

THE VIEW



 Sun City
Shadow Hills®
by Del Webb®

November 2023
General Patton Memorial Museum
photo by Thimas Trompeter/Shutterstock.com
story on page 14

CONTACT INFORMATION

80-814 Sun City Boulevard, Indio, CA 92203
www.scszca.com | 760-345-4349

24-Hour Contact:

Jefferson Front Gate (Phases 1 & 2) | 760-345-4458

Avenue 40 Front Gate (Phase 3) | 760-342-4725

Homeowner Association (HOA) Ext. 1
Lifestyle Desk (Montecito Clubhouse). Ext. 2120
Montecito Fitness Center Ext. 2111
Santa Rosa Clubhouse. Ext. 2201
Shadow Hills Golf Club South Ext. 2305
Shadow Hills Golf Club North Ext. 2211
Shadows Restaurant Ext. 2311
Cari Burleigh, General Manager
cari.burleigh@associa.us Ext. 2102
Vanessa Ayon, Assistant General Manager
vanessa.ayon@associa.us. Ext. 2106
Celeste Cordero, Community Assistant – Architectural
celeste.cordero@associa.us. Ext. 2105
Starr Meza, Community Assistant – Covenants
starr.meza@associa.us Ext. 2107
Scott Bewley, Security Account Manager
scott.bewley@aus.com Ext. 2202
Jesse Barragan, Facilities Maintenance Director
jesse.barragan@associa.us Ext. 2403
Phil Vigil, GM of Shadow Hills Golf Club
pvigil@troon.com Ext. 2301
Amber Galindo, Fitness Director
amber.galindo@associa.us. Ext. 2112
Norma Gomez, Fitness Coordinator
norma.gomez@associa.us Ext. 2111
Connie King, Lifestyle Director
connie.king@associa.us Ext. 2124
Liz Gutierrez, Lifestyle Coordinator
elizabeth.gutierrez@associa.us Ext. 2123
Veronica Moya, Lifestyle Coordinator
veronica.perez@associa.us Ext. 2122
Gus Ramirez, Communications Manager
gus.ramirez@associa.us. Ext. 2204

SCSH Community Association Board of Directors

Jerry Conrad, President
jerry.conrad@scszca.com

Scott Pessin, Vice President
scott.pessin@scszca.com

Terry Coon, Treasurer
terry.coon@scszca.com

Barbara Prezlock, Secretary
barbara.prezlock@scszca.com

Kathy Lindstrom, Member at Large
kathy.lindstrom@scszca.com

HOURS OF OPERATION

Visit www.scszca.com/hours for latest hours of operation.

ASSOCIATION OFFICE

Monday – Friday | 9 AM – 12 PM, 1 – 4 PM

First Saturday of the Month | 8 AM – 12 PM

LIFESTYLE DESK | Daily | 8 AM – 5 PM

MONTECITO CLUBHOUSE | Daily | 6 AM – 10 PM

MONTECITO FITNESS CENTER | Daily | 5 AM – 8 PM

POOL HOURS | Daily | 5 AM – 10 PM

Children’s Pool Hours (Ages 4-16)

Montecito Outdoor Pool | 2 PM – 5 PM

Santa Rosa Pool | 9 AM – 12 PM

SANTA ROSA CLUBHOUSE | Daily | 6 AM – 9 PM

SANTA ROSA FITNESS CENTER | Daily | 6 AM – 9 PM

SHADOWS RESTAURANT | Tuesday – Sunday | 8 AM – 8 PM

SHADOWS TERRACE | Daily | 6 AM – 2 PM

SANTA ROSA BISTRO | Daily | 6 AM – 2 PM

MONTECITO CAFÉ | Tuesday – Friday | 9 AM – 1 PM

All hours are subject to change.

THE VIEW

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MISSION STATEMENT

To promote the community and recognize the individuals who contribute to the identity of the community, and to impart information relevant to the community as a whole.

THE VIEW ADVISORY COMMITTEE

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Editor-in-Chief | Cari Burleigh, *General Manager*
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To inquire about articles, content, and advertising
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please email view@scszca.com or contact
Gus Ramirez, *Communications Manager*,
at 760-345-4349, ext. 2204.



PRESIDENT'S REPORT

JERRY CONRAD | PRESIDENT

As some of you may know, I write my article one month before they are published in *The View*. This presents some issues when it comes to how detailed I can be about subjects. I apologize if my interpretation of the future is not always on target.

Summer is over, and we look forward to the arrival of our friends who call Sun City Shadow Hills their home away from home. Each year we welcome back the old friends and acquaintances who make our lives fuller and more interesting. For myself, I can't wait to see all my buddies who make fun of my golf swing but also fill my pockets with winnings. I'm sure you have your own stories to tell and will create new ones to remember.

Our community suffered extensive damage because of Tropical Storm Hillary and the subsequent monsoon, the intense heat of July, and the winds that seemed to blow all summer. However, our golf courses are now in full bloom from overseeding, and the common areas have bounced back. We all should be grateful for the hard work Troon, Vintage Landscape, DRM, and Allied Security Services did to get things back in shape in record time.

We all remember how the golf course was flooded and that critical pumps went down. But we should also remember that the Troon team of Phil Vigil and Tom Johnson and their crew, managed to get the water issue solved within thirty days. A big shout-out to resident Gary Crocker for his significant part in this tale. With his connections, he was able to find us two very large portable pumps that increased the amount of water we were moving from holes three and four to the retention basins.

A very special thank you also goes to the Emergency Preparedness Committee who monitored the common areas closely and ensured everyone was connected and safe. Finally, a big thank you to the homeowners along Calle Pueblo who had to detour around the very large water drainage hoses to get to their homes. It seems appropriate that the term "it takes a village" was displayed during Hilary's aftermath.

What Is New on the SCSH Horizon?

- A refresh of our website was previewed at the September Board meeting. It looks fantastic and will make navigation and finding information more user-friendly.
- A fundraiser for the Coachella Valley Foster Kids (CVFK) will be held November 14 at 10 am at the Montecito Clubhouse putting course. The cost is \$25 for mini-golf and lunch. All donations will go directly to the CVFK organization, which currently helps over 2,500 kids in the Coachella Valley live more normal lives. Please contact Stacy Boeskin at boeskinstacy@yahoo.com for details!

continued on page 4...

Next Board Meeting:

Date: Monday, November 20

Time: 2:00 pm

Location: Montecito Ballroom

Please join us!



...continued from page 3

- The Montecito Fitness Center has new flooring and looks great! The Santa Rosa Fitness Center either has or will have new flooring for their weight rooms, which will require a three-day shutdown to complete the installation.
- Our very own Connie King, Lifestyle Director, will be one of the featured speakers at the 2023 Lifestyle Directors Convention in Austin, TX. An honor and a privilege. Connie will highlight Sun City Shadow Hills, the 50+ Chartered Clubs and Resident Groups, and the over 50 events per calendar year at SCSH. Kudos to the one who makes our social lives fun!
- The resurfacing of the Montecito pool deck and underground drainage repairs are near completion. The area is scheduled to reopen on Saturday, November 18, 2023.
- The tennis courts at the Montecito were resurfaced in mid-October, and may all your serves be aces!

Please remember that November 30 is the last day that candidates can register to run for the Board of Directors. Your nomination form must be submitted directly to HOA Elections of CA. For more information, please refer to the Call for Candidates Mailer, which was sent to each homeowner on October 13.

Finally, What Is My Philosophy of “Tightening the Belt?”

- Complete necessary improvements.
- Responsible budgetary planning.
- Carefully consider the Advisory Committees’ recommendations after an in-depth review by the Finance Advisory Committee.
- Maintain high standards and ensure the community remains aesthetically pleasing in all aspects, including common area buildings, roads, landscape, etc.
- Support year-round activities that provide the experiences you deserve.

Contact the author at jerry.conrad@scszca.com.

2024 SCSH CONCERT SERIES

**JANUARY 6TH | 7:00PM | \$30
TINA TURNER TRIBUTE**

**FEBRUARY. 3RD | 7:00PM | \$30
ROD STEWART TRIBUTE**

**MARCH 1ST | 7:00PM | \$30
NEIL DIAMOND DONNA SUMMER &
DIANA ROSS TRIBUTE**

**APRIL 7TH | 7:00PM | FREE
CREDENCE CLEARWATER REVIVAL TRIBUTE**

**OCTOBER 27TH | 7:00PM | FREE
FRANKIE VALLI TRIBUTE**

**TICKETS GO ON SALE WEDNESDAY, NOVEMBER 1ST, 2023
WWW.SCSHCA.COM/TICKETS**

TREASURER'S REPORT



Condensed Financial Information

Balance Sheets

	<u>August 2023</u> <u>(Unaudited)</u>	<u>August 2022</u> <u>(Unaudited)</u>	<u>December 2022</u> <u>Audited</u>
Assets:			
Cash and cash equivalents	5,603,150	3,956,541	6,713,138
Certificate of deposits and investments	15,759,308	13,517,777	12,327,321
Property and equipment, net	938,011	1,317,888	1,255,369
Cash - chartered clubs	199,594	137,600	199,594
All other assets	361,222	1,834,506	516,303
Total assests	<u>\$22,861,286</u>	<u>\$20,764,312</u>	<u>\$21,011,725</u>
Liabilities:			
Accounts payable and accrued expenses	790,969	864,799	1,238,137
Prepaid Assessments and deferred revenue	751,009	768,804	822,655
Total liabilities	<u>\$1,541,979</u>	<u>\$1,633,603</u>	<u>\$2,060,792</u>
Fund balances:			
Operating	2,889,232	2,163,899	2,102,131
N Channel Flood Control Fund	1,137,804	1,195,638	1,160,422
Chartered Clubs	199,594	137,600	199,594
Property and equipment	938,011	1,317,888	1,255,369
Replacement	16,154,667	14,315,684	14,233,417
Total Fund Balances	<u>\$21,319,308</u>	<u>\$19,130,709</u>	<u>\$18,950,933</u>
Total Liabilities and Fund Balances	<u>\$22,861,286</u>	<u>\$20,764,312</u>	<u>\$21,011,725</u>

<u>Statement of Changes in Fund Balances</u>	<u>Operating</u> <u>Fund</u>	<u>North Channel</u> <u>Fund</u>	<u>Replacement</u> <u>Fund</u>	<u>Total</u>
Fund balances, beginning of year	3,557,094	1,160,422	14,233,417	18,950,933
Excess of revenues over expenses	469,742	(22,618)	1,921,250	2,368,373
Adjusting Entry -Researching				
Interfund Transfers				
Fund balances, as of August 31, 2023	<u>\$4,026,836</u>	<u>\$1,137,804</u>	<u>\$16,154,667</u>	<u>\$21,319,306</u>

Detailed Financials can be found at www.scshta.com/documents/finances/ (login required)



Meet a Board Member

Thursday, November 9 · 3 pm · Montecito Clubhouse Capistrano Room

Come by and introduce yourself to Kathy Lindstrom, Member at Large of your HOA Board. She wants to hear what you like about our community and if you have any concerns.

Sun City Shadow Hills®
Statements of Revenues & Expenses Compared
to Budget for the 8 months ended August 31, 2023

	<u>Actual</u>	<u>Budget</u>	<u>Over (Under) Budget</u>	<u>Percent</u>	<u>2023 Annual Budget</u>	<u>Total Monthly Assessment</u>
Operating Fund						
DRM/HOA Operations						
Revenues (Assessments)	6,345,023	6,345,023	0	0.0%	9,517,535	229.89
All other revenues	439,399	351,950	87,449	24.8%	521,000	
Total revenues	6,784,422	6,696,973	87,449	1.3%	10,038,535	
Total expenses	6,568,328	6,702,239	(133,911)	-2.0%	10,138,536	
Excess of revenues over expenses	216,094	(5,266)	221,360	-4204.0%	(100,001)	
North Channel Flood Control						
Revenues						
Revenues (Assessments)	27,600	27,600	0	0.0%	41,400	1.00
All other revenues	18,560	0	18,560		0	
Total revenues	46,160	27,600	18,560	67.2%	41,400	
Expense	68,778	100,000	(31,222)		200,000	
Excess of revenues over expenses	(22,618)	(72,400)	49,782	-68.8%	(158,600)	
Troon Operations-Golf						
Revenues (Assessments)	901,627	901,627	0		1,352,440	32.67
All other revenues	2,469,234	1,535,166	934,068	60.8%	3,342,514	
Total revenues	3,370,861	2,436,793	934,068	38.3%	4,694,954	
Expenses, Includes depreciation	3,000,940	3,165,436	(164,496)	-5.2%	5,127,954	
Excess of revenues over expenses	369,921	(728,643)	1,098,565	-150.8%	(433,000)	
Troon Food & Beverage						
Revenues (Assessments)	304,434	266,380	38,054		456,651	11.03
All other revenues	864,327	671,663	192,664	28.7%	1,347,742	
Total Revenues	1,168,761	938,043	230,718	24.6%	1,804,393	
Expenses	1,285,034	1,220,309	64,725	5.3%	1,804,393	
Excess of (expenses) over revenues	(116,274)	(282,266)	165,992	-58.8%	0	
Total Operating Fund						
Assessments	7,578,684	7,540,630	38,054	0.5%	11,368,026	\$274.59
All other revenues	3,791,520	2,558,779	1,232,741	48.2%	5,211,256	
Total revenues	11,370,204	10,099,409	1,270,795	12.6%	16,579,282	
Total expenses	10,923,080	11,187,984	(233,682)	-2.1%	17,070,883	
Excess of revenues over expenses	447,124	(1,088,575)	1,535,699	-141.1%	(491,601)	
Replacement Fund						
Revenues						
Revenues (Assessments)	1,722,516	1,722,516		0.0%	2,583,774	\$62.41
All other revenues	286,373	96,664	189,709	196.3%		
Unrealized gain/loss on investments	712,327	0	712,327		145,000	
Total revenues	2,721,215	1,819,180	902,035	49.6%	2,728,774	
Total expenses	799,966	2,225,214	(1,425,248)	-64.0%	2,706,647	
Excess of revenues over expenses	1,921,250	(406,034)	2,327,283	-573.2%	22,127	
Total Monthly Assessment						\$337.00

PEOPLE WHO MAKE OUR LIVES BETTER



Photo by Gus Ramirez

Esther Saldana

EMPLOYEES OF THE MONTH

From the moment Esther Saldana joined the team in November of 2022, she was friendly and eager to learn. We would like to recognize her growth in her position — she has truly stepped up to the plate.

Esther’s organizational skills and willingness to help her team members are a breath of fresh air. She has quickly learned that the HOA Office is a busy, fast-paced place and has fully embraced it. We are lucky to have a team member like Esther, who maintains a positive attitude, a smile, and a sense of humor, all while performing her many duties, which include registering new homeowners and tenants; processing sale transactions, courtesy notices, and inventory lists; assisting with organizing the office inventory; setting up & tearing down the conference room, and much more – a true juggling act.

At the end of it all, Esther manages to keep up with daily filing, which is crucial. She is dependable and a joy to work with. We are glad to have her as part of our wonderful Sun City Shadow Hills team.

Fun facts: Esther loves Hot Cheetos Asteroids, and every color of the rainbow.

ADVISORY COMMITTEES

CITY DEVELOPMENT COORDINATING COMMITTEE

citydevelopment@scshca.com

Chair: Deborah Gmeiner

COVENANTS COMMITTEE

covenants@scshca.com

Chair: Fera Mostow

DESIGN REVIEW COMMITTEE

designreview@scshca.com

Chair: Agi Kessler

EMERGENCY PREPAREDNESS COMMITTEE

epsc@scshca.com

Chair: Jeff Kirkpatrick

FACILITIES & SERVICES ADVISORY COMMITTEE

facilities.services@scshca.com

Chair: John Petersen

FINANCE ADVISORY COMMITTEE

finance@scshca.com

Chair: Robert “Bob” O. Jester

FOOD & BEVERAGE ADVISORY COMMITTEE

foodbeverage@scshca.com

Chair: TBD

GOLF ADVISORY COMMITTEE

golf@scshca.com

Chair: Scott Bartholomaus

HEALTH & FITNESS ADVISORY COMMITTEE

healthfitness@scshca.com

Chair: Angela Frost

INFORMATION ADVISORY COMMITTEE

information@scshca.com

Chair: Linda Aasen

LANDSCAPE ADVISORY COMMITTEE

landscape@scshca.com

Chair: Chris Stevens

LIFESTYLE ADVISORY COMMITTEE

lifestyles@scshca.com

Chair: Pamela Castro-Lee

SAFETY ADVISORY COMMITTEE

safety@scshca.com

Chair: Rhonda Ceccato

THE VIEW ADVISORY COMMITTEE

viewcommittee@scshca.com

Chair: Aggie Jordan

Interested in joining a Committee? Stop by the HOA office and fill out an Advisory Committee Interest Form.

Design Review Committee (DRC)

AGI KESSLER | CHAIR

Working together: Homeowners, the Board of Directors, and the DRC bring an important change to our Design Rules.

In recent years, coyote sightings on the golf courses have become increasingly noticeable. Homeowners living on golf course lots have expressed concerns and inquired about how they can protect their pets. The Design Rules were silent on a solution, so a fellow homeowner who was experiencing this issue, plus two DRC committee members developed an excellent solution for the benefit of many.

If you have already implemented a temporary solution, the DRC requests that you replace it with this approved material.



4.29.4 Metal Fences/Wrought Iron Fences (lots adjacent to the golf courses or open spaces, typically lots with knee walls)

Metal and wrought iron fences are permitted on the rear property wall of lots adjacent to the golf courses or open spaces, provided prior written approval has been received from the DRC. The total fence height must not exceed an overall height of five feet from the existing grade of the lot as measured from the outside of the fence (this measurement is to include the knee wall and fencing). Increasing the height of a knee wall with block or any material is prohibited.

The color shall be one solid color, either black or tan. The design shall be the same or similar to the metal fences installed throughout the community and shall tie into the rear side property walls, in a stairstep manner, so as not to exceed five feet. When submitting

to the DRC, provide a plot plan to include an elevation rendering indicating the location, pattern, color, and dimensions of the proposed metal or wrought iron. Wire fencing (such as chicken wire, landscape wire, or other forms of wire fencing) is not permitted.

Non-metallic mesh may be woven through the pickets of the fence provided the material is almost invisible. An example of such a material is commercially available fiberglass mesh comprised of mesh elements having a diameter of 0.008 inch to 0.009 inch, arranged to make 8 X 8 (per inch) or 9 X 9 (per inch) grid cells (one vendor is Saint-Grobian ADFORS in charcoal color). A sample of the material must be submitted with the Home Improvement Application (HIA).

Any walls originally constructed by the builder and located adjacent to the golf course or open spaces shall be maintained by the owner. The owner shall be responsible for maintaining the knee wall in a clean and attractive appearance that is substantially the same as the wall's original appearance. The paint color name and ID for knee walls for phase one is Navajo White DEC772. Phases two and three are Sandal DEC715, which can be purchased at Dunn Edwards.

4.16 Garden Shade Cloth

Garden shade cloth may be used to protect plants and trees between June 15 – September 15 only. The shade cloth must be specifically sold for gardening shading: green, light tan, or black in color and woven from a synthetic product. The shade cloth must be secured to wooden stakes or poles. Netting, of any kind, is not permitted on any portion of the Sun City Shadow Hills' common area or any individual owner's lot. Nothing in this prohibition applies to the non-metallic mesh described in §4.29.4.

Contact the author at designreview@scshca.com.

Finance Advisory Committee (FAC)

RONN WILLIAMSON | VICE CHAIR FOR RESERVE AND REPLACEMENT STUDIES

Question of the Month: What is the financial process that preserves our community's value?

When the new budget is released by the HOA board in November, you will notice a line item for replacement fund expenditures. It is a big number – likely more than \$3.5 million to be spent in 2024. Think of the replacement fund as part of the community's long-term maintenance plan to preserve and enhance property values.

The operating budget provides money for the day-to-day maintenance of common areas, including the golf courses. The replacement fund was created for expected long-term maintenance needs. It funds major repairs or replacement projects tracked in a "components list" for capital assets needing replacement during the next 30 years. This replacement fund components list is found in the reserve study report created annually and made available on the SCSH website in a folder titled "HOA Finances & Planning."

The component list is the roadmap for maintaining our community assets to ensure the community remains an attractive place to live. There are 858 components in the current list to be funded for eventual replacement in the next 30 years. Some components, such as riding mowers or fitness center exercise equipment, may be replaced several times over 30 years; while others, such as golf course irrigation pumps or a clubhouse roof, may be replaced once.

Replacement timing starts with assigning a "useful life" for each component because everything ages differently, and we want to replace things before their age is a detriment to our community. (The Merriam-Webster dictionary defines asset useful life as "the amount of time during which something is in good enough condition to be used.") Some people believe that, to be good fiscal agents, we should use things until they fail. But that generally results in unhappy

residents waiting for components in poor condition to be replaced.

Our written replacement fund policy directs that "all common areas should be maintained in a minimum rating of 'good' condition." For example, whether a component is assigned a 15-year useful life or five years, once it reaches "zero" years of remaining useful life, it may no longer be in good condition. This is when we evaluate it for replacement. We currently expect 88 components worth more than \$3.5 million to be at "zero" remaining useful life during 2024. This is the largest number of components targeted for replacement in a single year so far at SCSH, but it is a natural consequence of our community getting older.

As 2024 begins, our maintenance managers will create a monthly replacement forecast to achieve minimal community disruption, consider seasonal issues, and to allow an orderly process for approval of expenditures of Board Requests for Action (BAFs). With each BAF, the component condition is evaluated by staff and designated committees. Competitive quotes are obtained if replacement is advisable; and work plans are proposed. The FAC provides a final BAF financial review and recommends that the Board approve the replacement action.

In the final analysis, there are many components to monitor. Critical judgment is required to assess the condition of each component and act before it negatively impacts our common areas and amenities. Differences of opinion can occur on timing and acceptable cost, but the result of our collective efforts should be that replacement funds are used to keep our community attractive to residents and prospective buyers in the future – just as attractive as when we each decided to purchase here.

Contact the author at finance@scszca.com.



From the Library

CINDY DEGRAF

Do your reading habits change with the seasons? For example, some folks like quick, light beach reads during the warmer months but settle in for a slow, deliberate read as the days shorten and the weather cools. One author who writes a substantial book is Ken Follett. This masterful storyteller grabs you early on and then takes you on a journey you will surely enjoy.

SCSH Resident David Distler recently read Follett's *Never*, and this is what he had to say:

World War I was a war that no country wanted or intended to happen. It just did because of several small escalations. In the novel Never, Ken Follett examines how easily this could happen again. It is a very current novel with messages that should resonate today. This should be required reading for every leader in every country in the world. It is a very gripping story that I know you will love reading.

Do you have an author or book you'd like to highlight for our readers? Please send a brief paragraph or two to cld5858@aol.com and it may be featured in a future issue.

We welcome your donations; but please remember that library space is limited, and we can only take certain types of books. Check the list below to see what items we can accept. Please be sure that your books are in excellent condition and bring in no more than 10 books per month.

We Accept as Donations:

- ✓ Hardcover and paperback fiction, historical/political, biographies/autobiographies
- ✓ Audiobooks and DVDs
- ✓ Recent magazines

We Do Not Accept:

- ✗ Cooking, sports, self-help, or "how to" books
- ✗ Coffee table or picture books
- ✗ Religious, travel, or reference books
- ✗ VCR tapes or music CDs

Thank you for supporting our library.

Contact Barbara Perler at 760-772-4484 or at baramp311@gmail.com if you have any questions or comments about the library.



Back (l to r): Gina Pollack, Barry Fisher, Peg Mathieson, Susan Gibson, Barbara Thomas, Cynthia Bakshy.
Front (l to r): Deb Halper, Linda Aasen, Shelly Carrier.

Information Advisory Committee (IAC)

LINDA AASEN | CHAIR

The official mission of our Information Advisory Committee is to “strengthen SCSH communication channels, create and disseminate information, and enhance understanding between our HOA Board, management, and all SCSH residents.”

As Chair of the IAC, I would like to explain what this means in practical terms for our community. Our team is now introducing our bigger, better SCSH website, with a new look and new information, such as the Emergency Preparedness section, a new updated section for visitors and prospective buyers, and a new section devoted to our residents and their interests. We will provide information, interviews, and more, to constantly update the website and keep it interesting. We are looking forward to your participation in this Resident Section. We are adding a monthly short article in *The View* magazine introducing new sections of the website and tips for quickly finding the information you need.

We prepare special contributions for the weekly HOA e-blast such as the Safety and Emergency Preparedness

Tips, Desert Living Tips, and composting and recycling information.

We prepare documents like the new fitness brochure introducing our residents to the fitness centers; a reference guide for trash, recycling, and composting; and written instructions for software programs such as our SCSH website, dwellingLIVE, and Eventbrite.

In addition, a committee member researches and replies to all the “Ask a Question, Make a Suggestion” emails.

Let me introduce and thank the talented and hard-working members of our committee: Cynthia Bakshy, Wally Barbour, Stacy Boeskin, Marje Burdine, Shelly Carrier, Barry Fisher, Susan Gibson, Deb Halper, Peg Mathieson, Gina Pollack, Barbara Thomas. Sid Weiss.

We are supported by: Gus Ramirez, Communications Manager; Barbara Prezlock, Board Liaison; Vanessa Ayon, Assistant General Manager.

Please contact us with any questions or suggestions you may have.

Contact the author at information@scshca.com.

Welcome, Demo



Ask a Question

Do you have questions about things going on in our community? To receive answers from your Information Advisory Committee, HOA Board, and/or Management, click below.

[Ask a Question](#)
[FAQs](#)
[Homeowner's Handbook](#)

Visit our community website!

Go to: www.scsshca.com

Register today!

Log in today and stay up to date with the latest happenings at Sun City Shadow Hills

- Important HOA Announcements
- Upcoming Events
- Resident Corner
- Documents
- Podcast
- Board Meeting Videos
- Classified Ads
- Resident Directory

And so much more!



DESERT TRAINING CENTER

BY BOB FIRRING

Given all the interest in exploring Revolutionary and Civil War battlefields, it's surprising that the Desert Training Center gets so little attention. The Center played a critical role in our winning World War II, and it's only about a half-hour drive from here.

At the start of WWII, Americans wanted no part of the conflict. Roosevelt was able to persuade Congress to supply equipment to the Allies, but even getting that was tough. That obviously changed after Japan bombed Pearl Harbor. The U.S. declared war, but we did not have an army that was anything close to combat ready. In fact, we barely had an army at all.

By 1940, the Nazis had pushed the Allies out of Europe and into North Africa. Germany occupied Paris, and the Suez Canal was at risk. Churchill persuaded Roosevelt that the U.S. should enter the war in North Africa. However, German General Erwin Rommel (the Desert Fox) was a very capable adversary. This was the era of the Blitzkrieg and tank warfare, and Rommel was the master of these tactics.

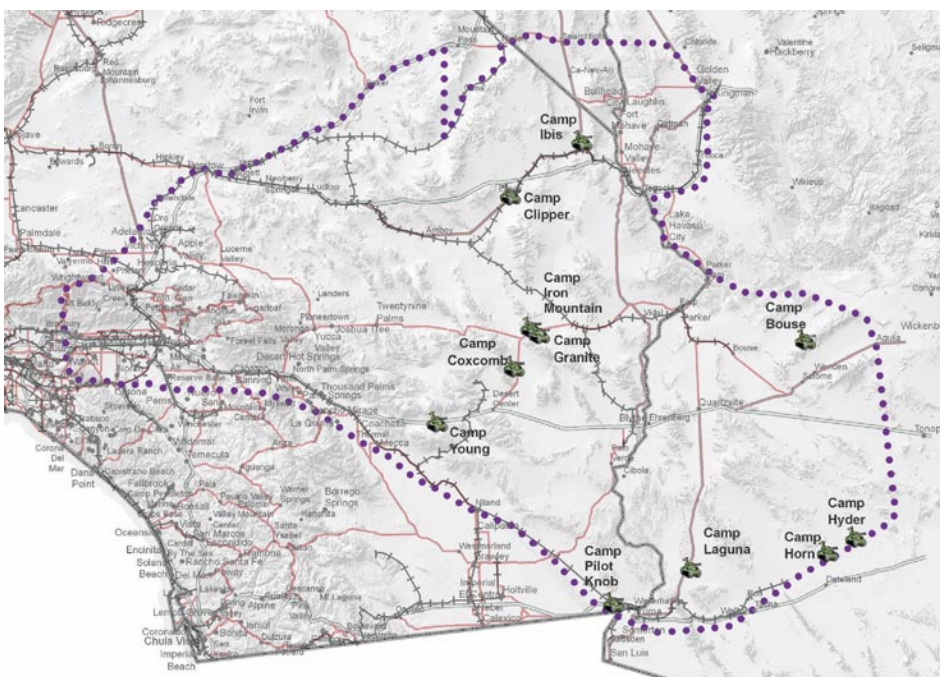
The U.S. needed a place where its troops could train in secret, and General George Patton was put in charge of locating it. He proposed the Desert Training Center, an enormous 18,000-square-mile area headquartered at what is now called Chiriaco Summit. Patton wanted the ability to simulate conditions in North Africa, with plenty of room so that infantry, tanks, and airplanes could learn to work together. Because he was raised in Southern California, Patton knew that the Mojave Desert provided what he needed.

The Army built 12 camps, five Army Depots, five major airfields, and seven hospitals there. Although this infrastructure was permanent, the men lived in tents in simulated battlefield conditions. There were no mess halls, permanent latrines, or showers. They were exposed to the elements.

We have all experienced strong winds here, but imagine what it was like back then when the Coachella Valley was almost all desert. Sand was everywhere and

in everything. The wind would pick up and blow away the tents. The soldiers were dirty, tired, and harassed every day for the three months or so they spent there.

Remember, these were mostly 17-year-old boys who had never been away from home. Most came from the East Coast and the South. They had heard they were going to California and pictured Hollywood and the beach. Imagine their surprise when they got off the train at Chiriaco Summit. Their spirit differed from today, though: they knew they were fighting for their parents, sisters, and a way of life. They were focused.



Desert Training Center/California-Arizona Maneuver Area

If you are interested in seeing how things were laid out, check out Google Earth. Tank centers were spread throughout the base. Introduced in WWI, tanks became a vital part of tactics in WWII. Because tanks took time to build, scaffolds were put on jeeps so the men could simulate tanks in training.



I watched documentaries and listened to interviews with men from the infantry. Multi-day forced marches with limited food and water were standard. Troops were given two hours to dig a foxhole and told that a tank would be driving over it afterward. It was intense.

But the men did get some time off. They played cards and dice games and wrote letters home. Occasionally, there were dances, when women from LA came out for a few hours to lift the men's spirits. The USO arranged for Bob Hope and other celebrities to entertain and keep the men smiling.

There were two churches built at each camp, one for Protestants and one for Catholics. Because the men knew they were going into battle, they took spirituality very seriously. One of the altars still stands at the Center. It makes me reflect on all the prayers that must have been said there.

Patton was a remarkable man. Raised in Pasadena in an affluent family, his only wish was to become a decorated soldier. Patton was a candidate to command the U.S. campaign in Europe against the

Nazis, but his brash behavior and erratic temper cost him that opportunity.

Although Patton conceptualized and planned the Center, he was soon called back to Washington to plan the North African campaign. When it mattered, though, Patton met up with the men later to lead them into battle. But first, he had to retrain them. The fresh troops were not in fighting shape and suffered some early defeats. The movie *Patton* captures this well and continues to be one of my favorites.

The Desert Training Center was only open for about two years. Between 1-2 million men were trained there and, without this exposure, they would not have been prepared for action in North Africa. At the Center, they learned to fight a coordinated battle. Those skills won the war in North Africa and eventually enabled the Allies to prevail in Europe.

For a memorable experience, watch the movie *Patton* and then visit the General Patton Memorial Museum in Chiriaco Summit the next day. There are plenty of tanks, weapons, and military memorabilia to see there. The Center is a big reason why we are the country we are today.



Contact the author at
rfirring@aol.com.



REMEMBERING FAMILY WHO SERVED IN WW II

My Uncle Roy's Story

BY VICKI PRINCE

What can I say about my Uncle Roy? He had a lively sense of humor which, as a mouthy kid, I could relate to. He used to say, in his most film noir imitation of a street cop, "Don't give me any lip, kid!" when I'd try to tease him. He had a brush with fame when he won an important Pro-Am golf tournament and became the youngest golf pro in Nebraska at age 22. He had movie star good looks, but not the ego. He was a good man. He was also one of the unsung heroes of WWII.

Roy Andersen was one of the early volunteers after Pearl Harbor. Right after his training, my aunt hopped a train and went across country to get married before he was sent overseas. Little did they realize he'd be gone fighting for our country for four and a half years. Roy started as a 23-year-old buck private and came home with a battlefield promotion to a Second Lieutenant plus four Bronze Star medals for his service. He was 28.

In November 1942, Roy was part of Operation Torch, the Allied invasion of North Africa under Patton. He received his first Bronze Star then. His unit also helped to retake Kasserine Pass, a strategic mountain route for German Field Marshal Rommel's troops. This earned Roy his second Bronze Star, with oak leaf cluster, and Good Conduct Medals. (The Army recognizes additional awards of the Bronze Star with oak leaf clusters.)

Next, Roy was sent to Sicily, where he received a third oak leaf cluster for his combat service. He received a fourth oak leaf cluster after the Battle of the Bulge in France. As a result of this action, Roy was also awarded the "V" device; this denotes a specific act of combat heroism. Later, he was given a battlefield commission as Second Lieutenant while still in France.

Mostly, my uncle never talked about those years. Much of the information I have come from the American Legion via the Army and a few conversations

with Roy. But I know he had nightmares about them. I heard him in the night yelling out more than once.

Uncle Roy started out in North Africa under General Patton. He had some direct contact with Patton and, on a rare occasion, acted as his relief driver. I only know this because I had a friend from Tunisia whom I introduced to my uncle when he and my aunt were visiting my mom.

Meeting someone from Tunis opened a door for Roy to talk about his time there. He recalled Patton's very tough talk plus how hectic and constantly changing things were then. He felt he never knew what would happen next. Roy also talked about how beautiful, but daunting, the Sahara was to travel across and about the many children who would follow the soldiers around begging for candy. My friend said his father was one of those children.



Roy with Tunisian boy in 1942.



Roy Andersen receiving one of his medals.

Once Rommel and the Italians were routed out of Africa, my uncle was sent to the front in Sicily and Italy. I never heard any stories from him about his time there, but years later, he spoke to me about France. By then, Roy was retired and living on the Gulf Coast of Texas, where I was visiting. The Corpus Christi newspaper had a story about the D-Day landing in Marseille, France, with a photograph showing thousands of men on the beach that day. My uncle got teary-eyed and said, "I'm somewhere in this photo."

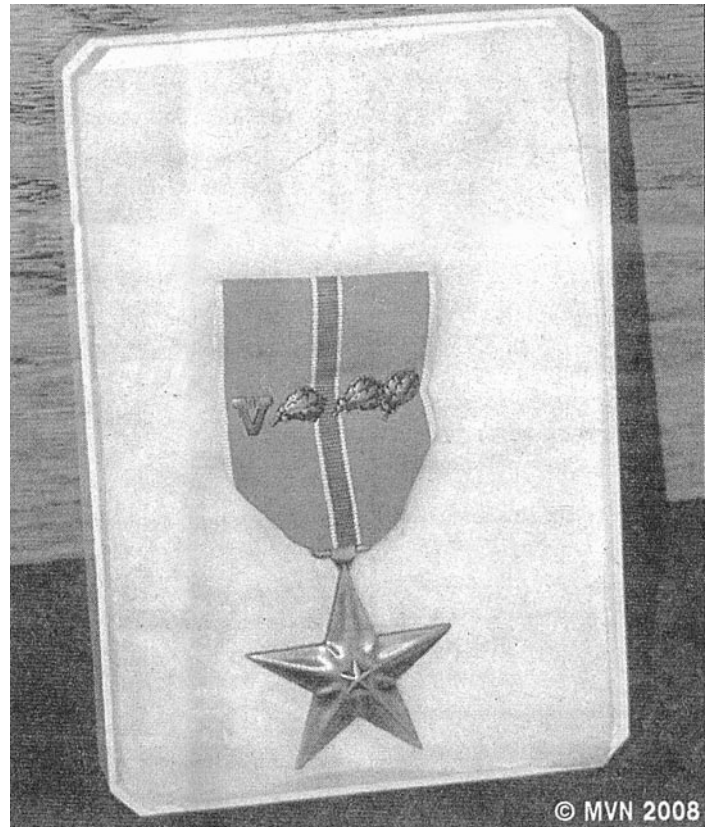
Then Roy told me the story of how they disembarked from a ship that brought them from Italy. The sea was rough, and the soldiers were climbing down the side of the ship to the landing crafts on rope ladders. They were wearing full packs, which were very heavy. The man in front of my uncle slipped and fell into the sea, where he was immediately pulled under the water. My uncle had to go next. He said many lost their lives that way.

Roy also showed me an old original carbon copy of a transcript of Patton's D-Day speech to the troops, which he made in London. My uncle's friend transcribed it and gave him the copy later. I had only heard about the landing in Normandy and had no idea there was a simultaneous landing in Marseille. A piece of history missed.

Uncle Roy's unit battled its way through France, freed Paris, and moved on to Germany. I think this was the most difficult time for him as he would only shake

his head when I asked about his experiences. When Roy talked to me about France, he was in his 80s and in the beginning stages of dementia. Shortly afterward, he entered a nursing home.

After my uncle passed, all his mementos from the war, including his medals, disappeared. His son appealed to the American Legion, which secured replacement medals and presented them to my cousin in a special ceremony. The Legion also got accounts from the Army of how Roy earned these awards, filling in the details of his heroism his family never knew.



The Bronze Medal with Oak Clusters and "V" device. The replacement was obtained by the American Legion, Post 24.

My last visit to the nursing home caught Uncle Roy on a good day. The first thing he said to me was, "Don't give me any lip, kid!"

Contact the author at
vprince514@gmail.com.





"Colossal Cacti" at the Coachella Music Festival

ALL ABOUT THE NEW INDIO

BY ROBERT FIRRING | PHOTOS COURTESY OF CITY OF INDIO

We are fortunate to live in one of the most dynamic cities in the U.S. Indio has experienced an amazing rebirth in the 13 years I have lived here, and much more is on the way. This is the first in a series of articles about what is happening in our City.

First, some statistics: the City of Indio has 11 departments and around 350 employees. It has an annual budget of over \$300 million and about 40,000 homes.

The hottest topic for SCSH residents is probably the new Pulte development just north of us, Desert Retreat. About five years ago, the City adopted a General Plan that approved the development of 3,000 homes. But Pulte is proposing a development of about half that size. I know there are concerns about the pending increase in traffic, but it could have been worse.

Desert Retreat is a complicated development because three different entities are involved. The CVWD controls the water, the Imperial Irrigation District will supply the power, and the City of Indio is involved with everything else. A location for a new power substation has been identified along Avenue 40, but completion is probably at least two years away. Expect to see some land grading and pipes being laid, but vertical construction is still far off.

Before that, what's likely to happen is commercial development at the intersection of Jefferson and Varner Roads. The new Circle K gas station will be finished soon, and there may also be a small grocery store (think Sprouts or Trader Joe's).

More is happening at the corner of Monroe Street and Avenue 42. Leases are signed with Raising Cane's Chicken Fingers, In-N-Out Burger, and EOS Fitness. Another hotel is also proposed.

The two shopping centers at Jackson and Monroe Streets are seeing lots of activity, too. A new hotel is approaching completion, a Handel's Homemade Ice Cream store is going in by Dave's Hot Chicken, and Ono's Hawaiian Barbecue and a Texas Roadhouse recently open. Leases are signed with Tillys and Skechers, and they will be near Home Depot. The Tesla charging station is finished, and that attracts lots of high-end shoppers to the area. Developments are also planned for north of Avenue 42, where the Lights Golf course is. The Lights is also getting a new clubhouse.

A major reason for our desirability is our proximity to Interstate 10. Between 180,000 – 200,000 cars pass Indio daily. The idea of getting off the freeway to gas up, eat, and do a little shopping is attractive to travelers, and we are located between LA and Phoenix. This is

why national chains are likely to spring up close to the freeway.

Downtown Indio is experiencing a renaissance, too. A hundred years ago, Indio was where the entire Valley came to shop. JCPenney was huge in the days before shopping centers, but the malls and strip developments changed that.

Now Indio is catching up. Imagine parking your car and enjoying small shops, restaurants, and entertainment. Six new eateries are under construction downtown plus a stage for concerts and other public events. And "Second Saturdays" features free monthly concerts.

College of the Desert is building a satellite campus and large childcare facility downtown. That will bring apartments and more nightlife for young people.

The Coachella Valley Art Center is located downtown. Although its focus is providing spaces for artists to create, there are regular exhibits and artist receptions. One is coming in November that will feature art created by Veterans.

The Indio Farmers Market reopened last month. On Saturday morning, it features food trucks, entertainment, and locally produced clothing, as well as fresh fruits and vegetables.



You have probably noticed the colorful new Indio signs, a conscious rebranding of the City. Millions of people from all around the world know about us because of the Coachella music festival. We want them to think about us for more.



"Sarbalé Ke," another art installation at Coachella

The Jackalope Ranch has now reopened. Located on Highway 111 just east of Jefferson Street, it was a very popular place until it closed. The grounds are beautiful.

After resisting cannabis stores for years, the City has designated several locations. However, the State must approve them, so they won't open anytime soon. One location, planned for north of the freeway, at Avenue 42 and Jackson, behind Walgreens, should open next year.

You certainly have noticed the huge apartment project located just west of Highway 111 at Jefferson Street. This is in Indio, but the City has little control over it because it is a State-authorized project. Construction is underway for the first 200 of a 400-unit affordable housing project. The State is committed to building more: a 150-unit complex at Golf Center Drive and Avenue 44, and another in Palm Desert.

Fulfillment warehouses are the final thing. They offer some well-paying jobs, and Indio will receive a share of the generated sales tax. There is room for some in eastern Indio, and the City is receptive. They won't interfere with our lives except to speed up some Amazon deliveries.

As you can see, there is a lot going on. As more homes are built, more restaurants and retail stores become interested. This is likely to continue for years. It's going to be a fun ride.

Contact the author at
rfirring@aol.com.



MY MAGICAL MYSTERY BIRTHDAY TOUR

BY ARNOLD CHOY

My wife, Margarite, and I spent April 2023 in the United Kingdom visiting family and friends. It started with a dreadfully long British Airways flight of over 10 hours, or more like “three movies, two meals, three restroom breaks, and two hours of fitful sleep in a cramped chair.” At least it was a breeze going through Heathrow Airport customs, a scant trouble-free five minutes, including waiting about two minutes for our luggage.

Strolling through the exit doors with our luggage and backpacks, it was a joy to see Margarite’s son, Michael, waiting for us. Five minutes later, we were headed for his home in Harrow, Middlesex, just north of London. In 20 minutes, we were greeted warmly by Michael’s wife, Kate, and their children, Rui, 20, and Mia, 17. This is probably our tenth trip to the UK to see our grandkids. Margarite was there for their births. My, how quickly they grow up.

Whenever we visit the UK, besides staying with Michael, we always stay with Margarite’s sisters. Pat lives on the Isle of Wight, Angela used to live in southeast London, Joyce is in Wembley, Mandy is in Leicester, and Mel used to live in Nottingham. Mel is now in Graham, WA, and Angela moved back to Leicester. After staying in Harrow for a week, Angela came to pick us up.

Leicester is about 2-1/4 hours from Harrow, some 90 miles away. Unfortunately, the UK does not have many major highways (M-designated) like the U.S. But they have a ton of A-Roads (major roads between regional towns and cities). The M1 is the most used in the eastern UK, like the M6 in the west, and both go north to south. However, getting to the M1 from London can take up to an agonizing 60 minutes. Add to that the ever-present roundabouts (like every several miles on the A-Roads), and you have a 60-mile trip that takes over two hours.

I can still hear the SatNav lady announcing, “At the roundabout, take the third exit to Leicester, A5460.”

And you had better be in the correct lane to complete this task! (No, I NEVER drive while in the UK.)

The sisters decided my 73rd birthday treat would be visiting Liverpool, the home of the Beatles, for four days. I was never a huge Beatles fan, but I knew their storied history and enjoyed many of their songs. In 1964, a friend and I saw their first movie, *A Hard Day’s Night*. All I remember was a theater full of screaming girls.



The Fab Four

Angela drove Margarite and me, Mel, and Mandy to Liverpool (2 ½ hours, 120 miles, from Leicester) on a leisurely Monday. After checking into our Travelodge rooms, we walked along the riverfront, taking photos in front of the iconic Fab Four bronze statue and ending up at the Royal Albert Dock for a nice Thai food dinner. We strolled along a chain link barrier that contained hundreds of padlocks representing unyielding love for one another. A very romantic gesture indeed. Margarite and I didn’t have a lock, so we just locked arms instead. Whatever works.

On Tuesday, we did the narrated Beatles Tour followed by a 14-stop, hop-on/hop-off red bus ride. Our wild and excited tour guide, Tommy, knew everything there was to know about the Beatles as we cruised by John, Paul, and Ringo’s childhood homes

and made photo stopovers at Penny Lane and Strawberry Fields. While in transit, Tommy had the entire upper deck of international tourists singing famous Beatles tunes. *"She loves you, yeah, yeah, yeah."* It was 90 minutes of non-stop fun. And Tommy enjoyed every minute of it as well. Our driver was also very friendly, greeting everyone with a big smile and helping with photographs. They earned nothing less than a five-star review, quite possibly the best bus tour we've ever had anywhere.



Margarite and Arnold at Penny Lane

Wednesday was my birthday and museum day as we walked over to the Magical Beatles Museum, a three-story building next to The Cavern, where the Beatles performed in their early days. This well-known museum



The Mersey River Cruise

features over 1,000 Beatles artifacts, including old film footage. After over two hours, I discovered that there were originally five Beatles until bass guitarist Stuart Sutcliffe left the group in 1961 to pursue his painting career and was never replaced. He died shortly after that. Stuart and John Lennon created the band's name, a shortened version of the Silver Beatles. And Pete Best was the original drummer until Ringo Starr replaced him in 1962.

Liverpool. From the mid-1740s until 1807, when slavery was abolished, the seaport accounted for nearly 85% of all slave voyages. We ended the day with a 50-minute Mersey River cruise before a tasty Caribbean dinner at the Turtle Bay Restaurant next to the Beatles Museum. The day was busy and exciting, but we were tired and couldn't wait to plop down into our soft, warm beds.

I must admit that Liverpool was a pleasant surprise: very clean, tidy, and vibrant. It's full of history, good and bad, and the people are cheerful and friendly. The mixture of new and old architecture (look skyward at the many gargoyles staring down at you) makes this city one to add to your bucket list. Check.



The gargoyles are looking at you

Contact the author at choyarnold@yahoo.com.





THIS IS PET CANCER AWARENESS MONTH

BY GINA STAR POLLACK

To nurture is to love; it does not matter who or what is the recipient of your affection. The only downside to loving and fostering a pet is our limited time with them. To enjoy every minute with your cat or dog, take care of their health with routine visits to the veterinarian and home examinations.

The Veterinary Cancer Society estimates that 1 in 4 dogs and 1 in 5 cats will develop cancer. Finding lumps on your pet can be scary, but remember that many may be benign. Your veterinarian should check out soft masses as soon as possible to prevent discomfort, rule out cancer, and give you guidelines for monitoring at home. It's important to examine your pet regularly and have your veterinarian check new or changing lumps.

Cancer is treatable for most pets, and an early diagnosis provides a better chance for longevity. Warning signs include masses, persistent vomiting, diarrhea, dramatic weight change, lameness or swelling of legs, bleeding from the mouth or nose, abdominal distension, major changes in appetite, and decreased energy beyond normal aging.

Many factors can influence cancer development but, as in humans, it is impossible to know why some pets develop cancer while others do not. Exposure to carcinogens like sunlight, chemicals, and cigarette smoke can play a factor. Also, certain breeds, such as Golden Retrievers, Dobermans, German Shepherds, and Boxers, are genetically susceptible to cancer. Some cancers are causally linked to obesity or infection, and incidence increases with age.

Annual cancer screenings are an important part of preventive medicine. Your veterinarian will look for lumps in the skin and then feel

for irregularities or unusual swellings along joints and bones. If they find a mass, the vet may recommend further testing such as blood work, X-rays, ultrasound, or biopsies. If your pet is diagnosed with cancer, your vet may refer you to a veterinary oncologist specializing in diagnosing and treating the disease.

If you are referred to a specialist, prepare specific questions to ask regarding tests and potential treatments. There are three types of vet cancer doctors: surgical oncologists specializing in removing cancer; medical oncologists focusing on chemotherapy and immunotherapy treatments for cancer, and radiation oncologists who use radiation to shrink a tumor.

Common cancers in dogs include lymphoma, bone, skin, oral cavity, and nasal tumors. Common cancers in cats include gastrointestinal tract, oral, lung, and nasal tumors. According to The City of Hope, several cancers are less likely to develop in cats and dogs if they are neutered before reaching sexual maturity.

There are different options for treatment. Seventy percent of localized solid tumors can be cured with surgery alone. If the tumor is too large or in an inaccessible location, and for non-tumor types of cancer like leukemia, treatments include chemotherapy, radiation, and immunotherapy.

Most people think their pet will suffer during cancer care. However, vets have found that pets tolerate cancer treatment well and try to avoid causing pain and suffering. Approximately 85% of animals who





undergo chemotherapy will not develop side effects.

Think carefully about what is most important to you and your family in caring for your furry companion. When considering medical choices, try to provide your pet with the best quality of life for as long as possible. The treatment should never be worse than the disease. Some pets may experience long remissions with treatment, but then cancer eventually returns. Is it realistic that your pet will be cured to give you more time together? As the responsible caregiver, carefully review the options the pet cancer specialist offers and determine a path.

Sadly, sometimes you must decide when not to provide cancer care and just enjoy the time that's left. If deciding on a less aggressive treatment means you get less time with your furry pal, but it's a really good time, then that's what matters.

Caring for a pet can provide an immense amount of joy. But it can also bring significant expense. The ASPCA estimates that the typical household spends \$225 per year for a dog and \$160 per year for a cat on routine medical costs. That number doesn't include emergency spending for upset stomachs, coughing, sneezing, skin infections, allergies, and limping.

Pet insurance can help cover unexpected expenses. Basic policies cover only accidents and illnesses. But some policies cover routine and wellness

costs, too. A recent CNBC study recommended these pet insurance companies: Best Overall, Spot; Runner-up, Embrace; Best Cat Insurance, Pets Best; Best Dog Insurance, Lemonade.

We adore our furry pals and attribute human characteristics to them in many ways. Most of us appreciate our four-legged friends because they give us a type of unconditional love that human relationships can't match. Pet caretakers are responsible for a pet's entire world, including their toys, exercise, grooming, food, and medicine.

So please remember that early detection is the best protection against cancer. Be proactive. Check your pet's coat for lumps, and watch for any changes in eating, peeing, or pooping rituals. The best chance of curing pet cancer is when it is discovered and treated promptly.

My sweet kitty, Camellia Dove, and I wish everyone a healthy meow and woof year.



Contact the author at g-starbright99@outlook.com.



PROSTATE CANCER AWARENESS

BY LINDA AASEN & FRIENDS

A Doctor's Perspective

Cancer? Find it as soon as possible! Remove or treat it. As fast as possible! That's what everyone believes about cancer. But prostate cancer, the most common cancer in men, excluding skin cancer, is approached differently.

First, some facts: Only lung cancer causes more cancer deaths in men. One in eight men will be diagnosed with prostate cancer, but many more will have it without knowing. Some urologists and pathologists think all men will get prostate cancer if they live long enough. Yet most men with the disease will die from something else.

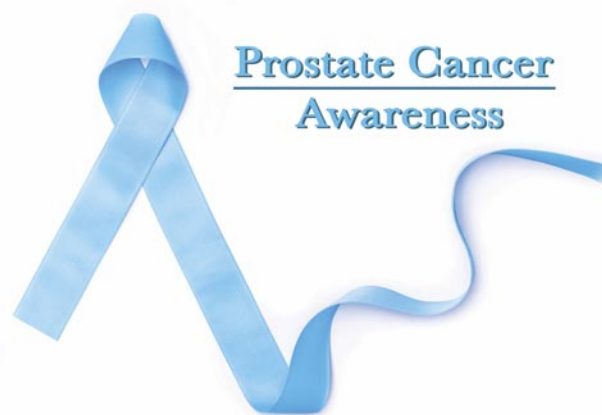
When diagnosed, most men have local or regional involvement and a five-year survival rate of well over 95%, with or without treatment. Diagnosis includes grading (examining a biopsy to judge how aggressive the cancer is likely to be) and staging (radiographic studies to see if and where it has spread). Like other cancers, treatment options include surgery, radiation, and systemic medications (like chemo, hormonal, and immunotherapy). Treatment varies for each patient.

But prostate cancer treatment is controversial because it has significant side effects. Loss of bladder and even stool control, plus lifelong erectile dysfunction, are common. In the past, through screening for PSA (prostate-specific antigen), many men were treated for prostate cancers that would never harm or kill them and wound up with a significant reduction in their quality of life.

So, whom do we screen, and when? Certain subgroups clearly need assessment: men with a significant African heritage, men with a family history of prostate cancer in a first-degree relative (father or brother), men with certain familial genetics (Lynch syndrome or BRCA gene mutations), and perhaps men who've always been obese. These subsets should probably start screening even in their 40s.

But what about everyone else? The American Cancer Society (ACS) now recommends *offering* (not recommending!) PSA screening to all men aged 55-70. They chose 55 because it is a disease of aging. ACS also reasons that assessing men over 70 is unlikely to change how long they live. Together, the patient and his attending physician or a urologist discuss the patient's medical history and try to balance the risks and side effects of treatment.

Given the following three case histories, many may wish to question how the American Cancer Society treats prostate cancer so conservatively.



Bruce Marley Shares His Experience

I learned I had prostate cancer in the fall of 2020 because there was a steady increase in my PSA number over a period of more than five years (it had reached 7.5; under 4.0 or less is "normal"). My GP suggested I see a urologist, who recommended a biopsy. Two weeks later the urologist called to say he had both bad and good news: "You've got cancer. But it is easily treatable, and you have several options." Two of the 12 tissue samples were malignant.

The urologist described four options: do nothing; remove the prostate; insert radioactive "seeds" into the gland; or use radiation to neutralize the cancer. I chose radiation because it was the least intrusive, and the results are statistically good.

Age, physical fitness, overall well-being, and a healthy lifestyle affect your ability to deal with cancer. Soon after diagnosis, I received bone and body scans to see if the cancer had spread, or metastasized. A sign it may have spread is lower back pain, something I deal with, so I thought, “Oh, great, it has spread.” Fortunately, this was not the case – but I still think about it because my lower back always hurts after golf, especially if I play poorly!

In addition to radiation, my treatment included a regimen of hormone infusions to neutralize testosterone, a source of fuel for cancer. I received four infusions over nine months. The side effects – and the ladies will love this – included hot flashes eight or ten times a day.

The initial infusion was in late February 2021, followed three months later by 45 radiation sessions. The hot flashes finally stopped near the end of 2022.

I’ve now had three follow-up PSA checks, and the urologist happily notes my numbers are less than 0.1. Prostate cancer must be taken seriously, but it is very treatable. Most men will get prostate cancer, but the later in life it is found, the more likely doctors will suggest no treatment. I believe medical science is on our side, and we will all be fine.

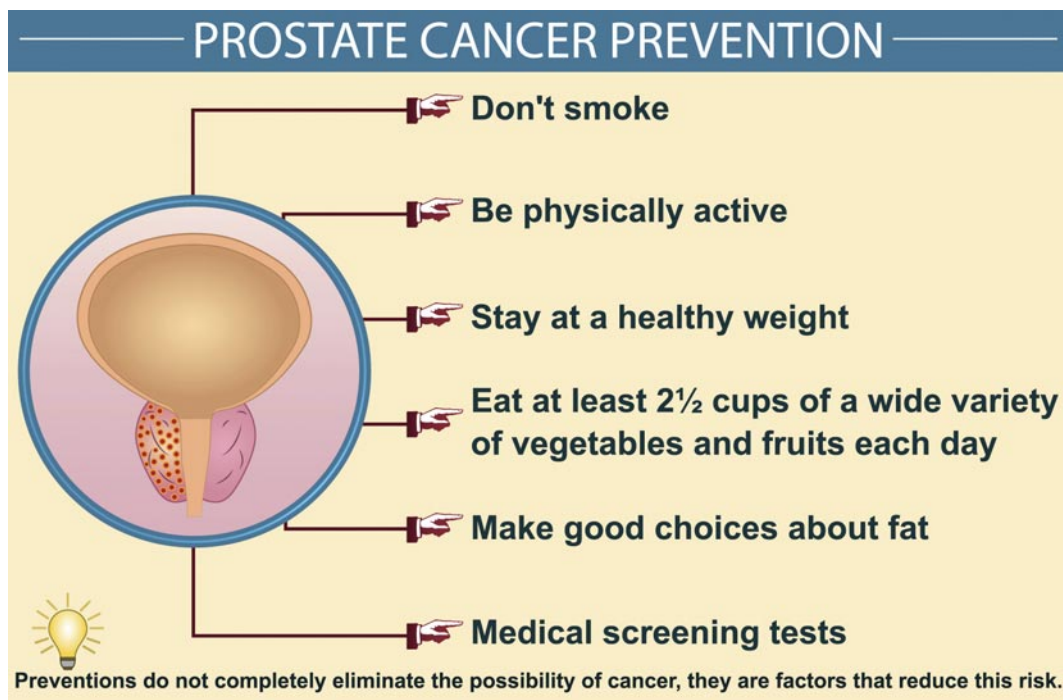
A Friend’s Prostate Cancer Story

“Your PSA has increased over the past year from 8 to 12, and it’s time to see a urologist.” Those few words from my GP triggered more than a year of constant worry and stress.

During a consultation six months later, the urologist initially took a casual approach, suggesting that a PSA of 12 wasn’t really high and that he could monitor my symptoms. After a digital exam, though, his tone changed dramatically, and he ordered a biopsy immediately.

The results were very scary: a Gleason Score of 9 out of 10. In layman’s terms, this is very high-risk and aggressive, and the cancer is likely to have spread beyond the prostate. My stress meter for the next few weeks was extremely high until I could undergo CT and bone scans to detect any metastasis. Fortunately, the scans showed no spread to other organs, lymph nodes, or bones.

Treatment began with hormone injections every three months to suppress testosterone production, the culprit in cancer growth. Unfortunately, my side effects were frequent (including severe hot flashes); but the injections brought the PSA level below 1. This allowed brachytherapy, a treatment under anesthetic that



...continued from page 25

involves inserting 15 needles with a high dose of radiation into the prostate. There were minimal side effects.

Eight days later, I began 23 daily external radiation treatments through the abdomen. Side effects included frequent and urgent urination because the radiation caused swelling in the prostate as well as the bladder. Despite my fatigue, the urologist advised me to stay physically active.

I believe I recovered more rapidly because my wife and I continued our usual walking, cycling, and golfing. Two weeks after radiation ended, the side effects were well on their way to disappearing; and two months later I was back to normal. Follow-up involved periodic PSA tests and one more hormone injection for a total of four.

I recommend reading an extremely informative 100-page Patient Guide from the Prostate Cancer Foundation (pcf.org). The statistics are encouraging but also stress the importance of regular PSA tests: nearly 60% of all prostate cancers are diagnosed in men over the age of 65. And the five-year relative survival rate in the U.S. for men with local or regional prostate cancer is greater than 99%.

A Wife's Perspective – Julie Kelly

My husband died a preventable death! A few years before his diagnosis with prostate cancer, he had trouble urinating. He spoke with his GP who ordered a PSA test that was considered normal. The doctor prescribed a pill to help with his flow and said it was an aging issue. (I have since learned some individuals with PSA levels of 4.0 and lower do have prostate cancer.)

At that point, my husband should have seen a urologist for a full exam. I pleaded with him to see a specialist. He insisted he was fine because he was on medication, but the problem got progressively worse.

One day, my husband could not urinate at all. We went to the emergency room, and he left with a catheter plus instructions to see a urologist as soon as possible. The fortunate part was, he was able to get an appointment in two days. The unfortunate part was, he was diagnosed with prostate cancer, and further tests revealed it had metastasized to his bones. He lived in pain for two more years.

If my husband had seen a urologist at the very beginning instead of being so stubborn, he would probably be here with me today. Please, men, think of

your partner, your children, and your entire family. They are the ones who will suffer with you while you die a painful death. A check-up is nothing compared to the suffering you will endure and the grief you will put your loved ones through if you don't catch prostate cancer early.

I would do anything to have my husband back with me.

PROSTATE CANCER SYMPTOMS

- URINATE frequently** (Icon: Alarm clock with a drop)
- BLOOD in urine or semen** (Icon: Blood drop)
- ERECTILE dysfunction** (Icon: Sad face with a curved arrow)
- DIFFICULTY starting to urinate** (Icon: Person with a hand on their back)
- PAIN or stiffness in lower back, hips** (Icon: Lower back with radiating lines)
- BURNING sensation when urinating** (Icon: Flame)
- PAINFUL ejaculation** (Icon: Lower back with radiating lines)
- consult your physician as soon as possible if you experience any of these symptoms** (Icon: Exclamation mark)

Contact the author at laasen3730@aol.com.



AN IRA LEVIN COMEDY-THRILLER COMES TO SCSH

Deathtrap Runs November 16 – 19, 2023

STORY BY DENNIS SHEEHAN | PHOTOS BY BETH BOLDUC



(L to R) Cast Members Bill Hardwick ("Porter Milgrim"), Laurie De Gonzalez ("Myra Bruhl"), Don Savage ("Sidney Bruhl"), Suzy Voss ("Helga ten Dorp"), and Earl Warner ("Clifford Anderson")

It is no simple task to select a play that will not only please the Sun City Shadow Hills audience but also match the capabilities and mission of our Performing Arts Club. This year, however, show producer Robin Adelman and club president and show director Linda Bostjanick have selected an Ira Levin play that is sure to deliver thrills and chills.

Ira Levin's *Deathtrap* holds the record for the longest running Broadway comedy thriller and was a huge success when it first ran in February 1978. Among Levin's other successes as a playwright are *No Time for Sergeants* and *Rosemary's Baby*, both of which theatergoers have enjoyed or, in the case of the latter, been frightened by!

Set in the late 70s in Westport, Connecticut, *Deathtrap* features a washed-up playwright who receives a script from one of his former seminar

attendees and realizes it's destined to be an instant hit. He schemes to play havoc with the unsuspecting, budding playwright and seize the script as his own, thereby saving himself and his legacy. Yet, when the aspiring playwright arrives, it becomes clear that things are not as they seem. All the play's characters are left only to speculate where the line is between truth and deception.



Perhaps only the nibby-nosed psychic knows the truth!

See if you can make sense of the twists and turns of this play, a game-changing genre for the Performing Arts Club and our residents alike. If *Rosemary's Baby* got your attention years ago, *Deathtrap* will surely keep you on the edge of your seat. Tickets have been on sale since October 16 at scshca.com/tickets. See you there!

Contact the author at
djsheehan46@gmail.com.





LIFESTYLE UPDATE

CONNIE KING
LIFESTYLE DIRECTOR

On September 30, residents enjoyed the Island Times festivities. Although it seemed like hours before all the tables were called, in an hour and 20 minutes, we served 200 residents. This averaged four minutes per person – yay! Our goal is to get it down to two minutes, and then we'll really be cooking with Crisco!

October was one of Lifestyle's busiest months, with a total of nine events. On October 9, residents headed to Santa Anita. On October 13, we had three events in one day: New Homeowners Orientation, Club Expo, and a sold-out tribute concert to Andrea Bocelli. October also included the Parking Lot Sale, a fraud prevention presentation, an outdoor concert, and Halloween Pet Parade.

We hope you sign up and participate in the Holiday Golf Cart parade. Last year, we missed seeing a few of our favorites. As an added bonus, join us after the parade for holiday cocktails with The Clauses.

It is official: the Pomettes have made me an honorary member of the club. It is also an honor to let you know that as your Lifestyle Director, I have been invited by the Lifestyle Conference in Austin, TX in November to make a presentation about all our resident activities here. I will represent Sun City Shadow Hills with great pride describing all the achievements.

We are excited to announce that the Holiday Gala will be held on December 20. The theme is "The Great Gatsby – Roaring '20s."

Can you believe it? Events for 2024 are already on sale, beginning with the concert series. Also in 2024, we recently added a whale-watching trip, a first for Sun City Shadow Hills, and we're excited!

For the past seven years I've had the pleasure of serving as your Lifestyle Director. I am hoping I've served you well by providing the level of programs enjoyed by all.

Contact the author at connie.king@associa.us.



ITALIAN NIGHT

- TRIBUTE TO - ANDREA BOCELLI

PERFORMED BY: NICK PALANCE

"THE VOICE OF MODERN CLASSICAL MUSIC"



13th Annual Golf Cart Parade

& TREE LIGHTING

SATURDAY, NOVEMBER 25TH | 3PM

Decorate your golf cart and join us
for our holiday golf cart parade!

TO BE A PART OF THE PARADE REGISTER AT SCSHCA.COM/PARADE

3:00pm-4:30pm Golf Cart Parade

4:30pm – 5:30pm Tree Lighting & Caroling

5:30pm Holiday Cocktail Hour



THE GREAT GATSBY HOLIDAY GALA

DECEMBER 20 • 6:30PM • \$45
MONTECITO BALLROOM

LIVE ENTERTAINMENT
COCKTAILS
GOURMET HOLIDAY MENU
NO HOST BAR BY SHADOWS

SCSHCA.COM/TICKETS





Saturday, November 11, 2023 | 9AM – 1PM
Montecito Clubhouse

Join us for the Sun City Shadow Hills Holiday Gift Boutique where you can find unique gifts for every occasion and everyone on your gift giving list.

We are thrilled to bring you one of a kind handcrafted items made by our residents and as many distinctive items as we can possibly find to offer something fun for everyone.

Vendor Space is Sold Out!
 Questions? Visit the Lifestyles Desk or call 760.345.4349 ext. 2120



Sun City Shadow Hills®

MENORAH LIGHTING CEREMONY



THURSDAY, DECEMBER 7, 2023 • 6:00 PM
MONTECITO CLUBHOUSE/MARA MONTE BALLROOM

Come join your neighbors and celebrate Hanukkah at our annual Menorah Lighting. Refreshments will be served following the ceremony and program.

For more information, contact the Lifestyle Desk: (760) 345-4349 Ext. 2120



Sun City Shadow Hills®



FASHION ISLAND

NEWPORT BEACH, CALIFORNIA

Monday, December 11, 2023 | \$35.00
 Price includes transportation and snacks on bus. Lunch on your own

Stores you will find to shop at are
 Nordstrom, Bloomingdales, Macy's and more.

Bus will depart the Montecito Clubhouse at 9 AM.
 Bus will return to the Montecito Clubhouse approximately 7 PM.
 Sign up starts: Monday, September 11, 2023
 Guest Sign up: Monday, September 18, 2023
 Sign ups End: Friday, December 1, 2023


THURSDAY, DECEMBER 21, 2023

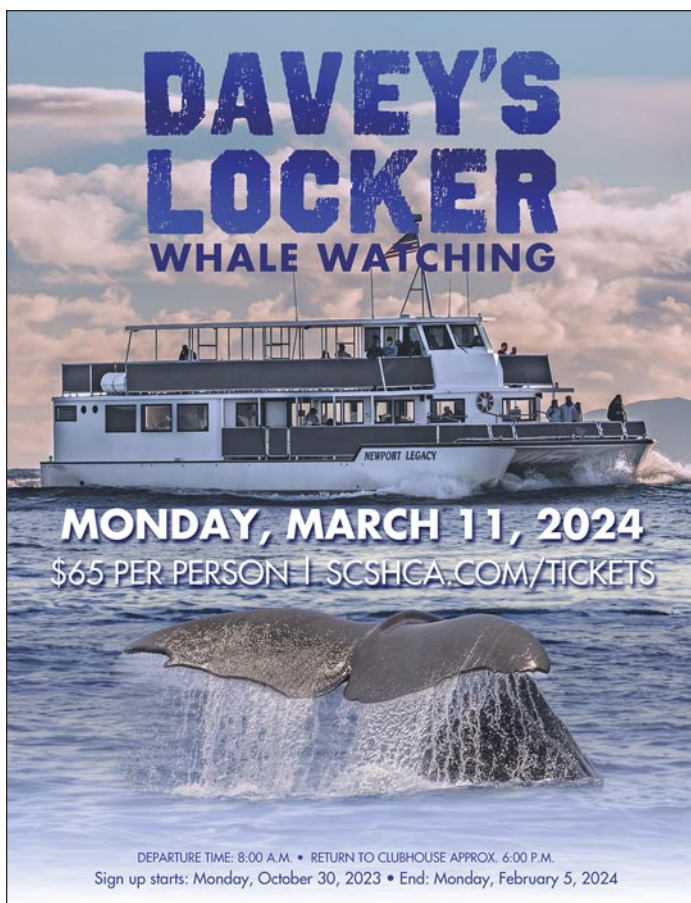
Anaheim Ducks vs. Calgary Flames | \$115.00 per person
 Tickets on Sale now - December 1, 2023
 Guest sign ups begin: Monday, October 16, 2023
 Departure Time: 4:00 p.m. | Game Time: 7:00 p.m.

To Register visit scsca.com/tickets
 For more information call Lifestyles at 760.345.4349 ext. 2120



DAVEY'S LOCKER

WHALE WATCHING



MONDAY, MARCH 11, 2024
 \$65 PER PERSON | SCSHCA.COM/TICKETS

DEPARTURE TIME: 8:00 A.M. • RETURN TO CLUBHOUSE APPROX. 6:00 P.M.
 Sign up starts: Monday, October 30, 2023 • End: Monday, February 5, 2024

Sun City Shadow Hills

GAMES PLUS CLUB



BINGO

FRIDAY, NOVEMBER 3, 2023
 MONTECITO CLUBHOUSE BALLROOM

SALE OF BINGO CARDS: 5:30 PM
 GAMES START: 6:30 PM

PAPER SELLS FOR \$5 FOR 10 GAMES.
 TWO SPECIAL GAMES CAN BE PURCHASED FOR \$3.
 CASH ONLY, AND SMALL BILLS ARE APPRECIATED.

FOR MORE INFORMATION CONTACT:
 PAT DISALVO AT (310) 433-0714



SCREW THE CORK

TUTTA BELLA VINO

Saturday, November 11th, 7pm
 Montecito Clubhouse Ballroom

Join us to experience very special
 "Screw Top" Wines this month.

\$25 per person, \$28 non-resident guests
 Renewal of your membership fee of \$15 is required for this event.
 First timers may attend once without a membership.
 Registration flyers will be available at the at the Montecito Clubhouse &
 Tutta Bella web-page www.scscha.com on October 20th.
 Registration Deadline: November 4th or until sold out
 For more info: tuttabellavino@gmail.com



SEASON STARTS


Monday

NOV 13 @ 8 | 9AM CHECK IN @ MONTECITO CAPISTRANO ROOM

Make new friends,
 and improve your
 putting game. All
 skill levels welcome!

Monday Sessions	8am or 9am
Membership	\$20
Weekly Play	\$2
Guest Play	FREE

CONTACT
shputters.com President: Olga Kiena 714-746-2111



Food
Music
Silent Auction
Fun

Funday Fundraiser to Benefit Coachella Valley Foster Kids
Tuesday, November 14
Sign in starts at 10 am with golf starting at 11 am

Come enjoy a fun day of mini golf, food, music and a silent auction all to help foster kids in our community. All the fun will take place right here at SCSH putting course! 100% of the proceeds will go directly to Coachella Valley Foster Kids. It is non profit organization with no paid staff. All the money raised will go directly to providing resources to kids in the foster care system in our valley!

- Mini Golf (putting course) and lunch (hot dogs, bratwurst, chips, potato salad and drink)- \$25

If you don't want to golf you can sponsor a hole for \$100. You can gather a few of your friends to sponsor one together. We can put your names at that hole and you can even set up a table with water, a hole in one contest or whatever. It's your hole for the day...have fun with it!

- We will be holding a silent auction with fabulous items!


To sign up to golf, donate, sponsor a hole or volunteer contact:

Stacy Boeskin @ 562 322-0985 or boeskinstacy@yahoo.com
Linda Aasen @ 651 341-4776 or laasen3730@aol.com

Donations can include anything (homemade crafts like jewelry, quilts, ceramics, painting)... it could also include unused gift cards, bottles of wine, gifts you received but never used or anything ...smaller items will be bundled into baskets and auctioned off. We can also use some food sponsors. Example: you can sponsor the hot dog rolls, or combine forces with friends to sponsor the soft drinks, paper products and etc.


If you can't make golf please come by and bid on our silent auction!

YOU CAN'T SAY NO TO THE KIDS



THAT'S ENTERTAINMENT CLUB

Sir Laffs-A-Lot's Comedy Night



Starring Comedians from the Top Late Night Shows

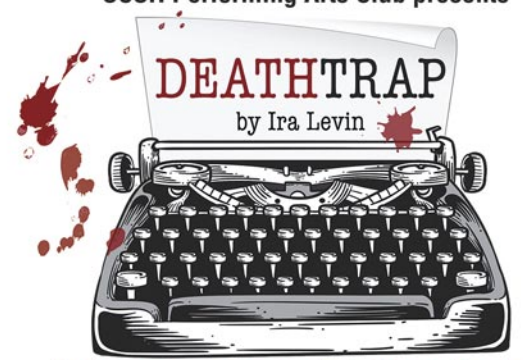
Hilarious New Shows Every Month
Rated "R" Due to Possible Adult Content

Wednesday, November 15, 2023 • 7:00 pm
Reserved Seating • Tickets on Sale November 1

Tickets: \$12 in Advance / \$14 at the Door (if Available)
Tickets Are Non-Refundable
Checks/Visa/MasterCard/Discover/AMEX

Contact the Sun City Shadow Hills Lifestyle Desk for Tickets
80888 Sun City Blvd • Indio CA 92203 • (760) 345-4349 Ext. 2120

SCSH Performing Arts Club presents




DEATHTRAP
by Ira Levin

The longest running comedy thriller on Broadway!
A once famous writer of stage thrillers is trying to regain his glory days. A classic murder thriller – that will keep you on the edge of your seat!

Director – Linda Bostjanick
Producer – Robin Adelman

November 16, 17 and 18, 2023 at 7:00 pm
November 19, 2023 at 2:00 pm
Montecito Clubhouse Ballroom

Purchase tickets online at scszca.com/tickets/



All tickets reserved seating – \$20.00
Assistance for online ticket sales – Montecito Clubhouse Lobby
Monday, October 16 and 23, 2023 10 a.m. to 1 p.m. or at the Lifestyle Desk, anytime it is open

Deathtrap is presented by special arrangement with Broadway Licensing, LLC, servicing the Dramatists Play Service collection. (www.dramatists.com)

CLASSIC MOVIE CLUB Special Event

On Friday December 1, 2023, at 4:00 pm in the Santa Rosa's Monterey Room, the club will proudly screen:



This highly acclaimed romantic comedy, directed by George Stevens and produced by Joseph L. Mankiewicz, marked the beginning of the personal and professional union between Katharine Hepburn and Spencer Tracy, who would go on to make eight more films together. The screenplay, written by Michael Kanin and Ring Lardner Jr., won an Academy Award, and Hepburn received an Oscar nomination for her performance. Woman of the Year is a dazzling, funny, and acute observation of what it takes for men and women to get along—both in the workplace and outside of it.

In a lively Q&A after the screening, Josh Kanin (son of co-screenwriter Michael Kanin) will talk about his father's work on the film. Josh will bring the Oscar that his father won, and you will be able to take a photo of yourself holding it.

For more information, contact club co-leaders Josh Kanin (310-980-0747) or Bill Hooper (310-293-9597).

Sun City Shadow Hills Singers Presents...

Home for the Holidays



***Join us in Celebrating the season on
Sunday, December 17th, 2023 @ 2:00 PM***

\$15.00 Tickets available at Montecito Lifestyle Desk

"Goodies" following the Concert

For Club information contact Alan Voss (209) 768-9393

SCSH
LIVELY LINERS CLUB

I ♥
LINE
DANCE

SCHEDULE OF CLASSES

MONDAY

12:30 – 1:00 p.m. Intro to Line Dancing - FREE
1:00 – 2:00 p.m. Beginner (Club Member)

TUESDAY

1:00 – 2:00 p.m. Beginner Review (Club Member)

WEDNESDAY

1:00 – 2:00 p.m. Intermediate (Club Member)
2:00 – 3:00 p.m. Intermediate II (Club Member)

THURSDAY

5:00 – 6:00 p.m. Intermediate Review w/Potluck (Club Member)

SATURDAY

9:00 – 10:00 a.m. Open Line Dancing – FREE



MEDITATION OVER MEDICATION CLUB

You are invited to join

Guided Meditation Sessions with Vib Verma

Live a Balanced and Fulfilled Life
Reduce Stress, Anger and Anxiety

Vib features a unique topic each session. He will change your life.

- You will learn how to be happy and peaceful.
- You will learn to be positive.
- You will learn to generate love and compassion for all.

Science has shown that a negative mind can cause hypertension, insomnia, and other illnesses. With the right meditation practice you can feel better and possibly reduce the dependence on some medications.

We meet Mondays at 10:00 AM
Santa Rosa Clubhouse / Pismo Newport Room

For more information call Camille Brownson:
760-673-6694 or camillebrownson@gmail.com

Join us for Worship!

Come as you are and grow closer to Christ as you hear the inspirational messages from our experienced Bible teaching pastor!

- ❖ Inter-denominational
- ❖ Prayer support
- ❖ Caring and friendly members

MOUNTAIN VIEW
C H U R C H



10AM Sundays
at the Montecito Clubhouse, Capistrano Room

Contact:

Ed Brown 760-908-3110
pastored@cox.net

Earl McDaniel 949-675-8714
earlmcDaniel@rocketmail.com



Join in the fun!

The Pomettes of Sun City Shadow Hills is a multi-talented, spirited, and committed pom (dance) team whose members are seniors (age 55+) residing in Sun City Shadow Hills. Our pom team and its supporters are committed to excellence in performance, providing entertainment at a variety of events throughout the Valley.

We do this with a spirit of integrity and service, to bring fun and inspiration to all. We enjoy staying fit and working together to inspire an active lifestyle.

New members may join the Performance Team or become a Supporting (non-performing) Member.

We welcome newcomers every Monday at our team practice at 5 pm in the Montecito Clubhouse Fitness Center dance studio.

We come in all shapes and sizes and welcome all skill levels since everyone doesn't have to perform!

Learn more by focusing your phone camera on one of the QR codes below.
(Click the yellow link that appears on screen)



Become a Facebook Fan



Membership Application
(for both Performance Team and Supporting Members)



View the Website

Contact pomettes.scsch@gmail.com for more information or if you'd like us to perform at your event.



NOVEMBER 3, 2023 • 8:00AM
FREE • SOUTH COURSE

SIGN UPS START: OCTOBER 10TH, 2023
END: OCTOBER 30TH, 2023

FREE T-SHIRT TO THE FIRST 100
PARTICIPANTS TO ARRIVE AT THE EVENT.
SHIRT DISTRIBUTION WILL BEGIN AT 7:00AM.

PLEASE REGISTER AT THE MONTECITO FITNESS CENTER
FOR MORE INFORMATION PLEASE CALL (760)375-4349 EXT:2111

FITNESS CLASS SCHEDULE

MONDAY

MONTECITO FITNESS CENTER

- 8:00 AM Yoga; Angel (\$6)
- 9:00 AM Zumba; Yvette (\$6)
- 10:00 AM Mat Pilates; Cheryl (\$6)
- 11:00 AM Reformer Pilates; Cheryl (\$17)
- 2:00 PM Lively Liners (*Beginner*)
- 5:00 PM Pomettes

SANTA ROSA CLUBHOUSE

- 8:00 AM Circuit; Cheryl (\$6)
- 9:00 AM Total Body Strength; Cheryl (\$6)

TUESDAY

MONTECITO FITNESS CENTER

- 9:00 AM Barre; Eliezer (\$6)
- 10:00 AM Aqua Fitness; Cheryl (\$6)
- 10:00 AM Mat Pilates; Eliezer (\$6)
- 11:00 AM Reformer Pilates I-II; Eliezer (\$17)
- 1:00 PM Lively Liners (*Beginner Review*)

SANTA ROSA CLUBHOUSE

- 9:00 AM Essentrics Stretch & Tone; Melinda (\$6)
- 10:00 AM Yoga; Melinda (\$6)
- 11:00 AM Water Yoga; Melinda (\$6)
- 11:15 AM Total Body Pump; Jessica (*Free*)

WEDNESDAY

MONTECITO FITNESS CENTER

- 8:00 AM Silver Fit; Cheryl (*Free*)
- 9:00 AM Balance & Stretch; Cheryl (\$6)
- 10:00 AM Body Toning; Cheryl (\$6)
- 11:00 AM Vinyasa Yoga Level I-II; Leesann (\$6)
- 1:00 PM Lively Liners (*Intermediate*)
- 3:00 PM Beginning Boxing; Andrew (*Free*)
- 5:00 PM Pomettes

SANTA ROSA CLUBHOUSE

- 7:30 AM Zumba; Rosy (\$6)
- 9:00 AM Stretch; Angel (\$6)

THURSDAY

MONTECITO FITNESS CENTER

- 8:00 AM Brazilian Fusion; Eliezer (\$6)
- 9:00 AM Total Body Pump; Jessica (Free)
- 10:00 AM Mat Pilates; Eliezer (\$6)
- 11:00 AM Aqua Fitness; Cheryl (\$6)
- 11:00 AM Reformer Pilates I-II; Eliezer (\$17)
- 1:00 PM Thera Band; Dr. Eric (Free)
- 5:00 PM Lively Liners (Intermediate Review)

SANTA ROSA CLUBHOUSE

- 9:00 AM Water Yoga; Melinda (\$6)
- 9:00 AM Zumba; Yvette (\$6)
- 10:00 AM Essentrics Stretch & Tone; Melinda (\$6)
- 11:00 AM Chair Yoga; Melinda (\$6)

FRIDAY

MONTECITO FITNESS CENTER

- 9:00 AM Zumba; Rosy (\$6)
- 10:00 AM Beginning Ballet; Eliezer (\$6)
- 11:00 AM Aqua Fitness; Cheryl (\$6)
- 11:00 AM Mat Pilates; Eliezer (\$6)
- 12:00 PM Stretch; Eliezer (\$6)

SANTA ROSA CLUBHOUSE

- 8:00 AM Silver Fit; Cheryl (Free)
- 9:00 AM Vinyasa Yoga Level I-II; Leesann (\$6)
- 10:00 AM Meditation; Leesann (\$6)
- 11:00 AM Low Impact Cardio; Mirca (Free)

SATURDAY

MONTECITO FITNESS CENTER

- 9:00 AM Open Line Dancing

SANTA ROSA CLUBHOUSE

SCHEDULE SUBJECT TO CHANGE

Please check www.scszca.com/fitness for updated information and class cancellations.

Rules and Procedures: Members must check in for class at the front desk.

Members will be allowed to check in no more than 10 minutes prior to a class. All classes start on time.

No late entries. Please silence all cell phones during class.

Lively Liners and Pomettes classes require Chartered Club membership.

SUNDAY	MONDAY	TUESDAY	1 WEDNESDAY
<p>5</p> <p>DAYLIGHT SAVING TIME ENDS</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>10:00 AM Mountain View Church CAP</p> <p>1:00 PM Ukulele Strummers CAP</p> <p>2:00 PM Table Tennis NPT/PIS</p> <p>5:00 PM Let's Meet and Eat Club BR</p>	<p>6</p> <p>7:15 AM Lady Putters CAP</p> <p>9:00 AM Creative Arts CAM/MIR</p> <p>10:00 AM Meditation NPT/PIS</p> <p>12:30 PM Needles & Pins CAM/MIR</p> <p>1:00 PM Gin Rummy NPT</p> <p>1:00 PM Scrabble PIS</p> <p>2:00 PM City Development Com COA</p> <p>2:00 PM Genealogy MON</p> <p>3:30 PM Community Singers BH</p> <p>4:00 PM Bocce Buddies BCM</p> <p>4:30 PM King & Queens Club PIS</p> <p>7:00 PM Billiards Club PAC</p>	<p>7</p> <p>ELECTION DAY</p> <p>8:00 AM Ceramics CAM</p> <p>9:30 AM DRC Meeting COA</p> <p>11:00 AM Pan CAP</p> <p>12:45 PM Paper Crafters CAM/MIR</p> <p>2:30 PM The View Committee LJ</p> <p>3:30 PM Pan KSK</p> <p>4:30 PM King & Queens Club PIS</p> <p>6:30 PM Performing Arts BR</p>	<p>8</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>9:15 AM Bridge CAP</p> <p>11:00 AM Table Tennis NPT/PIS</p> <p>12:15 PM Mah Jongg BH</p> <p>1:00 PM Jewelry Club MIR</p> <p>2:00 PM Landscape Advisory CAP</p> <p>2:00 PM Information Committee COA</p> <p>2:00 PM Men's Golf LJ</p> <p>2:30 PM Bocce Buddies BCM</p> <p>3:00 PM Camera Club MON/PIS</p> <p>3:00 PM Deset Gardeners FH</p> <p>6:00 PM Rainbow Friends CAM</p> <p>7:00 PM Billiards Club PAC</p>
<p>12</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>10:00 AM Mountain View Church CAP</p> <p>1:00 PM Ukulele Strummers CAP</p> <p>2:00 PM Table Tennis NPT/PIS</p> <p>5:30 PM Pickleball Club BR</p>	<p>13</p> <p>7:15 AM Lady Putters CAP</p> <p>9:00 AM Creative Arts CAM/MIR</p> <p>10:00 AM Meditation NPT/PIS</p> <p>11:00 AM Pan CAP</p> <p>12:30 PM Needles & Pins CAM/MIR</p> <p>1:00 PM Gin Rummy NPT</p> <p>1:00 PM Scrabble PIS</p> <p>2:00 PM Community Singers BH</p> <p>2:00 PM Genealogy MON</p> <p>4:00 PM Bocce Buddies BCM</p> <p>4:30 PM King & Queens Club PIS</p> <p>7:00 PM Billiards Club PAC</p>	<p>14</p> <p>8:00 AM Ceramics CAM</p> <p>8:00 AM Tuesday Night Putters CAP</p> <p>10:00 AM Tuesday Night Putters PAT</p> <p>11:00 AM Pan MAR</p> <p>11:00 AM Desert Life Board LJ</p> <p>12:45 PM Paper Crafters CAM/MIR</p> <p>2:00 PM Golf Committee COA</p> <p>4:00 PM Happy Travelers Club FH</p> <p>4:30 PM King & Queens Club PIS</p> <p>6:00 PM Pet Club CAM/MIR</p> <p>6:00 PM Republicans CAP</p> <p>6:00 PM Performing Arts BR</p>	<p>15</p> <p>7:30 AM Men's Golf BR</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>9:15 AM Bridge CAP</p> <p>10:00 AM Mah Jongg Lessons MAR</p> <p>11:00 AM Table Tennis NPT/PIS</p> <p>12:15 PM Mah Jongg BH</p> <p>1:00 PM Jewelry Club MIR</p> <p>1:30 PM Mexican Train NPT</p> <p>2:00 PM Non-Fiction Book Group LJ</p> <p>2:00 PM Ceramics CAM</p> <p>2:30 PM Bocce Buddies BCM</p> <p>7:00 PM Comedy Night BR</p>
<p>19</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>10:00 AM Mountain View Church CAP</p> <p>1:00 PM Ukulele Strummers CAP</p> <p>2:00 PM Performing Arts: <i>Deathtrap</i> BR</p> <p>2:00 PM Table Tennis NPT/PIS</p> <p>3:00 PM Snowbirds Club KSK/PAT</p> <p>5:00 PM Solo's Club CAP</p>	<p>20</p> <p>7:15 AM Lady Putters CAP</p> <p>9:00 AM Creative Arts CAM/MIR</p> <p>10:00 AM Meditation NPT/PIS</p> <p>11:00 AM Pan CAP</p> <p>12:30 PM Needles & Pins CAM/MIR</p> <p>1:00 PM Gin Rummy NPT</p> <p>1:00 PM Scrabble PIS</p> <p>4:00 PM Bocce Buddies BCM</p> <p>4:30 PM King & Queens Club PIS</p> <p>5:00 PM Community Singers BH</p> <p>6:00 PM Bocce Buddies BCM</p> <p>7:00 PM Billiards Club PAC</p>	<p>21</p> <p>8:00 AM Ceramics CAM</p> <p>9:00 AM Food & Beverage Com. LJ</p> <p>9:30 AM DRC Meeting COA</p> <p>11:00 AM Pan CAP</p> <p>2:30 PM Tuesday Night Putters FH</p> <p>4:30 PM King & Queens Club PIS</p> <p>6:00 PM Veterans Club CAM</p>	<p>22</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>9:15 AM Bridge CAP</p> <p>10:00 AM Mah Jongg Lessons MAR</p> <p>11:00 AM Table Tennis NPT/PIS</p> <p>12:15 PM Mah Jongg BH</p> <p>1:00 PM Jewelry Club MIR</p> <p>1:30 PM King & Queens Club PIS</p> <p>2:00 PM Ceramics CAM</p> <p>2:30 PM Bocce Buddies BCM</p> <p>6:00 PM Movie Group CAM</p> <p>7:00 PM Billiards Club PAC</p>
<p>26</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>1:00 PM Ukulele Strummers CAP</p> <p>2:00 PM Table Tennis NPT/PIS</p>	<p>27</p> <p>7:15 AM Lady Putters CAP</p> <p>8:00 AM Executive Session COA</p> <p>9:00 AM Creative Arts CAM/MIR</p> <p>10:00 AM Meditation NPT/PIS</p> <p>11:00 AM Pan CAP</p> <p>12:30 PM Needles & Pins CAM/MIR</p> <p>1:00 PM Gin Rummy NPT</p> <p>1:00 PM Scrabble PIS</p> <p>2:00 PM Board Meeting BR</p> <p>4:00 PM Bocce Buddies BCM</p> <p>4:30 PM Community Singers CAP</p> <p>7:00 PM Billiards Club PAC</p>	<p>28</p> <p>8:00 AM Ceramics CAM</p> <p>10:00 AM LifeStream Blood Drive BR</p> <p>10:00 AM Lifestyle Committee CAP</p> <p>11:00 AM Pan KSK</p> <p>12:45 PM Paper Crafters CAM/MIR</p> <p>2:00 PM Readers Ink CAP</p> <p>4:30 PM King & Queens Club PIS</p> <p>5:30 PM Veterans Club LJ</p> <p>7:00 PM Bunco BH</p>	<p>29</p> <p>9:00 AM Needles & Pins CAM/MIR</p> <p>9:15 AM Bridge CAP</p> <p>9:30 AM Community Singers SY2</p> <p>10:00 AM Mah Jongg Lessons MAR</p> <p>11:00 AM Table Tennis NPT/PIS</p> <p>12:15 PM Mah Jongg BH</p> <p>1:00 PM Jewelry Club MIR</p> <p>1:30 PM King & Queens Club PIS</p> <p>2:00 PM Ceramics CAM</p> <p>2:30 PM Bocce Buddies BCM</p> <p>4:00 PM Solo's Club PAT</p> <p>7:00 PM Billiards Club PAC</p>

<p>2 THURSDAY</p> <p>8:00 AM Women's Golf SY2 9:00 AM Creative Arts CAM/MIR 9:00 AM Facilities & Services MAR/SY1 9:30 AM Writers Club LJ 11:00 AM Pan CAP 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 1:00 AM EPC MON/PIS 4:00 PM King & Queens Club PIS 6:00 PM Oke Dokey Karaoke BH 6:15 PM Bridge CAP 6:30 PM Performing Arts FH</p>	<p>3 FRIDAY</p> <p>8:00 AM Ceramics CAM 9:45 AM Performing Arts LJ 11:00 AM Pan CAP 1:00 PM Canasta MIR 1:00 PM Creative Arts CAM 2:00 PM Table Tennis NPT/PIS 4:00 PM Classic Movie Club: <i>Tombstone (1993) MON</i> 5:30 PM Bingo BR 7:00 PM Movie Night: <i>Prom CAM/MIR</i></p>	<p>4 SATURDAY</p> <p>9:45 AM Bridge CAP 11:00 AM Pan KSK 2:00 PM Taste of the Holidays BR 3:00 PM Paint & Sip CAM/MIR 4:00 PM Couples Golf NPT/PIS</p>
<p>9</p> <p>9:30 AM Writers Club LJ 10:00 AM Women's Golf FH 11:00 AM Pan MAR 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 2:30 PM Couples Golf MON 3:00 PM Camera Club LJ 3:00 PM Meet a Board Member CAP 4:00 PM King & Queens Club PIS 5:30 PM Creative Arts CAM/MIR 6:15 PM Bridge CAP 7:00 PM Discussion Forum FH</p>	<p>10</p> <p>8:00 AM Ceramics CAM 10:00 AM Flag Sale CL 10:30 AM Alzheimer's Group LJ 1:00 PM Creative Arts CAM 1:00 PM Canasta MIR 1:00 PM Website Presentation BR 4:30 PM Writers Club CAP 6:00 PM Performing Arts BR 7:00 PM Movie Night: <i>Mr. Harrigan's Phone CAM/MIR</i></p>	<p>11</p> <p>VETERANS DAY</p> <p>9:00 AM Holiday Gift Boutique MC 7:00 PM Tutta Bella Vino BR</p>
<p>16</p> <p>9:00 AM Creative Arts CAM/MIR 9:30 AM Writers Club LJ 11:00 AM Pan CAP 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 2:00 PM French Club MON 4:00 PM King & Queens Club PIS 6:00 PM Democrats CAM 6:15 PM Bridge CAP 7:00 PM Performing Arts: <i>Deathtrap BR</i></p>	<p>17</p> <p>8:00 AM Ceramics CAM 9:00 AM Covenants Committee CAP 9:00 AM Finance Committee COA 11:00 AM Pan KSK 1:00 PM Canasta MIR 1:00 PM Creative Arts CAM 2:00 PM Table Tennis NPT/PIS 2:45 PM Snowbirds Mixer PAT 4:00 PM Classic Movie Club MON 7:00 PM Movie Night CAM/MIR 7:00 PM Performing Arts: <i>Deathtrap BR</i></p>	<p>18</p> <p>9:45 AM Bridge CAP 7:00 PM Performing Arts: <i>Deathtrap BR</i></p>
<p>23</p> <p>THANKSGIVING DAY</p>	<p>24</p> <p>BLACK FRIDAY</p>	<p>25</p> <p>9:45 AM Bridge CAP 3:00 PM Holiday Golf Cart Parade PRK 5:00 PM Holiday Tree Lighting CL</p>
<p>30</p> <p>7:00 AM Classy Niners BR 9:00 AM Creative Arts CAM/MIR 9:30 AM Writers Club LJ 11:00 AM Pan CAP 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 2:00 PM French Club MON 4:00 PM Hadassah BR 4:00 PM King & Queens Club PIS 6:15 PM Bridge CAP</p>		

November 2023

LEGEND

- MONTECITO CLUBHOUSE
- SANTA ROSA CLUBHOUSE
- HOA OFFICE
- SHADOW HILLS GOLF CLUB
- AMP – Amphitheater
- AS – Aerobic Studio
- BCM – Bocce Courts MC
- BCS – Bocce Courts SRC
- BH – Back Half Ballroom
- BR – Ballroom
- BW – Brezeway
- CAM – Cambria
- CAP – Capistrano
- CL – Clubhouse Lobby
- COA – Coachella
- DP1 – Phase 1 Dog Park
- DP3 – Phase 3 Dog Park
- FC – Fitness Center
- FH – Front Half Ballroom
- GR – Green Room
- KSK – Kiosk
- LJ – La Jolla
- MAR – Marisol
- MC – Montecito Clubhouse
- MIR – Mirada
- MON – Monterey
- NPT – Newport
- OS – Offsite
- OUT – Outdoor Event
- PAC – Pacifica
- PAT – Patio by Capistrano
- PC – Putting Course
- PIS – Pismo
- PRK – Parking Lot
- SC – Sports Court
- SEL – Santa Rosa Events Lawn
- SGC – South Golf Course
- SHA – Shadows Restaurant
- SRC – Santa Rosa Clubhouse
- SRP – Santa Rosa Patio
- SY – Santa Ynez
- SY1 – Santa Ynez I
- SY2 – Santa Ynez II
- TBD – To Be Decided
- TC – Tennis Court
- WSP – West Side Patio

Sign up or purchase tickets to Lifestyle events at www.scschca.com/tickets. For more information, contact the Lifestyle Desk at 760-345-4349 x 2120.



GOLF OPERATIONS

PHIL VIGIL | GENERAL MANAGER, SHADOW HILLS GOLF CLUB

Back In Season

November is an exciting time as we look forward to another great season of golf, and this 2023/2024 season should prove to be one of the best ever. With the South Course opening on Friday, November 10, and the North Course opening on Friday, December 8, we expect to have one of the busiest seasons in recent years.

It is important that players remember that tee time reservations during season are in high demand. If you must cancel your tee time, please do so in enough time for the golf shop to have an opportunity to rebook the cancelled tee time.

Additionally, it is essential that if you are unable to participate in a group golf event, you notify your group well in advance so available tee times can be released back to the golf shop. Additionally, we will resume the "split tee" format once we reopen the South Course for the season.

I want to thank all the SCSH residents, the Golf Advisory Committee, HOA staff, and of course, the SCSH Board for all the support given during the cleanup after Tropical Storm Hilary in August. The damage sustained during the storm and monsoon a week later was significant. It required a great deal of teamwork to complete the necessary pump station repairs so that we were able to execute a great overseed process on the South Course.

Many thanks also to our golf course superintendent, Tom Johnson, and the amazing golf course maintenance team, who worked tirelessly to perform course clean-up, flood damage cleanup, tree and limb cleanup, pump station repairs, and ultimately get both courses ready for play.

At Shadows Restaurant, we are excited once again to present a great food and beverage program, catering program, new menu items and offers at the Snack Bar Terrace, Santa Rosa Bistro, and the recently opened Montecito Café.

We truly hope you enjoy what will be a great season!

As always, stay tuned to our weekly email blasts, postings to Facebook through "The Shadows Golf Club" and "The Shadows Restaurant," and our mobile app for upcoming events, hours of operation, and other important information.

Contact the author at pvigil@troon.com.





PRO SHOP NEWS

TERRY FERRARO | HEAD GOLF PROFESSIONAL, SHADOW HILLS GOLF CLUB

Well, the season is finally here. A lot of members have returned to their winter homes. We are glad to have them back. The South Course opens on November 10, and it looks great. We have a busy season ahead, so be sure to check our postings on the web to find out what's going on.

The tee sheet will be set up like last year with double tees every day, with a couple of exceptions. On Tuesdays, the Niners Club have their shotgun start on one nine, and the rest of the day will be single tee. Every other Sunday, the Couples Club plays a 12:30 pm shotgun.

Again, be sure to sign up early, as we are always busy.

Contact the author at terry.ferraro@troon.com.

Tip of the Month

I see a lot of players with the dreaded flying elbow. This causes a lot of trouble with the golf swing. Your right arm dictates where the plane of the swing will go. If you look at your upper arm in the backswing it should be parallel with your right side if you are a right hander. The best drill is to reverse your hands on the club with the left hand low. Swing back the club and your right upper arm should be parallel to your side. Be sure to feel how the arm got there and try to repeat that move.

On the downswing, you will notice that the right hand will be in a strong position at impact, referred to as a "smash impact." It will decrease the loft for a little more distance. If you are having trouble, be sure to see one of your teaching Pros for a lesson.



FOOD & BEVERAGE

MANUEL GUADARRAMA | FOOD & BEVERAGE MANAGER

On behalf of the Food and Beverage team, we would like to wish everyone Happy Holidays.

This month, Shadows will be celebrating Thanksgiving with two buffet seatings: the first seating will take place at 11 am and the second seating will take place at 2:30 pm. We do not recommend showing up early, the doors will open at the advertised time. As we focus on providing the best dining experience, take-out dinners will not be available.

As a reminder, reservations for major events begin two weeks prior to the scheduled event. Major events include Thanksgiving, Valentine's Day, Easter, and Mother's Day. In addition, these events will continue to be in-person reservation only. Resy will not accept any reservations for these holidays.

Be on the lookout for new hours of operation and re-openings. Shadows will soon be open from 8 am to 8 pm Tuesday – Sunday. The Shadows Terrace (formerly the Snack Bar) will be open from 6 am to 2 pm seven days a week. The Santa Rosa Bistro will re-open for food sales seven days a week in December. The Montecito Café will continue to operate Tuesday – Friday 9 am to 1 pm. Hours are subject to change for community events.

Please visit our website theshadowsrestaurant.com for up-to-date information and upcoming events.

Thank you for your continued support.

Contact the author at jguadarrama@troon.com.

Shadows Restaurant
(760) 772-4342

Monday: 4 – 8 pm
*(Tailgate Menu Only
Kitchen Service Ends at 7 pm)*
Tuesday – Sunday: 8 am – 7 pm
Happy Hour: 2 – 5 pm





CHEF'S CORNER

CHEF JOHN DUTRA | EXECUTIVE CHEF

Thanksgiving is a time when we come together to give thanks for the family and friends who are an important part of our lives. For my wife and me, it is a bit of a sad day as we are not able to spend it with our girls, grandkids, and family in Northern California. We usually enjoy a quiet dinner and then spend some quality cyber time getting everyone together on Zoom to share our love.

But there is a big positive to the day: sharing the holiday here at Shadows, serving Thanksgiving dinner to the Shadow Hills community. To see families enjoying the day together and giving thanks brings joy to me, knowing that I am sharing the day with my work family and the families from Shadow Hills. This year I have planned a nice three-course traditional Thanksgiving feast with all the Shadows favorites.

One of my staples on Thanksgiving is my butternut squash soup. I created this recipe years ago and it has become a big part of my family's celebration. It includes some items you might not see in other butternut squash recipes. On behalf of myself and the entire Shadows team, have a safe and Happy Thanksgiving.

Contact the author at jdutra@troon.com.



Butternut Squash Soup

2 butternut squash peeled, cored and diced
 2 potatoes peeled and diced
 1 carrot peeled and diced
 1 stalk of celery veins removed and diced
 ½ medium onion diced
 olive oil and butter for sautéing
 1 tablespoon of fresh thyme leaves
 2 tablespoons of soy sauce
 ¼ tablespoon of nutmeg
 vegetable stock
 salt and pepper to taste
 heavy cream (optional)

- Toss squash and potatoes with olive oil, salt, and pepper.

- Roast squash and potatoes in a 350-degree oven until soft.
- In the meantime, season and sauté carrots, celery, thyme, and onion with a little olive oil and butter in a Dutch oven or large soup pot until cooked.
- Once the squash and potatoes are done, add them to the soup pot and add vegetable stock until just covered.
- Simmer until everything is fully cooked.
- Blend the soup in batches. Don't put too much in the blender at once to avoid burns.
- Put everything back into the soup pot then add the soy sauce and nutmeg.
- Adjust seasoning and add cream if you prefer a creamier texture to your soup.

Note: Soy sauce adds depth of flavor, or umami, to the soup.

Club Contact Information

BILLIARDS

Don Salvatore 760-404-0219
salvatoreddon1@gmail.com

BOCCE BUDDIES

Rick Halla 949-500-0568
rick@rickhalla.com

BOWLERS CLUB

Karen Hargrave 818-929-2235
karenkimbrough@gmail.com

BRIDGE

Bev Teel 310-592-7212
bevteel25@gmail.com

BUNCO

Stacy Boeskin 562-322-0985
scshbunco@yahoo.com

CAMERA CLUB

Neil Miller 780-910-2501
neilmiller@shaw.ca

CERAMICS CLUB

Adam Roberts
scshceramics@hotmail.com

CLASSIC MOVIE CLUB

Josh Kanin 310-980-0747
Bill Hooper 310-293-9597

CLASSY NINERS

Letty Siegel 818-268-5751
lettysiegel@gmail.com

COMMUNITY SINGERS

Alan Voss 209-768-9393
alan@alvoss.com

COUPLES GOLF

Gerry Read 760-289-6312
scshcouplesgolf@gmail.com

CREATIVE ARTS

Daryl Wolf 760-574-4586
laquintapatio@gmail.com

DANCE CLUB

Judy Wilson 858-337-5284
scshdanceclub@gmail.com

DESERT GARDENERS

Terry Bolen
scshdesertgardeners@gmail.com

DESERT LIFE

Mary Jane Stratman 714-742-4299
mjauditor@aol.com

DISCUSSION FORUM

Michael D. Johnson 760-895-4198
michael.d.johnson3860@gmail.com

FRENCH CLUB

Barbara Guiffre 315-868-3854
bmguiffre@yahoo.com

GAMES PLUS

Pat Disalvo 310-433-0714
rosandichp@gmail.com

GENEALOGY CLUB

Scott Buchanan 925-895-6727
scshgenealogy@gmail.com

GIN RUMMY

Marie Devito 312-909-0446
mariedevito2@gmail.com

HAPPY TRAVELERS CLUB

Elizabeth Thompson
scshhappytravelers@gmail.com

HIKING CLUB

Marjorie Babuik
marjoriebabuik1@mymts.net

JEWELRY CLUB

Jutta Ruehl 310-567-2236
jr2lala@gmail.com

KING & QUEENS CARD CLUB

Marc Goldberg 503-951-0940
marcg0312@gmail.com

LADY PUTTERS

Olga Kiena 714-746-2111
olga.kiena@gmail.com

LET'S MEET AND EAT CLUB

Cherie Adams 760-953-6674
scshmeetandeat@gmail.com

LIVELY LINERS

Katy Linkjendal 760-610-5710
linkjendal@hotmail.com

MAH JONGG

Rochelle Asheroff 818-667-3501
asheroff@sbcglobal.net

MEDITATION OVER MEDICATION

Camille Brownson
camillebrownson@gmail.com

MEN'S GOLF CLUB

David Gibson 253-219-0287
dggjg@comcast.net

NEEDLES & PINS

Joan Kiening 708-805-9783
needlesandpinssuncity@gmail.com

OKE DOKEY KARAOKE

Alan Voss 209-768-9393
alan@alvoss.com

PAIRS 9-HOLE GOLF CLUB

Glenn Carlson 206-200-5452
stretch1@wavecable.com

PAN

Michele Kirsh 661-510-5790
kirscomi62@gmail.com

PAPER CRAFTERS

Sharon La Croix. 760-333-9727
noflurn@gmail.com

PERFORMING ARTS

Linda Bostjanick 760-360-2790
lbostjanick1@gmail.com

PET CLUB

Jo Provenzano-King
818-848-5959
j.n.provenzano@hotmail.com

PICKLEBALL

Don Johnson 760-774-8388
djjjpd51@gmail.com

POMETTES

Sue McCollum 760-285-0915
pomettes.scsch@gmail.com

RAINBOW FRIENDS

Erin Smith 805-300-4021
erincsmith@outlook.com

READERS INK

Teri Fitzsimmons 951-330-9910
fitzsimmonsterri@gmail.com

SNOWBIRDS CLUB

scshsnowbirds@gmail.com

SOLOS

Shirley Bunce 760-345-8121
bunce.shirley123@yahoo.com

SPANISH CLUB

Maria Blue
scshspanishclub@gmail.com

TABLE TENNIS CLUB

Steve Lee 303-601-6096
mrnomad@dc.rr.com

TENNIS CLUB

Linda Johnson 435-229-8655
lnkjohns@hotmail.com

THAT'S ENTERTAINMENT

Julie Johnston 760-772-0317
jjohnston003@dc.rr.com

TUESDAY NIGHT PUTTERS

Stacy Boeskin 562-322-0985
tuesdaynightputters@gmail.com

TUTTA BELLA VINO

tuttbellavino@gmail.com

UKULELE STRUMMERS

Darlene Kretchmer
dkretchmer@yahoo.com

VETERANS CLUB

Pete Anderson 760-775-4745
petegolf@yahoo.com

WOMEN'S GOLF CLUB

Susan Moss 760-937-0983
sjmoss49@earthlink.net

WRITERS CLUB

Tony Davis 760-775-9521
antiqphoto@gmail.com

RESIDENT GROUPS

DEMOCRATS

Peggy Mathieson
democratsinscsch@gmail.com

HADASSAH

Debbie Orgen 760-289-7987
debbieorgen@hotmail.com

MOUNTAIN VIEW CHURCH

Earl McDaniel 949-675-8714
earlmcDaniel@rocketmail.com
Ed Brown 760-908-3110
pastored@cox.net

REPUBLICANS

Pete Anderson 760-775-4745
petegolf@yahoo.com

IF YOUR CLUB
OFFICERS HAVE
CHANGED, PLEASE
FILL OUT THE NEW
OFFICERS FORM.
760-345-4349 EXT. 2120



Billiards Club

Our membership continues to meet every Monday and Wednesday at the Montecito clubhouse billiards room at 6:30 pm for open play. We have six beautiful nine-foot tables. Our club allows you to play with men and women of all levels of experience. Tournaments are held on the second Monday and the last Wednesday of the month at a cost of \$5 per player for each tournament. No matter how you play with our handicap system you will have a chance to win and have a good time. It's a great way to make new friends and meet your neighbors!

Free lessons are available at 11 am every Thursday in the billiards room by Don Salvatore / Don Lucas (760-404-0219) just come in or give us a call.

On Monday, September 11, we had a nine-ball round-robin tournament. We had 18 players in the competition. First place was won by Joe Bomortino, second place went to Randy Galvin, third place to Marc Michelson, and fourth place to Don Lucas.

On Wednesday, September 27, we held an eight-ball round-robin, tournament. We had 18 players in the competition. First place was won by Don Salvatore, second place went to Bob Engelhard, third place to Bettylou Robinson, and fourth place was won by Brad Rock. Everyone played well and had a good time. Congratulations to all our winners.

See you in the billiard room.



Bocce Buddies

Come and meet a nice group of residents who enjoy the game. It does not matter if you have played before, we can teach you how to play.

We play bocce at the Montecito Clubhouse. Log on to scshca.com and see the "Clubs" calendar for the exact times. All are welcome to play and join our club. There are no membership dues. We have five bocce courts at the Montecito Clubhouse and two courts at the Santa Rosa Clubhouse.

The club plays year-round. If you want to play bocce at any time other than when the club meets, bocce

balls are available for your use at the Fitness Desk.

For more information, please call Rick Halla at 949-500-0568.



Bowlers Club

Hello, Sun City Shadow Hills Bowlers and potential bowlers!

The season has begun! We started on Friday, October 13, 2023, we bowl for 23 weeks, and we conclude in April 2024. We bowl three games starting at 10 am every Friday (days after Thanksgiving, Christmas, and New Year's excluded) at Fantasy Springs Bowling Alley.

To our returning and new full-time bowlers, welcome! It is wonderful to see you all!

We are always looking for substitutes. We currently have a full-time roster of 20 teams, but as we know, life changes impact us all. If someone can't bowl on a given Friday, we need a sub! You might consider a soft entry into the world of SCSH bowling, and being a sub is a wonderful opportunity. Contact one of the people below at scshbowling@gmail.com to let us know of your interest.

As a full-time bowler or as a sub, come and enjoy our Friday mornings; the bowling fun and the community comradery.

Karen Hargrave, President (818-929-2235)

Peggy Mathieson, Vice President

Dana Barbour, Secretary/Treasurer (562-201-3444)



Bridge Club

The month of November is here. This month the Bridge Club will be conducting its annual election of officers. Be sure to have your voice heard and vote! Be aware, ballots will be sent electronically, to everyone who is a registered SCSH Bridge Club member. Bootcamp I is nearly over and information regarding other training classes will be coming soon.

Wishing everyone a wonderful and Happy Thanksgiving. Although the world can be turbulent, we have much to be grateful and thankful for. Enjoy!



Bunco

For those who have never attended or never played, don't worry! There is room for all, and no reservations are required. You can join the club the day you play. The game can be learned in a matter of minutes so it's okay to show up with no knowledge of the game.

The remainder of our 2023 schedule is November 28 and December 12. Feel free to bring what you want to drink. Bunco starts at 7 pm. Please arrive a few minutes early to sign in.

If you have any questions, contact Stacy Boeskin at scshbunco@yahoo.com or call 562 322-0985.



Camera Club

The Camera Club will kick off the new season with our Main Meeting on November 1, at 3 pm in the Monterey Room of the Santa Rosa Clubhouse. Our main presentation for the meeting will be on night photography. All members and prospective members are encouraged to join us.



"ICM Glow" by Elaine Soulé

Other activities during November will include a workshop on using the planning features in PhotoPills, a field trip, a Zoom Introduction to Post Processing meeting, and a photo sharing to wrap up the month.

Fall brings fall colors which lead to great photo opportunities. Capturing these images on a camera or your phone is a great way to enjoy and share this wonderful season.

If you have an interest in photography, whether as a complete novice or an advanced practitioner, why not consider joining our club? It doesn't matter what your level of experience, or what type of camera, we have something to offer you. Check out our club website at scshcameraclub.com.



Ceramics Club

The Ceramics Club has started a new presentation each month. We are pleased to be featuring one member each month in our display cabinet across from our meeting room.

Below is Barbara Caminiti displaying her beautiful pieces, which she has created over several years.



The cabinet is changed each month to feature one of our talented members. Stop by and check out the display.

We meet on Tuesday and Friday mornings in the Cambria Room at the Montecito clubhouse. For more information, email scshceramics@hotmail.com, attn. Adam.



Classic Movie Club

CLUB MOVIE CLUB SPECIAL EVENT



On Friday, December 1, 2023, at 4 pm in Santa Rosa's Monterey Room, the club will proudly screen *Woman of the Year*.

This highly acclaimed romantic comedy, directed by George Stevens and produced by Joseph L. Mankiewicz, marked the beginning of the personal and professional union between Katharine Hepburn and Spencer Tracy, who would go on to make eight more films together. The screenplay, written by Michael Kanin and Ring Lardner Jr., won an Academy Award, and Hepburn received an Oscar nomination for her performance. *Woman of the Year* is a dazzling, funny, and acute observation of what it takes for men and women to get along – both in the workplace and outside of it.

In a lively Q&A after the screening, Josh Kanin (son of co-screenwriter Michael Kanin) will talk about his father's work on the film. Josh will bring the Oscar that his father won, and you will be able to take a photo of yourself holding it.

For more information, contact club co-leaders Josh Kanin (310-980-0747) or Bill Hooper (310-293-9597).



Classy Niners

Happy Thanksgiving everyone!

Our Summer Away Games, chaired by Dawne Blazeovich were very successful and very well attended. A fun time was had by all.

Our season has started with a bang! Tuesday play starts at 7 am with the choice to play 9 or 18 holes. Friday play starts at 6:30 am with a choice to play 9 or 18 holes. The deadline for Tuesday play is Saturday at 5 pm and the deadline for Friday play is Tuesday at 6 pm.

Our first event, the "Fall into Golf" Welcome Back Brunch and General Meeting chaired by Glennetta Shaw was a huge success with several new members joining our club. It was great to see all the returning members and snowbirds. Our next event is the Holiday Luncheon and General Meeting which will be held on Monday, December 11. Please join us for fun, food, and prizes.

Our new website is up and running and turned out beautiful! Thanks to Denise Wolsieffer and her team for all their outstanding efforts. Please check it out at www.shclassy9ers.com.

New Members are welcome to join at any time during the year. Please contact Membership Chair, Barb Mason at Barb90713@gmail.com or phone 562-477-3165 for more information.



Community Singers



Home for the Holidays
Sunday, December 17, 2023

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Doors open at 1:30 pm,
Concert starts promptly at 2:00 pm
Sun City Shadow Hills Singers & Holiday Harmony
Under the direction of Karen Adamik
Pianist, Jim Hardcastle

Tickets are now available, on November 1, at the Montecito Lifestyle desk. Price \$15 each. You won't want to miss this festive holiday concert, presented for your entertainment! The singers will be presenting holiday favorites, sing-alongs, and a few new holiday songs in the mix. *Enjoy, Enjoy, Enjoy!!!*



Couples Golf

The schedule for the upcoming season appears on our website www.shcouples.com. There you will find an application that can be printed along with instructions for completion and membership payment. Dues will remain unchanged at \$20/person. Play begins November 12, 2023. Our website is currently migrating to a new platform, so some pages are outdated but the content is still relevant. We hope to have the migration completed by next month.

On November 4, 2023, at 4 pm in the Newport/Pismo rooms at the Santa Rosa Clubhouse, we will have our Welcome Back Social with potluck appetizers. Some beer, wine, and soft drinks will be provided but feel free to bring your own beverage (no hard alcohol), and we ask that everyone bring their favorite hors d'oeuvre to share. It will be a perfect opportunity to meet old friends and make new acquaintances.

We are always looking for new members. Don't let our name fool you. We have several single members and all couples or single players are welcome. We match you up with other golfers so you can enjoy the fun and camaraderie of our group. If you have any questions or need more information, please contact Gerry Read at scshcouplesgolf@gmail.com.



Creative Arts

Fall has arrived and our snowbirds are flying in. We are so happy to see everyone!

We have a great selection of classes lined up this season: Painting Bold Landscapes in Brilliant Colors, Watercolor for Beginners and Beyond, Managing Light & Dark Values, and The Lyrical Acrylic. If you are interested in signing up, there are flyers available in the Montecito Clubhouse lobby, in the art room during our open studio times (listed below), or contact Suzy Voss at suzygofly@yahoo.com. While you're in the clubhouse check out our November art wall featuring members' versions of famous artists' works.

This season we have two Potlucks scheduled: November 9 and February 29. Both will be at 5:30 pm in the Montecito Clubhouse art room. Our next general membership meeting will be on December 4.

Please consider joining the Creative Arts Club, sign up for some classes, and have some fun! The membership fee is \$15/year due in January. We have open studio time in the art room twice each week, Monday and Thursday mornings at 9 am – 12 pm. If you have any questions or would like more information about the club please contact our club's Vice President, Wendy McElroy at 714-222-6495.



Desert Gardeners

**Desert Gardeners Welcome Back Potluck
and Slideshow with Morgan Levine**

**November 8, 3:15 pm
Montecito Ballroom**

Back by popular demand! We are thrilled to have the captivating speaker, Morgan Levine, tour guide for Desert Adventures/Red Jeep Tours speaking at our Welcome Back Potluck this month. Her knowledge of the many aspects and nuances of our desert including its history, geology, culture, ethnobotany, animal life, and agriculture will amaze you. Her passion for the desert is contagious.

A member commented after her last visit in 2020:
"Her presentation was vivid, fascinating, informative, surprising, and delightful. Her colorful, animated way of presenting kept me glued to every word."

Members and guests are welcome. Please bring an appetizer or finger food. Desserts, beverages, and tableware will be provided.

Visit our website www.scshtdesertgardeners.com for membership information, the latest updates on our club activities, and a wealth of gardening resources. We meet monthly from November through April and offer a wide array of experiences from educational meetings, consultations with Master Gardeners, slide shows of best practices, and field trips around our valley. A favorite event is the annual home garden tour in March followed by a delightful, casual reception.

For more information or questions, contact Terry Bolen at scshdesertgardeners@gmail.com.



Desert Life

Desert Life meets the third Tuesday each month except for June, July, and August. Attend one luncheon without paying the membership fee! For more information – contact Membership Chairperson, Sue McCollum, at 760-285-0915.

NOVEMBER LUNCHEON

DATE | November 21, 2023 Meeting/Lunch 11:30 am
 Registration/Seating Admittance
 The Shopping Boutique will be available from 10:30 am until 3 pm

LOCATION | Heritage Palms Clubhouse

PROGRAM | Fashion Show hosted by Andrea Boyd of La Di Da Jewelry. Andrea hosts for Wally's Desert Turtle, Country Clubs, etc. Six El Paseo Clothing/Jewelry/Christmas Boutiques will circulate to model and offer direct sales before, during, and after our lunch/program. Vendors will donate a percentage of club member sales to our charity organization!!

CHARITY FOR THE MONTH | Pueblo Unido CDC needs non-perishable food items. Pueblo Unido supports Thermal, Oasis, Mecca, and North Shore rural communities whose residents are primarily agricultural worker families. You may also donate by check

payable directly to Pueblo Unido CDC. *No Cash or Gift Cards!*

MAIN MENU | Turkey/Stuffing

VEGGIE OPTION | Chop Chop Salad

(Must Denote Veggie on Check)

DESSERT | Pumpkin Pie

PRICE | \$32. Checks must be in the Montecito mail slot by November 14. Includes seven door prize tickets. Please drop checks ASAP...don't wait for the deadline!



French Club

Bonjour et Bienvenue! You are welcome to join CSH's French Club: *L'Expérience Française* to learn French, improve your language skills, and make new friends!

The French term "*la rentrée*" was introduced at the September 21 class, followed by an interesting video. Most of the time it is used to mean back to school or, in a larger sense back to the routine/back to work after summer vacation. It's time to organize the new year. The whole of France goes back to normal life in autumn after being shut down for July and August at the beach or elsewhere.

After the instructional part of the class, which included lengthy conversations between teacher and students, everyone sampled "*vol-au-vents*" (small hollow cases of puff pastry, meaning "windblown" because of its lightness) filled with Nutella and topped with chopped pistachios. *Délicieux!*



The September 21st class gathering after tasting "*vol-au-vents*" filled with Nutella and pistachios. *Si bon!*

The next classes are scheduled for Thursdays in November on the 16th and the 30th from 2 – 3 pm in the Monterey Room at the Santa Rosa Clubhouse.

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Interested in joining us? Please contact instructor Barbara Guiffre at 315-868-3854 or at bmguiffre@yahoo.com.

À très bientôt!



Games Plus

Games Plus was formed to play various games.

BINGO | Doors open at the Montecito Clubhouse at 5:30 pm, with games starting at 6:30 pm. No inflation here. Paper still sells for \$5 for 10 games. Two special games can be purchased for \$3. You must be 18 years old to play. *Cash only and small bills are appreciated.*

SCRABBLE/OTHER GAMES | Scrabble is held on Mondays of each week at the Santa Rosa Clubhouse from 1 pm to 3:30 pm. Contact Barbara Irwin at scrabble731@yahoo.com to sign up to play.

MEXICAN TRAIN & RUMMIKUB | Mexican Train and Rummikub is played the first and third Wednesday of the month from 1:30 pm to 5 pm at the Santa Rosa Clubhouse. Cathy Nielsen must be contacted if you plan to play. Her email is mcathynielsen@gmail.com or phone at 760-522-3092.

HAND & FOOT | Hand & Foot gets together on Thursdays at the Santa Rosa Clubhouse. Please arrive at 12:15 pm to play at 12:30 pm. Please contact Kathy Reid at 760-469-2335 if you plan to play.

CANASTA | Is played on Fridays at the Montecito Clubhouse from 1 to 4 pm. We have a Samba group for those who like this form of Canasta. All levels of players are welcome. If you have questions, please contact Joyce Cain at 561-249-1382 or Betty Dixon at 970-389-4682 for Samba.

Happy Gaming!



Genealogy Club

Travellers in Ireland

The ancient Irish referred to these folks as “the walking people,” meaning that they were perpetually on the move from place to place, providing seasonal

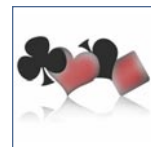
labor or selling crafts, horses, and dogs. These folks had their own culture, language, and practices. They were often maligned as thieves.

In more recent times they were called Gypsies or Romani, but these appellations were incorrect despite the fact they then traveled in barrel-shaped horse-drawn wagons. In fact, the Travellers were native to the Emerald Isle and managed to survive through Ireland’s extremely turbulent past.

Today, they are referred to as Travellers. They still are on the move but now, they travel in small caravans with modern camping trailers. They are still stigmatized and prefer to be among their own.

The Travellers have their own unique DNA groupings which prove they are of Irish aboriginal descent. Irish Travellers speak English and sometimes one of two dialects of Shelta, their unique language.

Learn more about the Travellers and other ethnicities at the Sun City Shadow Hills Genealogy Club monthly meetings, the first Monday of each month, 2 pm at the Monterey Room of the Santa Rosa Clubhouse. Check out our website at scshgenealogy.com.



Gin Rummy

The Gin Rummy Club meets every Monday at the Santa Rosa Clubhouse in the Newport Room. The games start at 1 pm, and we play until finished. Depending on how many players there are, games can end anywhere from 4:30 – 5:30 pm.

If you play Gin Rummy or would like to learn, please contact Marie DeVito at 312-909-0446. We are a fun group, and all are welcome.



Happy Travelers

If you love to travel, come find out about the Happy Travelers Club! We invite you to join us in exploring a variety of travel experiences with like-minded members of our community. You will have the opportunity to make new friends and gain valuable information for planning memorable travel adventures.

Please visit our website at SCSHHappyTravelers.com for more information about upcoming meetings, membership, and trip offers.

If you have questions, please send us an email at SCSHHappyTravelers@gmail.com.



Hiking Club



We are excited to start a brand-new hiking season on November 7, with the “Cove to Lake Cahuilla” hike, led by Trevor Ward.

Throughout November and December, we have two fabulous hikes each week, led by five fabulous hike leaders. Join us to explore our beautiful desert terrain and meet new friends. We welcome new and returning hikers. Our hikes are categorized using the following criteria:

- **EASY** | up to five miles long; elevation gain of up to 500 feet
- **EASY/MODERATE** | up to five miles long; elevation gain between 500 feet and 1,000 feet
- **MODERATE** | up to eight miles long; maximum elevation gain of 1,500 feet
- **STRENUOUS** | over eight miles long; over 1,500 feet elevation gain

Visit our website at www.scsca.com/hiking for the complete list of hikes.

Hikers should have some previous hiking experience and will be asked to assess their ability prior to their first hike. New members – please read the welcome letter on our website and contact Marjorie Babuik at marjoriebabuik1@mymts.net to register your interest to be added to the list of hikers.



Jewelry Club

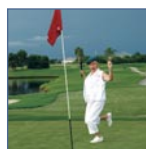
Hello Friends! To all our snowbirds, we send a “happy you are back”. Autumn is just about finished, and the holidays are starting. If you are wondering what to get that special someone in your life, stop in and see what is being made in the Jewelry Club. In addition to making jewelry, some of our club members make wind chimes, sun catchers, and netted beads for ornaments! Stop by and see for yourself.



Pieces by Veronica Vandenburg

We love to have company and we love to have new members. We meet on Wednesdays, from 1 – 3 pm at the Montecito Clubhouse. If you have questions, please contact our President Jutta Ruehl at 310-567-2236, or our VP Veronica Vandenburg at 951-325-3211.

Looking forward to meeting you.



Lady Putters

All women of SCSH are invited to join Lady Putters.

We meet every Monday morning in the Capistrano Room at the Montecito Clubhouse. Absolutely no golf skills are required. Our club is a great way to have fun

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and make new friends. There are two sessions to choose from. First session check-in begins at 7:45 am, play begins at 8 am. Second session check-in begins at 8:45 am, play begins at 9 am. All you need is a putter, a ball, \$2, and a desire to have a great time! You are invited to try Lady Putters once without paying the \$2 play fee or the \$20 annual membership dues.



Visit the Lady Putters website at shputters.com for the latest information. You can also contact the Club President, Olga Kiena, 714-746-2111 or okiena@pobox.com.



Let's Meet and Eat

On November 5, the band **Radio Ready** will raise the roof with their fantastic sounds! One of the lead singers was a finalist on *American Idol*. Please place your forms in the LMAE slot in the Montecito Clubhouse.

Wait, there's more good news! Back by popular demand, **DysFUNKsion** will be performing on December 10. We all love this band and their versatility. They love LMAE because we dance all night! Sign-up forms are available November 5 at 4:30 pm

We are excited to announce we are having a New Year's Eve party on December 31 from 6 – 9 pm **The Flashback Boyz** will be performing. More details to

follow. All you need to do now is get your table together and make plans for a fabulous night!

REMINDERS:

- LMAE provides silverware, cups, plates, napkins, and a water station.
- Please bring food for 10 people.
- We dine and dance from 5 – 8 pm.

There are many who come to dance and party hearty. Everyone is welcome to join us even if all you want to do is "meet" and make new friends, and "eat" delicious meals prepared by our fellow residents.

Questions? Please call Cherie at 760-953-6674 or Margo at 310-977-2720.



Lively Liners

The benefits of dancing encompass all areas of health, including physical, mental, and emotional. Not only does dancing give you a way to have fun, but it also counts toward your exercise minutes for the week.



Our free Intro to Line Dancing class is now restarting on Mondays from 12:30 – 1 pm The Beginning Class is on Mondays from 1 – 2 pm, and your first two classes are free. We have also expanded our schedule to include a new Intermediate 2 class on Wednesdays from 2 – 3 pm. Please check the calendar at the Montecito Clubhouse and our website at scshlivelyliners.com for current class schedules.

There is Open Line Dancing on Saturdays from 9 – 10 am at the Montecito Fitness Center.

If you have any questions, call Katy at 760-610-5710 or Melanie at 626-222-6044.



Mah Jongg

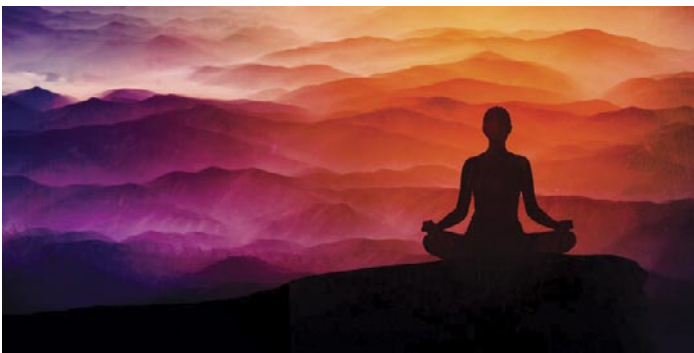
Are you ready to play Mah Jongg? Join us every Wednesday at 12:15 pm in the back half of the Montecito ballroom. We play until 3:15 pm

If you don't know how to play and would like to learn, please contact the club president, Rochelle Asheroff, at asheroff@sbcglobal.net. She will put you in touch with our Mah Jongg instructor.

By the way snowbirds – we really missed you. Welcome back!



Meditation Over Medication



You are invited to join guided meditation sessions with Vib Verma. Live a balanced and fulfilled life. Reduce stress, anger, and anxiety. Vib features a unique topic each session. He will change your life.

- You will learn how to be happy and peaceful.
- You will learn to be positive.
- You will learn to generate love and compassion for all.

Science has shown that a negative mind can cause hypertension, insomnia, and other illnesses. With the right meditation practice, you can feel better and possibly reduce your dependence on some medications.

We meet on Mondays at 10 am in the Santa Rosa Clubhouse Pismo/Newport room.

For more information call Camille Brownson at 760-673-6694 or camillebrownson@gmail.com.



Men's Golf Club

Here we are, back from our summer escape from the golfing Mecca of the world – the Coachella Valley – and settling down to a winter of competitive, but fun, golfing and camaraderie. Hope that you golfers are ready to be part of it.

Both the South and the North Courses have recovered well from the summer record-setting heat and the rare tropical storm. By the time you read this issue of *The View*, we will be wrapping up the reseeding program for the South Course and will be moving into a two-week shutdown to do the same work at the North Course

Our first 2023-2024 monthly General Meeting (donut meeting) was held on October 18 with a good turnout. Our next meeting is scheduled for 8:00 am on November 15. We'll see you then if we haven't crossed paths on the golf course before.

For those of you who don't have our annual Holiday Dinner Dance on your calendar, pencil it in for December 8. As mentioned in one of our earlier *View* articles, our plans for this year are to move back to the Montecito Clubhouse and dance to a real live band. More to come.



Needles and Pins

Welcome back to our snowbirds! We hope you had a fun and productive time away. There will be a celebration on Monday, November 13, with some yummy things to eat!



Come to the Montecito Clubhouse on Saturday, November 11, for the Holiday Gift Boutique to check out the many crafts we and other members of our Sun

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City Shadow Hills community have created this year. It truly is amazing to see all the talent here!

Members of our club turn scraps of fabric and skeins of yarn into lovely works of art. From Afghans, shawls, quilts, bags, and embroidery, you will find a plethora of projects ongoing and upcoming! Please feel free to stop by the Cambria room. We meet on Sundays all day, Mondays from 12:30 to 5 pm, and Wednesdays from 9:00 am to 1:00 pm!

For more information, please contact Joan Kiening at needlesandpinssuncity@gmail.com.



Oke Dokey Karaoke

"Singing is fun and makes you feel good."

~ Alan Voss, our karaoke jockey (aka "KJ")

The club meets on the first Thursday of the month (October through May) in the Montecito Ballroom from 6 to 9 pm. The best thing about karaoke is that you can sing or hear any kind of music you like – show tunes, country, big band, jazz, pop, rock, and tunes from "The Great American Songbook." We have 72,000 songs for you in our songbooks from today's tunes to those of the '40s, '50s, and '60s. You don't have to sing, just come and listen – studies show you may live longer and help get rid of stress with music! You'll meet interesting neighbors with varied backgrounds and assist in being a great audience for all the singers. Everyone sings better with enthusiasm from the audience. Our dance floor is also open for those who like dancing.

We can help those who haven't sung before – by helping pick a song or how to hold the "mic" Mark your calendar and come join us. Bring your own libation and snacks. Dues are \$10/year if you decide to join. These funds help us with buying new songs and equipment.

For more information, tune in to SCSH Podcast Episode 306 (www.scsxca.com/podcast306) for the interview with Alan Voss, club president, or call him at 209-768-9393.



Pairs 9-Hole Golf

The Pairs 9-hole Golf Club's mission is to share the love of golf in a social, friendly setting. We play a fun line-up of games at the par 3 North Course. Not requiring handicaps, our club is designed to provide a golf experience for those of us who wish to enjoy a relaxed, fun game.

We encourage all resident golfers in SCSH to join, be it as a single or a couple. Players are randomly paired to create foursomes to play as a team. We use a shot-gun format for the start of play at 1:30 pm on the first and third Thursdays each month, November through April, unless otherwise posted. Following each play date, we gather at Shadows restaurant for happy hour where prizes are awarded. Additionally, we gather for a welcome back potluck and an end of season dinner.

Annual membership dues are \$15 per person, due in January. Membership forms are available at all play dates or email us at scshpairsgolf@gmail.com.

We encourage sign ups from the Sign-Up Genius link, published on the Thursday before each play date. Contact Glenn Carlson at 206-200-5452 or stretch1@wavecable.com, or Mike Johnson at 775-721-7966 or michael.d.johnson3860@gmail.com, for further information.



Pan Club

Greetings to our Pan Club members! It's so nice to see everyone in the Montecito Clubhouse enjoying this gorgeous weather and each other's company.

PAN TOURNAMENT

As this issue goes to press, the long-awaited Pan Tournament will be played, and the lucky winners will have been announced.

Congratulations to the winners and thank you to our participants. Additionally, we thank all the volunteers who helped set up the tournament.

PAN LESSONS (MONTECITO CLUBHOUSE ONLY)

We are thrilled with the response to those interested in taking Pan lessons! Below is the schedule. We may

only need four lessons but we have scheduled five.

We *strongly* recommend you attend the first few lessons to help you understand the basics of this fun game of skill and luck.

Mark your calendars:

- Tuesday, October 24, 3:30 – 5:30 pm, Kiosk area (near the café)
- Tuesday, October 31, 3:30 – 5:30 pm, Capistrano
- Tuesday, November 7, 3:30 – 5:30 pm, Kiosk area
- Tuesday, November 14, 8:30 – 10:30 am, Capistrano
- Tuesday, November 21, 3:30 – 5:30 pm, Capistrano

We are looking forward to meeting with and teaching you to play this wonderful game! Who knows? Maybe one of *you* will be a winner at our next tournament!

For any questions or clarification, please contact our Pan President, Michele Kirsch, at 661-510-5790 or kirschmi62@gmail.com.



Paper Crafters



With the arrival of autumn, we get to welcome back our snowbird members. It is always great to see their smiling faces and what new techniques they have learned and will share with us. We have so much fun every meeting trying new card designs. Thanksgiving and Christmas cards are on the agenda for November. With the holidays around the corner, we will not be holding classes on November 21, December 19, and December 26.

Each week a new card or project will be presented by one of our members. The projects range from \$1 to \$3. Join us in the Mirada room at the Montecito Clubhouse every Tuesday at 12:45 pm with classes beginning at 1 pm. For SCSH residents, the first class is on us. You will see how much fun we have sharing

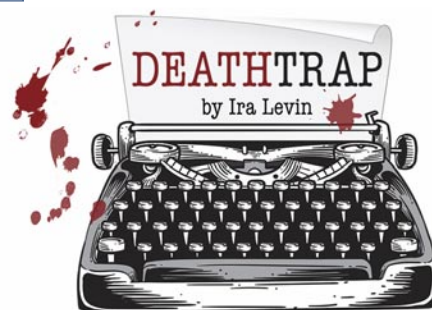
our creativity with each other and making new friends. Membership is \$10.

After class, you are encouraged to stay and use the supplies and equipment available to make additional cards or projects. One of our members is always there to help if needed. We would love to have you join us.

Questions? Contact our president, Sharon La Croix, at 760-469-2447 or noflurn@gmail.com.



Performing Arts Club



The fabulous fall play: *Deathtrap*, the longest-running comedy thriller on Broadway, is a tremendously exciting murder/mystery by Ira Levin. Rehearsals are well underway by an amazing cast in preparation for the excitement of opening night, 7 pm, Thursday, November 16. Don't you dare miss it!

Performances will continue Friday and Saturday nights at 7 pm, November 17 and 18, 2023. Plus, a matinee at 2 pm on Sunday, November 19, in the Montecito Clubhouse Ballroom. This promises to be another sell-out – so don't delay, get your reserved seat now. Tickets are \$20. and are easily available online. Just log on to www.scszca.com/tickets.

If you need ticket-purchasing assistance, see the happy-to-help folks at the Montecito Clubhouse Lifestyle Desk.

Next month, you, you, and you will find out about our spring play! It's a lollapalooza! You will get a big kick out of it – especially if you are on the production team or, we hope you'll try out for a part at the Auditions – coming up soon. Of course, if you join the club now, you'll learn all the juicy details, and you won't have to wait for the announcements in the December View. What a deal! Please contact our Club President, Linda Bostjanick, at lbostjanick1@gmail.com. She can't wait to welcome you! Come on now, just do it!



Pet Club

Hi everyone! Hoping y'all and your fur "paws" are fully enjoying our much cooler temps, I know Maggie and I are!

Those that couldn't attend last month's meeting and guest speakers from Hope Ranch Animal Sanctuary, how inspiring and heartwarming to listen to the great achievements and their all-volunteer dedication in rescuing animals that are so very deserving of a "second chance."

Kudos to Lifestyle's Halloween Pet Parade. It was way too much fun seeing pet owners and their costumed pets parading their stuff walking the runaway!

Also, a big thank you goes to Loving All Animals, for provided services for our first annual Microchipping Day for "all" SCSH pet residents!

ANNOUNCEMENTS:

- Tuesday, November 16, at 6pm – Pet Club Meeting
Guest Speakers: Guide Dogs of the Desert.
Meeting in the Cambria/Mirada room.
- Thursday, November 23 – Happy Thanksgiving!!
- Tuesday, December 12, at 6pm – Pet Club Meeting
Guest Speaker and Holiday Pizza Party.
- TBA - A pet walk for all members & SCSH pet owners.

New members are always welcome to join us! For additional information, contact Jo Provenzano-King, Pet Club President, at 818-848-5959 or j.n.provenzano@hotmail.com.



Pickleball Club

Another season is underway! We welcome back all our members from their other homes and the many new members as well. The summer proved that Pickleball is one of the more popular activities here at SCSH as we had many people playing all summer despite the heat. We are a hearty group of summer residents that kept the courts full!

The HOA still kept count throughout the summer months when many members were gone. We hope these numbers will help our continued request for

more courts! We also had club members at every HOA board meeting and had members speak at every meeting keeping the pressure on our HOA board and community.

The club calendar will be similar to last year's with open play divided into two sessions each morning and lessons, group play, round robins, and social events every afternoon and evening.

- The club Welcome Back Party is November 12, starting at 5 pm
- The first club tournament is Saturday, November 18.

Visit our new website at www.scshtickleball.org for all the up-to-date information.



Pomettes

The Pomettes would like to welcome the newest "Honorary Pomette," our very own Lifestyle Director, Connie King! Connie has been an enormous support and helpful fan of the Pomettes. Her enthusiasm and inspiration make her the perfect "Pomette" so please, cheers all around for this lovely lady!



Photo by Debby Hart

October was a busy month for the Pomettes SCSH. They participated in the first Paint SCSH Breast Cancer Walk and Chartered Club and Committee Volunteer Fair, where their booth had lots of activity!

This month, look for the Pomettes at the Alzheimer's walk in Palm Desert as they cheer on the walkers at

both the start of the walk and the finish line. They also will be helping at the Mini Golf Tournament here at SCSH, benefiting the Coachella Valley foster kids on November 14.

The Pomettes offer two member types: Performance and Supporting (non-performing). They welcome new members on Mondays at 5 pm at the Aerobics Studio in the Montecito Fitness Center. Please let us know if you would like the Pomettes to perform at your event. For more information, contact Sue McCollum, club president, at pomettes.scsch@gmail.com.



Rainbow Friends

Welcome to the last two months of 2023. We hope this finds you well and enjoying the cooler temps! Happy Pride Month in the Coachella Valley. Don't forget to "fall back" on Sunday, November 5. Our next meeting will take place November 8, starting at 6 pm in the Montecito Clubhouse. We will be looking forward to 2024, including our annual dinner/dance!

We would also like to acknowledge Veteran's Day on November 11. For those of you who are veterans, thank you for your service. Wishing all of you a very Happy Thanksgiving on Thursday, November 23.

Please check your email for the latest club news.

We are a social club for the LGBT community, family, and friends. For further information, please contact Sue at 949-584-2344 or Ron at 925-785-3258.



Readers Ink

Fiction Book Club

During our October meeting, we had a discussion about the choice of books to be read in 2024. There were so many interesting ones! Mary Jane Young introduced the book *The Lincoln Highway* by Amor Towles. After the introduction, there were questions and answers followed by a lively discussion. Then we had the drawing for the door prizes. After the meeting we had a social time.

Our next meeting will be on November 28, when we

will be discussing *The Tumbling Turner Sisters* by Juliette Fay. There will be no December Readers Ink meeting, as we are hosting our Christmas party on December 14.

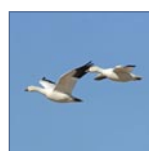
Our club meets on the fourth Tuesday of each month in the Capistrano Room of the Montecito Clubhouse. We have comfortable distancing at our discussion tables. So please join us for the discussions and meet fellow book lovers. For further information, contact Terri Fitzsimmons at fitzsimmonsterri@gmail.com.

Non-Fiction Book Club

The next meeting of the Non-Fiction Addiction Group will be on Wednesday, November 15, at 2 pm in the La Jolla room at the Santa Rosa Clubhouse – a week earlier than normal due to the Thanksgiving holiday. For members who cannot attend in person, the next meeting will also be available on Zoom. Our selection for the month is the 352-page book *Susan, Linda, Nina & Cokie: The Extraordinary Story of the Founding Mothers of NPR*, by Lisa Napoli.

If you want to get a jump-start on our December selection, we'll be reading and discussing the 313-page book *The Confidence Men: How Two Prisoners of War Engineered the Most Remarkable Escape in History*, by Margalit Fox.

If you'd like to join us, see who we are, and how we manage to have a great time discussing each of the books selected, contact jhan.schmitz@gmail.com.



Snowbirds Club

The Snowbirds Club was created for two primary reasons: 1) to provide specific information on a variety of topics to snowbirds, most importantly, safe home closures, and 2) to provide a vehicle for snowbirds to meet, socialize, and have fun together. Presently, the Snowbirds Club is comprised of almost an equal number of American and Canadian Snowbirds, and we have quite a few permanent residents as members.

The Snowbirds Club has a 25-page Home Closure document to help you with the many steps necessary to close your home for the summer. We can also provide information on maintenance, repairs, and technology for your home.

Continued on page 60...

...continued from page 59

The Snowbirds Club holds many social events throughout the winter where members can meet with other snowbirds, socialize over a glass of wine, and have some fun. Our goal is for snowbirds to develop some strong friendships.

We have created a variety of snowbird social groups for coffee, casual lunches, monthly mixers, and happy hours, as well as some outside programs. All are great ways to meet fellow snowbirds. To attend our member events and programs, please join our Snowbirds Club by registering at shadowhillsnowbirds.springly.org or by contacting the Membership Director at scshsnowbirds@gmail.com.



Solos Club

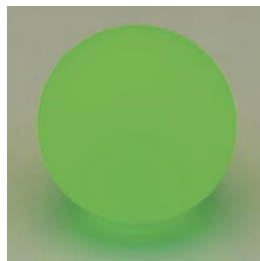
Solos is a social club for single residents of SCSH. Our regularly scheduled activities each month include an outing, like a dinner or happy hour, and our regular monthly meeting, which also includes a fun activity. If you would like any membership information contact Shirley Bunce at 760-345-812 or email her at bunce.shirley123@yahoo.com.

Solos also has a standing reservation for a few tables at Shadows Restaurant for happy hour every Friday night at 4 pm. Come meet with your fellow members or make a new friend and enjoy a drink, appetizer, or small meal. Our regular monthly meetings are held on the third Sunday of each month from 5 to 7 pm in the Capistrano Room of the Montecito Clubhouse. We are in the process of planning our holiday party for December. Hope you can join us then.



Table Tennis Club

Everyone is invited to the unveiling of a new ping pong ball which will glow in the dark. Wednesdays at 11 am, Fridays and Sundays at 2 pm, if you just want to see!



Tennis Club

November, the month of Thanksgiving. We are thankful to have all our snowbird members back in the desert for another fun season of tennis and club activities. Our first activity of the season will be our Hit for Fun event scheduled for December 9. This is always a fun event with a variety of court games, prizes, good food, and good friends. Mark your calendars now so that you won't miss out.

If you are new to SCSH and are interested in tennis, we hope you will consider joining our club. Our dues are \$20 a year and include access to organized playing schedules for all skill levels. We also host many activities during the year for our members to gather off the courts. For more information on joining our club please visit scshtennis.com or contact Linda Johnson at lnkjohns@hotmail.com. See you on the courts.



That's Entertainment

Our November – March comedy nights will have "full concert seating" to accommodate more residents that would like to attend during the winter season. Shadows has a full cash bar in the lobby at 6 pm on comedy night. Cocktails, wine, beer, and soft drinks are available for purchase before the show.

If you are new to the community, you may be unaware of Sir Laffs-A-Lot's Comedy Night. Usually on the third Wednesday of each month, we arrange for two southern California comedians to put on a 90-minute comedy show, at 7 pm, in the Montecito Clubhouse. The talent is different every month. We are in our 14th year of presenting this popular event. Reserved seat tickets, for \$12 each, go on sale on the first day of each month, at 8 am, in the Montecito Lobby. Please see our ad, in this magazine, or poster/flyers for further information.



Tutta Bella Vino

SCREW THE CORK

Tutta Bella Vino is exposing you to “Screw Top” wines this month and, since we are featuring wines without corks, we are electing to **Screw the Cork!** Join us on Saturday November 11, 2023, at 7 pm in the Montecito Ballroom. Our wine professional, Soraya Ennis, with Breakthru Beverage will present great “screw top” wine.



- The membership fee for this season is \$15 per person. Please pay when you register for your first event. If you have never attended a tasting, you may attend one event without paying the required membership fee.
- The Wine Tastings by Tutta Bella Vino are \$25 per member and \$28 for a non-resident guest of a member for the “regular” tastings.
- The tasting by Tutta Bella Vino will include six to seven wines for the evening with a cheese and fruit platter at your table.
- **Please, for this event you must bring your own wine glass!**
- You will be able to order wine at special club pricing by the case at the end of the evening. Shadows accepts both credit cards and checks for your orders.
- The registration forms will be on the Club webpage at www.scszca.com/tuttabella on October 20, and the racks at Montecito. Registration closes November 4, or upon sell-out. Unless you are notified otherwise, your registration has been accepted.
- Questions? Please email: tuttbellavino@gmail.com.



Veterans Club

The Veterans Club will meet November 21, at 6 pm in the Montecito Clubhouse. We may have a lot of info about the “Toys for Tots” program. The Marines should be with us about the program and activities about Christmas programs.

Please remember the Veterans Club can help Shadow Hills veterans with info about benefits. Our local Veterans Affairs office is on Monroe Street in Indio. Their phone number is 760-863-8266.

Need a new flag? Call Larry Smith at 714-401-3772. He has new flags and poles.

We are always looking for new members, come join us at our next meeting.

For more information, contact club President Pete Anderson at 760-775-4745 or petegolf@yahoo.com.



Women's Golf Club

November is here, can you believe it? Both the North and South Courses are looking good after a successful overseeding. The South Course will be open November 10. Come out and enjoy the fellowship.

Andrea Untried and Denise Wolsieffer have updated the Women's webpage with an easier site to navigate. Awesome job, ladies! Linda Aasen will be sending out an email with a link to click on giving you the ability to renew and pay your GHIN and SCGA dues. In addition, you will have the option to pay the yearly Hole in One Fund if you choose.

Our Welcome Back Party for the new season will be held in the Montecito Clubhouse as we are serving breakfast on November 9. Just a reminder, all scoring on Wednesday, Ladies Day, will be done on Golf Genius.

Our Leadership Team is always striving to enhance member experiences, so please send feedback, ideas, concerns, or praises to our club board.



Writer's Club

Our club meets every Thursday of each month in the La Jolla room in the Santa Rosa clubhouse at 9:30 am. There are no meetings on the fifth Thursday of any month.

We are a group of individuals who enjoy writing. Each member has the opportunity to read one or two pages, or 500 words or less, of their work to the group and receive ideas, direction, and gentle criticism. Part of being in our club is the encouragement we all get from each other to write on a regular basis.

It's easier than you think to write your own story. Every year millions of great stories disappear forever. It does not matter if you are writing fiction, non-fiction, or memoirs; write a page a day for a year, and you have a book!

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RESIDENT GROUPS



Democrats

JOIN US FOR OUR NOVEMBER MEETING

Thursday, November 16, 2023

Montecito Clubhouse – Cambria Room

Social time begins at 6 pm

Meeting begins at 6:30 pm

We welcome new members!

Come help us strategize for 2024.

Dues paid in the fourth quarter of 2023 will apply toward 2024. Come join with others to influence decision-making and elections by supporting qualified Democrats wishing to run for public office. Our club

activities include education, campaigning, voter registration, protesting, and GOTV (Get Out the Vote!) activities.

We work to impact not just elections in California but those across the country, both state and federal.

Please contact us via our email address:

- If you want to join our group
- If you want to receive our weekly Monday Morning emails
- If you have any questions about the Dems Club

Our weekly emails will keep you informed about local and national issues, volunteering opportunities, and local political events.

Email: democratsinscsh@gmail.com



Hadassah

Please join Sabra Hadassah of the Desert for a fun afternoon of bingo on Thursday, November 30, from 3 pm to 5:30 pm in the Montecito Clubhouse Main Ballroom. Couvert is \$10 – reservations with payment by November 21. \$15 per person – after November 22 and walk-ins. Couvert includes: 1 package of cards. Snacks will be served. Additional packages of cards are available for \$5. Special games \$5 per package. Bring your own dauber or purchase one at the door for \$1. Professional equipment will be used. More information – call Cindy Hailpern at 760-345-4902. Reservation deadline: November 21.

SAVE THE DATE:

Wednesday, November 29, from 10 am to 4 pm for a Hadassah "Sip & Shop" event. Great gifts for Chanukah. Call Debbie Orgen, 760-289-7987 for further details. No charge.



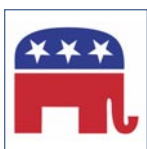
Mountain View Church

Welcome to Mountain View Christian Church!

Looking for healthy Christian fellowship? Mountain View is an inter-denominational Christian church that has been in the Shadow Hills community for several years. If you are new to the community, just visiting or looking for a new church we are a loving, caring fellowship with a heart for the Word of God. We will make no promises that God won't keep. We are committed to "practical" Christian living through the study and teaching of God's word.

We have a new pastor, Rev. Ed Brown, with over forty years of pastoral experience, teaching with an expository approach to God's Word from both the Old and New Testaments to provide relevant applications to current times.

Mountain View meets in the Capistrano Room of the Montecito Clubhouse. Service time is 10:00 am on Sunday mornings. We are casual in dress and enjoy fellowship before service and refreshments after the service. If you would like more information and or prayer, please do not hesitate to call or text Pastor Ed at 760-908-3110. Pastor can also be reached via email at pastored@cox.net. This is your personal invitation! We hope to see you soon!



Republicans

SCSH Republican's November 14th meeting welcomes Councilmember Glenn Miller as the featured guest speaker. Miller is a well-known community leader and businessman who has called the desert home for over thirty years. In addition to Glenn's duties as a Councilmember, he presently serves on the Indio Water Authority, Public Financing Authority; the Successor Agency to the City of Indio's Redevelopment Agency, the California Joint



Councilmember
Glenn Miller

Powers Insurance Authority Board of Directors, Coachella Valley Mountains Conservancy; Coachella/Indio Waste Transfer Station Authority; Community Action Commission of Riverside County; Coachella Valley Association of Government Public Safety Committee; and East Valley Reclamation Authority Joint Powers Authority.

If you are interested in helping Republicans make a difference in the Coachella Valley, join our group. We meet at the Montecito Clubhouse in the Capistrano Room on the second Tuesday of each month. Social hour begins at 6 pm, and our regular meeting starts at 6:15 pm. Refreshments are served.

Staying informed about the issues of today is essential, and there is no better place to learn what is current in our community, state, and nation than at our Republican Club meetings.

Annual dues are \$25 per couple and \$15 for a single membership. Questions? Contact Pete Anderson, club president, at petegolf@yahoo.com or 760-775-4745.

CLUBS IN FORMATION



VeloCity Cyclists

The VeloCity Cyclists of Sun City Shadow Hills are a group of road cycling enthusiasts. We ride Mondays, Wednesdays, and Fridays averaging 30-40 miles throughout the Coachella Valley. It is our hope to add more members, both men and women, to enjoy rides. Usually, we stop for coffee along the route for great camaraderie. For those interested in joining, contact Greg Smith at 650-861-7408 or gs_smith@pacbell.net.



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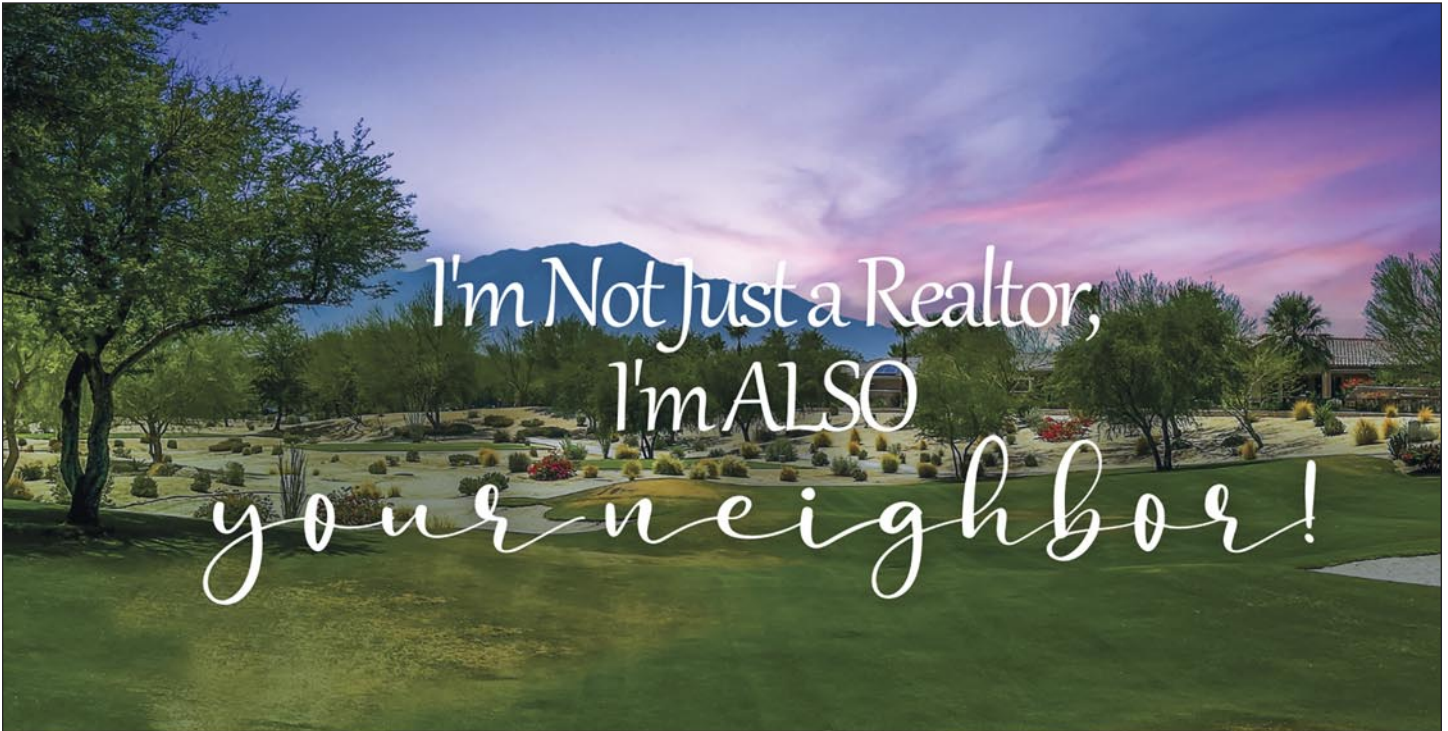
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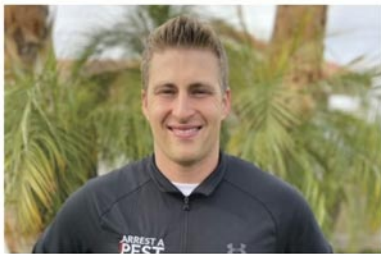


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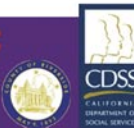
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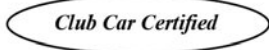
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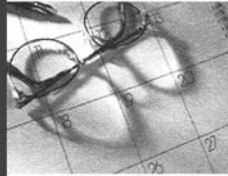
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