information about our tennis club and programs, email robert_maryjane@hotmail.com.

That's Entertainment Club

This year's New Year's Eve celebration is brought to you by That's Entertainment Club. Look for upcoming ads in *The View* and flyers so you can get tickets for this

great night of entertainment. Twelve o'clock New Year's Eve will explode bringing in the New Year at the Montecito Clubhouse.

We are looking for volunteers who would like to participate in putting on this event with us. Help is needed to make this a successful New Year's Eve celebration: committee assistants, creative helpers, and those who would like to participate in entertainment activities. The theme is "Drifting and Dreaming" reliving the 30s and 40s with music and dancing with the Big Band sounds of the "Guy Lombardo" era. Oh, did I forget there will be lots of balloons and noise makers to bring in the New Year? Plan now on joining us December 31. Please contact Steve Rive at 760-610-2459 or e-mail him at scshthatsentertainment@yahoo.com, or Ben Weissbach at ben11169@dc.rr.com or call 760-702-7159.

The club is also looking to promote new ideas and events for the new year. Do you like to tell jokes? A comedy workshop is in the makings with a final performance in our nightclub setting among your friends and neighbors. Another idea is to have an international night of entertainment and food. Another thought is to have a celebrity roast with friends as the roasters. Another idea is to have various nights at different restaurants from different countries. Imagination is our theme for the new year. Bring your ideas and we'll make it happen. Contact Ben Weissbach at 760-702-7159 or ben11169@dc.rr.com to participate in these ideas (or your own).

Topical Discussion

Do you like to talk or listen to just about any topic? Are there important topics you think should be discussed? What about debating things happening around the world every day? In other words, is there

something on your mind you think should be discussed with friends in the community?

The Topical Discussion Club meets on Monday nights at 7 pm at the clubhouse. In past meetings, we have discussed many interesting topics surrounding our homes, maintaining our landscape, home warranty programs (pro or con), home insurance (pro and con), and flood insurance. Other topics have been earthquake awareness, neighborhood watch, citizen patrols, and so forth. We have spoken about the war in Iraq. We have discussed our views on immigration and illegals in California. Also should there be a single line-item veto for the President?

Give the Topical Discussion Club a try. In September, meetings will be the second and third Monday of the month: September 13 and 20 due to the Labor Day weekend. This is a great new year, and it should be a great one for discussions.



Tutta Bella Vino (All Beautiful Wines)

I hope you have all enjoyed the thrill of summer in the desert and the quiet months of July and August. Well get ready, because we are starting the new season with a bang: we are returning to Australia to experience a winery that has generated a roaring "seize the day" buzz.

The Robert Oatley Vineyards are owned and operated by the family in Mudgee, New South Wales, one of the country's oldest winegrowing regions. The Oatley family's viticulture

methods and thoughtful approach to winemaking under Bob's watchful eye have created a style and taste that will define the next generation of Australian wines. Bob discovered the quality of Mudgee grapes in 1978 and has since settled in the foothills of the Blue Hill Mountains and established the family's vineyard on over 1,300 acres.

Ray Croteau has arranged for a presentation by a member of the Oatley family. We will, of course, offer accompanying food pairings to make for a special evening.



Ukulele Strummers

19th-century songwriter Stephen Foster was known as the "Father of American Music." He was born on July 4, 1826, of Irish descent in Lawrenceville, Pennsylvania, and died at the early age of 37 on January 13, 1864. Most of us learned his songs in grammar school; today they are enthusiastically played by your Sun City Strummers: "Old Susanna," "Camptown Races," "My Old Kentucky Home," "Beautiful Dreamer" — all perfect for the ukulele.

Come check us out on Thursdays and sing Stephen Foster songs with us, as well as a songbook of music up-to-today's hits! Ann Olsen is there at noon to give beginner lessons — call her at 760-702-3943. We meet and "jam" at 1 pm in the Montecito Clubhouse.



Veterans Club

Unlike many veterans groups, this club is not about rehashing war experiences. Our Club is about assisting members, their spouses, surviving spouses of deceased veterans, as well as all of our neighbors. We bring in speakers to make veterans aware of the many benefits they have earned while serving their country, and we get them in touch with the people that can help. The club has also established a reference file with the many, many agencies that deal with the elderly including veterans.

Additionally, the club provides services to the SCSH community — from Veterans Day in the fall; a highly successful Toys-For-Tots to begin winter; and our Memorial Day flag-raising ceremonies in the spring — all providing recognition to those that have served and are currently serving. I hope that you have noticed the flag display in the lobby of the clubhouse: that's courtesy of our club. We also offer US flag disposal for worn and tattered flags as well as the sale of new flags.

And finally, we offer an e-newsletter to our members put together by our President, Tom Hutson. He goes through the many military publications and Internet sources to glean information pertinent to the older veteran. The latest information concerning members

and club happenings make this newsletter a must have.

July and August really flew by, and it's time to start a new year. Our first meeting of the new season will be on the third Wednesday of the month, and we hope that everyone can join us September 15. We will put in motion preparations for Veterans Day and our Toys-For-Tots programs.

See you on the 15th — God Bless America!

Women's 18-Hole Golf

Our Women's Golf Board of Directors and Committee Members have been busy this summer planning activities for the season and improving our organization. The first official activity will be the "Welcome Back Party" on Wednesday, October 27, at 2 pm in the Montecito Ballroom.

All members and women interested in joining our club are encouraged to attend. Regular golfing events will begin Wednesday, November 3.

The Women's Golf Club was established in 2006 to encourage fellowship and competition among the members. Official play days are Wednesdays between November 1 and May 31. Many members play throughout the summer, but there are no organized events. If you are interested in playing, sign up in the Pro Shop.

Continued on page 34...



...continued from page 33

All active members are residents of SCSH and have a verifiable handicap through the GHIN system. A woman may also join as an associate member if she wishes to establish and maintain a handicap but not play golf with the club. As of September, the club has 127 members. We are growing and always welcome new members.

If you have any questions, Char Oman is president (760-863-2159) and Nikki Stryker is membership chairperson (760-469-3922). You can also get information on-line at shwgc.com.

Resident Groups



Democrats in SCSH

The Democrats in Sun City Shadow Hills will resume monthly meetings after a summer hiatus on

Wednesday, September 15, at 6 pm. Please note: the July and August *View* article listed the incorrect date of September 22. We'll be returning from our summer adventures and reconvening with a potluck dinner and a really interesting program.

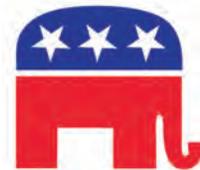
Lanny Swardlow, RN, will address one of the more controversial propositions on the November ballot, namely Proposition 19, the Cannabis Tax & Regulate Initiative. His particular perspective will emphasize the health issues around the legalizing of marijuana as well as other aspects of the proposed legislation.

In addition we are seeking members to participate in a phonathon for our Democratic candidates for the November election to take place right after the meeting. If you can phone Democrats in our community, please bring your cell phone charged and ready to go.

The Democrats in SCSH meet on the third Wednesday of each month at 6 pm in the Montecito Clubhouse; check the marquee for room location. We reserve the first half hour for socializing so, if you haven't joined us before, this is your opportunity to meet and greet the Democrats in your neighborhood — and if you've participated in the past,

welcome back! Don't forget to bring a main dish, salad, or dessert this month for the potluck.

If you have questions, either email Sue at haffleysue@yahoo.com or give her a call on her cell phone at 562-754-6181.



Republicans in SCSH

Yes, Virginia, there is a Republican Group right here in our own Sun City Shadow Hills!

The group is finally organized and ready to proceed. We will be meeting on the third Monday of each month at 7 pm in the Montecito Clubhouse (room to be determined) beginning on the September 20.

There is a good possibility that our speaker will be Mary Bono Mack for that first meeting but, if not, there will be an alternate. Our dues are \$25 per year.

We hope to meet many of you at that first official meeting. For more information, please contact Manny Ortiz at many.ortiz74@yahoo.com.



Dog Days of Summer

Remember that hot summer days means hot pavements. Protect your dog's paws with dog shoes or walk your dog during cooler times of the day.



Clubs in Formation



Cooking Club

Cordon Bleu Chef, Denise Schreiber, is wishing to form a cooking club.

If you are interested, please call Denise at 760-360-9963.

Please call again even if you have already called (Denise's contact book has gone missing and she no way of getting back in touch with you).

Road Bicycle Riders

I am looking for road bicycle riders who want to start a "Road Bicycle Riders Group" in our community to go on road rides of 30-45 miles at speeds of 15-18 mph.

Those interested, contact me, Dario Fadiga, at 760-345-7398 or dfadiga@dc.rr.com.



Travel Club



Jerry Irwin is starting a Travel and Vacation Club. We are looking to get better pricing on group travel. We want to plan trips during the hot summer months and are looking for anyone who is still a skier to plan a winter

ski trip. For more information contact Jerry at 760-289-6748 or email ongreenpar@dc.rr.com.



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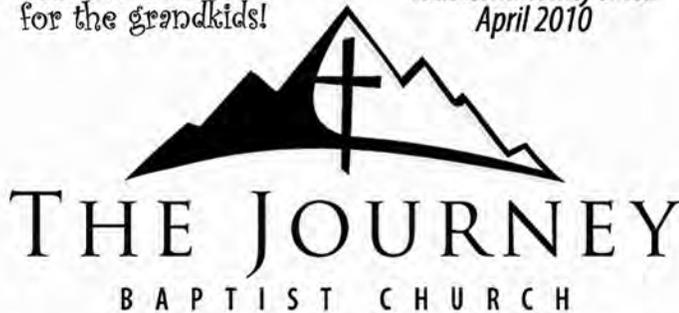
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760-574-1043



- Free estimates
- Lifetime guarantee
- 3 week delivery
- We also offer full service repair & repainting

SULLIVAN'S
 SHUTTER FACTORY

**84391 Cabazon Rd.
 Indio, CA 92201-3310
 Main: 760-347-5535
 Fax: 760-342-2070**

License#: 936224



Love
your Del Webb
life?

Why not share
that love with
friends?

As a Shadow Hills homeowner, you already know that you've bought more than a home, you're embracing a whole new way of life. If you love your new Del Webb lifestyle, why not share it with the people you care most about?

Del Webb will donate \$2000 per closing to the event fund for sales contracts signed between April 1 and December 31st!*

When enough friends purchase a Shadow Hills home, we'll be celebrating in a big way with an afternoon of friends, food, and music:

DECEMBER MUSIC FESTIVAL at Sun City Shadow Hills

So share the good word and get ready to celebrate... with your friends and referring neighbors.

Ask a sales consultant for details today!

Call for details: 760.772.5400 DelWebb.com

SUN CITY SHADOW HILLS

801 40 Sun City Blvd., Indio, CA 92203