

# Transcription of Episode 341: John MacDonnell

Friday, September 2, 2022

## SPEAKERS

Phil Vigil, Toni Caylor, John MacDonnell, Amber Galindo

**Note:** This transcription was computer-generated and may contain typographical errors.

### John MacDonnell 00:09

Good day everybody, this Big John. I know, I haven't been here for a while to do a podcast. My wife and I got an opportunity to go and visit one of our Sun City Shadow Hills residents, who lives in Ireland six months a year, and here six months a year. And they invited us over to spend a little time with them. And so we had a little stop off in Iceland for a few days. And then we went off to Ireland. And we spent a week with our friends from Shadow Hills there. And then we're on a tour for a couple of weeks. So we were gone for about a month and had a good time. So coming back here, it was hot, humid, and lots of things to do with the community. So let's get started.

### John MacDonnell 00:57

So I have special guests today. I have Phil Vigil, who is our general manager from Troon now, and I have Toni Caylor, who is the committee chair of the Health and Fitness. And I have Amber Galindo, who is our athletic and physical director of everything that we do, that has to do with working out with us today. So let's talk about a couple of quick things. I'll do a couple of my check marks here. And then we'll go and talk to them.

### John MacDonnell 01:31

In September, we have the ice cream, social and entertainment. Now that is free to the community. Okay, so the only thing that they ask you, and I would always suggest that anytime we do an event, whether it be health and fitness, whether it be anything to do with lifestyles that you always find out about signing up, whether it's free, or it's a paid event, you should always check and see if you needed to have some sort of reservation. Now for this, this ice cream social, it is free again, but you must call in to the lifestyles desk and let them know that you would like to have a ticket to come to that so they can bring enough ice cream in for everybody. That will be Thursday, September 22. And that will be from 6pm to 7pm for the ice cream social. And from 7pm to 9pm for the music. Again, it's free. And you do need to sign up for that. Okay, so that's, that's that part of it.

### John MacDonnell 02:35

Okay, next is the cookbook. So lifestyle spent many, many, many days putting together a cookbook, and it is recipes from the community. And that cookbook has been made. They are finishing the last parts of it now. Right now, if you go to lifestyles or go onto the website, and you pay for the cookbook, now it's \$8 until October 1. Okay, you go you pay it's \$8 until October 1 And then after that it's \$10 a piece. And you would go online to Eventbrite to get that.

**John MacDonnell 03:16**

Okay. Now, I know this is a little ways out. But I've been stressing this for a long time to putting it out to everybody is that we have the outdoor concert coming back onto the driving range. And that will be 30th of October 2022. And the band will be a DOORS tribute band called Strange Days. Feel free to go online, take a look type in Strange Days and see what they're about. Their music is fantastic.

**John MacDonnell 03:46**

Okay, let's talk to Toni and Amber. Have a couple more things that we'll get into after but, so what's going on? Talk to me.

**Toni Caylor 03:55**

The first thing we want to really emphasize is the Duathlon that we have on September 23, which is a Friday. Duathlon simply means you're going to do two different things. This is not, let me repeat, this is not a race. This is an event, physical event so that we can get together with people we may or may not know it's for camaraderie, it's to have fun. It's to do something you've never done before. Although you have done these two particular events in this event that we're going to have. The first part of it is a mile and a half walk and it's going to be right here in Sun City, in front of the Santa Rosa clubhouse and after the walk will be either your choice a walk or a swim in the pool. We will have the locker rooms open so if you want after the walk you can change into your swimsuit or you can wear your swimsuit underneath your walking clothes will meet in the pool, the walk, or the swim is only a 200 yard distance, meaning it's only eight times up and down the pool. That's it. Again, it's not for speed, it's to have fun, we thought that after doing the walk, we could cool down a little bit in the pool. So that's why we're having these two events together. We will have a place for you to put your clothes when you're in your swimsuit to get into the pool. And afterwards, you can get out dry off with the towel you bring. And then you can put your clothes back on. And then we'll leave that area and finish in the grassy area outside of the pool. And there'll be some things there that we'll have for you as well. But this is an event that's for fun. It costs \$15. And with that \$15 you know Sun City, we always have things, many things giveaways for you. This particular event will have shirts for you. I believe their tank tops this time because it's a little warm out there, tote bag to put all your stuff in, some snacks, and we'll have water on the on the course itself. So we'll be having you take care of you, you'll be taken care of during this.

**John MacDonnell 06:32**

So Tony, let me ask you a question. So some people may say, you know, I really want to do this, and they get out there and do this. And they get on that walk now, though. You said the walk is about a mile and a half. Is that right? Yes. So will we have people out there in case they can't, if somebody can't make that entire walk?

**Toni Caylor 06:48**

Absolutely, we will have a golf cart going up and down the it's, it's going to be on Sun City Boulevard. So we'll have the golf cart going up and down. And if you feel like I just don't want to do this walk anymore. It doesn't matter whether you can or you can't or whatever you just feel like that's it for me. We'll be glad to pick you up and take you to the pool area. And so there's no, it's, it's not a big deal.

Like I said, it's not a race. It's just to get together with other community members, other people within Sun City. So we can have some kind of fun together.

**John MacDonnell** 07:26

So it's all for fun. So if somebody decides that they don't want to finish the walk, they can go and do the swim.

**Toni Caylor** 07:33

Yes. And if they don't want to do the swim, they can just stick their feet in the water if they want and just sit there and watch and watch everybody else go walk and swim.

**John MacDonnell** 07:44

Nice. All right, so the date on that one more time?

**Toni Caylor** 07:50

Friday, September 23. Now you do have to sign up for this because we have to know you know how much how many snacks to bring him how many t-shirts and all of that. So we do need to have a list of people that are attending. And the signups can be at either clubhouse, either Montecito or the Santa Rosa. But yes, it's \$15 per person and there is a cut off date. We are if you look at the flyer that we have out the signups are supposed to cut off on September 5, but because we're putting this podcast out today, we are going to extend that cut off a whole two more days. So you have till September 7 to register but if I were you I wouldn't wait I just hustle down to either the Montecito or the Santa Rosa and sign up

**John MacDonnell** 08:50

And my wife and I are going to sign up today. So that'd be great. Oh, Amber, now you have something for us to another thing that's special. What is that now? Because I know this is something that that this community absolutely loves?

**Amber Galindo** 09:01

Yes, we are getting ready for our annual golf walk. This year. It's going to take place, well same place as always self course, but it's going to be on Friday, November 4. The walk will start at 8am. Signups have started already at either fitness center. This event is a free event. It is a large event. I think we had 300 people last year. We are doing the first 100 participants to show up to the event we'll get a free shirt. We encourage everybody to come out a little bit earlier sizes are going to be based on first come first serve.

**John MacDonnell** 09:40

Beautiful Now, last year we had a pre rally or we have an a pre rally this year where we get our picture taken and so on so.

**Amber Galindo** 09:47

Yes. So we're going to you know, stand in front of the course we're going to have some poppers some confetti poppers, we're going to take a nice big picture and then we'll start the walk.

**John MacDonnell** 09:55

Okay, so just wanted to make sure. What time do they come out for the pre rally is that at the eight o'clock time or the walk starts at eight.

**Amber Galindo** 10:06

The eight o'clock time is when we start walking. So if they're there about 7:30, we can start getting everybody. Hopefully, we can get a little stretch in get a picture before we start walking.

**John MacDonnell** 10:17

Beautiful. So we'll have one of our instructors out there to give us a little stretch. Okay, Toni, did you have something to add to that?

**Toni Caylor** 10:23

Yes, we need to remember because the course, the golf course, will have been overseeded. It isn't really, really complete on that Friday. So we need to make sure that we stay off of the grass, we need to stay on the golf cart, little roadway there

**John MacDonnell** 10:46

The path.

**Toni Caylor** 10:46

Yeah, the path.

**John MacDonnell** 10:49

So like we had last year, we're going to have golf cart, people out there at specific locations along the route. So that if you feel that you're not doing so well try and make it to at least one of those rally points where the golf carts will be waiting, they'll the golf carts will be able to bring you back to the starters where we started the walk. And if somebody is really having a hard time and just can't make it, I always suggested to either sit down, make sure you bring a lot of water with you sit down and wait and have somebody call us to come and get you at that point. But we'll make sure that the team is out there and is able to come back and pick people up and take them back if they can't make it.

**Toni Caylor** 11:33

Yeah, that's good, John. We will have water available for walkers. But it's always good to bring your own if you can as well, just so that you make sure you've got the water when you need it, as opposed to trying to wait to get to that point where they have it.

**John MacDonnell** 11:50

Okay. You have a couple other things over there, Amber?

**Amber Galindo** 11:54

Yes. So September 20, we have a health lecture. It's a free lecture. And the topic is going to be "Acupuncture 101." And that, again, is going to be on September 20, at 4pm. You just have to sign up

at either fitness center. We just want to know more or less how many people we're going to have in attendance that day.

**John MacDonnell 12:13**

Now. Will they do acupuncture there too?

**Amber Galindo 12:15**

No, no.

**John MacDonnell 12:16**

No. It's just a lecture.

**Amber Galindo 12:17**

It's more of an educational lecture. Just you know, anybody interested in acupuncture. She's kind of gonna go over it, yeah.

**John MacDonnell 12:26**

Okay, cool. All right, what else?

**Amber Galindo 12:28**

Another thing we have is our Alzheimer's Association. We have brought back our support group. So they are going to meet every second and fourth Friday of each month. For the month of September, they're going to be meeting over at the Santa Rosa clubhouse in the Monterey room. And that starts at 10:30. And in October, they are going to meet at the Montecito in the Capistrano. So that's going to be going something we have continuous every month from the second and fourth Friday of the month at 10:30.

**John MacDonnell 13:03**

Okay, cool. That's great. So that's, that is something that another event that we're offering here at the Community, which is great,

**Amber Galindo 13:12**

Yes. And in October, we have our Health Expo, that's going to be October 1st, the expo starts at 10am. And it's from 10am to 1pm. It's a free event. We're going to have a ton of vendors, we'll have some health lectures, during that time. It's going to be over at the Montecito clubhouse. And that's going to be free to the community. You don't need to sign up. You'll just show up that day.

**John MacDonnell 13:36**

Okay, so now I remember I remember vividly because it was it was it was something that I did that I shouldn't have done. I last year, I decided to get my booster and my flu shot in the same arm on the same day. And I'll tell you what, I think I was sick for a week. Are they going to be giving boosters and flu shots again this year, like we had last year? Do we know that?

**Amber Galindo** 14:00

We have not confirmed it. They did add that we're doing free raffles door prizes and complimentary health screenings. blood pressure checks,

**John MacDonnell** 14:11

Okay. So if people are concerned about whether or not they can get their flu shot there can they call the HOA office, or find out about that?

**Amber Galindo** 14:21

They can call us at the fitness and call the fitness center. We're still kind of working on this. We still have some moving pieces. Okay, well we can get a confirmation

**John MacDonnell** 14:28

So call the fitness center and see if they're doing flu shots. Otherwise, you may have to get those at your local pharmacy so okay, what is it? Oh, it says flu shots available. Oh good. Oh, so flu shots are good.

**Amber Galindo** 14:40

That was fast.

**John MacDonnell** 14:41

Oh, quick information. And Gus didn't even have to cut and edit this way. I mean, we're still we're still rolling here so that's great. Okay, so they will have the flu shots.

**Amber Galindo** 14:50

And complimentary light breakfast, coffee, and refreshments.

**John MacDonnell** 14:53

Nice. It didn't say anything about boosters or anything right?

**Amber Galindo** 14:55

Doesn't say anything about boosters now just flu shots and they'll be provided by Albertsons.

**John MacDonnell** 14:59

And nothing about my Monkey pox shots. I know people have asked about that so that we don't have that. Flu shots for sure. Okay, cool. I know there's something that is very special to me. Because in high school, I lost a very close friend of mine who had her birthday on the same day as mine. And it was it was in the early 80s When breast cancer still wasn't a major topic out there. Not like it is today. And she passed away before we actually graduated high school. And that was a very sad moment for me because she was her and I were very close to each other. So we have something special. Tony, would you like to talk to us about what is coming up as far as the walk is concerned for Paint El Paseo Pink?

**Toni Caylor** 15:52

Yes. Paint El Paseo Pink is going to be held on October 8. We have a team from Sun City Shadow Hills, which is called "Sun City Shadow Hills Steppers." And we would like everybody here to sign up for that team on the website and join the team. The website is [desertcancerfoundation.org](http://desertcancerfoundation.org). And then you go and you find that team name and just push join. And then that's where you'll sign up and pay for the walk. I believe the walk is \$35. The walk does start at eight o'clock. There is a little kickoff at 7:30. If you don't register prior to that day, I believe for this walk, you can register the day of and the time of the walk. So if you're not sure you can make it that day and then all of a sudden, you can please come sign up for the steppers and then let's all walk together. As I said earlier, we typically will meet afterwards and decide to like go to Shadows for a light breakfast or just to get together. Again, this is going to be community members. And it's just for camaraderie, and it's for an excellent cause.

**John MacDonnell** 17:20

I think this was this I can't remember was this like two miles? Yeah, yeah. It's like a two mile walk. Two mile walk and it's through the El Paseo area. Okay. And it benefits cancer awareness. And the fees will be all to that believe you get a t shirt.

**Toni Caylor** 17:37

Yes. Yes you do. Yes, you do.

**John MacDonnell** 17:39

All right, cool. I know that my wife Colleen and I are going to be doing this and the whole bunch of us. So the group that's going out there as we're calling them a team because we're not really sponsoring them from Sun City Shadow Hills, but they are Sun City Shadow Hills residents.

**Toni Caylor** 17:55

Yes.

**John MacDonnell** 17:56

Okay. So the steppers, that's kind of cool. I like that.

**Toni Caylor** 17:59

Yeah, and we won't have any specific bus or taxi or anything going from here to there. It's on your own. Just go on up to El Paseo, park. Go with friends if you want and we'll try to meet up there and then we'll just walk.

**John MacDonnell** 18:19

Nice. Alright, so Amber, how is the team? The health and fitness team doing? As far as instructors we're doing well, what classes are we offering now?

**Amber Galindo** 18:35

Doing pretty good. We're still looking for a few instructors. But we're doing pretty good. We just hired Yvette. Yvette teaches Zumba and she's teaching it Mondays and Thursdays.

**John MacDonnell** 18:49

Okay, yeah. So they can go on the website? Is that mind and body where they go into? Yeah, okay, MindBody, and then they can get that calendar of all the new, but our staff is we're pretty full now.

**Amber Galindo** 19:02

Right? We're pretty fully just a couple days ago, got approval on a instructor. His name is Elie. And he'll be teaching on Tuesdays at 10am, at Montecito. He's teaching Mat Pilates and then he'll teach a Reformer Pilates right after that.

**John MacDonnell** 19:19

Nice and we still have possibility of another instructor coming back soon, which is great. So we're looking forward to that. So we're at what 9, 10, 11 instructors now? Somewhere in that range?

**Amber Galindo** 19:31

We're about eight or nine.

**John MacDonnell** 19:32

Nine instructors so we're getting up there or think our goal was to try and get to 11 instructors and be fully ready to go when everybody comes back. So because then the classes will be much larger. So very cool.

**John MacDonnell** 19:45

Couple more things I want to talk about real quick. And I want to talk about the budget process. In a nutshell. This process is a three month process that goes on and on and on and on. And every time we look at the budget We're trying everything in our power to remove pennies dollars, as much as we can from the budget that we don't necessarily need this year. And at the same time, what that does is helps to lower what our future assessment will be. And the entire team of the Finance Committee, and the staff of DRM, and the board, and the whole are all trying to make sure that we find every cent we possibly can to make sure that we're using the money properly, and that we are saving money where we can. So that budget process is still going on. And I urge you to come out to the next budget meeting, which will be coming up this month, you can check the website for the exact date on it. But I believe it's somewhere around the 22nd of this month, but you can take a look at it and see.

**John MacDonnell** 20:56

If you ever go to the mailboxes, you'll see in the round holes, that there are The View magazines, I highly encourage you to grab one of those view magazines, and go home, and when you find a moment or two, read an article here, read an article there and spend as much time as you can reading through the view and, and take a look at these articles. I know the Design Review Committee just did the one in there for this month. And it has to do with the knee walls. The knee walls are the walls that divide your property from the golf course. So good, you don't live on the golf course. You don't have a knee wall that goes out to the golf course. Those are in shambles. A lot of them are peeling, the stock goes coming off. And I encourage you to take a look at the article starting on page 9 in The View this month and get some information on what needs to be done about those knee walls. Okay, I think that's



it. I am going to introduce Phil here in just a moment. Before I do so, do we have anything else from health and fitness and from the fitness center

**Amber Galindo 22:16**

We actually do, I want to mention, I forgot, I'd love to mention. In September on Thursdays, Cheryl has added a Sit and Be Fit class. This is going to be a great class for the older demographic who can't move so much. It's going to be a little bit of strength, we're using therabands, balls, it's not going to be strenuous. The entire class will be in a chair, there will be no standing. So if you're interested you can call either Fitness Center to sign up. That will be a \$6 charge. And then to add, in October, October 18 We will have our Sound Bath. 6pm on a Tuesday night over at the Montecito aerobics studio. That is going to be a \$15 charge. And signups for that are going to start on Tuesday, September 6. And again, it's going to be \$15. There is limited space, so we encourage everybody to sign up early.

**John MacDonnell 23:18**

So for the seated class, do they need to bring chairs? Or, we'll have the chairs?

**Amber Galindo 23:23**

We'll provide all the chairs, the bands, and balls.

**John MacDonnell 23:27**

Okay, so that'll be in the workout room that we have here?

**Amber Galindo 23:29**

That is going to be here at the Santa Rosa in the Newport and Pismo room.

**John MacDonnell 23:33**

Okay, cool. Beautiful. All right. Toni, do you have anything?

**Toni Caylor 23:38**

I just want to say that the amber has been doing an enormous amount of work in trying to make sure that we have plenty of classes, we're still trying to hire fitness instructors. And let me tell you, that's a bear. But at any rate, she's really been working on this. And I would encourage everybody to come out and take advantage of not only the classes but the gym itself. And everything else that we have here offered for people to try and stay fit, try and stay active and choose whatever it is that is at your level. Nobody wants you to do something that you absolutely can't do, because you're just going to pass out if you try it. Do at your level and we have so much to offer. Come and find out have fun. You'll see you like it.

**John MacDonnell 24:33**

Okay, and so I'd also like to say, you know, as part of the staffing that we have here at Sun City Shadow Hills is that these podcasts are provided as informational podcast to you folks, is much information as we can without making it a long drawn out process. And Gus Ramirez, he is, he's our guy here. He takes care of us. When we have little edits that we have to make in here, he makes those

edits And he puts the podcast out in a good, a good set to the community. So that's a hats off to you Gus for that and as well.

**John MacDonnell** 25:08

All right, so our next special guest is our new general manager from Troon. His name is Phil Vigil. And he comes from the valley. He was at another location here and heard that our position was open and sending his resume and everything and comms really highly regarded. And Phil's with me today. So Phil, welcome to Sun City Shadow Hills. You've been here for about what, two weeks now?

**Phil Vigil** 25:41

That's right, John. Good morning. Yes, I've been here roughly two weeks.

**John MacDonnell** 25:45

Beautiful. So you're still basically getting your feet in the concrete here and, and feeling how everything's going for us and, and kind of getting things going your way. Is that right?

**Phil Vigil** 25:56

That's correct. Yeah, I have been on property about two weeks, and really just meeting a lot of people and learning more about the processes and the community. And, you know, really trying to try to dig in and in a very quick timeframe.

**John MacDonnell** 26:12

So what I would tell all of you that play golf and spend a lot of time around the golf course, and all of you that eat food. So Phil's going to obviously be overseeing golf and the food and beverage. And it's, it's a good thing. He's got a lot of experience. We have a great opportunity here with him to get the ball rolling and get a new fresh look at this community. And we're very happy to have him here. He's also done some amazing things already. We actually have a new chef, and he is known as Chef John. It's not me, he Chef John. I'm Big John. And Chef John is amazing. He's got, I teased him the other day and I said, well, I said, How much experience do you have? He says, Well, I have over 35 years I said, Well, that's great, because though you don't have much experience, you're going to gain a lot of experience here at Sun City Shadow Hills. And I was just teasing him. He thought about it for a second. And he knew I was just kidding. So that was that was fun. He's got a great attitude. He loves people. He loves cooking. He is an instructor, Professor, however you want to call it at College of the Desert. He teaches inmates over at the jail, about cooking and how to do things for themselves when they get out and just make a better life for themselves. Hopefully. So, Phil, we have on the Chef John side because golf is kind of getting ready to recede. So we're kind of quiet on golf right now. There's still people playing golf right now for another month. Less than a month.

**Phil Vigil** 27:54

Yeah, that's exactly correct. Both golf courses are open, fully. Transitioning slowly towards overseed. But you're right John here over the really the next couple of weeks, we'll be renovating the golf courses, getting them ready for opening really towards late fall. first of November for the for the south course.

**John MacDonnell 28:13**

Nice. Okay, so that's why I'm not talking a lot about golf today. So we have something special. We've been closed on Mondays for a while now because of staffing. And I know that Phil, you're working real hard with Chef John to get us fully staffed so that eventually we're going to be able to reopen, we'll have catering opening. In our future we look to see some staffing at the Montecito Cafe. We have the snack bar at the golf course. So those things are all in our future and hopefully our real near future. And I know you guys are working really hard on that. But the special thing that's going to happen right away starting I think the 12th of next month, of this month.

**Phil Vigil 28:56**

That's correct. Monday, September 12.

**John MacDonnell 28:58**

Okay, so September 12. That's going to be the first Monday football so it's gonna be "Football Mondays." That's why we're going to call it Football Mondays.

**Phil Vigil 29:07**

That's correct football Mondays

**John MacDonnell 29:08**

and on my understanding that that all the TVs will be geared towards the football game. And the menu will be the football game. Is that right?

**Phil Vigil 29:18**

Yeah, that's right, John. So really what it is your Chef John and I have listened and there was a strong sentiment that they wanted to have a back to some theme nights and obviously it's supportive pasta night and fried chicken night. We are now launching what we are calling Football Mondays. The first night of Football Mondays will be September 12, which will be the Broncos in the Seahawks game. It'll be in Shadows Restaurant. And really what that's going to look like is doors will open at 4pm. There'll be a very specific tailgate menu. Five, six, seven really amazing items. Chefs talking about some really great sliders, pulled pork sandwiches, some really amazing tailgate menu items, drinks specials, quarterly raffles. And it'll all be themed around Football Mondays. So that will go throughout the regular season. And hopefully, if your team's making on in the postseason will carry on through the postseason as well.

**John MacDonnell 30:20**

That's absolutely wonderful. I know that a lot of people have been asking for that. And it's great that we're moving forward and being able to provide that for this community. I know that chef made a change the other night to pasta night, which was one of our specialties, and kind of threw a lot of people for a loop. But I've heard nothing but the best results from that. It was amazing. And I know chef was talking about having nightly specials, having some drink specials, maybe I don't know what's happening there. But let me tell you, I'm going to tell you right now in front of Phil right here, I want to challenge everybody, make sure you got to give the chef at least 30 days to get his feet wet, that I'm getting there and let him get the kitchen staff working the way he needs him to work. Get the

equipment right, get the tables and everything right outside in the dining area. Give him 30 days, okay. And I would say come around the first part of October, I challenge every single person in this community, everyone, I challenge you, the person who has said that I will never go to Shadows again, I challenge you to go to the Shadows. At least go to the Shadows one time, give the chef an opportunity to show you what he is offering you. And let's get the Shadows back in business to the point where you have to make a reservation to be there. Not just specialty nights, but your everyday dinner. Let's make this a big deal. Okay, I challenge you, as this community of Sun City Shadow Hills to go to that restaurant, and see what's happening over there with Phil and Chef John in charge now, this is a whole new direction. Phil, I want to thank you very much is there anything you have for the community?

**Phil Vigil 32:04**

Now just to really just I'm very excited to be here, working very closely with the board. I've got an amazing team, both on the golf side, the grounds maintenance side. And as we've talked about Chef John really building the food and beverage program. I guess what I really wanted to say about the food and beverage program and Chef John is simple. He's going to build an amazing program. And it starts from the foundation. And if you speak with him, he'll talk about that. He's really building a house, building from the foundation up. And that starts also with organization and the back, training staff and putting out some amazing food. John, you talked about pasta night, this this next pasta night will be his actual recipe. So we're very excited. And you're exactly right. Everybody that was there really enjoyed the new layout, the new setup. There was some changes, a slight changes to the menu. But I think mostly you saw Chef John out there. And Chef John loves to talk to people. He loves to get feedback, he takes notes. And I think we're all excited about you know really what this food and beverage program is going to look like in the future.

**John MacDonnell 33:15**

So now you and Chef John have been friends for a while. In fact, I think you gave us a little personal part of your life and that your wives are actually friends as well.

**Phil Vigil 33:23**

Correct. Actually, Chef John and I met, I've been managing golf in the valley here now for six years with our company. And I come to Shadow Hills as a regional GM within Troon. And so John, Chef John, was our executive chef at a property here in Palm Desert. And then when we transitioned into the Mission Hills project, and property over at the Westin, he was our chef there as well. So just a real great opportunity as things kind of fell into place to get Chef John over to be part of this community as well.

**John MacDonnell 34:01**

So I would say to the community, if you if you're in the restaurant one day, and you see a guy that looks like a chef, dressed as a chef, and he's out there eating dinner, or lunch with his wife. That is because that is our chef, he wants to be amongst the people. He wants to be a part of the people. He wants to hear what you have to say. And that is something we have not had for a long time. And, Phil, I believe you have also said that your phone is open to people when they want to call if they have issues, they want to talk to you about the golf course.

**Phil Vigil 34:30**

Absolutely. My email is out there. My office number is out there and I diligent about checking messages and follow up and I look forward to you know, can't meet everybody, I'm sure but I've felt like I've met everybody so far in the last two weeks. And but yes, absolutely. I'm out as well. I love to be out visiting.

**John MacDonnell 34:52**

Beautiful so to all our residents in the community. If you see Phil out there or you see Chef John, shake their hand, well be careful with Phil, he's recovering. But he's, he'll be out there. Give him a high five left handed for now, and give Chef John a high five and let them know what you're feeling and how you're feeling about what's going on. Again, let's give these guys a good 30 days. You know, that'll give them enough time to get their feet on the ground. And, and let's see what's going on. But again, I challenge everybody in this community to go to that shadows and take a look. And I look forward to going there again, for pasta night, which I haven't been to for a while because I'm excited about it from what I hear. So anyone, Phil?

**Phil Vigil 35:36**

I just thank you. Yes, I just wanted to also remind everybody, for Football Mondays, please call the reservation number. Manny has the reservation sheets open and ready. We anticipate it's going to be very popular. And so please make sure you're on that reservation list so we know you're coming. And we certainly look forward to seeing you. Just clarify as well. Shadows restaurant will not be open for regular menu on Mondays. It will just be Football Mondays with doors opening at 4pm.

**John MacDonnell 36:07**

Beautiful. And hopefully down the road we anticipate to get back to full Mondays, and then that menu will change at four o'clock and go to Football Mondays. If you're open during the day for regular menu?

**Phil Vigil 36:19**

That would likely be the case.

**John MacDonnell 36:20**

Yeah, I would say, that's good. Okay, beautiful. Thank you very much for your time and we'll see you out there in the community. Thank you. Big John, have a great day. Bye!