

PHILLIPS HEARTSTART AEDs
in SUN CITY SHADOW HILLS



WHY USE AN AED?

- TO TREAT VENTRICULAR FIBRILLATION (VF), A COMMON CAUSE OF SUDDEN CARDIAC ARREST (SCA)
+SCA OCCURS WHEN THE HEART UNEXPECTEDLY STOPS PUMPING
- PULSELESS VENTRICULAR TACHYCARDIAS (VTs)

WHEN TO USE AN AED

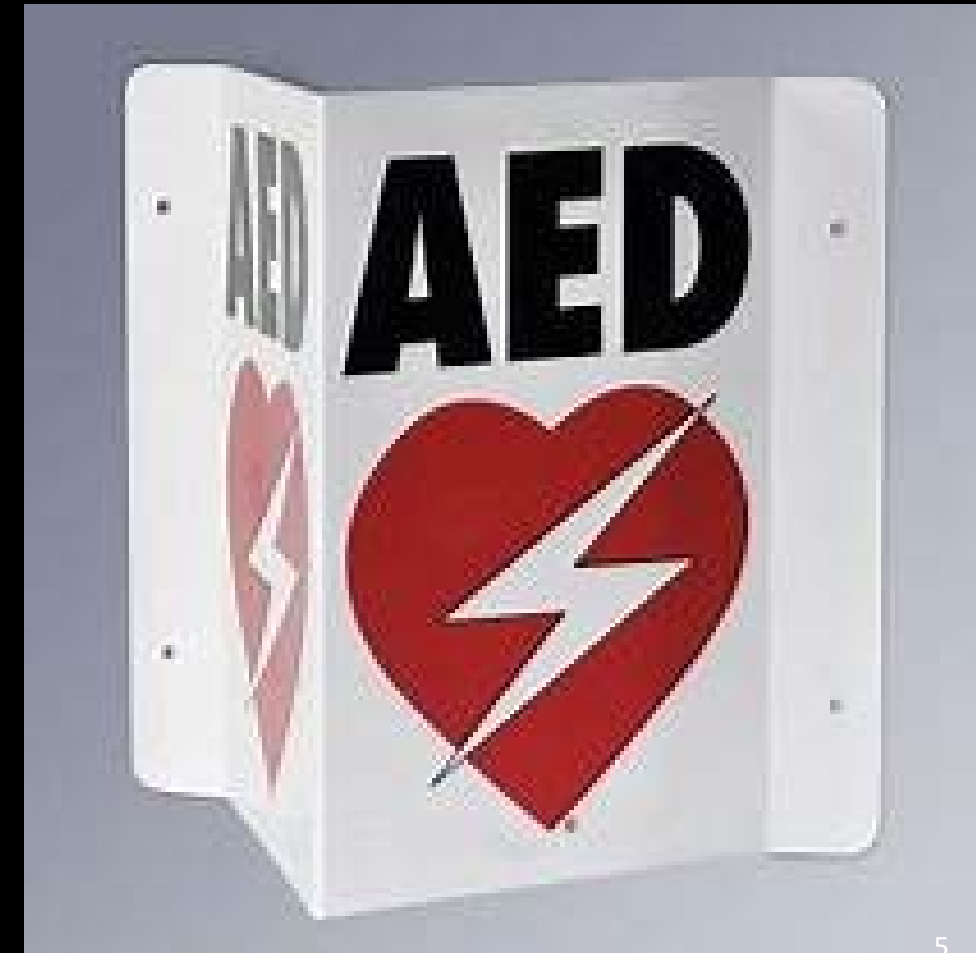
- VICTIM IS UNCONSCIOUS
- ABSENCE OF NORMAL BREATHING

WHEN NOT TO USE AN AED

- WHEN A VICTIM IS CONSCIOUS
- WHEN A VICTIM IS BREATHING NORMALLY

***LOOK FOR WALL MOUNTED AED SIGNS
ABOVE THE AED CABINETS***

- CABINETS MUST BE UNLOCKED
- THE BUILDING'S LOCATION ADDRESS WILL BE ON THE WALL AND IN THE AED BAG



AED STORAGE TEMPERATURE

- **32 – 120 DEGREES FARENHEIT**

COMMON QUESTIONS?

- SAFE TO USE WITH PACEMAKERS – DO NOT PLACE PADS ON TOP OF PACEMAKER/LOOK FOR SCARS OR A LUMP UNDER THE SKIN
- SAFE TO USE ON VICTIMS LYING ON WET SURFACES – BUT DO NOT USE IN A SWIMMING POOL OR SPA
- SKIN MUST BE DRY – USE VICTIM'S SHIRT, TOWELS, ETC. TO DRY THE SKIN
- AED IS SAFE TO USE NEAR CELLPHONES AND TWO-WAY RADIOS
- SAFE TO USE IF VICTIM IS WEARING AN OXYGEN MASK – BUT DO NOT USE IN A PURE OXYGEN ENVIRONMENT

RESCUER DUTIES

1. STAY CALM AND EXERCISE TEAMWORK. QUICKLY ENLIST HELPERS!
2. PUT VICTIM ON THE FLOOR/GROUND.
3. SEND A RUNNER TO RETRIEVE AN AED.
4. DIRECT SOMEONE TO CALL 9-1-1 EMS – KNOW THE ADDRESS.
5. DIRECT SPECTATORS AWAY AND THAT THEY BE QUIET. SILENCE THE BAND.
6. START CPR.
7. HAVE HELPER APPLY AED PADS WHILE PERFORMING CPR.
8. STOP CPR/ACTIVATE AED/KEEP VICTIM STILL/ALLOW NO ONE TO TOUCH VICTIM
9. FOLLOW AED VERBAL INSTRUCTIONS

***FIRST: A FOUR MINUTE
DEMONSTRATION VIDEO***

[https://youtu.
be/Zw78XnpjAGU](https://youtu.be/Zw78XnpjAGU)

13 SCSH AED LOCATIONS

- HOA OFFICE (1): FRONT OF OFFICE NEAR THE RECEPTIONISTS
- MONTECITO FITNESS CENTER (1): ADJACENT TO THE FRONT DESK AREA
- MONTECITO CLUBHOUSE (1): BEHIND THE LIFESTYLES DESK
- MONTECITO BALLROOM (1): PENDING – LOCATION T.B.D.
- MONTECITO TENNIS COURTS (1): NEAR THE ICE MACHINE
- MONTECITO OUTDOOR POOL (1): PENDING / WILL BE NEAR THE RESTROOMS

- SANTA ROSA CLUBHOUSE (1): ADJACENT TO FRONT DESK AREA
- SANTA ROSA CLUBHOUSE (1): CURRENTLY BEHIND THE FRONT DESK – MOVING TO THE BISTRO
- SANTA ROSA PICKLEBALL COURTS (1): NEAR BULLETIN BOARD
- SANTA ROSA OUTDOOR POOL (1): PENDING - NEAR SHOWER AREA
- MAINTENANCE YARD (1): PENDING – NEAR RESTROOMS
- SHADOWS GOLF SHOP (1): BEHIND CASH REGISTERS
- SHADOWS RESTAURANT (1): NEAR THE BAR



A magnifying glass with a black handle and frame is positioned over the word "QUESTIONS". The word "QUESTIONS" is written in a large, teal, hand-drawn font and is the central focus of the magnifying glass. Surrounding the word and the magnifying glass are various question words and symbols in a black, hand-drawn font. These include "why", "when", "where", "what", "who", "how", and question marks "?". The words are scattered around the central word, some appearing inside the magnifying glass's frame and others outside. The background is white.

why
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QUESTIONS
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