

THE VIEW

AGUA CALIENTE CULTURAL MUSEUM

 Sun City
Shadow Hills®
by Del Webb®

March 2024
Agua Caliente Cultural Museum
photo by Beth Bolduc
story by Vicki Prince on page 22

CONTACT INFORMATION

80-814 Sun City Boulevard, Indio, CA 92203
www.scshca.com | 760-345-4349

24-Hour Contact:

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Avenue 40 Front Gate (Phase 3) | 760-342-4725

Homeowner Association (HOA) Ext. 1
Lifestyle Desk (Montecito Clubhouse). Ext. 2120
Montecito Fitness Center Ext. 2111
Santa Rosa Clubhouse. Ext. 2201
Shadow Hills Golf Club South Ext. 2305
Shadow Hills Golf Club North Ext. 2211
Shadows Restaurant Ext. 2311
Cari Burleigh, General Manager
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Vanessa Ayon, Assistant General Manager
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Celeste Cordero, Community Assistant – Architectural
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Scott Bewley, Security Account Manager
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Jesse Barragan, Facilities Maintenance Director
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Amber Galindo, Fitness Director
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Gus Ramirez, Communications Manager
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SCSH Community Association Board of Directors

Jerry Conrad, President
jerry.conrad@scshca.com
Scott Pessin, Vice President
scott.pessin@scshca.com
Terry Coon, Treasurer
terry.coon@scshca.com
Barbara Prezlock, Secretary
barbara.prezlock@scshca.com
Kathy Lindstrom, Member at Large
kathy.lindstrom@scshca.com

HOURS OF OPERATION

Visit www.scshca.com/hours for latest hours of operation.

ASSOCIATION OFFICE

Monday – Friday | 9 AM – 12 PM, 1 – 4 PM

First Saturday of the Month | 8 AM – 12 PM

LIFESTYLE DESK | Daily | 8 AM – 5 PM

MONTECITO CLUBHOUSE | Daily | 6 AM – 10 PM

MONTECITO FITNESS CENTER | Daily | 5 AM – 8 PM

POOL HOURS | Daily | 5 AM – 10 PM

Children's Pool Hours (Ages 4-16)

Montecito Outdoor Pool | 2 PM – 5 PM

Santa Rosa Pool | 9 AM – 12 PM

SANTA ROSA CLUBHOUSE | Daily | 6 AM – 9 PM

SANTA ROSA FITNESS CENTER | Daily | 6 AM – 9 PM

SHADOWS RESTAURANT | Tuesday – Sunday | 8 AM – 8 PM

SHADOWS TERRACE | Daily | 6 AM – 2 PM

SANTA ROSA BISTRO | Daily | 6 AM – 3 PM

MONTECITO CAFÉ | Tuesday – Friday | 9 AM – 1 PM

All hours are subject to change.

THE VIEW

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MISSION STATEMENT

To promote the community and recognize the individuals who contribute to the identity of the community, and to impart information relevant to the community as a whole.

THE VIEW ADVISORY COMMITTEE

Aggie Jordan, *Chair*; Linda Aasen; Beth Bolduc;
Arnold Choy; Bob Firing; Terri Fitzsimmons; Julie Harris;
Gina Pollack; Lee Powell; Vicki Prince;
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please email view@scshca.com or contact
Gus Ramirez, *Communications Manager*,
at 760-345-4349, ext. 2204.



PRESIDENT'S REPORT

JERRY CONRAD | PRESIDENT

During the upcoming months, the Board will consider several critical actions. Each month, the Board receives requests from various committees, clubs, and vendors. As you know, my focus throughout my tenure on the Board has been “belt tightening” during economically challenging times. We were able to keep the dues increase to a minimum this year and keep the Capital Reserve Fund at a safe level.

Most of the monies for these requests, if approved, come from the Replacement Fund because these projects keep our facilities from falling into disrepair. Here's a list of the requests the Board will consider over the next month.

1. Montecito ballroom chairs were last recovered and painted 11 years ago. The carpet was replaced 10 years ago. The ballroom is used every day by clubs, committees, events, and the Board. It is time to replace these well-used items.
2. The Montecito A/V system is the original! It is way outdated.
3. The exterior of knee walls throughout the community are peeling and looking awful. The request proposes this project be completed and paid for by the HOA.
4. Pickleball will receive several improvements, such as new lights, pavers in the sitting area, and the possible relocation of the basketball hoop.
5. The Board approved a noise study for the Santa Rosa pickleball and tennis court area. After receipt of the results of the noise study, the Board will meet with the Tennis and Pickleball Clubs to discuss options for additional pickleball courts. Thereafter, the Board shall make a decision.

These expenses are not insignificant, which is why the Financial Advisory Committee will be involved in the decision-making process and oversee all expenditures over \$5,000.

6. The Board approved the replacement of the indoor pool dehumidifier, and it will be installed soon. The

older system was not working efficiently and, if left unchecked, would have caused harm to the interior walls.

Money for these projects will come from the Replacement Fund, and our dues fund this account. Therefore, the Board must ensure that items scheduled for replacement **genuinely** need replacing. The FAC and DRM's facilities management team review and advise the board on this, and they do an excellent job.

This year, we managed to keep the dues increase to \$9 per month. There are several upcoming projects that may lead to increased dues. With a set three-to-five-year plan, all associated costs should be transparent. We might be able to expand the facilities maintenance building area, build an RV parking lot, and expand and upgrade the Montecito Café. Therefore, it's crucial for all residents to be part of the discussion before these decisions are made.

Remember, your opinion matters. Please take the time to vote early by mail or at the ballot drop boxes; or vote in person on the day of the Annual Meeting on April 2, 2024, at 9 a.m. in the Montecito ballroom.

Contact the author at jerry.conrad@scshca.com.

Next Board Meeting:

Date: Monday, March 25

Time: 2:00 pm

Location: Montecito Ballroom

Please join us!

TREASURER'S REPORT



Condensed Financial Information

Balance Sheets

	December 31, 2023 (Unaudited)	December 31, 2022 Audited
Assets:		
Cash and cash equivalents	3,509,859	6,713,138
Certificate of deposits and investments	16,754,556	12,327,321
Property and equipment, net	183,407	1,255,369
Cash - chartered clubs	199,594	199,594
All other assets	701,060	516,303
Total assests	\$21,348,476	\$21,011,725
Liabilities:		
Accounts payable and accrued expenses	875,050	1,238,137
Prepaid Assessments and deferred revenue	518,017	822,655
Total liabilities	\$1,393,067	\$2,060,792
Fund balances:		
Operating	1,790,028	2,102,131
N Channel Flood Control Fund	1,077,824	1,160,422
Chartered Clubs	199,594	199,594
Property and equipment	183,407	1,255,369
Replacement	16,704,556	14,233,417
Total Fund Balances	\$19,955,409	\$18,950,933
Total Liabilities and Fund Balances	\$21,348,476	\$21,011,725

Statement of Changes in Fund Balances	Operating Fund	North Channel Fund	Replacement Fund	Total
Fund balances, beginning of year	3,557,094	1,160,422	14,233,417	18,950,933
Excess of revenues over expenses	(1,384,065)	(82,598)	2,471,139	1,004,476
Accrued Expenses				
Fund balances, as of December 31, 2023	\$2,173,029	\$1,077,824	\$16,704,556	\$19,955,409

Detailed Financials can be found at www.scszca.com/documents/finances/ (login required)



Meet a Board Member

Thursday, March 14 • 3 pm • Montecito Clubhouse Capistrano Room

Come by and introduce yourself to Jerry Conrad, President of your HOA Board.

He wants to hear what you like about our community and if you have any concerns.



Statements of Revenues & Expenses Compared

to Budget for the 12 months ended December 31, 2023

	<u>Actual</u>	<u>Budget</u>	<u>Over (Under) Budget</u>	<u>Percent</u>	<u>2023 Annual Budget</u>	<u>Total Monthly Assessment</u>
Operating Fund						
DRM/HOA Operations						
Revenues (Assessments)	9,517,535	9,517,535	0	0.0%	9,517,535	229.89
All other revenues	2,555,535	2,330,091	225,444	9.7%	2,330,091	
Total revenues	12,073,070	11,847,626	225,444	1.9%	11,847,626	
Total expenses	10,180,812	10,138,536	42,276	0.4%	10,138,536	
Excess of revenues over expenses	1,892,258	1,709,090	183,168	10.7%	1,709,090	
North Channel Flood Control						
Revenues						
Revenues (Assessments)	41,400	41,400	0	0.0%	41,400	1.00
All other revenues	28,083	0	28,083		0	
Total revenues	69,483	41,400	28,083	67.8%	41,400	
Expense	152,081	200,000	(47,919)	-24.0%	200,000	
Excess of revenues over expenses	(82,598)	(158,600)	76,002	-47.9%	(158,600)	
Troon Operations-Golf						
Revenues (Assessments)	1,352,440	1,352,440	0		1,352,440	32.67
All other revenues	2,105,972	1,990,074	115,898	5.8%	1,990,074	
Total revenues	3,458,412	3,342,514	115,898	3.5%	3,342,514	
Expenses, Includes depreciation	4,903,270	5,127,954	(224,684)	-4.4%	5,127,954	
Excess of revenues over expenses	(1,444,858)	(1,785,440)	340,582	-19.1%	(1,785,440)	
Troon Food & Beverage						
Revenues (Assessments)	456,651	456,651	0		456,651	11.03
All other revenues	891,129	891,091	38	0.0%	891,091	
Total Revenues	1,347,780	1,347,742	38	0.0%	1,347,742	
Expenses	1,993,517	1,804,393	189,124	10.5%	1,804,393	
Excess of (expenses) over revenues	(645,737)	(456,651)	(189,086)	41.4%	(456,651)	
Total Operating Fund						
Assessments	11,368,026	11,368,026	0	0.0%	11,368,026	\$274.59
All other revenues	5,580,719	5,211,256	369,463	7.1%	5,211,256	
Total revenues	16,948,745	16,579,282	369,463	2.2%	16,579,282	
Total expenses	17,229,680	17,270,883	(41,203)	-0.2%	17,270,883	
Excess of revenues over expenses	(280,936)	(691,601)	410,665	-59.4%	(691,601)	
Replacement Fund						
Revenues						
Revenues (Assessments)	2,583,774	2,583,774		0.0%	2,583,774	\$62.41
All other revenues	374,335	145,000	229,335	158.2%		
Unrealized gain/loss on investments	1,268,338	0	1,268,338		145,000	
Total revenues	4,226,447	2,728,774	1,497,673	54.9%	2,728,774	
Total expenses	1,755,308	2,706,647	(951,339)	-35.1%	2,706,647	
Excess of revenues over expenses	2,471,139	22,127	2,449,012	11067.8%	22,127	

Total Monthly Assessment	\$337.00
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2024 HOA ELECTION CANDIDATE STATEMENTS

Disclaimer: Neither the Association nor the management company made any revisions, alterations, and/or corrections to the information submitted by the candidates. The information was transferred exactly as submitted, per Civil Code. Candidates are listed alphabetically by last name.



Linda
Aasen

Linda Aasen for HOA Board of Directors
Because Experience Matters!

I am your candidate for our HOA Board of Directors because I care deeply about our community. I have the experience and the knowledge to make Sun City Shadow Hills a great place to live.

Education:

BA - English - University of Minnesota

MBA - Management Information Systems & Marketing

Corporate Experience:

30- years at 3M Company in R&D, Marketing, &
Product Development

SCSH Experience:

- HOA Board Director – 2019 - 2021
- Ad-hoc Community Facilities Committee
- The View Magazine Committee - Writer and Chair
- Information Advisory Committee - Chair
- Shadow Hills Women's Golf Club Board
- Emergency Preparedness Committee
- Co-created Newcomers Club and Golden Seniors Social Club
- Co-chaired the Coachella Valley Foster Kids Fundraiser

Our reserve fund of \$15,323,250 plus our anticipated 2024 revenue of \$15,520,230 makes us a \$30M non-profit corporation. We need business professionals to run our HOA. I will use my education, corporate business experience, and my SCSH involvement to focus on fiscal responsibility, elevated reserve levels, and highly maintained facilities and services while increasing our home values.

I will work hard to create a cohesive community where everyone is seen, heard, and understood.

Sincerely,

Linda Aasen,

HOA Board Candidate



Michael
Becker

With over two decades of experience in the food and beverage industry, I've ventured into entrepreneurship and managed various restaurants - both independent and within corporate chains. My expertise lies in budgeting and crafting business strategies. I understand that fiscal responsibility extends beyond current budgets; it entails future

planning. If elected, I aim to establish a Strategic Planning Committee dedicated to foreseeing our community's future needs. This committee, inclusive of homeowners' opinions, will evaluate future Board decisions based on comprehensive data gathered.

Another crucial aspect of our Board's fiscal responsibility is scrutinizing our associations with contractors and vendors. Leveraging my 20 years of business experience and 25 years of legal acumen, I'll negotiate optimal terms with our vendors, ensuring transparency in any budget increments they propose. Enforcing contractual obligations of our vendors will be paramount.

My approach prioritizes homeowner input and Committee guidance. I'll base decisions on comprehensive information, respecting diverse viewpoints before taking action.

Throughout our lives, we've worked hard so we can enjoy and cherish this beautiful community. My commitment lies in advancing our amenities to safeguard and enhance the value of our properties.



Kathy
Lindstrom

I am Director Kathy Lindstrom asking for your vote for a second term on the HOA Board.

As a Board liaison to various committees, I have worked with our resident experts to champion the following for our community:

- Terrace Dining Area - An outdoor dining venue at the golf course

- Shadows Restaurant necessary improvements: ovens, grills, paint, sound system
- Fitness Centers: New flooring, pec deck machine
- Safety and Health: AED defibrillator machines for every community area and building
- 5-Acre Parcel: Communication with Indio city manager for specific plan re-zoning
- Exploring strategic rollout proposals for 5-acre parcel revenue generating endeavors
- Homeowner Safety: Relocation of the basketball court for pickleball player safety
- Amenities: Exploring Happy Hour options with the Montecito Ad Hoc Committee

I have worked with homeowners on specific issues and suggestions, promptly responding to emails and calls, meeting in person to listen to concerns.

I strive to make my single vote on the Board count as a springboard to action for our homeowners. I am your voice on the Board.

- Player Loyalty Card for golfers
- Dog Park Issues
- Landscape issues in Phase 3 and the golf courses
- Formation of new clubs

My goals for my next term as a Director:

- Additional Pickleball Courts
- Happy Hour venue for the Montecito Café
- 5-acre parcel as an RV storage facility and golf maintenance facility
- Safeguard our Reserve Funds and Capital Improvement Fund
- Improved budgeting, reasonable assessments

I am proud to call SCSH my home and will always work to maintain and improve

the quality of life we have in our community.

- Educator, counselor, administrator with budget experience
- Participation in community clubs, golf and activities

Vote for Kathy Lindstrom for strong leadership!

continued on page 8



Scott
Pessin

Neighbors -

I'm Scott Pessin, your current Vice President on our Board of Directors. I am seeking re-election.

I initially ran because I saw that we had a "Big" problem. Thankfully, because of informed homeowners who cast their votes, there is much less of a problem today.

I feel that I have made a positive addition to OUR board in the past 2 years, but I still have concerns about what the future looks like, and I still want to get us on the right track. We have been moving in the right direction.

I have heard you, and we share the same concerns. I want what you want, a beautiful friendly and inviting community, a balanced budget, reserves for emergencies, appreciating home values, and the finest amenities based on fiscal efficiency and responsibility.

I will still be only one voice/vote on the board, but as promised, it will always be OUR voice/vote.

Throughout these past 2 years I have brought to light and have addressed some issues that many of you were not aware of.

I would be humbled to receive your vote for another term.

Regards,

Scott Pessin

Vice President SCSH BOD



Larry
Siegel

I have a long history of executive management. I have been the president and CEO of numerous public and private companies and am familiar with all aspects of commercial activity. I have been a member of the boards of directors of NASDAQ and AMEX public companies. My complete resume is available on LinkedIn. I have time and wish to contribute to my community. My wife, Letty, and I have resided here full time for over 6 years, we moved here from LA. I am a Men's Club golfer, a member of the Bridge Club and Tuesday Night Putters and Couples Golf. I often attend club programs like Comedy Night and Plays and Music events. I am a regular patron of our Shadows restaurant and frequently use the gym facilities. I believe I can contribute to the efficient operation and betterment of our community.



Every vote counts. Please support your community by participating in this election.



Linda Aasen

When Experience Matters!

Do you know how many people live in SCSH, are full-time, or are landlords?

Guess what? Nobody knows!

How do our dues, reserves, and amenities compare to other communities?

We do not know!

Why do we need this information?

We need this information to understand who we are as a community and to plan for our future.

As our demographics evolve, we must strive to provide appropriate activities and support for all residents.

Our lack of information really concerns me!

I have been advocating for a demographic survey and strategic plan for several years. In 2019 when I was elected to the board, I had the go-ahead to begin surveys and planning...until Covid descended, and everything was shut down. Once again, I finally have permission for a demographic survey. Work will begin on this shortly.

We have a new board every year with no plans, no guidelines, no thoughts for the future! Things just move and change based on the whims of each board. Some boards waste money on lawsuits, large expenditures, and personal projects. Other boards do not want to spend any money or increase dues by even \$1. We need consistency in how our boards operate.

A strategic plan will set direction for our community and steer future boards.

A plan is not decided by a board or a committee. It must be a community effort! We need suggestions and participation from many of our residents. We are talking about everyone's future.

We need to evaluate our current situation. We must determine whether we want to be the low dues option in the valley or a progressive community looking toward the future. Our community must decide, and our boards must respond accordingly.

Strategic Plan Benefits:

Understand who we are individually and as a community.

Determine who and what we want to be.

Provide direction for future boards.

Operate proactively rather than reactively.

Ensure continuity and our future success.

Our community is 20 years old. It is time to stop, take stock of our situation and plan for the next 5-10 years. If we do not know who we are or where we want to go, we will continue to flounder wasting time, effort, and money!

Here is the good news!!!!

We do not need to hire attorneys, consultants, or outside expertise. We have many experienced and knowledgeable people in our own community who can lead us in the creation of our strategic plan.

With your vote we can begin planning our future on April 3rd!

Thank you,

Linda Aasen

2024 Candidate for HOA Board

When Experience Matters!

laasen3730@aol.com

This advertisement does not constitute an endorsement by Sun City Shadow Hills Community Association.



Vote Mike Becker

For Integrity & Progress

Growing up in the Coachella Valley and returning here in retirement has been a wonderful experience! Sun City Shadow Hills is a great community, and my wife and I are so happy to have found such an active and engaging environment here.

As full-time residents, we enjoy this community year-round and are excited to watch its progress over the next several years as we continue to welcome new neighbors and friends into its gates.

If elected as a SCSH HOA Board member, it is my goal to be open and honest with homeowners as well as be progressive yet **fiscally responsible** with our budget. I want to see our amenities improve for ALL residents and our community to be united.



WHY VOTE FOR ME:

Experience: I bring a range of professional skills and experiences to the table including 25 years as an attorney and 20 years of additional business experience. This experience will ensure effective and well-informed decision making. I have owned my own business and understand how to balance a budget.

Accessibility: I am a full-time resident and active in the community. I am committed to being approachable and responsive. Your concerns and ideas will always be heard. And we will work together to find solutions that will benefit the entire community.

Passion for our Community: I am fully invested in the well being and success of our neighborhood. Together we can create a community that we are all proud to call home.

Transparency: I will prioritize true transparency in our decision-making processes - providing clear justifications for our actions. I will encourage town halls and surveys and welcome all forms of community input before major decisions are made.

Contact information:

ocmikelaw@me.com

714 785-3178

Want to learn more?

Go to www.votemikebecker.com



This advertisement does not constitute an endorsement by Sun City Shadow Hills Community Association.

RE-ELECT

Kathy Lindstrom

For HOA Board



Come and Meet Me in Fireside Chats Ask Questions - Get Answers

Join me out on the Montecito Fireside Patio to get to know me
and chat informally on these March dates and times

Wednesday, March 13 - 6:00
Wednesday, March 20 - 12:00

Where I Stand on the Issues:

- Safeguard and Protect our Golf Course against Flood Damage Costs - Maintain a dedicated North Channel Fund and reinstate monthly HOA funding, as advised by our Financial Advisory Committee. Protect our homeowners against any large future assessments.
- Revenue Producing RV Storage and Golf Maintenance Facility on the 5 Acre Parcel - **Let's Get It Done!**
- Additional Pickleball Courts with Shade Structures - **Time to Move Forward!**
- Revenue Producing Happy Hour Venue in the Montecito Cafe Bistro - A Gathering Place for Homeowners
- No Reduction of Reserve Fund Percentages - **Safeguard our Reserve Funds**
- Maintain a Fresh and Vibrant Look and Feel to our community by **Continued Modernization of Amenities**

Why Vote For Me For Board of Directors?

- * Experience of Leadership that has been working for you
- * Respect & Courtesy for our homeowners and volunteers
- * Commitment to continual improvement of our community
- * A history of seeking out & listening to residents for input & transparency

kathylindstrom01@gmail.com 949-285-3509

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RE-ELECT



SCOTT PESSIN

HOA BOARD MEMBER



SCSH is a Great Community and a Wonderful place to call home, and I want to help keep it that way. If re-elected I will continue to be community driven and not someone of personal agendas. The input, concerns, wants, needs, and voice of the community will continue to be how I cast my vote. Exercising common-sense has always guided my decision making. My motivating factor for running again to be part of our Board of Directors for another 2 years . . . **we are not where we need to be yet.**

I Stand For:

- More Community Input for Big Financial/Improvement Decisions
- More Discussion of New Ideas Before the Board Acts
- Committees Open to Those Qualified, Who Want to Serve
- Better/Stronger Negotiating with our Contractors and Vendors
- A Board That Follows Our Governing Documents
- Keeping the Homeowners Better Informed and Included

I Stand Against:

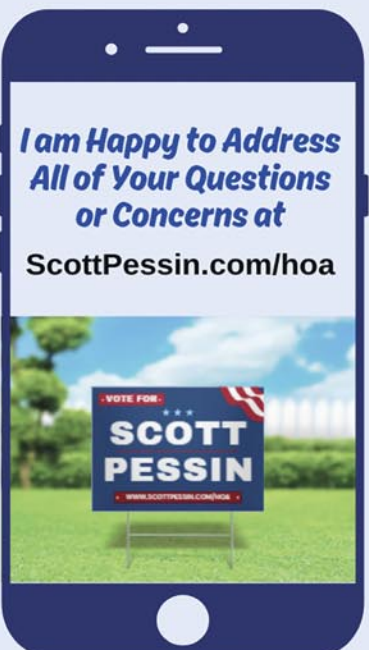
- Personal Self Serving Agendas/Legacy Projects
- Community Being Underserved by a Lack of Inclusion
- Stacking Committees to Further Personal Agendas
- Rash and Impulsive Spending Decisions Not Properly Researched
- Excluding Homeowners in Large Projects or Purchases

I Want What You Want

- Fiscal Responsibility
- A Balanced Budget
- Well Funded and Planned for Reserves
- Welcoming Beautiful and Safe Community
- Appreciating Home Values
- The Best of Amenities
- Continued Low/Modest HOA Dues
- No Surprise Assessments



**LET'S
DO THIS
AGAIN!**



Want to Help my Campaign?

Tell Your Friends to Vote For Scott. I Appreciate All of Your Support.

818-687-6000

ScottPessin.com/hoa

ScottPessin@gmail.com

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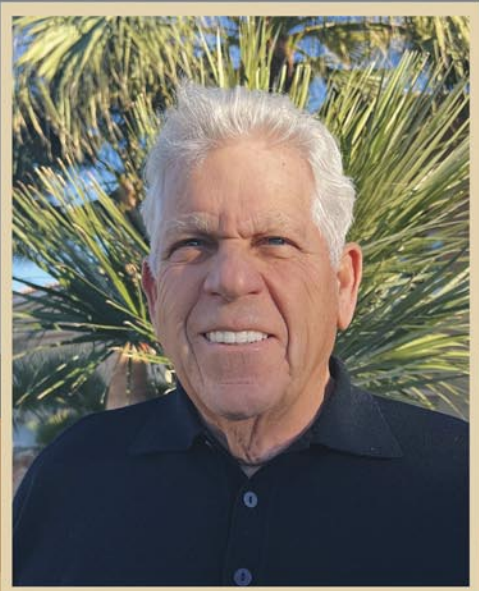
Vote for the Future
LARRY SIEGEL
HOA Board

Sustaining our amenities and quality of life
for the future of SCSH,
as the best 55+ community in the Coachella Valley

- Create a 5-10 year community project plan
 - Modify the by-laws
- Institute necessary engineering modifications for front entrance
- Ensure the front pond and south golf course are protected from CVWD project
- Anticipate and act on the future needs for sport courts and facilities
- Improve the overall quality of the food and beverage experience

Run with me, spread the word.
I'm available to meet with you, your friends and neighbors.

oldsiegel@gmail.com
818-203-3139



"looking to the future, running for you"

This advertisement does not constitute an endorsement by Sun City Shadow Hills Community Association.

Sun City Shadow Hills® **ANNUAL MEETING**

Tuesday, April 2, 2024
Montecito Clubhouse • Ballroom

9:00 am
Polls Open

10:00 am
Polls Close

2:00 pm (Approx.)
Reconvene / Announcement of Results



**Linda
Aasen**



**Michael
Becker**



**Kathy
Lindstrom**



**Scott
Pessin**



**Larry
Siegel**

NEW HOMEOWNER ORIENTATION

MONTECITO CLUBHOUSE BALLROOM

FRIDAY, APRIL 19, 2024 AT 9:30 A.M.

FRIDAY, JULY 12, 2024 AT 9:30 A.M.

FRIDAY, OCTOBER 11, 2024 AT 9:30 A.M.

FOLLOWED BY CLUB EXPO AT 11:00 A.M.

SIGN UP AT THE LIFESTYLE DESK:

(760) 345-4349 EXT. 2120



PEOPLE WHO MAKE OUR LIVES BETTER



Photo by Gus Ramirez

Edward Nunez

EMPLOYEE OF THE MONTH

It is our great pleasure to recognize this month's Employee of the Month, Edward Nunez. Edward has been working at Sun City Shadow Hills for over 15 years. He was first employed as a Security Officer, and after 10 years in that position, he transferred to the HOA Office where he became the administrator of the vendor access program. About a year ago, Edward transitioned to the Maintenance Department. His duties now include administering the vendor access program for over 800 vendors; monitoring all entry and exit gates and security camera systems, and assisting the Facilities Maintenance Department with all administrative functions. As you can see, Edward plays a large role in the Security and Facilities Department. Fortunately, with over 15 years of experience, Edward has the knowledge to perform his duties in a professional and satisfactory manner.

When Edward is not at work, he likes to spend time with his wife and four kids—and there's one on the way! He enjoys working on and restoring cars. When asked what he enjoys about working for our community, Edward says that he loves that he can learn new skills so he may take on new challenges.

We want to thank Edward for his hard work, efforts, patience, and willingness to go above and beyond.

ADVISORY COMMITTEES

CITY DEVELOPMENT COORDINATING COMMITTEE

citydevelopment@scshca.com

Chair: Deborah Gmeiner

COVENANTS COMMITTEE

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Chair: Fera Mostow

DESIGN REVIEW COMMITTEE

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Chair: Agi Kessler

EMERGENCY PREPAREDNESS COMMITTEE

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Chair: Jeff Kirkpatrick

FACILITIES & SERVICES ADVISORY COMMITTEE

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Chair: John Petersen

FINANCE ADVISORY COMMITTEE

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Chair: Robert "Bob" O. Jester

FOOD & BEVERAGE ADVISORY COMMITTEE

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Chair: Shari Woodbridge

GOLF ADVISORY COMMITTEE

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Chair: Scott Bartholomaeus

HEALTH & FITNESS ADVISORY COMMITTEE

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Chair: Angela Frost

INFORMATION ADVISORY COMMITTEE

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Chair: Linda Aasen

LANDSCAPE ADVISORY COMMITTEE

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Chair: Chris Stevens

LIFESTYLE ADVISORY COMMITTEE

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Chair: Pamela Castro-Lee

SAFETY ADVISORY COMMITTEE

safety@scshca.com

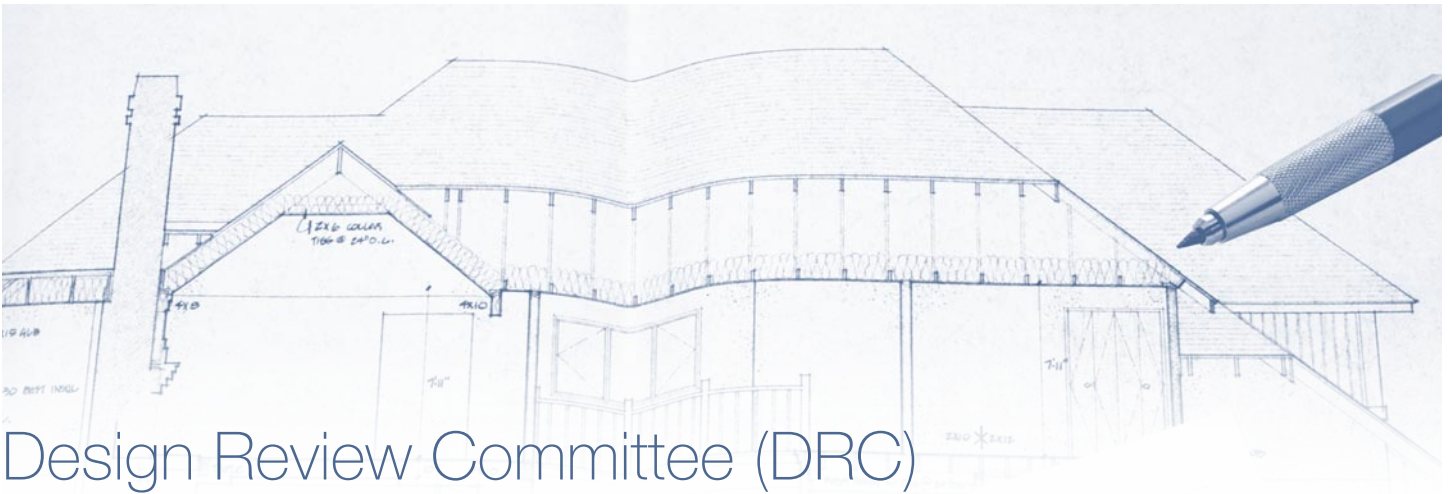
Chair: Rhonda Ceccato

THE VIEW ADVISORY COMMITTEE

viewcommittee@scshca.com

Chair: Aggie Jordan

Interested in joining a Committee? Stop by the HOA office and fill out an Advisory Committee Interest Form.



Design Review Committee (DRC)

AGI KESSLER | CHAIR

Keeping SCSH Beautiful

CARRIAGE LIGHTS | Most homeowners don't usually view their lights after dark from the street. We ask that you take the time to ensure that all your carriage lights have the same bulbs in them. This will enhance the beauty of your home.

SHUTTERS AND SUN-FACING DOORS | In some areas of our community, shutters and sun-facing front doors, side doors, and garage doors need tender loving care. Now is the ideal time to complete this work before the sweltering summer months. The HOA staff are available to help you find your original colors if you simply wish to paint to the original color scheme, which won't require a Home Improvement Application (HIA).

If you plan to make any changes, improvements, or upgrades to the outside of your home and lot, please complete a HIA. The HOA staff are available to assist you and answer your questions.

LAWN CARE | During the Fall of 2022, there were statewide water restrictions and a need to conserve water. As a result, the SCSH Board issued a temporary order to allow homeowners to stop watering lawns so long as they continued to be maintained, trimmed, cut, and manicured. It has been noted that there are areas in our community where lawn watering has not been resumed. Please note that all water restrictions have been removed, and lawns must be maintained to pre-drought standards.

WALL MAINTENANCE | Many walls throughout the community need to be painted. If you maintain the landscaping adjacent to the wall, you are also responsible for maintaining the outside of the wall. Please take a look. If you have a question, send me an email and ask. Walls in need of repair and paint take away from the appearance and the value of the entire community. The HOA office can give you paint color information based on your address.



Contact the author at
designreview@scshca.com.



Emergency Preparedness Committee (EPC)

JEFF KIRKPATRICK | CHAIR

FIRE BLANKETS AND FIRE EXTINGUISHERS

Home Fires Are Often Unpredictable and Deadly!

A fairly new consumer product advertised to extinguish small fires in the home, such as kitchen fires, is called the "Fire Blanket." Because this is a newer product, neither the U.S. Fire Administration, a FEMA department located in Emmitsburg, MD, nor Consumer Reports.org has rated them. However, the Consumer Product Safety Commission, a Federal watchdog agency, has confirmed there are minimum standards manufacturers should adhere to.

The Commission recommends that consumers ensure the product they buy complies with ASTM F-1989-05(2013). It also suggests that fire blankets are not a replacement for other fire safety devices, such as fire extinguishers or working smoke alarms.



Consumer Reports suggests that you need at least one full-floor, multipurpose fire extinguisher (ABC) on each level of your home and one in your garage – plus smaller, supplemental units for the kitchen and car. Extrapolating this idea suggests that multiple, multipurpose fire extinguishers be strategically located throughout your residence or workplace.



Buy only extinguishers that have been listed or certified by a nationally recognized testing laboratory, such as UL, ETL, CSA, and FM Approvals. You'll notice letters on the extinguishers, which indicate the type(s) of fires they can handle. Class A is designed to put out rubbish, wood, and paper fires; Class B is for oil and grease fires; and Class C is for electrical fires. Class ABC models work on all the fires above.

Heavier extinguishers have more flame retardant and deliver it more quickly and for a longer time. Although models that weigh more than 9 lbs. can be harder to hold and use, you should still buy the largest one you can comfortably handle.

Although it might be convenient to keep a fire extinguisher under a kitchen sink, for example, manufacturers recommend you mount extinguishers in their bracket – in an accessible location and in plain sight – 3.5 to 5 ft. above the ground so they're out of the reach of small children.

You also need to know how to safely use your extinguishers. When a fire breaks out, it is not the time to read the instructions on the extinguisher! When you bring the extinguishers home, read the owner's manual to familiarize yourself with their operation; and register them with the manufacturer so you're aware of any product updates or recalls. For instance, do not buy extinguishers with plastic handles that can melt when exposed to extreme heat.

No matter which fire extinguisher you buy, make sure its pressure indicator shows "full" and that it was manufactured within the last year. The National Fire Protection Association recommends that dry chemical extinguishers intended to be discarded after use should be disposed of 12 years after the date of manufacture. Some manufacturers place an expiration date on their extinguishers. On most extinguishers, a needle on the pressure gauge will sit in a green part of the dial if the unit is properly charged and in red areas if it needs to be recharged or is overcharged.

Like smoke alarms and carbon monoxide alarms, which you should replace every 10 years and every five years respectively, fire extinguishers have a limited service life. If you're unsure whether your extinguishers are rechargeable, check the owner's manual or the pressure gauge. Inspect them every 30 days as detailed in the owner's manual. If you need to charge rechargeable models, bring them only to a certified fire equipment maintenance company.

How Do I Use a Fire Extinguisher?

To increase your chances of successfully and safely extinguishing a fire, use the **PASS** technique: Pull-Aim-Squeeze-Sweep.

- Pull the pin, hold the extinguisher away from you, and release the locking mechanism.
- Aim low, pointing the extinguisher at the base of the fire.
- Squeeze the lever slowly and evenly.
- Sweep the nozzle from side to side.

Please become an EPC Volunteer and become prepared! It really is quite easy!
The EPC meets on the first Thursday of each month.

Contact the author at epc@scshca.com.



Finance Advisory Committee (FAC)

ROBERT JESTER | CHAIR

Question of the Month: Why do we have a Finance Advisory Committee?

The reality is that a five-person board cannot do everything that is necessary to carry on the day-to-day business of this Association. The board needs attorneys, management services from Desert Resort Management, auditors, reserve study experts, and advisory committees to assist it in doing what is necessary for this Association to function properly. One of those advisory committees is the Finance Advisory Committee (FAC), and it has specific duties assigned under its charter by the Board. This article is to highlight those duties so you will better understand what the Finance Advisory Committee does for you, the resident.

The current FAC Charter was approved on September 27, 2021, and contains the following advisory committee obligations:

1. Meet regularly to analyze and review **ALL** the Association's financial statements.
2. Review the monthly Bank Reconciliations and the investment accounts of all accounts held by the Association.
3. Review the annual financial forecasts prepared by the Comptroller.
4. Prepare or review, if prepared by the Comptroller, the Management Discussion and Analysis of the monthly Forecast update.
5. Advise the Board on Best Industry Practices for the accounting reporting systems and systems of needed internal financial controls.
6. Advise the Board on the use of Best Industry Practices for the Association's Annual Report.
7. Review the Investment Performance on a regular basis and advise the Board.
8. Assist the Board in the review of **all major vendor and provider contracts**.
9. Monitor contract compliance and report discrepancies to the Board in writing.
10. Assist the Board in the preparation, review, and evaluation of the Association's Annual Operating Fund and Replacement Fund Budgets.
11. Review the Association's annual insurance needs and policies with the broker and suggest changes to coverages, limits, deductibles, and costs.
12. Meet with the independent accounting firm in preparation for the annual audit and review the engagement letter of the auditor.
13. Review the Management Letter issued by the independent auditor, which identifies their recommendations for strengthened internal controls and procedures.
14. Review the Association's draft tax returns, filings, and supporting schedules provided by the independent accounting firm.

15. Review the engagement letter for the annual Reserve Study.
16. Conduct special financial research or analyses at the request of the President or Treasurer for the purpose of improving aspects of the Association's operations.
17. Assist the Board in educating SCSH residents regarding the Association's financial condition.
18. The committee is to make written recommendations to the Board on the selection of professional service firms for the Association, i.e. accountants, auditors, attorneys, etc., including management companies for golf operations, F&B operations, and the Association's management firm.
19. The FAC has a Financial Advisory Sub-Committee that assists the FAC in the review and analysis of all monetary requests for purchases or projects

that exceed \$5,000, per the Association's approved Procurement Policy.

- *All reviews and analyses of matters are reported to the Board as a recommendation by the FAC. The Board makes all final decisions.*
- *The Board Liaison for the FAC is the Treasurer of the Association.*
- *All direction by the committee to Association staff is required to be made through the Association General Manager.*

I hope this provides you with a clear understanding of the duties of the FAC and why we are the "Financial Watchdog" for the residents of this Association.

Contact the author at
finance@scshca.com.

From the Library

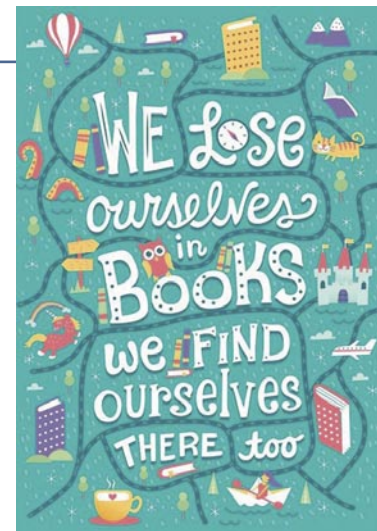
CINDY DEGRAF

Are you looking for a new author to binge on? We have many books by the most popular authors on the shelves now. You may not be able to get their latest book, but we have their earlier ones. Be sure to check both hardcovers and paperbacks. Come in and discover a new favorite today!

We welcome your donations. But please remember that library space is limited, and we can only take certain types of books. Check the list below to see what items we can accept. Please be sure that your books are in excellent condition and bring in no more than 10 books per month.

We Accept as Donations:

- ✓ Hardcover and paperback fiction, historical/political, biographies/autobiographies
- ✓ Audiobooks and DVDs
- ✓ Recent magazines



We Do Not Accept:

- ✗ Cooking, sports, self-help, or "how to" books
- ✗ Coffee table or picture books
- ✗ Religious, travel, or reference books
- ✗ VCR tapes or music CDs

Thank you for supporting our library.

Contact Barbara Perler at 760-772-4484 or baramp311@gmail.com if you have any questions or comments about the library.



The Oasis Trail entry to the Agua Caliente Cultural Plaza

AGUA CALIENTE CULTURAL PLAZA

A Gift to the Coachella Valley

BY VICKI PRINCE | PHOTOS BY BETH BOLDUC

Our neighbors, the Agua Caliente Band of Cahuilla Indians, have given the Coachella Valley an amazing gift with the opening of the Agua Caliente Cultural Plaza. This facility includes the Agua Caliente Cultural Museum, the Spa at Séc-he, and, nestled between the two, the Oasis Trail, where my visit began.

I arrived in the middle of a downpour of rain in downtown Palm Springs and, with my umbrella in hand, started down the trail's winding entry. Immediately, the hustle and bustle of the main street faded, and a calming sense of nature took over. The short walk transported me to a beautiful desert oasis.

A friendly face met me at the entrance to the Cultural Museum and showed me where to park my umbrella and sign in for a tour. The tours run every 15 minutes and include a state-of-the-art theater with an animated production of the creation story of the Agua Caliente Band and their arrival in our Valley more than 8,000 years ago. The screens surround you, and the

visuals and audio are powerful. You hear and feel the thunder roll across the room, and the seats vibrate to give the sensation of earthquakes. Even the floor lights up with figures and movement.

Next, you enter the exhibits depicting the Indian Canyons, including the waterfall in Tahquitz Canyon. These show how the people lived utilizing nature to



The museum's depiction of the Tahquitz Canyon



One of the baskets on display

thrive. The basket designs and pottery are especially beautiful. Some of these patterns are reflected in the floor tile designs as well. You then transition into modern times that show how the tribe coped with the arrival of others in the Valley and their many accomplishments that enabled them to achieve self-sufficiency.

Reentering the lobby area, I chose to visit the Exhibition Gallery showcasing Native American art and culture. On my visit, the photographs of Horace Poolaw were on display. Most of the photos were from the 1950s and 1960s and showed Native American people from several tribes across the country. Some were scenes from Oklahoma, especially poignant because of the book and recent movie *Killers of the Flower Moon*.

Of course, no visit to a museum would be complete without shopping in the museum store. This shop,



The museum store

located in the lobby area, offers modern and unique cultural art, books, and other items. The sales staff were knowledgeable and very helpful.

The Agua Caliente Band has truly given us all a gift with the Cultural Plaza. Tickets are discounted to \$5 for seniors. For all other residents of the Coachella Valley with valid ID, tickets are \$8. (Tickets are regularly \$10.) In addition, there is an ongoing lecture series and free school field trips for children.

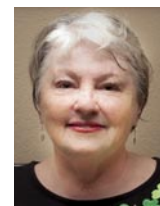
The Band also shares with us one of their most sacred locations, the Hot Mineral Springs. During the early construction of the Cultural Plaza, thousands of artifacts were discovered buried deeply in the site around the ancient springs. This turned out to be the largest indigenous excavation and data recovery in the State of California, and it doubled the timeline for human habitation in the Coachella Valley. Carbon dating of some of these artifacts shows that our Valley has been continuously inhabited for at least 8,000 years.

The new version of the bathhouse at the Hot Mineral Springs is The Spa at Séc-he, which forms the other part of the Cultural Plaza. The spring's temperature is 105 degrees at the surface and warms the spa's outdoor mineral pool plus private soaking tubs. The waters are a combination of calcium, magnesium, and sodium, which is nurturing for your skin, and the heat relaxes muscles and eases joint pain. I'm looking forward to enjoying The Spa the next time I visit the Agua Caliente Cultural Plaza.

When I left the Cultural Museum, truly a remarkable place to see and appreciate, I picked up my umbrella, but there was no more need for it. The sun was shining. And a short walk led me back to the shops and restaurants of Palm Springs.

You can get additional information and reserve tickets at www.accmuseum.org.

Contact the author at vprince514@gmail.com.



THE VIBRATOS INDUCTED INTO THE BUFFALO MUSIC HALL OF FAME

BY ARNOLD CHOY | PHOTOS PROVIDED BY DICK TERRANOVA

The Vibratos, an original four-piece rock 'n' roll group co-founded by 15-year-old guitarist Dick Terranova in 1958, was recently inducted into the 41st Annual Buffalo Music Hall of Fame.



The BMHOF trophy and individual plaque

The band started by playing at local DJ record hops and live radio broadcasts for *High Teen* radio shows at the famous Dellwood Ballroom. In 1961 other musicians joined the group along with Dick's older brother, Jack, who was the original manager, and lead vocalist.

The Vibratos started growing in popularity as they hit the bar scene and became the house band at many popular local nightclubs. Known as the *Sound of Buffalo*, their style of music ranged from Jimmy Reed/Honky Tonk R&B to the smooth pop vocals of Frank Sinatra.

The band found success in 1963 when the owner of the Town and Glen Casinos discovered them. He originally hired them to play at the Glen Casino for Sunday afternoon teen sessions. They were drawing fans in the thousands, as many were bussed in from all around the western New York area. With the success of the teen sessions, the owner hired them as the house band at the Town Casino.

Working seven nights a week between club and teen sessions, the band flourished. It was at this time that vocalist Emile Lewandowski joined the group. He eventually left the band to start anew in California. He changed his name to Cory Wells and founded a group called *Three Dog Night*.

In the mid-60s, the Vibratos recorded a few records, including "*Stubborn Kind of Fella*" (written by Marvin Gaye) and "*Walking in the Rain*" with Sandy Barret (originally recorded by the Ronettes).



The 1963 Vibratos, l to r, Dick Terranova, Chic Cicero, and Al Fiorello. Standing are Gary Mallaber and Jack Terranova.



The Vibratos "Stubborn Kind of Fella" record



The Vibratos and Wayne Newton ad

The group toured and opened for Wayne Newton, Sonny and Cher, the Beach Boys, the Four Seasons, Lou Christie, the Kingsmen, and many more. They also became the house band on the Joey Reynolds TV show.

The band continued to add or delete players as the music industry changed, especially in the mid-70s, the Disco era, when most clubs transitioned from live bands to DJs and records. The group split into duos, one with Dick and another with Jack. When a bigger group was required, the duos joined together to play.

In 1977, Jack relocated to sunny California and put his engineering degree to use, becoming the CEO of a large aerospace company in Irvine, CA. A year later, Dick followed and, with his accounting expertise, became the controller of a large commercial food company called Nabisco in Buena Park. Jack currently lives in Phoenix, AZ, and Dick moved to SCSH in 2018. The brothers occasionally sat in with other musicians but not as professionals.



The Vibratos, 60 years later, l to r, Jack Terranova, Chic Cicero, Al Fiorello, and Dick Terranova

In 1959, while playing at the Dellwood Ballroom, Dick met Jackie, who was 14. They eventually married in 1965 and had two daughters, Denise and Joelle. Grandkids followed with Ryan, 32, a graphics designer; Kylee, 27, an HR professional; and Clayton, 22, and Isabella, 19, both Boise State University students. High schooler Dax, at 15, following in his Grandad's footsteps, has played guitar for the past three years. As a surprise, Dick gave Dax one of his special guitars, a Gibson Les Paul.



Dick and Jackie in SCSH

More information on the Buffalo event is available at: www.bmhof.org. Additional information on the band can be found on Facebook or YouTube by searching for The Vibratos Buffalo NY.

Contact the author at
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MEMORIES OF THE STRAND

The Music Goes On

BY BETH BOLDUC | PHOTOS COURTESY OF KARL GENDRON AND JEFF KULLER



Our neighbor Karl Gendron doesn't sit still and let the world pass him by. He's always on the move, humming with ideas. Perhaps that's how he ended up in California in a fascinating and ever-changing career. But just how did he get to California from Michigan, where he grew up in a suburb of Detroit in a family of seven with three sisters and one brother?

When Karl graduated high school in 1966, like many young men, he enlisted in the service. Remember, the late 1960s was the Vietnam War era. Unfortunately, Karl's service experience left him broken in body and spirit. As he admits, afterward he was "not the same person."

Retreating from life, Karl struggled to find a fit as a civilian until one of his Air Force buddies who had moved to California flew back to rescue him. He had a job for Karl! That was the beginning of a winding career path.

Karl's first job was as a busboy working at Casey's Bar & Grill in downtown LA. Thus began his restaurant learning experience. With the support of Hans Prager and Bill Weideman, famous restaurateurs who took him under their wings, Karl learned the "ins and outs" of the restaurant business. He trained in every aspect and worked most positions – from busboy to dishwasher, then bar back, and eventually bartender,

his all-time favorite job. This in-depth training would serve Karl well throughout his career.

But Karl was just beginning to learn what he'd use later. When he worked at the famous Gulliver's House of Prime Rib in Marina Del Ray, Karl discovered the importance of preparing well in advance to serve a large number of meals. He and other crew members came in at 7:30 am to get ready for the 11:30 am opening. Gulliver's regularly served 400 lunches and 700 dinners daily.

Then, in the early 1980s, being young and restless, Karl was ready for a new challenge, so he studied to be a hairdresser. He even apprenticed with renowned stylist Jon Peters. Later, when Karl owned his own salon, Scandals, he absorbed even more knowledge. Many of his salon clients worked for music agencies like William Morris and Creative Artists.

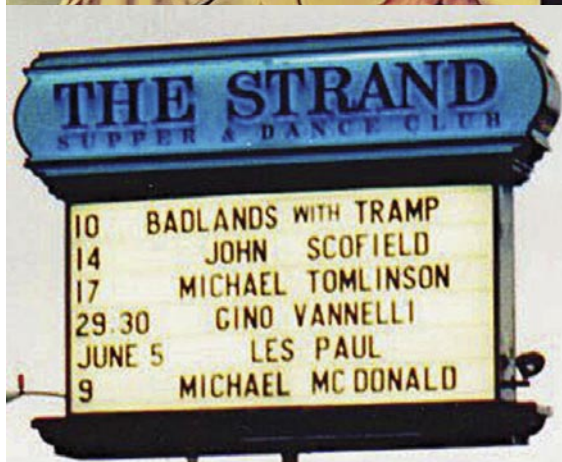
As Karl heard their stories, he realized this could be the segue to something new, and indeed it was. Through client contacts, Karl got introductions and referrals, and he began to "get his feet wet" in the music industry. So, when Karl was ready to launch a new career, he already had solid contacts and knew a lot about LA's music and entertainment scene. This gave him the ability to book headliner acts seven nights a week and caught the attention of Jeff Kuller, owner of the famous Redondo Beach supper/nightclub, *The Strand*.



In 1986, Karl became a partner at the club. He worked hard to perfect the sound system and create



a unique atmosphere, blending mood and music. The club grew and thrived. During its heyday, The Strand featured a world of famous musical acts such as a young Whitney Houston, Miles Davis, Jerry Lee Lewis, Stevie Wonder, Johnny Cash, Buddy Guy, Stevie Ray Vaughn, Ray Charles, Tower of Power, Michael McDonald, and B.B. King to mention only a few.



Many famous acts played The Strand. With two shows a night, it soon became a hit with the “in crowd.” VIPs like Madonna, Magic Johnson, Mike Tyson and players from the Raiders, Lakers, and Kings teams were regulars. Ticket sales soared, and The Strand was named the top grossing club by *Performances Magazine* for five years in a row. It was the number one nightclub with a capacity of under 800.

Record labels often booked the club for a “private show” and invited the press and VIPs to a pre-tour celebration introducing a new artist or featuring an established artist who was releasing a new album. On normal nights, the club served dinner while featuring top entertainment twice a night, first at 6:30 pm followed by a late show at 9:30 pm. This is when Karl’s knowledge of “early prep” experience paid off big time!

But working with talent has its challenges. And boy, does Karl have stories to tell from being the club’s manager and booking agent. Typically, acts were signed for a two-day run with two performances a day or more. Most of the time, things went smoothly.

However, one night, a famous act surprised Karl with a last-minute demand for a large additional payment to do its final performance. Unfazed, Karl merely said he would go out and tell the crowd that they would need to pay an additional \$20 each or “said act” would not perform. Said act clammed up and did the show.

On the flip side, B.B. King always performed multiple times during the Christmas holidays. Often after his shows, B.B. would go out to the large bus, which was his living quarters, and sign autographs in the parking lot for his fans.

Unfortunately, all good things come to an end. Although still holding shows, by 1994 the club was struggling because other venues like the House of the Blues were strong competition. Plagued with tax problems and with its liquor license revoked, The Strand was forced to close. Eventually, it was replaced in 1996 by a different venue called Club Caprice.

Contact the author at
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MY JOURNEY TO “PICKLEBALL HAPPINESS”

STORY AND PHOTOS BY MANNY ROSAS

My journey to “Pickleball Happiness” began in 2014. I was introduced to pickleball while campaigning for the HOA Board. The pickleball club officers approached me to ask for my support for building additional pickleball courts. They invited me to play, lent me a paddle, and taught me the basics of the game.

I must admit that I was immediately hooked. Pickleball is an incredibly fun game; it’s easy to learn, and its fast-paced play and strategic elements make it a highly engaging sport. It’s also very social; players can develop friendships playing together on the small courts. My long-term passion for golf was soon replaced with my passion for pickleball and, in 2016, I volunteered to be a pickleball club officer. A year later, I was elected the club’s president.

In February 2018, I decided to demonstrate my leadership as president of the club and, at the same time, test my pickleball skills by enrolling and competing in the Palm Desert Senior Pickleball Tournament. I experienced how demanding competitive play is for the first time. It was a long day of play in between long periods of waiting, but I managed to win a silver medal. Encouraged by this small success, a month later, I competed again, this time at The Lakes Tournament in Palm Desert. After sundown, I won my first gold medal playing the last match.

The following month, I won a gold medal at the USAPA Mountain Regional Tournament in Utah, which attracted players primarily from the West and Mountain Regions. Then, in October, I won a silver medal at the USAPA West Regional Tournament in Southern California. But most important, I met my favorite men’s partner at this tournament. Together, we culminated my first year in competition by winning the prestigious gold medal in the 2018 USA Pickleball National Championship in Indian Wells.

Pickleball tournaments are not just demanding physically but also mentally and emotionally. Still, once you feel the adrenaline rush of playing competitively,

it can be hard to resist playing in more tournaments. It’s also difficult to resist the desire to win a gold medal.

What does it take to win a gold medal? The most essential element to being successful in tournaments is finding the right partner, someone with a similar skill level, drive, and passion to win. Second, it is vital to stay physically fit and free of injuries. Pickleball tournaments are not a place where the best technique always wins. It’s a place where weaknesses are exploited regardless of what they are. For example, if a team notices that their opponents can’t move very well, they will lob them all day long; or if a team isn’t getting up to the net very well, they’ll just bang them all day.

Physical preparation for a tournament is essential to endure long matches and play multiple matches per day. Two weeks before a tournament, I played against players with a similar skill level to get competitive practice, and against those whom I can easily beat to build confidence. I also participate in local tournaments, if possible, to compete against players with different styles.

Hydration is highly important. I avoid drinking alcohol and caffeine two weeks before a tournament and add electrolyte powder to my water bottle to avoid cramping or running out of energy. A couple of days before a tournament, I give my body time to rest and recover, sleep well, and stretch in a yoga class.

Finally, being mentally prepared is how pickleball tournaments are won or lost. Dealing with tournament nerves is 100% normal; but the way to deal with nerves and emotions is to focus on the here, the now, and the ball. You must be constantly “in the moment” by clearing your mind and narrowing your thinking to include just you and the ball.

My journey to “Pickleball Happiness” has taken me to many Western States. Besides California, I’ve been to Utah, Arizona, Colorado, and glamorous Las Vegas, NV. That’s where I posed for the medalist’s picture with two beautiful showgirls.



Manny in 2021 after winning the Mountain Regional in Las Vegas.

My "Pickleball Happiness" is knowing that, in five years of competitive play, I participated in 25 tournaments and won 21 medals, nine gold, eight silver, and four bronze.

My pickleball journey has not been as rosy and smooth as it sounds. It has often been challenging. Learning to deal with failure and defeat can take its toll on you mentally and emotionally if you let it. Every lost point during a match can be a mini-defeat, and overcoming those challenges during a match separates the good players from the great ones. Losing will always be part of the game, and there will always be better players than you. But losing is a lesson that teaches you what part of your game needs improvement. So, always congratulate those who defeat you.

Competitive play is not for everyone, but the benefits of playing the game are many, particularly for seniors with limited physical abilities. While it takes coordination, it doesn't take too much out of your body, and it's easier on the joints than tennis because the court is smaller. Running is in short sprints, and the impact of hitting the ball is minimal.

Another great benefit of playing pickleball is the social aspect. Making friends with the people you play with on the courts and talking to other players while waiting your turn to play allow friendships to develop. It's a great way to improve your mood. Players have fun while they play, and there is always a lot of laughter on the courts. The game also enhances memory and brain function by requiring players to learn, remember, anticipate, and react. Playing regularly can help preserve a healthy mind, resulting in a more satisfying and fulfilling life.

As I reach the milestone age of 75 years and have completed my journey to "Pickleball Happiness," I am now embarking on the mission of sharing my pickleball skills and experience with others. Pickleball is fun!

Contact the author at
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LIVING A LONGER, HEALTHIER LIFE

BY TERRI FITZSIMMONS

Imagine living the next 20 years feeling healthy and being productive, having more energy, and feeling stronger! This is the goal of the Blue Zone plan. This plan does not require you to go to the gym or to make drastic changes to your lifestyle. It is merely a new way to examine your health, and it will change your life for the better.

BLUE ZONES

Geographical areas around the world where people live to be in their nineties and beyond, leading productive lives.

- ▶ Okinawa
- ▶ Loma Linda, CA
- ▶ Sardinia, Italy
- ▶ 99% of the country is steep hills
- ▶ Costa Rica
- ▶ Singapore

There are over 50 Blue Zones in our country.

In the Beach City, California, obesity levels decreased by 15%

The research for this plan stems from observing the lifestyles of the inhabitants living in the Blue Zones. There were key similarities in how they remained youthful and healthy:

- **EATING A PLANT-BASED DIET** | Avoidance of meat was a key prerequisite for a healthy life. Eating the Three Sisters (black beans, squash, and corn) is a major staple.
- **CREATING TIGHT SOCIAL NETWORKS** | Moais – people taking care of one another. Spending quality time with one another plus being actively engaged with family, friends, and the community.
- **HAVING A PURPOSE** | Having a reason for “being.” In Okinawa, it is called *ikigai*. It gives the inhabitants a reason to get up in the morning.
- **BELIEVING IN A HIGHER POWER**
- **BEING PHYSICALLY ACTIVE**

The inhabitants living in the Blue Zones lead active, productive lives, most of them working (herding sheep and cattle, while in their nineties!). They do not suffer from Alzheimer’s or dementia. They claim that by feeling useful and having a purpose in life, they achieve a key factor in staying healthy.

Singapore is considered to be a manufactured city, one that is structured for the well-being of its residents. Automobiles are too expensive to own, so people use public transportation or walk. Families with adult children are encouraged to live in close proximity to each other (in fact, they are given a stipend to do so). Healthy foods are available in accessible cafés where the customers are encouraged to sit with strangers.

There are 72 Blue Zones now in the United States. In these zones, there has been an increase in physical activity, obesity rates are down, and smoking has decreased.

EASY CHOICES

- ▶ **20% rule**
- ▶ **Practice gratitude**
- ▶ **Find ways to help others**
- ▶ **Add nuts and beans to your diet**
- ▶ **80% rule**

Make the right choices!

- Take stock of your overall health. How much time do you spend sitting? What constitutes your diet?
- Do you interact with your neighbors or members of your community?
- Do you believe in a higher power?

- Have you ever considered volunteering? Did you know that volunteering adds 15 years to your life span?

Here are some small steps to success:

- **20-MINUTE RULE** | When sitting for any length of time, get out of your chair and be physically active every 20 minutes.
- **80% RULE** | Only eat until you are 80% full.
- **HAVE A PURPOSE IN YOUR LIFE** | Discover your passion. When we feel like we matter to our family and to our community, we have a reason to get up every day.
- **REACH OUT TO OTHERS** | Make phone calls to check up on people. Ask them to talk about themselves. Find ways to help others.
- **BEING GRATEFUL FOR WHAT YOU HAVE** | Feel the joy of living in a wonderful community that embraces its residents. Enjoy the beauty of nature that surrounds us.
- **BE AWARE OF WHAT YOU FOCUS ON** | When in pain, do a body scan. (When I suffered with a frozen shoulder, I told myself that my shoulder was just 1% of my body; 99% was fine!)

The past is gone. Focus on the present. Soon it will be the past, and you will have missed it.

Residents of SCSH are beginning to embrace the Blue Zone Challenge by giving up meat, creating moais to support each other, and maintaining an active lifestyle. They are sharing recipes and keeping track of their progress (increased vitality, for example). More people are enrolling in meditation classes and are reaping the benefits.

I attended the Golden Seniors Social Club in November and was elated to see how many of its members were embracing the philosophy of moais! One elderly couple maintained that SCSH was responsible for their well-being: their entire street was filled with neighbors caring about each other, checking up on one another. They felt as though they had a new-found purpose in life along with a sense of belonging. They are at the gym every day, and Dan with his walker walks two miles.

One woman I interviewed was giving advice about how to live an independent life by creating Uber accounts (she even had statistics on how it was cheaper than owning a car). She encouraged others to set up food deliveries and offered to help others become computer-literate.

Loma Linda is a nearby thriving community of 9,000 residents who claim that having an entire, combined unit (one which affects the body) also promotes their relationship with a higher power. The residents do everything together, including going to the gym and taking cooking classes. They live about 10 years longer on average than do other Americans. They have a 79% lower rate of cancer deaths and a 38% lower rate of cancer deaths. Their plant-based diet is easy to maintain because they have a store that caters to their specific needs.

By making the healthy choice the easy choice, we can add years to our life and life to our years. Let's look forward to following the Blue Zone Challenge and truly thrive!



Contact the author at
author.tkbanner@gmail.com.



RAISING THE BAR AT 75+:

The Bee Man

BY AGGIE JORDAN | PHOTOS BY MING LOUIE

As we reach retirement age, it is important to wake up each morning knowing that we have a purpose in our lives. When we advance into our late 70s and 80s, we may need to find a new meaning in our lives. Jim Dinow has found one.

You may have seen Jim's golden golf cart, frequently parked in front of the Montecito fitness center, grabbing your attention with the beauty of bumble bees flying about it. His desire is to bring attention to saving the honeybees.



Jim has had a successful career as a marketing consultant with major agricultural firms in California. Today, he has joined his daughter, Rebecca Dinow, and her wife, Allie Caligari, in this cause. They are social media influencers who have the perfect expertise to support Jim's passion. Together with Jim, they are alerting growers to what can be done to help them solve the honeybee pollination crisis with our food production. The project is called "Responsibee."

How important are honeybees to our food supply?

PBS News Hour: Economy (June 22, 2023, 2:50 PM EDT) tells us, "Honeybees are crucial to the food supply, pollinating more than 100 of the crops we eat, including nuts, vegetables, berries, citrus, and melons. We often take for granted the challenges that farmers, and particularly beekeepers, face with climate change. *PBS' Economy* further tells us that 48% of bees

perished last year because of parasites, pesticides, starvation, and climate change.

Jim has committed himself to ensuring that our food supply continues, especially because these fruits and vegetables are so healthy for us. In these latter decades of his life, usually reserved for retirement, Jim struggles each day to get his message out. Jim Dinow inspires us to live a purposeful life.

You may not yet be a golden senior (over the age of 75), but you recognize that your body is changing, and the aches and pains are becoming more noticeable. You have anomia (not remembering nouns), and it frustrates you. Anomia starts when we hit 40 and gets gradually worse. But since we all have it, let's not let it frustrate us.

Are you buying into the thought that you are no longer useful? Please shake that mindset. Perhaps you've lost your motivation to give back, to share your talent, to find meaning that helps you to believe in yourself. If we have a purpose, we will find joy and satisfaction in our lives. Without it, life can be very unhappy.

Do you have a hobby that awaits you? Get moving on it! There are 52 clubs here at SCSH. Can one of them help you spark an interest that would give you purpose?

Is there a volunteer position here at SCSH that keeps our community vital and could use your talent? Is there a volunteer need in our wider community of Indio or the Coachella Valley where you could contribute your expertise?

If you want to feel useful and happy, be sure you have a purpose when you wake up in the morning.



Contact the author at
aggiejordan@gmail.com.



CREDIT CARD CHOREOGRAPHY

BY BARA ROSENHECK

Our family history of credit card use when dining out is amusingly referred to as the “credit card ballet.” Over the past few decades, this ballet between us and our two sons has become both interesting and engaging. There are three acts in the credit card ballet, each relating to significant periods of time in our children’s lives.

Both of our sons received a credit card when they left home for college. Frequent discussions, cautions, and instructions ensued, reminding them that their cards must not be misused. And so, during those formative years, the ones I refer to as Act I, their credit cards made very infrequent appearances on restaurant tables. As servers delivered dining bills for our various restaurant meals, it was always my husband Arnie’s card that was front and center. Both of our sons were aware that their dad was the star performer and they stayed in the background, credit cards out of view.

The curtain slowly rose as Act II began and the credit card choreography took on a new format. As both sons grew and matured, they sought new roles. The structured movement of placing their cards on the table took on new meaning. Hesitantly, each son placed his card, in perfect symmetry with their father’s, on the table. The sequence of movements contained all the necessary elements of a ballet. Straight, as in a chorus line, the credit cards lay on the table waiting for the server’s return. Their choreography and technique was well balanced and well timed. The spacing was perfectly aligned. Any ballet master would be pleased by their performance.

Reviewing their staging, their father frowned. “No,” he said. “Put your cards away. This is my show.” This repertoire of behavior continued for some time. Despite their protests to share the limelight and share the cost of the meal, they were told to wait in the wings.



Act III of the credit card ballet is now in full swing. Our sons are now grown; they are fully mature independent adults who orchestrate and stage their own shows. The ballet continues, but under their direction and at their discretion.

The movements of Act III are quick and follow an upbeat tempo. Arnie no longer reaches for his wallet but sits contentedly in his seat observing the choreographed activity of the credit card ballet. Well studied and well-rehearsed, our younger credit card holders are secure in their movements and happily approve of the applause.

Contact the author at
baracuda2@icloud.com.



A HIGHER CALLING

As A Kid, I Was Terrified To Answer The Phone

BY KRIS DOWNEY

I spent my first few years of elementary education in a Catholic school. My earliest memory is of my big brother waving goodbye to me from the school bus. That would have been OK if he hadn't forgotten to take me with him.



There I was, watching the bus leave the school parking lot. I was crying and had a death grip on a nun's hand. I was age 5. It was my first day of first grade. Not a great start. I remember feeling sure I'd never see my family again.

When the nun holding my hand asked my name, I froze. She comforted me and took me to the principal's office. I ended up waiting there for my Mom to show up.

Mom must have panicked when the bus brought my brother home without me. She showed up at the school within minutes after I was sequestered in the principal's office. We were both crying. I don't remember how Mom got to the school because we

were a one-car family, and Dad had the car for work. All I cared about was that I had been saved and my brother was in big trouble.

Big trouble didn't exactly happen. Apparently, there had been a bit of confusion with the instructions Mom

gave my brother that morning. He was supposed to find me after school, and he did – after all, he waved to me as the bus drove off. But he missed the part about making sure I got on the bus with him. In his mind, he had done what Mom asked. He was age 7.

Deciding that big brothers were annoying, I soon figured out how to find the bus on my own. I couldn't wait for my turn to wave to him standing there as the bus pulled away. Of course, that never happened.

This is one of my earliest memories of being on the wrong end of literal interpretation.

I became enamored with nuns. Since my life was saved by a friendly nun, I saw them as superheroes whose sole purpose was to save little girls from their pesky big brothers. I went through first grade and into second with an intense curiosity about nuns.

What was under those long black dresses? Why were they hiding their hair? Did they even have hair?

By the time I entered second grade, I was attending a different Catholic school. The nuns there weren't as friendly. They still looked the same, wearing long black dresses and hiding their hair, but they were much more strict.

Weird things I didn't understand became important, like not stepping off the brown tiles on the way to

the bathroom. After a couple of unfortunate incidents involving a ruler whack to my shins, my feelings about nuns went from blind admiration to full-on terror.

And then it happened. A kid much braver than me asked our teacher, a nun, "How do you know you're supposed to become a nun?" Clearly forgetting that second graders are literal interpreters, our teacher replied, "You will get the call."



That was it. From then on, I was terrified to answer the phone. I assumed it would be the Big Guy himself delivering "the call." How could I say "NO" to God on the phone without going straight to H-E-Double-Hockey-Sticks?

In true big brother fashion, my brother took every opportunity to answer the phone and announce God was calling. By some miracle, I made it through second grade without getting the call. Luckily for me, God seemed to have lost my number.

Contact the author at ksdowney@gmail.com.



We Need Your Help!

If you moved into our community at the very beginning, we invite you to share with us your stories, photos, or memories of those early days.

Please send them to:

lifestyles@scshca.com

If you were involved in any of the first clubs, groups, or committees that were formed and have photos or stories to share, we can add them to our timeline of events.



LIFESTYLE UPDATE

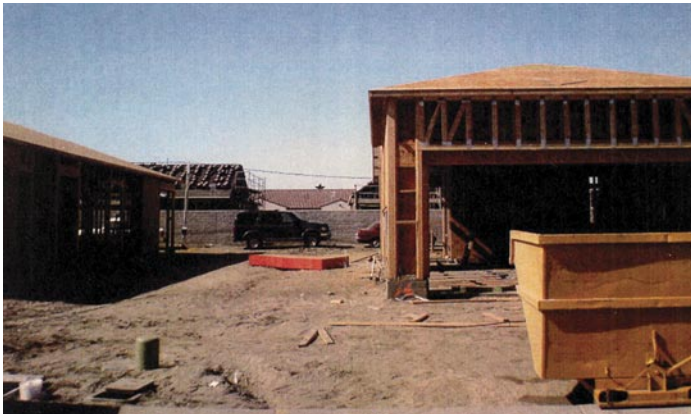
CONNIE KING
LIFESTYLE DIRECTOR



Last month, I asked you to share your stories and photos of the early days in our community. Here are the first we've received.

David Lee and Pamela Castro-Lee

After vacationing in the desert for many years since 2003, the Lees decided to start looking for real estate as an investment and retirement opportunity. While driving down Varner Road, they noticed a sign pointing them to Sun City Shadow Hills, inviting them to take a look at the models. They were impressed with the Sorrano plan model, because of the casita and the floor plan.



Upon their next visit from their hometown, South Brunswick, NJ, their sales agent informed them that Phase 3 homes were starting to be built; however, if they were interested in the Sorrano model, they should act quickly because this model would soon no longer be available. So, they jumped at the opportunity. Since they had fallen in love with that plan on their first visit, they put a down payment on the house.

In 2011, the Lees returned to the desert and were excited to see the progress that had been made on their new home. The house was completed in 2011 and, in the words of Dave and Pamela, "We treasure our home and love the friendships, activities, and the many amenities Sun City Shadow Hills has to offer."

Gloria Lash

Gloria Lash moved here in July 2005 with her husband, Steve Walls, and from the beginning Gloria wanted to get involved. She became a member of the Performing Arts Club (PAC) under the leadership of Phil Mastrelli, who was the president of the club at the time.

Gloria was instrumental (no pun intended) in making important connections with Kevin A. Prosser and Marco Mendez in 2007 to find instruments that the club could borrow because they had none. The club also wanted to purchase a baby grand piano, and they were successful. It now sits at the Montecito Clubhouse entryway.

Gloria shared how she visited Prosser Piano & Organ in Rancho Mirage to ask if the PAC could borrow a few instruments for their upcoming performance. Little did she know at the time that this one visit would result in two long-lasting friendships: between Prosser and the community and, later, Prosser introduced Gloria to his friend Marco Mendez, a world-renowned organist. Marco was so impressed with what the club was trying

to do that he performed a concert for free so the club could raise seed money for its Talent Show. All the clubs participated in the fundraiser to purchase the piano, and Pulte even donated \$7,000. Mendez returned in the spring for a piano fund start-up concert and a dedication concert three months later when the PAC finally bought the piano.



A Pulte representative presenting Gloria with a \$7,000 donation to the piano fundraiser

An unknown fact Gloria recounted was that in the beginning, there was no Green Room for costume changes. Changing clothes required some clever maneuvering by the performers, who used their creative skills to do that while keeping out of sight – can you imagine?

Gloria started the Concerts 4 U Club and, with the help of Denny and Julie Johnson, started Sir Laffs-A-Lot's Comedy Night.

20th Anniversary T-Shirts & Outdoor Concert



Remember to stop by the Lifestyle Desk to purchase your 20th Anniversary T-shirt. We'd like everyone to show off their t-shirts at our outdoor concert on Sunday, April 7.

Concert on the Greens:

Creedence Clearwater Revival

Sunday, April 7, 2024

Doors: 6:00 pm, Show: 7:00 pm

Contact the author at connie.king@associa.us.



BACK IN 2004

GEORGE W. BUSH

George W. Bush was President in 2004. He is an American politician and businessman who served as the 43rd president of the United States from



NASA'S MER-A SPIRIT

It was one of two rovers of NASA's Mars Exploration Rover Mission managed by the Jet Propulsion Laboratory (JPL). Spirit landed successfully within the impact crater Gusev on Mars at 04:35 Ground UTC on January 4, 2004.



FACEBOOK IS LAUNCHED

Created in 2004 by Mark Zuckerberg with four other Harvard College students and roommates Eduardo Saverin, Andrew McCollum, Dustin Moskovitz, and Chris Hughes. Its name derives from the face book directories often given to American university students.



WHAT WAS THE PRICE OF GAS?

The last time the average price of gas was less than \$2 was 15 years ago, in 2004. The average price of gas then was \$1.88.



MATINEE SHOW ADDED!



**NEIL DIAMOND
DONNA SUMMER
& DIANA ROSS
TRIBUTE**

FRIDAY, MARCH 1, 2024 • \$30
4:00PM • MONTECITO BALLROOM

TICKETS ON SALE NOW. WWW.SCSHCA.COM/TICKETS



REAL ESTATE FRAUD

This presentation will touch on the common fraud schemes that are trending in real estate.

The Riverside County Real Estate Fraud Task Force is operated out of the District Attorney's Office and investigates real estate fraud cases countywide. The task force investigates criminal fraud cases that effect the value or equity of real property and/or the title to real property. Many of those cases involve false, forged, or fraudulent documents recorded at the county Recorder's Office.

During the presentation participants will also have an opportunity to ask questions and get additional resources.


Tuesday, March 5, 2024
10:00 am
Montecito Clubhouse • Ballroom Front Half

Presentation By:
Stacie Hernandez
Investigative Technician
Riverside County District Attorney's Office,
Bureau of Investigation,
Real Estate Fraud Task Force

Sign up at the Lifestyle Desk
Or Call: 760-345-4349 Ext. 2120



**Sun City
Shadow Hills®**
by Del Webb®



**EMERGENCY
PREPAREDNESS-101**

PLEASE COME LEARN TO **PREPARE** FOR,
SURVIVE, AND
RECOVER FROM **"THE BIG ONE!"**
...and EVERYTHING ELSE TOO!

PRESENTED BY JEFF KIRKPATRICK, SCSSH RESIDENT AND CHAIR OF THE
HOA'S EMERGENCY PREPAREDNESS COMMITTEE.

THIS IS A ONCE-AND-DONE SEMINAR! LIMITED SPACE SO REGISTER EARLY!

THIS COURSE IS **FREE** COMPLIMENTS OF THE HOA!
PLEASE REGISTER AT THE LIFESTYLES DESK.

PLEASE NOTE LOCATIONS AND TIMES! Eff: 12-15-23

☐ Thursday, **MARCH 14, 2024**
9:30 AM – 12:00PM
Montecito Clubhouse • Ballroom (Front Half)

PLEASE JOIN US AND BECOME PREPARED!
IT REALLY IS QUITE EASY!



Parking Lot
S A L E

SATURDAY, MARCH 16, 2024
7:30 A.M. – 11:00 A.M.
BOOTH FEE: \$10
MONTECITO CLUBHOUSE & FITNESS PARKING LOTS

IF YOU WISH TO PURCHASE A SPACE VISIT
WWW.SCSHCA.COM/TICKETS

SIGN UPS BEGIN: MONDAY, JANUARY 8, 2024 • END: MONDAY, MARCH 11, 2024



SALE

Sun City Shadow Hills
Singers Presents...

A MUSICAL TRIBUTE

BEATLES TO BROADWAY

Sunday
March 17, 2024
@ 2pm
Montecito Clubhouse Stage

Tickets available starting February 1st
at The Montecito Lifestyle Desk

Admission
\$15⁰⁰

Check or Credit Card Accepted

For club information Contact Alan Voss (209) 768-9393

Sun City Shadow Hills
GAMES PLUS CLUB



FRIDAY, MARCH 8, 2024
MONTECITO CLUBHOUSE BALLROOM

SALE OF BINGO CARDS: 5:30 PM
GAMES START: 6:30 PM

PAPER SELLS FOR \$5 FOR 10 GAMES.
TWO SPECIAL GAMES CAN BE PURCHASED FOR \$3.
CASH ONLY, AND SMALL BILLS ARE APPRECIATED.

FOR MORE INFORMATION CONTACT:
PAT DISALVO AT (310) 433-0714


The creative eye
2024 exhibition & sale

Photography
Jewelry

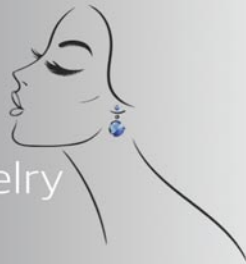


March 9th
9am ♥ 3pm
Montecito Clubhouse Ballroom

The creative eye
A celebration of original works
by SCSH residents



Photography



Jewelry

exhibition and sale
March 9th, 2024
Montecito Clubhouse Ballroom
9.00AM to 3:00PM

Pinot Daze



TUTTA BELLA VINO
Pinot Noir Every Way
Saturday, March 16th, 7pm
Montecito Clubhouse Ballroom

Please join us for this extraordinary Pinot Noir
Wine event. Space is limited, so don't delay!

Registration flyers will be available at the Montecito Clubhouse &
Tutta Bella Vino web-page www.scshta.com on February 17th.
Registration Deadline: March 9th, 2024 or until sold out
For more info: tuttabellavino@gmail.com

Sun City Shadow Hills®

THAT'S ENTERTAINMENT CLUB

Sir Laffs-A-Lot's Comedy Night



Starring Comedians
from the Top
Late Night Shows

Hilarious New Shows
Every Month

Rated "R" Due to
Possible Adult Content

Wednesday, March 20, 2024 • 7:00 pm
Reserved Seating • Tickets on Sale March 1

Tickets: \$12 in Advance / \$14 at the Door (If Available)
Tickets Are Non-Refundable
Checks/Visa/MasterCard/Discover/AMEX

Contact the Sun City Shadow Hills Lifestyle Desk for Tickets
80888 Sun City Blvd • Indio CA 92203 • (760) 345-4349 Ext. 2120

Join us for our March Meeting

Thursday, 21 March 2024

Montecito Clubhouse – Cambria Room
6:00 pm - Social time; 6:30 pm - Meeting

Presentation by

Maha Rizvi

**RDCP Regional
Director &
Board Member
of Planned
Parenthood**



Maha Rizvi has been politically active since the age of 16 when she joined her mother in volunteering for Barack Obama's presidential campaign. Since then, she has served as the first Chairwoman for the RivCo Young Democrats and the first Muslim and South Asian woman to serve as a Regional Director for CADEM.

Currently, Maha serves as a District Director for the Office of Assemblymember Eloise Gómez Reyes in San Bernardino.

Please join us to hear from Maha about her experience as both a Regional Director and PP Board member.

If you have any questions about the Dems in SCSH, please contact us at taribeer10@gmail.com.

SCSH Performing Arts Club presents

The Odd Couple

Female Version
by Neil Simon



Director: **Bill Hardwick** Producer: **Shirlee Daidone** Assistant Director: **Suzy Voss**

March 21, 22, 23 and 24, 2024
Thursday and Friday – 7 pm Saturday and Sunday – 2 pm

Purchase tickets online
at scshca.com/tickets
starting February 12, 2024



All tickets reserved seating – \$20 Montecito Clubhouse Ballroom
Contact Jeff Moses at 619.301.3542 for more information

2024 The Odd Couple Female Version is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc.
www.concordtheatricals.com

Classic Movie Club 2nd Anniversary Special Event

On Friday March 22, 2024, at 4:00 pm in the Santa Rosa's Monterey Room, the club will pay tribute to Metro-Goldwyn-Mayer's musical star, **Kathryn Grayson**, with a screening of her Oscar-nominated 1953 musical, **Kiss Me Kate**. Kathryn's step-daughter, SCSH's own **Julie Johnston**, will accompany club co-leader Josh Kanin in celebrating and remembering Kathryn and her work.



With songs by Cole Porter, and starring Kathryn Grayson, Howard Keel, and Ann Miller. Dorothy Kingsley's screenplay was adapted from the 1948 Broadway musical's book that was written by Bella and Samuel Spewack. Critics and public raved about the movie, and along with such treasures as "Singing in The Rain," "An American in Paris," and "The Bandwagon," **Kiss Me Kate** is remembered as one of MGM's crowning achievements in musical comedy.

For more information, contact club co-leaders
Josh Kanin (562-787-4848) or Bill Hooper (310-293-9597).



The SCSH Newcomers Club

Are you new to our community or Do you feel new?
Want to welcome others, make friends, have fun?

Come to our March Happy Hour/Potluck

Day: March 25, 2024 Time: 5 PM to 7 PM

Location: Capistrano Room in the Montecito




Anyone else recently arrived? Bring them along! All are welcome!

For more info contact: Debbie: (323) 620-1956
deb.halper@gmail.com


READERS INK:

The Sun City Shadow Hills Fiction

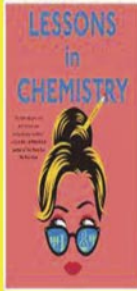



If you have a passion for reading, then our club is for you! We meet every fourth Tuesday of the month in the Capistrano Room in the Montecito Clubhouse at 2:00 pm. Just show up!

After we have an introduction to the book by one of our members, we have a lively discussion and then enjoy a social time, along with door prizes.

For further information: please contact Terri Fitzsimmons:  fitzsimmonsterri@gmail.com

BOOK OF THE MONTH, MARCH, 2024

Bonjour!



L'Expérience Française

(The French Experience)

Bonjour! We are pleased to invite you to join the new SCSH French Club, *L'Expérience Française*.

If you're interested in learning French, improving your French language skills, and making new friends, please join us. *À bientôt!*

Any questions? Please call:
Barbara Guiffre at (315) 868-3854

LINE DANCING



LIVELY LINERS CLUB

It's always a good time to dance!

- ✓ No Partner Needed
- ✓ No Previous Experience Required
- ✓ Country, Pop, Rock & Roll and More
- ✓ Excellent Exercise for your Body and Mind
- ✓ Improves Coordination and Balance
- ✓ Monthly Dances in the Montecito Ballroom
- ✓ Dance Year Round
- ✓ Meet new Friends
- ✓ HAVE FUN!!

Come try us out!

Your first two classes are FREE!

For more information about our club:

Katy, Club Pres. 760-610-5710 or Melanie, Club V.P. 626-222-6044

Visit our Club Website:
scshlivelyliners.com



MEDITATION OVER MEDICATION CLUB

You are invited to join

Guided Meditation Sessions with Vib Verma

Live a Balanced and Fulfilled Life
Reduce Stress, Anger and Anxiety

Vib features a unique topic each session. He will change your life.

- You will learn how to be happy and peaceful.
- You will learn to be positive.
- You will learn to generate love and compassion for all.

Science has shown that a negative mind can cause hypertension, insomnia, and other illnesses. With the right meditation practice you can feel better and possibly reduce the dependence on some medications.

We meet Mondays at 10:00 AM
Santa Rosa Clubhouse / Pismo Newport Room
For more information call Camille Brownson:
760-673-6694 or camillebrownson@gmail.com

Join us for Worship!

Come as you are and grow closer to Christ as you hear the inspirational messages from our experienced Bible teaching pastor!

- ❖ Inter-denominational
- ❖ Prayer support
- ❖ Caring and friendly members



10AM Sundays
at the Montecito Clubhouse, Capistrano Room

Contact:

Ed Brown 760-908-3110
pastored@cox.net

Earl McDaniel 949-675-8714
earlmcDaniel@rocketmail.com



Sun City Shadow Hills Republican Club...

Invites **EVERYONE** to check us out. We meet on the second Tuesday of each month at 6:00 for snacks, the meeting starts at 6:15 in the beautiful Capistrano room in the Montecito Clubhouse.

This year's elections are crucial for all of us. If you want to be as well informed as possible, and hear from some amazing inspirational speakers and meet some **VERY** interesting Sun City residents, please give us a couple hours each month.

You won't be disappointed!

Contact: Pete Anderson at petegolf@yahoo.com or call him at 760-775-4745 for more details.

Sun City Shadow Hills Veterans Club www.scsheveteransclub.org

OPEN TO ALL SUN CITY SHADOW HILLS RESIDENTS

Thank you for serving our country and protecting our freedoms!



HONORING ALL WHO SERVED

Sun City Shadow Hills Veterans: Join your Veterans' Club!

- Monthly interesting and informative speaker presentations
- Stay abreast of your entitled VA benefits
- Meet fellow veterans from your community
- Assist with community events including Memorial Day flag-raising, Veterans' Day potluck dinner, Toys-4-Tots Drive
- Flag Decorations National Holidays



FLAG SALES
2ND FRIDAY MONTHLY
Montecito Clubhouse
10:00 am - noon

Monthly Meetings: third Tuesday, 6:00 p.m., Montecito Clubhouse Cambria Room
Veterans' Club Annual Dues - \$10



FOOD & BEVERAGE

MANUEL GUADARRAMA | FOOD & BEVERAGE MANAGER

We want to start this article by thanking everyone for supporting our events. Because of the success and participation, we are able to plan more community events each month. This month, we are doing three events. The first is St. Patrick's Day, followed by the Spring Fling event at the Montecito Café, and Easter Brunch at Shadows.

This year St. Patrick's Day is Sunday, March 17. Our St. Patrick's Day lunch special in Shadows will be Potato Leek Soup and Corned Beef & Cabbage. This special will be available from 11:30 am – 3:30 pm while supplies last. Reservations are recommended, but not required. This event is on a first come, first served basis.

Spring Fling at the Montecito Café is a happy hour-style event in partnership with the Lifestyle Department. This is for the entire community, and we will not be taking reservations. Join us Tuesday, March 19, for drink specials and finger food items. Food is limited and available while supplies last.

Easter is early this year. Join us for Easter Brunch on Sunday, March 31. This is one of the four major events of the year (Valentine's Day, Easter, Mother's Day, and Thanksgiving). In-person reservations for this event are required. We will begin taking reservations starting on Thursday, March 14, at 2 pm. A credit card is required to hold your reservation.

Please visit our website theshadowsrestaurant.com for up-to-date information and upcoming events.

Thank you for your continued support.

Contact the author at jguadarrama@troon.com.

Shadows Restaurant

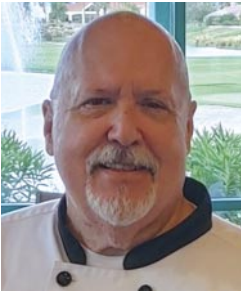
(760) 772-4342

Monday: Closed

Tuesday – Sunday: 8 am – 8 pm

Happy Hour: 2 – 5 pm





CHEF'S CORNER

CHEF JOHN DUTRA | EXECUTIVE CHEF

March is the month of greens. In the grocery stores, we will begin seeing green local vegetables pop up on the shelves such as asparagus, artichokes, cabbage, and various lettuces. It is also the month of four-leaf clovers, leprechauns, and green beer as we celebrate St. Patrick's Day. To a chef, March and St. Patrick's Day signal the growing season for many great vegetables and a transition into many new culinary possibilities.

At Shadows Restaurant, all our soups are scratch-made daily. This St. Patrick's Day at Shadows, I will again be featuring some Irish favorites including my Irish Potato Leek Soup as the soup of the day. I just love the flavor and texture of this soup. While I was

recovering from a recent surgery, I made a big batch of it because it is both comforting and filling at the same time. My wife, who is Irish, also loves it when I make this soup.

So here is my recipe for Irish Potato Leek Soup. Enjoy, and may the luck of the Irish be with you!

Contact the author at jdutra@troon.com.



Irish Potato Leek Soup

- 6-8 slices of bacon (preferably thick cut)
- 1 onion, small diced
- 3 garlic gloves, minced
- 2 tablespoons butter
- 2 pounds of Yukon Gold potatoes, peeled and diced into half-inch pieces
- 3 leeks cleaned (chop the white and light green parts but discard the dark green leaves)
- 4 cups chicken broth
- 1 cup heavy cream
- 2 sprigs fresh thyme, leafed and chopped
- salt and pepper to taste

I use a Dutch oven to cook my soup so that it is all in one pot. Cook the bacon until semi-crispy, then remove the bacon and drain the bacon grease except for about a tablespoon. Add the butter and chopped leeks, and cook over low medium heat until

just softened. Do not overcook the leeks as they can become mushy. Add the garlic, and cook for a minute or so. Then add the potatoes, chicken broth, and thyme and season with salt and pepper. Bring to a simmer, then cover and reduce heat and cook until the potatoes are cooked – about 15 to 20 minutes.

Then take two-thirds of the soup and blend, or use an immersion blender. Be careful not to over blend as the soup will become gummy – only blend long enough to get a smooth texture. Return the blended soup to the pot and stir in the heavy cream. Cook for a few more minutes, and you are done.

Chop the bacon you rendered and garnish your soup with it. You can also simply add the bacon to your soup if that is your desire. Enjoy!

SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
3	9:00 AM Needles & Pins CAM/MIR 10:00 AM Mountain View Church CAP 1:00 PM Ukulele Strummers CAP 2:00 PM Table Tennis NPT/PIS 5:00 PM Let's Meet and Eat Club BR	4	7:15 AM Lady Putters CAP 9:00 AM Creative Arts CAM/MIR 10:00 AM Meditation NPT/PIS 11:00 AM Pan CAP 12:30 PM Needles & Pins CAM/MIR 1:00 PM Gin Rummy NPT 1:00 PM Scrabble PIS 2:00 PM City Development Com COA 2:00 PM Genealogy MON 3:30 PM Community Singers BH 4:00 PM Bocce Buddies BCM 7:00 PM Billiards Club PAC	5	8:00 AM Ceramics CAM 8:00 AM Classy Niners BH 9:30 AM DRC Meeting COA 10:00 AM Snowbirds Club PAT 10:00 AM Real Estate Fraud FH 12:45 PM Paper Crafters CAM/MIR 2:30 PM Tuesday Night Putters FH 4:30 PM King & Queens Club PIS 6:30 PM Performing Arts FH	6	9:00 AM Needles & Pins CAM/MIR 10:30 AM Safety Meeting MON 11:00 AM Table Tennis NPT/PIS 12:15 PM Mah Jongg BH 1:00 PM Health & Fitness Com. LJ 1:00 PM Jewelry Club MIR 2:00 PM Health Lecture CAM 2:00 PM Landscape Committee COA 2:00 PM Meet the Candidates CAP 2:00 PM Ceramics CAM 2:30 PM Bocce Buddies BCM 3:00 PM Camera Club MON
	10 DAYLIGHT SAVING TIME BEGINS 7:00 AM Performing Arts BR 9:00 AM Needles & Pins CAM/MIR 10:00 AM Mountain View Church CAP 1:00 PM Ukulele Strummers CAP 2:00 PM Table Tennis NPT/PIS 5:00 PM Tuesday Night Putters BR		11 7:15 AM Lady Putters CAP 9:00 AM Creative Arts CAM/MIR 10:00 AM Meditation NPT/PIS 11:00 AM Pan CAP/MAR 12:30 PM Needles & Pins CAM/MIR 1:00 PM Gin Rummy NPT 1:00 PM Scrabble PIS 2:00 PM Genealogy MON 4:00 PM Bocce Buddies BCM 5:00 PM Community Singers CAP 6:30 PM Performing Arts FH 7:00 PM Billiards Club PAC		12 7:15 AM Lady Putters CAP/FH 8:00 AM Ceramics CAM 10:00 AM Snowbirds Club PAT 12:45 PM Paper Crafters CAM/MIR 1:00 PM Website Training MON 2:00 PM Golf Committee COA 2:30 PM The View Committee LJ 4:00 PM Happy Travelers Club FH 4:30 PM King & Queens Club PIS 6:00 PM Pet Club CAM/MIR 6:00 PM Republicans CAP 6:30 PM Performing Arts FH		13 9:00 AM Needles & Pins CAM/MIR 9:15 AM Bridge CAP 11:00 AM Table Tennis NPT/PIS 12:15 PM Mah Jongg BH 1:00 PM Jewelry Club MIR 2:00 PM Ceramics CAM 2:00 PM Information Committee COA 2:30 PM Bocce Buddies BCM 3:00 PM Camera Club MON/PIS 3:00 PM Desert Gardeners FH 6:00 PM Rainbow Friends CAM 7:00 PM Billiards Club PAC
17	ST. PATRICKS DAY 9:00 AM Needles & Pins CAM/MIR 10:00 AM Mountain View Church CAP 1:00 PM Ukulele Strummers CAP 2:00 PM Community Singers: Beatles to Broadway BR 2:00 PM Table Tennis NPT/PIS 5:00 PM Solo's Club CAP	18	7:15 AM Lady Putters CAP 9:00 AM Creative Arts CAM/MIR 10:00 AM Meditation NPT/PIS 11:00 AM Pan CAP 12:00 PM Performing Arts BR 12:30 PM Needles & Pins CAM/MIR 1:00 PM Gin Rummy NPT 1:00 PM Scrabble PIS 4:00 PM Bocce Buddies BCM 4:30 PM King & Queens Club PIS 6:00 PM Bocce Buddies BCM 7:00 PM Billiards Club PAC	19	SPRING BEGINS 9:30 AM DRC Meeting COA 10:00 AM Snowbirds Club PAT 12:00 PM Performing Arts BR 12:45 PM Paper Crafters CAM/MIR 4:30 PM Happy Hour CAP/KSK 4:30 PM King & Queens Club PIS 6:00 PM Veterans Club CAM	20	7:30 AM Men's Golf BR 9:00 AM Needles & Pins CAM/MIR 9:15 AM Bridge CAP 11:00 AM Table Tennis NPT/PIS 12:00 PM Women's Golf FH 12:15 PM Mah Jongg BH 1:00 PM Jewelry Club MIR 1:30 PM Mexican Train NPT 2:00 PM Ceramics CAM 2:30 PM Bocce Buddies BCM 7:00 PM Comedy Night BR
	24 PALM SUNDAY 9:00 AM Needles & Pins CAM/MIR 10:00 AM Mountain View Church CAP 2:00 PM The Odd Couple BR 2:00 PM Table Tennis NPT/PIS 4:00 PM Snowbirds Club KSK/PAT		25 7:15 AM Lady Putters CAP 8:00 AM Executive Session COA 9:00 AM Creative Arts CAM/MIR 10:00 AM Meditation NPT/PIS 10:00 AM Snowbirds Club MON 11:00 AM Pan CAP 12:30 PM Needles & Pins CAM/MIR 1:00 PM Gin Rummy NPT 1:00 PM Scrabble PIS 2:00 PM Board Meeting BR 4:00 PM Bocce Buddies BCM 4:30 PM Newcomers Club CAP		26 8:00 AM Ceramics CAM 10:00 AM Lifestyle Committee MIR 10:00 AM Snowbirds Club PAT 12:45 PM Paper Crafters CAM/MIR 2:00 PM Readers Ink CAP 2:30 PM Tuesday Night Putters FH 4:30 PM King & Queens Club PIS 5:30 PM Veterans Club LJ 7:00 PM Bunco BH		27 9:00 AM Needles & Pins CAM/MIR 9:15 AM Bridge CAP 10:00 AM Mah Jongg Lessons MAR 11:00 AM Table Tennis NPT/PIS 12:15 PM Mah Jongg BH 1:00 PM Jewelry Club MIR 2:00 PM Ceramics CAM 2:00 PM Golden Seniors CAP 2:00 PM Non-Fiction Book Group LJ 2:30 PM Bocce Buddies BCM 4:00 PM Women's Golf CAP/PAT 7:00 PM Billiards Club PAC
31 EASTER SUNDAY 9:00 AM Needles & Pins CAM/MIR 10:00 AM Mountain View Church CAP 2:00 PM Table Tennis NPT/PIS 6:00 PM Lively Liners BR							

<p>THURSDAY</p> <p>1:30 PM Mexican Train NPT 2:00 PM French Club MON 4:00 PM Couples Golf BR 4:00 PM King & Queens Club PIS</p> <p>7:00 PM Discussion Forum FH</p>	<p>1 FRIDAY</p> <p>8:00 AM Ceramics CAM 8:00 AM Comedy Night Tickets CL 11:00 AM Pan KSK 1:00 PM Bocce Buddies BCM 1:00 PM Creative Arts CAM 1:00 PM Men's Golf FH 1:00 PM Samba MIR 2:00 PM Table Tennis NPT/PIS 4:00 PM Neil Diamond Tribute BR 7:00 PM Neil Diamond Tribute BR 7:00 PM Movie Night: <i>My Father's Violin</i> CAM/MIR</p>	<p>2 SATURDAY</p> <p>9:45 AM Bridge CAP 11:00 AM Pan KSK</p>
<p>7</p> <p>8:00 AM Women's Golf SY2 9:00 AM Creative Arts CAM/MIR 9:00 AM Facilities & Services MAR/SY1 9:30 AM Writers Club LJ 9:30 AM Snowbirds Club PAT 12:00 AM Men's Golf BR 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 1:00 AM EPC FH 4:00 PM Oke Dokey Karaoke BH 5:15 PM Pairs 9-Hole Golf CAP 6:15 PM Bridge CAP</p>	<p>8</p> <p>8:00 AM Ceramics CAM 8:00 AM Classy Niners BH 10:00 AM Flag Sale CL 10:00 AM Performing Arts LJ 1:00 PM Bocce Buddies BCM 1:00 PM Creative Arts CAM 1:00 PM Samba MIR 2:00 PM Table Tennis NPT/PIS 5:30 PM Bingo BR 7:00 PM Movie Night: <i>Maestro</i> CAM/MIR</p>	<p>9</p> <p>9:30 AM Camera Club BR 9:45 AM Bridge CAP</p>
<p>14</p> <p>9:00 AM Creative Arts CAM/MIR 9:30 AM Writers Club LJ 9:30 AM Snowbirds Club PAT 9:30 AM Disaster Preparedness FH 11:00 AM Pan MAR 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 2:30 PM Couples Golf MON 3:00 PM Meet a Board Member CAP 5:00 PM Creative Arts CAM/MIR 5:00 PM Let's Meet and Eat Club BR 6:15 PM Bridge CAP</p>	<p>15</p> <p>8:00 AM Ceramics CAM 9:00 AM Community Singers BR 11:00 AM Pan CAP 12:00 PM Performing Arts BR 1:00 PM Bocce Buddies BCM 1:00 PM Creative Arts CAM 1:00 PM Samba MIR 2:00 PM Table Tennis NPT/PIS 2:30 PM Snowbirds Club KSK/PAT 7:00 PM Movie Night: <i>Society of Snow</i> CAM/MIR</p>	<p>16</p> <p>7:30 AM Parking Lot Sale MC 9:00 AM Community Singers BR 9:45 AM Bridge CAP 7:00 PM Tutta Bella Vino BR</p>
<p>21</p> <p>9:00 AM Creative Arts CAM/MIR 9:30 AM Writers Club LJ 9:30 AM Snowbirds Club PAT 11:00 AM Pan CAP 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 1:00 PM Food & Beverage Com. LJ 2:00 PM French Club MON 4:00 PM King & Queens Club PIS 6:00 PM Democrats CAM 6:15 PM Bridge CAP 7:00 PM <i>The Odd Couple</i> BR</p>	<p>22</p> <p>8:00 AM Ceramics CAM 9:00 AM Finance Committee COA 10:30 AM Alzheimer's Group LJ 1:00 PM Bocce Buddies BCM 1:00 PM Creative Arts CAM 1:00 PM Samba MIR 2:00 PM Table Tennis NPT/PIS 3:30 PM Lady Putters PAT 4:00 PM Classic Movie Club MON 7:00 PM Movie Night CAM/MIR 7:00 PM Performing Arts: <i>The Odd Couple Female Version</i> BR</p>	<p>23 PURIM BEGINS</p> <p>9:45 AM Bridge CAP 11:30 AM Desert Gardeners CAP/PAT 2:00 PM Performing Arts: <i>The Odd Couple Female Version</i> BR</p>
<p>28</p> <p>9:00 AM Creative Arts CAM/MIR 9:00 AM Website Training FH 9:30 AM Snowbirds Club PAT 9:30 AM Writers Club LJ 11:00 AM Pan CAP 12:30 PM Hand & Foot NPT 12:30 PM Ukulele Strummers CAM 4:00 PM Men's Golf BR 4:00 PM King & Queens Club PIS 6:15 PM Bridge CAP</p>	<p>29 GOOD FRIDAY</p> <p>8:00 AM Ceramics CAM 10:00 AM Covenants Committee COA 1:00 PM Bocce Buddies BCM 1:00 PM Samba MIR 2:00 PM Table Tennis NPT/PIS 5:30 PM Pickleball Club BR 7:00 PM Movie Night: <i>The Great Gatsby</i> CAM/MIR</p>	<p>30</p> <p>9:45 AM Bridge CAP 11:00 AM Pan KSK 5:30 PM Tennis Club BR</p>

March 2024

LEGEND

MONTECITO CLUBHOUSE
SANTA ROSA CLUBHOUSE
HOA OFFICE
SHADOW HILLS GOLF CLUB

AMP – Amphitheater
AS – Aerobic Studio
BCM – Bocce Courts MC
BCS – Bocce Courts SRC
BH – Back Half Ballroom
BR – Ballroom
BW – Breezeway
CAM – Cambria
CAP – Capistrano
CL – Clubhouse Lobby
COA – Coachella
DP1 – Phase 1 Dog Park
DP3 – Phase 3 Dog Park
FC – Fitness Center
FH – Front Half Ballroom
GR – Green Room
KSK – Kiosk
LJ – La Jolla
MAR – Marisol
MC – Montecito Clubhouse
MIR – Mirada
MON – Monterey
NPT – Newport
OS – Offsite
OUT – Outdoor Event
PAC – Pacifica
PAT – Patio by Capistrano
PC – Putting Course
PIS – Pismo
PRK – Parking Lot
SC – Sports Court
SEL – Santa Rosa Events Lawn
SGC – South Golf Course
SHA – Shadows Restaurant
SRC – Santa Rosa Clubhouse
SRP – Santa Rosa Patio
SY – Santa Ynez
SY1 – Santa Ynez I
SY2 – Santa Ynez II
TBD – To Be Decided
TC – Tennis Court
WSP – West Side Patio

Sign up or purchase tickets to Lifestyle events at www.scschca.com/tickets. For more information, contact the Lifestyle Desk at 760-345-4349 x 2120.



FITNESS UPDATE

AMBER GALINDO |
FITNESS DIRECTOR

Happy March, everyone! To start off, "New Year New Me" has wrapped up. I am happy to see everyone's personal progress throughout the four-week program. It has been truly inspiring to watch everyone accomplish their goals. If you missed out on the fun, watch for our "Beat the Heat" program in May.

As we welcome spring, the fitness facility is in full swing. We are starting this month off with a Health Lecture on March 6, at 2 pm in the ballroom. Join us in welcoming the Alzheimer's Association as they discuss Understanding Alzheimer's and Dementia.

Following this lecture, we will be hosting a Triathlon on March 15. This event is both fun and challenging as everyone will start off with a 1.5-mile walk or run down Sun City Boulevard, followed by 10 minutes of cardio in the gym, and finish off with eight lengths in the pool.

On March 22, come join us for Zumba-Glow with Rosy and Yvette from 8 – 9:30 am. Registration is \$8 per person, and space is limited.

Another event coming up will be our first Corn Hole Tournament on April 1. Teams will be able to register in groups of two for this free event. Registration forms will be available at both fitness centers.


For anyone struggling to stay active, remember you are capable of incredible things. Every small step you take toward staying active and healthy is a victory. Your determination and perseverance will lead you to success. Keep pushing yourself, and remember that progress is progress, no matter how small. You've got this!

Contact the author at
amber.galindo@associa.us.



New Year New Me Celebration Lunch

Sun City Shadow Hills




UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Wednesday, March 6, 2024 | 2:00 PM | Montecito Ballroom

Sign up now at either fitness center. For more information,
please call Montecito Fitness Center at (760) 345-4349 ext: 2111

Presented by:
ALZHEIMER'S ASSOCIATION®



GLOW ZUMBA

FRIDAY, MARCH 22, 2024
8:00AM – 9:30AM

\$8 per person • Montecito Fitness Center
Space is Limited
For more information please call (760) 345-4349 ext. 2111

Fitness




CORNHOLE TOURNAMENT

MONDAY, APRIL 1, 2024 • 8:00 AM

Montecito Clubhouse Shuffleboard Courts
(Behind the HOA Office)

Free Tournament – Space is Limited
Registration Begins Friday, March 1, 2024
Register Your Team of Two at Either Fitness Center
For More Information, Call 760-345-4349 Ext 2111


LifeStream
Blood Bank



BLOOD DRIVE

THURSDAY, APRIL 18, 2024 • 10:00 AM - 4:00 PM
MONTECITO CLUBHOUSE BALLROOM

PLEASE SCAN QR CODE TO
MAKE YOUR APPOINTMENT TODAY!



FITNESS CLASS SCHEDULE

MONDAY

MONTECITO FITNESS CENTER

8:00 AM Yoga; Angel (\$6)
9:00 AM Zumba; Yvette (\$6)
10:00 AM Mat Pilates; Cheryl (\$6)
11:00 AM Reformer Pilates; Cheryl (\$17)
12:30 PM Lively Liners (*Intro to Line Dancing*)
1:00 PM Lively Liners (*Beginner*)
5:45 PM Pomettes

SANTA ROSA CLUBHOUSE

8:00 AM Circuit; Cheryl (\$6)
9:00 AM Total Body Strength; Cheryl (\$6)
11:00 AM Chair Yoga; Melinda (\$6)

TUESDAY

MONTECITO FITNESS CENTER

8:00 AM Boxing Blitz; Andrew (*Free*)
9:00 AM Barre; Eliezer (\$6)
10:00 AM Mat Pilates; Eliezer (\$6)
11:00 AM Aqua Fitness; Cheryl (\$6)
11:00 AM Stretch; Eliezer (\$6)
12:00 PM Reformer Pilates I-II; Eliezer (\$17)
1:00 PM Lively Liners (*Beginner Review*)

SANTA ROSA CLUBHOUSE

9:00 AM Essentrics Stretch & Tone;
Melinda (\$6)
10:00 AM Yoga; Melinda (\$6)
11:00 AM Total Body Pump; Jessica (*Free*)

WEDNESDAY

MONTECITO FITNESS CENTER

8:00 AM Silver Fit; Cheryl (*Free*)
9:00 AM Balance & Stretch; Cheryl (\$6)
10:00 AM Body Toning; Cheryl (\$6)
11:00 AM Vinyasa Yoga Level I-II; Leesann (\$6)
1:00 PM Lively Liners (*Intermediate*)
2:00 PM Lively Liners (*Intermediate 2*)
3:00 PM Barre; Eliezer (\$6)
5:00 PM Pomettes

SANTA ROSA CLUBHOUSE

8:00 AM Zumba; Rosy (\$6)
9:00 AM Stretch; Angel (\$6)

THURSDAY

MONTECITO FITNESS CENTER

8:00 AM Total Body Pump; Jessica (*Free*)
 9:00 AM Brazilian Fusion; Eliezer (\$6)
 10:00 AM Mat Pilates; Eliezer (\$6)
 11:00 AM Aqua Fitness; Cheryl (\$6)
 11:00 AM Reformer Pilates I-II; Eliezer (\$17)
 1:00 PM Thera Band; Dr. Eric (*Free*)
 5:00 PM Lively Liners (*Intermediate Review*)

SANTA ROSA CLUBHOUSE

9:00 AM Zumba; Yvette (\$6)
 10:00 AM Essentrics Stretch & Tone;
 Melinda (\$6)
 11:00 AM Chair Yoga; Melinda (\$6)

FRIDAY

MONTECITO FITNESS CENTER

9:00 AM Zumba; Rosy (\$6)
 10:00 AM Beginning Ballet; Eliezer (\$6)
 11:00 AM Aqua Fitness; Cheryl (\$6)
 11:00 AM Mat Pilates; Eliezer (\$6)
 12:00 PM Reformer Pilates I-II; Eliezer (\$17)
 3:00 PM Boxing Blitz; Andrew (*Free*)

SANTA ROSA CLUBHOUSE

8:00 AM Silver Fit; Cheryl (*Free*)
 9:00 AM Vinyasa Yoga Level I-II;
 Leesann (\$6)
 10:15 AM Meditation; Leesann (\$6)
 11:15 AM Low Impact Cardio; Mirca (*Free*)

SATURDAY

MONTECITO FITNESS CENTER

9:00 AM Open Line Dancing

SANTA ROSA CLUBHOUSE

11:00 AM Essentrics Stretch & Tone;
 Melinda (\$6)

SCHEDULE SUBJECT TO CHANGE

Please check www.scschca.com/fitness for updated information and class cancellations.

Rules and Procedures: Members must check in for class at the front desk.

Members will be allowed to check in no more than 10 minutes prior to a class. All classes start on time.

No late entries. Please silence all cell phones during class.

Lively Liners and Pomettes classes require Chartered Club membership.



GOLF OPERATIONS

PHIL VIGIL | GENERAL MANAGER, SHADOW HILLS GOLF CLUB

Spring is in the air. As we have navigated through a very interesting winter with rainstorms that have put a damper on our days of golf, we are soon to enjoy some warmer temperatures in the Coachella Valley.

We thank everyone for doing a great job in adhering to the “gate” guidelines, and we are excited to see the effect as our golf courses will soon be entering the summer transition. We also thank all our SCSH golfers for being diligent in canceling unused tee times in an effort to allow more residents an opportunity to play our amazing golf courses. Every tee time matters during our very busy golf season!

Don’t forget to stop by the golf shop to see the latest in apparel and equipment. The golf team has been striving hard this season to bring in the latest and greatest. Take a lesson, come in for dinner at Shadows, buy a shirt, have a drink on the Terrace, and enjoy a salad at the Montecito Café. Such amazing amenities are available to you — we hope you take a moment to experience them.

We truly hope you are having a great 2024 season!

As always, stay tuned to our weekly email blasts, postings to Facebook through “The Shadows Golf Club” and “The Shadows Restaurant,” as well as our mobile app for upcoming events, hours of operation, and other important information.

Contact the author at pvigil@troon.com.





PRO SHOP NEWS

TERRY FERRARO | HEAD GOLF PROFESSIONAL, SHADOW HILLS GOLF CLUB

As the season moves on, we are coming to a close of another great season with a little more rain than we would have like. The Snowbirds put a hurt on the Roadrunners in the Avery Cup but, as they say, just wait till next year. As we wind down, we will have a new Men's Club Champ, Member/Member, and Dames and Dudes Champions. See you on the course.

Contact the author at terry.ferraro@troon.com.

Tip of the Month: Don't Go for Every Flag

Distance is king, but distance and accuracy are the ultimate goals. To master both, you need to extend your arms fully through impact.

Try this: Tee up a ball and place another tee six inches outside the first on a 45-degree angle. Your goal is to strike the ball on the first tee and swing the club head over the second. Do this, and you'll automatically get into a power position.

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sjmoss49@earthlink.net

WRITERS CLUB

Tony Davis 760-775-9521
antiqphoto@gmail.com

RESIDENT GROUPS

DEMOCRATS

Tari Bee taribeer10@gmail.com
democratsinscsh@gmail.com

HADASSAH

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MOUNTAIN VIEW CHURCH

Earl McDaniel 949-675-8714
earlmcDaniel@rocketmail.com
Ed Brown 760-908-3110
pastored@cox.net

REPUBLICANS

Pete Anderson 760-775-4745
petegolf@yahoo.com



Billiards Club

Our membership continues to meet every Monday and Wednesday at the Montecito Clubhouse billiard room at 6:30 pm for open play. Our club allows you to play with men and women of all levels of experience. Tournaments are held on the second Monday and the last Wednesday of the month at a cost of \$5 per player each tournament. No matter how you play with our handicap system you will have a chance to win.

On Monday, January 8, we had our end of the year nine ball round Robin tournament. We had 16 players in competition. First place was won by Randy Galvin, who will receive a trophy and have his name on the perpetual wall plaque. Second place went to Lucas, third place to Don Salvatore, and fourth to Steve Quieor.

On Wednesday, December 22, we had our end of the year eight ball round robin tournament. We had 16 players in competition. First place was won by Larry Weimer, who will also receive a trophy and have his name placed on the perpetual wall plaque. Second place went to Don Salvatore, third place to Lucas, and fourth to Keith Dean. Everyone played well and congratulations to all our winners.



Bocce Buddies

Come and meet a nice group of residents who enjoy the game. It does not matter if you have played before, we can teach you how to play.

We play bocce at the Montecito Clubhouse. Log on to scshca.com and see the "Clubs" calendar for the exact times. All are welcome to play and join our club. There are no membership dues.

We have five bocce courts at the Montecito Clubhouse and two courts at the Santa Rosa Clubhouse.

The club plays year-round. If you want to play bocce at any time other than when the club meets, bocce balls are available for your use at the Fitness Desk.

For more information, please call Rick Halla at 949-500-0568.



Bowlers Club

Hello Sun City Shadow Hills residents!

Yikes! Time does go by rapidly. Our bowling season is more than half over. As in life in general, our membership has been impacted by "old knees," "old hips," and Covid. Consequently, we continue to look for substitutes. We currently have a roster of 20 teams, but these life changes have impacted our membership. If someone can't bowl on a given Friday, we need a substitute, and we even have some opportunities for full-time bowlers. To let us know of your interest in joining bowling contact one of the people below or email us at: scshbowling@gmail.com

We have a request from the community. If anyone was part of the establishment of the bowling club, I, Karen, would love to hear from you. Lifestyle is putting together the history of the various clubs, so any information would be appreciated. As a full-time bowler or a sub, come and enjoy our Friday mornings, the bowling fun, and the community comradery.

Karen Hargrave, President: 818-929-2235

Peggy Mathieson, Vice President

Dana Barbour, Secretary/Treasurer: 562-201-3444



Bridge Club

The Sun City Duplicate Bridge holds non-sanctioned duplicate games on Wednesday mornings 9:30 am to 12 pm, Thursday evenings 6:30 to 9 pm, and Saturday mornings 10 am to 1 pm. Players should always arrive 15 minutes ahead of the stated play time. We meet in the Montecito Clubhouse.

Should you have any questions, please contact club President Bev Teel at bevteel25@gmail.com.



Camera Club

The very popular Camera Club Exhibition and Sale will be held on Saturday, March 9, 2024, from 9 am

Continued on page 56...

...continued from page 55

to 3 pm in the Montecito Ballroom. Our talented photographers look forward each year to sharing our art with the community. Also, on display this year will be creations by the Jewelry Club. So, whether you wish to adorn your walls or your wrist, we will have something for you.

A very popular genre of photography is Black & White, often referred to as "Monochrome." But how do you go about creating a Black & White (B&W) photograph? What elements are necessary to create a compelling image? In our March main meeting we will delve into the world of B&W photography. This in-person meeting will be held March 6, at 3 pm in the Monterey Room (Santa Rosa Clubhouse).

If you have an interest in photography, whether as a complete novice or an advanced practitioner, why not consider joining our club. It doesn't matter what your level of experience, or what type of camera, we have something to offer you. Check out our club website at www.scszcameracub.com for more information.



"Chinese Pond Heron" by Jeff Fier



Ceramics Club

OK, we know that tequila isn't a St Paddy's Day drink, but this gorgeous plate would work beautifully for some snacks to go with your Irish Whiskey or Guinness. Plate by Lilly G.



This wonderful vase would be thrilled to show off a bouquet of Flowers. Vase by Tsipi M.

Join us any Tuesday and Friday, from 9 am – noon. For more information, email our club's president, Paula Nadel, at shake.n.bake06.8@gmail.com.



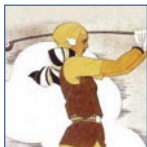
Classic Movie Club

The Classic Movie Club will present showings of Oscar-winning films every other Friday starting at 4 pm in the Santa Rosa Clubhouse's Monterey Room. There will be time for socializing, and those attending will be able to take their picture holding a real Oscar.

Josh Kanin, co-host of the club's film series, grew up in a prominent Hollywood show business family – parents Fay and Michael Kanin and uncle and aunt Garson Kanin and Ruth Gordon – all of whom were Oscar and Emmy Award-winning screenwriters, directors, and actors for over 50 years. Josh is a noted film historian from Los Angeles, and since 1973 has been (and still is) a college professor of film studies. Bill Hooper, co-host with Josh, is a local Realtor who introduced him to the Coachella Valley and who is a classic movie fan.

The club is pleased and proud to provide our community with free, quality entertainment on an ongoing basis. The screening events are open to all SCSH residents, and no club membership is required to attend them. If you love classic movies, please join

us. We would love to meet you. For more information, call either Josh Kanin (310-980-0747) or Bill Hooper (310-293-9597).



Classy Niners

Happy spring everyone!

Our season is rolling right along with great turnouts each week. Tuesday play is a shot-gun start beginning at 8 am. Please join us for breakfast at Shadows following golf. Friday play is straight tee times beginning at 12:30 pm with a choice to play 9 or 18 holes. The deadline for Tuesday play is Saturday at 5 pm. The deadline for Friday play is Tuesday at 6 pm.

On March 9, we have the Spring Luncheon and General Meeting; March 12 we have the Luck of the Irish fun tournament on the front 9 of the South Course; and on March 20 we have the Classy Niners/Women's Club Invitational hosted by the Women's Club. As you can see, we have lots of fun events upcoming. Come join the fun and meet new and old friends.

New Members are welcome to join at any time during the year. We accept all skill levels. New members are given a short orientation and assigned a mentor for a smooth transition into our club. Prospective members may play one time as a guest. To join, please access our website at www.shclassy9ers.com and click the tab Join Our Club!



Swing with Bling Tournament



Community Singers



A musical Tribute Beatles to Broadway!



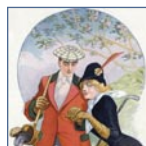
Only 16 days to get a ticket for this exciting show!

Tickets: \$15 at the Lifestyle Desk
in Montecito Clubhouse

Show: Sunday, March 17, at 2 pm

The music of the Beatles, Jersey Boys,
Fiddler on the Roof, Rent, and more!

Doors open at 1:30 pm.



Couples Golf

Couples Golf has two play dates this month: March 3 and 17. Registration will start a couple of weeks in advance for each event via Golf Genius. Our Member/Member Tournament is scheduled for March 17 when

Continued on page 58...

...continued from page 57

couples can choose their playing partners, followed by the customary dinner at Shadows and a few extra prizes. Dinner choices for each play date will be made available in advance and there are gluten-free options as well.

Shadows is mandated to keep the restaurant open and available to the general community so limits group reservations for dinner to 72 players. We are at the peak of our season so unfortunately those more than the 72 are encouraged to play and either make personal reservations at Shadows or another restaurant of your choice. Those groups will be included in the tournament prizes as well as all the door prize draws.

Our club is always looking for new members so if you are interested in joining, please visit our website at shcouples.com to find an application form under the Membership Tab. If you have any questions or need more information, please contact our President, Gerry Read at 760-289-6312.



Creative Arts

Nice to see so many creative, friendly people in our wonderful community!

While you're in the Montecito Clubhouse check out our March art wall featuring work by members Marie Logan and Sheldon Goldberg. Both are prior contest winners and wonderful artists. Our February display featured the work of our Snowbirds. Sun City residents voted: first place Sheldon Goldberg's *Portrait #1*, second place Marilyn Johnston's *Toroweap Point*, and third place Antoinette Hettinga's *I've Got My Eyes on You*. They received \$50, \$40, and \$30 Hobby Lobby gift cards in appreciation!

Please consider joining the Creative Arts Club, let your creativity shine and have some fun! The membership fee is \$15 per year, due in January. We have open studio time in the art room twice each week, Monday, and Thursday morning 9 am – 12 pm.

If you have any questions or would like more information about the club please stop by, or contact our club's Vice President, Wendy McElroy at 714-222-6495.



Desert Gardeners

March is one of the most glorious months in our desert gardens, and we have several events planned to celebrate and learn more about the beauty of our surroundings. Our mid-month meeting will feature two speakers on areas just outside of the Coachella Valley which impact our environment, the Chuckwalla National Monument and the Salton Sea. This is sure to be a very educational and interesting afternoon.

Later in the month our members will be touring some of the most exquisite gardens in our community for our Annual Spring Home Garden Tour. This event, which includes a delicious catered luncheon, is always one of our most popular activities.



A recent field trip to Gubler Orchid Nursery followed by lunch at the infamous Pappy and Harriet's in Pioneertown was enjoyed by our members.

Visit our website www.scschdesertgardeners.com for membership information, the latest updates on our club activities and a wealth of gardening resources. We meet monthly from November through April and offer a wide array of experiences from educational meetings, consultations with Master Gardeners, slide shows of best practices, and field trips around our valley. For more information or questions, contact Terry Bolen at scschdesertgardeners@gmail.com.



Desert Life

Desert Life meets the third Tuesday each month except for June, July, and August. Attend one

luncheon without paying the membership fee! For more Information – contact Membership Chairperson, Sue McCollum, at 760-285-0915.

MARCH LUNCHEON

DATE | March 19, 2024, 11:30 am

LOCATION | Heritage Palms Clubhouse

PROGRAM | Old Town Artisan Studios, Katie Holmes

CHARITY FOR THE MONTH | UCPIE – United Cerebral Palsy Inland Empire serving those with autism, down syndrome, cerebral palsy, epilepsy, intellectual delay, and other disabilities.

AFTER SCHOOL PROGRAM

Games: Corn Hole, Horseshoes, soccer and basketballs, Jenga, Connect Four, Paint (all colors), large white paper and/or canvas for painting

FUNDRAISING BASKET SUPPLIES

Wired ribbon, crinkle cut gift basket filler paper, clear cellophane basket bags, wrap by the roll, pull bows, basket contents themed for Spa, Coffee/Tea, Garden, Golf, Night on the town. You may also donate by check payable directly to the Charity! No cash or gift cards!

Donations By Members Are Always Voluntary!

MAIN MENU | Grilled Salmon Pesto

VEGGIE OPTION | Kale Salad.

(Must denote "veggie" on check.)

DESSERT | Cherries Jubilee

PRICE | \$32, and checks must be in the Montecito mail slot by March 8. Includes seven door prize tickets. Drop checks ASAP and don't wait for the deadline!



French Club

Bienvenue to SCSH's French Club! Come join us to learn French, improve your language skills, discover France's interesting traditions, and make new friends!

The January 18th class was a celebration of *La Fête des Rois* (Three Kings Day) or *L'Épiphanie* (Epiphany) when student Josie Gomez was crowned queen by former queen Judy Strauss.

The French celebrate Epiphany with a flair all their own. Remember that song *The 12 Days of Christmas*? *L'Épiphanie* is celebrated on January 6, 12 days after December 25. Three Kings Day marks the official end of the Christmas season. It is one day of the year when

someone brings a *galette des rois* (kings cake) and everyone partakes. A tiny figurine called a *fève* (charm) is hidden within the *galette* and the person who finds it is crowned king/queen for the day, bringing joy and sense of camaraderie to the gathering.

The tradition dates back to the Middle Ages, when the person crowned king/queen actually had to pay for a round of drinks. If you couldn't afford a round, you always had the choice of swallowing your *fève*.



Left: French students gather in celebration of *La Fête des Rois*. Right: Former queen Judy Strauss crowned new queen Josie Gomez, holding the *fève* she found in her *galette*.

March class will be held on the 21st from 2 – 3 pm, in the Monterey Room at the Santa Rosa Clubhouse. April classes are scheduled for the 18th and 25th at the same time and place. Contact instructor Barbara Guiffre by phone/text at 315-868-3854 for further information.



Games Plus

Games Plus was formed to play various games.

BINGO | *March Bingo will be on March 8!* Doors open at the Montecito Clubhouse at 5:30 pm with games starting at 6:30 pm. Paper sells for \$5 for 10 games. Two special games can be purchased for \$3. You must be 18 years old to play. *Cash only and small bills are appreciated.*

SCRABBLE/OTHER GAMES | Scrabble is held on Mondays of each week at the Santa Rosa Clubhouse from 1 pm to 3:30 pm. Contact Barbara Irwin at scrabble731@yahoo.com to sign up to play.

MEXICAN TRAIN & RUMMIKUB | Mexican Train and Rummikub is played the first and third Wednesday of the month from 1:30 pm to 5 pm at the Santa Rosa Clubhouse. Cathy Nielsen must be contacted if you

Continued on page 60...

...continued from page 59

plan to play. Her email is mcathynielsen@gmail.com or phone at 760-522-3092.

HAND & FOOT | Hand & Foot gets together on Thursdays at the Santa Rosa Clubhouse. Please arrive at 12:15 pm to play at 12:30 pm. *Please contact Kathy Reid at 760-469-2335 if you plan to play.*

CANASTA | Samba, which is another version of Canasta is played from 1 to 4 pm at the Montecito Clubhouse. If you wish to play regular Canasta contact Betty. All levels of players are welcome. Come join your neighbors and have some fun. If you have questions please contact Betty Dixon at 970-389-4682.

Happy Gaming!



Genealogy Club

The Last King of Afghanistan

The last king of Afghanistan, Mohammad Zahir Shah, was out hunting in the rugged mountains of the Hindu Kush, when their party came upon a large site of crumbling ancient ruins. Apparently, they had stumbled across one of the settlements established by Alexander the Great circa 330 BC as he surged east near the end of his amazing reign of conquest.

The abandoned city of Ai-Khanoum once hosted a 6000-seat amphitheater, an agora, a gymnasium, and temples, now merely ruins.

Their exploration of the site revealed a cemetery marker containing several inscriptions in Greek listing maxims of the Oracle of Delphi. Perhaps the most famous has been translated as "Know thyself."

Perhaps one of the best interpretations comes from American author, Maya Johnson who suggested: "If we do not know where we come from, we will not know where we are going."

Her words resonate most strongly for genealogists who spend countless hours trying to figure out "where we come from."

Join the journey of discovery genealogy provides to help you and your family understand "where we come from." Visit scshgenealogy.com or attend one of our monthly meetings, first Monday, 2 pm in the Monterey Room of the Santa Rosa Clubhouse.



Gin Rummy

The Gin Rummy Club meets every Monday at the Santa Rosa Clubhouse in the Newport Room. Games start at 1 pm, and we play until finished. Depending on how many players there are, games can end anywhere from 4:30 – 5:30 pm. Basic knowledge of the game is required. If you are interested, please contact Marie DeVito at 312-909-0446. We are a fun group, and all are welcome.



Golden Seniors



As our name implies, we are a social club. In fact, the fastest growing social club at SCSH, with over 40 members to date, we're hoping to double that number by May! Our members range in age from 61 to 100 years young.

You will find a great group of young-at-hearts, gathering and socializing; while creating strong connections, support, and memories. We meet on the third Wednesday of the month in the Capistrano Room from 2 – 4 pm. We have frequent entertainers and speakers, while enjoying fancy treats, soft drinks, and wine.

Our community is chocked full of amazingly talented and creative people, often offering their gifts to our GSSC, evoking purpose, meaning, and connection with one another. This amazing club is where you will find friendship, companionship, and a good laugh, all at a comfortable pace. How blessed we are to have so many of you step up to celebrate life together here in beautiful Sun City Shadow Hills, where you are always among friends!

You are welcome to attend one time, on us! The cost to join is only \$25 for singles and \$35 per couple, per year. Contact Mia Lynott, President, at 760-685-4468 or Terri Fitzsimmons, Vice President, at 951-330-9910.



Happy Travelers

If you love to travel, come find out about the Happy Travelers Club! We invite you to join us in exploring a variety of travel experiences with like-minded members of our community. You will have the opportunity to make new friends and gain valuable information for planning memorable travel adventures.

Please visit our website at SCSHHappyTravelers.com for more information about upcoming meetings, membership, and trip offers.

If you have questions, please send us an email at SCSHHappyTravelers@gmail.com.



Hiking Club



While the start of February gave us some rain and our first cancelled hike, it did not deter our SCSH hiking group. Even in misty skies, our first February hike to Joshua tree was fabulous and attended by a full group. It's hard to believe we are now in the last month of our hiking season. We look forward to many great hikes in March. The March 2024 Hiking Schedule is available on our website www.scshta.com/hiking. If

you are new to the club, make sure you thoroughly read all the information on our website so you are well-prepared for hiking in the desert. Wear good hiking shoes, bring poles, and make sure to bring snacks and plenty of water. If you are not a member of the club and would like to join, you can contact Marjorie Babuik at marjoriebabuik1@mymts.net to register your interest in being added to the list of hikers.



Jewelry Club



Again, members of the Jewelry Club will show their creations during the very popular Camera Club Exhibition and Sale on Saturday, March 9, 2024, in the Montecito Ballroom. Come and join us at the event or visit us on Wednesdays from 1 – 3 pm in the Montecito Clubhouse. Get inspired by the many amazing creative ideas of our members.



Lady Putters

Since putting is said to be half the game of golf, we get a few ladies that join to improve their golf game. The majority of our ladies have no golfing experience and join to enjoy the camaraderie of other woman and the social activities.

We completed our Valentine luncheon and are now getting ready for the Spring Luncheon and First Tee. First Tee is an activity where we join putting forces with young school age girls who are members of First Tee

Continued on page 62...

...continued from page 61

Club in their community. The girls enjoy the gift bag we pack, an afternoon of pizza, and prizes. If you miss your grandchildren, this activity will pull at your heartstrings.

Membership is \$20. We play on Monday with the choice of either 8 am or 9 am. We arrive 15 minutes early to sign in and pay \$2 to play. This is followed by a short meeting. A dollar is returned for each hole in one. To check out your interest, your first play is free. All you need is a putter and ball.

For more details, call our President Olga Kiena at 714-746-2111 or Marlene Dawson, the Secretary, at 360-739-5428.



Let's Meet and Eat

Greetings to our members! We are excited to "march" into the ballroom this month and dance the night away!

Dance Dates:

- **MARCH 3** | The Zippers are back and ready to show us again why we love them!
- **MARCH 14** | DJ Dance with Nouveau
- **APRIL 21** | Radio Ready
- **APRIL {DATE TBD}** | DJ Dance

We will be using Eventbrite for the DJ Dances. The cost will be \$5 per member. We eat/snack at 5 pm and dance from 6 – 8 pm. Remember to BYOB, bring snacks/food/plates, and utensils to *all* our DJ dances, as well as the band performances. LMAE provides a water station. We'll be emailing our members with instructions on how to use Eventbrite for the DJ Dances.

We thank all the new residents and the Golden Seniors Social Club for attending our last two dances. It's pretty simple what we do: eat, chat, dance, sing-along, take a break, hydrate...repeat!

Questions? Please call Party Central: Cherie at 760-953-6674, Margo at 310-977-2720, or email us at scshmeetandeat@gmail.com.

See you on the dance floor!



Lively Liners

The history of line dancing can be traced back centuries, with roots in cultural folk dances brought to North America by European immigrants in the 1800s. The United States is a cultural melting pot and line dancing combines many dance styles, including Pop, Latin, Irish, Jazz, and Country. Over time, line dancing has gained a wide audience and has become a favorite pastime for people of all ages and backgrounds.

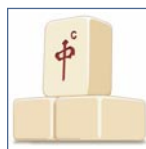


KEEP CALM AND LINE DANCE

We offer club members many classes each week along with a free monthly fun dance. Our classes range from Beginning to Intermediate. Try our free Introduction to Line Dancing on Mondays at 12:30 pm. Our Beginner Class is on Mondays at 1 pm. Your first two classes are Free! Please check the Montecito Fitness Center calendar or our website for the schedule.

There is Free Open Line Dancing every Saturday at 9 am at the Montecito Fitness Center.

Please visit our website at www.scshlivelyliners.com for more information or call Katy at 760-610-5710 or Melanie at 626-222-6044.



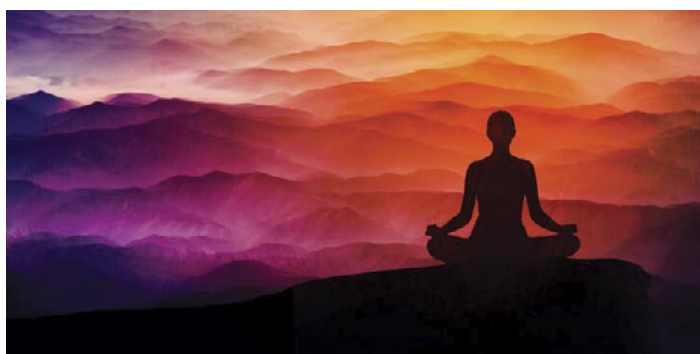
Mah Jongg

It's great to see the room full of Mah Jongg players every Wednesday from 12:15 to 3:15 pm. Our president, Rochelle Asheroff, would like to remind our members that \$10 for 2024 club dues should be paid

by March 15. Our instructor, Marcie, who gives lessons on Wednesday mornings is not available in March, so lessons will be suspended. If you want to join the group, contact Rochelle at asheroff@sbcglobal.net.



Meditation Over Medication



You are invited to join guided meditation sessions with Vib Verma. Live a balanced and fulfilled life. Reduce stress, anger, and anxiety. Vib features a unique topic each session. He will change your life.

- You will learn how to be happy and peaceful.
- You will learn to be positive.
- You will learn to generate love and compassion for all.

Science has shown that a negative mind can cause hypertension, insomnia, and other illnesses. With the right meditation practice, you can feel better, possibly reducing your dependence on some medications.

We meet on Mondays at 10 am in the Santa Rosa Clubhouse Pismo/Newport room.

For more information call Camille Brownson at 760-673-6694 or camillebrownson@gmail.com.



Men's Golf Club

By the time you read this article, the Shadow Hills Men's Golf Club (SHMGC) will have completed most of its 2023-2024 competitive play schedule. During February and early March, we played the Aviary Cup, our Dames and Dudes tournament, our Club Championship, and our Member/Guest tournament.

Our Member/Member competition is scheduled for March 7, and our Shadow Hills Cup will be played on March 28. This is a one-day competition, where only our top 2023-2024 money winners (62) tee up for bragging rights. The bottom line is, if you haven't been enjoying some (or all) of these special events, you have missed most of the fun for 2023-2024 (no problem, more next year). Speaking of next year, Dave Whitehead has recently accepted the responsibility of Tournament Committee Chair and will be planning and overseeing events for 2024-2025. Using his many years of golf experience, he promises to bring an even better season to us, starting in the Fall.

At our March Monthly meeting, we will be discussing our upcoming SHMGC Board Member election. If any of you have an interest in serving, let one of our Board Members know.

See you at the March 2024 SHMGC monthly golf meeting (donut meeting) on the 20th. Until then keep your head down and your putts to a minimum!



Needles and Pins

Our new club officers were installed at our annual luncheon on February 5. They are Cheri Stewart, President; Barbara Young, Vice President; Lizette Dalquie, Recording Secretary; Susie Talbott, Correspondence Secretary; and Kathy Pratt, Treasurer. We wish them success and thank the outgoing club officers for their service.



L to R: Lizette Dalquie, Cheri Stewart (incoming president), Joan Kiening (outgoing president), Kathy Pratt, and Susie Talbott

Continued on page 64...

...continued from page 63

Some of our members attended a three-day retreat in January in Temecula. They were able to work on projects, learn some new sewing tricks, eat delicious food, and enjoy friendships!

Also in January, we met for a class on making crumb quilt blocks. Crumb quilts sew small leftover scraps of fabric together similar to crazy quilts. The blocks will be sewn together to make a larger quilt to be given as a donation.



Crumb quilt blocks

If you have a desire to learn to crochet or sew a project, please come by. We meet on Sundays all day, Mondays 12:30 to 5 pm, and Wednesdays 9 am to 1 pm in the Cambria room in the Montecito Clubhouse.

For more information, please contact Cheri Stewart at cherylstwr83@gmail.com.



Newcomers Club



The Newcomers – Join the Fun Club!

Next meeting : Capistrano Room- March 25, 2024
5 PM to 7 PM Potluck/Happy hour

The SCSH Newcomers Club is a social club designed to introduce new residents (and those that feel that they are new) to Sun City Shadow Hills, to make new

friends, have fun, and learn about our beautiful new community together!

Our club is made up of unique, upbeat, and inclusive people, and is exciting to be part of! We started in late October and have doubled our membership in the last 12 weeks! Our club offers a variety of opportunities to meet and socialize with other residents of SCSH and to share common interests. Our meetings include beverages, light refreshments, and typically a happy hour/mixer and/or speaker presentations and entertaining activities. Our members enjoy learning about the community and local resources, having fun, and making connections. Our activities continually evolving to represent our members' interests.

Join us for new beginnings, new friends, and new adventures!



Oke Dokey Karaoke

"Singing is fun and makes you feel good."

~ Alan Voss, our karaoke jockey (aka "KJ")

The club meets on the first Thursday of the month (October through May) in the Montecito Ballroom from 6 to 9 pm. The best thing about karaoke is that you can sing or hear any kind of music you like – show tunes, country, big band, jazz, pop, rock, and tunes from "The Great American Songbook." We have 72,000 songs for you in our songbooks from today's tunes to those of the '40s, '50s, and '60s. You don't have to sing, just come and listen – studies show you may live longer and help get rid of stress with music! You'll meet interesting neighbors with varied backgrounds and assist in being a great audience for all the singers. Everyone sings better with enthusiasm from the audience. Our dance floor is also open for those who like dancing.

We can help those who haven't sung before – by helping pick a song or how to hold the "mic." Mark your calendar and come join us. Bring your own

libation and snacks. Dues are \$10/year if you decide to join. These funds help us with buying new songs and equipment.

For more information, tune in to SCSH Podcast Episode 306 (www.scshta.com/podcast306) for the interview with Alan Voss, club president, or call him at 209-768-9393.



Pairs 9-Hole Golf



Email: scshpairsgolf@gmail.com
 Michael Johnson – President
 Glenn Carlson – Vice President

The Pairs' 9-hole Golf Club's mission is to share the love of golf in a social, friendly setting. We play a fun line-up of games at the par 3 North Course. No handicaps are required; our club is designed to provide a fun golf experience.

All residents are encouraged to join, as a single or a couple. Players/couples are randomly paired to create team foursomes. Play starts in shot-gun format at 1:30 pm on the first and third Thursdays, October through April, unless otherwise posted. Following golf, we gather at Shadows Restaurant for happy hour where prizes are awarded.

Annual dues are \$15 per person, due in January. Once received, you will be on the sign-up email sent out on the Thursday the week prior to the play date.

Contact Glenn Carlson at 206-200-5452 or stretch1@wavecable.com, or Mike Johnson at 775-721-7966 or michael.d.johnson3860@gmail.com, for more information.

Remaining event dates for 2023-2024 Season are as follows:

- March 7 & 21
- March 21 (Club Dinner at 5 pm)
- April 4 & 18



Pan Club

Happy March to all our members! We are so blessed to be living in the desert this time of the year! Most people are getting over winter, waiting for spring, and here we are in the Montecito Clubhouse, playing cards, sharing memories, laughing with our fellow Pan members, and enjoying this glorious weather!

Thank you to all who have paid your membership dues. Your support helps us continue to keep all our supplies new and fresh and ensure that we are able to hold our annual fall tournament.

Don't forget to welcome our newest members! Most of them play on Thursdays, but several of them are ready to sub in our games. Please refer to our most current membership list if you need a sub for your game.

Any questions or comments? Please email Judy Wilabee at judywilabee@gmail.com or call her at 562-484-4960.



Paper Crafters

Our Paper Crafters Club members are busy creating beautiful cards each week. We have Martha Horner to thank for the founding of our club. Martha started the club with about ten members in 2007 and has been an active member ever since. She has a wealth of knowledge, not only about the history of the club but as a resource for techniques old and new. Martha also shares her teaching skills to enhance our members' enjoyment. Thank you, Martha, for giving us a wonderful club that allows us not only to be creative but to socialize with one another and to make new friends.

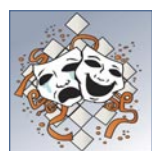
We meet in the Mirada room at the Montecito Clubhouse every Tuesday at 12:45 pm with classes beginning at 1 pm. Our weekly projects cost from \$1-\$3 per card. For SCSH residents, the first class is on us. You will see how much fun we have sharing our creativity with each other and making new friends. Membership is \$10.

Continued on page 66...

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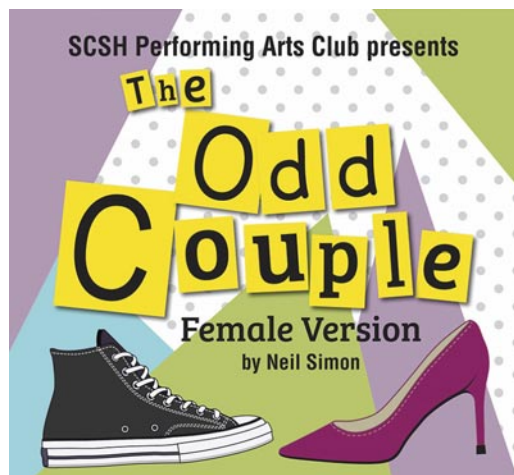
After class, you are encouraged to stay and use the supplies and equipment available to make additional cards or projects. One of our members is always there to help if needed. We would love to have you join us.

For more information or if you have questions, please contact our president, Debbie Mason, at 909-214-3453 or mrgreen486@yahoo.com.



Performing Arts Club

Wow! Tickets are selling fast for our hilarious spring play:



The Odd Couple Female Version By Neil Simon

Get your tickets today on Eventbrite:
www.scshta.com/tickets

Note: Please bring tissues. You'll need them to wipe away all the tears of laughter!

Performances are on Thursday and Friday evenings at 7 pm, March 21 and 22, with a Saturday and Sunday Matinee at 2 pm, March 23 and 24.

Did you know the "smell of grease-paint originated way, way back in the ought nineties? No? Neither did I, but it's as sure as Bostonians Bake Their Beans, the attraction of "grease-paint" that leads ordinary people to become an actor or stagehand is undeniable. Want proof? Just look at you, you, and you! You can't wait to be on stage to hear the roar of the crowd applauding your stellar performance! Am I right?

We don't use grease paint anymore! Max Factor took care of that when stage make-up was invented, but the magnetic attraction is still there. You'll look fantastic! Guaranteed!

Please contact our Club Secretary, Gordon Thomas, at gordon.thomas8727@gmail.com for membership information. In case you would like to talk to me, just call me. I'm Jamie McGrew, 949-500-4722.



Pet Club

Happy springtime Pet Club members and welcome to our newest members who've joined us!

As you heard, Jarred Ellis, from Animal Samaritans presentation was very informative in hearing about the new home being built for the animals! Also, with their new Pet Adoption and Human Education Center, and the various ways "we pet owners/pet advocates" can be part of in improving the animals lives that we care very much for!

Please come and join us on the second Tuesday of each month in Montecito Clubhouse in the Cambria/Mirada Rooms at 6 pm! The invited guest speaker on Tuesday, March 12 will be Peggy Jurek and canine Thor, both a very valued team for search and rescue.

For more info, contact Jo Provenzano-King, Club President, at 818-848-5959 or j.n.provenzano@hotmail.com.



Pickleball Club

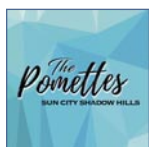
Happy Spring! Springtime brings the weather we wait all year to enjoy and 400 pickleballers are out there from 8 am until 8 pm daily doing just that!

While lots of us are trying to keep our New Year's resolutions and do all of those things that we planned on doing months ago, the pickleball players are "pickling" every day, enjoying the beautiful desert weather. We have lessons and events for everyone all week long.

March brings St. Patrick's Day and Easter along with Spring Break and lots of visitors to the valley. Be courteous and let them share some court time during our Open Play slots and join the fun with our great club members.

March also brings our Da2odil tournament to crown the Club Champion! Make sure you've signed up to play or help out. Come out and watch on March 16 and 17. Contact Mark at jpliquors@yahoo.com or 843-685-0140 with any questions.

Friday, March 29th, will be our closing dinner and election of officers for the 2024/2025 season, but that doesn't stop us from playing; we play year-round. Your board is still working tirelessly on getting much-needed shade! Please check our website for all information: SCSHpickleball.org.



Pomettes



Sherri Thompson, Choreographer for the Pomettes of Sun City Shadow Hills and Captain Dolores Spalasso demonstrated some new moves to the team at the Montecito Dance Studio. We have some exciting new events and routines coming up so stay tuned!

President "Sun City Sue" McCollum recently met with Tony Gant of the Senior Dance Groups of America. Tony facilitates with over 250 senior dancing groups throughout the United States. Most specialize in one form of dance: tap, jazz, salsa, etc. He was most impressed with the variety and types of events

the Pomettes chose to participate in, especially involvement in organizations throughout the Coachella Valley. Cheering on participants, assisting in selling raffle tickets, and performing with their pom poms.

If you or someone you know is interested in becoming either a performing member or behind-the-scenes assistant to the Pomettes, please contact Sue McCollum at suncitysuecheers1@gmail.com. Also, if you are interested in having the Pomettes perform at your event! *CHEERS!!!*



Rainbow Friends

Spring in our lovely valley begins Tuesday, March 19 this year. I hope you enjoyed our relatively mild winter weather even though, at times, it was "cooler" than normal. It was great to see the snow on the mountains around us but not have to get into it unless you chose to. Please don't forget to "spring" forward Sunday, March 10, as it's the start of Daylight Saving Time.

A huge "Thank You" to everyone who volunteered their time and effort planning our Dinner Dance, preparing the salad fixings, cooking food, decorating the ballroom, staffing the tables, taking tickets, and, of course, to the members and friends who attended our Annual Dinner/Dance. We could not have had such a successful and fun evening without you!

Our next regular meeting will be on March 13, in the Montecito Clubhouse, starting at 6 pm. We will be celebrating a St. Patrick's Day Theme "Happy Hour" Party. As always please check your email for the latest in club news.

We are a social club for the LGBT community, family, and friends. For further information, please contact Sue at 949-584-2344 or Ron at 925-785-3258.



Readers Ink

Fiction Book Club

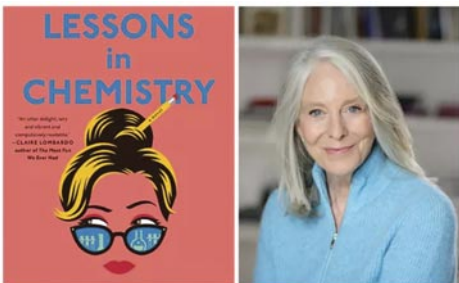
During our February meeting, Karla Fuller introduced the book *Underground Railroad* by Colson Whitehead. After the introduction, there were questions and

Continued on page 68...

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answers followed by a lively discussion. Then we had the drawing for the door prizes, followed by social time.

Our club meets on the fourth Tuesday of each month in the Capistrano Room of the Montecito Clubhouse. We have comfortable distancing at our discussion tables. The book for March is *Lessons in Chemistry* by Colson Whitehead.



So please join us for the discussions and meet fellow book lovers.

For further information, contact Terri Fitzsimmons at fitzsimmonsterri@gmail.com.

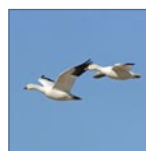


Non-Fiction Book Club

The next meeting of the Non-Fiction Addiction Group will be on Wednesday, March 27, at 2 pm in the La Jolla room at the Santa Rosa Clubhouse. For members who cannot attend in person, the next meeting will also be available via Zoom. Our selection for the month is the 352-page book *Undercover: My Secret Life and Tangled Allegiances as a KGB Spy in America*, by Jack Barsky.

If you want to get a jump-start on our April 2024 selection, we'll be reading and discussing the 546-page book *The Invisible Rainbow: A History of Electricity and Life*, by Arthur Firstenberg.

If you'd like to join us, see who we are, and how we manage to have a great time discussing each of the books selected, contact jhan.schmitz@gmail.com.



Snowbirds Club

The Snowbirds Club was created for two primary reasons: 1) to provide specific information on a variety of topics to snowbirds, most importantly, safe home closures, and 2) to provide a vehicle for snowbirds to meet, socialize, and have fun together. Presently, the Snowbirds Club is comprised of almost an equal number of American and Canadian Snowbirds, and we have quite a few permanent residents as members.

The Snowbirds Club has a 25-page Home Closure document to help you with the many steps necessary to close your home for the summer. We can also provide information on maintenance, repairs, and technology for your home.

The Snowbirds Club holds many social events throughout the winter where members can meet with other snowbirds, socialize over a glass of wine, and have some fun. Our goal is for snowbirds to develop some strong friendships.

We have created a variety of snowbird social groups for coffee, casual lunches, monthly mixers, and happy hours, as well as some outside programs. All are great way to meet fellow snowbirds. To attend our member events and programs, please join our Snowbirds Club by registering at shadowhillssnowbirds.springly.org or by contacting the Membership Director at scshsnowbirds@gmail.com.



Solos Club

Solos is a social club for single residents of SCSH. Our regularly scheduled activities each month include an outing, like a dinner or happy hour, and our regular monthly meeting, which also includes a fun activity.

On March 17, members will enjoy a classic St. Paddy's dinner of corned beef and cabbage along with a challenging game of charades and appropriate prizes.

Solos also has a standing reservation for a few tables at Shadows Restaurant for happy hour every Friday night at 4 pm. Come meet with your fellow members

or make a new friend and enjoy a drink, appetizer, or small meal.

Our regular monthly meetings are held on the third Sunday of each month from 5 – 7 pm in the Capistrano Room of the Montecito Clubhouse. Hope you can join us then. If you would like any membership information, contact Shirley Bunce at 760-345-8121 or email her at bunce.shirley123@yahoo.com.



Tennis Club

Another season of tennis is in full swing with a variety of club programs. We also have four League Teams playing out of SCSH this season, and they will finish up their matches at the end of the month.

From March 4 through 17, we will be able to take a break from our regular routines to enjoy watching the Pros compete at the BNP Paribas Open. How lucky we are to have this "5th Major" of our great sport in our backyard! Whether you volunteer, attend in person, or watch it on TV, it is always an amazing event!

Our club's Spring Social, AGM, & Elections will be held on Saturday, March 30 at the Montecito Ballroom. Complete info is on our club website, and deadline to sign up is March 23rd.

If you are new to our community and are interested in tennis, our dues are \$20 a year and include access to organized playing schedules for all skill levels. We also host many activities during the year for our members to gather off the courts. To join our club please visit <https://scshtennis.com> or contact Linda Johnson at lnkjohns@hotmail.com.

See you on the courts!



That's Entertainment

Our November – April comedy nights will have "full concert seating" to accommodate more residents that would like to attend during the winter season. Shadows has a full cash bar in the lobby at 6 pm on comedy night. Cocktails, wine, beer, and soft drinks are available for purchase before the show.

If you are new to the community, you may be unaware of Sir Laffs-A-Lot's Comedy Night. Usually on the third Wednesday of each month, we arrange for two southern California comedians to put on a 90-minute comedy show, at 7 pm, in the Montecito Clubhouse. The talent is different every month. We are in our 15th year of presenting this popular event. Reserved seat tickets, for \$12 each, go on sale on the first day of each month at 8 am in the Montecito Lobby. Please see our ad in this magazine or poster/flyers for further information.



Tuesday Night Putters

We are a club that plays the 18-hole putting course every other Tuesday night in a very social atmosphere. This does not require skill of any kind, just a ball, a putter, a fun-loving spirit, and the ability to have a good time. We have both couples and singles. After the putting is over, we celebrate with pizza, Mario's, El Pollo Loco, etc.

The membership fee is \$20 and \$15 for each putting session which includes a meal, putting, and a raffle ticket good for several prizes.

We are dark in the off season.

Tuesday Night Putters Calendar 2024:

- Tuesday, March 5
- Sunday, March 10 – Spring Fling Dinner Dance
- Tuesday, March 26
- Tuesday, April 9
- Tuesday, April 23

Visit www.scshta.com/tnpmembership for our membership form. Once your application is submitted you will receive an email at 7 am the Tuesday before a scheduled event to sign up.



Tutta Bella Vino

PINOT NOIR EVERY WAY

This is an extraordinary Pinot Noir wine event, so you can enjoy "Pinot Noir Every Way." Join us on Saturday

Continued on page 70...

...continued from page 69

March 16, 2024, at 7 pm in the Montecito Ballroom. Ryan Byrd, our very own club sommelier with Signature Fine Wines will be here to guide our tasting. Please register early to experience this Pinot Noir wine event.



- The membership fee for this season is \$15 per person. Please pay when you register for your first event. If you have never attended a tasting, you can attend one event without paying a membership fee to experience our tastings.
- The Wine Tastings by Tutta Bella Vino are \$25 per member and \$28 for a non-resident guest of a member for the "regular" tastings.
- The tasting by Tutta Bella Vino will include 6 to 7 wines for the evening with a cheese and fruit platter at your table.
- *Please, for this event you must bring your own wine glass!*
- You will be able to order wine by the case at special club pricing at the end of the evening. Shadows accepts both credit cards and checks for your orders.
- The Registration forms will be on the Club webpage at www.scschca.com/tuttabella on February 17, 2024, and the racks at Montecito. Registration closes March 9, or upon sell-out. Unless you are notified otherwise, your registration has been accepted.
- Questions? Please email tuttabellavino@gmail.com.



Photos from our party in January



Veterans Club

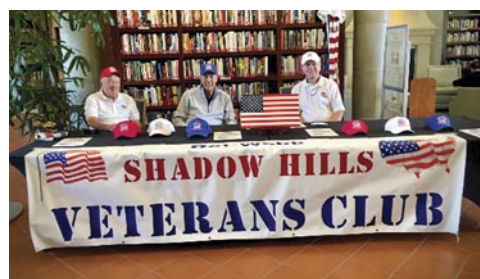
Veterans Club meeting is March 19, at 6 pm – Montecito with pizza and beverage. We have an excellent guest speaker. Look at our website for details: www.scsheveteransclub.org.

Also, interesting information about Coachella Valley and military historic places of interest. Visit the **Palm Springs Air Museum**. There is always something new at the Palm Springs Air Museum, which is home to one of the world's largest collections of static and flyable aircraft from WWII through the War on Terror.



March events include:

- March 9, 1 pm – 2 pm: **How Hollywood Fought the War – On-Screen and Off**
 - March 16, 1 pm – 2 pm: **Divided on D-Day: New Perspectives on the Normandy Invasion**
 - March 23, 1 pm – 2 pm: **WWII Aircraft of the Aleutians**
 - March 30, 11 am – 2 pm: **Fighter Group: The 352nd "Blue-Nosed Bastards" in World War II**
- Need a new flag? Call Larry Smith at 714-401-3772 or email at sharlar55@gmail.com. Flag sales on March 8th, from 10 am to noon at the Montecito lobby.



We are looking for new members, come join us on the third Tuesday of each month at 6 pm. For more information, contact club President Tony Napolitan at 760-604-3543.

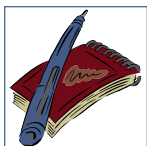


Women's Golf Club

Happy St. Patrick's Day everyone! Our regular play day is Wednesday at 8 am with split tee times. Members have the choice of playing from the gold or silver tees. We also have Friday tee times. One of our February events, the Solheim Tournament, was a lot of fun, and Sandra's blue team took home the honors!

March is full of chances for our membership to enjoy old and new friends, as well as friendly competition. We start with the Club Championship, a two-day individual medal play event, with both a gross and net champion crowned. Next comes some real fun events: a team play date with the Classy Niners and Beat the Pro, where members can make their own foursome. Lunch in Shadows Restaurant or the Montecito Ballroom follows each of these events. Team golf is in full swing as well, with both the Fall and Spring teams competing against other local women's clubs.

Check out our new website, www.shwgc.com, for more information!



Writer's Club

Our club meets every Thursday of each month in the La Jolla room in the Santa Rosa Clubhouse at 9:30 am. There are no meetings on the fifth Thursday of any month.

We are a group of individuals who enjoy writing. Each member has the opportunity to read one or two pages, or 500 words or less, of their work to the group and receive ideas, direction, and gentle criticism. Part of being in our club is the encouragement we all get from each other to write on a regular basis.

It's easier than you think to write your own story. Every year millions of great stories disappear forever. It does not matter if you are writing fiction, non-fiction, or memoirs; write a page a day for a year, and you have a book!

When you join us, you will meet interesting people and hear their fascinating stories. Try your hand at writing that story you have always wanted to tell.

Free membership! For more information, email Beth at bethbolduc7@gmail.com, or Tony at antiqphoto@gmail.com.

RESIDENT GROUPS



Democrats

OUR NEXT MEETING IS:

Thursday, March 21, 2024

Montecito Clubhouse – Cambria Room

Social time begins at 6:00 pm

Meeting begins at 6:30 pm

Please join us! We welcome new members!

Come help us strategize for 2024.

Come join with others to influence decision-making and elections by supporting qualified Democrats wishing to run for public office. Our club activities include education, campaigning, voter registration, protesting, and GOTV (Get Out the Vote!) activities.

We work to impact not just elections in California but those across the country, both state and federal.

Please contact us via our email address or website:

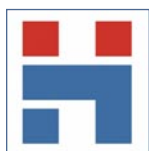
- If you want to join our group.
- If you want to receive our weekly Monday Morning emails.
- If you have any questions about the Dems Club.

Our weekly emails will keep you informed about local and national issues, volunteering opportunities, and local political events.

Email: taribeer10@gmail.com

Website: www.scs hdems.org





Hadassah

Join Hadassah on Thursday, March 7, as David Bocarsky, the Executive Director of the Jewish Public Affairs Committee of California (JPAC) will be our featured speaker. Doors open at 10 am for coffee and nosh. The program begins at 10:30 am.

JPAC is the umbrella organization, comprised of California's leading Jewish community organizations, that advocates each year in Sacramento on behalf of the Jewish community's concerns and broadly shared values. These member organizations – including Jewish Federations, Jewish Community Relations Councils, Jewish Family Service agencies, and others – collectively serve hundreds of thousands of Californians of all backgrounds and represent the interests of California's 1.2 million Jews, making it the largest single-state coalition of Jewish organizations in the nation.

These important issues include the safety and security of the Jewish community and religious institutions, supporting Holocaust survivors, sustaining services and programs to assist our most vulnerable Jewish populations (survivors of domestic violence, human trafficking, and others), maintaining a strong California-Israel relationship, and combating anti-semitism and hate.

This most important and informative meeting will be held at the Jewish Federation of the Desert Building in Rancho Mirage. Paid reservations are needed. Contact Debbie Orgen, President of Sabra Hadassah of the Desert, at 760-289-7987 for questions and to RSVP.



Mountain View Church

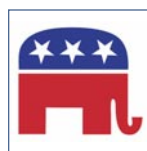
It's that time again when green food and green-colored drinks are all the rage, along with college basketball and tiny green people, leprechauns, not Martians, pots of gold, and good luck. It is festive and important if you believe in luck from four-leaf clovers and such things. And don't forget the Lucky Charms, "they're magically delicious."

However, as a believer in Christ, I'm happy to say that I do not believe in luck or coincidence. I believe in Divine providence. We have complete assurance that our Heavenly Father has a plan and purpose for each of us. He is always there for us. He makes us aware of His presence on a moment-by-moment basis. He does amazing things in our lives.

We at Mountain View Church invite you to join us for service every Sunday morning at 10 in the Capistrano Room for an uplifting time of hymns, Bible teaching, and fellowship. We won't make any promises you can't keep. Who knows, it might be your lucky day! Haha!

Hope to see you soon, just *March* on any Sunday!

For more information or prayer call or text Pastor Ed at 760-908-3119. Email at pastored@cox.net.



Republicans

Join us March 12 when our guest speaker will be Riverside County District Attorney, Mike Hestrin.

As District Attorney, Mr. Hestrin has focused on updating technology and investigations, vigorous prosecution of serious and violent felons, crime prevention and rehabilitation, state-of-the-art victim support services, and informing communities about important public safety. His core focus is tough traditional prosecution of serious and violent felonies.

If you are interested in helping Republicans make a difference in the Coachella Valley, join our group. We meet at the Montecito Clubhouse on the second Tuesday of each month. Social time begins at 6 pm, and regular meeting starts at 6:15 pm. Refreshments are served.

Staying informed about the issues of today is essential, and there is no better place to learn what is current in our community, state, and nation than at our meetings.

Candidates are lining up for the 2024 election. We will be examining critical issues, highlighting the track records of the various candidates, and presenting opportunities for our members to help make 2024 a successful year for all Republican candidates.

Annual dues: \$25 per couple and \$15 for a single membership. Membership applications are available at Lifestyles.

Further information: Pete Anderson at petegolf@yahoo.com; 760-775-4745.

CLUBS IN FORMATION



VeloCity Cyclists

The VeloCity Cyclists of Sun City Shadow Hills are a group of road cycling enthusiasts. We ride Mondays, Wednesdays, and Fridays averaging 30-40 miles throughout the Coachella Valley. It is our hope to add more members, both men and women, to enjoy rides. Usually, we stop for coffee along the route for great camaraderie. For those interested in joining, contact Greg Smith at 650-861-7408 or gs_smith@pacbell.net.



Interested in
starting a club?

Drop by the Lifestyle Desk
for an informational
packet or call:
760-345-4349 ext. 2120

Sun City Shadow Hills®
by Del Webb

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Welcome, Resident

Ask a Question
Do you have questions about things going on in our community? To receive answers from your Information Advisory Committee, HOA Board, and/or Management, click below.

Ask a Question
FAQs
Homeowner's Handbook

Desert Living
Tip of the Month

Visit our community website!

Go to: www.scschca.com

Log in today and stay up to date with the latest happenings at Sun City Shadow Hills

- Important HOA Announcements
- Upcoming Events
- Resident Corner
- Documents
- Podcast
- Board Meeting Videos
- Classified Ads
- Resident Directory

And so much more!

Want to ...
be among the first to know what's
happening in Sun City Shadow Hills?
Sign up for the Monday email blast!

Fill out the Announcements by Email Request Form online at www.scschca.com/emailsignup or stop by the HOA office to sign up.

You will begin receiving our weekly email blast each Monday morning, letting you know what is happening in our community that week. You will also receive critical alerts.

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Automotive & Golf Carts

Mark's Cart Repair 84

Charities

Galilee Center 79

Habitat for Humanity CV 85

Clothing & Jewelry

Trish Belisle Creations 89

Computer Services

Blanca Pershke Computer Help 89

Bridgit 84

Entertainment

SCSH Community Singers 39

Financial & Legal

Colleen Rosenberg Living Trust 90

Howard M. Speyer Attorney 87

Legal Docs by Sundance 86

Health & Beauty

Dr. Keith Gross, MD 76

Health & Wellness

Home Sweet Home 82

Precision Adult Care 82

Wright Health Insurance Agency 83

Home Improvement

Absolutely Spotless Carpet 88

Arrest A Pest 82

Beavers Cabinety 88

Calibugs Termite & Pest Control 89

CSG Painting & Stucco Repairs 84

D&L Services 88

Desert Pro Electrical 86

Door Pros 86

Dream Maker Bath & Kitchen 85

DVS Plumbing 90

E. Aguilar Gardening Service 89

First Choice AC & Heating 91

Groutmasters 90

Hung Right Garage Door 86

Hydes AC & Electrical 81

Israel Diaz Landscaping 86

Jerry Home Improvement 88

Jerry Meza Roofing 90

JM Handyman Services 89

JS MacDonnell Contractor 83

JZ Creative Designs 80

Magic Touch Electric 88

Magic Touch Plumbing 87

MC - Air 87

MM's Painting 84

Precision Handyman 88

Premier Knife Sharpening 88

Price Painting 85

PuroClean Services 74

Renova Energy 79

Service Pros A/C & Plumbing 80

Shadow Hills Clean Bins 77

Home Security

Command One Security 83

Home Watch Services

Henry's HomeWatch Services 88

Professional Home Watch 86

Moving & Storage

Desert Moving Co. 78

Personal Assistants

Margarita's TLC 89

Pet Care

Al & Barbara Pet Sitting 86

Real Estate

Beanie Goldsmith 87

Bob Furring Realtor 85

Bonnie J. Hart 87

Bonnie Steele 84

Brownson Group 87

Chrystie Adams, Realtor 80

Friends Real Estate Group 78

Jane Tufts 90

Jelmborg Team 92

Jennifer McKee 89

Mary L Williams & Associates 81

Michele Nazarian 89

Rick Halla 87

Robert Dodge 87

Scott Pessin Real Estate 83

Sherri Sacks 82

Vib Verma 86

Transportation & Travel

Signature Limousine 90

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(Across from Sun City Palm Desert Community Association)

Palm Desert, CA

760.340.3376 (DERM)

www.dermatology-centers.com



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*Are you tired of having dirty, smelly trash bins in your yard or garage?
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Three reasons to have our company clean & maintain your bins on a regular basis:

1. We eliminate potential bacteria like E-Coli, Listeria and Salmonella that may be growing in your bins.
2. Insects and rodents are attracted to the garbage residue living in your bins. Keeping them clean will help with controlling this problem.
3. We remove the odor from your bins.



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and
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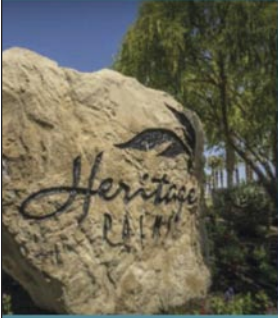
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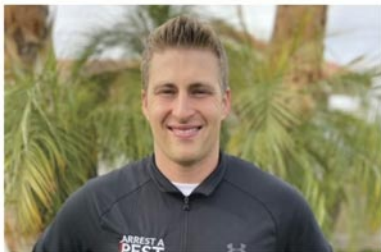


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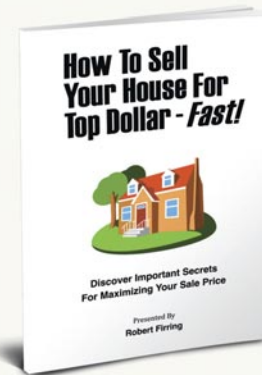
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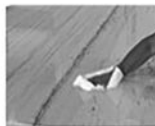
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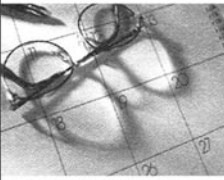
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