

# Transcription of Episode 340: Paint El Paseo Pink

Wednesday, August 17, 2022

## SPEAKERS

Chris Covington, Kathy Lindstrom

**Note:** This transcription was computer-generated and may contain typographical errors.

### **Kathy Lindstrom** 00:10

Good Morning Sun City Shadow Hills. This is Kathy Lindstrom, your HOA Vice President. And today we have a special opportunity which was brought to us by Chris Covington, one of our residents here. And it's about Paint El Paseo Pink, the walk for breast cancer. And what we'd like to do is enter a team that represents our community, Sun City Shadow Hills. And we came up with a name for our team. It's going to be the "Sun City Shadow Hills Steppers." And Chris, tell us about the walk.

### **Chris Covington** 00:43

Well, this is the 16th year. I participated in a few years before. The fee is \$35. Great cause, great opportunity to meet your neighbors. But most of all, it's a great opportunity to help women in the Valley. It's October 8, 7:30 am, sign up 8:00 am, it's less than two miles, I would guess. From Portola to Monterey. Not a lot. vendors do open stores, give out free things. There's also tables, plenty of tables with plenty of giveaways, let me tell you, they have plenty of giveaways. And I was thinking about getting to some pink to wear other than the t-shirts, you do for the \$35 fee, get a t-shirt, Paint El Paseo Pink. But if we go early enough, we can all put those on great opportunity for the view, I feel, to bring this community together. Sun City Shadow Hills is a great community, and I like doing things as a community. But I also like to supporting Palm Desert.

### **Kathy Lindstrom** 01:53

Well, this is a unique opportunity because it does help. And we have several more than several survivors here in our community, survivors of breast cancer. I know, I am personally one, and also there are many women that I've gone out with and met at the gym who are survivors. And we would like to see those women out walking for the cause to fight breast cancer. And we'd like to see not only women, correct, Chris, but men. So if you have been a father, a husband, a brother of someone afflicted with breast cancer, you know how special it is to get out there and fund this charity. And we also have the opportunity to bring our dogs with us. So if you need that support out there with that furry companion of yours, bring them along and dress your dog in pink.

### **Chris Covington** 02:45

Absolutely, you'll see everything out there. I mean, it's just amazing for the community to come together like that. And it's just a lot of fun. Also, we plan on coming back to Shadows for breakfast, if anybody wants to join us, not only that, we're going to support cancer, but we're going to support Shadows. I'm a firm believer in that one anyway, but I'm just really looking forward to it and hope we can get a lot of you

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ladies and gentlemen to come out and join us. Bring the kids also, I've submitted the paperwork for our team. They said it takes about three or four days. So I should be hearing tomorrow or by Friday, I should know. And then we'll put it out that it's already to go.

**Kathy Lindstrom** 03:29

Okay, so we will be on the website for Paint E Paseo Pink, yes, you will look under our team name, which would be the Sun City Shadow Hills Steppers, absolutely, you'll sign up there, it will cost you \$35 for an entry for that, you will also get a pretty pink t-shirt. Also, what we'd like to do if you have the opportunity and the wherewithal, you may also get people to sponsor you and bring in sponsorship. And if you cannot walk with us on October 8, what we'd like to do is support a breast cancer charity and also you can donate without walking. But we want to see out there walking. In fact, I and I have not had the chance yet, but I'd like to invite our Sun City Pom girls to lead us in and don pink T shirts and come out and leave the chair. We've set a goal out there and it's a very minor goal of how much Chris?

**Chris Covington** 04:29

Only \$500.

**Kathy Lindstrom** 04:30

Only \$500. Now, I talked to Chris as we came in there, I'd like to see at least 50 women walking if not 100 not only women, but men, women and children walking. While we're sponsoring Sun City Shadow Hills as a big proponent for the fight against breast cancer. What do you think, Chris?

**Chris Covington** 04:50

I think that's a great, just absolutely great, and I'm really looking forward to it. And anybody can call me reach out to me, I'll be more than happy to help you if you don't have access to a computer. I know some people don't, I'll be more than happy to help you out. Not a problem there.

**Kathy Lindstrom** 05:05

Okay, so this is a great chance Sun City to support a great charity, to support your community, to have fun, and look pretty in pink. So step up there as one of the Sun City Shadow Hills Steppers.

**Chris Covington** 05:18

Absolutely.

**Kathy Lindstrom** 05:19

Thank you, Chris.