

# THE VIEW



 Sun City  
Shadow Hills®  
*by Del Webb®*

May 2024

*A Hero Walks Among Us*

Juan Carlos Lopez-Mendoza (second from left)  
story on page 12

## CONTACT INFORMATION

80-814 Sun City Boulevard, Indio, CA 92203  
[www.scszca.com](http://www.scszca.com) | 760-345-4349

### 24-Hour Contact:

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Avenue 40 Front Gate (Phase 3) | 760-342-4725

Homeowner Association (HOA) . . . . . Ext. 1  
Lifestyle Desk (Montecito Clubhouse). . . . . Ext. 2120  
Montecito Fitness Center . . . . . Ext. 2111  
Santa Rosa Clubhouse. . . . . Ext. 2201  
Shadow Hills Golf Club South . . . . . Ext. 2305  
Shadow Hills Golf Club North . . . . . Ext. 2211  
Shadows Restaurant . . . . . Ext. 2311  
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Vanessa Ayon, Assistant General Manager  
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Celeste Cordero, Community Assistant – Architectural  
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Starr Meza, Community Assistant – Covenants  
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Gus Ramirez, Communications Manager  
[gus.ramirez@associa.us](mailto:gus.ramirez@associa.us). . . . . Ext. 2204

### SCSH Community Association Board of Directors

Scott Pessin, President  
[scott.pessin@scszca.com](mailto:scott.pessin@scszca.com)

Barbara Prezlock, Vice President  
[barbara.prezlock@scszca.com](mailto:barbara.prezlock@scszca.com)

Terry Coon, Treasurer  
[terry.coon@scszca.com](mailto:terry.coon@scszca.com)

Linda Aasen, Secretary  
[linda.aasen@scszca.com](mailto:linda.aasen@scszca.com)

Larry Siegel, Member at Large  
[larry.siegel@scszca.com](mailto:larry.siegel@scszca.com)

## HOURS OF OPERATION

Visit [www.scszca.com/hours](http://www.scszca.com/hours) for latest hours of operation.

### ASSOCIATION OFFICE

Monday – Friday | 9 AM – 12 PM, 1 – 4 PM

First Saturday of the Month | 8 AM – 12 PM

LIFESTYLE DESK | Daily | 8 AM – 5 PM

MONTECITO CLUBHOUSE | Daily | 6 AM – 10 PM

MONTECITO FITNESS CENTER | Daily | 5 AM – 8 PM

POOL HOURS | Daily | 5 AM – 10 PM

Children’s Pool Hours (Ages 4-16)

Montecito Outdoor Pool | 9 AM – 12 PM

Santa Rosa Pool | 2 PM – 5 PM

SANTA ROSA CLUBHOUSE | Daily | 6 AM – 9 PM

SANTA ROSA FITNESS CENTER | Daily | 6 AM – 9 PM

SHADOWS RESTAURANT | Tuesday – Sunday | 8 AM – 8 PM

SHADOWS TERRACE | Monday | 6 AM – 3 PM

Tuesday – Sunday | 8 AM – 8 PM

SANTA ROSA BISTRO | Daily | 6 AM – 1 PM

MONTECITO CAFÉ | Tuesday – Friday | 10 AM – 2 PM

All hours are subject to change.

## THE VIEW

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### MISSION STATEMENT

To promote the community and recognize the individuals who contribute to the identity of the community, and to impart information relevant to the community as a whole.

### THE VIEW ADVISORY COMMITTEE

Aggie Jordan, *Chair*; Beth Bolduc; Arnold Choy; Bob Firing;  
Terri Fitzsimmons; Julie Harris; Gina Pollack; Lee Powell;  
Vicki Prince; Bara Rosenheck; Dennis Sheehan

### STAFF

Editor-in-Chief | Cari Burleigh, *General Manager*  
Production Manager | Gus Ramirez, *Communications Manager*  
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– or to submit stories for publication –  
please email [view@scszca.com](mailto:view@scszca.com) or contact  
Gus Ramirez, *Communications Manager*,  
at 760-345-4349, ext. 2204.



# PRESIDENT'S REPORT

SCOTT PESSIN | PRESIDENT

Hello, neighbors. Our 2024 Board of Directors has been decided. Congratulations to our newly elected members Larry Siegel and Linda Aasen, as well as Terry Coon and Barbara Prezlock, who will serve their second year.

Thank you to the community for participating in the election process. While it is not uncommon for board members to have different goals and objectives, I believe what we all share is the desire to serve the community to the best of our ability and to work together to protect our investment plus our lifestyle in this beautiful community.

I want to thank Jerry Conrad, the outgoing Board President, for his leadership these past two years. I say confidently that Jerry was always motivated by what he felt was in the best interest of the community. Thank you to Kathy Lindstrom for your shared dedication and service to Sun City Shadow Hills.

The new Board will have challenges going forward and will be making decisions that potentially impact us all. We are in the final steps of the lawsuit with CVWD and the North Channel Project. We have reached an agreement in principle and believe we have come to the best possible outcome considering the circumstances. We will be sharing as much as we can when everything is finalized. The good news is that there is no great cause for alarm concerning our Jefferson bridge. We will need to have plans and procedures in place going forward to handle any additional water passing through our community should we experience a heavy rain event.

We also have challenges to tackle dealing with inflation, wage increases, supply chain issues, and the cost of just about everything going up. We need

to re-evaluate what is currently stated in line-item replacement costs in our reserve study. The good news is that we have a stellar Financial Advisory Committee and Facilities and Services Committee. In fact, we are in great shape with all our advisory committees. You need only to experience our committees in action to truly appreciate how fortunate we are to have these dedicated volunteers who so willingly give their time and expertise for the betterment of us all.

This community is in a pretty enviable financial position given the sheer size of the small city that is Sun City Shadow Hills. I have always believed that we are more akin to a city than we are to a for-profit business model, as others suggest. We have infrastructure that is costly to maintain. Our largest expense is ensuring our common areas are updated and attractive to homeowners and home buyers alike. We have a number of large renovation projects currently ongoing and upcoming.

*continued...*

## Next Board Meeting:

Date: Monday, May 20

Time: 2:00 pm

Location: Montecito Ballroom

Please join us!



*...continued*

Our roadways are our biggest ongoing expense. Switching both our consultants and contractors on the latest roadway project has yielded a much better result. I am sure you have also noticed the major landscaping projects going on throughout the community. It is starting to look better and fresher every day.

We have many wonderful amenities that I am sure played into your decision to purchase a home here. None of our amenities makes a profit by design. There is a balance between the amenities offered and their cost to our homeowners. Whether or not you participate in or take advantage of any of our offerings, I assure you that their existence and upkeep does have an impact on keeping our home values up.

Again, it is a team effort to keep this small city running smoothly. Without dedicated volunteers as a large part of the mix, we simply would not be able to

achieve this without substantially higher HOA monthly dues for us all.

Speaking of a team effort, we are extremely fortunate to have our partners in place for our general management plus golf and food and beverage operations, landscape, legal counsel, and security. Working with them all these past two years, I quickly realized how lucky we are to have them. Is everything perfect? No. We will continually work to improve operations in all areas, and to increase overall homeowner satisfaction.

As the Board accepts the challenges ahead, I hope that we will all work together, along with homeowner input, to make sure the community stays on the right track. We may not agree on everything, but I believe we all want what is best for the community and will ultimately work toward that goal.

Until next time, be well!

Contact the author at [scott.pessin@scszca.com](mailto:scott.pessin@scszca.com).

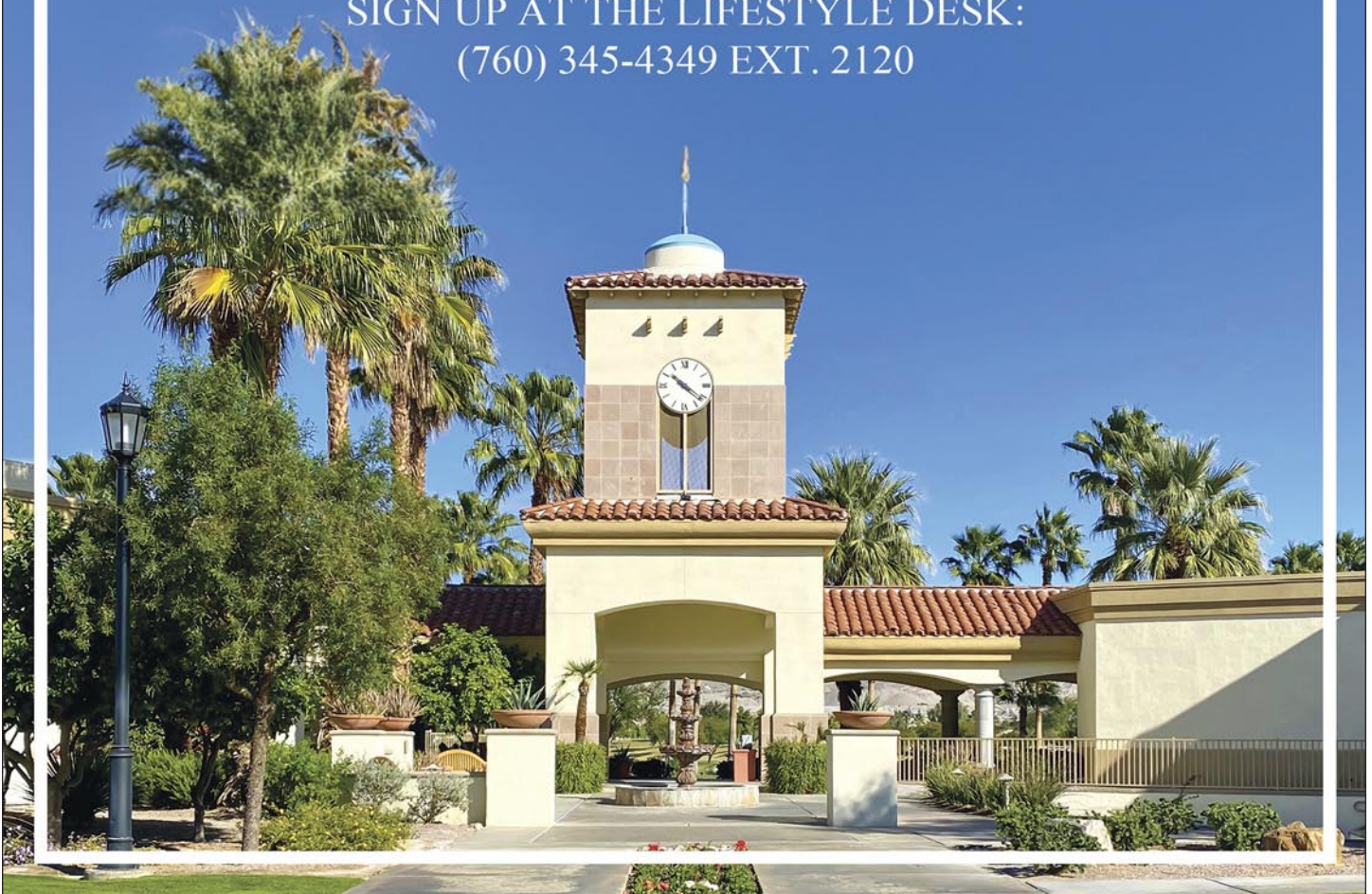
# NEW HOMEOWNER ORIENTATION

**FRIDAY, JULY 12, 2024 AT 10:00 AM**  
MONTECITO CLUBHOUSE BALLROOM

**We host a Get Acquainted half-hour for residents to gather at 9:30 am and the meeting will start at 10:00 am.**

The orientation is an opportunity for you to learn more about your community. All Department Heads will be there to provide details about their department duties and responsibilities. Please RSVP at the front desk or call to let us know if you will be attending the orientation.

**SIGN UP AT THE LIFESTYLE DESK:  
(760) 345-4349 EXT. 2120**



# TREASURER'S REPORT

## Sun City Shadow Hills®

### Condensed Financial Information

#### Balance Sheets

	February 29, 2024 (Unaudited)	February 28, 2023 (Unaudited)	December 31, 2023 (Unaudited)
<b>Assets:</b>			
Cash and cash equivalents	5,639,814	5,645,477	5,085,795
Certificate of deposits and investments	17,230,487	14,621,686	16,661,900
Property and equipment, net	711,926	1,172,665	785,167
Cash - chartered clubs	199,594	199,594	199,594
All other assets	366,179	488,994	499,780
Total assets	<u>\$24,148,000</u>	<u>\$22,128,416</u>	<u>\$23,232,236</u>
<b>Liabilities:</b>			
Accounts payable and accrued expenses	1,029,879	1,098,830	1,843,133
Prepaid Assessments and deferred revenue	812,532	885,388	240,413
Total liabilities	<u>\$1,842,411</u>	<u>\$1,984,218</u>	<u>\$2,083,546</u>
<b>Fund balances:</b>			
Operating	2,882,576	2,754,257	2,381,753
N Channel Flood Control Fund	1,074,301	1,168,946	1,077,824
Chartered Clubs	199,594	199,594	199,594
Property and equipment	711,926	1,172,665	785,167
Replacement	17,437,192	14,848,736	16,704,556
Total Fund Balances	<u>\$22,305,589</u>	<u>\$20,144,198</u>	<u>\$21,148,894</u>
Total Liabilities and Fund Balances	<u>\$24,148,000</u>	<u>\$22,128,416</u>	<u>\$23,232,440</u>

<b>Statement of Changes in Fund Balances</b>	<b>Operating Fund</b>	<b>North Channel Fund</b>	<b>Replacement Fund</b>	<b>Total</b>
Fund balances, beginning of year	3,290,925	1,077,824	16,704,556	21,073,305
Excess of revenues over expenses	503,171	(3,523)	732,636	1,232,284
Interfund Transfers				
Fund balances, as of February 29, 2024	<u>\$3,794,096</u>	<u>\$1,074,301</u>	<u>\$17,437,192</u>	<u>\$22,305,589</u>

Detailed Financials can be found at [www.scshta.com/documents/finances/](http://www.scshta.com/documents/finances/) (login required)



## Meet a Board Member

Thursday, May 9 · 3 pm · Montecito Clubhouse Capistrano Room

Come by and introduce yourself to Linda Aasen, Secretary of your HOA Board.

She wants to hear what you like about our community and if you have any concerns.


**Sun City Shadow Hills®**
**Statements of Revenues & Expenses Compared**

to Budget for the 2 months ended February 29, 2024

	<u>Actual</u>	<u>Budget</u>	<u>Over (Under) Budget</u>	<u>2024 Annual Budget</u>	<u>Total Monthly Assessment</u>
<b>Operating Fund</b>					
<b>DRM/HOA Operations</b>					
Assessments	1,576,303	1,576,303	0	9,457,830	\$228.45
All other revenues	140,353	96,805	43,548	787,830	
Total revenues	1,716,656	1,673,108	43,548	10,245,660	
Total expenses	1,572,692	1,715,033	(142,341)	10,345,780	
Excess of revenues/(expenses)	143,964	(41,925)	185,889	(100,120)	
<b>North Channel Flood Control</b>					
Assessments	0	0	0	0	\$0.00
All other revenues	4,470	0	4,470	0	
Total revenues	4,470	0	4,470	0	
Total Expenses	7,993	37,500	(29,507)	225,000	
Excess of revenues/(expenses)	(3,523)	(37,500)	33,977	(225,000)	
<b>Troon Operations-Golf</b>					
Revenues	1,004,793	828,600	176,193	3,748,200	
Expenses, Includes depreciation	904,793	910,455	(5,662)	5,631,577	
Excess of revenues/(expenses)	100,000	(81,855)	181,855	(1,883,377)	
Assessments	241,708	241,708	0	1,450,248	\$35.03
Excess of revenues/(expenses)	341,708	159,853	181,855		
<b>Troon Food &amp; Beverage</b>					
Revenues	300,507	346,000	(45,493)	1,584,800	
Expenses	387,268	418,207	(30,939)	2,210,299	
Excess of revenues/(expenses)	(86,761)	(72,207)	(14,554)	(625,499)	
Assessments	104,260	104,260	0	625,560	\$15.11
Excess of revenues/(expenses)	17,499	32,053	(14,554)		
<b>Total Operating Fund</b>					
Assessments	1,922,271	1,922,271	0	11,533,626	\$278.59
All other revenues	1,445,653	1,271,405	174,248	6,120,830	
Total revenues	3,367,924	3,193,676	174,248	17,654,456	
Total expenses	2,864,753	3,081,195	(177,510)	18,187,656	
Excess of revenues/(expenses)	503,171	112,481	390,690	(533,200)	
<b>Replacement Fund</b>					
Revenues					
Revenues (Assessments)	465,129	465,129		2,790,774	\$67.41
All other revenues	85,394	68,000	17,394	408,000	
Unrealized gain/loss on investments	268,064	0	268,064		
Total revenues	818,587	533,129	285,458	3,198,774	
Total expenses	85,952	5,167	80,785	3,783,643	
Excess of revenues/(expenses)	732,636	527,962	204,674	(584,869)	
<b>Total Monthly Assessment</b>					<b>\$346.00</b>

PEOPLE WHO MAKE OUR LIVES BETTER



Photo by Gus Ramirez

## Byron Flores

### EMPLOYEE OF THE MONTH

It is our great pleasure to recognize Byron Flores as the employee of the month.

Byron has been a part of the facilities maintenance team for a little over a year now. His duties include light maintenance repairs for the community's plumbing, electrical, painting, and welding needs. Byron played a big role in the Santa Rosa outdoor pool access ramp project. He manufactured and welded the ramp handrail and wrought iron fence relocation. Byron has the knowledge and experience to perform his daily assigned duties in a professional manner with a high-quality outcome 100% of the time.

In his leisure time, Byron enjoys being with his family, especially cheering on his two grandkids, who play soccer in one of our Coachella Valley leagues.

We thank Byron for his hard work on the facilities team and for being a great team player.

## ADVISORY COMMITTEES

### CITY DEVELOPMENT COORDINATING COMMITTEE

[citydevelopment@scshca.com](mailto:citydevelopment@scshca.com)

Chair: Deborah Gmeiner

### COVENANTS COMMITTEE

[covenants@scshca.com](mailto:covenants@scshca.com)

Chair: Fera Mostow

### DESIGN REVIEW COMMITTEE

[designreview@scshca.com](mailto:designreview@scshca.com)

Chair: Agi Kessler

### EMERGENCY PREPAREDNESS COMMITTEE

[epc@scshca.com](mailto:epc@scshca.com)

Chair: Jeff Kirkpatrick

### FACILITIES & SERVICES ADVISORY COMMITTEE

[facilities.services@scshca.com](mailto:facilities.services@scshca.com)

Chair: John Petersen

### FINANCE ADVISORY COMMITTEE

[finance@scshca.com](mailto:finance@scshca.com)

Chair: Robert "Bob" O. Jester

### FOOD & BEVERAGE ADVISORY COMMITTEE

[foodbeverage@scshca.com](mailto:foodbeverage@scshca.com)

Chair: Shari Woodbridge

### GOLF ADVISORY COMMITTEE

[golf@scshca.com](mailto:golf@scshca.com)

Chair: TBD

### HEALTH & FITNESS ADVISORY COMMITTEE

[healthfitness@scshca.com](mailto:healthfitness@scshca.com)

Chair: Angela Frost

### INFORMATION ADVISORY COMMITTEE

[information@scshca.com](mailto:information@scshca.com)

Chair: TBD

### LANDSCAPE ADVISORY COMMITTEE

[landscape@scshca.com](mailto:landscape@scshca.com)

Chair: Chris Stevens

### LIFESTYLE ADVISORY COMMITTEE

[lifestyles@scshca.com](mailto:lifestyles@scshca.com)

Chair: Pamela Castro-Lee

### SAFETY ADVISORY COMMITTEE

[safety@scshca.com](mailto:safety@scshca.com)

Chair: Rhonda Ceccato

### THE VIEW ADVISORY COMMITTEE

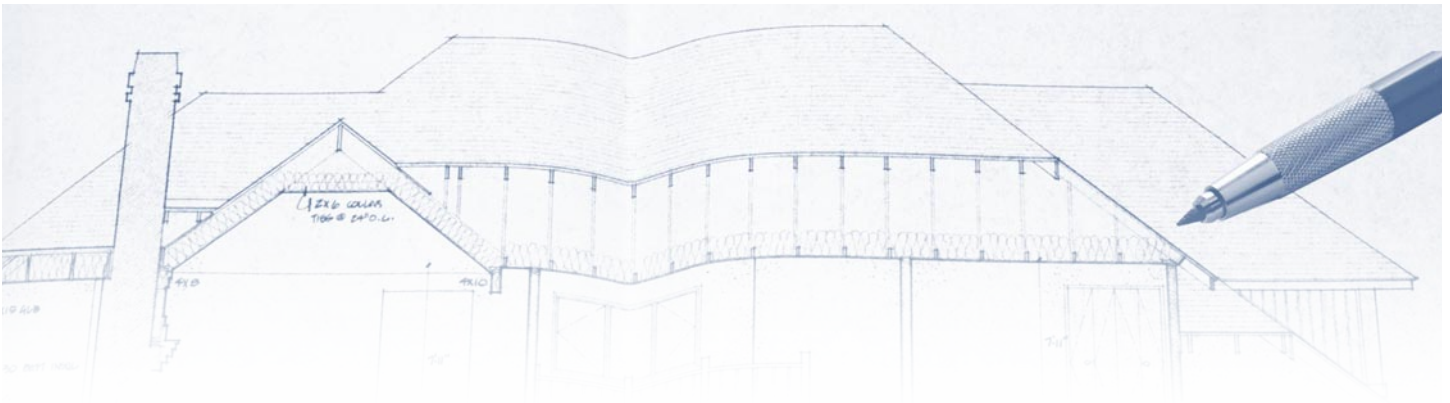
[viewcommittee@scshca.com](mailto:viewcommittee@scshca.com)

Chair: Aggie Jordan

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Interested in joining a Committee? Stop by the HOA office and fill out an Advisory Committee Interest Form.





## Design Review Committee (DRC)

AGI KESSLER | CHAIR

**Question: Do I have to keep my big trees?  
The maintenance is expensive.**

The developer planted fast-growing trees to enhance the property for sales purposes. These trees need expensive maintenance twice a year. Some may be in danger of causing damage to homes because of wind or heavy rain. Homeowners have reported removing these big trees along with their stumps and replacing them with smaller trees. There are many choices, some smaller palms, fruitless olives, and plumerias, none of which require expensive pruning. The DRC recommends you consult a reliable nursery when considering trees and plants for your yard. A change like this will require you to submit a Home Improvement Application (HIA).

**Question: Can I change just the color of my garage door?**

The quick answer is "no," I am sorry to say. We all follow color schemes at SCSH. However, it is okay to repaint something the same color. Please see the section from the Design Rules below for easy reference; this question often comes up. If you need to find your color, the HOA office can look it up for you.

**4.19 Painting:** *Dwelling painting is based on color schemes. Owners repainting the dwelling unit but not changing the color scheme may do so without a DRC review. To change the color of a dwelling unit, the owner must choose from one of the eighteen approved complete color schemes and*

*submit an HIA to receive written approval by the DRC prior to work commencing. No individual item, e.g., doors, trim, fascia, etc., may be painted a color different from the approved color schemes. Exchanging colors between schemes is not permitted. The home's main color, that of its stucco, cannot be the same as that of the dwelling units on either adjoining lot. A photograph of the adjoining dwelling units must accompany the HIA. Additionally, the applicant must provide the approved Scheme Color number chosen, house model, and elevation. Property walls visible from the street, common area or neighboring properties must remain the same color as originally provided by the developer. Written approval by the DRC must be obtained prior to commencing any repainting.*



Contact the author at [designreview@scshca.com](mailto:designreview@scshca.com).



## Finance Advisory Committee (FAC)

ROBERT JESTER | CHAIR

**Question of the Month:** Is there an annual review of the financial records of this Association by an outside independent Certified Public Accounting firm?

The short answer to this question is YES. But why it is done and what is reviewed is far more enlightening for you, as a resident of Sun City Shadow Hills. The California Civil Code Section 5305 requires a review of the Association financials by a licensed accountant and further requires that the Association financial records must be prepared in accordance with generally accepted accounting principles ("GAAP"). After the review, the audit report is to be distributed to residents within 120 days after the close of each fiscal year.

Sun City Shadow Hills contracts with an independent licensed certified public accounting firm annually for this review. The accounting professionals who conduct the review request the following as a part of the examination that culminates in the final audit report:

- **Cash and Investments** – This includes the Bank reconciliations for all cash accounts with supporting bank statements. Plus, a schedule of all cash transfers between bank accounts for a period of five days before and after the year-end.
- **Accounts Receivable** – This is a detail listing and/or ledgers of all accounts receivable, as well as, an analysis of all bad debts written off during the year.
- **Inventory** – This is a listing of all inventory accounts with supporting count sheets from all departments, which must agree with the general ledger balances.
- **Prepaid Expenses** – A schedule of all pre-paid expenses, which must agree with the general ledger. This includes all insurance premium billings which will be reviewed by the audit team.

- **Fixed Assets** – This is a review of the details with reference to all fixed assets and the accumulated depreciation on December 31.
- **Accounts Payable and Accrued Liabilities** – This includes a review of all accounts payable, accrued liabilities, sales tax returns, and the cash disbursements journal.
- **Payroll and Related Liabilities** – The schedule of all accrued payroll and vacation.
- **Unearned Income/Deferred Revenue** – This is the schedules and reconciliations of all unearned income including gift certificates.
- **Long-term Liabilities** – Schedules of all long-term liabilities and capital lease obligations with statements reflecting current balances.
- **Income and Expenses** – This request is for the gains and losses on all assets disposed of during the year and copies of all check registers.
- **Income Taxes** – This includes fuel tax credits review and total tipped wages.

As you can easily see, this is an exhaustive list of financial records that are reviewed annually, as required by the Davis-Stirling Act. The goal of these audits is to assure residents that the Association is functioning accurately, openly, ethically, and honestly, and that the financial records are following GAAP.

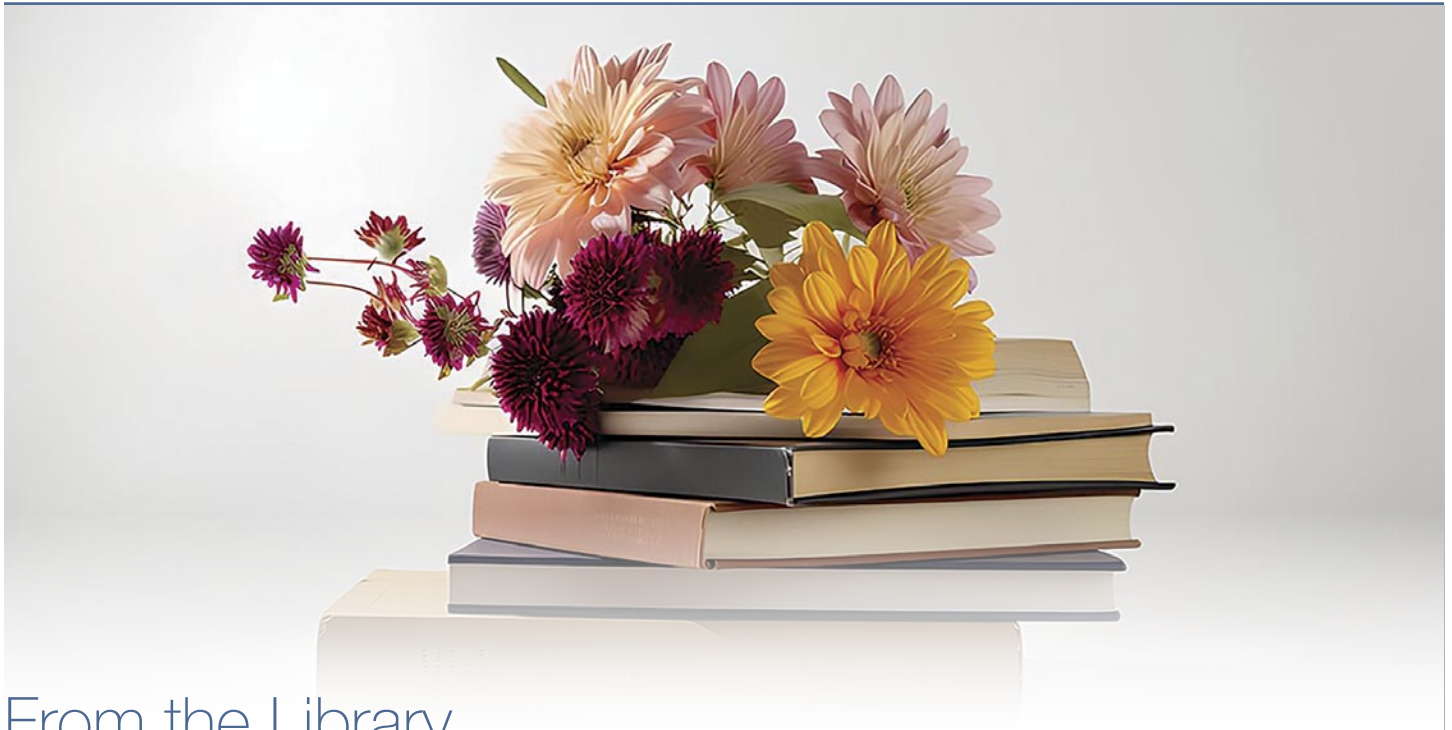
All of us should feel very secure in that the Association's Financial records are under constant monthly review from the Finance Advisory Committee and the Board and an annual review by an outside

independent licensed Certified Public Accounting Firm.

I am pleased to let our residents know that we have received the 2023 Audit and it has been approved by the FAC and accepted by the Board. Our Association received what is commonly referred to as a "clean" audit. We had some minor adjustments made by the auditor, but none of them impacted our Association's financial health. We also had a renewed request that all Chartered Clubs in their quarterly reports submit the

paid invoices that match up with the checks issued from the club accounts. The Lifestyle Department is to see that this is accomplished to the satisfaction of the Auditor in this fiscal year. The most important conclusion for this community is that this audit demonstrates that this Association is performing properly financially, and this is good news for each of us.

Contact the author at [finance@scshca.com](mailto:finance@scshca.com).



## From the Library

CINDY DEGRAF

Sometimes I read a book by a particular author, then run back to the library to see what else we might have by the same author. In the recent past, I have done that with Jody Picoult and Kristin Hannah. The Picoult books usually have a twist or turn that really makes you think. The Hannah books are historical fiction, so you can learn while you relax!

Do you have a favorite book or author that you'd like to let others know about? If you feel like sharing that info, send me ([cld5858@aol.com](mailto:cld5858@aol.com)) a couple of lines about what is your favorite and why.

We welcome your donations; but please remember that library space is limited, and we can only take certain types of books. Check the list below to see what items we can accept. Please be sure that your

books are in excellent condition and bring in no more than 10 books per month.

### We Accept as Donations:

- ✓ Hardcover and paperback fiction, historical/political, biographies/autobiographies
- ✓ Audiobooks and DVDs
- ✓ Recent magazines

### We Do Not Accept:

- ✗ Cooking, sports, self-help, or "how to" books
- ✗ Coffee table or picture books
- ✗ Religious, travel, or reference books
- ✗ VCR tapes or music CDs

Thank you for supporting our library.

If you have any questions or comments about the library, contact Barbara Perler at 760-772-4484 or at [baramp311@gmail.com](mailto:baramp311@gmail.com).

# A HERO WALKS AMONG US

BY AGGIE JORDAN | PHOTOS PROVIDED BY JUAN CARLOS LOPEZ-MENDOZA

Our heroes often walk among us without honor. We know so little about them. Once or twice a year, we salute our veterans who have served during our world wars and the battles in Vietnam, Iraq, and Afghanistan. But do we appreciate how much these heroes have suffered? What do we know about their disabilities and the sacrifices they have made to protect us?



Juan Carlos Lopez-Mendoza

Juan Carlos Lopez-Mendoza, a resident of SCSH since 2010, is an infantry veteran who served three years with the US Army, of which he spent nine months in Iraq during the first Gulf War. Saddam Hussein attacked the Kurds in the north with chemical weapons, and Juan Carlos was assigned to a patrol to protect the Kurds and Iraqi civilians as well as to clean up the results of the attack.

Juan Carlos tells us,

*The sand, filled with the waste of the chemical weapons, escaped into the air covering our exposed skin and clinging to our clothes. We didn't bathe for 2-1/2 months. Often at the end of the day, we would*

*burn equipment, tires, chemicals, plastic, clothes, and whatever we could not take with us. Everything we used was burned. The toxic air of the burn pits filled the environment.*



Pvt. Juan Carlos (top row center) with Army buddies

This assignment went on as Juan Carlos and his platoon moved south with the redline toward Baghdad. As a result of exposure to the toxins, he developed a rare form of slow-growing leukemia called CLL (chronic lymphocytic leukemia). But this was not identified although he suffered for 22 years. CLL is not curable. Presently, the symptoms can be successfully treated as long as the patient follows his doctor's advice on diet.

Immediately upon his arrival from Baghdad in Vicenza (the Italian headquarters of the US Army), Juan Carlos developed a rash. This was the beginning of many years of illness. Since 1993, when Juan Carlos was discharged, doctors treated him for a variety of conditions such as allergies, sinuses, sore throat, rashes, and cysts. It was not until 2022 that doctors discovered those conditions were most likely the initial growth of his cancer.

"The worst," says Juan Carlos, "was not knowing what the source of my multiple sufferings was. I was a

mess, depressed, and crying from emotional exhaustion as my condition got worse.” Juan Carlos sought help unsuccessfully from the Veterans Administration (VA) because the Defense Department, the series of presidential administrations that followed, and Congress would admit neither the injury the burn pits had done to veterans nor the damage Agent Orange had caused in Vietnam.

Life changed substantially for Juan Carlos when Congressman Takano of Riverside successfully championed the passage of the Pact Act that President Biden signed in 2022. Thanks to a recommendation from our local Indio VA office by Dylan Schneider, who had processed Juan Carlos’ application for VA assistance, Takano’s office chose to recognize our hero by inviting Juan Carlos and his husband, Kevin, to President Biden’s State of the Union Address on March 7 of this year. The invitation honored those veterans from Vietnam to the present who have suffered a variety of debilitating conditions during their service.



On the cover, L to R: Congressman Mark Takano; Juan Carlos Lopez-Mendoza; Secretary of Veterans Affairs Denis R. McDonough; Ronnie Imel, founder of Veterans Paying it Forward; and Congressman Raul Ruiz.

Juan Carlos and Kevin were both amazed at the royal reception they were treated to in Washington, DC. Juan Carlos returned home with something he felt he previously lacked: motivation and dedication to alert his fellow veterans to the benefits now available to them through the Pact Act.

After a 30-year struggle since Juan Carlos’ discharge in 1993, this dedicated veteran finally received

attention for his disability. In 2022, he was granted a 20% disability certification, and shortly after, he gained full disability, which guarantees full VA support for life care. When the Pact Act was passed, his 100% disability was backdated to when he first submitted his application.



Pvt. Juan Carlos Lopez

Juan Carlos has a message to veterans,  
*If you have not completed the disability paperwork, you must do so as soon as possible. Your disability payments will only go back to the date of your application. If you have completed it and have not heard back, follow up. The Pact Act has opened the doors for us to be heard.*

If you wish to follow up on the Pact Act and the changes that may affect you, please contact Greg Coffos at the Indio Veterans office at 760-863-8266.

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# USAF ROTC BOOT CAMP

July 1957, MacDill Air Force Base, FL

BY HANK STEELE



Toward the end of boot camp, my squadron was scheduled to ride in a T-33 jet trainer, initially known as an F-80 Shooting Star. It was the Air Force's first combat jet and saw action in Korea.

I was scheduled to fly first, and I watched the pilot and ground crew do the pre-flight inspection of the T-33. There was a loud metallic cough and a whining sound as the jet's turbine engine turned over and then accelerated with a roar.

An NCO helped me up the aluminum ladder into the plane's rear seat. He buckled me in, hooked up the tube for my oxygen mask, and plugged in the heavy plastic helmet's communication cord. He gestured for me to strap on the mask and pull down the green-tinted plastic visor.

"Welcome aboard, cadet," the pilot's voice sounded in my ears. "My name is Lt. Charlie Brown. You may call me sir."

"Yes, sir."

"Have you ever flown in a jet fighter before?"

"No, sir."

"You see the throttle on your left and the stick between your legs?"

"Yes, sir."

"DO NOT TOUCH THEM!"

"Yes, sir." I looked at the forbidden objects and noticed the red gun button on the stick's handle. *Hot damn! Just like the movies.*

"There's a good forecast with unlimited visibility, so you'll see the world turn upside down and sideways while we're up," Lt. Brown said.

"Yes, sir."

"Okay, there's a barf bag hanging from the instrument panel. Please don't barf. If you must, get your oxygen mask off quickly, 'cause it'll be a real mess for you to clean out."

"Yes, sir." I started thinking, *please don't barf.*

We taxied out and swung into a 90° turn to line up for takeoff. I was shoved back against my seat as the pilot pushed the throttle forward. The jet rose into a beautiful blue sky with a few puffy, cumulous clouds scattered around. For several minutes, I enjoyed the ride.

"Okay, cadet. We've reached our assigned altitude. This is called a Flight Orientation. I'll take you through some basic aerobatics. It's not just stunt flying; you gotta know these for when you're in combat."

"This is called a barrel roll. It's like tracing a path around the inside of a barrel while it's lying on its side." The nose of the plane rose, and we began to roll over. So did my stomach.





A young Hank, 21 years old, getting into the T-33 cockpit.

I looked up, and there was the ground. It was not a comforting sight, but we rolled out and swooped down and up to fly straight and level again. *Whew*, I thought. *Thank God that's over.*

"Do you know what a loop is?" Lt. Brown asked.

"Yes, sir. I've seen it in the movies."

"Okay, now we're gonna do the opposite. It's called an outside loop." The nose of the plane dropped, and down we went, rounding out to fly upside down and curling up and around to finish the loop. The force of gravity lifted me off the seat and pressed me against my shoulder harness. I felt disoriented watching the sky disappear. The ground rose above my head and vanished as the sky filled the canopy.

My stomach spoke to me. *Don't barf. Don't barf.* I gritted my teeth and stared hard at the cockpit floor.

Lt. Brown asked, "You okay back there?"

I was afraid to open my mouth and mumbled, "Yes, sir," through clenched teeth.

"Now we'll do a spin." The nose of the plane rose, and Lt. Brown throttled back. The plane began shuddering, and he dropped the nose and put us into a spin. Down we went. The ground swirled by. I

watched the same scenery spin by over and over. I thought, *enough*, and then we leveled off.

"Okay, cadet, so much for boring, basic aerobatics. Let's shake the kinks out of this old bird and see if we can do a falling leaf. This is off the books, so don't tell anybody. Okay?"

*What do you mean "if"?* My stomach lurched.

"Okay, here we go. I'm pulling the nose up, and I'm reducing power. Feel the shuddering? We're stalling out, so I'll drop the nose, and down we go. Now, I'll alternate rudder pressure and rock us back and forth while we fall. That'll keep us from rolling into a spin."

We began zigzagging down like a falling leaf, sliding first to the left, then to the right, then to the left, and then to the right. The horizon was shifting and tilting. I stared at the floor again. *Is this guy trying to make me barf?* Brown applied power, and we pulled out to straight and level.

"Okay, cadet, what'cha think of your ride?"

I didn't know what to say. "It was great, sir. Thank you, sir."

"Okay, it's back to base we go." We cruised along, and I relaxed, looking around the sky. It was beautifully clear, and I could see a blue fringe off to my left, the Gulf of Mexico. I enjoyed the ride. Soon, we flew lower, and, with a thump and a bump, we were down and taxied back to the run-up pad.

I walked away from the jet and was surrounded by my squadron mates. They were chattering like kids at a Christmas party. "How was it?" "Did you do any loops?" "Did you barf?"

"It was great," I said. "We really burned a hole in the sky. You'll love it."



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My prized possession

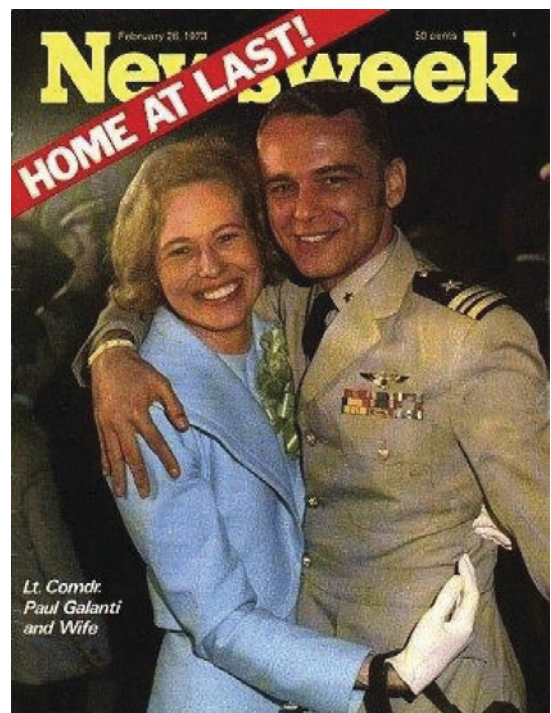
## MEETING MY POW

BY SHERRIL HARLOW | PHOTO CREDITS SHERRIL HARLOW

When I was in my early teens, like many others, I purchased a silver metal bracelet engraved with the name of a Vietnam POW and the date of his capture. At the time, I was attending Rincon Valley Junior High in Santa Rosa, CA. The bracelet was either two or three dollars, purchased from a group working to get our POWs and MIAs home.

The name of my POW was Paul Galanti, who was serving in the Navy and captured on June 17, 1966. This information was engraved on the bracelet, which I faithfully wore, even when my mom said I needed to take it off when showering. I told her, "No, they said we should not take it off until they return home."

When the troops started coming home in 1973, imagine my surprise as I was passing by the newsstand at my local grocery store and saw a picture of a returned POW and his wife on the cover of Newsweek magazine. It was my POW! I was so excited to see his



Paul and Phyllis Galanti after Paul's return home



picture and name on the cover. I wrote him a letter, which I assume was sent to a veteran's office.

Fast forward a few years later. When the internet became available, I found Paul Galanti online and sent him a note. I learned that many people who had worn bracelets returned them either to the POW or their military branch. I wanted to contact him to tell him once again how happy I was that he had returned and to offer him the bracelet. He wrote a very nice letter back and insisted I keep it. I thought about him many times over the years and hoped all was well.

As I was planning a recent trip to see my son, Matt, who is serving in the Navy in Washington, DC, I thought I would do another search for Paul Galanti. I found a wonderful interview on a CBS station in Virginia and reached out to the reporter, Greg McQuade. Greg has a series called "Heroes Among Us," and I shared my story with him. He, in turn, reached out to Paul and put us in touch with each other. I can't even begin to describe what that call was like. And to top it off, Greg wanted to get us together once I arrived in Washington, DC, to do a story. But more than the story, I just wanted to meet Paul Galanti.

In May 2023, I went on the Camino de Santiago hike from Portugal to Spain before heading to Washington, DC. At the time, I already knew I was going to be seeing my son in Washington, DC, and meeting Paul

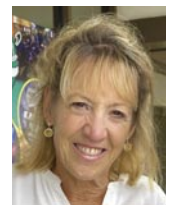
Galanti. I brought the bracelet with me and wore it for the entire trip. I even carried it in my fanny pack on the Camino hike. For 50-plus years, that bracelet has been with me.

We finally met on May 25, 2023. As you can imagine, it was emotional. And what a terrific guy. Funny, kind, and empathetic are just a few of the words I would use to describe him. It was a day I will never forget. It was extra special that my son was there to meet Paul, and it was one of the most memorable moments of my life.



l to r, Paul Galanti, Sherril, and Greg McQuade

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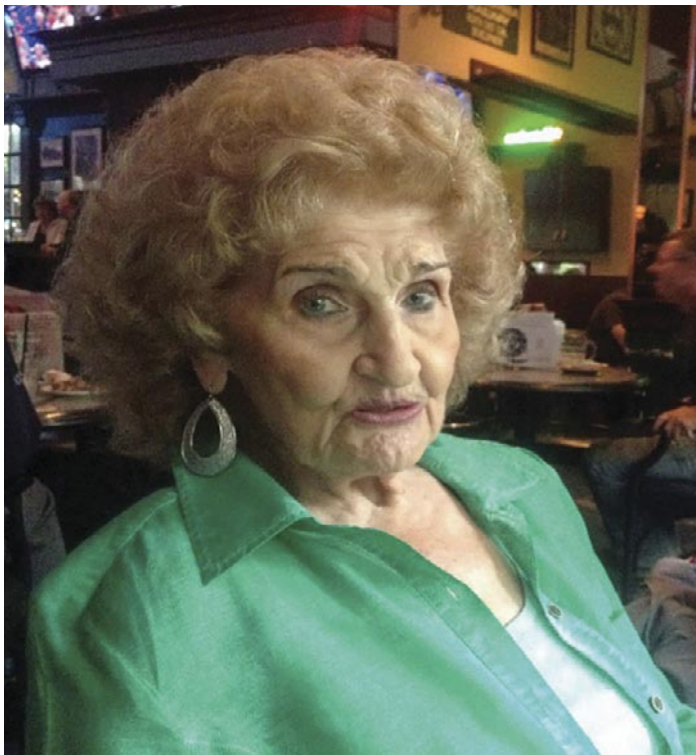
The story aired on June 1, 2023, on WTVR Channel 6 in Richmond, VA.  
 The video is available at this link: [www.wtvr.com/news/local-news/paul-galanti-pow-bracelet-june-1-2023](http://www.wtvr.com/news/local-news/paul-galanti-pow-bracelet-june-1-2023).

# JUST BECAUSE

## Celebrating Mother's Day with My Mother

BY TERRI FITZSIMMONS

The stores are filled with beautiful cards, the florists are kept busy with the multitude of orders; and restaurants are creating special entrées, all to celebrate Mother's Day.



My mother, Rose Banner age 94.

How can there be a downside to this joyous occasion, you ask? I have been a witness to many meals shared by mothers and their grown children in fancy restaurants, watching sons as they keep looking at their watches, waiting for their mothers to finish eating. Sadly, they were consuming their meals in silence. What should have been an enjoyable time became an obligation.

Toward the end of her life, my mother lived in a senior care facility, and I listened to many of the women talking about the upcoming Mother's Day in a wistful manner. Complaints from these mothers ranged

from "I had planned a nice visit before going out to eat, but my son just grabbed my coat and ushered me out the door. After we ate, he dropped me off at home and away he went." And "I am allergic to flowers, but my daughter sends me a beautiful bouquet in lieu of being with me in person."

My mother confided in me that my brother made three phone calls a year to her: on her birthday, Mother's Day, and Christmas. "Duty calls," she termed them. She got to the point where she hated them because she felt he was forced to phone her.

One day she burst into tears in an elevator after talking to one of her neighbor's sons. He was carrying a bouquet of lilies in his hands. My mother asked, "For her birthday?" He shook his head. "Is she sick?" He smiled and once again shook his head. In a soft voice, he said, "My mother has sacrificed so much for me. I love bringing her gifts just because."

After Mom shared this with me, whenever I sent her cards or made phone calls out of the blue, I told her it was "just because." After her death, I found a box labeled "just because" containing all my cards and impromptu letters.

Yes, having a day to celebrate our mothers is wonderful. But think how much more meaningful it would be to understand what they really want – quality time with their children. Mothers need to know that they are loved and appreciated. The flowers wilt, and the cards are put away, but memories of time spent together are a precious gift.

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# A MOTHER'S DAY GIFT

BY JULIE HARRIS



Julie and Julia when Mom was 82.

I wrote this poem in my early 20s as a Mother's Day gift to my mom, Julia. It was the early '70s, and if we weren't rebellious by nature of our youth alone, the outside world was definitely spurring us on.

I was grappling with continuing my education or moving out of my parents' home and going to work. My boyfriend had a great future as an aviation pilot, but he was smoking it away with his other girlfriend, Maryjane. I felt like my world was on the edge of exploding. My mom was my salvation.

I never became a mom, but I get what it means to be one and the precious tightrope you walk to keep everything in balance. That's why I decided to share this with all of you wonderful moms.

Also, my boyfriend? I broke up with him. He went on to become a commercial pilot for one of the major airlines, but he might not have if he hadn't lost both of his girlfriends.

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Through the clouds  
reflecting only me,  
I see that you are  
alive with greater cares than mine  
and greater sorrows,  
but you would be across the table  
in a flash  
should I call.  
That is your way.  
And I forget  
and demand  
and beat you with words  
only because my impatient youth  
is forever tugging at my heels,  
crying out "fly into the sun;  
time and life are delicate and precious gifts!"  
And I find I must listen.

So now the song changes to freedom  
and I go on  
knowing not whether it is  
a passing phase  
or a yearning here to stay  
but you remain  
to help me muddle through.

I wage war with your concern  
and do battle with your good intent  
only because it confuses my conscience  
when I know my question  
is not one of right or wrong.  
I seem to be dancing in patterns  
constructed long ago  
by faces I have never seen  
and I know that it is just  
the creeping of time and it's repetition  
that sends me here.

But I also know  
that if my road scatters into oblivion  
I will come running back.  
There will be a kind word,  
the coffee will be hot,  
the words ever gentle,  
and I ever humbled  
by my love for you.

# MEET ARCELIA CASTRO

## Our North Course Maintenance Supervisor

BY ARNOLD CHOY | PHOTOS BY BETH BOLDUC AND ARNOLD CHOY



When I first heard there was a female Shadow Hills Golf Club maintenance supervisor, I was intrigued and knew I just had to meet her.

Arcelia was born in 1996 in Visalia, CA, but her family of three soon moved to the Coachella Valley, where she went to school and grew up. She enjoys the pleasant weather; and loves being outdoors, gardening, hiking, and enjoying nature.

In 2019, a friend recommended Shadow Hills Golf Club hire Arcelia, where she worked as a greenskeeper for about six months. She learned the proper way to mow and trim around the greens to retain their speed, place the pins, maintain the many sand traps, and keep the tee boxes in perfect playing condition. Even though she left that job to become a yoga instructor for a year, Arcelia eventually came back to the Shadow Hills Golf Maintenance organization in 2022.

Since then, she has steadily ascended through the ranks, even learning to drive the heavy machinery needed to keep the golf course in pristine condition. Arcelia's days start at 5 am and end when the day's tasks are completed, usually around 1:30 pm. Her shift is from Tuesday through Saturday.



Driving the heavy machinery

Within a year, Tom Johnson, the Golf Course Maintenance Superintendent, was impressed with Arcelia's work habits and ability to learn new things quickly. So he promoted her to foreman, in charge of up to 30 workers, including eight females. This was another learning curve for Arcelia because not everyone took to her leadership and direction right away. But she led by example and showed everyone she was not above doing the "dirty work." Eventually, she earned the love and respect of her crew.

Currently, Arcelia is in charge of North Course maintenance and supervises 15-20 workers. In the recent 2023 Golfnow.com survey, our North Course was rated among the Top 25 Short Courses in America. Arcelia loves her work and says, "Tom is a great teacher and boss. I continue learning new things from him every day." And Tom reciprocates, "Maybe one day, she will run the golf course maintenance organization." Now, Arcelia is thinking of going back to school to study agronomy and horticulture.

Arcelia's fellow workers on the Shadow Hills Golf Club staff, including Golf Pro Dixie Eckes, have been providing her free golf lessons in hopes of giving Arcelia a different perspective on why golf course maintenance is so important to golfers. Along the way, her coworkers also put together a set of used golf clubs for her from the many lost and unclaimed ones in the cart barn.

So, if you see Arcelia on either course, wave and say, "Hi, and thanks for keeping our golf courses in terrific condition."

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# THE LENNON SISTERS HAD NO REASON TO WORRY

BY KRIS DOWNEY

I grew up in the Lawrence Welk era of television, which makes me a card-carrying Baby Boomer. As a kid, I viewed Lawrence Welk as a weird old guy who talked funny; however, my parents loved *The Lawrence Welk Show*. Every week, they commandeered the best seats in front of our black-and-white TV and ooh'ed and aah'ed over the performances.

*The Lawrence Welk Show* started in the 1950s and can still be seen today on public television. I'm not sure why. Each show had a variety of different acts, mainly singing and dancing. The Lennon Sisters, a quartet of singing sisters, sparked my parents' imagination and filled them with uncharacteristic grandiose delusions. I'm unsure if they had a plan, but within five years, they had four daughters. Four daughters meant four sisters, just like the Lennon Sisters. What could be better?



The Lennon Sisters (1965)

I'm guessing I was about eight years old when the pipe dream of the Lennon Sister thing started in earnest. As the oldest sister, I have a clear memory of the four of us being lined up on the couch, then told to sit up straight and smile. Dad would sing "Row, Row, Row Your Boat," and we were expected to join in. It took a while but, eventually, even the youngest

sister, three years old at the time, got it. The next song was "Twinkle, Twinkle, Little Star," followed by "Silent Night." We thought we were stars.

Our parents planned to launch our singing career with a debut for their bridge club, which met in our living room. I don't remember the actual performance. What I do remember is the four of us wearing matching outfits that our mom made for the occasion. We were cute, and I'm sure the bridge club smiled and clapped as expected.

After that performance, for a reason my eight-year-old brain couldn't understand, our mandatory quartet practice sessions abruptly ended.

"But Mom, what about singing on TV?" I asked.

"We will leave the singing to the Lennon Sisters," she said.

"Okay, my sisters weren't as good as me anyway," I said in true big sister fashion while doing my best pirouette on the living room carpet. "I think I'll be a ballerina instead."

"That's nice, honey," Mom said without looking up from the newspaper.

"All I need is a tutu and those shoes you tie on your feet," I continued. "Do you think I can dance on *The Lawrence Welk Show*?"

She lowered the paper and gave me a half smile. You know the one. It's the half smile all mothers give when they realize their kid has no talent whatsoever for singing or dancing.

Needless to say, my Lawrence Welk debut never happened.

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# FABULOUS NUMBER 8

BY BARA ROSENHECK

I've read several reports that claim the average American lives in 11 different residences in a lifetime. Imagine that – 11 different addresses! And so, I counted up the places I called home. Starting with the house my family lived in at the time of my birth, I listed each move that followed. Oh my God! I'm average. I've lived in 11 different places spread out over five different states.

Could it have been that many? That seems like an enormous number of homes to have inhabited. However, I realized there was one residence that was not considered average. Indeed, it was non-traditional and quite a distance from the average. It was move number eight when I took up residency in the New Brunswick, NJ, Hyatt Regency Hotel. Good or bad, hotel life is a different adventure.



My husband and I had sold our house, number seven, quickly and could not find a new home that met our needs. As hard as we tried, nothing seemed to be the right fit. Therefore, we decided to put our belongings in storage and take a brief break from house-hunting. We moved into The Hyatt Regency expecting to stay only for a short while but that was not to be the case.

For 11 months, I tried to emulate the mythical six-year-old Eloise of the Plaza, seeking adventures and the secrets of the hotel. There were many to uncover. Arnie and I quickly discovered using the staff elevators delivered us to the industrial restaurant kitchens, where my husband, Arnie, enjoyed raiding the refrigerators when he experienced the midnight munchies.

After a while, we became bored with the room service menu and local restaurant offerings, so we dressed in our fanciest duds and attended several wedding buffets, meeting new and interesting people. On another occasion, we were seated in the hotel restaurant when we noticed many wedding guests entering the ballroom. From the brightly colored silk and heavily embroidered sarees worn by the women, we knew immediately it was an Indian wedding. The aroma from the ballroom was enticing with sweet yet pungent fragrant spices and herbs. Our mouths watered. The hotel's staff all knew us and treated us like family. Seeing our interest in this particular wedding's cuisine they delivered a bountiful sampling of the feast to our table!



One of Arnie's greatest delights was returning home from work, entering the front lobby, and catching the bartender's attention. With a nod of his head, the bartender immediately prepared a cold martini and placed it on the countertop by the time Arnie had crossed the floor.

Other adventures and secrets were soon discovered. We learned from staff or saw first-hand extramarital affairs of the heart that were not seen by the general public. Bartenders share a wealth of information. We learned from the hotel staff that the lavish leftovers from the very elaborate Sunday afternoon buffets were removed to the kitchens at 3 pm, and they invited us to join them.

As the Christmas holiday season approached, we had some decisions to make. It is customary to provide a holiday bonus to the household help. We've always been generous with our housekeeper, gardener, and others who provide routine service. But now the hotel staff numbered more than 300 employees! Chamber maids, bartenders, doormen, valets, front desk workers, the general manager, and wait staff all knew us and treated us kindly. We gave each one of them a small token gift. Unfortunately, we omitted from our gift list the hotel's plumbers, electricians, IT experts, and other employees whom we rarely saw because they worked behind the scenes.

Despite the perks of hotel life, there are serious downsides. There is little to no privacy. Friends were often at the hotel for parties, conferences, meetings, lectures, luncheons, and the list of events goes on. Frequently, there were knocks on our door by folks who had attended something and just wanted to drop by to say hello, share a drink, or stay for a short visit.

Living in a hotel means you are always "on." You can't retrieve a forgotten item from your car in a bathrobe and slippers. It's essential you get dressed because who knows who you'll meet in the elevator. The same standard holds true for getting your mail. First, you must do your hair and makeup.

Eventually, hotel life felt artificial, and it all became synthetic. The drama, the chaos, the constant knocks on the door by uninvited guests, and the gossip all exhausted us. There was constant motion, never-ending stimulation, and scores of people we knew coming and going to various hotel activities.

It was time to move to number nine.

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New neon sign on the corner of Miles Avenue and Smurr Street. City of Indio

# CITY OF INDIO UPDATE

BY ROBERT FIRRING

## Pulte Desert Retreat

In the past, the problem was getting electric power to this development. Now, a new substation has been approved, and the equipment has been ordered. Because of supply chain problems, it will take at least a couple of years to get this running. Pulte will probably begin grading land and building infrastructure in the fourth quarter of 2024. There is enough power to build the models and possibly a few more homes. This won't happen for at least a year, though.

## Jefferson-Varner Corners

Circle K is open, and there is great interest in the other three corners. Developers are attracted not only

by the housing coming online but also by the easy access from the freeway. Tens of thousands of cars pass by every day, and the City hopes that people will stop here, spend some money, and then be on their way. Our residents will be happy to know that a small grocery store is probably going to be one of the developments.

## Varner Road from Jefferson to Monroe

One developer has assembled all the land there and is planning a large mixed-use development. The developer will present an overview of plans at the next City Planning Commission meeting. Residents can follow this by going to the City's website. About 200 acres are involved, so many different things will



be proposed. The developer will build its own power substation.

### Monroe-Varner Corners

In-N-Out Burger, Raising Canes, and Sumo Dog franchises are under construction now. More will be coming because there is lots of interest.

### Large Pads by Walmart

Walmart may build a fuel station similar to Costco's. This will be helpful because studies show that Indio is losing lots of money to neighboring cities because we don't have enough gas stations.

This is a good time to remind our readers that it's important that we shop local. The largest component of Indio's revenue is sales tax, and that's where the money comes from to fund the improvements we want.

### Jackson and 42nd Streets

The northeast corner, which currently has an Arco and an AutoZone, will also be the site of new Chick-fil-A and Dutch Brothers Coffee outlets. There are pads for sit-down restaurants, so be watching for announcements. The City Golf Course (The Lights) is getting a new clubhouse, so the opportunity to have dinner and golf will be nice.

The northeast pad, next to Five Below, will have new Skechers and Tillys franchises. The northwest corner where Walgreens is will house one of the new cannabis locations the City has approved.

### Downtown

College of the Desert has opened its childcare development building, where students can drop off their kids while they are in class. A second building (which will house classrooms, study areas, and a student union) is 80% completed.



Indio's new Civic Center Campus. *City of Indio*



The Lights at Indio Golf Course. *City of Indio*

The southeast corner currently has a new Handel's Homemade Ice Cream store, and Jersey Mike's will open there soon. The adjacent hotel is nearing completion, and there is a new El Pollo Loco.

The new library and City Hall are under construction. A performance venue (Centerstage) is being built at the corner of Smurr and Miles, which will become a focal point for Downtown. Two new restaurants, Indio Taphouse and Victoria's, opened recently, and two more are coming within weeks.

Downtown Indio used to be "the hub of the valley," and we are making progress toward returning to that. There is a monthly concert series, and a farmers market is open every Saturday.

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# LIFESTYLE UPDATE

CONNIE KING  
LIFESTYLE DIRECTOR



The Lifestyle Department is excited to see one of our long-time projects coming to fruition! We're now featuring Food Trucks at our Thirsty Thursday events. The first one will be held on May 16 and is part of Music 2 My Ears. Visit the Lifestyle Desk to pick up a food truck menu.

So come out and join us as we enjoy an array of mouth-watering bites served by the finest food trucks. I met with Toni Romero, who organizes food trucks for the City of Indio, to make sure we were bringing in the best! These trucks offer pizza, tacos, Mediterranean, Japanese, or classic burgers, and more!

Fortunate Son wowed the attendees at the outdoor concert on Sunday, April 7, with their electrifying sounds. Chef John Dutra reported serving 800, but we estimated nearly 1,000 residents rocked the night

away. Shadows had a few surprises with On the Rocks, which provided samples of their canned cocktails. Richard Gutierrez, our official photographer, took a group photo with all the residents who wore their commemorative 20th Anniversary T-shirts. The feedback from everyone indicated that we hit a home run with this event!

Thank you for submitting your articles and photos as part of the community's 20th Anniversary celebration. Please continue to send them by email to [lifestyles@scshta.com](mailto:lifestyles@scshta.com).

Each month, we will feature stories from residents sharing their experiences during the early years at Sun City Shadow Hills. On the following page is one from Julie Johnston.

Contact the author at [connie.king@associa.us](mailto:connie.king@associa.us).



Residents wearing their 20th Anniversary T-shirts at the outdoor concert.



## A Special Mother's Day story BY JULIE JOHNSTON

You may know Julie Johnston as the producer of Sir Laffs-a-Lot Comedy Night. She is also one of our longtime residents, celebrating 18 years at Sun City Shadow Hills.

Julie said she knew if there was fun to be had nearby, she wanted to be part of it. So, in 2006, she moved to SCSH and immediately got involved with events, activities, and clubs ranging from Lady Putters to Desert Life, just to name two. When asked about her most memorable accomplishments, Julie laughed and said earning her first birdie pin for her putter's apron was definitely one of them.



Julie's first birdie

One of Julie's fondest memories is of attending a Mother's Day Tea with her mom, Dorothy Poole. She expressed the joy of having her 96-year-old golden senior mother sit with her at a table for eight. The others at the table were also residents who were able to have their golden senior mothers attend with them. How special that was! Julie decorated the table with her mother's cherished antique cut glass punch bowl as the centerpiece, which was surrounded by Waterford crystal, Gorham sterling silverware, and Villeroy & Boch dinnerware. Julie said her mother was

tickled pink when she saw how beautifully everything was displayed, especially that punch bowl.



Mother's Day Tea (Julie and her mother on the right)



Decorated table with Julie's mother's priceless antiques



Ceramic cupcakes and donuts

All of the tables had their own flair, and Julie realized there were some very talented ladies in the community. She admitted her favorite work of art was done by the Ceramics Club ladies. Everything on their table was handmade, from the different teapots at each place setting to the ceramic cupcakes and donuts. She remembers that they won a well-earned first prize.

# Music TO MY Ears

THIRSTY THURSDAYS

THURSDAY, MAY 16, 2024 • 7PM • FREE

MONTECITO PATIO • SEATING IS LIMITED SO BRING YOUR LAWN CHAIR • SHADOWS TO PROVIDE BAR

# Johnny Meza



INTRODUCING  
FOOD TRUCKS  
5PM - 7PM

VISIT LIFESTYLE  
DESK FOR MENU



## Saturday, May 18, 2024

\$47.00 per person | 3:00 p.m. – 5:00 p.m.  
Montecito Clubhouse Room: Cambria/Mirada

Sign up starts: Wednesday, March 20, 2024

Guest Sign up: Wednesday, March 27, 2024 | End: Wednesday, May 1, 2024

WWW.SCSHCA.COM/TICKETS | MORE INFO CALL OR VISIT THE LIFESTYLE DESK. 760.345.4349 EXT. 2120

# Shred-it®

SATURDAY, JUNE 15, 2024

8:00 A.M. – 12:00 P.M. | FREE  
(AT THE HOA PARKING LOT)

**YOU MAY SHRED:**

ALL PAPER DOCUMENTS • PAPERCLIPS  
STAPLES • SOFT FLEXIBLE FASTENERS  
ENVELOPES

**DO NOT SHRED:**

HARD METALS • BINDERS • ACCO CLIPS  
BATTERIES OR CELL PHONES • NO TRASH

RESIDENTS ARE LIMITED TO TWO BOXES PER HOUSEHOLD.  
THIS WILL BE A NON-CONTACT EVENT. BOXES WILL BE PLACED IN  
DESIGNATED AREA FOR STAFF TO ACCESS. CONTACT THE FRONT DESK AT  
760-345-4349 EXT. 2120 FOR MORE DETAILS.



TRIP TO  
**LAGUNA BEACH**

WEDNESDAY, JULY 10, 2024  
**\$45 PER PERSON [NON REFUNDABLE]**  
PRICE INCLUDES TRANSPORTATION, SNACKS ON BUS. LUNCH ON YOUR OWN.

ENTRY TO SAWDUST FESTIVAL IS ON YOUR OWN.  
Bus will depart the Montecito Clubhouse: 9:00am  
Arrival time to Montecito Clubhouse: 7:00pm  
Sign ups begin April 15, Guest Sign up start May 6 Sign ups end Monday, June 24.  
online at [www.scszca.com/tickets](http://www.scszca.com/tickets)

**DELMAR**

THURSDAY, AUGUST 8, 2024

**\$60.00 PER PERSON**  
(PRICE INCLUDES TRANSPORTATION, SNACKS ON BUS SEAT AND PROGRAM)

Depart: 10:00 a.m. | Return: 8:00 p.m.  
Sign up starts: Monday, April 1, 2024  
Guest sign-ups: begin April 22, 2024 End: Monday, July 15, 2024

Guest will enjoy a great view of the races from our shaded, open-air, stadium style grandstand seats at the Clubhouse. Located on Level 3, past the finish line, this includes everything you need for a fun filled day of racing.



**ANGELS vs DODGERS**

**WEDNESDAY, SEPTEMBER 4, 2024**  
**SEATING: TERRACE BOX, SECTION 203**  
**\$140.00 PER PERSON | ANAHEIM, CA**

PRICE INCLUDES TRANSPORTATION, SNACK ON BUS AND TICKET ENTRY  
 DEPARTURE TIME: 2:00 PM. | GAME TIME: 6:38 PM. | APPROXIMATE RETURN: 12:00 A.M.  
 SIGN UP STARTS: MONDAY, APRIL 8, 2024 | GUEST SIGN UP: MONDAY, APRIL 29, 2024



**A MURDER MYSTERY**

**FRIDAY, SEPTEMBER 13, 2024 | 5:00PM | \$35**  
 MONTECITO CLUBHOUSE MARA MONTE GRAND BALLROOM

MENU: BAKED MOSTACCIOLI PASTA, GARDEN SALAD & GARLIC BREAD  
 ON SALE: MAY 1, 2024 · AUGUST 5, 2024 | GUEST SALES: MAY 22, 2024  
 FOR TICKETS AND FULL EVENT ITINERARY VISIT [SCSHCA.COM/TICKETS](http://SCSHCA.COM/TICKETS)

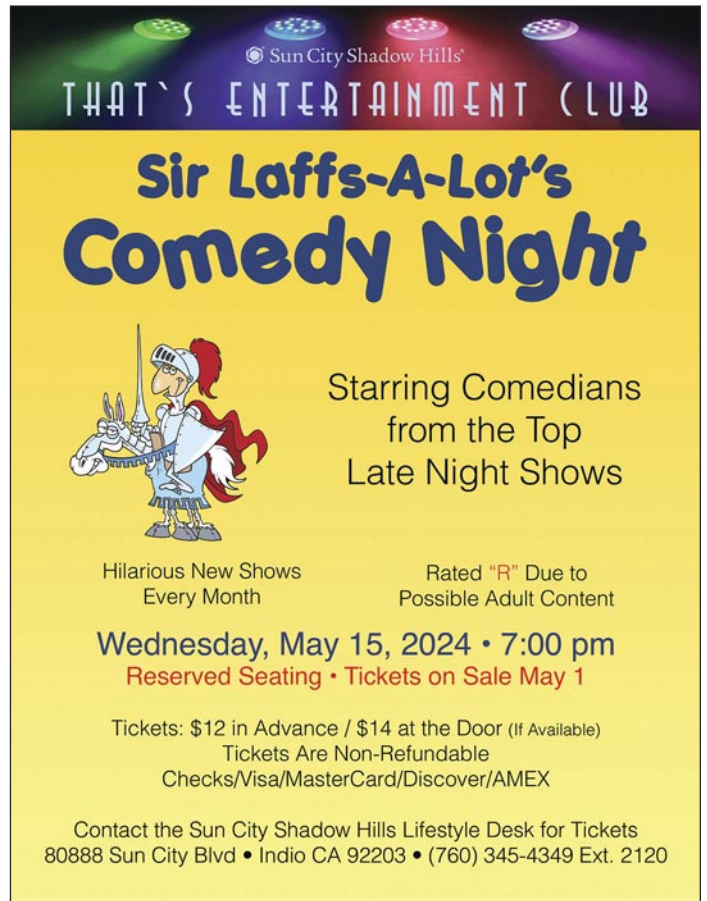
LIFESTYLE



ESTB 1987

**COVERED WAGON**  
*Tours*  
 SONORAN DESERT  
 JOSHUA TREE, COACHELLA, PALM SPRINGS

**ARE YOU INTERESTED?**  
**WEDNESDAY, NOVEMBER 6, 2024**  
**\$120.00 PER PERSON | 5:30 P.M. – 8:30 P.M.**  
 EMAIL INTEREST AT [LIFESTYLES@SCSHCA.COM](mailto:LIFESTYLES@SCSHCA.COM)



Sun City Shadow Hills®

**THAT'S ENTERTAINMENT CLUB**

**Sir Laffs-A-Lot's Comedy Night**

Starring Comedians from the Top Late Night Shows

Hilarious New Shows Every Month | Rated "R" Due to Possible Adult Content

**Wednesday, May 15, 2024 • 7:00 pm**  
**Reserved Seating • Tickets on Sale May 1**

Tickets: \$12 in Advance / \$14 at the Door (If Available)  
 Tickets Are Non-Refundable  
 Checks/Visa/MasterCard/Discover/AMEX

Contact the Sun City Shadow Hills Lifestyle Desk for Tickets  
 80888 Sun City Blvd • Indio CA 92203 • (760) 345-4349 Ext. 2120



## The Classic Movie Club Celebrates Academy Award Winning & Nominated Films

Free screenings every other Friday at 4:00pm in the Santa Rosa Clubhouse's Monterey Room

See your favorite movies on a huge screen that are shown using a new 4K (highest definition) video projector. Have your picture taken holding a real Oscar! For more information, contact: Josh Kanin (562-787-4848) or Bill Hooper (310-293-9597)

- May 3 – "The Maltese Falcon" (1941) – Humphrey Bogart, Mary Astor
- May 17 – "Something's Gotta Give" (2003) – Diane Keaton, Jack Nicholson
- May 31 – "The Bridges at Toko-Ri" (1954) – William Holden, Grace Kelly

Sun City Shadow Hills  
**GAMES PLUS CLUB**

**BINGO**

**FRIDAY, MAY 3, 2024**  
MONTECITO CLUBHOUSE BALLROOM

SALE OF BINGO CARDS: 5:30 PM  
GAMES START: 6:30 PM

PAPER SELLS FOR \$5 FOR 10 GAMES.  
TWO SPECIAL GAMES CAN BE PURCHASED FOR \$3.  
CASH ONLY, AND SMALL BILLS ARE APPRECIATED.

FOR MORE INFORMATION CONTACT:  
PAT DISALVO AT (310) 433-0714



### SABRA HADASSAH OF THE DESERT A Special Program for Men & Women

Featuring Barry A. Ross  
Respected Attorney, Author, Teacher & Lecturer



Are You the King or Queen of Your Castle probably not,  
and let me tell you why that is.

Thursday, May 9, 2024  
Doors open 6:30pm, Program begins 7:00pm  
Contact Debbie Orgen at 310-612-6068 for further details & to RSVP

If you are a homeowner living in a Community Association, you will be entertained with some interesting stories and information pertaining to experiences, disputes, challenges you may be facing or have faced in the past.

Couvert: \$20 members    \$25 (non-members)    Coffee & Nosh will be served

Barry Ross has been a Real Estate Attorney specializing in HOA Disputes for 50 years. He has successfully represented over 1,000 clients, completed over 100 jury and non-jury trials and over 50 mediations and arbitrations. He has completed 15 appeals to the Court of Appeals, including seven published decisions. He also serves as an expert witness on HOA issues, volunteers as a Temporary Judge of the Orange County Superior Court and has been a guest speaker on numerous occasions for the Orange County City Attorneys Association and the Orange County Bar Association, Real Estate Section.



## TUTTA BELLA VINO PRESENTS WINE PARTY TIME!

Saturday, May 18<sup>th</sup>, 5pm  
Montecito Clubhouse Ballroom

TASTING BLENDS, BLENDS, & MORE BLENDS  
Members only Event!

Two Bottles of Sparkling Wine on each table to start the evening!  
Followed By Appetizers, Dinner, Wines, Dessert, and Dancing!

Registration flyers will be available at the Montecito Clubhouse & Tutta Bella Vino web-page [www.scsorca.com](http://www.scsorca.com) on April 20<sup>th</sup>.

Registration Deadline: May 11<sup>th</sup> or until sold out


For more info: [tuttavino@gmail.com](mailto:tuttavino@gmail.com)

THE SCSSH LIVELY LINERS CLUB  
CELEBRATES AND HONORS ALL WHO SERVED




SATURDAY, MAY 25, 2024  
MONTECITO CLUBHOUSE BALLROOM  
6:00 - 8:30 PM  
*Line Dance with us and bring a snack or beverage*

**READERS INK:**  
*The Sun City Shadow Hills Fiction*

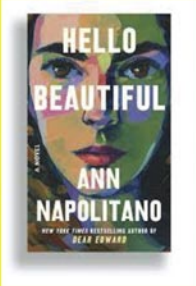


*If you have a passion for reading, then our club is for you! We meet every fourth Tuesday of the month in the Capistrano Room in the Montecito Clubhouse at 2:00 pm. Just show up!*

*After we have an introduction to the book by one of our members, we have a lively discussion and then enjoy a social time, along with door prizes.*

For further information: please contact Terri Fitzsimmons:  [fitzsimmonsterri@gmail.com](mailto:fitzsimmonsterri@gmail.com)

BOOK OF THE MONTH, MAY, 2024



**MEMORIAL DAY FLAG LOWERING**  
**MAY 27 at 8AM MONTECITO AMPHITHEATER**  
Join us for coffee and donuts  
Veterans Club [www.scsheveteransclub.org](http://www.scsheveteransclub.org)



**Guest speaker, Jeff Gonzalez** is a first-generation American, Jeff's dream was to serve our country. After graduating high school, Jeff enlisted in the United States Marine Corps, where his service took him overseas to combat zones in Iraq and Afghanistan. Jeff also completed multiple missions protecting U.S. embassies in Honduras and the Czech Republic.





**Glenn Miller**  
Mayor Pro Tem



Other guests



**Brian Tully**  
Chief of Police



**MEDITATION OVER MEDICATION CLUB**

WOULD YOU LIKE TO LIVE A FULFILLED & HAPPY LIFE? WOULD YOU LIKE TO BE CALM AND PEACEFUL? COME AND EXPERIENCE VIB VERMA'S GUIDED MEDITATION SESSIONS! MEDITATION WILL CHANGE YOUR LIFE! IN ADDITION TO MEDITATING, WE LEARN A NEW TOPIC EACH WEEK.

**HERE'S WHAT OUR MEMBERS HAVE TO SAY:**

*"MEDITATING WITH VIB HELPS ME RELAX & SLOW DOWN. IT IS VERY COMFORTING."*

*"MEDITATING HELPS ME CALM MY MIND & HAVE COMPASSION FOR OTHERS."*

*"VIB IS HELPING ME ACHIEVE MY GOALS OF LIBERATION AND WISDOM."*

*"AFTER DECADES OF DEPENDANCE ON SLEEPING PILLS, I NOW SLEEP 8-9 HOURS A NIGHT WITHOUT ANY SLEEPING PILLS."*

You are welcome to experience 2 complimentary sessions! We meet Mondays @ The Santa Rosa Clubhouse @ 10 AM in the Pismo/Newport rooms.

Call Camille Brownson for more information: 760-673-6694.



# Join us for Worship!

Come as you are and grow closer to Christ as you hear the inspirational messages from our experienced Bible teaching pastor!

- ❖ Inter-denominational
- ❖ Prayer support
- ❖ Caring and friendly members

## MOUNTAIN VIEW C H U R C H



10AM Sundays  
at the Montecito Clubhouse, Capistrano Room

Contact:

Ed Brown 760-908-3110  
pastored@cox.net

Earl McDaniel 949-675-8714  
earlmcDaniel@rocketmail.com

### I'm ready for my close-up, Mr. DeMille!



*If you're not ready to be seen on stage that's ok!  
We still need creative, dependable theatre lovers*

To

*make our productions happen!!*

*Join the*

*Performing arts club*

*We're a fun and scrappy group who bring much joy & entertainment to SCSH!!*

*For more information, contact Suzy Voss at  
suzygofly@yahoo.com*



**Are you new to SCSH or  
Do you feel like you are new?**

Join the SCSH Newcomers Club!

Make new friends, have fun, and learn about our beautiful community together!

Join us in the Capistrano the last Wednesday of the month for mixers, happy hours, potlucks, camaraderie, and fun!!



**We are The Fun Club!**

For more information contact Debbie Halper:  
Email: deb.halper@gmail.com




### Join in the fun!

The Pomettes of Sun City Shadow Hills is a multi-talented, spirited, and committed pom (dance) team whose members are seniors (age 55+) residing in Sun City Shadow Hills. Our pom team and its supporters are committed to excellence in performance, providing entertainment at a variety of events throughout the Valley.

We do this with a spirit of integrity and service, to bring fun and inspiration to all. We enjoy staying fit and working together to inspire an active lifestyle.

New members may join the Performance Team or become a Supporting (non-performing) Member.

We welcome newcomers every Monday at our team practice at 5 pm in the Montecito Clubhouse Fitness Center dance studio.

We come in all shapes and sizes and welcome all skill levels since everyone doesn't have to perform!

Learn more by focusing your phone camera on one of the QR codes below.  
(Click the yellow link that appears on screen)



Become a Facebook Fan



Membership Application  
(for both Performance Team and Supporting Members)



View the Website

Contact [pomettes.scsh@gmail.com](mailto:pomettes.scsh@gmail.com) for more information or if you'd like us to perform at your event.



## FOOD & BEVERAGE

MANUEL GUADARRAMA | FOOD & BEVERAGE MANAGER

The Shadows team wishes our snowbirds a great trip back home and safe travels. To our permanent residents, the activities continue.

This month, we hope you will join us for our Mother's Day celebration on Sunday, May 12, 2024. Because of the popularity of this event, we are only taking reservations in person at Shadows. Reservations started on April 25 at 2 pm; a credit card is required to hold your reservation. We have closed our online reservation system for that day, and online reservations are not available.

In addition, we will continue our monthly BBQ on The Terrace and our daily Theme Night Specials. Returning this month, we will resume Music to My Ears in collaboration with the Lifestyle Department. Join us for a night of good music, good drinks, and good food.

As we transition into the off-season, hours of operation begin to change. Food locations affected this month are the Montecito Café, Santa Rosa Bistro, and Shadows Terrace. On June 1, Shadows will begin summer hours.

Please visit our website, [theshadowsrestaurant.com](http://theshadowsrestaurant.com), for up-to-date information and upcoming events.

Thank you for your continued support.

Contact the author at [jguadarrama@troon.com](mailto:jguadarrama@troon.com).

### Shadows Restaurant

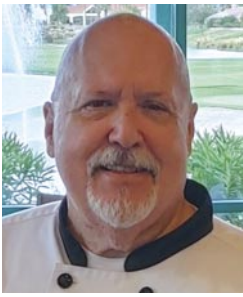
(760) 772-4342

Monday: Closed

Tuesday – Sunday: 8 am – 8 pm

Happy Hour: 2 – 5 pm





# CHEF'S CORNER

CHEF JOHN DUTRA | EXECUTIVE CHEF

Springtime is in full swing and brings with it many fantastic seasonal vegetables. One of my favorites is asparagus. I can't wait for this time of year when you find local California-grown asparagus. It has so much more flavor than the product you find out of season. I grew up eating a lot of it when I was young, as it was one of my mom's and grandparents' favorites. Back then, I would smother it with mayonnaise and loved every bite. As I got older and became culinary savvy, I came to enjoy just the pure flavor of it.

I use asparagus in all kinds of applications, from pasta dishes to some of my favorite chicken dishes. One dish I like for breakfast is my asparagus and potato frittata. I use Yukon Gold potatoes and Gruyère

cheese, which takes the frittata to a whole new level. There is nothing better than sitting on the patio on a beautiful spring morning having breakfast with my wife, and enjoying a flavor-filled frittata.

Here is my recipe for Asparagus and Yukon Gold Potato Frittata.

Contact the author at [jdutra@troon.com](mailto:jdutra@troon.com).



## Asparagus and Yukon Gold Potato Frittata

1 tablespoon olive oil

8-10 asparagus stalks, depending on size  
(more if they are thin, less if they are thick)

8 large eggs

5 Yukon Gold potatoes sliced very thin  
(leave the skin on or peel, your preference)

1 medium tomato, seeded & diced into small pieces

2 medium-sized shallots sliced thinly, then chopped

1½ cup Gruyère cheese, shred and divide in half

1 tablespoon fresh chopped parsley

Salt and pepper to taste

- Preheat the oven to 375 degrees.
- Prepare all your vegetables before assembling your frittata. Slice the potatoes as thinly as possible. Blanch asparagus in salted boiling water for 90 seconds to two minutes, then shock them in ice water to stop the cooking process. Cut the cooled asparagus into 1- to 2-inch pieces.

- Crack the eggs and beat together with salt, pepper, and parsley. Once beaten, add half the Gruyère cheese and mix.
- Heat the olive oil in an oven-safe skillet. Add the shallots and potatoes, cooking until the shallots are soft and the potatoes have slightly browned and softened.
- Add the egg mixture, asparagus, and tomatoes to the skillet with the potatoes and cook over medium heat, stirring occasionally, until the eggs begin to set. Once the mixture becomes slightly firm when you shake the skillet, remove from the heat and top with the remaining Gruyère cheese. Then place in the oven for about 12 minutes. The top will brown slightly. Remove and allow to cool slightly before serving.
- Enjoy!

alzheimer's  association®



## Shadow Hills Caregiver Support Group

Presented by:

Alzheimer's Association

Day: 2nd and 4th Friday of the month

Time: 10:30 am to 12:30 pm.

Location: La Jolla Room

For more information, please contact  
Kimberly Spiegel

Senior Program and Operations Manager

Phone: 760-996-0006 or email [ktspiegel@alz.org](mailto:ktspiegel@alz.org)

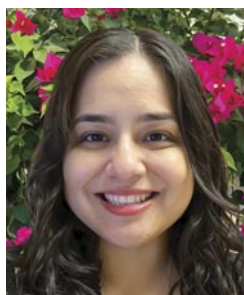
Visit [Alz.org/socal](http://Alz.org/socal) to learn more about caregiver programs and resources.

**800.272.3900 | [alz.org](http://alz.org)**

### Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.



# FITNESS UPDATE

AMBER GALINDO | FITNESS DIRECTOR



May is Mental Health Awareness Month

May is Mental Health Awareness Month, a time designated to educate, raise awareness, and reduce stigma surrounding mental health issues. This annual observance aims to promote understanding of mental health conditions, advocate for the importance of mental health care, and provide support to those affected by mental illness.

One of the primary goals of Mental Health Awareness Month is to challenge the misconceptions and stereotypes that often surround mental health. By encouraging open conversations and sharing personal stories, organizers hope to create a more supportive and accepting environment for those struggling with mental health challenges.

Mental Health Awareness Month serves as a reminder of the importance of self-care and mental health maintenance. It encourages individuals to

prioritize their mental well-being by practicing self-care activities such as exercise, meditation, and mindfulness. It also highlights the importance of seeking professional help when needed and emphasizes the availability of resources plus support services.

Overall, Mental Health Awareness Month plays a crucial role in promoting mental health education, reducing stigma, and fostering a supportive community for those affected by mental illness. By raising awareness and encouraging open dialogue, we can help create a society that prioritizes mental health and well-being for all.

Remember, it's okay not to be okay, and seeking help is a sign of strength, not weakness.

Contact the author at [amber.galindo@associa.us](mailto:amber.galindo@associa.us).

## HOW CAN I DEFEND MY MENTAL HEALTH?



### PROTECT

Even practicing a few of these habits daily can build coping skills by increasing:

- Exercise
- Balanced nutrition
- Quality sleep
- Relaxation and meditation
- Goal setting
- Social support connections



### SEEK HELP

There are many different professionals and resources available, including:

- Counselors
- Chaplains
- Social workers
- Behavioral health consultants
- Psychologists
- Psychiatrists
- Psychiatric nurse practitioners



### OPTIMIZE

These practices and strategies may enhance your mental health and improve quality of life:

- Practice mindfulness
- Journaling and creative expression
- Challenge negative thinking
- Find meaning in everything you do

Source: American Hospital Association ([aha.org/mental-health-awareness-month](http://aha.org/mental-health-awareness-month))

# FITNESS CLASS SCHEDULE

## MONDAY

### MONTECITO FITNESS CENTER

- 8:00 AM Yoga; Angel (\$6)
- 9:00 AM Zumba; Yvette (\$6)
- 10:00 AM Mat Pilates; Cheryl (\$6)
- 11:00 AM Aqua Fitness; Erin (\$6)
- 11:00 AM Reformer Pilates; Cheryl (\$17)
- 1:00 PM Lively Liners (*Beginner*)
- 5:45 PM Pomettes

### SANTA ROSA CLUBHOUSE

- 8:00 AM Circuit; Cheryl (\$6)
- 9:00 AM Total Body Strength; Cheryl (\$6)
- 11:00 AM Chair Yoga; Melinda (\$6)

## TUESDAY

### MONTECITO FITNESS CENTER

- 8:00 AM Boxing Blitz; Andrew (*Free*)
- 9:00 AM Barre; Eliezer (\$6)
- 10:00 AM Mat Pilates; Eliezer (\$6)
- 11:00 AM Aqua Fitness; Cheryl (\$6)
- 11:00 AM Stretch; Eliezer (\$6)
- 12:00 PM Reformer Pilates I-II; Eliezer (\$17)
- 1:00 PM Lively Liners (*Beginner Review*)

### SANTA ROSA CLUBHOUSE

- 9:00 AM Essentrics Stretch & Tone; Melinda (\$6)
- 10:00 AM Yoga; Melinda (\$6)
- 11:00 AM Total Body Pump; Jessica (*Free*)
- 11:00 AM Water Yoga; Melinda (\$6)

## WEDNESDAY

### MONTECITO FITNESS CENTER

- 8:00 AM Silver Fit; Cheryl (*Free*)
- 9:00 AM Balance & Stretch; Cheryl (\$6)
- 10:00 AM Aqua Fitness; Erin (\$6)
- 10:00 AM Body Toning; Cheryl (\$6)
- 11:00 AM Vinyasa Yoga Level I-II; Leesann (\$6)
- 1:00 PM Lively Liners (*Intermediate*)
- 2:00 PM Lively Liners (*Intermediate 2*)
- 5:00 PM Pomettes

### SANTA ROSA CLUBHOUSE

- 8:00 AM Zumba; Rosy (\$6)
- 9:00 AM Stretch; Angel (\$6)

## THURSDAY

## MONTECITO FITNESS CENTER

- 8:00 AM Total Body Pump; Jessica (*Free*)
- 9:00 AM Brazilian Fusion; Eliezer (\$6)
- 10:00 AM Mat Pilates; Eliezer (\$6)
- 11:00 AM Aqua Balance; Erin (\$6)
- 11:00 AM Reformer Pilates I-II; Eliezer (\$17)
- 1:00 PM Thera Band; Dr. Eric (*Free*)
- 5:00 PM Lively Liners (*Intermediate Review*)

## SANTA ROSA CLUBHOUSE

- 9:00 AM Water Yoga; Melinda (\$6)
- 9:00 AM Zumba; Yvette (\$6)
- 10:00 AM Essentrics Stretch & Tone;  
Melinda (\$6)
- 11:00 AM Chair Yoga; Melinda (\$6)

## FRIDAY

## MONTECITO FITNESS CENTER

- 9:00 AM Zumba; Rosy (\$6)
- 10:00 AM Beginning Ballet; Eliezer (\$6)
- 11:00 AM Aqua Fitness; Cheryl (\$6)
- 11:00 AM Mat Pilates; Eliezer (\$6)
- 3:00 PM Boxing Blitz; Andrew (*Free*)

## SANTA ROSA CLUBHOUSE

- 8:00 AM Silver Fit; Cheryl (*Free*)
- 9:00 AM Vinyasa Yoga Level I-II;  
Leesann (\$6)
- 10:15 AM Meditation; Leesann (\$6)
- 11:15 AM Low Impact Cardio; Mirca (*Free*)

## SATURDAY

## MONTECITO FITNESS CENTER

- 8:45 AM Open Line Dancing
- 10:00 AM Cardio, Core & More; Erin (\$6)
- 11:00 AM Essentrics Stretch & Tone;  
Melinda (\$6)

## SANTA ROSA CLUBHOUSE

## SCHEDULE SUBJECT TO CHANGE

Please check [www.scschca.com/fitness](http://www.scschca.com/fitness) for updated information and class cancellations.

Rules and Procedures: Members must check in for class at the front desk.

Members will be allowed to check in no more than 10 minutes prior to a class. All classes start on time.

No late entries. Please silence all cell phones during class.

Lively Liners and Pomettes classes require Chartered Club membership.

SUNDAY		MONDAY		TUESDAY		1 WEDNESDAY	
						<p>9:00 AM Needles &amp; Pins CAM/MIR                      9:15 AM Bridge BH                      10:30 AM Safety Meeting CAP                      11:00 AM Table Tennis NPT/PIS                      12:15 PM Mah Jongg BH                      1:00 PM Health &amp; Fitness Com. LJ                      1:00 PM Jewelry Club MIR                      1:30 PM King &amp; Queens Club NPT                      1:30 PM Mexican Train NPT                      2:00 PM Landscape Committee COA                      7:00 PM Billiards Club PAC</p>	
5	<p>9:00 AM Needles &amp; Pins CAM/MIR                      10:00 AM Mountain View Church CAP                      2:00 PM Table Tennis NPT/PIS                      5:00 PM Let's Meet and Eat Club BR</p>	6	<p>7:15 AM Lady Putters CAP                      9:00 AM Creative Arts CAM/MIR                      10:00 AM Meditation NPT/PIS                      11:00 AM Pan CAP                      12:30 PM Needles &amp; Pins CAM/MIR                      1:00 PM Gin Rummy NPT                      1:00 PM Scrabble PIS                      2:00 PM Genealogy MON                      2:00 PM City Development Com COA                      6:00 PM Pan NPT                      7:00 PM Bocce Buddies BCM                      7:00 PM Billiards Club PAC</p>	7	<p>8:00 AM Ceramics CAM                      9:30 AM DRC Meeting COA                      11:00 AM Pan CAP                      12:45 PM Paper Crafters CAM/MIR                      4:00 PM Happy Travelers Club FH                      4:30 PM King &amp; Queens Club PIS</p>	8	<p>9:00 AM Needles &amp; Pins CAM/MIR                      11:00 AM Table Tennis NPT/PIS                      12:15 PM Mah Jongg BH                      1:00 PM Jewelry Club MIR                      1:30 PM King &amp; Queens Club NPT                      2:00 PM Information Committee COA                      2:00 PM Men's Golf LJ                      3:30 PM Desert Gardeners CAP                      6:00 PM Rainbow Friends CAM                      7:00 PM Billiards Club PAC</p>
12	<p>MOTHER'S DAY</p> <p>9:00 AM Needles &amp; Pins CAM/MIR                      10:00 AM Mountain View Church CAP                      2:00 PM Table Tennis NPT/PIS</p>	13	<p>7:15 AM Lady Putters CAP                      9:00 AM Creative Arts CAM                      10:00 AM Meditation NPT/PIS                      11:00 AM Pan CAP                      12:30 PM Needles &amp; Pins CAM/MIR                      1:00 PM Gin Rummy NPT                      1:00 PM Scrabble PIS                      2:00 PM Genealogy MON                      4:30 PM King &amp; Queens Club PIS                      6:00 PM Pan NPT                      7:00 PM Bocce Buddies BCM                      7:00 PM Billiards Club PAC</p>	14	<p>8:00 AM Ceramics CAM                      11:00 AM Desert Life Board LJ                      11:00 AM Pan CAP                      12:45 PM Paper Crafters CAM/MIR                      2:00 PM Golf Committee COA                      2:30 PM The View Committee LJ                      4:30 PM King &amp; Queens Club PIS                      6:00 PM Pet Club CAM/MIR                      6:00 PM Republicans CAP</p>	15	<p>9:00 AM Needles &amp; Pins CAM/MIR                      9:15 AM Bridge CAP                      11:00 AM Table Tennis NPT/PIS                      12:15 PM Mah Jongg BH                      1:00 PM Jewelry Club MIR                      1:30 PM King &amp; Queens Club PIS                      1:30 PM Mexican Train NPT                      2:00 PM Non-Fiction Book Group LJ                      7:00 PM Billiards Club PAC                      7:00 PM Comedy Night BR</p>
19	<p>9:00 AM Needles &amp; Pins CAM/MIR                      10:00 AM Mountain View Church CAP                      2:00 PM Table Tennis NPT/PIS                      5:00 PM Solo's Club CAP</p>	20	<p>7:15 AM Lady Putters CAP                      8:00 AM Executive Session COA                      9:00 AM Creative Arts CAM/MIR                      10:00 AM Meditation NPT/PIS                      11:00 AM Pan CAP                      12:30 PM Needles &amp; Pins CAM/MIR                      1:00 PM Gin Rummy NPT                      1:00 PM Scrabble PIS                      2:00 PM Board Meeting BR                      6:00 PM Pan NPT                      7:00 PM Bocce Buddies BCM                      7:00 PM Billiards Club PAC</p>	21	<p>8:00 AM Ceramics CAM                      9:00 AM DRC Meeting COA                      11:00 AM Pan CAP                      12:45 PM Paper Crafters CAM/MIR                      4:30 PM King &amp; Queens Club PIS                      5:45 PM Veterans Club CAM                      7:00 PM Bunco BH</p>	22	<p>9:00 AM Needles &amp; Pins CAM/MIR                      9:15 AM Bridge CAP                      11:00 AM Table Tennis NPT/PIS                      12:15 PM Mah Jongg BH                      1:00 PM Jewelry Club MIR                      1:30 PM King &amp; Queens Club PIS                      2:00 PM Golden Seniors CAP                      7:00 PM Billiards Club PAC</p>
26	<p>9:00 AM Needles &amp; Pins CAM/MIR                      10:00 AM Mountain View Church CAP                      2:00 PM Table Tennis NPT/PIS</p>	27	<p>MEMORIAL DAY</p> <p>7:15 AM Lady Putters CAP                      8:00 AM Flag Ceremony AMP                      9:00 AM Creative Arts CAM/MIR                      10:00 AM Meditation NPT/PIS                      11:00 AM Pan CAP                      12:30 PM Needles &amp; Pins CAM/MIR                      1:00 PM Gin Rummy NPT                      1:00 PM Scrabble PIS                      6:00 PM Pan NPT                      7:00 PM Bocce Buddies BCM                      7:00 PM Billiards Club PAC</p>	28	<p>8:00 AM Ceramics CAM                      10:00 AM Lifestyle Committee MIR                      11:00 AM Pan MAR                      12:45 PM Paper Crafters CAM/MIR                      2:00 PM Readers Ink CAP                      4:30 PM King &amp; Queens Club PIS                      5:30 PM Veterans Club LJ</p>	29	<p>9:00 AM Needles &amp; Pins CAM/MIR                      9:15 AM Bridge CAP                      11:00 AM Table Tennis NPT/PIS                      12:15 PM Mah Jongg BH                      1:00 PM Jewelry Club MIR                      1:30 PM King &amp; Queens Club PIS                      4:00 PM Newcomers Club CAP                      7:00 PM Billiards Club PAC</p>



<p><b>2 THURSDAY</b></p> <p>8:00 AM Women's Golf SY2              9:00 AM Creative Arts CAM/MIR              9:00 AM Facilities &amp; Services FH              9:30 AM Writers Club LJ              11:00 AM Pan CAP              12:30 PM Hand &amp; Foot NPT              1:00 AM EPC FH              4:00 PM King &amp; Queens Club PIS              4:00 PM Oke Dokey Karaoke BH              6:15 PM Bridge CAP</p>	<p><b>3 FRIDAY</b></p> <p>8:00 AM Ceramics CAM              11:00 AM Pan CAP              1:00 PM Samba MIR              2:00 PM Table Tennis NPT/PIS              4:00 PM Classic Movie Club  <i>The Maltese Falcon</i> MON              5:30 PM Bingo BR              7:00 PM Movie Night CAM/MIR</p>	<p><b>4 SATURDAY</b></p> <p>9:45 AM Bridge CAP              11:00 AM Pan KSK</p>
<p><b>9</b></p> <p>9:00 AM Creative Arts CAM/MIR              9:30 AM Writers Club LJ              11:00 AM Pan MAR              12:30 PM Hand &amp; Foot NPT              2:00 PM French Club MON              3:00 PM Camera Club LJ              3:00 PM Meet a Board Member CAP              4:00 PM King &amp; Queens Club PIS              6:15 PM Bridge CAP</p>	<p><b>10</b></p> <p>8:00 AM Ceramics CAM              10:00 AM Flag Sale CL              10:30 AM Alzheimer's Group LJ              1:00 PM Samba MIR              2:00 PM Table Tennis NPT/PIS              7:00 PM Movie Night CAM/MIR</p>	<p><b>11</b></p> <p>9:45 AM Bridge CAP</p>
<p><b>16</b></p> <p>9:00 AM Creative Arts CAM/MIR              9:30 AM Writers Club LJ              11:00 AM Pan CAP              12:30 PM Hand &amp; Foot NPT              1:00 PM Food &amp; Beverage Com. LJ              2:00 PM French Club MON              4:00 PM King &amp; Queens Club PIS              6:00 PM Democrats CAM              6:00 PM Music to My Ears PAT              6:15 PM Bridge CAP</p>	<p><b>17</b></p> <p>8:00 AM Ceramics CAM              9:00 AM Finance Committee COA              11:00 AM Pan CAP              1:00 PM Samba MIR              2:00 PM Table Tennis NPT/PIS              4:00 PM Classic Movie Club  <i>Something's Gotta Give</i> MON              7:00 PM Movie Night CAM/MIR</p>	<p><b>18 ARMED FORCES DAY</b></p> <p>9:45 AM Bridge CAP              3:00 PM Paint &amp; Sip CAM/MIR              5:00 PM Tutta Bella Vino BR</p>
<p><b>23</b></p> <p>9:00 AM Creative Arts CAM/MIR              9:30 AM Writers Club LJ              11:00 AM Pan CAP              12:30 PM Hand &amp; Foot NPT              2:00 PM French Club MON              4:00 PM King &amp; Queens Club PIS              5:00 PM Let's Meet and Eat Club BR              6:15 PM Bridge CAP</p>	<p><b>24</b></p> <p>8:00 AM Ceramics CAM              10:30 AM Alzheimer's Group LJ              1:00 PM Samba MIR              2:00 PM Table Tennis NPT/PIS              7:00 PM Movie Night CAM/MIR</p>	<p><b>25</b></p> <p>9:45 AM Bridge CAP              11:00 AM Pan KSK              6:00 PM Lively Liners BR</p>
<p><b>30</b></p> <p>9:00 AM Creative Arts CAM/MIR              11:00 AM Pan CAP              12:30 PM Hand &amp; Foot NPT              2:00 PM French Club MON              4:00 PM King &amp; Queens Club PIS              6:15 PM Bridge CAP</p>	<p><b>31</b></p> <p>8:00 AM Ceramics CAM              10:00 AM Covenants Committee COA              1:00 PM Samba MIR              2:00 PM Table Tennis NPT/PIS              4:00 PM Classic Movie Club  <i>The Bridges at Toko-Ri</i> MON              7:00 PM Movie Night CAM/MIR</p>	

# May 2024

## LEGEND

- MONTECITO CLUBHOUSE
- SANTA ROSA CLUBHOUSE
- HOA OFFICE
- SHADOW HILLS GOLF CLUB
- AMP – Amphitheater
- AS – Aerobic Studio
- BCM – Bocce Courts MC
- BCS – Bocce Courts SRC
- BH – Back Half Ballroom
- BR – Ballroom
- BW – Breezeway
- CAM – Cambria
- CAP – Capistrano
- CL – Clubhouse Lobby
- COA – Coachella
- DP1 – Phase 1 Dog Park
- DP3 – Phase 3 Dog Park
- FC – Fitness Center
- FH – Front Half Ballroom
- GR – Green Room
- KSK – Kiosk
- LJ – La Jolla
- MAR – Marisol
- MC – Montecito Clubhouse
- MIR – Mirada
- MON – Monterey
- NPT – Newport
- OS – Offsite
- OUT – Outdoor Event
- PAC – Pacifica
- PAT – Patio by Capistrano
- PC – Putting Course
- PIS – Pismo
- PRK – Parking Lot
- SC – Sports Court
- SEL – Santa Rosa Events Lawn
- SGC – South Golf Course
- SHA – Shadows Restaurant
- SRC – Santa Rosa Clubhouse
- SRP – Santa Rosa Patio
- SY – Santa Ynez
- SY1 – Santa Ynez I
- SY2 – Santa Ynez II
- TBD – To Be Decided
- TC – Tennis Court
- WSP – West Side Patio

Sign up or purchase tickets to Lifestyle events at [www.scsca.com/tickets](http://www.scsca.com/tickets). For more information, contact the Lifestyle Desk at 760-345-4349 x 2120.



# GOLF OPERATIONS

PHIL VIGIL, PGA | GENERAL MANAGER, SHADOW HILLS GOLF CLUB

## Summer Transition – What is it?

Winter overseeding in the Coachella Valley is a standard process that occurs in the fall. It allows golf courses to reopen at the start of each season with a winterized Ryegrass playing condition. By definition,

*Overseeding is a process on the golf course in which Ryegrass seed is spread onto existing Bermudagrass turf. Overseeding, also known as top seeding, promotes new growth and can be used to swap out existing turf or dormant turf. A typical example of overseeding is when Bermudagrass goes dormant and is swapped with Ryegrass.*

As temperatures begin to rise, the overseeded Ryegrass dies off, and in the warmer season, Bermudagrass comes out of dormancy. This typically occurs during the months of May and June and is called the “Summer Transition.” Weather permitting, both the North and South courses will be fully transitioned into Bermudagrass by early July.

This process is normal and will present some visible and distinct changes to the golf course in the coming weeks. As the Bermudagrass comes out of dormancy, it will be the prominent playing surface during the summer months leading up to the overseed process again in the fall. Visible changes to the golf course during the “summer transition” will be the greening up of the rough areas and “thin” areas in the fairways and greens as the Ryegrass dies off and the Bermudagrass fills in. Although it may look abnormal, this “transition” is usual and expected.

We will be moving into our golf shop summer hours of operation:

### EFFECTIVE MAY 13

- North Course Golf Shop: 6 am – 1 pm
- South Course Golf Shop: 6 am – 2 pm

### EFFECTIVE JUNE 1

- North Course Golf Shop: 6 am – 12 pm
- South Course Golf Shop: 6 am – 1 pm

### EFFECTIVE AUGUST 1

- North Course Golf Shop: 6 am – 11 am
- South Course Golf Shop: 6 am – 12 pm

*Closing hours of operation may change because of “High Heat Indexes.”*

Effective May 1, we will go back to a “Single Tee” consecutive tee time start on the South Course. This will continue through the summer months except for an “Open Play” shotgun each Saturday. Contact the golf shop for more details.

The South Course driving range will be closing when the golf shop closes except on Wednesdays, when mowing maintenance is performed. All players must register in the golf shop before the golf shop closing times. After-hours play is not allowed.

As always, stay tuned to our weekly email blasts, postings to Facebook through “The Shadows Golf Club” and “The Shadows Restaurant,” and our mobile app for upcoming summer events, hours of operation, and other important information.

Contact the author at [pvigil@troon.com](mailto:pvigil@troon.com).





## PRO SHOP NEWS

TERRY FERRARO | HEAD GOLF PROFESSIONAL, SHADOW HILLS GOLF CLUB

Well, it's May, and summer is here. Play is a lot slower and now there is plenty of time to play. Be sure that you take plenty of water to stay hydrated.

We have the following tee times in place as of May 1. Every day will be straight tee times starting at 6:30 am, except Saturday when it will be a 7 am open shotgun.

The Men's Club ending party was a lot of fun, with Grant Ewald winning the Shadow's Cup.

Our champions at end-of-season are:

### LADIES TEAM STABLEFORD:

- Flight 1: Janice Smith, Peggy Bradish, Ethelwyn Hintz, and Debbie Reyna.
- Flight 2: Andrea Unifreid, Catherine Gerus, Carol McCoy, and Julie Sandoval.

### CLUB CHAMPIONSHIP:

- Gross: Laurie Randall
- Net: Vivian Harris

Contact the author at [terry.ferraro@troon.com](mailto:terry.ferraro@troon.com).

## Tip of the Month: Spin it

The best training aid for generating more spin on your chip shots is your golf bag. Lay it on the ground two feet in front of the ball and across your target line. Hit chips over the bag using your sand wedge. The bag's proximity to the ball will force you to hit down on the ball sharply and with lots of acceleration—two keys for creating max short-game spin. Try this and learn to save strokes around the green.

# Club Contact Information

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IF YOUR CLUB  
OFFICERS HAVE  
CHANGED, PLEASE  
FILL OUT THE NEW  
OFFICERS FORM.  
760-345-4349 EXT. 2120



## Billiards Club

Our membership meets every Monday and Wednesday at the Montecito Clubhouse Billiard Room at 6:30 pm for open play. Our club allows play by men and women of all levels of experience. Tournaments are held on the second Monday and the last Wednesday of the month at a cost of \$5 per player for each tournament. No matter how you play, under our handicap system you will have a chance to win and have a good time. It's a great way to make new friends and meet your neighbors.

Free lessons are available at 11 am every Thursday in the Billiard Room by Don Salvatore or Don Lucas. Just come in or give us a call at 760-404-0219.

On Monday, March 11, we had a nine-ball round robin tournament. We had 19 players in competition. First place was won by Keith Dean, second went to Marc Michelson, third to Pat Carson, and fourth to Scott Clemments.

On Wednesday, March 27, we had an eight-ball round robin tournament with 16 players. First place was won by Don Lucas, second place by Randy Galvin, and third place went to Steve Queior. Everyone played well and had a good time.

Congratulations to all our winners!



## Bocce Buddies

Come and meet a nice group of residents who enjoy the game. It does not matter if you have played before, we can teach you how to play.

We play bocce at the Montecito Clubhouse. Log on to scshca.com and see the "Clubs" calendar for the exact times. All are welcome to play and join our club. There are no membership dues.

We have five bocce courts at the Montecito Clubhouse and two courts at the Santa Rosa.

The club plays year-round. If you want to play bocce at any time other than when the club meets, bocce balls are available for your use at the Fitness Desk.

For more information, please call Rick Halla at 949-500-0568.



## Bowlers Club

Hello Sun City Shadow Hills residents! Our 2023-2024 season ended in April! What fun we had every Friday from 10 am – 1 pm-ish at Fantasy Lanes (at Fantasy Springs Casino). We have already begun to plan for our 2024-2025 season which starts in October. As always, life changes have altered some of the teams so we will be organizing and reorganizing teams throughout the summer. For current bowlers and substitutes, if you plan to join a different team, become a full-time team member or a substitute, please let us know as soon as possible.

To join SCSH Bowling you don't need to be a seasoned bowler. If you would like to learn how to bowl, have an interest in refreshing old skills, or just want to make new friends, please come try us out. We always need substitutes, so if that is a better fit, just let us know.

To stay cool over the summer, try visiting your local bowling alley, and then join us in the fall for bowling, fun and friendship. If you have any questions, feel free to contact us via the email address below, or call any of the names listed below. Have a safe, relaxing summer. See you in the Fall! [scshbowlers@gmail.com](mailto:scshbowlers@gmail.com)

*Karen Hargrave, President: 818-929-2235*

*Peggy Mathieson, Vice President*

*Dana Barbour, Secretary/Treasurer: 562-201-3444*



## Bridge Club

It is that time of year when we say "Goodbye" and "See you again" to our seasonal players. Have a safe trip home!

Our club is a non-sanctioned bridge club. We play in the Capistrano Room at the Montecito Clubhouse. Games are on:

- Wednesday mornings, 9:30 am – 12 pm
- Thursday evenings, 6:30 - 9 pm
- Saturday mornings, 10 am - 1 pm

You must sign up for each game and always arrive 15 minutes before the beginning of play. Hope our full

Continued on page 46...

...continued from page 45

timers join us. We are a fun group. Any questions? Please email our President Beverly Teel at [Bevteel25@gmail.com](mailto:Bevteel25@gmail.com).



## Bunco

For those who have never attended or never played, don't worry. There is room for all, and no reservations are required. You can join the club the day you play. The game can be learned in a matter of minutes so it's okay to show up with no knowledge of the game. We play in the back of the Montecito Ballroom at 7 pm.

Here is our 2024 schedule: May 21, June 18, July 16, August 20, September 17, October 15, November 19, and December 3.

Feel free to bring what you want to drink. Bunco starts at 7 pm. Please arrive a few minutes early to sign in. If you have any questions, please contact Stacy Boeskin at [scshbunco@yahoo.com](mailto:scshbunco@yahoo.com).



## Camera Club

- Q. Do you take photos with your phone?
- A. If yes, then you are a photographer!
- Q. Want to become a better photographer?
- A. If yes, then you are a perfect candidate for the SCSH Camera Club!



*Got Carrots* by Jim Schacht

While our in-person club activities have ended for this season, the Camera Club remains active over the summer with regular Zoom meetings. These meetings allow members to keep in touch, discuss their photographic adventures, or get help with a particular question regarding our art form.

If you have an interest in photography, whether as a complete novice or an advanced practitioner, consider joining our club. It doesn't matter what your level of experience, or what type of camera, we have something to offer you. Check out our club website at [www.scschcameraclub.com](http://www.scschcameraclub.com) for more information.



## Ceramics Club



One of our members more recent projects, this set of Native American pieces stands out with vivid colors.

Come join us any Tuesday or Friday morning between 9 am – Noon and see what you can create. Welcome to the Ceramics Club.



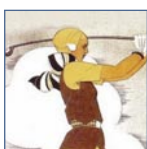
## Classic Movie Club

The Classic Movie Club presents showings of Oscar-winning films every other Friday starting at 4 pm in the Santa Rosa Clubhouse's Monterey Room. There will also be time for socializing. Attendees will be able to have their picture taken while holding a real Oscar!

Josh Kanin, co-host of the Club's film series, grew up in a prominent Hollywood show business family. His parents were Fay and Michael Kanin; his uncle and aunt were Garson Kanin and Ruth Gordon. All were Oscar and Emmy Award-winning screenwriters,

directors, and actors for over 50 years. Josh is a noted film historian from Los Angeles. Since 1973, he has been (and still is) a college professor of film studies. Bill Hooper, co-host with Josh, is a local realtor who introduced him to the Coachella Valley and who is a classic movie fan.

The club is proud to provide our community with free, quality entertainment on an ongoing basis. The screening events are open to all SCSH residents. No club membership is required to attend. If you love classic movies, please join us. We would love to meet you. For more information, call either Josh Kanin (310-980-0747) or Bill Hooper (310-293-9597).



## Classy Niners

Spring has finally sprung! Tuesday play is a shot-gun start beginning at 7 am. Please join us for breakfast at Shadows following golf. Friday play is straight tee times beginning at 6:30 am with a choice to play 9 or 18 holes. Friday is also a day where you can request to play with a friend or make your own four-some. The deadline for Tuesday play is Saturday at 5 pm. The deadline for Friday play is Tuesday at 6 am.



Luck of the Irish Tournament

On April 9 and 10, we had our "50s Rock and Roll" annual getaway to Soboba Casino Resort and Golf Club. What a fun time it was for all! On April 22, we had the "April in Paris" end of the season dinner, awards, and general meeting.

We will have summer Friday golf away games starting in June giving our golfers a chance to experience other courses in our valley. Come join us!

New members are welcome to join at any time during the year. We accept all skill levels. New members are given a short orientation and assigned a

mentor for smooth transition into our club. Prospective members may play one time as a guest. To join, please check out our website at [www.shclassy9ers.com](http://www.shclassy9ers.com) and click the tab "Join Our Club!"



## Community Singers

**MUSIC**

A mind-altering noise with the potential to induce joy, happiness, memories, bliss, merriment, and mirth.

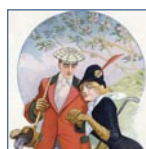
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**Ask your doctor if music is right for you.**

Common side effects may include uncontrolled toe-tapping, swaying side-to-side, smiling, off-key singing, a lack of volume control, finger snapping, and dancing.

Even though SCSH Singers will not be doing any shows this summer, we still have music all around us. We hope that the happiness of music will fill your life!

October will be here before we know it and as will our rehearsals for our Holiday Show. Keep us in mind and join Singers in the fall.



## Couples Golf

The 2023-2024 season for Couples Golf concluded on April 7, 2024, and will resume in November 2024. Keep visiting our website at [shcouples.com](http://shcouples.com) for further information and updates on our play dates as well as the very popular November Welcome Back Social and

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potluck dinner where you can meet old friends and make new ones.

Notwithstanding the name of our club, you do not have to sign up as a pair. We have several single members and welcome all couples or single players. Singles are matched up with other golfers and can enjoy the fun and camaraderie of our group. The application form for registration and other information to sign up for the start of the new season in November 2024 will be available on our website when finalized.

In the meantime, if you have any questions about Couples Golf, visit our website at [shcouples.com](http://shcouples.com) or contact our Club President, Gerry Read at 760-289-6312. Have a great summer and we look forward to golfing with you in the fall..



## Creative Arts

Nice to see so many creative, friendly people in our wonderful community! Summer is approaching, so things are about to get quiet. The Montecito Clubhouse Art Studio time will continue, so drop by and paint! While you're in the Montecito Clubhouse check out our May art wall featuring work by members Linda Wolf and Wendy McElroy.

For next season, we are hoping to have "First Monday Tutor Corners" during our regular studio time. We plan to feature our very own artists sharing their experience and art knowledge in a relaxed and encouraging environment. Our trial session in April by Michele Gaskin (on color theory and more) was a great success. Stay tuned!

Please consider joining the Creative Arts Club; let your creativity shine and have some fun!

The membership fee is \$15/year due in January.

We have open studio time in the Montecito Art Studio art room twice each week - Monday and Thursday mornings, 9 am -12 pm.

If you have any questions or would like more information about the club please stop by or contact our club's Vice President, Wendy McElroy at 714-222-6495.



## Desert Gardeners



**Plumeria, Surviving the Summer Heat and More!**

**Wednesday, May 8, 2024 • 3:30 pm**

**Capistrano Room**

Please wear your name tag.

All are welcome, members and non-members!

For those who live here full-time, we have a special meeting for you! We have invited the Coachella Valley Plumeria Society to share their expertise with us on these wonderful summer bloomers. We will also share the ups and downs of gardening in the summer heat and any tips on helping our plants survive the summer. Bring your ideas, tips, questions and willingness to share.

Visit our website [www.scshtadesertgardeners.com](http://www.scshtadesertgardeners.com) for membership information, the latest updates on our club activities, and a wealth of gardening resources. We meet monthly from November through April. We offer a wide array of experiences from educational meetings, consultations with Master Gardeners, slide shows of best practices, and field trips around our valley. A favorite event is the annual home garden tour in March followed by a delightful, casual reception.

For more information or questions, contact Terry Bolen at [scshdesertgardeners@gmail.com](mailto:scshdesertgardeners@gmail.com).



## Desert Life

Desert Life meets on the third Tuesday of each month except for June, July, and August. You can attend one luncheon without paying the membership



fee! For more Information contact Membership Chairperson, Sue McCollum at 760-285-0915.

**MAY LUNCHEON:**

**DATE |** May 21, 2024, 11:30 am

**LOCATION |** Heritage Palms Clubhouse

**PROGRAM |** Historic Plaza Theatre Restoration,

J.R. Roberts, President

**CHARITY FOR THE MONTH |** Salvation Army of

Cathedral City. Needs/Wish List: Outdoor yard games

such as ring toss, yard size Jenga, yard size tic-tac-toe,

corn hole, horseshoes, sports balls such as basket

balls, soccer balls, playground bouncy balls and

dodge balls, board games (age 6-14), art supplies,

books age (6-14). You may also donate by check

payable directly to the Charity! *No cash or gift cards!*

*Donations By Members Are Always Voluntary!*

**MAIN MENU |** Roasted Pork Loin, scalloped potatoes,

veggie

**VEGGIE OPTION |** Pasta Primavera w/alfredo sauce

*(must denote veggie on check)*

**DESSERT |** Peach Melba w/vanilla ice cream

**PRICE |** \$32 and checks must be in the Montecito mail

slot by May 10. Includes seven door prize tickets. Drop

checks ASAP—don't wait for the deadline! Reservations

require a minimum of six people.



## French Club

*Bienvenue* to SCSH's French Club! Come join to learn French, improve your language skills, and make new friends!



French students sampled delicious *financiers* (L) and *macarons* (R) during the March 20th class. *Bon appétit!*

In March, students celebrated National Macaron Day. The macaron was created in 1791 in a convent in Cormery, France. The following year, macarons

became famous after two nuns, seeking asylum during the French Revolution, prepared and traded them in exchange for housing. The nuns later become known as the "Macaron Sisters." National Macaron Day, celebrated on March 20, is arranged to coincide with the first day of spring and the International Day of Happiness. It's a time to bake and share!

Students were also introduced to *financiers*. In the late nineteenth century, a pâtissier named Lasne who owned a shop on the Rue Saint-Denis, near the Paris Stock Exchange, created the cake that it could be eaten by businessmen without soiling their business suits. This rich little cake was named for the rich financiers who frequented his bakery!

May classes are on the 9th, 16th, 23rd, and 30th in the Monterey Room at the Santa Rosa Clubhouse from 2 – 3 pm. June's class is on the 20th. Contact Barbara Guiffre for more information at 315-866-3854 or at scshfrenchclub@gmail.com.



## Games Plus

Games Plus was formed to play various games.

**BINGO |** Doors open at the Montecito Clubhouse at 5:30 pm with games starting at 6:30 on the first Friday of the month, unless otherwise posted. We go dark from June through September. Paper sells for \$5 for 10 games. Two special games can be purchased for \$3. You must be 18 years old to play. *Cash only and small bills are appreciated.*

**SCRABBLE/OTHER GAMES |** Played on Mondays of each week at the Santa Rosa Clubhouse from 1 – 3:30 pm. *Contact Barbara Irwin at scrabble731@yahoo.com to sign up to play.*

**MEXICAN TRAIN & RUMMIKUB |** Played the first and third Wednesday of the month from 1:30 – 5 pm at the Santa Rosa Clubhouse. *Contact Cathy Nielsen if you plan to play. Her email is mcathynielsen@gmail.com or phone at 760-522-3092.*

**HAND & FOOT |** Played on Thursdays at the Santa Rosa Clubhouse. Please arrive at 12:15 pm to play at 12:30 pm. *Contact Kathy Reid at 760-469-2335 if you plan to play.*

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**CANASTA** | Samba, a version of Canasta, is played every Friday, from 1 – 4 pm at the Montecito Clubhouse. If you wish to play regular Canasta, contact Betty.

All levels of players are welcome. Come join your neighbors and have some fun. If you have questions, please contact Betty Dixon at 970-389-4682.

*Happy Gaming!*



## Genealogy Club

### DNA from a Postage Stamp?

You were thrilled to watch the TV program where the detective nailed the bad guy by first, having the postage stamp on the threatening letter envelope sent out for DNA testing and then, very surreptitiously, capturing a sample of the bad guy's DNA from a coffee cup. Wow! Technology to the rescue!

Yes, it is possible to secure a DNA sampling from an old postage stamp, or the envelope (assuming someone licked the stamp or the sealing strip). How about that?

So now, when you are browsing through your collection of old family letters, etc. do not throw out that old envelope. Similarly, do not throw out Grandma's old hairbrush or that wee curl of hair she kept of your Grampa. Companies can also test such hair samples for you.

While the cost of such services might deter some, such testing may be well worth the expense. The information might just help you break through your "Brick Wall" mystery.

We know that many variables enter the testing process, and some extra steps may be required. Results may vary but nevertheless, here is yet another option for the dedicated genealogical detective.

Please join us for our last meeting before summer break on Monday, May 6 at 2 pm in the Santa Rosa Clubhouse, Monterey Room. Our meetings are hybrid – both in person and on Zoom. Our guest speaker is former SCSH resident, Greg Cave. He will tell us about his efforts to develop a DNA testing program among the citizens living on the Isle of Wight. Greg's

descendants migrated from the Isle to Canada over 150 years ago. Mentors are also available to help you with your research. Check out our website at [www.scshtgenealogy.com](http://www.scshtgenealogy.com) for more information.



## Gin Rummy

The Gin Rummy Club meets every Monday at the Santa Rosa Clubhouse in the Newport Room. Games start at 1 pm and we play until finished. Depending on how many players there are, games can end anywhere from 4:30 – 5:30 pm.

Basic knowledge of the game is required. If you are interested, please contact Marie DeVito at 312-909-0446. We are a fun group, and all are welcome.



## Golden Seniors



As our name implies, we are a social club. In fact, the fastest growing social club at SCSH, with over 40 members to date. We're hoping to double that number by May! Our members range in age from 61 to 100 years young.

We meet on the third Wednesday of the month in the Montecito Clubhouse Capistrano Room, 2 – 4 pm. There, you will find a group of young-at-heart residents having a great time while creating connections and memories. We often have entertainers or speakers, while enjoying fancy treats, soft drinks, and wine.

Our community is chock-full of talented, creative people who, by offering their gifts to our GSSC, evoke purpose, meaning, and connection with one another. This amazing club is where you will find friendship, companionship, and a good laugh, all at a comfortable pace. How blessed we are to have so many step up to

celebrate life together. Here in beautiful Sun City Shadow Hills - you are always among friends!

You are welcome to attend one time, on us! The cost to join is only \$25 for singles and \$35 per couple, per year. Contact Mia Lynott, President, at 760-685-4468 or Terri Fitzsimmons, Vice President, at 951-330-9910.



## Happy Travelers

If you love to travel, come find out about the Happy Travelers Club! We invite you to join us in exploring a variety of travel experiences with like-minded members of our community. You will have the opportunity to make new friends and gain valuable information for planning memorable travel adventures.

Please visit our website at [SCSHHappyTravelers.com](http://SCSHHappyTravelers.com) for more information about upcoming meetings, membership, and trip offers.

If you have questions, please send us an email at [SCSHHappyTravelers@gmail.com](mailto:SCSHHappyTravelers@gmail.com).



## Hiking Club

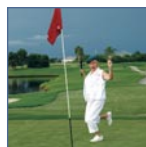


The hiking Club has scheduled hikes between November 1 and March 31 each year. Please check the website in August for the list of hikes for November and December. In the meantime, if you are interested in joining the Hiking Club for the upcoming season, you can register your interest with the Club President, Marjorie Babuik at [marjoriebabuik1@mymts.net](mailto:marjoriebabuik1@mymts.net).



## Jewelry Club

Ladies and Gentlemen, if you are looking for something to do, as the heat comes into our valley, please consider the Jewelry Club. The Jewelry Club meets on Wednesdays from 1 – 3 pm at the Montecito Clubhouse. Hoping all our snowbirds had a safe journey home and that they have a fun Summer. Our best to all of you locals as well.



## Lady Putters

All women of SCSH are invited to join Lady Putters. We meet every Monday morning in the Capistrano Room at the Montecito Clubhouse. Absolutely no golf skills are required. Our club is a great way to have fun and meet new friends with putting as an excuse to get together. There are two sessions to choose from. First session check-in begins at 7:45 am. It is followed by a short meeting at 8 am. The second session check-in begins at 8:45 am with a short meeting at 9. All you need is a putter and a ball, \$2 for playing fee, and \$20 annual dues.

You are invited to try Lady Putters once as a guest without paying the \$2 play fee or annual membership.

Visit the Lady Putters website at [shputters.com](http://shputters.com) for the latest information. You can also contact the Club President, Olga Kiena, at 714-746-2111 or [okiena@pobox.com](mailto:okiena@pobox.com).



## Let's Meet and Eat

Greetings to all our members!

We had so much fun on April 21 dancing, singing, and acting like teenagers! Thank you to all the new residents who are officially members!

We have more fun in store for the summer:

- **MAY 5** | *The Flashback Boyz* will help us celebrate *Cinco de Mayo*. We can't wait to see your decorated tables!

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- **MAY 23** | *Ronnie Felix*, one of the best performers in the Valley, will keep us dancing all night. Tickets are \$5.00 each and purchased on Eventbrite. Please contact us if you need assistance.
- **JUNE 9** | *Dysfunction* will remind us again why we love them!
- **JUNE 20** | *Keith Foelsch* (from the Zippers) will show off his skills as we dance the night away.

Reminders for all events: BYOB (ice water provided). Please bring your utensils, plates, and glasses. We dine at 5 pm and dance 6 – 8 pm. \$10 per person for our band performances, \$5 for the other dance parties. All payments are non-refundable. If you are not a LMAE member, your first attendance at one of our dances is on us!

Questions? Call Cherie, 760-953-6674, or Margo, 310-977-2720, or email [scschmeetandeat@gmail.com](mailto:scschmeetandeat@gmail.com).

See you on the dance floor!



## Lively Liners

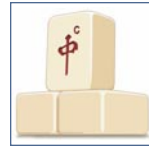
Good news for anyone who likes to dance. Increasing research is showing the full-body health benefits of dancing, which can offer the rewards of exercise without necessarily feeling like exercise. One recent study found dancing led to significant improvements in body composition, specifically with fat loss and waist reduction. Another study found that dance was equally as effective as other forms of physical activity at improving quality of life for people with Parkinson's, reducing anxiety, and improving depression symptoms. Preliminary evidence from that study also found dance was superior to other forms of physical activity in terms of improving motivation, memory and social cognition.



Come join our friendly group and make new friends. We offer club members many classes each week along with a free monthly fun dance. Our classes range from Beginning to Intermediate. Please check the Montecito

Fitness Center calendar or our website for the schedule. There is Open Line Dancing every Saturday at 9 am at the Montecito Fitness Center.

Please visit our website at [www.scschlivelyliners.com](http://www.scschlivelyliners.com). For more information call Katy at 760-610-5710 or Melanie at 626-222-6044.



## Mah Jongg

Excitement and moans and groans are being heard in the Mah Jongg room! The new card of plays has arrived in players' mailboxes and a whole new learning curve is happening as everyone learns the new hands. Do you want to join us? Contact Rochelle Asheroff at [asheroff@sbcglobal.net](mailto:asheroff@sbcglobal.net). We welcome all players!

Happy Spring!



## Meditation Over Medication



Would you like to live a fulfilled and happy life? Would you like to be calm and peaceful? Come experience Vib Verma's guided meditation sessions! Meditation will change your life! In addition to meditating, we learn a new topic each week.

Here's what our members have to say:

*"Meditating with Vib helps me relax and slow down. It is very comforting."*

*"Meditating helps me calm my mind and have compassion for others."*

*"Vib is helping me achieve my goals of liberation and wisdom."*

*"After decades of dependance on sleeping pills, I now sleep eight to nine hours a night without any sleeping pills."*

You are welcome to experience two complimentary sessions! We meet on Mondays in the Santa Rosa Clubhouse at 10 am in the Pismo/Newport rooms. Call Camille Brownson for more information: 760-673-6694.



## Men's Golf Club

As of this month, the Shadow Hills Men's Golf Club play for the 2023-2024 season is officially over. All-important annual awards were made to top players at our March 28, 2024, Awards Dinner. It is difficult to recognize each of our winners in this View article, but if you would like to check them out, go to our website ([myshmgc.net](http://myshmgc.net)) and click on "Annual Schedule" then "Special Competitions."

By the time that you read this article, SHMGC will have some new Board Members in place. But let's say thanks to those leaving for "a job well done" during 2023-2024. They include Dave Gibson as President, Garr Smith as 1st Vice President, and John Long as Treasurer (and many other things). We cannot thank them enough for their great service to the Club last year as well as in many previous years.

The fact that official play is over for 2023-2024 doesn't mean that there isn't a lot of good golf left for the coming summer months both here at Shadow Hills, as well as at our play-away days and special get-away tournaments. Watch our website for weekly announcements for both routine summer play and special get-away events. See you all in the Fall.



## Needles and Pins



SCSH residents who want to donate fabric to our Needles and Pins Club, please contact Barbara Young BEFORE you drop off fabric at Montecito Clubhouse during our club hours. Please email Barbara at [bayoung909@gmail.com](mailto:bayoung909@gmail.com) to make arrangements. Most of the fabrics we accept for donations are 100% cotton. Thank you for your understanding.

Whether for ourselves, for family, for friends, or for donations, our members are busy crafting. We're also learning new patterns and trying out new ideas—special pillowcases, journal covers, stuffies, and unique bags and clothing. Would you like to learn something new? Please come by and check out our projects.

We meet on Sundays all day; Mondays, 12:30–5 pm; and Wednesdays, 9 am to 1 pm, in the Cambria Room in the Montecito Clubhouse.

For more information, please contact Cheri Stewart at [cherystwrt83@gmail.com](mailto:cherystwrt83@gmail.com).



## Newcomers Club



### The Newcomers – Join the Fun Club!

Next meeting : May 29, 2024, 4:30 to 6:30 pm

Happy Hour in Capistrano Room

The SCSH Newcomers Club is a social club designed to introduce new residents (and those that feel that they are new) to Sun City Shadow Hills, to make new friends, have fun, and learn about our beautiful new community together!

Our club is made up of unique, upbeat, and inclusive people, and is exciting to be part of! We started in late October and have doubled our membership in the last 12 weeks! Our club offers a variety of opportunities to meet and socialize with other residents of SCSH and to share common interests. Our meetings include beverages, light refreshments, and typically a happy hour/mixer and/or speaker presentations and entertaining activities. Our members enjoy learning about the community and local resources, having fun, and making connections. Our activities continually evolving to represent our members' interests. Join us for new beginnings, new friends, and new adventures!

For more information please contact: Debbie Halper, [deb.halper@gmail.com](mailto:deb.halper@gmail.com) or 323-620-1956.



## Oke Dokey Karaoke

*"Singing is fun and makes you feel good."*

~ Alan Voss, our karaoke jockey (aka "KJ")

The club meets on the first Thursday of the month (October through May) in the Montecito Ballroom from 6 to 9 pm. The best thing about karaoke is that you can sing or hear any kind of music you like – show tunes, country, big band, jazz, pop, rock, and tunes from "The Great American Songbook." We have 72,000 songs for you in our songbooks from today's tunes to those of the '40s, '50s, and '60s. You don't have to sing; just come and listen – studies show you may live longer and help get rid of stress with music! You'll meet interesting neighbors with varied backgrounds and assist in being a great audience for all the singers. Everyone sings better with enthusiasm from the audience. Our dance floor is also open for those who like dancing.

We can help those who haven't sung before by helping them pick a song or learn how to hold the "mic." Mark your calendar and come join us. Bring your own libation and snacks. Dues are \$10/year if you decide to join. These funds help us with buying new songs and equipment. For more information, tune in to SCSH Podcast Episode 306 ([www.scshta.com/podcast306](http://www.scshta.com/podcast306)) for the interview with Alan Voss, club president, or call him at 209-768-9393.



## Pairs 9-Hole Golf



Email: [scshpairsgolf@gmail.com](mailto:scshpairsgolf@gmail.com)

Michael Johnson – President

Glenn Carlson – Vice President

The Pairs' 9-Hole Golf Club's mission is to share the love of golf in a social, friendly setting. We play a fun line-up of games at the Par 3 North Course. No handicaps required; our club is designed to provide a fun golf experience.

All residents are encouraged to join, as a single or a couple. Players/couples are randomly paired to create team foursomes. Play starts in shot-gun format at 1:30 pm on the first and third Thursdays, October through April, unless otherwise posted. Following golf, we gather at Shadows restaurant for happy hour where prizes are awarded.

Annual dues are \$15 per person, due in January. Below is a link to our membership form. Once received, you will be on the sign-up email sent out the Thursday of the week prior to the play date.

For more information, contact Glenn Carlson at 206-200-5452 or [stretch1@wavecable.com](mailto:stretch1@wavecable.com), or Mike Johnson at 775-721-7966 or [michael.d.johnson3860@gmail.com](mailto:michael.d.johnson3860@gmail.com).

Event dates for 2024-2025 Season are as follows: October 3 & 17, November 7, December 19, January 2 & 16, February 6 & 20, March 6 & 20, April 3 & 17



## Pan Club

*"May is the month of expectation, the month of wishes, the month of hope."*

~ Emily Bronte

Truer words were never spoken! We expect, wish, and hope we continue to "go out on a good one, get the high hand for our games of ten" and not hear the dreaded words, "you are fouled."

Please remember our club plays all year. We never go dark in the summer. It may be hot outside, but we always stay cool inside our beautiful clubhouse.

Reminder: Please sign the attendance roster every time you play. It is important that we do so to let our Lifestyles Department know why we need the room. Thanks so much!

Thank you for putting away your supplies and throwing away any trash on your tables. If you need subs for your games, please use our current membership roster.

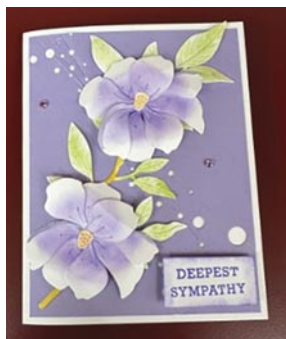
We look forward to seeing you in the clubhouse! Thank you again for your support of our wonderful club.

Questions? Please contact Judy Wilabee at [judywilabee@gmail.com](mailto:judywilabee@gmail.com) or 562-484-4960.



## Paper Crafters

The beautiful desert flowers and blooms bring out our creativity, and what better way to show someone we care than by sending a handmade greeting card. The Paper Crafters club has been busy doing just that with members sharing new techniques and ideas each week. May is also a month to socialize with our friends while we make cards for all occasions. Throughout the month of May, we will continue to enjoy sharing our skills and designs with one another. Check out the display case that showcases our members' talents.



We meet in the Mirada Room at the Montecito Clubhouse every Tuesday at 12:45 pm with classes beginning at 1 pm. Our weekly projects cost from \$1 – \$3 per card. For SCSH residents, the first class is on us. You will see how much fun we have sharing our creativity with each other and making new friends. Membership is \$10.

After class, you are encouraged to stay and use the supplies and equipment available to make additional cards or projects. One of our members is always there to help if needed.

For more information or you have questions, please contact our president, Debbie Mason, at 909-214-3453 or msgreen486@yahoo.com.



## Performing Arts Club

If the Inside Scoop is of interest, it will be revealed when You, You, and Y'all attend the fall meeting of the Sun City Shadow Hills Performing Arts Club. You'll mingle with our members, and I guarantee you'll suddenly realize, "This is the Club for me!" Be the first to hear all the juicy details about the exciting fall play! You'll have the time of your life! What on Earth are you waiting for? However, in the spirit of full disclosure, there some restrictions:

1. No aliens (unless they can act).
2. No boom boxes.
3. Former residents of Azusa, Cucamonga, Anaheim, Saskatchewan, and Canada are most welcome.
4. Fans of Jack Benny, Bob Hope, Red Skelton, and *The Shadow* radio show get a special welcome surprise!

Plus, if you're a snowbird, you'll feel right at home! Your tummy will tickle with delight when we put on our world-famous potluck dinner meetings. Oh boy, you'll wonder why it took you so long to join! And get this - dues are only \$15. For the whole year! What a deal.

Please contact our club's secretary, Gordon Thomas, at [gordon.thomas8727@gmail.com](mailto:gordon.thomas8727@gmail.com) for membership information. He can't wait to welcome you!



## Pet Club

Hi everyone! In April, we had another wonderful presentation with Lisa Morand of Guide Dogs of the Desert! It is always inspiring hearing about the numerous accomplishments and services that are provided for companionship, independence, and mobility to those who are blind and visually impaired. Thank you, Guide Dogs of the Desert (Lisa Morand), for another wonderful presentation!

Please note: Tuesday, May 14 will be our last meeting before our summer hiatus (June – August). Our guests will be the Indio California Highway Patrol and K9s. Another exciting meeting to take place, a given! Come join us! For more information, contact Club President Jo Provenzano-King, at [j.n.provenzano@hotmail.com](mailto:j.n.provenzano@hotmail.com) or 818-848-5959.



## Pickleball Club

May...already! The club has new officers who are ready to start planning and organizing for Fall. The new term begins on May 1 and the officers are:

- Andrea Fox: 805-245-4526, [ajfox25@gmail.com](mailto:ajfox25@gmail.com)
- Don Johnson: 760-774-8388, [djjjpd51@gmail.com](mailto:djjjpd51@gmail.com)
- Kathy Gierat: 949-584-0197, [kathy.a.gierat@gmail.com](mailto:kathy.a.gierat@gmail.com)

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- Mark Michaelson: 843-685-0140, [jpliquors@yahoo.com](mailto:jpliquors@yahoo.com)
- Steve Davidson: 714-745-5770, [steve@reverse4you.com](mailto:steve@reverse4you.com)

Please contact any of them with questions, concerns, or suggestions and visit our website for information at [scshpickleball.org](http://scshpickleball.org).

Have fun out there but always remember; play safely to prevent injuries. Remember we are not 25 anymore ...or 35 or 45 or 55...but still young enough to have lots of fun!



## Pomettes



Two Great Ladies at 80

Meet Barbara Wright and Virginia Logan of the Pomettes of SCSH. Barb has worn a few different hats in her lifetime. She attended cosmetology school and worked in the field of beauty until carrying *twins* did not allow her to reach her patrons. She was a Safeway grocery checker and worked in the banking industry for 30 years. She now works from home for Universal Notary in accounting.

Virginia, affectionately known as "Mama Jinny," was one of six kids, a cheerleader in high school, a bookkeeper most of her professional life, and a long-haul truck driver with her husband driving over two million miles. Her book, *Two Million Miles: A Couple Goes Trucking*, is available on Amazon. Afterwards, she taught water aerobics for ten years. She's relatively new to our community, having moved to the desert last year.

These great ladies at 80 are a true inspiration and testament to remaining active at all ages.

For information about booking an event or joining the Pomettes as a team member, please contact Sue McCollum at [suncitysuecheers1@gmail.com](mailto:suncitysuecheers1@gmail.com).



## Rainbow Friends

It's May, so it's time to celebrate and remember Mother's Day (May 12) and Memorial Day (May 27). We hope this finds our members and those who want to become members well and doing the things that bring them joy.

Our next Rainbow Friends meeting will be Wednesday, May 8 and will be a Progressive Small Bites Dinner and Desserts. This is a potluck gathering, so check your email for the details and to sign up for this delicious and fun event.

We are a social club for the LGBT community, family, and friends. For further information, please contact Sue at 949-584-2344 or Ron at 925-785-3258.



## Readers Ink

### Fiction Book Club

During our April meeting, Donna Horn introduced *Mrs. Lincoln's Dressmaker*, by Jennifer Chiaverini. After the introduction, there were questions and answers followed by a lively discussion. Then we had the drawing for the door prizes. After the meeting we had social time.

Our club meets on the fourth Tuesday of each month in the Capistrano Room of the Montecito Clubhouse. We have comfortable distancing at our discussion tables. Our next meeting will be on May 23, when we will be discussing *Hello Beautiful*, by Ann Napolitano. So please join us for the discussions and meet fellow book lovers.

Contact Terri Fitzsimmons for information at [fitzsimmonsterri@gmail.com](mailto:fitzsimmonsterri@gmail.com).

### Non-Fiction Book Club

The next meeting of the Non-Fiction Group will be on Wednesday, May 15, at 2 pm in the La Jolla Room at the Santa Rosa Clubhouse (a week earlier than normal). For members who cannot attend in person, the next meeting will also be available via Zoom. Our selection for the month is the 336-page book, *Napoleon and the Hundred Days* by Stephen Coote.



If you want to get a jump-start on our June 2024 selection, we'll be reading and discussing the 352-page book, *Visual Thinking: The Hidden Gifts of People Who Think in Pictures, Patterns, and Abstractions* by Temple Grandin, Ph.D.

If you'd like to join us, see who we are, and how we manage to have a great time discussing each of the books selected, contact [jhan.schmitz@gmail.com](mailto:jhan.schmitz@gmail.com).



## Snowbirds Club

### WHO ARE WE? WHAT DO WE DO?

- SCSH Charter Club with over 250 members, including American and Canadian snowbirds, as well as full time residents.
- Organize social events to get together to meet our friends, old and new, and have fun!
- Focus on the unique needs of residents who do not reside in SCSH full time.
- Deliver informative presentations relating to home closure and technology including resources and share information about other clubs and events happening in the SCSH community.
- Maintain an active website to access all materials and register for group activities and special events.

Our Club is now "dark." Activities that include regular ladies and men's coffee groups, ladies monthly luncheons, happy hours, monthly mixers, bocce ball, walking group, and Sunday socials, along with some interesting special events, will resume in November 2024. For further information visit and browse our website at [shadowhillssnowbirds.springly.org](http://shadowhillssnowbirds.springly.org), or contact our Club President Judith Bennoch at [judithbennoch@icloud.com](mailto:judithbennoch@icloud.com).

*Everyone is welcome to join!*



## Solos Club

Solos is a social club for single residents of SCSH. Our regularly scheduled activities each month include outings such as to live theater events, meals out, parties in private homes, and monthly meetings held

the third Sunday of the month from 5 – 7 pm in the Capistrano Room of the Montecito Clubhouse.

Solos also has a standing reservation for a few tables at Shadows Restaurant for happy hour every Friday night at 4 pm. Come meet with your fellow members or make a new friend and enjoy a drink, appetizer, or small meal.



Join us May 5, 3 pm, at Macarios Bar & Grill, Indio  
RSVP to Judy at 858-337-5284 by May 3.

If you would like any membership information, contact Shirley Bunce at 760-345-8121 or email her at [bunce.shirley123@yahoo.com](mailto:bunce.shirley123@yahoo.com).



## Table Tennis Club

Join us for friendly competitive play! Three tables of fun! Indoors! Nice and C O O L! If you've played Table Tennis in the past, we want to hear from you!

**WHEN** | Wednesdays at 11 am

Fridays and Sundays at 2 pm

**WHERE** | Santa Rosa Clubhouse,  
Newport/Pismo rooms

Text or call me for details or questions: Steve Lee, 303-601-6096.



## Tennis Club

May signifies the end of a busy tennis season, the beginning of warmer weather, and the start of our Summer Program Schedule. Please check the website for the new schedule. Please note that start times are now 7 am instead of 8 am and some programs will not run during the summer months.

Continued on page 58...

...continued from page 57

Many of our members participated in various leagues here in the Coachella Valley, whether USTA or local social leagues. All our men's and women's teams did well and enjoyed competing against other clubs like Rancho LaQuinta, Mission Hills and SCPD, to name only a few. Our 3.0 and 3.5 ladies won their respective leagues and will be going to Sectionals next fall. Congratulations to all for a very enjoyable season!

If you are new to our community and interested in tennis, our dues are \$20 a year and include access to organized playing schedules for all skill levels. We also host many activities for our members to gather off the courts. For more information on joining our club, please visit [scshta.com](http://scshta.com) or contact Linda Johnson at [lnkjohns@hotmail.com](mailto:lnkjohns@hotmail.com). See you on the courts!



## That's Entertainment

Our May – October comedy nights will have spaced angled seating, in both side sections for your increased comfort now that the part timers have headed north. Shadows has a cash bar in the lobby at 6 pm on Comedy Night. Wine and beer are available for purchase before the show.

If you are new to the community, you may be unaware of Sir Laffs-A-Lot's Comedy Night. Usually, on the third Wednesday of each month, we arrange for two southern California comedians to perform a 90-minute comedy show at 7 pm in the Montecito Clubhouse. The talent is different every month. We are in our 15th year of presenting this popular event. Reserved seat tickets, for \$12 each, go on sale on the first day of each month at 8 am in the Montecito Lobby. Please see our ad in this magazine or poster/flyers for further information.



## Tuesday Night Putters

We are a club that plays the 18-hole putting course every other Tuesday night in a very social atmosphere. This does not require skill of any kind, just a ball, a

putter, a fun-loving spirit, and the ability to have a good time. We have both couples and singles. After the putting is over, we celebrate with pizza, Mario's, El Pollo Loco, etc.

The membership fee is \$20 and \$15 for each putting session which includes a meal, putting, and a raffle ticket good for several prizes.

We are dark in the off season.

Once your application is submitted you will receive an email at 7 am the Tuesday before a scheduled event to sign up online.



## Tutta Bella Vino

Tutta Bella Vino Presents  
Wine Party Time!

Time to celebrate the end of the Tutta Bella Vino Season with BLENDS, BLENDS & MORE BLENDS! Join us on Saturday May 18, 2024, at 5 pm in the Montecito Ballroom. You will start the party with 2 bottles of Sparkling wine on your table and then you will enjoy appetizers, a buffet dinner, desserts, music, and dancing with an award-winning DJ. Our wine professional, Soraya Ennis, of Breakthru Beverage will provide the festive wine blends for our Party. This will be a wine party that you will not want to miss!



**This is a Members Only Event!**

- The May Party is \$45 per member. You will enjoy seven or more wines.
- *Please, for this event, you must bring your favorite wine glass!*
- You will also be able to order the wine of your choosing at the special club pricing, by the case, at the end of the evening. Shadows will accept both credit cards and checks for your orders.
- The registration forms have been available on the club's webpage at [www.scshta.com/tuttabella](http://www.scshta.com/tuttabella) and on the racks at Montecito since April 20. Registration

for this event closes Saturday, May 11 or upon sell-out, so don't delay as space is limited.

- Questions? Please email: [tuttabellavino@gmail.com](mailto:tuttabellavino@gmail.com)



## Ukulele Strummers

It's again that time in the year when some dear friends and acquaintances migrate from SCSH to other places across the globe to get some relief from the Coachella Valley summer heat! To all those travelers, the Ukulele Strummers Club members wish you safe travels, and a subsequent safe return back to the complex sometime later this year or early next year!

I must admit, when people leave our community, it takes me a while to recover from feeling a little melancholy. Queen Liliuokalani of Hawaii sang it best in her famed song Aloha 'Oe composed in 1878. The song is both a lament of separation and hope that the distance between two people (or groups) isn't permanent! So, as in the sentiment of the song and until we meet again, may we all have sweet memories of the past and look forward to being together again.

In the meantime, may we fill our hearts and minds with music and stay well in spirit and good emotions. When Fall 2024 rolls around again, know that you are welcome to come join us on Thursdays between 12:30 to 3:30 pm for making music together playing ukulele and singing songs at the Montecito Clubhouse Cambria Room.

- Aloha 'Oe,  
 Darlene Kretchmer/President ([dkretchmer@yahoo.com](mailto:dkretchmer@yahoo.com))  
 Noray Papazoglu/VP ([norayanthonydesigns@gmail.com](mailto:norayanthonydesigns@gmail.com))  
 Josefina Preuit/Treasurer-Secretary ([jjpreuit1@gmail.com](mailto:jjpreuit1@gmail.com))  
 George DeGraffenreid/Musical Director ([georgedegraff@yahoo.com](mailto:georgedegraff@yahoo.com))



## Veterans Club

- May 21 at 5:45 pm – Veterans Club meeting at Montecito with pizza and beverage.
- May 27 at 8 am – Come join us for coffee and donuts with guest speaker Jeff Gonzalez and other special guests. Visit [www.scsveteransclub.org](http://www.scsveteransclub.org) for details.

## Memorial Day Flag Lowering 8 am at Montecito Amphitheater



Jeff Gonzalez is a first-generation American whose dream was to serve our country. After graduating high school, Jeff enlisted in the United States Marine Corps, where his service took him overseas to combat zones in Iraq and Afghanistan. Jeff also served protecting U.S. embassies in Honduras and the Czech Republic.



Glenn Miller is the Mayor Pro Tem of the City of Indio who serves on the Indio Water Authority, Public Financing Authority, and Redevelopment Agency



Brian Tully, the new Indio Chief of Police, has been an integral part of the City of Indio's Police Department since 2018. He has overseen the Field Services Division and plays a pivotal role in the Coachella and Stagecoach Music and Arts Festivals

Need a new flag? Have an old or damaged flag? Call Larry Smith at 714-401-3772 or email at [sharlar55@gmail.com](mailto:sharlar55@gmail.com)

**Flag Sales May 10th From 10 am to Noon  
at Montecito Lobby**



For more information, contact club President Tony Napolitan at 760-604-3543.



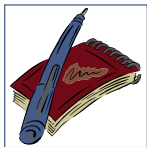
## Women's Golf Club

The Women's Club golf season is winding down. I think we can all agree that it went by fast and was a lot of fun. At our April general meeting, Goldie Kane, our Tournament I chair reported that for the first five months of the season we played over 700 rounds of golf! And that doesn't include Friday golf or team play.

One of those events was our Club Championship. Congratulations to Laurie Randall, our club champion, and Vivian Harris who was our low net winner. We will end our regular season in May, but for those who are here during the summer there is still more golf with the Desert Foxes and Mice.

Our regular play day is Wednesday at 8 am with split tee times. Members have the choice of playing from the gold or silver tees. We also have Friday tee times.

For additional information, including membership check out our website at [www.shwgc.com](http://www.shwgc.com).



## Writer's Club

Our club meets weekly on the first four Thursdays of each month in the La Jolla Room in the Santa Rosa Clubhouse at 9:30 am. There are no meetings on the fifth Thursday of any month.

We are a group of individuals who enjoy writing. Each member has the opportunity to read one or two pages, or 500 words or less, of their work to the group and receive ideas, direction, and gentle criticism. Part of being in our club is the encouragement we get from each other to write on a regular basis. It's easier than you think to write your own story. Every year, millions of great stories disappear forever. It does not matter if you are writing fiction, non-fiction, or memoirs; write a page a day for a year, and you have a book!

When you join us, you will meet interesting people and hear their fascinating stories. Try your hand at writing that story you have always wanted to tell.

Free membership! For more information, email Beth at [bethbolduc7@gmail.com](mailto:bethbolduc7@gmail.com) or Tony at [antiqphoto@gmail.com](mailto:antiqphoto@gmail.com).

## RESIDENT GROUPS



## Democrats

All Democrats in SCSH are invited to our last meeting before Summer!

**Thursday, May 16, at 6 pm in the  
Montecito Clubhouse, Cambria Room  
Perry Wright**

Former Sentinel at the Tomb of the Unknown Soldier



Perry, a SCSH resident, will speak to us of his training for, and service as a Sentinel at the Tomb of the Unknown Soldier in Arlington, VA.

We ask that all club members and other Democrats in our community who will attend this event, RSVP to our Club President Tari Beer.

EMAIL | [taribeer10@gmail.com](mailto:taribeer10@gmail.com)

EMAIL | [scshdemocrats@gmail.com](mailto:scshdemocrats@gmail.com)

WEBSITE | [www.scshdems.org](http://www.scshdems.org)

FACEBOOK | [Dems in Sun City Shadow Hills](#)



## Hadassah

Men and Women, join Hadassah for an educational and entertaining program with Featured Speaker Barry Ross, respected attorney, author, teacher and lecturer on Thursday, May 9, 2024. Doors open at 6:30pm for coffee and nosh, with program beginning at 7 pm. Call Debbie Orgen at 310-612-6068 to RSVP and for location.

Are you the King or Queen of your Castle? Probably not and this is why: If you are a homeowner living in a community association, you will be entertained with interesting stories and information pertaining to experiences, disputes, challenges you may be facing or have faced in the past.

About Hadassah: Hadassah Hospital Mt. Scopus recently opened the new Gandel Rehabilitation Center. To date, more than 5,000 Israeli soldiers have been injured in Gaza since the conflict began on October 7, with more than 2,000 officially recognized by the Ministry of Defense as disabled, and more than 58% of those injured suffered serious harm to their hands and feet, necessitating amputations.

This new center has advanced equipment and systems built and installed especially for them. The center will offer rehabilitative treatments for the entire population. Everyone will receive personally tailored treatment using advanced physiotherapy and occupational therapy treatment, swimming, and exercises with the latest smart equipment.



## Mountain View Church

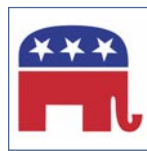
Welcome to May! It's a fun packed month including Arthritis Awareness Month (my favorite), Better Sleep Month (we could all use it), National Walking Month (tell my knees), and World Hypertension Day (close to my heart).

Some lighter days would be Cinco De Mayo, Military Appreciation Month, Mother's Day, and Asian American and Pacific Islander Heritage Month. There's much more I am sure for us to do in May; Google it, I did. Honoring those above mentioned is always good. We should, I believe, always honor and pray for those who protect our country, pray for our leadership even if they are not your favorite.

Self-care is always a good thing. Exercise, eating right, and taking care of our bodies should be the norm. Swim and play golf and tennis as often as you are able. Along with taking care of your physical health this Spring, do not neglect your spiritual self. Read God's Word, pray, look out for others who need help, and *do not* forget to fellowship and praise God with others.

If you do not have a place of worship, join us at Mountain View on Sunday mornings at 10 am in the Montecito Clubhouse.

*Spring on in!*



## Republicans

Join us on Tuesday, May 14, when our guest speaker will be Ian Weeks who is a strong conservative and is endorsed by law enforcement. He will tell us his plans for running for U.S. Representative for California's 25th Congressional District against incumbent Raul Ruiz. Jeff Gonzalez, Republican candidate for State Assembly, 36th District will also attend. Come and hear what they have to say.

President Pete Anderson is retiring after seven years, and we will have a complimentary dessert party to honor him. Come and say, "Thank You" and learn what our new president, Tom Lynott, has planned.

If you are interested in helping Republicans make a difference in the Coachella Valley, join our group. We meet the second Tuesday each month in the Capistrano Room at the Montecito Clubhouse. Social time at 6 pm and meeting at 6:15 pm. Refreshments are served.

Candidates are lining up for the 2024 election. We will examine critical issues and present opportunities for our members to help make 2024 a successful year for all Republican candidates. Annual dues: \$25 per couple and \$15 for a single membership. Membership applications are available at Lifestyles.

Questions? Contact Tom Lynott, President, at [tomlynott42@gmail.com](mailto:tomlynott42@gmail.com) or 619-955-0633.

---

## CLUBS IN FORMATION



## VeloCity Cyclists

The VeloCity Cyclists of Sun City Shadow Hills are a group of road cycling enthusiasts. We ride Mondays, Wednesdays, and Fridays averaging 30-40 miles throughout the Coachella Valley. It is our hope to add more members, both men and women, to enjoy rides. Usually, we stop for coffee along the route for great camaraderie. For those interested in joining, contact Greg Smith at 650-861-7408 or [gs\\_smith@pacbell.net](mailto:gs_smith@pacbell.net).

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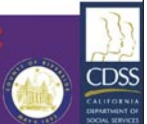
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