

• *Shadows* • RESTAURANT

Breakfast

BUILD YOUR OWN OMELET - 14.50

3 eggs, choice of cheese, American, cheddar, pepper jack or swiss, options, tomato, spinach, onions, mushrooms, bell peppers, bacon, ham, sausage or jalapeños

served with choice of country potatoes or fruit and toast

BREAKFAST BURRITO - 11.50

eggs, ham, bacon, onions, peppers, country potatoes and cheddar cheese wrapped in a flour tortilla

PANCAKES - 8.50

served with maple syrup and whipped butter

Soups and Salads

SOUP OF THE DAY

(Cup) 5.50 / (Bowl) 6.50 ask your server about our chef's daily soup

CHILI

(Cup) - 5.50 / (Bowl) - 6.50 served with sour cream, cheese & green onions

SHADOWS SALAD - 13.95

baby spinach tossed in a raspberry vinaigrette dressing topped with strawberries, apricots, dried cranberries, candied pecans and goat cheese

Choice of protein turkey 16.95 / chicken 16.95 / shrimp 19.95 salmon 22.95

COBB SALAD

mixed greens topped with, bacon, avocado, tomato, boiled egg and bleu cheese crumbles and choice of dressing
choice protein, turkey 15.95 / chicken 15.95 / shrimp 19.95 salmon 22.95

CHEF SALAD - 15.95

ham, turkey, cheddar and swiss cheese atop mixed greens with tomatoes, boiled egg, red onion, and choice of dressing

ASIAN CHICKEN SALAD 17.50

lo mein, snow peas, carrots, scallions, peanuts, red peppers, napa cabbage and ginger sesame dressing

PAR 3 - 16.95

chicken, egg and tuna salads served on a bed of mixed greens with grape tomatoes and red onion

HOUSE OR CAESAR SALAD

Sml. - 8.50 / Lg. - 10.50

TRADITIONAL WEDGE SALAD - 11.00

1/4 wedge of iceberg lettuce, bacon, tomato, bleu cheese crumbles & bleu cheese dressing

HALF SANDWICH & SALAD - 13.50

HALF SANDWICH & DAILY SOUP

Cup - 13.50 / Bowl - 15.50

Sandwiches and Wraps

all sandwiches are served with choice of side

THE ULTIMATE REUBEN - 16.50

corned beef piled high on grilled rye with swiss cheese, sauerkraut and Russian dressing

SHADOWS CLUB SANDWICH - 15.25

ham, turkey, bacon, swiss cheese, lettuce, tomato and mayonnaise on your choice of bread

BLT - 14.50

served on your choice of bread add avocado 2.00

TUNA MELT - 14.50

served on sourdough bread with cheddar cheese

SHADOWS BURGER- 14.50

6oz Angus burger on a potato bun with lettuce, tomato, onion, pickle and choice of cheese add bacon - 2.00 avocado - 2.00

FRIED CHICKEN SANDWICH -15.50

served on a potato bun with lettuce and pickles

FRENCH DIP - 16.50

tender roast beef on a french baguette with swiss cheese.
served with warm au jus

VEGGIE WRAP - 15.00

sautéed julienne vegetables in a flour tortilla with lettuce, tomato, swiss cheese and garlic aioli

CALIFORNIA TURKEY WRAP - 15.75

roast turkey in a flour tortilla with spinach, tomato, carrots, swiss cheese and avocado mayonnaise

BEYOND BURGER - 15.50

served on a potato bun with lettuce tomato onion and avocado spread

Pizza

10 INCH CRUST 12.95

topped with our robust tomato sauce and four cheese blend with your choice of three toppings
each additional topping .75

TOPPINGS

pepperoni / sausage/ ham / onions / peppers / spinach / mushrooms tomato / pineapple / anchovies
cauliflower crust available **GF**

Small Plates

JUMBO WINGS -10.95 **GF**

6 jumbo wings tossed in your choice of sauce buffalo bbq, honey mustard or sweet chili sauce served with celery sticks

CHEESE QUESADILLA - 8.95

sautéed onions, peppers, cheese blend, guacamole, sour cream and pico de gallo (add chicken + 3.00)

JUMBO SHRIMP COCKTAIL - 11.95 **GF**

served with cocktail sauce and lemon

Entrees

FISH AND CHIPS - 17.50

served with cole slaw and french fries

STEAK AND MUSHROOMS - 24.95 **GF**

10oz new york strip smothered with onions and mushrooms served with herb potato wedges

VEGGIE PASTA - 13.95

fresh sauteed garden vegetable served over linguini tossed with marinara sauce
add protein, chicken 6.00 shrimp 9.00 salmon 12.00

Desserts

MISSISSIPPI MUD PIE - 5.95

CARROT CAKE - 5.00

CHOCOLATE DECADENCE - 5.00

KEY LIME PIE - 5.00

ICE CREAM - 2.00
chocolate or vanilla

Beverages

SOFT DRINKS - 3.00

REGULAR COFFEE - 3.00

DECAF COFFEE - 3.00

HOT TEA - 3.00

MILK - 3.00

HOT CHOCOLATE - 3.00

SMALL JUICE - 3.00

LARGE JUICE - 5.00

Sides

FRENCH FRIES - 5.00

CAJUN FRIES - 5.50

PARMESAN TRUFFLE FRIES - 5.50

SWEET POTATO FRIES - 5.50

ONION RINGS - 5.95

FRESH FRUIT - 5.50

COTTAGE CHEESE - 5.00

KETTLE CHIPS - 2.00

COLESLAW - 5.00

www.theshadowsrestaurant.com / 760-772-4342

Hours Tuesday thru Friday 11:00 am - 7:00pm

Saturday and Sunday 8:00 am - 7:00 pm

**Warning: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.
Alert your server if you have special dietary requirements.**